



Your weekly guide to careers information, advice and news from Parklands High School

Welcome to the final packed edition of Career News for this half term. In this week's issue:

- There is a fantastic free work experience opportunity with Channel 4 - you have until 19th December to complete the programme, with the chance to earn badges and certificates.
- Tesco Stronger Starts Retail apprenticeships are again on offer. With a starting salary of over £23k per year, these are well worth applying for. Applications are open now for summer starts.
- Aldi also have a really good apprenticeship programme - check inside for details.
- BAE Systems will open their apprenticeship window on November 1st and they recommend early applications. Links to all the colleges and apprenticeship providers can be found in The Ultimate Guide to College Applications.
- Perhaps the Metropolitan Police is more your kind of career - they are also recruiting. Click the link inside to find out more about the various levels and entry requirements. Don't forget that MPCT offer a roll on roll off programme to get students ready for all branches of the armed and uniformed services: fitness training, interview support and much more.
- Final few college open events coming up this month. Pupils must apply to at least TWO colleges before Christmas, as college interviews start in January. When the application form asks for predicted grades, put what you expect to get next August once you have completed all the course and done lots of revision. Do not undersell yourself!
- Cardinal Newman College will be in school this Friday for a lunchtime drop-in session - with lots more after the half term from colleges and apprenticeship providers. Keep an eye on the daily bulletin for more information.
- If any parents/carers would like to be involved in either the Year 11 Mock Interviews with employers, or the annual Careers Fair, then please get in touch: pberry@parklandsacademy.co.uk
- Steven Gerrard Academy are holding an Open Event on Monday 27th October at Bamber Bridge Leisure Centre for anyone who is interested in a career in sport. You will train with professional coaches, meet the tutors and learn more about the education pathways on offer. [Follow this link to register](#)



Have a great half term



Half term edition

IMAGINE A JOB THAT SAVES THE WORLD

#GCW2025



A&O SHEARMAN

Insight to A&O Shearman Virtual Event

Tuesday 4th November - 5:00pm - 6:30pm

Work for one of the UK's Elite Law Firms

This is a very rare and unique opportunity for your students to hear from one of the leading magic circle law firms. During the event they will hear about the solicitor apprenticeship options, in-person events at their offices as well as work experience opportunities.

We're excited to invite you to an exclusive opportunity with one of the most prestigious law firms in the world - A&O Shearman! If you're a Year 11 student with an interest in commercial law, this event is for you.

Event Details

- Date: Tuesday 4th November
- Time: 5:00pm - 6:30pm
- Location: Virtual via Zoom (link will be provided upon registration)

Why Attend?

At this event, you'll get a unique chance to dive deep into the world of A&O Shearman, one of the UK's elite law firms. Known for their innovation and expertise, A&O Shearman has been at the forefront of the legal industry for decades. They handle some of the most complex and high-profile cases globally, working with top-tier clients from every industry. This is your chance to hear directly from professionals who have shaped their careers at one of the most influential firms in the world.

What You'll Learn:

- Career Opportunities: Discover what it's like to work at the firm, and gain an insight into the solicitor apprenticeship programme that can kickstart your legal career.
- Workshops: Commercial Awareness Legal Workshop with a quiz
- Hear about the distinct differences that set A&O Shearman apart from other global law firms
- Exclusive Networking: Gain access to legal experts and discover how you can stand out in the competitive world of law.

Additionally, we will be hosting an in-person event with A&O Shearman before the end of the year, and attending this virtual insight is the best way to learn about it and how to apply for a chance to attend.

This is an unmissable opportunity to learn what sets A&O Shearman apart, and how you can become part of one of the world's most respected law firms. Secure your spot today and get ready to take your first step toward a future in law.

Register now:

https://www.surveymonkey.com/r/AO_Shearman

PRESTON
COLLEGE

YEAR 10 & 11

OPEN EVENTS



SCAN TO



REGISTER

SATURDAY 8 NOVEMBER 10 - 2

www.preston.ac.uk/fe-open-events

SEE FACILITIES MEET STUDENTS & STAFF EXPLORE YOUR OPTIONS

Why choose the Preston Centre of Sporting Excellence?

- Three different vocational levels for 16 to 19 year olds
- Lessons are delivered at Preston College; sports hall, 3G pitch, fitness suites and classrooms
- High level of competition in football with the opportunity to represent Preston College and Preston North End Community and Education Trust (PNECET)
- Work experience opportunities with PNECET
- Assessed through the completion of a portfolio, formal assignments, presentations, in class tests and practical assessments
- A progression pathway into higher education with the University of South Wales, scholarships or employment
- Dedicated recruitment team to support any application or interest



Scan the QR code to complete our
expression of interest form or for further information

 john.lee@pne.com

**Applications for entry September 2026
open on October 1st 2025**



COME ALONG TO OUR APPRENTICESHIP OPEN EVENING

THURSDAY 12TH FEBRUARY 2026
4:00PM-7:30PM

**Business Administration | Leadership and Management
Engineering Operative | Engineering Fitter
Machining Technician | Metal Fabricator
Engineering Design Technician
Mechatronics Maintenance Technician
Maintenance Operations Engineering Technician**

- Find out everything you need to know about Apprenticeships
- Have a tour of our specialist facilities
- Check out our current Apprenticeship vacancies
- Discuss your career options with our team
- Meet some of our Apprenticeship employers

Simply scan the QR code to secure your spot —
it's quick, easy, and only takes a minute!

SCAN ME



01204 677888
info@alliancelearning.com
www.alliancelearning.com

The Hurst Building, Horwich Business Park
Chorley New Road, Horwich, Bolton, BL6 5UE
(behind Horwich fire station)

INVESTIN THE ULTIMATE WORK EXPERIENCE



CAREERS IN CREATIVE INDUSTRIES

Love creative subjects?

Discover how to turn your passion into a successful career!

MEDIA



FILM AND TV



ART AND DESIGN



Join an InvestIN weekend programme this November to:

Learn from experienced professionals working in culture, media and the arts

Gain hands-on experience in a range of mediums

Start building a stand-out portfolio of work to boost applications to competitive universities & colleges

Find out how to begin your creative career in our latest blog post



**View
programmes**

CYBER SECURITY & NETWORKS

ADVANCED NATIONAL
(SINGLE A-LEVEL EQUIVALENT)

This qualification will give you a thorough understanding of cyber security threats and how networks operate, preparing you to progress to further study. It will also equip you with the practical skills to audit measures used on networks to protect against cyberattacks and demonstrate how these can be improved.

You will have the opportunity to demonstrate your capability in:

- assess for risks to networks, devices and applications and creating risk assessments
- explore the options, tools and techniques to tackle problems and use critical thinking skills to select the most appropriate solution
- audit the measures used to prevent cyberattacks
- design policies that control access to systems and educate users in cyberattack prevention

You will spend time outside of lessons learning about the latest cyber security threats and the measures used to prevent cyberattacks.

You will be assessed with two external exams and three internal coursework assessments over the course of two years.

Study with Computing: Application Development and/or IT Data Analytics

POTENTIAL CAREERS

- Network Administrator
- Cyber Security Analyst (Entry-Level)
- IT Support Specialist
- Security Operations Centre (SOC) Analyst

INFORMATION TECHNOLOGY

ADVANCED NATIONAL
(SINGLE A-LEVEL EQUIVALENT)

This qualification will equip you with the confidence to use practical IT knowledge and skills relevant for future study in an IT role or a wide range of other career pathways. You will develop practical skills for gathering, storing, analysing and accessing data as well as visualisation and presentation.

You will develop skills in the advanced use of spreadsheets and databases, explore the Internet of Everything and work with digital marketing. Data is all around us in today's digital world and no matter your career path the ability to work effectively with IT tools to use data to guide a business will make you an invaluable asset to any organisation.

You will have the opportunity to demonstrate your capability in:

- planning, developing and reviewing spreadsheet data models that meet the needs of a client
- developing creativity through opportunities for planning creative solutions that meet the needs of different clients or end-users
- developing skills of project-based working in the internally assessed units You will be required to complete individual tasks that combine to form a larger project
- managing different aspects of a project effectively to ensure the success of the whole project

You will spend time outside of lessons learning how to use different software packages to create solutions to problems.

You will be assessed with two external exams and three internal coursework assessments over the course of two years

Study with Cyber Security & Networks and/or Computing: Application Development

POTENTIAL CAREERS

- Data Analyst
- Business Intelligence Analyst
- Reporting Specialist
- Junior Data Scientist

Gaining Experience Beyond The Classroom

INVESTIN
THE ULTIMATE WORK EXPERIENCE

Why?

Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

Work Experience

What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



Remember, not all your work experience needs to be industry-specific - any experience provides you with transferable skills!

What?

- **Shadowing**
Observing someone in a working environment
- **Volunteering**
Such as at charity shops, care homes or tutoring
- **Insight days & workshops**
Online or in-person programmes for students
- **Part-time job**
Such as in a cafe/restaurant, shop assistant
- **Formal placements & internships**
Typically more widely available for 18+

Where?

- **Look local**
Research organisations in your local area and enquire about shadowing or volunteering opportunities
- **Use your network**
Ask friends, family, teachers for any relevant connections
- **Look out for formal schemes**
Research opportunities for school students on sites like [Prospects](#), LinkedIn or the [Student Ladder](#)

Extracurriculars

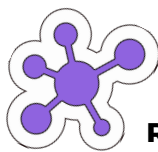


Consider what you already do outside of school - **what does it say about your interests or skills?**

Then, consider how you could develop further the skills required for your dream university course or career.

Socialising

Communication
Empathy



Sport

Leadership
Teamwork

Music or drama

Creativity
Commitment

Reading & writing

Analytical thinking
Attention to detail

What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

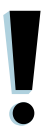
Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday

Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen course!

THINK: why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

Looking to gain work experience? Check out InvestIN's programmes at www.investin.org



**CARDINAL
NEWMAN
COLLEGE**

OPEN DAY

10AM - 1PM

*Apply Online
Today!*

**SAT
15
NOV**

CARDINALNEWMAN.AC.UK

Our Open Events this year are:
Saturday 15th November with a final event on
Saturday 7th February - all from 10am - 1pm

**ENERGISING
FUTURES**

Creepy, crawly, cool careers for Halloween!

Radiographers

use x-ray and other machines to see inside our bodies.

Entomologists

work with insects to prevent the spread of disease, increase pollinators and determine time of death.

Top essential skill

Special effects make-up artists

use materials to create realistic-looking wounds and terrifying monster faces!

Astronomers

study the Universe including the planets, stars and moons.

Haematologists

diagnose and treat patients with blood, bone marrow and lymphatic system disorders.

Which job would
you like to do?

Broadening Horizons Careers Event

Tuesday 4th November, 9:00 am – 3:00PM

Check out **“Broadening Horizons”** at **Inspire Youth Zone,**
Chorley!

Come along for your chance to see what’s out there career wise.

We’ll have different companies running fun, hands-on workshops where you can try new things, learn new skills, and maybe even find a career you’re into. From creative challenges to problem-solving activities, these workshops are all about thinking differently.

It’s a cool opportunity to step outside the classroom and get a feel for what your future could look like!

Email **Josie.cawdry@inspireyouthzone.org** to book your free place.



This is in half term - but you can register to attend anyway - email Josie to book your place

INVESTIN THE ULTIMATE WORK EXPERIENCE

Discover a career in STEM



Programmes are running for ages 15-18 this November at UCL, London or Live Online. Meet professionals in STEM and gain essential skills and experience for future applications.



REGISTER NOW

Programmes available:

✓ Medicine

✓ Engineering

✓ Veterinary

✓ Psychology

✓ Computer

✓ Investment banking

✓ Forensic

✓ Dentistry



RUNSHAW COLLEGE

You are invited to our

Open Event

Saturday **15 November** 10am - 2pm



Important Notice regarding interviews for Runshaw College

Year 11s will be invited into Runshaw this year, for their college interviews.

Students will be welcomed at reception, have their interviews in designated 15 minute timeslots and they will then have the opportunity of a tour of the college campus, with parents/carers, who may themselves have questions.

Parklands interview date is: Monday 9th February

Once the students apply, they will be emailed the date and time of their interview. Depending on how big the year group is they will be split into sessions/appointments from **4:30pm - 8pm**.

If the student cannot attend on their designated evening, they will be invited in on a date and time that suits them up until July.

Please note: Interviews for Wigan & Leigh College and Preston College will still be held in school.

- **Wigan & Leigh College: 21st January 2026**
- **Preston College: 23rd January 2026**

with follow up interviews if necessary, in school, including for apprenticeships.



YOUTH FUTURES DROP IN

ARE YOU 16 OR 17 AND NOT IN SCHOOL OR WORKING?

We can help you with;

- Your next steps
- Getting into education
- Finding work
- Building your confidence
- Boosting your skills

Let's work together to figure out your next steps!

DROP IN



Chorley Library, PR7 1EB



Monday 1-4pm

Usually I'm there, but
best to check!

CONTACT US



07917 534459



01772 531 044



[@youthfutures_team](https://www.instagram.com/youthfutures_team)



youthfutures@lancashire.gov.uk

PRESTON COLLEGE



St Vincent's Road
Preston
PR2 8UR

W www.preston.ac.uk
T 01772 225522
E info@preston.ac.uk



www.preston.ac.uk/apply

APPLY NOW FOR SEPTEMBER 2026!



Fleetwood Nautical Campus – Maritime Open Day

Location: Broadwater, Fleetwood FY7 8JZ

Date: Thursday 27th Nov – 13:30 until 17:00

Registration: <https://fleetwoodnautical.blackpool.ac.uk/maritime-careers-events>

For anyone interested or considering a career at sea, this is the perfect event for you.

Staff at Fleetwood Nautical Campus will be on hand to discuss how you will move through phased learning in both the classroom and at sea, as well as current students to learn about their experiences.

You'll also have the chance to meet with representatives of Clyde Marine Training who can explain how a cadetship works, including the fact that tuition fees are paid by your sponsoring company, and you'll receive a monthly payment while you study.

You can look around of our world class facilities:

- classrooms/workshops
- marine engineering centre
- halls of residence

And see demos in our:

- environmental pool
- bridge simulators
- engine room simulators

With career paths in nautical science (deck), marine engineering and electro-technical, there's something for everyone!

To reserve your place, click the registration link above.

Clyde Marine
Training

**FLEETWOOD
NAUTICAL
CAMPUS**



MARITIME CAREERS OPEN EVENTS 2025-26

2025

THURSDAY 27 NOVEMBER 2025 - 13.30 - 17.00

2026

SATURDAY 7 FEBRUARY 2026 - 10.30 - 14.30

THURSDAY 16 JULY 2026 - 13.30 - 17.00

**Fleetwood Nautical Campus
Broadwater
Fleetwood
FY7 8JZ**

**<https://fleetwoodnautical.blackpool.ac.uk/>
<https://careersatsea.org>**

You can look around our world class facilities:

- marine engineering centre
 - environmental pool
 - bridge simulators
 - engine room simulators
 - electro-technical lab
 - halls of residence
 - firefighting demonstrations
- and more!

You'll also be able to meet with shipping/training companies offering sponsorship opportunities, talk to our tutors and hear our current students talk about their experiences.

Register today!



*We look forward to
welcoming you!*

OPEN EVENTS 2025



SCAN TO BOOK



Saturday 4th Oct
10.00 - 13.30



Thursday 16th Oct
16.30 - 19.30



Thursday 6th Nov
16.30 - 19.30



VISIT OUR WEBSITE

www.sjr.ac.uk

FOLLOW US ON

@stjohnrigbysixthformcollege

@sjrcollegeofficial



**St John Rigby
College**

ART CLUB

2026

**AN 8 WEEK PROGRAMME
THURSDAY EVENINGS
4.30-5.30PM**

AT THE SIXTH FORM BOLTON



You will work with specialist tutors who will support your creative making teaching you a variety of subject specific techniques and processes from digital photography and studio techniques, through to painting and drawing, fine art textiles techniques and digital image manipulation and animation techniques.

5 & 12 FEB: PHOTOGRAPHY

26 FEB & 5 MAR: FINE ART

12 & 19 MAR: TEXTILE DESIGN

26 MAR & 2 APR: GRAPHIC DESIGN

SIGN UP HERE

afterschoolclubs@bolton-sfc.ac.uk

**COST
£20.00**



Each week will build on the last, we encourage you to use the themes you are working with in either your current coursework or exam project for GCSE BUT if you are not studying GCSE Art & Design you can still join ART CLUB and complete the 8 week program using your own theme 😊



Sixth Form Centre

OPEN EVENING

Tue 18 Nov

5.30pm – 8.30pm

BOOK NOW – burnley.ac.uk



BOOK NOW



PREPARING LIFE

FOR WHAT YOU'LL THROW AT IT

Our Military Academy
holds open days **every Friday.**

GET IN TOUCH TODAY TO BOOK YOUR PLACE!

- 50% physical and 50% academic training.
- Our roll-on roll-off course means you can join today!
- 90% of our learners progress into military or civilian roles.
- Financial support available.

IN ASSOCIATION WITH



IN COOPERATION WITH



IN ASSOCIATION WITH



SCAN NOW TO
BOOK YOUR PLACE



visit **mpct.co.uk**

call **0330 111 3939**

Proud to be



ranked **number 2***
nationally for **A-Levels**
& **Technical** courses

*in the Government's latest achievement tables for learners aged 16-18.

blackburn.ac.uk

Sat 15 Nov
10am - 1pm



Blackburn
College

Open Event

**Sign
up
now**



blackburn.ac.uk





University of Central Lancashire

Training 2000



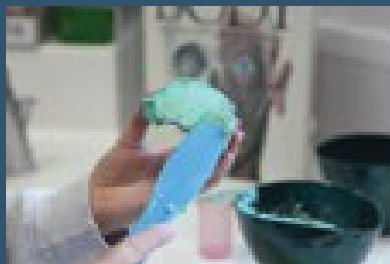
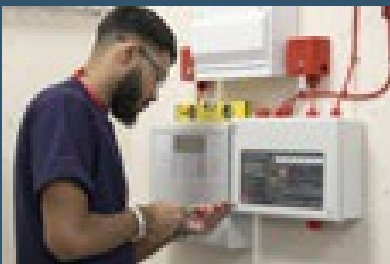
Apprenticeship open evenings

Explore our site, discover our facilities and talk to staff and students about the courses you want to study at our Apprenticeship Event.

**Wednesday 28th January &
Thursday 29th January 2026**
between 4.30 - 7.30pm

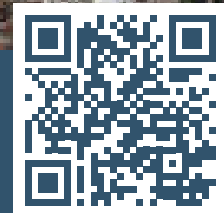
Where: Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

Accountancy | Business | Dental | Engineering | Fire & Security | Optical | Scaffolding



Book your place:

www.training2000.co.uk/events



Part of the
University of
Central Lancashire



University of
Central Lancashire
UCLan

Traineeships

Apprenticeships



July 25 M1164 Training 2000 Ltd is a company limited by guarantee. Registered in England: 2380675 Registered Charity: 701770

OPEN

EVENTS

**AT THE
COLLEGE FOR
TECHNICAL
EXCELLENCE**



PARSONS WALK CAMPUS (WN1 1RR)

4.30pm - 7.00pm

**Monday 6 October 2025
Monday 3 November 2025
Monday 26 January 2026
Monday 27 April 2026**

LEIGH CAMPUS (WN7 4JY)

4.30pm - 7.00pm

**Monday 13 October 2025
Monday 10 November 2025
Monday 2 February 2026**



Myerscough
College & University Centre
EMPOWERING FUTURES
Since 1894

- ✓ School Leavers
- ✓ Apprenticeships
- ✓ University Degrees

Course Advice Morning



The
North West
centre for
land-based,
sport, engineering
and science
education

**Download
our 2026 School
Leaver Prospectus**

Saturday 4th October 2025
Saturday 15th November 2025

**CENTRES ACROSS
THE NORTH WEST**

**PRESTON • WARRINGTON
LIVERPOOL • MANCHESTER**

www.myerscough.ac.uk

10 GREAT REASONS TO BECOME A SCIENTIST OR ENGINEER



1. DEVELOP ALL THIS...

- **Artificial limbs** and **vaccinations** against diseases
- **Wind farms** and **electric vehicles** to help save the planet
- Make-up that automatically matches skin tone
- **Spacecraft** for future tourists
- Smart fabrics with **in-built digital technology**
- **Supercomputers** that predict the effects of climate change



2. WORK IN YOUR FAVOURITE INDUSTRY

From **food**, **medicine** and **renewable energy** to **sport**, **gaming** and **music**



Scientists & engineers are needed everywhere!

++++
++++
++++
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3. MAKE A DIFFERENCE

Help tackle some of the world's biggest challenges, like developing renewable power, responding to natural disasters and improving cyber security.



4. EARN GREAT MONEY

On average, engineering apprentices **earn almost double** the national minimum apprentice wage.



The average starting salary for people with **engineering and technology degrees** is **higher** than for other graduates.

5. BE IN DEMAND

People with **science, technology and engineering** skills are needed now and in the future, to innovate and respond to our changing world.



6. HAVE YOUR PICK OF FUTURE CAREERS

Capture tidal energy, design a robot, discover a cure for cancer... or do a job that doesn't even exist yet!

Continuing with maths and science – especially physics – keeps your options open for as long as possible for jobs in science, engineering, technology, law, business, space, architecture and much more.



7. CHOOSE YOUR OWN ROUTE

Go to college, do an apprenticeship, take a T level, get a university degree or combine different routes.



8. TRAVEL THE GLOBE

Work in **dynamic teams** with people from different backgrounds, on exciting projects all over the world.

9. GAIN RESPECT

Be remembered for your work and go down in history for designing incredible structures, making awe-inspiring advancements in technology, discovering planets or identifying crucial genetic codes.



10. DESIGN, CREATE & INNOVATE

Subjects like design and technology, art and computing can help pave the way to careers that **revolutionise the way we live**.



Find out more about careers in science, technology, engineering and maths:

Engineering
neonfutures.org.uk/my-world

Technology
techskills.org/careers

Biology
rsb.org.uk/make-a-difference

Chemistry
edu.rsc.org/future-in-chemistry

Physics
iop.org/careers-physics

Maths
mathscareers.org.uk



Winstanley College

EXCELLENCE SUPPORT INSPIRATION



- **Saturday, 27 September:** 9:30 am – 12:30 pm
- **Wednesday, 15 October:** 5:00 pm – 8:00 pm
- **Thursday, 6 November:** 5:00 pm – 8:00 pm

Booking link:



All Year 10 and 11 students and their families are invited to attend.

See our website for more details - www.winstanley.ac.uk

Any queries please email admissions@winstanley.ac.uk or call 01695 628610

QEGS SIXTH FORM

Sixth Form Open Evening

Thursday 20th November 2025 | 5.00pm-7.00pm



Apply now: QEGSblackburn.com/sixth



@QEGS_Blackburn



/QEGSBlackburn

Ofsted
Rated Good
with Outstanding features

QEGS
MULTI ACADEMY
TRUST

01254 686300 | sixth@QEGSblackburn.com | QEGS Sixth Form, West Park Road, Blackburn, BB2 6DF



**THINK OF YOUR PATH TO SUCCESS IN
STAGES, YOU HAVE JUST STARTED
THE FIRST STAGE.**

SAAHIRAH AHMED, APPRENTICE

#NCW2025

National Careers Week

NCW

Headline Partner:

NatWest
Thrive

Subject Guide Videos



These impartial videos have one key aim. To support students who are considering university to make informed future subject decisions. They feature guest speakers from a range of different universities, who are always experts in the subject being explored.

Including the UK's first video subject guide!

Different subjects, but the same four themes explored in every single one:

- Why students may wish to consider the subject
- What to expect if they study it
- An overview of the careers it may lead to
- Application tips if they go on to apply

From Accounting to Zoology - and 100's of subjects in between. You can browse any of the videos, search by keyword, or filter by subject.

[CLICK HERE](#)





DID YOU KNOW?

T-LEVELS

are available in 21 subjects.
Whatever you want to be, from
a data analyst to a nurse,
a T Level can support you.

Find out more at tlevels.gov.uk



DO YOU KNOW THE 3 COMMON TYPES OF LANGUAGE?

When you start work it's important to know what type of language to use, and when, so you can communicate clearly and professionally.

INFORMAL LANGUAGE

Sounds like...

Relaxed **Slang** Friendly
Jokes

Used when....

Talking to friends and people you know well. Social situations. On social media. Telling a story or joke.



FORMAL LANGUAGE

Sounds like...

Complete sentences and full words
Sophisticated

Used when....

Speaking in professional settings. Talking to a boss or teacher. Meeting someone for the first time. Presentations.



TECHNICAL LANGUAGE

Sounds like...

Advanced **Subject specific**
Expert

Used when....

Sharing knowledge. Revising. Working with someone with shared expertise. Explaining a process.



Practice using different types of language at home.

Answer the same question two different ways – talking to a friend, and talking to the head teacher
How many formal and informal ways can you list of saying 'hello' and 'goodbye'?
List different technical words used in your favourite subjects

© McDonald's 2023



Celebrating black scientists: Ones to watch

Sigourney Bonner

A researcher looking for a cure for a **childhood brain cancer** and **educating people** about early cancer diagnosis.



Emanuel Wallace (Big Manny)

A science **content creator** with over two million subscribers, **making chemistry fun** for everyone.



Ellenor McIntosh

Invented **Twipes**, the first truly **flushable wet wipe** that breaks down in water in just three hours.



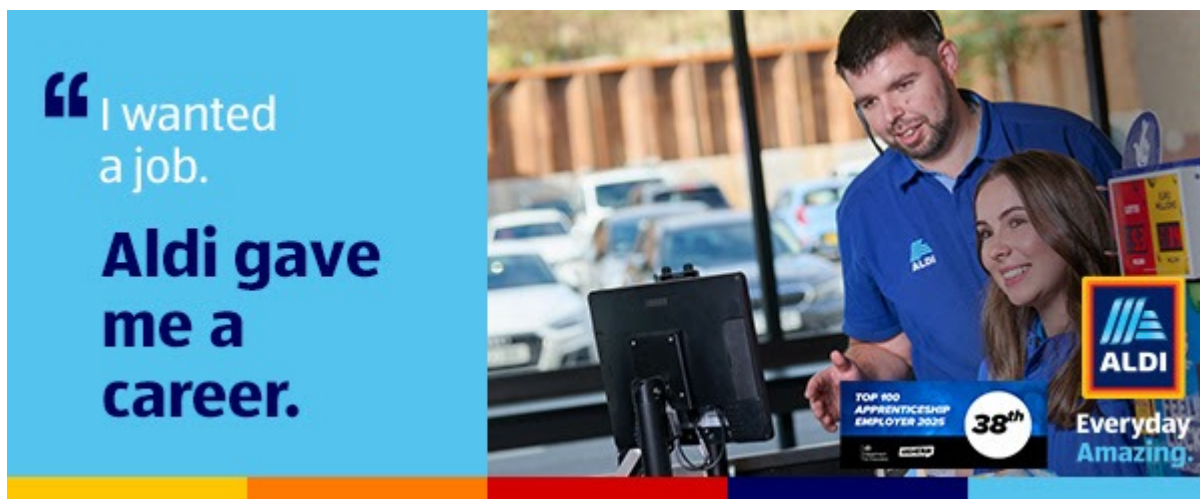
Adewunmi Akingbola

A public health scientist and founder of **HealthDrive Nigeria**, raising awareness of and vaccinating people against **Hepatitis C**.



Be inspired!

Will you be a scientist to watch in the future? How will you change the world?



Your Child Can Earn Whilst They Learn With Aldi

Has your child considered joining #TeamAldi as an **apprentice**? Apprenticeships can be a potential lifeline to young people looking for that first opportunity in a competitive job market.

With Aldi, your child can jump headfirst into the world of work and achieve a nationally recognised qualification – **all whilst getting paid!** It's no wonder we are a Top 100 Apprenticeship Employer, having enrolled over 3,000 apprentices so far this year!

Many of our amazing apprentices have gone on to have incredible **life-long careers** at Aldi and even progressed into management roles.

Career Starter Stores Apprenticeship: UK-wide

- No qualifications or previous experience needed
- 12-15 month programme
- Achieve a Level 2 Retailer qualification (equivalent to 5 GCSE passes)
- Chance to complete Functional Skills qualifications in English and Maths

Store Management Apprenticeship: UK-wide

- Grade 4+ in GCSE English and Maths needed
- 3-year programme
- Achieve Level 2 Retailer and Level 3 Team Leader qualifications (equivalent to 2 A-level passes)
- Ideal for students with big ambitions – fast track to a rewarding career in management

Aldi Apprenticeship Salaries

- Career Starter: £264 p/w salary
- Store Management: £264 p/w starting salary, rising to £371 p/w in year 3
- Paid breaks: worth an extra £1,425 a year on average!

Start the conversation - our Aldi apprenticeships could shape your child's future!



“With hands-on experience and support, I've gained valuable skills. My confidence has grown making me excited for my career!”

Molly, Apprentice of the Year Winner 2024

APPLY NOW

**ALDI MEANS
MORE**



OPEN EVENTS 2025

WEDNESDAY 8 OCTOBER

Open Evening - 5.00pm - 8.00pm

to include a 30-minute quiet session 5.00pm-5.30pm*

SATURDAY 22 NOVEMBER

Open Day - 10.00am - 1.30pm

to include a 30-minute quiet session 10.00am-10.30am*

*Reduced number session - places will be reserved for visitors with special educational needs and disabilities, including those with social or sensory challenges.



WE ARE A CENTRE OF
EXCELLENCE FOR
ACADEMIC AND VOCATIONAL
PROGRAMMES



BOOK HERE

Scan the QR code or visit:
www.bolton-sfc.ac.uk





"I collaborate with people across the world and see the future being created in front of my eyes. I interview people about their experiences with robots, publish scientific reports and have the support of academics."

Researcher

"Plenty of room to be creative"

"I work to help transform the energy landscape for a more sustainable future. To achieve this I participate in investigatory research, write reports, analyse data, and design, build and test robots."

Offshore Renewable Energy Engineer

"Work with a wide range of manufacturing industries"

"Fast moving field with applications only limited by imagination"

"Exceed human capabilities"

"I have a great sense of achievement seeing how my work contributes to exploration and mankind's presence in space. I develop artificial intelligence algorithms and apply these to robotic systems in order to provide automatic health monitoring, as well as developing front end interfaces to visualise the health data we receive."

Artificial Intelligence Engineer

"See the future being crafted"

"I love the problems to solve, no two days are alike"

CAREERS IN ROBOTICS





Give your students a head start with

4 SKILLS
WORK EXPERIENCE

SIGN UP NOW

Who are 4Skills?

4Skills is Channel 4's training and development team, here to help you kick-start a career in TV and the creative industries. They create opportunities for young people who might not know where to start, making the media world more open and diverse. With 4Skills, it's all about giving you the confidence and skills to explore exciting creative paths.

SIGN UP NOW



What is virtual work experience?

It's an online programme where young people complete real-world tasks, challenges, and insights from industry professionals, all from home and at their own pace.

Sign up today to...
Channel 4 Work Experience.



-  IT'S VIRTUAL
-  IT'S FLEXIBLE
-  IT'S FREE

You have until 19th December to complete your work experience online. Unlock badges and certificates as you learn more about TV and Broadcasting...

SIGN UP TODAY



SIGN UP TODAY



Scan Me

WESTHOLME

PREP | SENIORS | SIXTH FORM

M1SS
Saigon

School Edition

26 - 29 NOVEMBER

CROSTON THEATRE - 7PM

Westholme School | Wilmar Lodge | Meins Road | Pleasington | BB2 6QU

www.westholmeschool.com

HOW MANY PEOPLE DOES IT TAKE TO MAKE A CHOCOLATE BAR?

tasty
CAREERS
in food & drink

FARMERS

dedicate extensive time and resources to grow essential ingredients such as cocoa beans and sugar, as well as dairy farmers who produce the fresh milk.

CHOCOLATE MANUFACTURERS then transform them into the delicious chocolate bars we enjoy. **AGRICULTURAL & SUSTAINABILITY EXPERTS** oversee farming practices to ensure sustainable and high-quality harvests.

FOOD SCIENTISTS develop unique flavour combinations and production techniques, while **QUALITY CONTROL SPECIALISTS** rigorously test each batch for consistency and safety.

In modern **CHOCOLATE FACTORIES**, **PRODUCTION MANAGERS** work alongside **MACHINE OPERATORS** to efficiently roast, grind, and refine the cocoa beans, mix in sugar, milk, and other ingredients, then pour the chocolate into molds. **ENGINEERS** design and maintain sophisticated equipment for precise measurements and rapid production.

Meanwhile, **RESEARCH AND DEVELOPMENT TEAMS** experiment with new flavour profiles and healthier alternatives, responding to evolving consumer preferences.

PACKAGING EXPERTS create eye-catching wrappers and boxes, ensuring they are fully recyclable, collaborating with **MARKETING TEAMS** to attract consumers and develop advertising. **LOGISTICS EXPERTS** ensure efficient distribution, and **SALES TEAMS** work with retailers to keep store shelves stocked with a variety of chocolate bar options. Finally, when you unwrap and enjoy that rich, smooth chocolate bar, remember the intricate network of professionals who made that moment of chocolatey bliss possible.

From cocoa bean to chocolate bar, it takes a complex system to bring that delectable chocolate treat to you.

BET YOU THOUGHT IT WAS JUST COCOA AND MILK!

To find out more about the type of career opportunities available within the Food & Drink Manufacturing Industry visit:

TASTYCARERS.ORG.UK



FIND US ON FACEBOOK



Nestlé

OPEN EVENTS

5-7PM

15TH OCTOBER

18TH NOVEMBER

15TH DECEMBER

9TH FEBRUARY

12TH MARCH

12TH MAY

18TH JUNE



Retail Apprenticeship What skills do you gain?

It's not just about stacking shelves!

RETAIL

Learn about all areas of retail and how a store works across all areas.

BUSINESS

Develop an understanding of how a business works - on a store and national level.

CUSTOMER SERVICE

Develop customer service and communication skills in a wide range of scenarios.

SOCIAL MEDIA

Gain knowledge of the impact social media has on brand reputation.

TECHNOLOGY

Become proficient at using a range of different technologies.

FINANCE

Handle money and using financial operations in real-life situations.

STOCK

Learn to manage stock availability using systems and procedures.

PRODUCT PLACEMENT

Develop an understanding of product placement promotional activities.

TEAMWORK

Build your people and teamwork skills by working with a wide variety of colleagues.

TIME MANAGEMENT

Progress your time management skills and learn how to prioritise tasks.

PROBLEM-SOLVING

There will be lots of opportunities to develop your problem-solving skills in retail.

COMMUNITY

Gain knowledge of supporting local communities.



Retail Apprenticeship Where could it take you?



JANG

STRONGER STARTS

RETAIL

APPRENTICESHIP



TOM

HUB OPERATOR

Interested in a career in security? A Hub Operator position may be perfect for you. Identifying risks and creating reports will be a big part of your day to day!

1

SHIFT LEADER

The Shift Leader oversees shifts and coordinates the team to maintain a safe and efficient store environment. They are always looking for ways to improve customer service.

PROJECT MANAGER

Project Managers are present across Tesco stores, playing a crucial role in maintaining store safety and ensuring staff satisfaction.

2

STORE MANAGER CONVENIENCE

Store Managers plan and manage work streams, with a focus on continuously improving Tesco's service to customers, communities and the environment each day.

AREA MANAGER

An Area Manager's goal is to create an excellent shopper experience. They understand the business inside and out and strive to create a supportive and compliant work environment.

3

CENTRE MANAGER

This position will place you at the core of Tesco's various centers, where you will be responsible for inspiring a large team and ensuring that all staff members provide exceptional service.

YOUR FUTURE

Find out more: www.amazingapprenticeships.com/tesco





TESCO

**Stronger
Starts**

MEET ZOE

Level 2
Retail Apprentice



Watch Zoe's
story here

Age 16+ and looking for your next step? Kick-start your career with our Stronger Starts Retail Apprenticeship.
To find out more visit:

www.tesco-programmes.com/apprenticeships/stronger-starts-retail

Become a Met Police Officer with a starting salary of over £42k



Unlock your potential, support London's communities and make London a safer city for all.

The Met is working hard to drive more trust, reduce crime, and maintain high standards for London and its communities.

To do this the Met recognises the need to change. Whilst that change takes time, **we want people like you** to join and help to make a big difference.

We're looking for people who share our values of integrity, courage, accountability, respect and empathy who are committed to working hard to bring offenders to justice, protect vulnerable people and deliver the change needed for London and its communities.

As a police constable in London's Met, you'll join over 30,000 colleagues working across 32 boroughs, where every day brings a fresh challenge, the chance to learn something new and help others. With a city as large and diverse as London you'll discover endless career opportunities the Met has to offer, opportunities unlike anywhere else.

With your determination, we will help you reach your full potential as a Met police officer and be the best you can be for yourself, your community and London.

Visit our website for more information on becoming a Met police officer and the entry routes available.

Change Needs You.

[Apply now](#)

NEW

COLLEGE

PODCAST

COLLEGE COMPASS

**UNLOCK THE
SECRETS TO
A SUCCESSFUL
CAREER**

**GUEST SPEAKERS
ADVICE & GUIDANCE
INDUSTRY KNOWLEDGE**

LISTEN NOW ON SPOTIFY



MENTORVERSE

The tech industry is filled with various opportunities, covering everything from cybersecurity and app development to game design, healthcare, and sustainable energy. For students aged 14-18, diving into these fields early can ignite their passions, build essential skills, and set them on the path to a successful future.

With this in mind, I'd like to formally invite your students to the Tech Mentor No-Code Hackathon on **Sunday 9th November** from 10am-4pm.

[CLICK HERE TO REGISTER](#)

The Tech Mentor No-Code Hackathon is a hands-on, team-based virtual event where students will have the chance to:

- Build their own app to solve a real-world challenge, with no code needed.
- Develop essential skills like problem-solving, teamwork, and creativity.
- Create a portfolio of work they can showcase for jobs, apprenticeships, or university applications.
- Explore the wide variety of career opportunities in tech, from app development to green energy.
- Work in a safe, supportive environment where mistakes are part of the learning process.

And this is all from the comfort of their own home! This event is open to students aged 14–18 and is designed to be accessible to everyone, regardless of their experience with technology. Here's what they can expect:

- The hackathon will be fully online via Zoom, running from 10am to 4pm (UK GMT).
- Students will work in teams to tackle a surprise real-world challenge using no-code platforms.
- They'll be guided by experienced mentors who will support them throughout the day.
- Each participant will receive a certificate of participation
- The cost is £15 per student, which covers platform and administration costs.

Winners from this hackathon will be invited to the National Finals on 11th July 2026, where they'll compete for:

- 1st Place: £1,000 for the winning team and £100 to each winning team member's school.
- 2nd Place: £750 cash prize for the team.
- 3rd Place: £500 cash prize for the team.

Students will be allocated to random groups on the day to keep the competition fair and enhance your networking experience! This is a chance for you to meet likeminded students beyond your school environment and start building your Tech Network!

If your students are unable to attend, we also have Hackathon's available on Saturday 13th December 10am-4pm and Sunday 11th January 2026.

Spaces are limited, so register early to avoid disappointment:

[CLICK HERE TO REGISTER](#)



EVERYTHING YOU NEED TO KNOW ABOUT APPRENTICESHIPS...

SO, WHAT'S AN APPRENTICESHIP?

- ★ A **recognised** qualification
- ★ That **many** employers are looking for
- ★ Where you **earn** while you **learn**
- ★ Blending **classroom** and **on-the-job** experience

IS AN APPRENTICESHIP FOR YOU?

- ✓ Apprenticeships take between **1 & 4 years** to complete
- ✓ Is it the **best way** to get into your chosen **career**?
- ✓ Do you like the idea of **mixing work** with **study**?
- ✓ Would you like to **earn** while you train?

WHAT YOU CAN EXPECT:

- ⊕ A widely **respected** qualification
- ⊕ Practical work **experience**
- ⊕ A boost in **confidence**
- ⊕ At least **£3.30** per hour

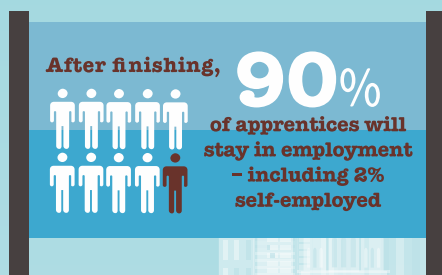
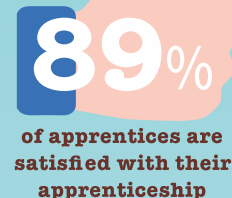
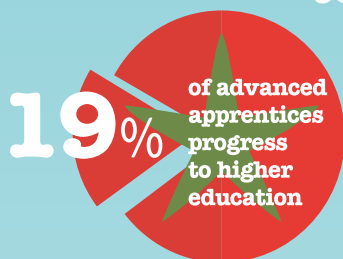
WHERE COULD AN APPRENTICESHIP TAKE YOU?

- **Career development** with your current employer
- Apply for **new jobs** with other employers
- Continue your **education**
- Apprenticeships go from **Level 2** all the way up to **degree level**, so you can start one at any stage of your career

HOW DO YOU GET STARTED?

- ▶ Visit tastycareers.org.uk/jobs to see available apprenticeship vacancies
- ▶ Follow us on Twitter @TastyCareers
- ▶ Like us on Facebook "Tasty Careers" to get latest updates on vacancies
- ▶ Visit the Government's apprenticeship website gov.uk/apply-apprenticeship

SCUMPTIOUS STATS ABOUT APPRENTICESHIPS



covering more than **170** industries

USE YOUR LOAF!

JUICY JOBS!

MEATY ROLES!

DAIRY JOBS!

'BEEFY' ROLES

APPRENTICESHIPS LINKED TO HEALTH & SOCIAL CARE

- COMMUNITY HEALTH & WELLBEING WORKER
- DIETITIAN
- OCCUPATIONAL THERAPIST
- PARAMEDIC
- PHYSIOTHERAPIST
- PLAYWORKER
- PUBLIC HEALTH PRACTITIONER
- SAFEGUARDING SUPPORT OFFICER
- SOCIAL WORKER
- YOUTH SUPPORT WORKER
- AND MANY MORE!



Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.
amazingapprenticeships.com

SCAN ME



FOUNDATION APPRENTICESHIPS



Explore this exciting new apprenticeship programme

What are foundation apprenticeships?

Foundation apprenticeships help young people gain technical knowledge and skills while earning a wage. They are designed for young people typically aged 16 to 21 (or 22-24 meeting the eligibility criteria) who want hands-on experience in key sectors like construction, digital and social care. These level 2 apprenticeships combine technical knowledge and skills with workplace learning, helping the apprentice to decide their next career steps.

Which standards are available?

The [first foundation apprenticeships](#) focus on industrial strategy and government mission areas, including:

Engineering & manufacturing

- Building service engineering
- Engineering and manufacturing

Construction

- Finishing trades
- Onsite trades

Digital

- Hardware, network and infrastructure
- Software and data

Health

- Health and social care

Where can you find vacancies?

As foundation apprenticeships are a new programme from 1st August 2025, it may take some time before we start to see lots of vacancies become available. Vacancies will start to appear on the Government's [Find an Apprenticeship website](#), as well as other jobs sites, employer websites and social media.

Who can be a foundation apprentice?

Foundation apprenticeships are only available for young people who are:

- aged between 16 and 21 (or 15 years of age if the apprentice's 16th birthday is between the last Friday of June and 31st August)
- aged between 22 and 24 years old, who either
 - hold an Education, Health and Care plan
 - have been, or are, in the care of their local authority
 - are in prison or a prison leaver

KEY FACTS



Foundation apprenticeships

- typically last for 8 months.
- support progression to more specialised apprenticeships (level 2 or 3) or direct entry to employment.
- help apprentices to develop employability skills and behaviours common to the workplace.
- are paid positions where the apprentice must be paid at least the National Minimum Wage for Apprentices.
- are currently available in 4 sectors, covering 7 different job roles.
- are for young people aged 16-21 (or 22-24 meeting eligibility criteria).
- have their own apprenticeship standard and assessment plan.

Learn more about apprenticeships and technical education
amazingapprenticeships.com

MENTORVERSE

Your aspiring medical and dental students in years 10-11 are eligible to attend a **FREE LIVE VIRTUAL 'Get into' Conference** on:

Get Into Medicine:

- **Sunday 26th October from 9am - 1.30pm**
- **Sunday 16th November from 9am - 1.30pm**

Get Into Dentistry:

- **Sunday 9th November from 9am - 1.30pm**

Once students have attended, they will be awarded with a certificate from the Presidents at Mentorverse to acknowledge that they are a student who has gone one step further than others.

The Get into conference is a significant turning point for aspiring medical and dental students. It will unlock exclusive opportunities, such as scholarships and prizes, and help them make a highly competitive application.

Students and parents can register using this link:

Medicine: <https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Dentistry: <https://airtable.com/appgXnyzN5ZD9lw6/shrBuiR7SBACc19kE>

The **Get into Conference** is a comprehensive guide to the medical and dental application process. Dr Kennedy, Dr Safiyyah and I will cover:

- Application Timelines
- How to Tactically Choose Medical/Dental Schools
- Personal Statements
- Interview Schools
- National Leadership and Awards Programmes
- Accessing Work Experience
- UCAT Exam
- Accessing Scholarships

We strongly encourage all students to make the most out of this free opportunity.

Spaces are competitive and limited, so students should register as soon as they can using the link below.

Registration Links:

Medicine: <https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Dentistry: <https://airtable.com/appgXnyzN5ZD9lw6/shrBuiR7SBACc19kE>

Getting into medicine/dentistry may seem impossible to many students, but we're here to break down the entire process into actionable steps.

Previously successful Medical students: <https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

Scan to
register!

LIVE!

FREE

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!

Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>



Scan to
register!

LIVE!

FREE

Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
- Entrance Exam: UCAT
 - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!

MEDIC MENTOR



YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals
Birmingham**
NHS Foundation Trust



Follow multiple patients over a 6-month period, as they go from their initial injury to recovery. It is amazing how many different healthcare professionals are involved in a patient's care. This incredible opportunity showcases a variety of professionals in one day. It gives students a chance to see them in action in various settings from the ward to the community. It is also a fantastic opportunity to see them work together in a multidisciplinary team.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and also each other. Students will have an opportunity to ask questions and gain knowledge through teaching. This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Once they've registered, students will be emailed links to their virtual work experience portals.

Please ask students to check their spam folders and mark their attendance on the day in order to receive their Work Experience Certificates.

This programme is suitable for students in year groups 10/11 who are interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

The sooner students begin work experience, the better. During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in their UCAS applications.

Students will receive certificates as evidence of having participated in the work experience programme. Those that complete the full 5-month programme will also be awarded Highly Commended References.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Join Every First Sunday Of The Month!



Scan to
register!

LIVE!
VIRTUAL

Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and
what they do day to day, you will **dive into live work experience sessions**
from the safety of your home.

Witness the journey of two patients from injury to recovery over 6
months, and experience how many different healthcare professionals
are involved in a patient's care, from hospital all the way through to a
community team.



ALLIED
HEALTHCARE
MENTOR



CAREER *of the* WEEK

Dispensing Optician

Dispensing opticians dispense and fit spectacles and other optical aids, working from prescriptions written by optometrists and ophthalmologists, and offer advice and guidance to patients around matters relating to eye health.

You'll advise patients on various types of spectacle lenses, including different designs and materials to suit the individual patient's visual requirements. This tailored advice will also cover spectacle frames, including style, fit, weight and colour. You'll also advise on how they should wear and care for their spectacles and, with further training as a contact lens optician, prescribe contact lenses and undertake follow-up appointments.

You will often be the first point of contact for patients, who can range from children to the elderly.

To work as a dispensing optician in the UK, you must be registered with the General Optical Council (GOC).

Responsibilities

As a dispensing optician, you'll need to:

- interpret optical prescriptions written by optometrists or ophthalmologists
- give advice to patients on lens type, coatings and tints, frames and styling, and adjust, fit and repair spectacles
- with further training, fit contact lenses, give advice on their care and use, and conduct aftercare follow-up appointments
- take frame and facial measurements to ensure correct frame fit and positioning
- offer appropriate advice and guidance to patients visiting the practice on a range of common eye conditions, such as dry eye, referring them to other eyecare professionals when appropriate
- advise on and dispense low vision aids, such as magnifiers, for partially-sighted patients
- advise patients when adjustments or repairs to spectacles are needed
- select, manage and order a range of optical products
- order lenses from prescription laboratories
- check lenses on delivery to ensure that they meet the required specifications
- arrange and maintain displays
- liaise with sales representatives from product suppliers
- supervise and train student dispensing opticians

If you're a practice manager, you'll also need to:

- recruit staff and manage their training and professional development
- undertake the day-to-day management of the practice, ensuring that everything runs effectively and smoothly
- take responsibility for setting and meeting sales targets and helping the practice grow
- maintain stock levels
- plan and administer business development, including marketing activities and business plans
- keep accurate patient and business records

For more information click [here](#)

