



## Your weekly guide to careers information, advice and news from Parklands High School

Hello and welcome to Issue One of Career News for the new academic year. For those of you new to Parklands, this magazine is published weekly and covers all aspects of careers, relevant to pupils at the school, from apprenticeships to conferences and open events to work experience.

### In this issue:

- Open events at various colleges, aimed at Year 11 pupils, who will be shortly be completing application forms for colleges, with college interviews starting in January. Bolton 6<sup>th</sup>, Preston and Wigan & Leigh College have open evenings coming up soon - keep an eye out for dates from all the other local colleges.
- Advice for aspiring medics, plus news of upcoming free conferences with Medic Mentor, plus virtual work experience from Medic Mentor and Allied Health Mentor - these are vital for anyone hoping to go to medical school or work in healthcare.
- Future finance gurus may want to check out the online event with Young Professionals and some of the biggest names in business and finance - the event is free and you even get a certificate to add to your CV.
- If you are keen on maths, then there are various events at LUSoM you may be interested in: an Open Day, online revision sessions and an Extend programme at the college that goes beyond the GCSE syllabus and explores maths and science at a higher level.
- Norland Nannies invite you to find out more about their award winning college - if you are planning a career in childcare then have a look at this prestigious organisation.
- Perhaps you are considering a military career - in which case, have a look at the Army newsletter or check out the local MPCT (based in Chorley). It could be an ideal way to find out if you are really suited to military life.
- Some good advice for future law students, with a look at alternative careers with a law degree, plus a masterclass offered by LawCareers.Net and the University of Law.
- Training 2000 have a number of open evenings coming up - put the dates in your diary. They are also running the ever popular Aspiring Clubs, with the Aspiring Engineers courses on Thursday evenings for four weeks.
- Innovate Her and BAE Systems have created a course for young people aged 13-17 to work through in their own time, entitled: Debunking the Myths in Cyber Security. It's free, interactive, fun and takes just 45 minutes to complete - sign up now and see if cyber is the path for you.



*Have a good weekend!*

8<sup>th</sup> - 12<sup>th</sup> September 2025

# Gaining Experience Beyond The Classroom

**INVESTIN**  
THE ULTIMATE WORK EXPERIENCE

## Why?

Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

## Work Experience

### What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



Remember, not all your work experience needs to be industry-specific - any experience provides you with transferable skills!

## What?

- **Shadowing**  
Observing someone in a working environment
- **Volunteering**  
Such as at charity shops, care homes or tutoring
- **Insight days & workshops**  
Online or in-person programmes for students
- **Part-time job**  
Such as in a cafe/restaurant, shop assistant
- **Formal placements & internships**  
Typically more widely available for 18+

## Where?

- **Look local**  
Research organisations in your local area and enquire about shadowing or volunteering opportunities
- **Use your network**  
Ask friends, family, teachers for any relevant connections
- **Look out for formal schemes**  
Research opportunities for school students on sites like [Prospects](#), LinkedIn or the [Student Ladder](#)

## Extracurriculars

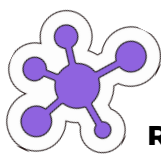


Consider what you already do outside of school - **what does it say about your interests or skills?**

Then, consider how you could develop further the skills required for your dream university course or career.

### Socialising

Communication  
Empathy



### Sport

Leadership  
Teamwork

### Music or drama

Creativity  
Commitment

### Reading & writing

Analytical thinking  
Attention to detail

### What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday

## Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen course!

**THINK:** why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

Looking to gain work experience? Check out InvestIN's programmes at [www.investin.org](http://www.investin.org)



**YEAR 10 & 11**

**PRESTON**  
COLLEGE

# OPEN EVENTS



**SCAN TO**



**REGISTER**

**WEDNESDAY 1 OCTOBER 4PM - 7PM**  
**SATURDAY 8 NOVEMBER 10 - 2**

[www.preston.ac.uk/fe-open-events](http://www.preston.ac.uk/fe-open-events)

**SEE FACILITIES MEET STUDENTS & STAFF EXPLORE YOUR OPTIONS**





# Get Into Business & Accounting VIRTUAL EVENT

**BDO**



CIMA

**forv/s  
mazars**



Grant Thornton

**KPMG**

**pwc**

**RSM**

**S&W**



**UBS**

The University of  
**Law**

**BUSINESS  
SCHOOL**

TUESDAY 23RD SEPT | 5PM - 7PM



# YOUNG PROFESSIONALS

## **Get into Business & Accounting with PwC, KPMG, UBS, Forvis Mazars, BDO, RSM, CIMA, Grant Thornton & S&W!**

**Tuesday 23rd September 5pm - 7pm**

This will be a fantastic two-hour virtual session packed with workshops, networking, panels, inspiring keynotes, and a big discussion on the upcoming work experience schemes and degree apprenticeships that will soon be opening up.

### ***Calling all business and accounting students!***

It's the biggest Business and Accounting event of the year, for which you've all been waiting! PwC, KPMG, UBS, Forvis Mazars, BDO, RSM, CIMA, Grant Thornton & S&W are all joining us for a one-off special event taking place on Tuesday, 23rd September, 5pm -7pm online via Zoom.

During this fast-paced online insight event, you will hear from all these prestigious firms, take part in workshops via breakout rooms, which you can self-opt to join, hear from some inspiring speakers, and connect and build up your professional network.

You will have the opportunity to join breakout room sessions where you can participate in mini workshops, gain a more tailored understanding of specific firms, and hear about how you could kick-start your careers within these companies. Think about work experience for the summer, internships, graduate opportunities and of course, their hugely popular degree apprenticeship programs for you to apply for!

We're so excited to extend this invitation to you. What's more, you will get a certificate to add to your CV and LinkedIn profiles. Eight mega brands immediately added to your professional profiles - it can't get better than that!

***Hit the link below to secure your place.***

**Application Link:**

**[https://www.surveymonkey.com/r/YP\\_Bus\\_Acc](https://www.surveymonkey.com/r/YP_Bus_Acc)**

# *So you want to be a Doctor?*

## **Real-life stories - work experience**

Find some real-life stories below written by current doctors about their work experience.

**Lizzie Cottrell, NIHR Academic Clinical Fellow and 3rd year GP Specialty Trainee** says:

"I undertook a range of work-experience prior to going to medical school including a week's experience at the local community hospital, through school, where I shadowed a number of different doctors and nurses, weekly work experience with a local GP over a number of months and volunteering at a community hospital, speaking to the older patients who were on the ward a long time. I also gained experience of the hospital environment through paid work as a hospital domestic at the weekends from the age of 16 years old, making teas and cleaning the ward.



All of this experience was useful, but I would definitely recommend that students do not just shadow a consultant or GP prior to attending medical school, but also do some work experience that lets you really get chance to talk to patients.

I think that the risk of only shadowing senior doctors is that you observe what life may be like a long way down the track and, even then, they do not make you sit through them doing administration and management jobs so you do not get an accurate picture. If you find you don't like talking to patients and/or find this very difficult, then you need to think twice about a career in medicine so using work experience to clarify this, I would say, would be the most valuable experience you could get.

Of all the experience I got, my paid job as a domestic was the best for exposing me to the sights and sounds of a medical environment (many not pleasant!) and gave me plenty of opportunity to learn how to gain rapport with patients."

**Sophie Kreppel, 3rd yr medical student**

"Hospitals are a good way of getting a wide variety of experiences, but you need to apply early, as spaces can be limited. Either phone to get the contact you need, or check the internet as often there are application forms available online. Don't expect them to get back to you quickly, and apply to more than one. I couldn't get a space in the hospital so instead I joined their voluntary team, which allowed me to meet lots of doctors, and while talking to them I managed to secure shadowing with a couple of consultants, including going into surgery.

I also managed to get work in an intermediate care home, and so got to see the gritty, less glamorous side of medicine, as well as working with GPs so I could experience both sides of medicine. My advice is if you want to spend time with certain specialists there is no harm in phoning the secretaries to see if they would be willing to let you.

Whatever placement you manage to secure though, make the most of it, think of questions to ask the doctors. This way you will have plenty to discuss in both your personal statement and in your interview."

**Laura Nohavicka, FY1 Oxford**

"My work experience began in Year 10 when I had a week of experience in a care home for adults with learning/developmental difficulties. I also volunteered at a sports club for disabled children weekly and completed a qualification in disabled sports coaching.

When I started sixth form I volunteered as a tea lady at the local hospital. I also attended the MEDSIM course at Nottingham University (approximately £200).

In terms of showing leadership skills etc I was a member of the debate committee, an adult leader at the local Guide unit and I worked part-time."

**Dr Imran Mahmud, Academic Foundation Dr**

"I was fortunate enough to be able to shadow an orthopaedic surgeon for one week, and a GP for a second. The two experiences - arguably at opposite ends of the clinical spectrum - really made me realise that medicine is not as glamorous as it is sometimes portrayed in popular culture. Despite these experiences being challenging, they enabled me to speak with a realistic perspective during my interviews, and also were an important part of my decision making process. The work experience also enabled me to probe current junior doctors' experiences in the NHS in the face of massive change. Once again, despite being a somewhat disconcerting process, it enabled me to demonstrate that I understood the challenges facing the NHS and doctors' training when I attended my interviews"

**Ben Wildblood, F2 doctor in Oxford**

"As a sixth form student I was fortunate enough to have several areas of work experience to talk about in my medical school interview.

I spent a week with a rural GP practice in Somerset, where I learned some important basics about common medical conditions, and gained some knowledge on the structure of the NHS and how GP surgeries are run as businesses. I also spent a week in a hospital in Nairobi. This was a really fascinating experience, and I was able to talk about the differences in healthcare between England and Kenya at my interview. Finally I worked in several part-time jobs before applying to university. Whilst not directly related to medicine, these were a good way of demonstrating responsibility.

My advice to anyone looking for a place as a medical student is to get some general experience of hospital or GP medicine, and to supplement this with something different, so that you stand out at your interview. Good luck!"

[Click here for more information about careers in the NHS](#)





## Open Day

**10:00 - 12:30 on Saturday 11th October**

Students have the opportunity to tour our purpose-built building, attend a talk from the Head of School, Peter Tiltman and speak with staff and current students to learn more about life at LUSoM.

Click here to book: <https://bit.ly/3ZZ0RWs>

## LUSoM Maths Revise

**16:30 - 17:30 from Wednesday 1st October - Wednesday 10th December**

A 10-week revision programme designed to aid the start of your students Y11 GCSE maths revision. Students can join online each week to run through different GCSE topics with our Maths teachers.

Click here to join: <https://bit.ly/45gx532>

## LUSoM Extend

**First session: 16:30 - 18:00, Thursday 25th September**

Meeting at LUSoM once a month from September till March (excluding December), the Extend programme covers material beyond the GCSE syllabus and explores some incredible uses that maths and science can have once studying at a higher level.

Click here to book: <https://bit.ly/4l9yzRA>



**LANCASTER UNIVERSITY**  
**SCHOOL OF MATHEMATICS**



## Shape the future of defence

Our teams work together to develop cutting-edge solutions that respond to the threats of today and tomorrow. We push the limits of science, engineering and technology to deliver essential military capabilities used to defend our people and nations.

### Step inside our manufacturing site

Bolton is our primary manufacturing facility in the UK, comprising of expert teams working across a range of fields, including engineering, fitting, component testing, circuit board technologies and many more.

Our Bolton site is equipped with state-of-the-art machinery for you to deliver your best work on, while the site itself offers subsidised canteens and ample on-site parking.

Whether you have years of experience or you're just starting out, we'd love you to come along to our open day and experience life at MBDA Bolton. You'll be able to chat to our colleagues about our diverse career paths, best-in-class development programmes and our approach to flexible working.

Don't have a background in defence? Don't worry. We're always looking for people from different backgrounds to bring diverse ideas and perspectives to our teams.

## Register today

And why not follow us on LinkedIn?

<https://www.linkedin.com/company/mbda>



# OPEN

# EVENTS

**AT THE  
COLLEGE FOR  
TECHNICAL  
EXCELLENCE**



## **PARSONS WALK CAMPUS** (WN1 1RR)

**4.30pm - 7.00pm**

**Monday 6 October 2025**  
**Monday 3 November 2025**  
**Monday 26 January 2026**  
**Monday 27 April 2026**

## **LEIGH CAMPUS** (WN7 4JY)

**4.30pm - 7.00pm**

**Monday 13 October 2025**  
**Monday 10 November 2025**  
**Monday 2 February 2026**

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KNOW MORE, HAVE REAL  
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Bruce Boughton,  
Lovell Partnerships

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# Applying to Norland

## Join us for Norland Unwrapped

Our Norland Unwrapped: Applying to Norland webinar is the perfect event if you're considering applying to start your studies with us in September 2026.

Taking place on 23 September, 5-6pm GMT, we'll walk you through all the practical information you'll need to apply to Norland.

For more information and to sign up, click the button below.

**Book your place**



## Why study at Norland?

While Norland may be different from many universities and providers, we consistently surpass them in performance.

From our exceptional NSS results to our prestigious TEF Gold status, along with the guaranteed career prospects we provide to our graduates, there are countless reasons why we are truly distinct.

Discover why choosing Norland is a decision worth making below.

### Why choose Norland

## You're invited to our next open events

For a comprehensive overview of Norland, to meet our students and staff and to learn more about studying to become a Norland Nanny, join us for our open events in 2025!

- **Saturday 11 October** – on campus open day, 9.30-5pm GMT
- **Wednesday 19 November** – virtual open event, 5.30-7pm GMT

**Book your place**



## Norland ranked No 1 for Student Satisfaction in Education in the Complete University Guide

In June, we were proud that our historic first entry into the Complete University Guide saw us ranked first for student satisfaction in education.

Despite being one of the smallest degree awarding providers in the UK, Norland ranked as a top 50 university for Education, achieving an impressive overall score of 92%.

### Read about our CUG rankings

Find out more about studying at Norland by chatting to students or contacting admissions if you have any queries about applying to study with us.

**Chat with students**

## WHAT'S NEW



### MYTH BUSTING

ARMY EDITION

NEW EPISODES WEEKLY >

A VIDEO SERIES DESIGNED TO SUPPORT YOUNG PEOPLE EXPLORING A FUTURE IN THE ARMY.

Each short episode features real serving soldiers answering the most common questions and concerns about Army life.



### BRAND NEW

VIRTUAL HARROGATE OPEN DAY

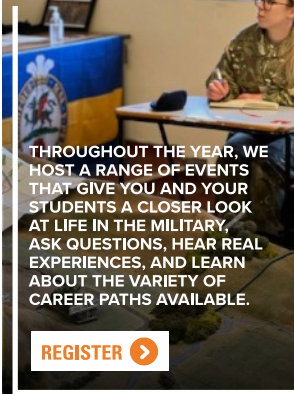
ON DEMAND >

DID YOUR STUDENTS MISS THE HARROGATE VIRTUAL OPEN DAY?

They can still catch up – it is available to watch on demand now. This is a brilliant opportunity for young people to explore what life is like at the Army Foundation College.

## CPD EVENTS

### MEET YOUR ARMY



THROUGHOUT THE YEAR, WE HOST A RANGE OF EVENTS THAT GIVE YOU AND YOUR STUDENTS A CLOSER LOOK AT LIFE IN THE MILITARY, ASK QUESTIONS, HEAR REAL EXPERIENCES, AND LEARN ABOUT THE VARIETY OF CAREER PATHS AVAILABLE.

REGISTER >

#### STRENGTHEN YOUR CAREERS PROVISION WITH THE BRITISH ARMY

Designed for you to explore how the British Army can enrich your teaching and careers provision and meet the Gatsby Benchmarks.

OCTOBER  
7TH

16:00 - 17:00

#### BRITISH ARMY INSIGHTS: WHAT PARENTS & GUARDIANS NEED TO KNOW

Created to give parents and guardians an opportunity to gain a clear picture of what life in the Army is really like for young people.

OCTOBER  
21ST

18:00 - 19:00

#### ARMY OFFICER INSIGHT DAY

Do you have students that are interested in becoming an Officer in the British Army but are unsure if this is the right path for them? Come and join us for a day at Sandhurst and find out more.

NOVEMBER  
15TH

10:00 - 16:00



## CLASSROOM SUBJECTS

### TO CAREER OPPORTUNITIES

School subjects can link directly to roles in the British Army by providing foundational knowledge and skills that are essential for specific careers.

#### MATHEMATICS IN ACTION

Army roles often require strong mathematical skills, ranging from basic arithmetic to advanced calculations.



#### INTELLIGENCE ANALYST

- Uses data and statistics to spot patterns in enemy behaviour.
- Applies probability to predict future threats and risks.
- Works with graphs and charts to present information clearly.
- Uses logical thinking to solve problems and make decisions.
- Maths helps them turn complex data into useful intelligence.



#### ROYAL ARTILLERY

- Uses trigonometry and angles to aim artillery accurately.
- Calculates distance, speed, and elevation to hit targets.
- Applies basic physics to understand how ammunition travels.
- Uses mental maths for quick decisions in the field.
- Maths ensures safety and precision during operations.

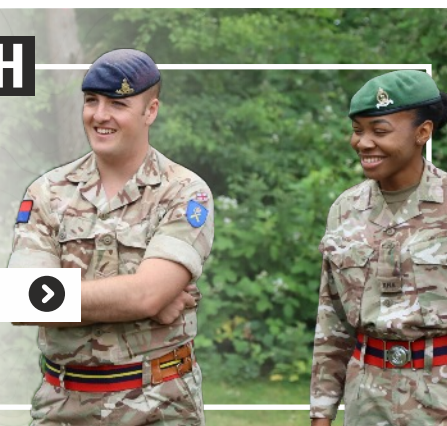


## GET IN TOUCH

WANT TO BOOK TALK, REQUEST MATERIALS OR ASK A QUESTION?

Call your local office or email the Army Outreach team at [rg-nrcoutreachadmin@mod.gov.uk](mailto:rg-nrcoutreachadmin@mod.gov.uk)

FIND A RECRUITMENT CENTRE >



**ARMY**  
BE THE BEST





## **The MPCT Way**

At the college, students follow a weekly routine of activities and curriculum. This includes vocational and skills training, physical training, military training days, and assessments.

The MPCT curriculum has been designed to develop our student's physical fitness, essential skills, and self-confidence. The academy operates a 'roll on, roll off' joining process with no set deadline by which to apply, allowing new recruits to join on a weekly basis.

## **Physical Training**

You will be expected to participate in physical training every day at MPCT. This makes up for 50% of the course at MPCT, and will support learner preparation and progression into the military. Being fit and healthy is an essential part of military life and civilian employment. Daily physical training helps you to concentrate and focus during lessons, and you'll become more physically and mentally robust.

## **Education**

Regardless of where you learn, you will conduct daily fitness training, weekly military training and citizenship lessons. You will also take part in monthly careers education sessions, supported by military and civilian recruiters and employers.

## **Military Training**

Our courses are designed to give learners the skills needed to start their journey towards a rewarding career in the British Armed Forces or to progress on to further education or training. Problem-solving and leadership skills are essential in the Armed Forces and civilian employment. Learners will take part in a range of problem-solving activities both in the field and in academic lessons. The ability to work effectively as a team member will be essential to your success.

**Find out more - get in touch: 0303 003 3677**





# Masterclass: starting out in law

WHAT YOU NEED TO KNOW



CLYDE & CO



Wednesday 10 September @ 3pm

**REGISTER NOW**

If you are thinking about pursuing a legal career, don't miss the virtual masterclass we're running next **Wednesday 10 September 3:00-4:00pm**.

**'Starting out in law – what you need to know'** will cover the basics of launching a legal career, including:

- what students need to know about pursuing a legal career;
- timeframes of applying to law firms;
- what to do in your first year of university (and before);
- apprenticeship options;
- how to research legal employers and find the right fit; and
- how to get work experience.

Students should come along to hear from our panel of legal recruiting experts and trainee solicitors and ask their questions. No question is too stupid!

Registration link: [CLICK HERE TO REGISTER](#)

You'll hear from trainee solicitors and recruiters from:

- Addleshaw Goddard
- Clyde & Co
- Lewis Silkin
- Osborne Clarke

Please register for the masterclass using the link above. Even if you can't attend on the day, you'll receive an email with the event recording if you register. The recording will also shortly be available on our [YouTube channel](#).

# Alternative careers for law students

**Whilst a law degree is the perfect course for a legal career there are also many other professional sectors and job roles you could consider with the qualification. Whether you've already graduated, are looking for a career change, or are studying law and undecided on your future, we cover some of the potential careers for law graduates below.**

By Grant Longstaff. Published 7 August 2024. Updated 14 October 2024

## Introduction to non-traditional legal careers

For many people, a law degree is seen as the first step to becoming a barrister or solicitor. However, there are many more roles – both within the legal profession and beyond – where a law degree could be extremely useful.

Consider the skills you gain throughout your degree. You'll develop your critical thinking and problem solving skills, become a great communicator, and have excellent research skills and attention to detail. These aren't attributes exclusive to a lawyer. There are many businesses, industries and organisations which could benefit from such skills, meaning there is no end to alternative careers for law students.

## Benefits of pursuing alternative careers

There are several benefits to pursuing an alternative career. You'll find more diversity in the job market. You could also find a job which aligns with your personal interests or where your advanced skillset can make a difference. Working for a cause you support or an industry you admire could lead to more job satisfaction. You'll also build on your skills, develop new ones and showcase your adaptability. All of these are desirable assets to employers.

## Alternative careers for law students

You'll find some alternative careers are more closely linked to the legal field than others. For some law graduates an alternative career could simply mean avoiding the courtroom or huge legal firms, for others it might mean looking further afield.

### Consultancy

A consultant is a specialist in a particular field or area, offering their expertise and knowledge to clients. With your legal knowledge you could support a range of businesses and organisations who may need legal advice from time to time but can't justify an in-house legal team. Moreover, consultancy isn't limited to legal work. You'll find consultants in business, IT, finance, HR, marketing, recruitment and many more.

You could find roles with consultancy firms or work independently. You'll also find some consultancy firms offer graduate schemes. For more information you can take a look at our blog on the benefits of consultancy work.

### Accountancy

If you've got a keen eye and like to pay attention to detail then working as an accountant could be perfect for you. There are many roles within accounting across a range of industries, from supporting organisations and businesses to investigating fraud and financial misconduct, so further research is needed if this is something you're interested in. You'll potentially need further qualifications accredited by a professional body too, however there are many opportunities for recent graduates and work based learning schemes.

### Policing and law enforcement

If your degree has left you with a passion for helping people and upholding the law, a career in policing or law enforcement could be perfect for you.

Policing and law are an obvious fit as the legal knowledge you gained during your degree will allow you to hit the ground running when it comes to a policing career. Your degree will allow you to assess the legalities of situations quickly and potentially aid in calming situations with this knowledge.

There are numerous careers available within policing and you can see specific role requirements on the [Joining the Police website](#).

## Journalism

A popular career outside law for law students is Journalism. Your degree will provide you with the critical thinking and analytical skills essential for investigative reporting. You'll already be familiar with the legal world – for example, how legislation is made and how the court system works – so you're in the unique position of being able to write about legal proceedings effectively. Your legal background can also add weight and integrity to your words, a valuable asset, especially in the online landscape of misinformation and fake news.

## Politics

Another popular choice for law graduates is to move into government or politics. You'll find many roles in government, on both a local and national level. There are even graduate schemes offered by The Houses of Parliament, which will see you work within either the House of Commons or House of Lords, and the Civil Service Fast Stream, where you'll work with a government department. Whilst these schemes are highly competitive, there are many other graduate schemes and job opportunities available.

## Business

Business is a broad term and offers a huge variety of roles, and graduating with the legal skills you'll gain throughout your degree does mean you'll likely find employment within this huge sector. If you're looking to stay closer to your legal roots you could look for work as an in-house lawyer, supporting a business with the legalities of business operation. Even in-house work offers an opportunity to practice in a number of legal areas, from commercial and corporate law to employment law and intellectual property. With business, the opportunities are endless.

## Criminology

If you would rather study the causes of crimes and assess the criminal justice system than represent people within it, you could consider a career in criminology

Instead of working for the justice system, you will more likely be working to improve it. Because of this, you will need to be happy handling data, reporting writing and research.

A background in law and criminology will leave you in a strong position to work in several sectors, including public services, legal services and education.

## Education

A law degree can also be a good base for a career in education. You could go on to become a teacher or lecturer or choose to work within the administration or management of an education provider. Our MA in Higher Education Administration, Management and Leadership is designed for those looking to move into such a role. As a law graduate you could also look to work within educational policy, or work with organisations who specialise in legal education and reform.

## And more...

No list of alternative careers for law students can be all encompassing. As well as the areas we've highlighted law graduates also go on to work in banking and finance, start their own businesses, work within legal tech, recruitment, marketing and beyond. If you're looking for more inspiration you can explore the varied stories of our alumni; we've got politicians, university deans, business leaders, entrepreneurs and more.

No matter what you're hoping to do, a law degree is futureproof and will equip you with some of the most essential and desirable skills employers are looking for.





**YOU can work in tech!**

# Debunking the Myths in Cyber Security

In partnership with

**BAE SYSTEMS**



Bust common myths about cyber careers and explore how your own interests could shape an exciting future in the cyber world

**START COURSE**

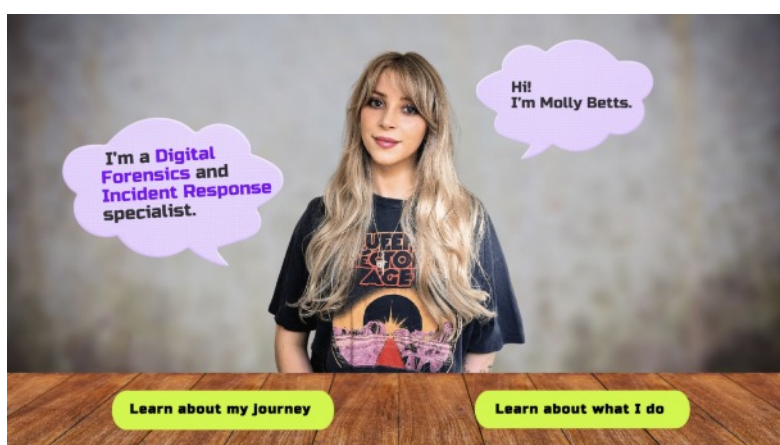
## What is this course?

Our Interactive Debunking the Myths in Cyber Security is part of our YOU can work in Tech series, which encourages you to learn more about Cyber Security and your future career in it.

It involves addressing common misconceptions and exploring how anyone with different interests can find their place in the world of cyber security.

## What's included

- **Identify** cyber security myths and misconceptions in an interactive setting
- **Get to know Molly**, a Digital Forensics and Incident Response Specialist
- **Explore** how your unique interests can help you find your place in the world of cyber security
- **Reflect and discuss** throughout the course as you evaluate your own beliefs and challenge common misconceptions about the cyber security industry.



It is **FREE** to access and takes **45 minutes** to complete. Suitable for 13-17 yr olds.

Sign up via the link: **CLICK TO ACCESS**

**innovate<her>**



University of Central Lancashire

Training 2000



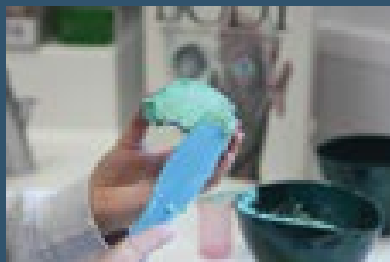
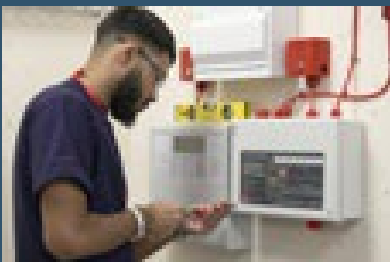
# Apprenticeship open evenings

Explore our site, discover our facilities and talk to staff and students about the courses you want to study at our Apprenticeship Event.

**Wednesday 28th January &  
Thursday 29th January 2026**  
between 4.30 - 7.30pm

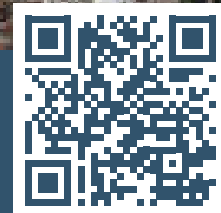
**Where:** Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

**Accountancy | Business | Dental | Engineering | Fire & Security | Optical | Scaffolding**



**Book your place:**

[www.training2000.co.uk/events](http://www.training2000.co.uk/events)



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**Traineeships**

**Apprenticeships**



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University of Central Lancashire

# Training 2000

**\*\* 14~16 year olds \*\***  
**ASPIRING CLUBS**

# Are you an aspiring apprentice?

Our Aspiring Clubs are aimed at giving you a taste of life as an apprentice. Whether you are an Aspiring Engineer or interested in becoming an Optician, we have lots of options available.

## Aspiring Engineers

November 2025: Thursday evenings for four weeks  
4.30 - 7pm | 6th, 13th 20th 27th November 25  
March 2026: Thursday evenings for four weeks  
4.30 - 7pm: 5th, 12th 19th, 26th March 26

## Aspiring Dental Nurses

Mon 16th Feb 2026 | 9.30 - 12.30pm  
Mon 6th July 2026 | 9.30 - 12.30pm

## Aspiring Optical Professionals

Mon 16th Feb 2026 | 1pm - 4pm  
Mon 6th July 2026 | 1pm - 4pm

## Aspiring Accountants

Mon 16th Feb 2026 | 9.30 - 12.30pm  
Wed 8th July 2026 | 9.30 - 12.30pm

## Aspiring Business Professionals

Mon 16th Feb 2026 | 1pm - 4pm  
Wed 8th July 2026 | 1pm - 4pm

Why not make a full day  
of it and combine both  
sessions?

Why not make a full day  
of it and combine both  
sessions?

For more information and to book visit our website  
**[www.training2000.co.uk /aspiring-clubs](http://www.training2000.co.uk/aspiring-clubs)**



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 Apprenticeships

 Traineeships





# WAREHOUSING

## THE MYTH:

**Warehouse jobs don't pay well.**

## THE FACT:

Warehouse jobs have strong starting salaries, even though higher education isn't an entry requirement. They also offer lots of progression potential such as 'Warehouse to Wheels' programmes and training, in health and safety, for example. Opportunities like this naturally lead to positions with even higher salaries.

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LOGISTICS™**

National Careers Week

**NCW**





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### **Level 1 & Level 2 Study Programmes for School Leavers Starting this September**

#### **Hands-on Learning**

Train in real workshops  
with real tools - just like  
the pros.

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Site visits, employer-led  
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work placements included

**Big Career Goals? Big  
Earning Potential.**

- Electrician - earn up  
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With further study:

- Electrical Engineer -  
earn up to £58,000  
per year!
- Building Services  
Engineer - earn up to  
£51,000 per year!

Apply now at

**[www.boltoncollege.  
ac.uk/yp-construction/  
electrical](http://www.boltoncollege.ac.uk/yp-construction/electrical)**

or scan the QR code.





# APPRENTICESHIPS LINKED TO MEDIA STUDIES

- ADVERTISING & MEDIA EXEC.
- BROADCAST & MEDIA SYSTEMS ENGINEER
- CONTENT CREATOR
- CREATIVE INDUSTRIES PRODUCTION TECHNICIAN
- JOURNALIST
- JUNIOR ADVERTISING CREATIVE
- PHOTOGRAPHER
- PRODUCTION ASSISTANT - SCREEN & AUDIO AND MANY MORE!



Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.  
[amazingapprenticeships.com](https://amazingapprenticeships.com)

SCAN ME





# OPEN EVENTS 2025

**WEDNESDAY 8 OCTOBER**

Open Evening - 5.00pm - 8.00pm

to include a 30-minute quiet session 5.00pm-5.30pm\*

**SATURDAY 22 NOVEMBER**

Open Day - 10.00am - 1.30pm

to include a 30-minute quiet session 10.00am-10.30am\*

\*Reduced number session - places will be reserved for visitors with special educational needs and disabilities, including those with social or sensory challenges.



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ACADEMIC AND VOCATIONAL  
PROGRAMMES



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[www.bolton-sfc.ac.uk](http://www.bolton-sfc.ac.uk)





# Real students. Real employers. Real advice.

Research and real stories to bust common myths about uni, helping you feel confident in your decisions.

# UNI MYTHS BUSTED!

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 @unimythsbusted

 unimythsbusted.co.uk



In collaboration with:



UCAS

Supported by:



 UniTasterDays.com



# Considering university?



UniTasterDays

[www.unitasterdays.com](http://www.unitasterdays.com)

## New On Demand Webinars

Explore university subjects with impartial video guides.  
Featuring a huge range of subjects and universities

Find university events with [UnitasterDays.com](http://UnitasterDays.com), including:

**Taster Days | Residential Events |  
Workshops | Open Days**



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[@UnitasterDays](https://www.instagram.com/UnitasterDays)



**MYTH:** Uni isn't for  
'people like me'

**BUSTED!**

**Most graduates who were the first in  
their family to go to university feel  
their job prospects were enhanced  
by uni.**

**73%**



...Of first-generation graduates agree their degree gave them the confidence to apply for jobs without feeling like an imposter.

Source: Censuswide, 2024

**UNI MYTHS**  
**BUSTED!**

Visit [www.unimythsbusted.co.uk](http://www.unimythsbusted.co.uk)  
or search **#UniMythsBusted** for  
more information



**Youth Futures Team**

# Next Steps



## Leaving School? What Next?

### College

- A Levels
- Vocational Courses
- T Levels
- Entry Level Courses

### Apprenticeship

- Work Based Training
- 4 days work, 1 day college/training
- Apprenticeship Salary
- Qualification on completion

### Employment

- Full Time / Part Time Work
- Hourly / Salary Paid
- CV Needed
- Interview Preparation

### Training

- Support Your Employability Skills
- Build Your Confidence
- Vary From 4 - 12 weeks!

## Want Support?

**Please contact the Youth Futures team on**  
[youthfutures@lancashire.gov.uk](mailto:youthfutures@lancashire.gov.uk)

Alison (East): 07729 081094

Anna (North): 07354 167290

Steph (Central): 07917 534459



# ASK AN APPRENTICE COMMUNITY!

## Student: Why Join?



### Easy to use

Post your questions – apprentices respond!



### Personalised

Ask the questions you want answered



### Network

Our apprentice mentors are from top UK employers



### Stand out

Gain insider knowledge and get ahead in applications



### Ask anonymously

Ideal for questions you'd rather not ask your teacher!



### Industry-specific

Get advice specific to the industry you're interested in applying to!

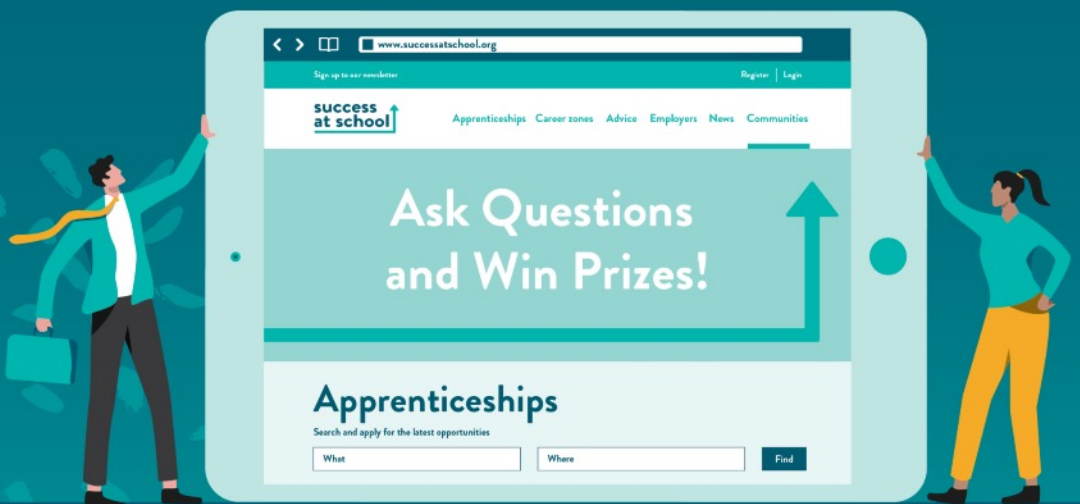
## How it works:

- Sign up for free and join the community.
- Post your questions about apprenticeships, careers, and more!
- Get answers and advice from experienced apprentices.

## Not sure what to ask? Things to ask about:

- Application tips
- Life as an apprentice
- Skills you'll need

Scan here  
to sign up



Find out more: [www.successatschool.org/community](http://www.successatschool.org/community)

**success  
at school**



success  
at school

# How can we help your students?

**We're here to help your students take the next step!**  
Let's make it happen!



**We can send them tailored opportunities based on their interests!**

- In their profile, they can favourite '**Employers**' and '**Career Zones**'. Then they will **receive exclusive invites to events** related to their interests.
- Then, on a **Tuesday and Thursday**, students will **receive an email with opportunities**, without having to spend hours searching for what they're interested in!



**Access to 24/7 Mentoring, 365 days a year.**

- '**Ask an Apprentice**' isn't just for apprenticeship seekers! Our mentors have **navigated school, exams, UCAS applications, and mental health challenges**. Students can access them anytime, risk-free. Read our [safeguarding policy here](#).



**Certificates and Prizes!**

- Students who attend our webinars and register **get a certificate** to showcase their career commitment - perfect for LinkedIn! Plus, asking a question in **Ask an Apprentice** enters them into a prize draw to **win Apple prizes** like a MacBook Air!

**LOG IN NOW!**



# Interview tips...

## Top tips for a successful interview

# 1

### Plan your journey

Allow extra time and plan to arrive at least 15 minutes early. If you are unfamiliar with the location, do a test run.

# 2

### Research, research and research!

Be prepared for the interview - research the company and your role.

# 3

### Appearance

Dress professionally for an interview.

# 4

### Behaviour

Make sure that you use positive body language, such as a firm hand shake, sit up straight and make eye contact. Don't take your mobile phone into an interview with you.

# 5

### Sell yourself

Take a record of achievement file with you including your GCSE certificates. You can take notes into your interview.

## Before your interview

Practise answering interview questions with someone else. If you are at school or college, you may be able to arrange a mock interview.

Keep in mind the interviewer wants to find out about what you can offer them: the particular skills and qualities you can bring that set you apart from other applicants.

But it's not just about what the employer is looking for – try to think of some insightful questions you could ask, for example:

- Future opportunities for progression?
- Do you have a mentor scheme?
- What responsibilities would I start with if I was successful?
- How soon could I start?

## On the day - breathe!

### First impressions count!

Make sure you dress appropriately and look the part. Avoid elaborate jewellery, body piercings, excessive make up and hairstyles, etc.

Offer a firm handshake and make appropriate eye contact with the interviewer.

It's OK to take a moment to think through your response, and better to have a considered reply rather than a rushed answer. If you need more time to think about your answer, ask the interviewer to repeat the question. Don't let your nerves take hold of you, channel them and use them to your advantage!

Remember it's not enough to just say you're good at something – always try to provide examples.

It's fine to ask questions! Ask your prepared questions and anything that came up during the interview... **Avoid JUST** asking about your salary and benefits!

## Commonly asked interview questions

### Background on you...

- Tell me a bit about yourself?
- What do you like to do in your spare time? (hobbies etc)
- What is your current situation? (i.e. school, college, employed)
- Have you been given any responsibilities? (i.e. prefect etc)

### Why should they hire you...

- What made you apply for this position?
- What do you know about the company?
- What can you bring to the company?
- What skills do you have that will help you in this role?

### Can you give me an example of when...

- You worked as part of a team?
- You used your initiative?
- You worked under a pressure?
- You worked to a deadline?
- You multi-tasked successfully?

### Self evaluation...

- What do you consider your strengths?
- What do you consider your weaknesses?
- What is your greatest achievement and why?

### Future career plans...

- Where do you see yourself in five years time?
- Have you got a future career in mind?

**! Did you know that you can book a mock interview with your Training 2000 recruitment advisor?**

## CV tips

Use a positive tone throughout

Maintain a consistent font and use appropriate sizing

Keep it up to date with relevant information

Use a chronological order with work experience and qualifications (most recent first)

Keep it simple and clear

Spell check and use correct punctuation and grammar

### Key things to include:

- Contact details
- Personal statement - a short introduction to you
- Grades / education history
- Work experiences
- Work history (if it's not your first job)
- References
- Key skills

## What happens next...

### If you are successful in the interview:

- We will call you and offer you the Apprenticeship position
- A member of Training 2000 will contact you to officially register you on the Apprenticeship programme
- A start date in company will be agreed and you START your employment
- You will be invited into Training 2000 to complete your on-boarding

### If you are unfortunately not successful in the interview:

- We will get feedback from the company and find out why
- We will contact you and explain what steps we can take to make the next interview successful (this may include a mock interview here at Training 2000)
- We will continue to pair you with companies and arrange interviews until you are successful in finding an Apprenticeship

**www.training2000.co.uk | 01254 54659**

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DEVELOPING TALENT THROUGH TRAINING



## Support for students with special educational needs and disabilities

By Verity Lewis, Disability Advice Officer at the University of South Wales

Starting university is an exciting new chapter filled with opportunities and challenges. If you have special educational needs or a disability (SEND), you might feel uncertain about what to expect. However, rest assured, UK universities are dedicated to supporting you every step of the way. This guide will introduce you to the resources, adjustments, and services designed to help you thrive and make the most of your university experience.

### Declaring your disability

Your first step towards accessing support is to declare your disability on your UCAS application or directly to the university. Many students worry this might affect their application, but universities are legally required under the Equality Act 2010 to treat everyone fairly. Declaring your disability

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

### The Disabled Students' Allowance

If you have additional needs due to a disability, learning difficulty, or long-term health condition, you can apply for the Disabled Students' Allowance (DSA) (page 60). This non-repayable grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker
- travel costs related to your disability
- specialist equipment, like a laptop with assistive software
- other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disability Adviser during open days, taster sessions or through their dedicated email inbox, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.



**DOWNLOAD NOW!**

## What to expect at a university open day

By Gavin Spoons, Regional Student Recruitment Officer at Norwich University of the Arts

Open days are the perfect way to experience first-hand what being a student at a particular university is really like. You can gather lots of useful information online and in prospectuses, but nothing beats being in the university environment and having the opportunity to speak to academics and current students. Open days are packed with scheduled activities to help you get a feel for a university and see if it's somewhere you might want to study.

### Campus tours

Arguably the central event of the day, these guided tours are typically led by current students who show you around the campus. You'll explore the university environment, see communal areas such as cafes and libraries, and have a chance to visit facilities related to your course. This gives you insights into your day-to-day life as a student, and you might see work and projects you could do yourself.

### Course talks

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

considering. They allow you to talk directly to the course leader, their fellow lecturers, and current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

### Support talks

Finally, there are additional talks and sessions throughout the day to introduce you to other university departments and of... You could find yourself in talks about accommodation options, what is available, student experience receive advice for applications

### Accommodation tours

If you're looking to move away to study at university, you'll want what accommodation options to you. Similar to campus tours, be an opportunity to look around accommodation sites with help from students there to answer any questions. You can see the types of rooms and facilities offered in different sites. Imagining yourself living student is just as important as receiving advice for applications

### Plan your day

Open days can be quite intense, with talks and sessions, but there's a lot to gain from them. Universities offer an open day programme after a long open day. This contains a mix of each talk and tour, so you can mix and match. Try to experience as much as you can. It'll help you make informed decisions about your university journey.

The best way to discover the opportunity to about your choice

**Top tip:** You will find the library at a university is available.

**Example:** At dedicated to are ready to your source

**Choosing the right degree** University of independent new friend

University available to our students. Support your app us. This support university

Student your so events continue. Choose a new exciting accommodation needed

**Top tip:** opt to receive

**Example:** guaranteed halls in award-winning accommodation for all new first-year undergraduate students if they make Derby their firm choice.

### Making that all-important decision

Going to university helps you build a strong foundation, academically and personally, providing new and exciting opportunities. Making an informed choice on your subject, location, and potential future career gives you the greatest opportunity to succeed. Just remember to make a decision that is best for you and your future, and will help you to thrive.

## How to choose the right university for you

By Charlotte Higgins, Marketing Officer at the University of Derby

Choosing a degree to study is a big decision, as is selecting the right university. At the University of Derby, we believe making your choice should take into consideration three key factors.

### Choosing the right degree

It is vital to select a degree that you are passionate about. You will study the subject for the next few years, so it must be an area that you will enjoy. Review courses on university websites and prospectuses that suit your interests.

There are also various types of degrees to be aware of, including a traditional three-year programme, foundation pathways to help you transition to university, integrated masters if you're looking for advanced learning, or even a degree apprenticeship. Whatever you choose, check it suits your preferred learning and assessment style, such as writing assignments or practical assessments.

Sometimes it's easier to research your dream career, then work backwards to discover what you need to study. But don't worry if you are unsure. Career teams at college and university can help you find out. At the University of Derby, we offer tailored support no matter your chosen course or your previous experience. We provide access to services and programmes to help you reach your career goal.

**Top tip:** If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry body.

**Example:** If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

### Choosing the right campus

A university's campus is the heart of your learning journey. You're likely to spend time in a range of lectures, seminars, and other learning activities, so make sure the campus has everything you need to succeed. This includes passionate teaching staff who are experts in their field and excellent facilities available for you to use.



Featuring expert contributions from over 65 education practitioners

UniTasterDays.com

# Students' Guide to University 2025

The key higher education facts for students thinking about university

Produced in collaboration with HELLO

## Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

### Introduction

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how much your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

That's where we come in.

To date, Blackbullion has released over £25 million in additional funding - grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

**When to expect scholarships to launch**  
You should be aware of the main funding windows:

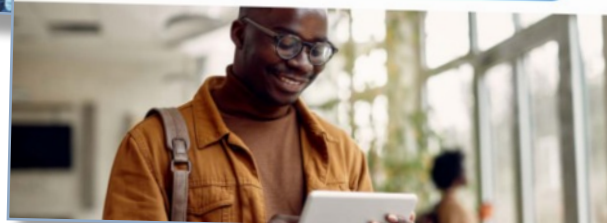
- National Scholarships Week 2025 - running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate partners.
- April 2025 - a key period when many scholarships open. Make sure to prepare applications in the spring.
- September 2025 - another wave of scholarships launches in early autumn, giving you a second chance.

### Scholarships as a gateway to careers

Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These extras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future employers.



Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.





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CAREER**

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FREE

# Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

**This includes:**

- Application Timelines
- Interview Training
- Personal Statements
  - CV Building
  - UCAT Exams
  - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

**You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!**



# MENTORVERSE

Your aspiring medical & dental students in years 10-11 are eligible to attend a FREE LIVE VIRTUAL Get into Conferences on:

## Get Into Medicine:

- Saturday 20th September from 9am - 1:30pm
- Sunday 21st September from 9am - 1:30pm
- Sunday 28th September from 9am - 1:30pm

## Get Into Dentistry:

- Saturday 27th September from 9am - 1:30pm

Once students have attended, they will be awarded with a certificate from the Presidents at Mentorverse to acknowledge that they are a student who has gone one step further than others.

The Get into conference is a significant turning point for aspiring medical and dental students. It will unlock exclusive opportunities, such as scholarships and prizes, and help them make a highly competitive application.

Students and parents can register using this link:

Medicine: <https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Dentistry: <https://airtable.com/appgXnyzN5ZD9lw6/shrBuiR7SBAC19kE>

The **Get into Conference** is a comprehensive guide to the medical and dental application process. Dr Kennedy, Dr Safiyyah and I will cover:

- Application Timelines
- How to Tactically Choose Medical/Dental Schools
- Personal Statements
- Interview Schools
- National Leadership and Awards Programmes
- Accessing Work Experience
- UCAT Exam
- Accessing Scholarships

We strongly encourage all students to make the most out of this free opportunity.

Spaces are competitive and limited, so students should register as soon as they can using the link below.

## Registration Links:

Medicine: <https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Dentistry: <https://airtable.com/appgXnyzN5ZD9lw6/shrBuiR7SBAC19kE>

Getting into medicine/dentistry may seem impossible to many students, but we're here to break down the entire process into actionable steps.

Previously successful Medical students: <https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

# MENTORVERSE

We're excited to invite your students to take part in the launch of Tech Mentor - a new national no-code Hackathon competition designed to inspire the next generation of tech leaders. This competition aligns with the government's drive to upskill young people in tech, and gives students a practical, exciting and career-relevant experience, while also helping your school shine on the national stage.

On **Sunday 14th September 2025**, we kick off with a high-energy online Tech Mentor event, giving students the chance to build their own app, solve real-world challenges. The winning team will secure a place in the national finals.

You can enrol individually online to participate if you are interested.

Please note that places will be allocated on a first-come-first-served basis. [Find out more here](#)

## What is the National No-code Hackathon Competition?

Tech Mentor (part of Mentorverse) is running a National No-code Hackathon Competition for students to develop IT skills and learn about career opportunities in technology. Students will work in teams to create an app in response to a surprise challenge revealed on the day. Any student aged 14 -18 can participate by registering online.

No coding experience needed - just enthusiasm, creativity and access to a computer. You will develop technical skills through experiential learning on the day, using no-code app building platforms. Our experienced tech teams will explain how to use these at the start of the day.

- Open to students aged 14 - 18
- Fully online (Zoom) 10am - 5pm UKGMT
- Team-based format
- You will learn how to create apps for various real world applications, from health to education and much more!
- Learn different careers in tech on the day
- Develop your team-working and interpersonal skills
- You will gain a certificate of participation and a chance to go through to the finals!
- £15 registration per student (this helps us cover the cost of the platforms and administration for hosting the competition)
- Pre-event video briefing provided

This is a National Technology Competition for Students, so there are some great awards to be won for both students and schools!

## Awards

- 1st Place: £1,000 for the winning team and £100 to each winning team member's school
- 2nd & 3rd Place: £1,000 too, for each team
- Qualifying teams at the 14th September Hackathon will progress to the in-person National Final on 11th July 2026 for a chance to win the awards above!

We will make every effort to group students from the same schools into the same teams whenever possible. The more students who join the competition, the greater your school's chances of winning!

## How to Register

Spaces are limited, so we recommend early registration, and we will close registration once the event is full. Please ask your students to register at the link below if they are interested. This is ideal for students in Y10-11.

[Register here](#)

We hope to see your students at The National No-code Tech Hackathon Competition in September!



Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or  
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>





Scan to  
register!

LIVE!

FREE

# Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
  - CV Building
- Entrance Exam: UCAT
  - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

**You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!**

# MEDIC MENTOR



## YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

### **Why the Medic Mentor Virtual Work Experience is the largest In the UK...**

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals  
Birmingham**  
NHS Foundation Trust



## 7th September: Stroke & Therapy

First we will be meeting Jon as our Paramedic Katie answers a 999 call describing a patient who has possibly suffered a stroke. We follow Jon's journey as he meets the multidisciplinary team (MDT) as they aid in his recovery and rehabilitation and put steps in place for long-term help.

Next we will be meeting Anya. After a car accident 2 years ago she became dependent on opioids to help manage her pain. Her GP is concerned about her mental health and offers her options for therapy that might be helpful, particularly as she is pregnant.

You will see our allied healthcare professionals using different diagnostic tools and the skills needed to give the best care possible to their patients.

Registration Link: [CLICK HERE](#)

The NHS Virtual Allied Healthcare Work Experience provides an exceptional opportunity for aspiring healthcare professionals. Students will have the rare privilege of hearing from an inspiring guest speaker currently working within the NHS. Following this insightful talk, participants will embark on a live virtual work experience, offering a comprehensive exploration of the allied healthcare field. They will gain valuable insights into various roles and follow the journeys of two patients, from the initial incident through to treatment, for a closer understanding of patient care.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: [CLICK HERE](#)

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme will be awarded a Highly Commended Reference from the Presidents of Allied Healthcare Mentor. These are fantastic additions to your CV!

Registration will start at 8:30am, with guest speaker from 9-10am, then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

[CLICK HERE TO REGISTER](#)



Join Every First Sunday Of The Month!



Scan to  
register!

LIVE!  
VIRTUAL

# Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers  
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and  
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and  
what they do day to day, you will **dive into live work experience sessions**  
**from the safety of your home.**

Witness the journey of two patients from injury to recovery over 6  
months, and experience how many different healthcare professionals  
are involved in a patient's care, from hospital all the way through to a  
community team.



ALLIED  
HEALTHCARE  
MENTOR

# THE A-Z OF APPRENTICESHIP ATTRIBUTES

There are so many ways to describe an apprentice, below you will find just some of the attributes that we have thought of - can you think of any more?

A

AMBITIOUS

B

BOLD

C

CURIOUS

D

DETERMINED

E

ENGAGED

F

FRIENDLY

G

GENUINE

H

HARD  
WORKING

I

INCLUSIVE

J

JOYFUL

K

KIND

L

LIMITLESS

M

MOTIVATED

N

NON  
JUDGEMENTAL

O

OPEN  
MINDED

P

PASSIONATE

Q

QUICK  
TO HELP

R

RESILIENT

S

SINCERE

T

TENACIOUS

U

UNBIASED

V

VERSATILE

W

WILLING

X

(E)XCELLENT

Y

YOU -  
YES, YOU!

Z

ZEALOUS

# APPRENTICESHIP



## Level 2 Early Years Apprentice

First Footsteps Ltd., Leyland

VAC1000339814

## Level 2 Furniture Manufacturing Apprentice

Matthew Marsden Furniture Ltd., Chorley

VAC1000339746

## Level 2 Food & Beverage Team Apprentice

Butcombe Pubs and Inns, recruiting nationally

VAC1000338193

## Level 2 Apprentice Commis Chef

Butcombe Pubs and Inns, recruiting nationally

VAC1000338184

## Level 3 Business Support & Training Administrator Apprenticeship

Family Care Associates Ltd., Chorley

VAC1000339541

## Level 3 Store Management Apprenticeship

Aldi Stores Limited, Recruiting nationally

VAC1000331793

## Level 3 Business Administrator

Fresh Perspective Ltd., Chorley

VAC1000329646

## Level 3 Digital Marketing Apprenticeship

The Spectacle Factory Ltd., Preston

VAC1000339561

## Level 3 Dental Nurse Apprenticeship

Rodericks Dental Holdings Ltd., Chorley

VAC1000338403

## Level 3 Apprentice Nursery Practitioner

Just Childcare Ltd., Blackrod

VAC1000338247

## Level 3 Apprentice Machinist

Alan Gordon Engineering, Chorley

VAC1000335640

To search for an apprenticeship anywhere in England, have a look at the national apprenticeship website, create an account and apply for any of the vacancies.

[Click here](#)



Don't forget that if you have applied for an apprenticeship via a college and not found one by September, you will start a full time course at college in the meantime. When you are successful in finding an apprenticeship, you will automatically be transferred from the full time course.





# CAREER *of the* WEEK

## Quantity surveyor

**Quantity surveyors manage all costs relating to building and civil engineering projects, from the initial calculations to the final figures.**

As a quantity surveyor (QS), you'll seek to minimise the cost and risk of a construction project and enhance value for money, while still achieving the required legal standards and quality. This includes ensuring statutory building regulations are met.

You'll prepare estimates and costs of the work and when the project is in progress, you'll keep track of any variations to the contract that may affect costs and create reports to show profitability.

Working either for the client or the contractor, in an office or on site, you'll be involved in every stage of a project. Projects include commercial, industrial and residential constructions.

Alternative job titles include construction cost consultant, cost manager and commercial manager.

### Responsibilities

Your duties will vary depending on whether you're working as a contractor QS or as a consultant QS, also known as a professional or private quantity surveyor (PQS).

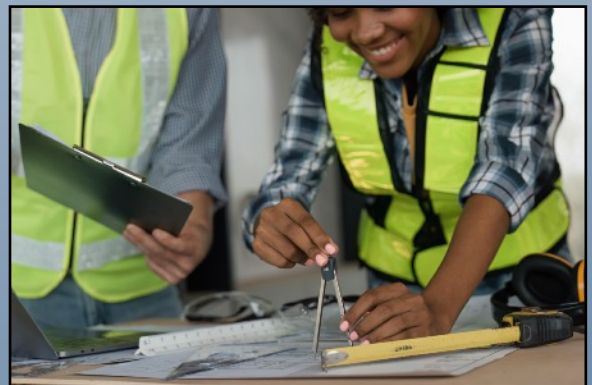
As a PQS you'll advise clients from the initial design stage, working out the budget for the job and then putting it out for tender to contractors. The contractor's quantity surveyor will usually be more hands-on, working on site to ensure the project stays within budget, and will liaise with the PQS. Many firms will provide a one-stop-shop from initial design through to completion.

However, as a quantity surveyor, you'll typically need to:

- assist in establishing a client's requirements and undertake feasibility studies to ensure their proposals will work
- prepare and analyse project costings for tenders, such as materials, quantities, labour and time
- prepare tender and contract documents, including bills of quantities with the architect and/or the client
- negotiate contracts and work schedules
- allocate work to subcontractors and oversee their work at all stages of the construction
- perform risk, value management and cost control during construction
- ensure the project remains within budget and on track financially
- undertake cost analysis for repair and maintenance project work
- advise on a procurement strategy
- identify, analyse and develop responses to commercial risks
- provide advice on contractual claims and disputes
- analyse outcomes and write detailed progress reports
- value completed work, oversee bills and arrange payments
- maintain awareness of the different building contracts in current use
- understand the implications of health and safety regulations.

Once you've gained sufficient experience and specialist knowledge, you may also:

- offer advice on property taxation
- provide post-occupancy advice, facilities management services and life cycle costing advice
- assist clients in locating and accessing additional and alternative sources of funding
- enable clients to initiate construction projects
- advise on the maintenance costs of specific buildings



**For more information [click here](#)**