

Your weekly guide to careers information, advice and news from Parklands High School

Well, here we are at the end of the first half term already, and what a busy few weeks it has been, with assemblies, visits, drop-in sessions and much more. Year 11s should spend a few minutes applying to at least TWO colleges over the half term break, so they can fully concentrate on mock exam revision when they return to school.



Inside this issue you will find:

- More open events at local colleges and training providers, plus a reminder to book onto the Chorley Careers event at the Town Hall, where you will meet local and national employers - details on how to register are inside.
- For any aspiring lawyers, why not take part in the Browne Jacobson law work experience event this will give you an insight into the industry with some of the biggest names in the field taking part.
- Future doctors and dentists can take part in free online conferences, virtual work experience, e-skills courses and Virtual Medical and Dental Societies absolutely vital for anyone considering a career in healthcare. There is also an article on volunteering again, a must for aspiring medics.
- After Christmas, Year 11 will take part in a Mock Interview Day if any parents/carers would like to be involved as interviewers, please let me know - it would be great to see you. The event takes place on Friday 7th February from 9am - 1.30pm and it would be good to have interviewers from a wide range of industries. Thank you to those wonderful people who have already volunteered!
- I am still looking for a STEM team from Year 8 to take part in the EDT Bronze Industrial Cadet Challenge, starting in November. NSG Environmental Ltd are again our industry mentors, so one of the highlights of the competition is a visit to their workplace to see how they deal with the issue of nuclear waste in a safe manner. We also visit the University of Liverpool for the grand final to receive our awards. Interested? See Miss Berry, Top Office.

Have a lovely half term holiday



Half term edition, Autumn 2024



Check out some of the jobs you can do, the skills you'll develop and pathways available!

JOBS

Application Analyst Cyber Security Analyst Data Analyst Data Scientist Information Systems Manager IT Consultant IT Technical Support Officer Software Engineer



SKILLS

PATHWAYS

APPRENTICESHIPS

- Applications Support Lead
- Game Programmer
- Artificial Intelligence Data Specialist
 Creative Digital Design Professional
- Geospatial Survey Technician
- Cyber Security Technician
- Radio Network Technician
- Software Tester
- Digital and Technology Solution

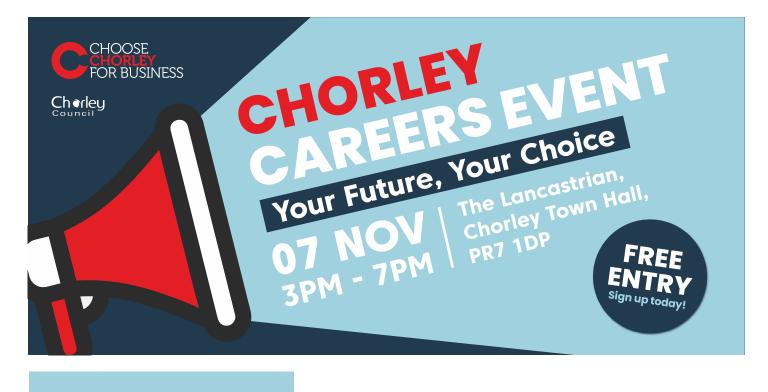
HIGHER EDUCATION

- BEng (Hons) in Software Engineering
 BEng (Hons) in Computer Systems Engineering
- BA (Hons) in Computer Games Design
- BSc (Hons) in Creative Computing
- BSc (Hons) in Business Computing
- BSc (Hons) in Data Science
 BA (Hons) in Computer Arts
- BA (Hons) in Computer Arts
 BSc (Hons) in Network
- Management

FURTHER EDUCATION

- A Level Information Technology (IT)
- A Level Computer Science
- A Level Maths
- T Level Digital Business Services
- T Level Digital Production, Design and Development
- T Level Digital Support Services
- BTEC Digital Development
- BTEC Digital Marketing
- BTEC Games Development

C RESOURCEFUL CAREERS





Thursday 7th November 2024, 3pm - 7pm The Lancastrian, Chorley Town Hall PR7 1DP

Whether you're exploring potential or chosen careers, looking for the next step, or just wanting some advice and guidance, this is a great opportunity for you to talk to professionals from a wide range of local, regional, and national businesses. It's a chance to build relationships with potential employers!

This event will provide access to career advisors, industry experts, and other resources that can help you navigate careers, apprenticeships, training, and further/higher education routes and processes, enabling you to make more informed decisions about your future.

So why not come along? After all it's your future, your choice—and it's free too.



Choose Chorley Careers Event - Your Future, Your Choice

Shout Futures are partners for the Chorley Careers Event, an excellent opportunity for you to meet with people from industry and various companies, learn more about their job roles, opportunities and careers within their sector. It's a fantastic chance to build new relationships with potential employers!

We are expecting over 50 businesses at The Lancastrian, Chorley Town Hall on Thursday 7th November to join us for this exciting event. It will be a great way for students to explore different career paths and industries, learn about job requirements, and get a sense of what it's like to work in a particular role, sector and field.

This event will provide access to careers advisors, industry experts, and other resources that can help individuals navigate careers, apprenticeships, training & further/higher education process and make informed decisions about their chosen career paths, so why not get involved - after all, it's free!





OPEN EVENTS



AT THE COLLEGE FOR TECHNICAL EXCELLENCE

PARSONS WALK CAMPUS (WN1 1RR)

Including:

- Centre for Advanced Technical Studies
- Centre for Performing Arts
- Pagefield Campus
- The Skills Academy

4.30pm - 7.00pm

Monday 7 October 2024 Monday 4 November 2024 Monday 27 January 2025 Monday 28 April 2025

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LEIGH CAMPUS (WN7 4JY)

4.30pm - 7.00pm

Monday 14 October 2024 Monday 11 November 2024 Monday 3 February 2025

Discover your path wigan-leigh.ac.uk

ARE YOU INTERESTED IN APPRENTICESHIPS?



YOU COULD BE AN APPRENTICE WITH EDF

 Starting salary ranging from £14,995 to £21,891

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 Access a wide range of employee benefits

Contribute to a more sustainable energy future

• Help tackle climate change



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edfenergy.com/careers/apprenticeships

Success is Personal

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ARE YOU INTERESTED IN GEOGRAPHY?

YOU COULD BE AN APPRENTICE WITH EDF

CIVIL ENGINEERING

CONSTRUCTION QUANTITY
SURVEYING

ENVIRONMENTAL RANGER

HEALTH, SAFETY & ENVIRONMENT

WIND TURBINE TECHNICIAN





edfenergy.com/careers/apprenticeships

 ∂

Success is Personal

Apprenticeships at EDF



At EDF, success is personal. Our Apprenticeship programmes offer an exciting opportunity to build a rewarding career while contributing to a more sustainable energy future.

If you or someone you know tick any of these boxes, an EDF apprenticeship could be the perfect next step.

Do you enjoy one or more of these school/college subjects?

- Business
- Chemistry
- Computing
- Geography
- 🔲 Law
- Physics
- Psychology
- Technology

Do you want to work:

- towards achieving Net Zero
- tackling climate change
- on sustainability
- for the biggest generator of low carbon electricity

Are you interested in a career in:

- Business Administration
- Chemistry
- 🔲 Civil Engineering
- Construction Quantity Surveying
- Cyber Security
- Data Analyst Security
- 🔲 Environmental Ranger
- Facilities Management
- 🔲 Health, Safety & Environment
- Maintenance and Operations Engineering
- Nuclear Engineering
- Project Controls
- Project Management
- Solicitor
- Wind Turbine Technician

EDF offer apprenticeships in all of these areas!



Interested?

Visit EDF's website and download their guide to Early Careers, which tells you everything you need to know!



www.edfenergy.com/careers/apprenticeships

Browne Jacobson

Browne Jacobson October Law Work Experience

Tuesday, 29th October from 9:00am - 4:00pm

This is a fantastic opportunity for students looking to get an insight to the legal profession whilst hearing from some really incredible speakers we have lined up.

In particular we have Baroness Hale of Richmond (Lady Hale), Former President of the UK Supreme Court delivering a session on her time within the legal profession and what it was like being the president at the highest possible position within the UK legal field. This will be one of the very few times students from across the UK will get an audience with Lady Hale during a law experience like this. On top of this, students will also

If you're a law student at university, or aspiring legal professional in school / college, there's one event that you absolutely cannot miss this year – the Browne Jacobson Law Virtual Insight Event on Tuesday, 29th October from 9:00am - 4:00pm.

Why is this the must-attend law careers event of the year?

It's simple. This event is packed with unrivalled legal insights, an incredible lineup of speakers, and hands-on career advice from the most prestigious legal figures. Whether you're planning to work in private practice, join an in-house legal team, or carve your path as a barrister, this event covers all bases.

Star-Studded Line-Up:

We're beyond thrilled to announce **Baroness Hale of Richmond** (Lady Hale), Former President of the UK Supreme Court and widely recognised as one of the most influential figures in law, as our headline speaker. You've read her judgments, now hear her wisdom live! She'll be joined by a host of other legal luminaries, including:

Richard Medd, Managing Partner of Browne Jacobson – an unparalleled opportunity to hear directly from the leader of one of the UK's top law firms.

Charlotte Leigh, Head of Legal at Mace—a global construction and consultancy powerhouse with an annual turnover of £2 billion—will delve into the dynamic and evolving world of in-house legal careers, offering invaluable insights into the unique challenges and opportunities faced by legal professionals within major corporations.

Katy Handley and **Alex Taylor**, Barristers at 4 Pump Court, will provide a first-hand account of the realities of life in a barristers' chambers, giving you a glimpse into the world of advocacy.

Akil Hunte, CEO of NRG Lawyers, will lead a panel discussion on non-RG (Russell Group) lawyers, showcasing how individuals from non-traditional university backgrounds can stand out and succeed in the legal field, with contributions from students, trainees, and apprentices.

Plus, you'll gain insights from a panel of SQE trainees, on how to tackle the Solicitors Qualifying Examination and build a personal brand that will help you stand out.

What Makes This Event Different?

You won't find another event that offers such a comprehensive, real-world look into the different areas of law, led by top-tier professionals.

From in-house legal advice to insights from barristers and a special session on personal branding, this is where you'll gain practical knowledge, understand what employers are really looking for, and most importantly, stand out from the competition.

Why Attend?

This event is your direct access to the brightest minds in law and a chance to gain actionable advice on how to navigate your legal career in the most competitive field. Whether you're aiming for a law firm, chambers, or an in-house role, the Browne Jacobson FAIRE Virtual Insight Event is designed to help you get there faster, smarter, and with confidence.

Reserve your spot today and make this the career-defining moment of your journey in law!

Register now to secure your spot:

https://www.surveymonkey.com/r/Browne-Jacobson-Law





Youth Futures Team





Leaving School? What Next?

College	 A Levels Vocational Courses T Levels Entry Level Courses
Apprenticeship	 Work Based Training 4 days work, 1 day college/training Apprenticeship Salary Qualification on completion
Employment	 Full Time / Part Time Work Hourly / Salary Paid CV Needed Interview Preparation
Training	 Support Your Employability Skills Build Your Confidence Vary From 4 - 12 weeks!

Want Support?

Please contact the Youth Futures team on

youthfutures@lancashire.gov.uk Alison (East): 07729 081094 Anna (North): 07354 167290 Steph (Central): 07917 534459





POLLUTION CONTROL

Take part in the 2024-25 ICE CityZen Pollution Control Challenge – a civil engineering digital team challenge for students aged 14-16.



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your skills!

Get

careers

inspiration!

Contact to register:

Miss P Berry - Top Office

Sign up by. November 15th



Advice Mornings

Course

✓ School Leavers

- ✓ Apprenticeships
- ✓ University Degrees

The North West

centre for land-based, sport, engineering and science education

Download our 2025 School Leaver Prospectus

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Myerscough

Saturday 5th October 2024 Saturday 16th November 2024

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An exclusive partnership between Preston College and Preston North End Community and Education Trust.

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- > Gain experience
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Citizens In Policing, PO Box 77, Hutton, Preston, PR4 55B E: Volunteers@lancashire.police.uk T: 01772 416417

We are currently looking for more young people to join Lancashire Constabulary Youth Independent Advisory Group, we are looking for people who live in Lancashire and are aged between 14 – 21 years old. The meetings are held on the last Wednesday of every month at the Police Headquarters on the outskirts of Preston.

More information can be found at the link HERE

We would be grateful if you could share this information with anyone that you think might be interested in the role, if you have any questions please let us know.





police and communities together



Discover our Women in Engineering Experience

BAE SYSTEMS

January & February 2025.

Discover pathways to STEM success with our insight experiences

We're one of the UK's leading STEM employers, bringing together 45,700 professionals nationwide across engineering, aeronautics, technology, procurement, project management and many more. Like you, we're passionate about helping young people embrace STEM subjects and discover careers in engineering and technology.

Together we can inspire bright minds from all backgrounds to access opportunities in our industry. At BAE Systems we serve, supply and protect those who serve and protect us – and provide opportunities for our 5,500 apprentices and graduates in learning to find a place to build meaningful careers.

Women in Engineering Insight Experience

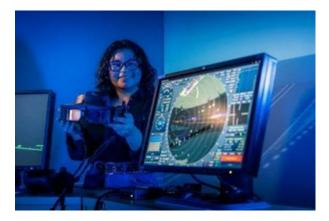
Our apprenticeship insight event introduces BAE Systems, engineering, and our early careers programmes.

Taking place over four days throughout January & February 2025, students will have the opportunity to learn more about us, gain hands on experience, and visit our sites. There will also be opportunities to meet our current engineering apprentices, who will provide insights into their role and share their experience.

Following the experience, students could be offered a full-time position on one of our engineering apprenticeships, starting in Autumn 2025.



Find out more about our apprenticeships



About our apprenticeship programmes

Our wide range of apprenticeships are designed for students of 16 years or over who have, or are about to, complete GCSE's, A-levels or equivalent.

Through study modules, hands-on experience, and dedicated mentorship, they'll earn professional qualifications equivalent to further GCSE's, A-levels, foundation degrees or even a full bachelor's degree in their chosen area – all while earning a salary.

Who we are

We're a skilled, collaborative, and increasingly diverse community of over 90,000 people in over 40 countries, creating some of the world's most advanced, technology-led defence, aerospace, marine, land and security solutions. At our core is an overarching purpose - we play our part in protecting those who protect us, making the future more secure for everyone.

APPLY NOW

Women in Engineering Insight Experience

January & February 2025



Apply now for our 2025 Women in Engineering Insight Experience



Why engineering?

It might not be something you've considered, but a BAE Systems engineering apprenticeship gives you the opportunity to build valuable skills, gain new experiences, and work while you continue to learn – a solid foundation to help launch your future career.



Still not sure?

Then make sure you apply for our Women in Engineering Insight Experience. Taking place over four days early next year, you'll get a sneak-peak into what an engineering apprenticeship is all about, and get to visit our sites. And if you like what you see, you could be offered a full-time position on one of our engineering apprenticeships, starting in Autumn 2025 Gain new experiences, and work while you continue to learn – a solid foundation to help launch your future career. "The best thing about the experience was going on site, learning lots of new skills and meeting loads of people that knew a lot about apprenticeships and BAE Systems, it really helped to get a better understanding."

There are a limited number of slots, scan the QR code to apply.

Applications close 31 October 2024



We're one of the UK's leading STEM employers, bringing together professionals nationwide across engineering, aeronautics, technology, procurement, project management and many more. We're passionate about helping young people embrace STEM subjects and discover careers in engineerig and technology. Together we can inspire bright minds from all backgrounds to access opportunities in our industru

BAE SYSTEMS

RUNSHAW COLLEGE

Begin your **own Runshaw** Story!



OPEN EVENTS 24/25

Saturday **21 September** 10.00am - 2.00pm Saturday **16 November** 10.00am - 2.00pm Wednesday **5 March** 4.00pm - 8.00pm

runshaw.ac.uk/openevent f 🖸 🐼 🛅



Saturday 21st September 10.00 am – 2.00 pm

Saturday **16th** November 10.00 am – 2.00 pm

Come and begin your **Runshaw** story with us!

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Register online at: www.runshaw.ac.uk/openevent

RUNSHAW COLLEGE

I am delighted to be able to invite you to our...



Saturday **21st September** 10.00 am – 2.00 pm Saturday **16th November** 10.00 am – 2.00 pm

You will have the chance to meet our teachers, enjoy our lovely campus and find out everything you need to know about your next steps!

Further details can be found on our registration page: **www.runshaw.ac.uk/openevent**

Wishing you all the very best,

Gillian Cahill Senior Admissions Tutor





University of Central Lancashire Training 2000

Apprenticeship open evenings

Join us at our state-of-the-art training centre in Blackburn and speak to our team about all your options once you finish school or college. We'll have our specialist tutors on hand to answer any questions you have and help you take control of your future. Plus, as we are part of the University of Central Lancashire, our apprentices will have progression routes to Degree Level Apprenticeships.

Wednesday 29th & Thursday 30th January 2025 between 4.30 - 7.30pm

Where: Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

Let us know you are coming: www.training2000.co.uk/events

Part of the University of Central Lancashire







pprenticeships

July 24 M1112 Training 2000 Ltd is a company limited by guarantee. Registered in England: 2380675 Registered Charity: 701770



British army scholarship scheme

If you have students interested in joining the Army as an Officer, we'll support them to achieve their full potential as they learn and develop. That includes extensive financial support.

How much is awarded?

The Army Officer Scholarship Scheme guarantees them up to £10,000 in financial support, starting in academic year 13. Our scholarship also guarantees them a place at the Royal Military Academy Sandhurst and a career as an Army Officer when they finish education.

Who can apply?

Candidates aged 16 or 17 can apply. They need to submit their application in Year 12 (Secondary 5 in Scotland, Lower Sixth in Northern Ireland).

How can I apply?

They need to apply online before March of Year 12. They will then attend the Army Scholarship board in June or July before they turn 18 which qualifies them for a commission in the Army and allows them to apply for additional bursaries.

British Army Scholarship



Alternatives to Medicine at university

A related degree may not be what you have in mind but it can open doors and potentially suit you better than a standard Medicine degree.

Why look at alternatives to a Medicine degree?

If your heart is set on becoming a doctor, you might not consider what to study instead of medicine. You may dream of becoming a surgeon or GP and think no other career will do. Even so, you should consider an alternative to a medicine degree for your 5th UCAS choice because you can only apply to four medical schools.

Or maybe you don't want to go to medical school. You might not want to study for five or more years



- or owe five years-worth of student loans. Maybe you know you won't meet the entry requirements. Instead, you might be looking for a degree similar to medicine but shorter, or the best healthcare degrees beside medicine.

In either case, you probably know that getting a place on a medical course is tough:

Medical schools have a limited number of places because these are capped by the government.

Medicine is a popular subject with a huge number of applicants. In 2024, over 24,000 students applied for around 10,000 places.

You must meet high entry requirements (usually at least AAA–A*AA at A Level) – but so will many of the students who apply.

So you need a back-up plan if you don't get into medical school. Or you might be looking for medical degree alternatives because you want to find a related career. And we've got a list of subjects and healthcare careers for you to consider.

Six subjects related to Medicine

These six sciences are all good alternatives to a medicine degree, and worthy contenders as a UCAS 5th choice for medical students. Each explores an area adjacent to medicine – whether biological systems, treatments or technology. Plus they offer knowledge that could be invaluable if you pursue a graduate-entry medical course.

If you're looking for the best UCAS 5th choice because you want to study medicine, some courses may offer the option of transferring onto a medicine degree. Others may offer guaranteed interviews to study graduate medicine. To be considered for this, you'll need to achieve top grades in your studies. You'll also face stiff competition.

Biological Sciences

A biological sciences degree may cover cell biology, genetics, microbiology, physiology and pathology, among other topics. As an alternative to a medicine degree, it's more generalist than biomedical science. But it can still lead to a career close to medicine, whether in clinical trials or vaccine development, or **as a physician associate or anaesthesia associate (with further training).**

Biomedical Science

Often seen as the best non-medicine degree choice for UCAS, biomedical science combines medicine with health science and biology to explore the internal body. Medical science focuses on the diagnosis and treatment of medical conditions. Depending on the course, you could cover anatomy, physiology, genetics and microbiology among other areas. Take a degree accredited by the Institute of Biomedical Sciences, and you could work for the NHS as a biomedical scientist.

Chemistry

If your UCAS 5th choice for medicine is chemistry or biochemistry, it can help you learn how medicines affect biological systems. Some degrees specifically focus on medicinal chemistry, giving you a head start on understanding drug interactions. It could lead to a career as a clinical biochemist, helping to manage disease through blood tests or analysis of tissue samples.

Medical Technology & Bioengineering

This subject area fuses science and technology to aid the diagnosis, monitoring and treatment of diseases. Careers include medical imaging and radiography, prosthetics and orthotics (see our list of 15 alternative careers to medicine, below).

Neuroscience

A neuroscience degree combines biology, chemistry and sometimes psychology. It'll teach you about the human brain and nervous system, and brain dysfunctions such as epilepsy, strokes, Alzheimer's and more. If you're looking for a UCAS 5th choice for medicine, some neuroscience degrees can be a pathway into a graduate medical degree.

Pharmacology & Pharmacy

Perhaps you're wondering about pharmacy vs a medicine degree. Pharmacy focuses on developing, dispensing and monitoring medications, while pharmacology explores how drugs and toxins interact with the body. Pharmacy is a useful 5th UCAS choice for medical students. We know of pharmacists who've gone on to train as doctors, and their knowledge of treatments and medicines has been invaluable in their new career. In the NHS, pharmacists can now also assess and treat minor clinical ailments.



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The shortcut to your shortlist Make your university search faster and less stressful. Get a personalised shortlist by selecting what matters to you.





CHOICES MAGAZINE -OCTOBER EDITION

The second edition of the Choices magazine is here! This month's edition includes the new higher and degree listing, dyslexia awareness week, and exploring the role of the line manager.

Click here to download







UNLOCK THE SECRETS TO A SUCCESSFUL CAREER

GUEST SPEAKERS ADVICE & GUIDANCE INDUSTRY KNOWLEDGE

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YEAR 10 & 11 REGISTER TODAY! OPDENNEVERSE EVERSE SATURDAY 2 NOVEMBER 10AM - 2PM

Year 10 & 11 Open Event - November

VISIT OUR CAMPUS. SPEAK TO TUTORS. SEE THE FACILITIES.

SATURDAY 2 NOVEMBER, 10am-2pm*

At our Open Event you can speak to our course tutors, specialist support staff, advisors and learners about the experience you'll get as a Preston College learner. You'll also have the chance to explore our industry standard facilities, Apprenticeships and learning opportunities including T-Levels and Scholarships.

*Everyone is welcome to attend the event between 10am and 2pm. We just want to let you know that between 1pm and 2pm, the College is adapting the event experience for neuro-diverse applicants.

Keep up-to-date through our social media channels for your chance to win £20 Amazon vouchers at the event in our Golden Ticket competition.

Register now!

PRESTON COLLEGE

UNLOCK YOUR FUTURE WITH OUR FREE ESOL COURSES FOR TEENAGERS!

Are you aged 16-18 and not currently in education or employment? Want to improve your English and open doors to new opportunities? Our ESOL (English for Speakers of Other Languages) courses are designed just for you!

WHY JOIN OUR ESOL COURSES?

- Improve your English skills: speak, read, write and build confidence.
- **Prepare for Further Education and Employment:** Gain the language skills you need to succeed in college or work.
- Learn in a supportive environment: Our friendly tutors ensure you get the help and guidance you need.
- **Meet new friends**: Join a diverse group of young people who are also improving their English and building their futures.



- Free Classes: No cost to attend!
- Experienced Tutors: Support from qualified ESOL teachers.
- **Practical Skills:** Improve everyday English for life in the UK, including help with job applications, interviews, and social conversations.

ENROL TODAY!



Here's a chance for your students to join the RAF...

OROYAL

AIR FO

Encourage them to explore roles where they CAN achieve adventure, growth, and purpose.

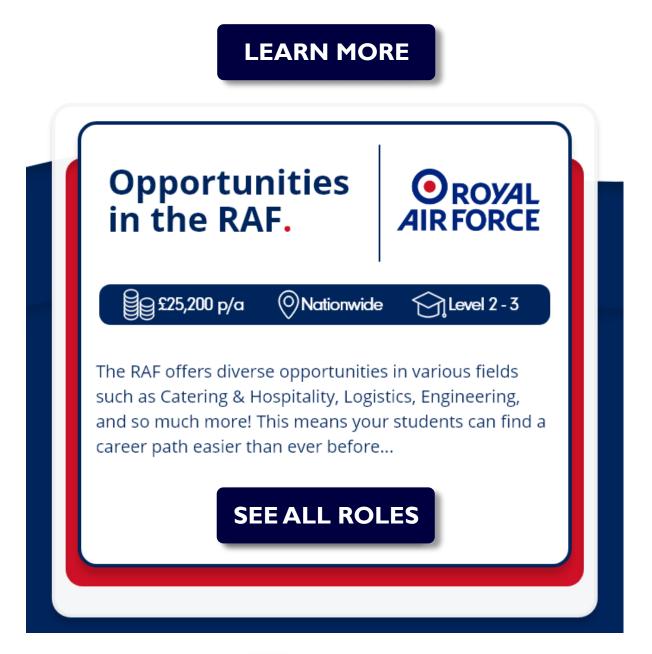
Before joining the RAF, many of today's personnel had misconceptions about what their journey would be like. Here, they share the myths they once believed and how their experiences turned out to be different:

"I would dispel the myth that if you are not good enough then you will be kicked out. Don't worry if you're not as good as others at a certain aspect of Phase 1, as long as you show a willingness to improve and a positive mindset, you will get through the training." - Matthew Harris, Air Specialist

> "One of the myths I thought would be true is that there would be constant shouting and screaming but it wasn't." - Thomas Rivers, Cyber Communication Specialist

Did you know?

The RAF provides thorough training that lasts between 10 to 24 weeks, depending on the role. This means your students will receive the support and skills they need to succeed without feeling overwhelmed. From technical expertise to personal growth, the RAF is dedicated to helping each apprentice thrive throughout their journey.





No ordinary job, no ordinary organisation



Supporting UCAS applications

Whilst Year 12 start to explore their options, it's decision-making time for most Year 13s, with the UCAS deadline fast approaching. To support your sixth formers through this crucial time, we recently hosted a webinar featuring a panel of career experts to guide students through the UCAS process. The feedback was overwhelmingly positive, and we wanted to ensure your students have access to all the valuable insights!

That's why we've created a comprehensive resource sheet, full of key takeaways and expert advice from the session. It's the perfect tool to help students craft an outstanding application and an ideal resource for them to explore over the half-term break (see next page).



How can attending an InvestIN programme support with university applications?

With 15 competitive industries to choose from, our programmes give students the chance to step into your future career whilst still at school. It's a fantastic way for them to showcase their passion, skills and commitment - everything universities love to see!

Summer Experiences

On our summer programmes, students are able to gain 8 UCAS points which can be added directly to applications.

Weekend Programmes

For those who are applying to university this year, our upcoming Weekend programmes are a great opportunity to strengthen applications before the deadline.

For a limited time only, we're offering 15% off all our programmes! Simply use the code **UNIVERSITY15 before the 29th October** to take advantage of this offer.

View & Register

Understanding UCAS & Applying to University



Parent & Student Webinar - Follow-Up Resource & Recording

Key takeaways for students:

1. Immerse yourself in your subject of choice

Make sure you are certain about your course choices. <u>Use the UCAS Hub</u> to explore your options, and use this time to do your wider reading and exploration!

2. Familiarise yourself with UCAS

Make sure you know how the UCAS system actually works. Do some research into the application process for your year of entry (bearing in mind the <u>latest changes to personal</u> <u>statements</u>)!

3. Apply early

Make sure you know the <u>deadlines for UCAS and</u> admissions tests. Ensure you are prepared well in advance and try to get your applications in early!

4. Find ways to stand out

Think about how you can make your application more impressive. Take a look at recommended reading lists for your chosen courses and make sure to demonstrate your interest in your course in your <u>personal statement</u> through examples.



107 Dukes

BAC

Top tips from our experts:

"Look for a course you love, and **find what makes learning fun for you**! Focus on course breakdowns and look for specific modules that take your interest."

"Try where possible to **go to open days**. Don't just rely on league tables and online research. Visit the university as each campus feels different!

"Talk to your friends and family about your course choice. This will help you **feel more confident explaining your passion for your subject**, which would will need to do for your personal statement!"

"If you're applying to multiple different courses with the same personal statement, try to **identify skills and experiences in your application that fit all the courses you're applying for!**" (Click here for handy resource)

INVESTIN

Missed the event? \bigcirc Catch up here: \bigcirc

Recommended resources:

We've compiled a list of essential resources to help prepare you for your next steps in in your career journey!

Follow the links to our blog series:

- <u>"Choosing a University: The Ultimate Guide"</u>
- "Your Guide to Acing Your Exams"
- <u>"Your Guide to Degree Apprenticeships"</u>
- <u>"Is Oxbridge Right for me" Oxbridge Applications</u>

Plus check out our partner organisations at Dukes Plus for further application support!

Not sure which career is right for you? Take our Career Quiz here!

Want to earn UCAS points with InvestIN?

Gain UCAS points on our 2-week summer experiences throughout July & August!

Join our 2025 summer schools in London, designed for students aged 15-18. With 15 competitive careers to choose from, each programme is delivered by our industry experts to equip you with a 360-degree insight into your chosen career!

Applying to university this year? Attend one of our November weekend programmes to boost your application!



Visit our website <u>www.investin.org</u> to find out more and register!

Make use of our exclusive 15% event discount through the code:

DE

UNIVERSITY15

🖈 Trustpilot

Expires 22nd October 2024



The benefits of volunteering

Whatever career you aspire to, volunteering can be a great way to start building the skills you'll need in the workplace and it offers a range of benefits to your professional and personal life. Below, we look at eight key benefits of volunteering and how you can find a role you'll enjoy.

1. Enhances your CV

Volunteering is a great way to display your character on your CV. Employers want candidates who are passionate, hardworking, reliable and enthusiastic. Volunteering displays these traits by showing dedication to skill development in your free time.

2. Experience with less commitment

Something you will often hear is that you need experience. Unlike paid roles, volunteering often requires less commitment. This means you can gain valuable experience whilst still managing your studies and other responsibilities like childcare, with ease.

3. Exposure to a work environment

You can volunteer in roles directly related to your career aspirations or in similar environments. This allows you to demonstrate first-hand knowledge of industry practices. Unlike other candidates, you can show employers that you will be a lot easier to transition into the real-world responsibilities of the role.

4. Better understand yourself

Stepping outside of your day-to-day routine and diving into something different can teach you a lot about yourself. You'll discover your likes and dislikes, which can help guide your career choices.

The experience doesn't have to be directly related to your future career. You may be an aspiring lawyer who volunteers at a charity shop. Interacting with customers at the storefront, you may discover that socialising is not your strong suit, leading you to prefer a solicitor role that focuses on background work rather than a barrister role that requires a crowd performance.

Volunteering can also help overcome challenges. If socialising is difficult for you but you want to improve, regular exposure can make it seem less daunting and as the say goes, practice makes perfect.

5. Build your network

You will meet many different people, all with their own skills and experiences. Being surrounded by so many diverse backgrounds, you are bound to learn valuable lessons. Build a relationship with those around you, you may end up finding a mentor, a reference on your CV, someone who can help you find a job or even a lifelong friend.

6. Feel accomplished

Giving back to the community gives a sense of accomplishment, especially as you recognise the great difference you make in someone's life.

Volunteering also connects you with like-minded individuals who share your drive to make a positive difference. These meaningful connections can help fuel your passion and ambition, foster a sense of belonging and create a stronger bond with your community.

7. Develop your skills

Volunteering of course helps to develop your skills. No matter your career aspirations, employees will always look for real-world soft skills like teamwork, communication skills, leadership skills and working with confidential information. Volunteering opportunities can showcase these abilities.

8. Can lead to a job

Volunteering can potentially lead to a paid job. By demonstrating your hard work, you can show the organisation that you are an ideal candidate. Since you've learned how the organisation operates, your transition to a paid position will also be smoother and require less training, compared to hiring a new candidate.

Volunteering doesn't always mean the role has to directly relate to your future career. Taking part in work outside the academia can help build soft skills and showcase your passion and hard work. Here are a few ideas:

- Working in a charity shop
- Sports coaching
- Going abroad to help with international aid
- Spending time in an animal shelter
- Helping the elderly in a care home
- Handing out supplies to the homeless
- Events marshal
- Skills trading

Here are a few places you can search for external volunteering roles:

- REACH volunteering a charity that supports other charities, you can volunteer based on your specific skills.
- Do-it the UK's national volunteering database, you can choose based on your interest and how much time you want to commit.
- GIV a gap year volunteer organisation that runs programs internationally.
- gapFORCE organises international volunteer projects run by UK-trained leaders.
- Local council websites







10AM - 1PM



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WHY STUDY... PERFORMINGARTS

Check out some of the jobs you can do, the skills you'll develop and pathways available!

JOBS

Actor Acoustics Consultant Arts Administrator Dancer Drama Therapist Audio Visual Technician Theatre Director Choreographer Costume Designer Entertainer Events Manager





PATHWAYS

- Costume Performance Technician
- Props technician
- Audiovision Technician
- Assistant Recording Technician Assistant Puppet Maker
- Assistant Puppet Maker
 Media Make-up Artist
- Media Make-up Artist
 Creative Industries Production Manager
 Hair Wigs Make-up Prosthetics
- Hair, Wigs, Make-up Prosthetics Technician
 Costume Performance Technician
- Costume Performance Technician
 Creative Venue Technician

HIGHER EDUCATION

- BA (Hons) in Performing Arts
- BA (Hons) in Art and Theatre
- BA (Hons) in Costume Performance
- BA (Hons) in Acting
- BA (Hons) in Dance
- BA (Hons) in Professional Musical Theatre
- BA (Hons) in Costume Design and
 Practice
- BA/BSc (Hons) in Psychology and Theatre

FURTHER EDUCATION

- A Level Drama
- A Level Performing Arts
- A Level Dance
- T Level Media, Broadcast and Production
- T Level Digital Business Services
- T Level Digital Production, Design and Development
- BTEC Performing Arts
- BTEC Performing Arts
 BTEC Media Make-up and Special FX
- BTEC Theatre Studies



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COLLEGE OPEN EVENTS

Saturday 5th October 10:00am - 1:00pm Thursday 17th October 4:30pm - 7:30pm Wednesday 6th November 4:30pm - 7:30pm

To discover more about St John Rigby College, book a place at one of our open events by visting **www.sjr.ac.uk**





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MMM

Would you like to take part in a competition and gain the Bronze Industrial Cadet award?

Are you ready to take on this year's EDT challenge?

If you can work well in a team and think creatively to solve problems, then this challenge is for you!

You will attend a weekly meeting plus STEM Club on Tuesdays (the project runs for 12 weeks) to create a model, a short video and a written report that you will present to the EDT judges. You will work alongside our industrial mentors and visit their workplace to find out more about the nuclear industry. Finally, you will be invited to attend the Grand Final of the competition at the University of Liverpool, in the summer term, to receive your awards - and hopefully the overall Best Project trophy!

> If you think this is the challenge for you see Miss Berry (top office) or Mr McAvoy in S03 to find out more.



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The challenge will start straight after half term.



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OPEN EVENTS 2024

SATURDAY 5 OCTOBER

Open Day - 10.00am - 1.30pm to include a 30-minute quiet session 10.00am-10.30am*

THURSDAY 28 NOVEMBER

Open Evening - 5.00pm - 8.00pm

to include a 30-minute quiet session 5.00pm-5.30pm*

*Reduced number session - places will be reserved for visitors with special educational needs and disabilities, including those with social or sensory challenges.

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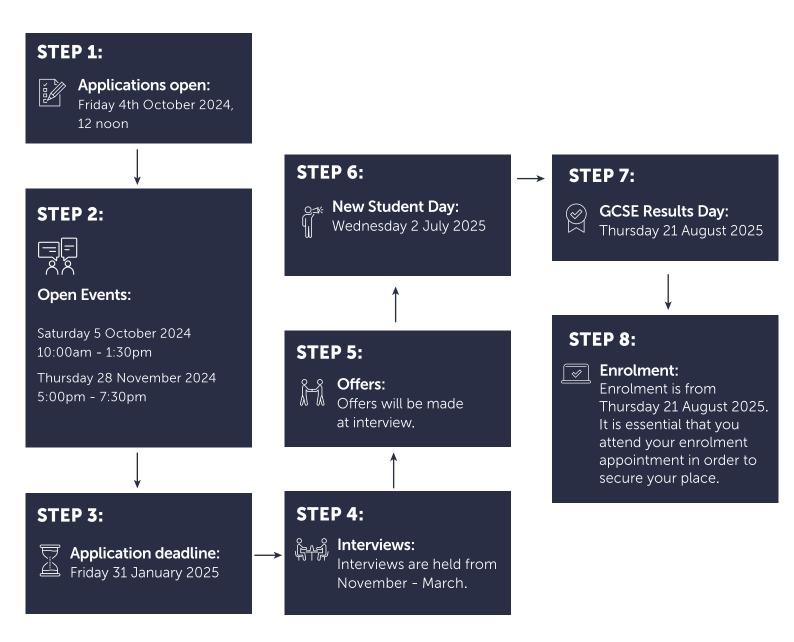
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DÖNT MISS THE DEADLINE FRIDAY 31 JANUARY 2025 APPLICATION TIMELINE



Please note: Late applications will be placed on a waiting list. Late applicants are not guaranteed an interview and applications will only be processed subject to availability of places.

#B6Ready





Mastering an interview: tips and tricks

by Gracie Barham - NGTU Ambassador

Entering the world of apprenticeships and early careers is an exciting time filled with opportunities for growth and learning. However, one crucial aspect of this process is the interview. Interviews can be nerve-wracking, but with the right preparation you can stand out and secure the offer. In this blog, I will explore some of the key interview tips that helped me gain my apprenticeship at Farrer & Co.

Before any interview, it is essential to thoroughly research the company and what they stand for. For example, if you were applying to a law firm like Farrer & Co, take time to understand their values, history, and the legal sectors they specialise in. Companies appreciate candidates who show a genuine interest in their work and your knowledge will not only impress the interviewer, but allow you to decide if the company aligns with your career goals. Similarly, have a clear understanding of the apprenticeship or position you are applying for. Familiarise yourself with the job description and responsibilities, then reflect on how your skills and interests align for the role. Being able to articulate why you're a suitable candidate will help you make a strong impression throughout the interview. I researched multiple companies that I would want to work for, before narrowing down the list and specialising my application. I believe this helped make my responses memorable. Even if you haven't had relevant work experience, you likely possess transferable skills such as problem solving or communication skills. The interviewer wants to get to know you as a person and there is no such thing as a right or wrong hobby. I googled and prepared answers to common interview questions to gain confidence and refine my answers. Concrete examples, e.g., demonstrating when you have shown leadership skills, helps the interviewer understand your abilities and shows that you have relevant experience.

First impressions matter. Dress professionally for the interview (even if it is on zoom) and if in doubt it is better to be slightly overdressed than underdressed. I made sure that I was dressed smartly and punctual to my interviews to show my professionalism. Arriving late for an interview can create a negative impression and so always plan your route prior and arrive at least ten minutes early. This buffer time will allow you to relax and collect your thoughts before the interview starts. Once it starts, remember to smile, maintain eye contact, and engage in the conversation throughout. Expressing genuine enthusiasm for both the role and the company can set you apart from your competition. At the end of the interview, you'll likely be asked if you have any questions. Prepare a few thoughtful questions that demonstrate your interests, whether this is about the culture, expectations of the role etc. This will all actively demonstrate your eagerness to contribute to the workplace.

The interview process is a crucial step in securing apprenticeships and early career opportunities. But remember, they know you have only just left school and do not expect you to have the same experiences and knowledge that someone who has been working for years might have. As a student, you have the potential to shine by researching the company, understanding the role, and practicing your responses. Practice really does make perfect. By applying these tips, you will be well prepared for that interview. Good luck!



MEDIC MENTOR YOUR MEDIC FAMILY

DENTAL OFFERENCE

We're here to support your students on their journey to a career in medicine or dentistry, equipping them with the necessary tools and resources to succeed. We're thrilled to offer them FREE access to:

- 6 months of virtual medical work experience
- 4 months of virtual dental work experience
- Study skills e-learning
- Membership in the largest Virtual Medical and Dental Societies for aspiring students
- Participation in the Wider Reading Society's debate and presentation sessions

How can they get started? It's simple. By attending a free virtual "Get into" conference, they can learn all about the application process and gain access to all the mentoring support mentioned above. Let's guide your students toward a bright future together!

Our upcoming Get Into Medicine conferences are:

- Saturday 26th October from 9:30am 3:30pm
- Sunday 27th October from 9:30am 3:30pm

Register here: https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO

Our upcoming Get Into Dentistry conference is:

• Sunday 10th November from 9:30am - 3:30pm

Register here: https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAcC19kE

The Get into Medicine or Get Into Dentistry Conference is a complete guide to the medical or dental application journey. Students get essential insights into the medical/dental UCAS application process, connect with professionals, fellow students, and gain a deeper understanding of a future career in medicine or dentistry.

During this conference, Dr Kennedy, Dr Safiyyah and I will guide students through essential topics such as:

- Application Timelines
- How to Tactically Choose Medical/Dental Schools
- CV Building
- Personal Statements New format from 2026
- Medical/Dental School Interviews
- UCAT Entrance Exams to Medical/Dental School
- Medical Leadership and Awards Programmes
- Accessing Work Experience
- Accessing Scholarships

Students and parents can register for free here:



Dentistry: https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBAcC19kE

Students will need to ensure they have a functioning camera and microphone for the session. It's also important that they have a parent or guardian present at these conferences, not only for safeguarding, but also to gain insight and guidance to support them effectively.

Our doctors, dentists and medical/dental students look forward to welcoming your students at the conference and they will join our network of successful students who attended these programmes over the last ten years: https://medicmentor.org/successful-student-journeys-reviews/





Follow multiple patients over a 6-month period, as they go from their initial injury to recovery. It is amazing how many different healthcare professionals are involved in a patient's care. This incredible opportunity showcases a variety of professionals in one day. It gives students a chance to see them in action in various settings from the ward to the community. It is also a fantastic opportunity to see them work together in a multidisciplinary team.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and and also each other. Students will have an opportunity to ask questions and gain knowledge through teaching. This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Register here: https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/

The NHS Virtual Allied Healthcare Work Experience offers a unique opportunity for aspiring healthcare professionals. It's a rare occasion for students to hear from an exceptional guest speaker with a wealth of knowledge and insights to share to better the understanding of the allied healthcare field.

Our speaker will provide invaluable guidance to help these future professionals embark on their dream healthcare careers. Following the talk, students will have an intimate look at the healthcare industry in the LIVE virtual work experience, delving into the many roles allied healthcare has to offer and taking an in-depth look at patient care by following the journeys of two patients from incident through to treatment.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference – a golden ticket for their apprenticeship and UCAS applications.

Registration will start at 8:30am, with our guest speaker's talk happening from 9-10am, then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/



VIRTUAL NHS HEALTHCARE CAREERS WORK EXPERIENCE PROGRAMME

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy · Osteopath
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- Radiography
- PodiatrySpeech and Language Therapy
- Pharmacy

 - Prosthetics and Orthotics

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Early years teacher

Early years teachers work in settings including nurseries and preschools and play an important role in the early development of young children.

As an early years teacher (EYT), you'll work with children aged 0-5 years, nurturing and supporting their learning and development.

Your aim will be to provide a safe and secure environment for them where you'll use resources to plan activities and help them to meet early learning goals within knowledge, skills and understanding. You'll need to record observations and summarise achievements and liaise with parents, staff and other educational professionals.

You can find work as an early years teacher in settings such as day nurseries, preschools and playgroups. You could also work within the reception year/early years foundation stage (EYFS) of an independent school, academy or free school.

It's worth noting that to work in a local authority maintained school you'll need a separate qualification which gives you qualified teacher status (QTS). Find out more about being a primary school teacher.

Responsibilities

As an early years teacher, you'll need to:

- motivate and stimulate a child's learning abilities, often encouraging learning through experience
- provide pastoral care and support to children within a secure learning environment
- aid the development of a child's personal, social, language and physical coordination abilities
- develop and produce visual aids and teaching resources
- encourage mathematical and creative development through stories, songs, games, drawing and imaginative play
- help children develop curiosity and knowledge
- work with others, including teaching assistants and nursery nurses as well as volunteer helpers, to plan and coordinate work both indoors and outdoors
- share knowledge gained with other practitioners and build and maintain relationships with parents
- observe, assess and record each child's progress
- ensure the health and safety of children and staff is maintained during all activities, both inside and outside the setting
- attend staff meetings and staff training days
- keep up to date with changes in the curriculum and developments in best practice

You'll need to make sure the activities you plan and carry out in any setting meet the requirements of the relevant educational framework:

- Early Years Foundation Stage (EYFS) in England
- The Early Years Framework in Scotland
- Education and Skills in Wales
- Early Years Education in Northern Ireland









