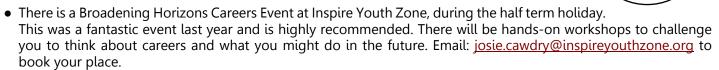


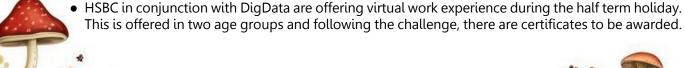
Your weekly guide to careers information, advice and news from Parklands High School

Welcome back to another packed edition of Career News. In this week's issue:

- Lots of open events at various local colleges make sure you visit as many as possible in the next few weeks so you can check out the courses and combinations open to you.
- There are a number of lunchtime drop-in sessions coming up in school keep an eye on the daily bulletin for more information and go along and chat to college staff.



- Young Professionals are offering a number of great events: an insight into the degree programmes at PwC and a law event with Clifford Chance, a world-leading law firm; plus an in-person work experience day with Lloyds Banking Group. These are all free and represent amazing opportunities to learn more about the world of work and some of the top employers you could be working for in the future.
- Mentorverse announce the next Tech Mentor No-Code Hackathon, where you can build your own app and tackle real-world challenges. The winning team will earn a spot in the national finals next June and there are cash prizes!
- Some brilliant conferences for aspiring medics, along with news of virtual work experience with the Medic and Allied Health Mentor groups. These really are vital for anyone looking to work in healthcare at any level.
- Channel 4 are also offering an amazing virtual work experience opportunity for anyone keen on a media career.
- The NHS is hosting a 'Spill the Tea' webinar aimed at dispelling myths about T Levels sign up and find out more
  about the options available to school leavers.







#### **CAREERS CALENDAR**

#### College Open Events 2025-26



Tuesday 23 September Wednesday 1 October Saturday 15 November

Tuesday 3 February 2026 4.30pm - 7.30pm Thursday 16 April 2026 4.30pm - 7.30pm

4.30pm - 7.30pm

4.30pm - 7.30pm

10.00am - 1.00pm

www.blackburn.ac.uk



Wednesday 15 October 5.00pm - 7.00pm Tuesday 18 November 5.00pm - 7.00pm Monday 15 December 5.00pm - 7.00pm

Monday 9 February 5.00pm - 7.00pm Thursday 12 March 5.00pm - 7.00pm

www.boltoncollege.ac.uk/register-open-events



Wednesday 8 October 5.00pm - 8.00pm Saturday 22 November 10.00am - 1.30pm

Quiet Time: The first 30 mins are reserved for students with special educational needs, sensory or social challenges.

www.bolton-sfc.ac.uk



Saturday 11 October 10.00am - 1.00pm Saturday 15 November 10.00am - 1.00pm

Saturday 7 February 2026 10.00am - 1.00pm

www.cardinalnewman.ac.uk/about-us/college-open-events



Saturday 4 October Saturday 15 November

Saturday 7 February 2026 Saturday 18 April 2026

www.myerscough.ac.uk/

10.00am - 12.30pm 10.00am - 12.30pm

10.00am - 12.30pm 10.00am - 12.30pm



Wednesday 1 October 4.00pm - 7.00pm Saturday 8 November 10.00am - 2.00pm

Thursday 5 March 2026 4.00pm - 7.00pm

Register for events and updates at: www.preston.ac.uk



Saturday 20 September 10.00am - 2.00pm Saturday 15 November 10.00am - 2.00pm

There are personal guided tours available in October - check website for details.

Register at: www.runshaw.ac.uk/openevent



Saturday 4 October 10.00am - 1.30pm Thursday 16 October 4.30pm - 7.30pm Thursday 6 November 4.30pm - 7.30pm

\* Application deadline: February 2026

sjr.ac.uk/about/open-evening/



Monday 6 October 4.30pm - 7.00pm Monday 3 November 4.30pm - 7.00pm

Monday 26 January 2026 4.30pm - 7.00pm Monday 27 April 2026 4.30pm - 7.00pm

#### www.wigan-leigh.ac.uk

- School for the Arts
- Centre of Excellence in Construction & Engineering
- Centre for Advanced Technical Studies

#### winstanley college

Saturday 27 September 9.30am - 12.30pm Wednesday 22 October 5.00pm - 8.00pm Thursday 13 November 5.00pm - 8.00pm

www.winstanley.ac.uk

You are advised to attend as many open events as possible in order to make an informed choice once you leave Parklands. Don't assume you will like a college just because your friend/cousin/neighbour did!

For those who are intending to take up an apprenticeship position, or a place in the armed services - you must have a full-time college course in place as a back up option. You do not want to be stuck at home when everyone else is at college because you didn't apply.

You can apply to as many colleges as you want - have your interviews and accept all your places. You only decide which one you are enrolling at on the day you receive your GCSE results in August 2026.

### Gaining Experience Beyond The Classroom



Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

#### **Work Experience**

#### What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



Remember, not all your work experience needs to be industry-specific any experience provides you with transferable skills!

#### What?

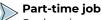
#### Shadowing Observing someone in a

working environment

#### Volunteering

Such as at charity shops, care homes or tutoring

#### Insight days & workshops Online or in-person programmes for students



Such as in a cafe/restaurant, shop assistant



#### Formal placements & internships

Typically more widely available for 18+

#### Where?



#### Look local

Research organisations in your local area and enquire about shadowing or volunteering opportunities



#### Use vour network

Ask friends, family, teachers for any relevant connections



#### Look out for formal schemes

Research opportunities for school students on sites like Prospects, LinkedIn or the Student Ladder

#### **Extracurriculars**



Consider what you already do outside of school - what does it say about your interests or skills?

Then, consider how you could develop further the skills required for your dream university course or career.

#### Socialising

Communication **Empathy** 



Leadership

#### Reading & writing **Music or drama**

Creativity Commitment

Analytical thinking Attention to detail

#### Sport Teamwork

#### Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen

**THINK:** why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

#### What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday



Looking to gain work experience? Check out InvestIN's programmes at www.investin.org

## 

Tuesday 4th November, 9:00 am - 3:00PM

Check out **"Broadening Horizons" at Inspire Youth Zone,**Chorley!

Come along for your chance to see what's out there career wise.

We'll have different companies running fun, hands-on workshops where you can try new things, learn new skills, and maybe even find a career you're into. From creative challenges to problem-solving activities, these workshops are all about thinking differently.

It's a cool opportunity to step outside the classroom and get a feel for what your future could look like!

Email Josie.cawdry@inspireyouthzone.org to book your free place.





#### Discover a career in STEM

Figuring out whether STEM is the right career path isn't easy. Work experience can be hard to find, and reading about jobs online only goes so far. Our weekend programmes give students the chance to experience a STEM career in real-life.

Programmes are running for ages 15-18 this November at UCL, London or Live Online. Meet professionals in STEM and gain essential skills and experience for future applications.

#### **VIEW PROGRAMMES**

#### Highlights from our Weekend programmes

**Engineering:** Design a mission to Mars including the lift-off, journey and arrival utilising aerospace and civil engineering concepts.

**Medicine:** Take part in a suturing activity with a live demonstration from a senior surgeon and the opportunity to stitch up a wound on dummy skin.

Computer Science: Develop the front end of an application for a start up, creating layouts with HTML, CSS and JavaScript.

**Psychology:** Coaching by clinical psychologists on how to effectively connect with patients during therapy.

**VIEW & REGISTER** 

#### Discover a career in







Programmes are running for ages 15-18 this November at UCL, London or Live Online. Meet professionals in STEM and gain essential skills and experience for future applications.





Medicine \_\_\_



**Engineering** 



**Vetinary** 



Psychology



Computer



Investment banking



**Forensic** 



**Dentistry** 





REGISTER NOW



Preston College will hold its first open event of the academic year in two weeks:

#### Wednesday 1st October - 4pm until 7pm

St Vincents Rd, Fulwood, Preston PR2 8UR

During this event, all college departments will be open for students/parents to speak with tutors and explore the campus. This is a great opportunity for students to gain insight into college life early in the year. There is also an open day on **Saturday 8th November** 10am until 2pm so students can see the campus during the daytime. Students are welcome to attend as many as they would like.

Students can register their interest for both events here: Preston College Open Events

The college is also affiliated to Preston North End FC:

#### **Express your interest**







I always encourage students to visit as many colleges as they can to find the best fit for their future learning. As a sports department we hold taster events from February (when the weather gets better), giving students the chance to see how the course is delivered and meet our coaches in action - I will update you with these dates closer to the time.

If any student is interested in our Sports Programme, they could complete this form: Sports Programme Interest Form. Completing the form ensures they receive updates about open training sessions and course developments.

These open events are a valuable chance for both students and parents to explore the campus and ask questions.

#### John Lee

Recruitment and Engagement Coordinator

Scan the QR code to download our prospectus.

Alternatively for further information

John.lee@pne.com

Recruitment and Engagement

Coordinator







YEAR 10 & 11



### OPEN EVENTS



SATURDAY 8 NOVEMBER 10

www.preston.ac.uk/fe-open-events

SEE FACILITIES MEET STUDENTS & STAFF EXPLORE YOUR OPTIONS



#### Next Open Event

Saturday 20 September 10am-2pm

runshaw.ac.uk/openevent



#### Important Notice regarding interviews for Runshaw College

Year 11s will be invited into Runshaw this year, for their college interviews.

Students will be welcomed at reception, have their interviews in designated 15 minute timeslots and they will then have the opportunity of a tour of the college campus, with parents/carers, who may themselves have questions.

#### Parklands interview date is: Monday 9th February

Once the students apply, they will be emailed the date and time of their interview. Depending on how big the year group is they will be split into sessions/appointments from **4:30pm - 8pm**.

If the student cannot attend on their designated evening, they will be invited in on a date and time that suits them up until July.



Please note: Interviews for Wigan & Leigh College and Preston College will still be held in school.

- Wigan & Leigh College: 21st January 2026
- Preston College: 23rd January 2026

with follow up interviews if necessary, in school, including for apprenticeships.

The Merchant Navy is a term used to describe commercial shipping. A non-military service, the Merchant Navy is part of a global economy that impacts our daily lives from the food we eat to the things we own and use every day.









An officer trainee is a fully funded three year programme, which leads to both an academic and professional qualification known as a certificate of competency, issued by the Maritime Coastguard Agency.

A cadetship is sponsored by either a shipping company or charitable organisation and will cover all aspects of training, including college fees, travel costs and a monthly bursary payment towards living costs.

All officer trainees are enrolled on approved courses at a UK maritime college, that lead to a professional qualification as well as a nationally recognised educational qualification.

#### These include:

- Higher National Certificate/Advanced Certificate
- Higher National Diploma/Advanced Diploma
- Foundation Degree (FD) or Scottish Professional Diploma (SPD)
- Bachelors or Honours degree

Entry requirements for Officer Trainee Training are a minimum of 4 GCSEs, grades 4-9 in Maths, English and at least one science-based subject.

The content, duration and timings of each of the programmes will vary according to the particular course, but the core knowledge required for MCA certification requirements for onboard training are the same for all. Cadet training in the UK is broken down into periods, commonly referred to as phases, of which there are five, alternating between college learning and sea time.





## YOUTH FUTURES DROP IN

#### ARE YOU 16 OR 17 AND NOT IN SCHOOL OR WORKING?

We can help you with;

- Your next steps
- · Getting into education
- Finding work
- Building your confidence
- Boosting your skills

Let's work together to figure out your next steps!

#### **DROP IN**



Chorley Library, PR7 1EB



Monday 1-4pm
<u>Usually I'm there, but</u>
best to check!

#### **CONTACT US**

07917 534459

01772 531 044

@youthfutures\_team

youthfutures@lancashire.gov.uk



Our Open Events this year are: **Saturday 11th October**, **Saturday 15th November** with a final event on **Saturday 7th February** - all from 10am - 1pm

There will be a lunchtime drop-in session at Parklands on Friday 17th October, 1.30 - 2pm



Join us on for our

'Spill the Tea on

T Levels at Tea Time'

Webinar Live on

Microsoft Teams,

Thursday 16<sup>th</sup> October,

7.00-8.00pm

Learn more about
T Levels in Health and
how they could support
your child's bright future!
An opportunity not to be
missed - aimed at parents
and school staff.

Scan the QR code to register today!

Careers

CARE

Lancashire and South Cumbria



With testimonies from Health T Level students and NHS and Social Care staff plus a 15 minute Q&A!







Thursday 6th Nov

16.30 - 19.30

www:/sjr.ac.uk

FOLLOW US ON

@stjohnrigbysixthformcollege @sjrcollegeofficial





- Are you aged 14-16?
- Are you curious to learn what Virgin Media O2 is all about?
- Are you passionate about STEM?

Virtual Work Experience Week

27th - 30th October 2025



Apply now!

Click or scan the QR code to apply with code **VMO2C3**  Our four-day programme will immerse you in the world of telecoms, help boost your potential and enhance your knowledge of Virgin Media O2 and our offerings.

You'll hear from business leaders what it's like to work in a dynamic industry, learn the latest from the world of broadband, TV, fixed line and mobile and gain insight into our purpose 'See What You Can Do!'

Explore our graduate, industrial placement and apprenticeship opportunities whilst working on a dynamic project that will help you earn your Bronze Industrial Cadets accreditation.

Hear first-hand testimony and tips from graduates, interns, apprentices and STEM (Science, Technology, Engineering, Maths) ambassadors! Delve into the importance of hands-on problemsolving and critical thinking skills, company and sector research.

Take control of your future and make a difference in the world around you.







- University Centre
- 2 The Futures Centre
- 3 Blackburn Sixth Form
- 4 The Elizabeth Building
- 5 The Victoria Building
- **6** Construction Centre
- 7 Beacon Centre

8 Regional Automotive Technology Hub (RATH) 9 Blackburn Sports and Leisure Centre 10 Harrison Centre (Industry Collaboration Zone Parking is available on the Feilden Street Multi-Storey Car Park **BB2 1LQ** 



#### Open Events at Blackburn College and Sixth Form - What to Expect?

If you're in Year 11 and starting to plan your next steps after school, this Open Event is the perfect place to begin.

Find out what makes Blackburn College the college of choice and experience what it truly feels like to be a student here. Explore our industry leading facilities, chat with our supportive teaching staff, and hear first-hand from current students about life at college.

With a wide range of courses designed to match your ambitions, this is your chance to picture your future and see why Blackburn College could be the right choice for you. Come and experience it for yourself - tell us you're coming!

#### When you arrive on campus...

For all our subject areas head to the Beacon Centre (7) to sign in and you'll be directed to the subject area you're interested in.

Interested in studying A-Levels, Business, Digital and Science? You can sign in at the Sixth Form Building (3) to start your evening.

Our <u>Campus Map (PDF)</u> will help guide you to your desired location and also will be a helping hand while you're heading around campus on the evening.

#### Can I make an application at the Open Event?

Yes! You will be able to fill out an application form at the event with the help of a staff member.

#### **Support Services**

We will also have a range of further services available at the Open Event including:

- Additional Learning Support
- Apprenticeships
- Careers Advice
- Finance Advice
- Maths & English
- Pastoral Service

#### **Parking**

FREE Car parking is available on campus (BB2 1LH) or you can pay at Feilden Street multi-storey (BB2 1LQ). Please note Feilden Street multi-storey closes at 8.00pm.



#### The MPCT Way

At the college, students follow a weekly routine of activities and curriculum. This includes vocational and skills training, physical training, military training days, and assessments.

The MPCT curriculum has been designed to develop our student's physical fitness, essential skills, and self-confidence. The academy operates a 'roll on, roll off' joining process with no set deadline by which to apply, allowing new recruits to join on a weekly basis.

#### **Physical Training**

You will be expected to participate in physical training every day at MPCT. This makes up for 50% of the course at MPCT, and will support learner preparation and progression into the military. Being fit and healthy is an essential part of military life and civilian employment. Daily physical training helps you to concentrate and focus during lessons, and you'll become more physically and mentally robust.

#### **Education**

Regardless of where you learn, you will conduct daily fitness training, weekly military training and citizenship lessons. You will also take part in monthly careers education sessions, supported by military and civilian recruiters and employers.

#### **Military Training**

Our courses are designed to give learners the skills needed to start their journey towards a rewarding career in the British Armed Forces or to progress on to further education or training. Problem-solving and leadership skills are essential in the Armed Forces and civilian employment. Learners will take part in a range of problem-solving activities both in the field and in academic lessons. The ability to work effectively as a team member will be essential to your success.

Find out more - get in touch: 0303 003 3677



## OPEN

## EVENTS

AT THE
COLLEGE FOR
TECHNICAL
EXCELLENCE



#### PARSONS WALK CAMPUS (WN1 1RR)

4.30pm - 7.00pm

Monday 6 October 2025 Monday 3 November 2025 Monday 26 January 2026 Monday 27 April 2026 **LEIGH CAMPUS** (WN7 4JY)

4.30pm - 7.00pm

Monday 13 October 2025 Monday 10 November 2025 Monday 2 February 2026







wiganleighcol

Discover your path wigan-leigh.ac.uk



#### Free Webinars Series For Students & Parents Your Next Steps Beyond School

We're excited to invite students and parents at your school to our latest free event series, designed to provide practical guidance on the educational and professional options available to students after school.

The events are suitable for all students in Years 11, whether they are just starting to think about their future or are actively preparing applications.

#### **Upcoming Events:**

**Making it into Medical School** 

More Than One Route: Alternative Pathways To University

Understand UCAS: Building experience that makes you stand out

As always, if students can't attend live, they can still register to automatically receive the event recording and resources.

#### **VIEW EVENTS**



#### Making it into medical school

TUESDAY 30TH SEPTEMBER • 6-7 PM UK TIME

Gain expert insight from UCLH Dr Obaid Sayed on how to approach medical school applications and show admission tutors you're ready for the challenges of medical school.



#### **Alternative Pathways to University**

WEDNESDAY 1ST OCTOBER • 6-7 PM UK TIME

University isn't the only route - explore how degree apprenticeships and other pathways can lead to successful careers.



#### **Understanding UCAS**

THURSDAY 2ND OCTOBER • 6-7 PM UK TIME

Learn how to build a UCAS application that stands out, and discover the steps you can take now to showcase your interests and experiences.



### YOUR NEXT STEPS BEYOND SCHOOL

InvestIN are running a series of free webinars to help you think about your next steps after school. Each session gives practical advice on different pathways and what you can be doing now to strengthen future applications.

The events are suitable for all students in Years 11-13, whether you are just starting to explore your options or are preparing applications.

#### **UPCOMING EVENTS:**

If you cannot join live, you can still register to receive the recording.

#### MAKING IT TO MEDICAL SCHOOL TUESDAY 30TH SEPTEMBER · 6-7 PM UK TIME

Gain expert insight from UCLH Dr Obaid Sayed on how to approach medical school applications and show admission tutors you're ready for the challenges of medical school.



#### ALTERNATIVE PATHWAYS TO UNIVERSITY WEDNESDAY 1ST OCTOBER · 6-7 PM UK TIME

University isn't the only route - explore how degree apprenticeships and other pathways can lead to successful careers.



#### UNDERSTANDING UCAS

THURSDAY 2ND OCTOBER · 6-7 PM UK TIME

Learn how to build a UCAS application that stands out, and discover the steps you can take now to showcase your interests and experiences.



SIGN UP



#### **Open Day**

#### 10:00 - 12:30 on Saturday 11th October

Students have the opportunity to tour our purpose-built building, attend a talk from the Head of School, Peter Tiltman and speak with staff and current students to learn more about life at LUSoM.

Click here to book: <a href="https://bit.ly/3ZZ0RWs">https://bit.ly/3ZZ0RWs</a>

#### **LUSoM Maths Revise**

#### 16:30 - 17:30 from Wednesday 1st October - Wednesday 10th December

A 10-week revision programme designed to aid the start of your students Y11 GCSE maths revision. Students can join online each week to run through different GCSE topics with our Maths teachers.

Click here to join: https://bit.ly/45qx532

#### **LUSoM Extend**

First session: 16:30 - 18:00, Thursday 25th September

Meeting at LUSoM once a month from September till March (excluding December), the Extend programme covers material beyond the GCSE syllabus and explores some incredible uses that maths and science can have once studying at a higher level.

Click here to book: https://bit.ly/4l9yzRA





✓ School Leavers

✓ Apprenticeships



#### Saturday 4th October 2025 Saturday 15th November 2025

CENTRES ACROSS
THE NORTH WEST

PRESTON • WARRINGTON LIVERPOOL • MANCHESTER

www.myerscough.ac.uk





## Apprenticeship open evenings

Explore our site, discover our facilities and talk to staff and students about the courses you want to study at our Apprenticeship Event.

## Wednesday 28th January & Thursday 29th January 2026 between 4.30 - 7.30pm

Where: Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

Accountancy | Business | Dental | Engineering | Fire & Security | Optical | Scaffolding







#### **Book your place:**

www.training2000.co.uk/events

Part of the University of Central Lancashire









#### Join Us For Our



## **Excellence** At Every Stage

Give your child the gift of a bright future at Kirkham Grammar School. Come and experience it for yourself at our Whole School Open Day!

#### Sunday 5 October 2025

Two Time Slots Available: 1pm - 3pm | 2pm - 4pm



Scan & Reserve Your Place Now!







#### The Environment Agency and Defra's first virtual work experience (VWEX) programme is now LIVE!

Educational specialists have developed the Environment Agency and Defra's first virtual work experience (VWEX) programme. VWEX provides an accessible and inclusive alternative to in-person work experience for young people from all backgrounds. The programme will introduce young people to the Environment Agency and specifically the Environment Agency's work in Flood and Coastal Risk Management (FCRM). Participants will learn about:

- skills they can build and the difference they can make in creating better places for people and wildlife
- various early career pathways the Environment Agency offers as an organisation
- the Environment Agency's values and commitment to equality, diversity, and inclusion and the benefits of working with the organisation

The Environment Agency partners with Springpod to offer this virtual work experience. The programme includes 8 modules of content designed for the target audience of 13 to18-year-olds (although there is no upper age limit). Young people will engage with inspirational content, pre-recorded speaker sessions, quizzes and tasks to develop their understanding of the Environment Agency and FCRM. Successful completion of the programme generates a certificate which can be added to a young person's CV and shows dedication to protecting their environment and starting their career.

This virtual work experience is now live! Young people can undertake the programme on Springpod's Environment Agency landing page <u>Environment Agency Opportunities - Your Environment, Your Career | Springpod</u> or the <u>Defra Microsite Defra | Hub powered by Springpod</u>.





Saturday, 27 September: 9:30 am − 12:30 pm

● **Wednesday, 15 October:** 5:00 pm − 8:00 pm

■ Thursday, 6 November: 5:00 pm – 8:00 pm



All Year 10 and 11 students and their families are invited to attend.

See our website for more details - www.winstanley.ac.uk
Any queries please email admissions@winstanley.ac.uk or call 01695 628610



Sixth Form Centre

# OPENIENT Thurs 2 Oct

5.30pm - 8.30pm



**BOOK NOW** - burnley.ac.uk



**BOOK NOW** 

#### Parklands High School

production of



Music and Lyrics by Laurence O'Keefe and Nell Benjamin

**Book by Heather Hach** 

This amateur production is presented by arrangement with Music Theatre International All authorised performance materials are also supplied by MTI (www.mtishows.co.uk)

## Thursday 16 & Friday 17 October

Tickets: £3 Concessions, £5 Adult,

£10 Family (up to four people)





Tickets: www.ticketsource.co.uk/parklands-high-school

## FUTURES FORALL





## Step Into the World of Mental Health

with Living Well Consortium

Application deadline: 9 October 2025 APPLY HERE

October is all about mental health, with World Mental Health Day on 10th October sparking global conversations. Now, you can take part in an interactive 2-day remote work experience to explore mental health, develop skills, and discover careers in this important area!

#### This is your chance to:

- Learn from experts in mental health and wellbeing
- Develop practical skills you can use in everyday life and future careers
- Work on team projects that make a real impact
- Ask professionals your questions about mental health roles and pathways

#### What You'll Gain

#### Skills Builder:

- Digital teamwork and collaboration
- Creative campaign development
- Research and communication skills
- Problem-solving and project planning

#### Career Awareness:

- Understand a range of roles in mental health, from counselling and therapy to digital wellbeing and community outreach
- Learn what day-to-day work looks like in these roles
- Explore pathways

Please note: Application deadlines may be brought forward if we receive high volumes of applications therefore we encourage students to apply as soon as possible to avoid disappointment.

#### Subject Guide Videos



These impartial videos have one key aim. To support students who are considering university to make informed future subject decisions. They feature guest speakers from a range of different universities, who are always experts in the subject being explored.

#### Including the UK's first video subject guide!

Different subjects, but the same four themes explored in every single one:

- Why students may wish to consider the subject
- What to expect if they study it
- An overview of the careers it may lead to
- Application tips if they go on to apply

From Accounting to Zoology - and 100's of subjects in between. You can browse any of the videos, search by keyword, or filter by subject.

#### **CLICK HERE**













#### Keep Calm and Cook Recipes



**SERVES 2** 

#### Thai Green Curry

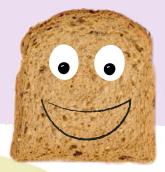
#### **Ingredients:**

- 10ml spoon oil
- 3 spring onions
- 1 clove of garlic
- 80g sugar snap peas
- 1 small chicken breast
- 30ml Thai green curry paste
- 200ml coconut milk (reduced fat)
- 1/2 lime
- Small bunch of coriander



#### **Food Skills**

- Weigh
- Measure
- Slice
- Crush
- Frv



#### Method

Slice the spring onions.
 Cut the sugar snap peas in half.
 Crush the garlic.



2. On a separate clean chopping board, and using a separate clean knife, cut the chicken into small chunks. Thoroughly wash and dry your hands after touching the raw meat.



3. Fry the spring onions, garlic and chicken in the oil.



4. When the chicken has turned 'white', stir in the green curry paste, followed by the sugar snap peas.



5. Pour in the coconut milk and simmer.



6. Squeeze the lime and pour over the curry.



7. Tear the coriander and add to the curry.



8. Serve in a bowl.



#### Keep Calm & Reduce Food Waste



Did you know...

**7 million tonnes** of food and drink are thrown away across the UK every year!

Together we can help to reduce food waste. All we have to do is change the way we think about leftover food.

#### Top tips to reduce food waste

- Plan your meals and only buy ingredients you're going to use that week.
- Measure ingredients and use recipes so you only cook what you need.
- Cover and refrigerate any food leftover from dinner and have it for lunch the next day.
- Store food leftovers correctly in the freezer or airtight containers in the fridge.
- Did you know, you can freeze bread close to the best before date and pop it in the toaster to defrost it when you need it!
- Think 'ingredients' not 'leftovers'. Use any leftover food as ingredients to create new delicious and healthy meals.
- Other food can be frozen too peppers and mushrooms are easily stir fried from frozen.

#### **DESIGN YOUR OWN RECIPE CHALLENGE**

#### Today you've been amazing at adapting your recipes.

If you had cooked the original recipes, these are the items you would have had left:

- If you cooked the Thai green curry: 200g coconut milk, half a lime and one chicken breast.
- If you cooked Minestrone soup: 3/4 cabbage, 5 rashers of bacon, garlic, 200g pasta
- If you cooked Spaghetti bolognese: 350g spaghetti, 150g tomato puree, garlic and herbs

Design a recipe that uses these ingredients – you may wish to add other ingredients to make it into a proper meal but remember you should still ensure you include all the food groups. Share it on social media with the hashtag **#bakethemostoflife** 



Remember you should check your ingredients are still good to eat: there should be no mould, they should still be within their use by date, and they should have been kept in the correct storage.



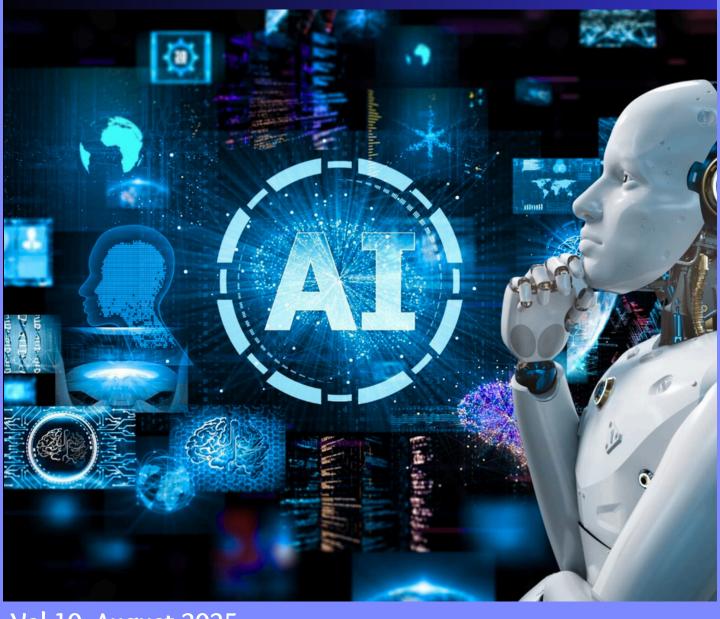






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# CPEN EN 2025

#### **WEDNESDAY 8 OCTOBER**

Open Evening - 5.00pm - 8.00pm

to include a 30-minute quiet session 5.00pm-5.30pm\*

#### **SATURDAY 22 NOVEMBER**

Open Day - 10.00am - 1.30pm

to include a 30-minute quiet session 10.00am-10.30am\*

\*Reduced number session - places will be reserved for visitors with special educational needs and disabilities, including those with social or sensory challenges.



WE ARE A CENTRE OF
EXCELLENCE FOR
ACADEMIC AND VOCATIONAL
PROGRAMMES



#### **BOOK HERE**

Scan the QR code or visit: www.bolton-sfc.ac.uk







#### SCHOOL OF PERFORMANCE, PRODUCTION AND MEDIA AT THE SIXTH FORM BOLTON



#### Take part in our fun and creative after-school clubs.

The Sixth Form Bolton is proud to offer two exciting after-school clubs for pupils with a passion for Performing Arts, Media and Music and for those interested in pursuing a career within the creative industries. These interactive sessions will help you learn and develop a wide range of performance and music skills.

Venue: The Sixth Form Bolton

Course cost: £10 per course to be

paid in full in advance

Age group: Year 10 - Year 11 pupils

#### COURSE 1:

#### PERFORMING ARTS AND MEDIA

**Duration**: Three sessions

Dates: 4th December, 22nd January

and 26th March

Day: Thursday, see overleaf for times

#### COURSE 2:

#### MUSIC AND MUSIC TECHNOLOGY

**Duration:** Three sessions

Dates: 4th December, 22nd January

and 26th March

Day: Thursday, 5pm-6pm

To book your place please contact us on: afterschoolclubs@bolton-sfc.ac.uk





Deane Road, Bolton, BL3 5BU. Tel: 01204 846215

www.bolton-sfc.ac.uk

### COURSE 1: PERFORMING ARTS AND MEDIA

#### **SESSION 1: PERFORMANCE**

Students are invited to watch our Year 1 and 2 Diploma in Performing Arts performance evening, 5pm - 7pm.

**Performance 1:** Movement in performance

**Performance 2:** Missing Dan Nolan by Mark Wheeler

Drinks and refreshments will be provided prior to the performances and in the interval.



### SESSION 2: ADVANCED DEVISING TECHNIQUES, 5PM-6PM

Elevate your creative skills in theatre by mastering advanced devising techniques. Gain confidence and stand out in any audition with this workshop. Perfect for aspiring actors and directors.



### SESSION 3: ADVANCED CHARACTER DEVELOPMENT, 5PM-6PM

Unlock the secrets to creating truly authentic, emotionally rich characters using the Stanislavski method. This session is a must for aspiring actors who want to bring their performances to life in theatre or film.



### COURSE 2: MUSIC AND MUSIC TECHNOLOGY

### WEEK 1: CREATE CINEMATIC SOUNDS - YOUR STORY, YOUR SOUND

Step into the world of movie sound design and create your own foley sounds in a professional studio. Whether it's the crunch of footsteps, a door creaking, or the swoosh of a sword, your imagination will shape the soundscapes of tomorrow's films.



#### WEEK 2: COMPOSE MUSIC FOR THE BIG SCREEN - BE THE SOUNDTRACK

Become the composer behind a movie's emotional heartbeat. In this session, you'll use cutting-edge technology and professional software to compose original music tailored to a movie clip.



### WEEK 3: FROM STUDIO TO STAGE - CREATE AND PERFORM LIKE A PRO DJ

Unleash your creativity and step into the world of live DJ performance. In this hands-on session, you'll craft your own samples, loops, and tracks using Ableton and Akai APC.



#### **Army Basic Training & Job Role Information Day**

Saturday 25th Oct 2025, Reserve Centre, Kimberley Barracks, PR1 6PR.

Arrive between 1000 and 1145 (at a time that suits you) bring family and friends.

Parking will be at the entrance or inside the centre (pull up at the gate).

A great opportunity to look at the kit and equipment you could use during basic training. Also speak to Artillery and Logistics soldiers about their job roles. Your recruiting staff will be present and you can receive a full application update face to face -or how and when to apply in the future if you have not done so already.



You are invited as an Army applicant, family and friends are also welcome.

If you are a student in years 10 and 11 or FE education, you are welcome to attend.

It will run from 1000 through to a 1245 finish. You will be there for roughly an hour.

15-minute presentation each hour about basic training and the following stands to visit.

Map Reading
First Aid
Chemical, Biological, Radiological and Nuclear
Weapon Systems
Personal Kit and Equipment
RA and RLC specialist role recruiters
Application Progress Check

If in the application process reply by email to your recruiter. All others phone to give your name, with the number of people attending to book your place. Any questions please get in touch.

Tel: <u>01772 20 30 30</u>

# OPEN EVENTS

5-7PM

15<sup>TH</sup> OCTOBER
18<sup>TH</sup> NOVEMBER
15<sup>TH</sup> DECEMBER
9<sup>TH</sup> FEBRUARY
12<sup>TH</sup> MARCH
12<sup>TH</sup> MAY
18<sup>TH</sup> JUNE









## Your students can build 3 key stills with Channel 4...



Confidence: Learn how to share ideas clearly and confidently



Audience Awareness: Get to grips with what makes people tick and how to appeal directly to them.



Industry Awareness: Step behind the scenes to see what careers in creative industries look like and how the industry keeps evolving.

Even if your students aren't particularly creative there's something for everyone! With 10 different modules to choose from, the content is customised to the individual and their skills!

#### SIGN UP NOW

Sign up today to...

### Channel 4 Work Experience.



- ); IT'S VIRTUAL

You have until 19th December to complete your work experience online. Unlock badges and certificates as you learn more about TV and Broadcasting...

**SIGN UP TODAY** 





Where it all starts.

SIGN UP



Find university events with UniTasterDays.com, including:

# Taster Days | Residential Events | Workshops | Open Days



info@unitasterdays.com



**@UniTasterDays** 



**UniTasterDays** 



**@UniTasterDays** 





We're excited to announce our virtual work experience opportunities with **HSBC**, taking place in October for students in year groups 7-9 (First Step) and 10-13 (Next Step). Our events take place outside of school hours, making them easily accessible for all students.

#### FIRST STEP - Student year groups 7-9 England & Wales

Wednesday 1st October at 4.30 pm (virtual session hosted on Zoom)

#### "Pitch for a Purpose: Plan the Ultimate Charity Event with HSBC"

- A 45-minute briefing with the HSBC team
- Complete the career challenge at their own pace
- Certification awarded on completion
- Register now! (Students)

#### **NEXT STEP - Student year groups 10-13 England & Wales**

Thursday 2nd October at 5pm (virtual session hosted on Zoom)

#### "HSBC and The Nature Trust UK - Nature Projects That Make a Difference"

- A 45-minute virtual briefing with the HSBC team
- Complete the career challenge at their own pace
- Certification awarded on completion
- Register now! (students)







Watch the briefing session video



Students work on the challenge in their own time





Recorded industry assessment





Certification of virtual work experience



#### Lloyds Banking Group Work Experience Day in Leeds!

#### Dive into the World of Finance and Digital Banking!

#### **Saturday 11th October**

We have a fantastic work experience day event happening in Leeds with one of the UK's biggest banking institutions, Lloyds Banking Group. This event is taking place on Saturday, 11th October which is outside of school lessons / timetables.

This is a great opportunity for your students interested in a career in banking, finance and digital technology to have the chance to come into the Lloyds Banking Group head offices to take part in workshops, network with their teams and gain a greater understanding of what a career in the industry could look like.

We're excited to offer you a remarkable opportunity to step into the vibrant and ever-changing world of banking and finance!

Join us at the Lloyds Banking Group Work Experience Day taking place in Leeds on Saturday, 11th October for an unparalleled opportunity to network and discover what it's really like to be part of a leading financial institution.

Taking place on Saturday this gives you the full flexibility not to miss school or university and gain something fantastic to put on your CV's. We have two time slots morning and afternoon, and you can choose which session you'd like to join. This event is designed for students to gain a real-world understanding of what happens at the UK's biggest banking groups!

#### Who are LBG:

Lloyds Banking Group is a world-renowned commercial, personal and investment banking management firm and are also the UK's biggest Bank. LBG have over 30million customers and around 60,000 employees globally as well as being a FTSE 100 company. Under the Lloyds Banking Group business, they also own Halifax and Bank of Scotland as well as other financial institutions such as Scottish Widows.

#### **Event Experience:**

You'll have the chance to meet and engage with professionals and apprentices who have first-hand experience in various roles at the bank, take part in workshops, career development sessions as well as lots of networking.

#### Apply today and secure your place for this work experience opportunity!

The day will take place on Saturday 11th October and the Morning session runs from 10:00am–12:30pm and the Afternoon session runs from 14:00–16:30pm. Please click the link below to sign up and select which time slot you'd like to join. You can also bring a parent/ guardian along with you if travelling from outside of the Leeds area.

**Application Link:** 

https://www.surveymonkey.com/r/LBG\_SFEST\_Leeds



#### **The Ultimate Career Taster**

We're excited to let you know that our weekend programmes are now open for registration!

Taking place this November, our one-day masterclasses give students a practical, inside look of working in their chosen field. Students can choose from 15 different industries and spend the day discovering what it's really like to work in that field and, crucially, how to break in.

During each programme, students will:

- Meet and learn from experienced professionals
- Take part in interactive career simulations
- Receive expert career coaching
- Gain a certificate and talking points to boost university applications

#### **VIEW PROGRAMMES**



#### In-Person

Taking place at UCL in London, our in-person programmes allow students to fully immerse themselves in the day in the life of a professional in London.



#### **Online**

Our online programmes are delivered live by our industry experts. Nothing is pre-recorded and all our content is carefully curated to be interactive and engaging.

### RISE TO SUCCESS: **CAREER JOURNEYS**



#### **IF YOU LIKE:**

- Food technology
- Science
- Baking at home

#### YOUR CAREER **JOURNEY COULD** TAKE YOU TO ....









#### **IF YOU LIKE:**

- Maths
- Business
- Games

#### YOUR CAREER **JOURNEY COULD** TAKE YOU TO ....





### DATA ANALYST Discover data trends to improve performance

#### FINANCE TEAM **MEMBER**

Keep accurate records to help the company make money



MARKETING

MANAGER



#### **IF YOU LIKE:**

- Art
- Design & technology
- Social media

#### **YOUR CAREER JOURNEY COULD** TAKE YOU TO ...





#### PACKAGING DESIGNER Design food packaging that's practical and attractive





#### **IF YOU LIKE:**

- Geography
- Science
- Being active

#### YOUR CAREER **JOURNEY COULD** TAKE YOU TO ....







#### **DRIVER**

Help deliver the products to stores . across the country





#### DID YOU KNOW THAT THE FOOD INDUSTRY...

- Employs almost 4 million people in the UK?
- Will always be needed?
- Has a job for you whether you are good at cooking, science, maths, writing or being active?

Visit our website at:

bakethemostoflife.co.uk

to find out more about careers in food.



## NEW

# COLLEGE

# PODCAST

**COLLEGE COMPASS** 



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**GUEST SPEAKERS** 

**ADVICE & GUIDANCE** 

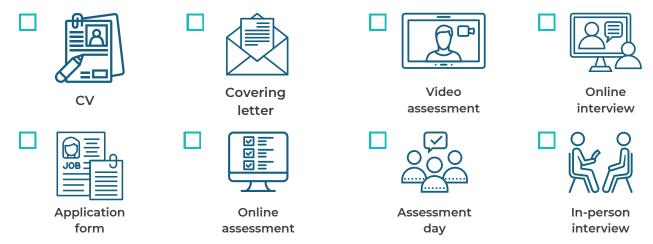
**INDUSTRY KNOWLEDGE** 

# GET READY TO APPLY FOR APPRENTICESHIPS



#### 1. Understand the recruitment process

The recruitment process will vary from employer to employer. It is important to understand what could be involved by doing some research, so that you are aware of what to expect at each stage. Tick the boxes when you feel confident that you understand what each of these stages could involve, and that you know what you would need to do to get ready.



#### 2. Prepare in advance

Get these things as ready as possible before vacancies start appearing:

CV (even though some employers may not require a CV, collating your achievements and skills in a succinct way is a useful process when preparing to apply)
 Covering letter
 List of qualifications and folder of any certificates
 List of your skills and examples of when you've used them
 Make sure your email address and voicemail message are sensible and professional
 Set up a LinkedIn profile and start liking and sharing things that are relevant to the sector you want to work in
 Google yourself - check what appears when you search for yourself on the internet. Ensure that accounts are set to private, and that any information that does appear is professional and appropriate



#### 3. Research what employers want

Look online and at previous adverts to see the desired and essential attributes, skills and qualifications. See if you can find out what former applicants say and talk to careers staff to see if they can advise and support you. If they are looking for something you don't have yet - you'll have time to think of some ways that you might be able to gain some experience.

# GET READY TO APPLY FOR APPRENTICESHIPS



#### 4. Research recruitment processes

Do your research and find out what recruitment processes are like for the employers you're interested in and try to get ahead of what to expect. Many employers will use their websites to explain the different types of activities that they use, and they may also provide examples of practice questions/tests. Some employers will provide indicative timelines for the recruitment process so that you can understand how long the process may take.

#### 5. Reasonable adjustments

Whilst you are researching the different recruitment processes, you may find information from the employer explaining the different types of support that they can offer candidates with additional needs. Some employers will provide a lot of information, whilst others may offer that you can notify them of any requirements that you have, and that these will be considered. Many employers will need you to help them understand the adjustments that you may require, so getting this prepared in advance of applying can be beneficial.

Talk to the staff at your school/college to help you to think of the types of adjustments that could be most beneficial for you. For example, if you currently receive extra time within exams, you may to ask the employer if they could allow you extra time in any assessment activities. Or if there is assistive technology that you like to use, you could ask the employer to make this available.

#### 6. Careers support

Your school/college careers team will be pleased to help you in preparing to apply for apprenticeships. Make sure you engage with your school/college and any local careers support:

Talk to the careers staff at your school /college and make sure they know	what vou	re looking for

- Sign up for (and read) careers newsletters from your school/college, employers, local careers hubs...
- Follow the social media accounts of your school/college careers team, employer recruitment teams and any other local careers organisations
- Make sure your subject teachers know what you're looking for, especially if it's a sector linked to their subject area

#### 7. Get registered

Sign up for Find an apprenticeship (the Government apprenticeship vacancies website), and Vacancy Snapshot (a monthly apprenticeship vacancies email), even if you aren't ready to start applying yet - looking at adverts is great advance research.









www.findapprenticeship.service.gov.uk

amapps.uk/vacancies

# GET READY TO APPLY FOR APPRENTICESHIPS



#### 8. Be ready to track

Once you start applying, it is really helpful to have a way to track where you are at in the application process with each employer. How you do this is up to you but you should try to:

Include what you have to do and when by
Include any key information like website links and email addresses
Put alerts in your phone or calendar for all key deadlines
Save copies of any applications that you make so that you can refer back to them if you are shortlisted to the next stage

#### 9. Think about references

Some employers will ask you to submit the contact details of up to two referees. These are usually people that know you in a more formal relationship - such as your form tutor, head of year or your supervisor from a part-time job (if you have one). Occasionally, employers may also ask you for someone who could provide a character reference. This could include a less formal relationship, such as a family member, or someone who knows you well such as a coach from a sports team.

It can be useful to think about who you would approach to provide you with a reference should you need one, and to gain their permission in advance.

Think about who you	would ask to	be your	referee
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- Contact them and ask their permission for their contact details to be included in your application
- Make sure you have their full name, email address and any other contact details that may be required

#### 10. Resources to support you



Step-by-Step guide to applying for an apprenticeship

amapps.uk/application-guide



How do I write a CV and why do I need one?

amapps.uk/cv



Writing a covering letter

amapps.uk/cover



Step-by-Step guide to setting up an account on Find an apprenticeship

amapps.uk/register-faa



## Insight into PwC Flying Start Degree Programmes

This is our first Big 4 Event of the academic year, kicking off on Monday, September 29th, with PwC from 5pm to 6pm!

This insight event will be to showcase all the opportunities PwC has on offer for students this year including their Flying Start Degree Programmes and Work Experience opportunities.

PwC offer some of the very best school leaver opportunities in the space in Business, Accounting and Consulting.

Are you ready to gain new skills that jump-start your career? Over this one-hour session, you'll gain exposure to PwC and their flagship Flying Start Degree Programmes – some of the best school leaver routes in the industry! You'll earn a degree from a top university, guaranteed placements at PwC across your studies, and a job offer once you have graduated! It's a fantastic fast track to a career at PwC.

If you are curious about business and accounting, passionate about solving problems, and ambitious, then this session is for you.

#### What to Expect

- Learn about PwC's Flying Start Programmes, and gain a head start into professional services
- Gain insight into business, finance, and accounting careers at PwC
- Hear from professionals and ambassadors about their experiences and career journeys

#### Why Attend?

PwC is one of the Big Four professional services firms, supporting businesses across audit, tax, consulting, and technology. Their programmes offer a unique pathway into the industry, allowing you to earn while learning via paid internships and gaining real-world experience at a globally recognised firm.

This event will inspire and empower the next generation of professionals by providing valuable career insights, networking opportunities, and practical guidance on the next steps in your business and accounting career journey.

Apply via the link below if you'd like to secure your place.

Sign up Now!

### C L I F F O R D C H A N C E

## An Insight Into Clifford Chance - A World Leading Law Firm - Thursday 2nd October 5pm-6:30pm

We have a fantastic virtual law event happening on Thursday, 2nd October, 5pm - 6:30pm, at the International / Magic Circle Law firm Clifford Chance. The event is open specifically for students considering a law career. We will also be sharing some in-person events taking place at their offices during this virtual session that your students can sign up for on the evening.

Does a legal career within an international organisation sound like something you'd be interested in? Join us for an exclusive virtual event with Clifford Chance, one of the world's leading law firms, to gain valuable insights into the profession and explore the opportunities available to kickstart your career.

#### **Event Details:**

• Event: Insight to Clifford Chance

Date: Thursday, 2nd of October

• Time: 5:00pm - 6:30pm

• Location: Virtual

• Who Can Attend? Year 11

#### Why Attend?

- Clifford Chance is renowned for its dynamic and inclusive culture, delivering exceptional law services to businesses of all sizes across the UK and internationally. With a global network operating in 23 countries and 34 offices worldwide, Clifford Chance offers unmatched opportunities for students to gain valuable experience in Law.
- This event is a must-attend for students considering a career in law. It offers insights into life at Clifford Chance and how to join their **student programmes**, such as ACCESS, and their industry-leading **training contracts**.
- Whether you're considering a career in law or already know this is the route you'd like to go down, this event offers an invaluable opportunity to explore what a career at Clifford Chance could look like and understand the pathways available to help you succeed.

#### **Register Here:**



## YOUNG PROFESSIONALS

Following the resounding success of our first event, we're delighted to invite your students to join the next **Tech Mentor No-Code Hackathon** on **Saturday 11th October**, 10am - 5pm – a national no-code competition created to inspire the next generation of tech leaders.

At the No-Code Hackathon, students will have the opportunity to build their own app and tackle real-world challenges. This competition supports the government's initiative to upskill young people in tech and offers students a hands-on, exciting, and career-relevant experience, while also giving your school a chance to shine on the national stage. The winning team will earn a spot in the national finals.

#### Find out more here

Students can enrol individually online if interested. Spots will be allocated on a first-come, first-served basis.

#### What is the National No-code Hackathon Competition?

This event offers students a unique opportunity to cultivate essential IT skills, explore diverse career paths in technology, and collaboratively build an app based on an undisclosed challenge using no-code platforms like Lovable. With each session featuring a fresh and engaging real-world theme, we strongly encourage past participants to return and tackle new challenges.

- No coding experience needed- just enthusiasm, creativity and access to a computer. You will develop technical skills through experiential learning on the day, using no-code app building platforms. Our experienced tech teams will explain how to use these at the start of the day.
- Open to students aged 14 18
- Fully online (Zoom) 10am 4pm UKGMT
- Team-based format
- You will learn how to create apps for various real world applications, from health to education and much more!
- Learn different careers in tech on the day
- Develop your team-working and interpersonal skills
- You will gain a certificate of participation and a chance to go through to the finals!
- £15 registration per student (this helps us cover the cost of the platforms and admin for hosting the competition)
- Pre-event video briefing provided

Winners from this hackathon will be invited to the National Finals on 11th July 2026, where they'll compete for:

- 1st Place: £1,000 for the winning team and £100 to each winning team member's school.
- 2nd Place: £750 cash prize for the team.
- 3rd Place: £500 cash prize for the team.

Students will be allocated into random groups on the day to keep the competition fair and enhance your networking experience! This is a chance for you to meet likeminded students beyond your school environment and start building your Tech Network!

This is an ideal opportunity for students in Years 10-11. Spaces are limited, so please register early to avoid disappointment.

#### Register here

We hope to see your students at the National No-code Tech Hackathon Competition in October!

Explore the success stories within Mentorverse:

- Medical students: <a href="https://medicmentor.org/successful-student-journeys-reviews/">https://medicmentor.org/successful-student-journeys-reviews/</a>
- Dental students: https://dental-mentor.org/successful-student-journeys-reviews/
- From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <a href="https://medicmentor.org/become-a-medic-mentor-student-2/">https://medicmentor.org/become-a-medic-mentor-student-2/</a>



## National No-Code Hackathon Competition For Students

Are you ready to solve real-world problems, build your own app and compete for a national prize? All without writing a single line of code?

Welcome to Tech Mentor! The UK's most exciting no-code hackathon competition for secondary school students aged 14 to 18.

Join the Competition



Your aspiring medical and dental students in years 10-11 are eligible to attend a FREE LIVE VIRTUAL Get into Conference on:

#### **Get Into Medicine:**

- Saturday 4<sup>th</sup> October from 9am 1.30pm
- Sunday 5<sup>th</sup> October from 9am 1.30pm

#### **Get Into Dentistry:**

- Saturday 27th September from 9am 1:30pm
- Saturday 18<sup>th</sup> October from 9am 1.30pm

Once students have attended, they will be awarded with a certificate from the Presidents at Mentorverse to acknowledge that they are a student who has gone one step further than others.

The Get into conference is a significant turning point for aspiring medical and dental students. It will unlock exclusive opportunities, such as scholarships and prizes, and help them make a highly competitive application.

Students and parents can register using this link:

Medicine:https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

Dentistry: https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAcC19kE

The **Get into Conference** is a comprehensive guide to the medical and dental application process. Dr Kennedy, Dr Safiyyah and I will cover:

- Application Timelines
- How to Tactically Choose Medical/Dental Schools
- Personal Statements
- Interview Schools
- National Leadership and Awards Programmes
- Accessing Work Experience
- UCAT Exam
- Accessing Scholarships

We strongly encourage all students to make the most out of this free opportunity.

Spaces are competitive and limited, so students should register as soon as they can using the link below.

#### **Registration Links:**

Medicine:https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

Dentistry: https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAcC19kE

Getting into medicine/dentistry may seem impossible to many students, but we're here to break down the entire process into actionable steps.

Previously successful Medical students: https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students:

#### https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <a href="https://medicmentor.org/become-a-medic-mentor-student-2/">https://medicmentor.org/become-a-medic-mentor-student-2/</a>





Scan to register!

# Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you stepby-step through your application to medical school.

#### This includes:

- · Application Timelines
  - · Interview Training
- · Personal Statements
  - · CV Building
  - · UCAT Exams
  - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!



Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Dentistry: https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- Comprehensive Insights: The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- Flexible Participation: Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- Recognised Certification: Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

The new speciality on General Practice or Public Health & Oral Pathology is available now.

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: https://airtable.com/appgXnyzN5ZD9lwk6/shrGJUAtigzZzDwTN

Aspiring Dentists: https://airtable.com/appgXnyzN5ZD9lwk6/shr1YAbWctfkXarfQ

Previously successful Medical students:

https://medicmentor.org/successful-student-journeys-reviews/

Previously successful Dental students:

https://dental-mentor.org/successful-student-journeys-reviews/

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <a href="https://medicmentor.org/become-a-medic-mentor-student-2/">https://medicmentor.org/become-a-medic-mentor-student-2/</a>





Scan to register!



## Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you stepby-step through your application to dental school. This includes:

- Application Timelines
  - Interview Training
- Personal Statements
  - CV Building
- · Entrance Exam: UCAT
  - Extracurriculars
- · Accessing Medical Leadership Programmes,
- · Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!



The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

#### https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

#### Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- Why not sign up today?





am delighted to extend an invitation to your students in years 10-11 year groups for our upcoming Allied Healthcare Virtual Work Experience session on Sunday 5th October, 9am - 5pm, focusing on Pain Management and Mental Health.

#### 5th October: Communication & Fractures

We will be meeting Aizah who is now pregnant and has been diagnosed with Gestational Diabetes.

She has some mild Learning Difficulties and is a patient of Asian ethnicity with refugee status. With English as a second language it is causing some difficulties that can be rectified with support when it comes to speaking to understanding the medical advice she is given. She has no extended family here in the UK besides her husband.

Dominic suffered a leg injury while playing football, first responder Kate arrives on the scene to assess the situation and administer primary care. Further assessment confirms a fracture and Dominic will require physiotherapy to recover full mobility.

Register here: https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/

Once they've registered, students will be emailed links to their virtual work experience portals.

Please ask students to check their spam folders and mark their attendance on the day in order to receive their Work Experience Certificates.

This programme is suitable for students in year groups 10/11 who are interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

The sooner students begin work experience, the better. During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in their UCAS applications.

Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Students will receive certificates as evidence of having participated in the work experience programme. Those that complete the full 5-month programme will also be awarded Highly Commended References.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs:

https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/



Take your first steps into the world of healthcare careers in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and what they do day to day, you will dive into live work experience sessions from the safety of your home.

Witness the journey of two patients from injury to recovery over 6 months, and experience how many different healthcare professionals are involved in a patient's care, from hospital all the way throught to a community team.



#### Support for students with special educational needs and disabilities

Starting university is an exciting new chapter filled with opportunities and challenges. If you have special educational needs or a disability (SEND), you might feel uncertain about what to expect. However, rest assured, UK universities are dedicated to supporting you every step of the way. This guide will introduce you to the resources, adjustments, and services designed to help you thrive and make the most of your university experience.

Peclaring your disability

Your first step towards accessing support
is to declare your disability on your UCAS
application or directly to the university.
Many students worry this might affect their
application, but universities are legally
required under the Equality Act 2010 to treat
everyone fairly. Declaring your disability at

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

The Disabled Students' Allowance
If you have additional needs due to a disability,
learning difficulty, or long-term health condition,
you can apply for the Disabled Students'
Allowance (DSA) (page 60). This non-repayable
grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker travel costs related to your disability specialist equipment, like a laptop with assistive software other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disablity Adviser during open days, taster assisting or through their dedicated email inbor, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.





## **UniTasterDays.com**

### Students' Guide to **University 2025**

The key higher education facts for students thinking about university

Produced in collaboration with HELOA

### **DOWNLOAD** NOW!

#### How to choose the right university for you

By Charlotte Higgins, Marketing Officer at the University of Derby

Choosing a degree to study is a big decision, as is selecting the right university. At the University of Derby, we believe making your choice should take into consideration three key factors.

Choosing the right degree It is vital to select a degree that you are passionate about. You will study the subject for the next few years, so it must be an area that you will enjoy. Review courses on university websites and prospectuses that suit your interests.

There are also various types of degrees to be aware of, including a traditional three-year programme, foundation pathways to help you transition to university, integrated masters if you're looking for advanced learning, or sen a degree apprenticeship. Whatever you choose, check it suits your preferred learning and assessment style, such as writing assignments or practical assessments.

Sometimes it's easier to research your dream career, then work backwards to discover what you need to study. But don't worry if you are unsure. Career teams at college and university can help you find out. At the University of Derby, we offer tailored support no matter your chosen course or your previous experience. We provide access to services and programmes to help you reach your career goal.

Top tip: If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry board.

Example: If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

#### Choosing the right camp

Choosing the right campus

A university's campus is the heart of your
learning journey. You're likely to spend time
in a range of lectures, seminars, and other
learning activities, so make sure the campus has
everything you need to succeed. This includes
passionate teaching staff who are experts in
their field and excellent facilities available for
you to use.

What to expect at a university open day

Open days are the perfect way to experience first-hand what being a student at a particular university is ready like. You can gather lots of useful information online and in prospectuses but nothing being in the university environment and having the opportunity to expect to academics and current students. Open days a peacked with scheduled activities to help you get a feel for a university and see if somewhere you might want to study.

opportunity to about your cho

Top tip: You w library during the library at a is available.

Example: At dedicated te are ready to your source

Choosing

University

independe new friend

Universiti available our Stud-your app us. This support

Campus tours
Arquably the central event of the day, these
guided tours are typically led by current
students who show you around the campus.
You'll expired the university environment, see
commonal areas such as cafes and libraries,
and have correct. This gives you insights into your
day-to-day life as a student, and you might see
work and projects you could do yourself.

Course taxes

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

couppur taxes.

Finally, there are additional talks and session throughout the day to introduce you to other university departs and of You could find yourself in talk accommodation options, what is available, student experienc receive advice for applications

Accommodation tours

If you're looking to move away
to study at university, you'll wa
what accommodation options
to you. Similar to campus tour
be an opportunity to look arour
commodation sites with hely
accommodation sites with hely
students there to answer any or
success to the study of the students
an see the types of rooms ava
facilities offered in different ac
sites. Imagings ourself living
student is just as important as
course you'll be studying.

#### Plan your day

Plan your day
Open days can be quite intense,
talks and sessions, but there's s
to gain from them. Universities to
to gain from them. Universities the
open day programme after y
for an open day. This contains ti
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cach talk and four, so you can m
open day. Try to experience as n
open day. Try to e

#### Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how muci your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

To date, Blackbullion has released over £25 million in additional funding-grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

#### When to expect scholarships to launch

- National Scholarships Week 2025 -running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate
- scholarship varbating in partners.
  April 2025 a key period when many scholarships open. Make sure to prepare applications in the spring.
  September 2025 another wave of scholarships launches in early autumn, giving you a second chance.

#### Scholarships as a gateway to care

Schotaranips as a gateway to careers Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These extras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future



Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.





#### Making that all-important decision

Making that all-important decision
Going to university helps you build a strong
foundation, academically and personally,
providing new and exciting opportunities. Making
an informed choice on your subject, location, and
potential future career gives you the greatest
opportunity to succeed, bust remember to make
a decision that is best for you and your future,
and will help you to thrive.



#### Veterinary nurse

Veterinary nurses work in a supportive role carrying out a range of tasks aimed at improving animal health and welfare.

Veterinary nurses are one of two key professional roles delivering medical care to animals, the other being veterinary surgeons. To be a veterinary nurse, you'll need to have successfully completed a course accredited by the Royal College of Veterinary Surgeons (RCVS).

As a veterinary nurse, you'll be involved in the hands-on nursing care of a range of animals, providing both emergency and routine healthcare. You'll work alongside veterinary surgeons to promote animal health and welfare through responsible ownership and play a key role in the education of pet owners.

For information about the role of a vet, see veterinary surgeon.

#### Types of veterinary nursing

Depending on the practice and your own interests, you may specialise in one of these areas:

- General practice providing the first-line care of animals including vaccinating, neutering, worming and health checking
- Emergency practice working within a practice that sees urgent and critical cases, typically operating overnight and at weekends
- Referral practice working in a specialist practice that tends to see the more complex cases. Examples include orthopaedics, oncology and ophthalmology. In some cases, these may be species-specific, e.g. canine, equine or exotics.

#### Responsibilities

As a veterinary nurse, you'll need to:

- confidently handle and restrain animals
- provide nursing care to hospitalised patients, including patient monitoring and health checking, feeding, grooming and walking animals
- administer treatments including injections, tablets, fluids and blood transfusions
- perform diagnostic tests, e.g. blood sampling, urine analysis and x-rays
- prepare animals for surgery and perform some minor procedures, e.g. suturing wounds and dental hygiene
- monitor anaesthesia
- assist veterinary surgeons with operations
- maintain the cleanliness and hygiene of the practice
- communicate with pet owners, gaining their trust and reassuring them about their animal's treatment
- educate pet owners on animal health, including vaccinations, worming, flea prevention and appropriate nutrition
- support student veterinary nurses undertaking placements
- work to the Code of Professional Conduct for Veterinary Nurses





