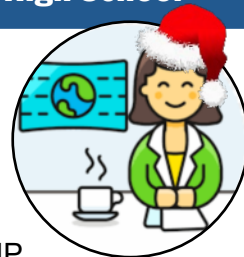




## Your weekly guide to careers information, advice and news from Parklands High School

So, it's almost the Christmas holiday - we've made it! Still loads of good stuff in this issue of Career News:

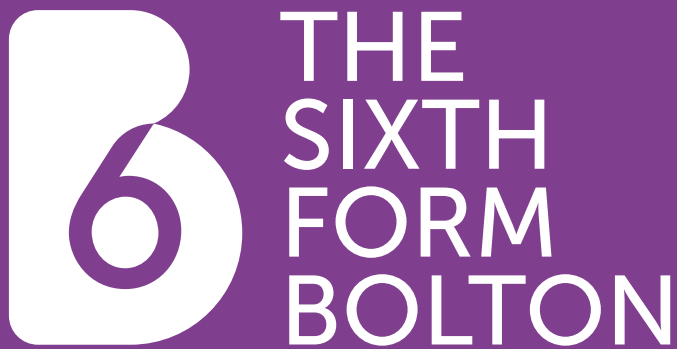
- A competition from InnovateHer and World Space Week to design a rocket - all you creative types - this is your chance to shine!
- Anyone looking for a career in finance - take a look at the online masterclass with BNP Paribas, where they will pass on tips for applying for apprenticeships.
- Updates from Bolton Sixth Form on the various T Level and AAQ courses they are offering from September 2026 - check these out, as not all colleges will be offering these options. The new V Levels announced by the government are on their way, but this will not affect the current Year 11 applying for college.
- InvestIn Education have a great revision quiz for anyone concerned about their GCSE revision - this will give you great tips and advice to make the exam season so much smoother.
- There are various offers for aspiring medics and healthcare professionals from Mentorverse and PreMed. The PreMed course is very expensive, but could be a life changing experience - worth checking out. However, Mentorverse offer lots of completely free resources and virtual work experience, which is a recognised and approved substitute - and of course, really useful and informative.
- There are a couple of open events in the New Year at local colleges and interviews start in January, so please don't leave it too late to apply. It really doesn't matter what course or subject you choose at this stage - all you are doing is reserving a place at college, you can change any of the details on your application form at any time up until August next year.
- See you in 2026!



*Have a great Christmas and New Year*



Christmas edition 2025



We are aware that some colleges are no longer offering the **T Level in Education and Early Years Level 3 qualification** so we would like to remind you that we do still offer this incredible course which is an ideal pathway into nursery or primary school teaching. Within this course students will carry out a minimum of 750 hours work placement, which will be in an early years setting, where they will be able to perform observations and assessments of children and young people whilst also developing skills in being a reflective practitioner.

Please click on the following link to access our latest T Level video: [https://youtu.be/zp\\_J7JIF0Zk](https://youtu.be/zp_J7JIF0Zk)

Follow the link below for further information on our T Level course:

- **Education and Early Years**

[Learn more >](#)

From **September 2026** we will still be offering **Health & Social Care** and **Early Childhood Development** as AAQs, we will also be introducing a new AAQ course in **Mental Health & Well-being**. These courses offer flexibility, enabling students to tailor their studies to their individual interests and future career goals.

Students can choose to study any of the above AAQs alongside A Levels or Vocational single/double subjects and create a mixed programme pathway.

For more information on these AAQ courses please follow the links below:

- **Early Childhood Development - AAQ**

[Learn more >](#)

- **Health & Social Care - AAQ**

[Learn more >](#)

- **Mental Health & Well-being - AAQ**

[Learn more >](#)

Entry requirements can be found on the individual course information links.

[\*\*Take a virtual tour of Bolton Sixth Form here\*\*](#)



# POSTER CONCEPT COMPETITION

Help us decide next year's World Space Week poster.  
Share your idea for "Rocket Revolution."



Submissions open until 15.01.2026

We're inviting creative thinkers and visual storytellers to help us shape the visual identity and poster of World Space Week 2026. This year's theme, "Rocket Revolution", is about how launching rockets is no longer reserved for a few countries or big agencies. New companies, universities, and even student teams are sending payloads to space, changing who can take part in space activities. We want your ideas to show this new era of accessible launch and the many different people and places now reaching for the sky.

**Who can participate?** Anyone passionate about visual storytelling, no formal artistic background is required.

**What are we looking for?** The concept, not the finished product. Share your idea, describe your vision, and tell us how it aligns with the theme.

**What happens next?** Concepts will be reviewed by the World Space Week Association Board of Directors. Selected concepts may inspire the final poster that will represent this year's global celebrations.

## Submission Details

**Submit your concept:** Include a simple sketch, description, or mood board—whatever helps convey your idea.

**Why it matters:** Add a short explanation of how your idea ties into the theme.

Selected concept will be featured with full credit during World Space Week.

[Click here to submit](#)





# Get Sorted Before Christmas



**APPLY NOW**



INVESTIN

# TAKE OUR REVISION QUIZ

## Boost Your Revision This Winter

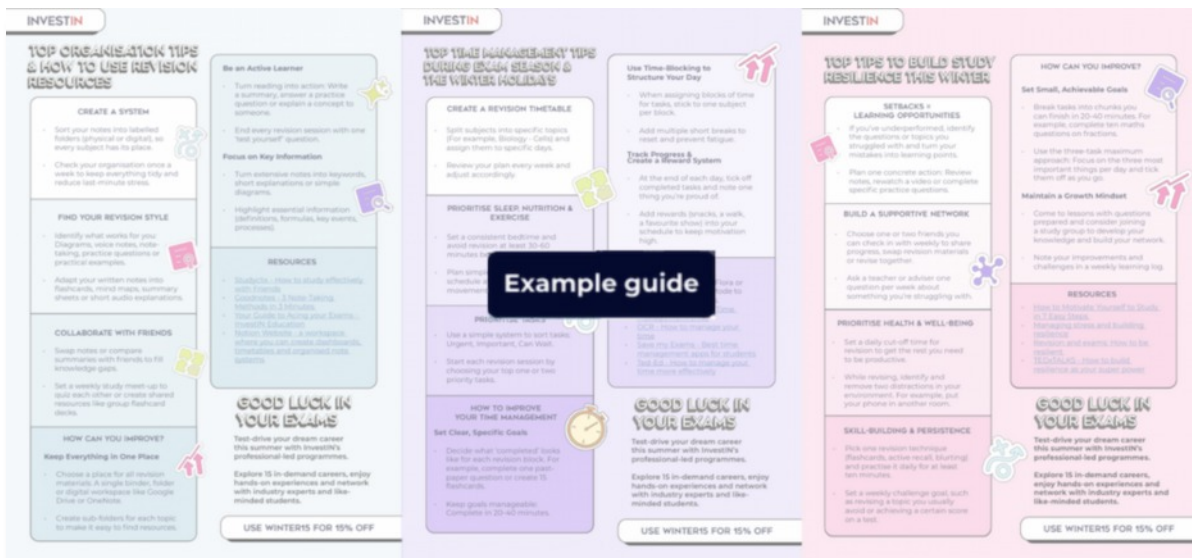
### Do you find revising over the school holidays challenging?

Winter is a busy time of the year for everyone, but for students it can be hard to balance festive fun and studying while ensuring you get some well-deserved rest!

We're here to help! We've created a Revision Quiz to help you pinpoint the skills you need to focus on to maximise your revision over the school holidays.

Once you complete the quiz, you'll receive valuable revision resources with top tips and insights to help you improve your revision habits this winter.

## TAKE THE QUIZ



### 5 Reasons Why You Should Take Our Revision Quiz

- Learn how small changes to your revision habits can significantly improve your productivity
- Gain practical tips and expert advice tailored to your answers
  - Identify and learn how to develop the skills you need to improve your revision habits
- Receive a valuable revision resource to help you streamline your studies over the winter
- Go into the winter holidays with a clear plan to boost your preparation for upcoming exams

Online Event

# APPRENTICESHIPS IN BANKING & FINANCE



BNP PARIBAS

20 JANUARY, 6:30PM-7.30PM



## **Free Event: Apprenticeships in Banking & Finance with BNP Paribas**

**Date: 20 January 2025**

**Time: 6:30-7:30pm**

We invite you to an exclusive, free online masterclass where you will learn directly from the source: the BNP Paribas Recruitment Team. These are the experts who assess every applicant and know precisely what makes a candidate shine.

In this dedicated session, they will reveal:

- **The Application Formula:** Learn exactly what recruiters look for and why certain applications immediately stand out.
- **Interview Success:** Expert advice on navigating every stage, from crafting compelling written answers to excelling in video interviews and group tasks.
- **The Pathway:** Understand the steps you can take right now to launch your career in global banking.

**Register Here!**

**YOUR CAREER IN BANKING AND  
FINANCE STARTS HERE!**

# Supporting Their Future Decisions: Information for Parents.

ASK AN  
APPRENTICE.

We've created a helpful, FREE newsletter & guide for **parents whose children are currently considering an apprenticeship and may need extra support over the winter break.**

It includes practical guidance, tips, and resources to help them understand how best to support their child during this period. If you think this would benefit the families in your school, please forward this on to parents and **encourage them to sign up to our mailing list** to receive the newsletter directly below.

All they have to do is click the button and complete their details to sign up to our newsletters. They must do this in order to receive our **Parents' Guide with all sorts of useful help** over the holidays.

[Parents Register Here](#)

## Why Should Parents Sign-Up?

- **Support their child confidently:** Get practical advice on how to help them succeed.
- **Understand the early careers journey:** Clear explanations of what their child is experiencing.
- **Boost their child's confidence & prepare them for applications & interviews:** They will learn how to encourage and motivate them effectively.
- **Real insights from apprentices:** Their child can hear directly from those who have successfully completed their apprenticeship.

**Don't let them miss out** - this is their shortcut to supporting their child throughout the holiday period and in the new year so your students can succeed in 2026! Just ask them to **complete their profile** via this link and we will be in touch shortly.



# Step into your digital future

Learn AI, Cyber, Coding, Sports Tech and more with InnovateHer. Meet real role models, explore new careers, and unlock your potential!



Scan the QR code  
to view courses

inno  
vate  
<her>



# PREMED PROJEC+S

**Attention** - students aged 14–18 and their parents who may be interested in medicine.

We are offering a February Half-Term Medical Work Experience Week in London, from **15th - 21st February 2026** designed for students interested in studying medicine or healthcare.

- **When:** 15th – 21st February 2026 (February Half Term)
- **Where:** London Hospitals (Pickup, Accommodation, Meals and Staff Provided)
- **Who:** Students aged 14-18 who are interested in careers in medicine. Group size 30.
- **What:** In person medicine experience with visits to Hospitals in London, fully supported by an extensive staff team and attended by students from all over the UK. A certificate and reference are included.
- **How:** Students can [view all details of the course here](#) and should register by the 30th January 2026 to take part.





# UK university & apprenticeship search fairs

**SPJ LONDON** S P Jain London School of Management

[schools.liaison@spjain.ac.uk](mailto:schools.liaison@spjain.ac.uk)

## A BUSINESS DEGREE WITH A BOARDING PASS

**Business is global. Your degree should be too.**

Our **BBA (Hons) Bachelor of Business Administration** degree does just that by offering immersive learning and internships across 4 global cities - London, Dubai, Singapore and Sydney.

£8,000 Travel Bursary

## 2026 Events

It was fantastic to welcome so many of you to our autumn events. We also have fairs taking place across the UK in Spring and Summer 2026 at stadiums and universities. Our upcoming 2026 UK University & Apprenticeship Search events in your region are as follows:

- **Manchester - Old Trafford Stadium - 27th February** - [see details here](#) - email [emma@ukuniversitysearch.co.uk](mailto:emma@ukuniversitysearch.co.uk) for further details or to book places.
- **Lancaster University - 24th March** - [see details here](#) - email [emma@ukuniversitysearch.co.uk](mailto:emma@ukuniversitysearch.co.uk) for further details or to book places.
- **University of Derby - 17th April** - [see details here](#) - email [dan@ukuniversitysearch.co.uk](mailto:dan@ukuniversitysearch.co.uk) for further details or to book places.

For a full list of our spring & summer events please visit our [website](#).

28th April - 30th April

2026

Meet the  
**RUSSELL GROUP**

Afternoon Session: 12:00 - 13:30

Evening Session: 16:30 - 18:00

[www.ukuniversitysearch.com/fair-signup/russell-group-webinars](http://www.ukuniversitysearch.com/fair-signup/russell-group-webinars)

Our **Meet the Russell Group Webinars** will be returning on **28th - 30th April**. These are incredibly informative for students considering applying for RG universities. The webinars will cover topics such as Student Life, Personal Statements & Applying to an RG University. You can **register for this spectacular event below**.

[Register Here](#)





## Make a Difference While you Qualify as an Accountant

### National Audit Office (NAO) ACA Apprenticeship 2026

The National Audit Office (NAO) is now accepting applications for its Apprentice Accountancy Training Scheme.

If you want interesting work with real impact, this apprenticeship offers a clear route into a respected profession and the chance to help improve public services. Our work is investigative and analytical, helping Parliament hold government to account and ensuring public money is well spent. It goes far beyond auditing, covering areas such as healthcare, education, climate, and defence – helping to make government decisions transparent and impactful.

Applications **open on Thursday 11th December** and close on **30 March 2026** (11:59 PM).

#### Who can apply?

School and college leavers who want to start their career and gain a professional qualification. The scheme provides a **structured pathway to the ACA qualification** through ICAEW, with full training and support.

[Learn More!](#)



Study while you earn  
with our training  
provider BPP



Support from  
coaches and an  
apprentice network



Roles in London  
or Newcastle



A friendly culture,  
good work-life  
balance, and long-  
term career prospects.

#### Salary, benefits and progression

We're open about pay and benefits. Full details are on our website including starting salary, Civil Service pension and clear promotion steps.

#### Inclusive and accessible

We welcome applicants from all backgrounds and offer reasonable adjustments throughout the process.

Visit the National Audit Office website to find out more and start your application.



Dear Parent/Guardians,

Are you curious about the opportunities the British Army offers young people? Join our British Army Insights session designed to give you clarity and confidence about what's possible.

- **Event: British Army Insights – A Guide for Parents & Carers**
- **Date: Tuesday 20 January**
- **Time: 18:00 – 19:00**

**Join Now!**

### Survey Highlights:

Recent research with over 600 parents and guardians found that:

- Only 27% of parents/carers felt fully confident supporting their child through the Army apprenticeship application process.
- 49% of parents/carers would like to attend an online session and receive resources/information about British Army apprenticeships.

### What to Expect:

- Discover what life in today's Army really looks like, including the wide range of roles, training, and qualifications available.
- Hear real stories from those with lived experience, get practical advice, and have time to ask your questions.
- Find out how the Army helps young people build confidence, resilience, and valuable life skills - all while earning and learning.

**Join Now!**

**Bonus:** When you attend, you'll receive a **FREE downloadable resource** to help you support your child's career choices.

Whether your child is curious about the Army or you simply want to understand more, this session is here to support you.





# COME ALONG TO OUR APPRENTICESHIP OPEN EVENING

THURSDAY 12<sup>TH</sup> FEBRUARY 2026  
4:00PM-7:30PM

**Business Administration | Leadership and Management  
Engineering Operative | Engineering Fitter  
Machining Technician | Metal Fabricator  
Engineering Design Technician  
Mechatronics Maintenance Technician  
Maintenance Operations Engineering Technician**

- Find out everything you need to know about Apprenticeships
- Have a tour of our specialist facilities
- Check out our current Apprenticeship vacancies
- Discuss your career options with our team
- Meet some of our Apprenticeship employers

Simply scan the QR code to secure your spot —  
it's quick, easy, and only takes a minute!

**SCAN ME**



01204 677888

[info@alliancelearning.com](mailto:info@alliancelearning.com)

[www.alliancelearning.com](http://www.alliancelearning.com)

The Hurst Building, Horwich Business Park  
Chorley New Road, Horwich, Bolton, BL6 5UE  
(behind Horwich fire station)





## There are lots of different ways to find out about KPMG's incredible apprenticeship opportunities.

KPMG Apprenticeship Programmes in Audit, Tax and KPMG Business Services are **open now**.

Just like Dylan, as a KPMG apprentice, you'll get full support as you work towards your qualifications, gaining real-world experience and finding your people. With study groups, socials, and office events, there are always opportunities to make friends without going to university.

**"All the managers are really helpful with coaching you, helping you understand what's going on." - Dylan, Audit Apprentice.**

At KPMG, you'll learn, connect, and make the difference from day one. It's about earning while learning, and finding a career path that feels right for you.

### EXPLORE KPMG APPRENTICESHIPS

#### Learn about life as an apprentice at KPMG

**KPMG apprenticeships are a great alternative to university, offering:**

- £24,000 - £26,250 salary (dependent on programme and location)
- Fully funded professional qualifications
- Six days of volunteering per year
- 25 days of holiday and your birthday off

Plus many more benefits!

### Have you checked out KPMG's Meet the Employer profile?

Find out more about the apprenticeship programme application process and get tips on how to apply, as well as what skills they're are looking for, what makes them a great employer, what life looks like behind-the-scenes.

We'll also be running a webinar with the KPMG Careers team in the new year, in the run up to National Apprenticeship Week 2026, so you can learn about the apprenticeships available, what's involved, the programme benefits, and more.

**VISIT THE KPMG PROFILE**





We would like to share with you some upcoming outreach opportunities taking place in the new year that may be of interest to you and your high achieving mathematical students.

Please find information and booking links below.

## Science Revise

**16:30 - 17:30 from Wednesday 7th January - Wednesday 3rd March**

An 8-week revision programme designed to support your Year 11 GCSE Physics and Chemistry revision. The lectures will run online each Wednesday (in term time) with our Physics and Chemistry teachers.

**Click the link to book**

<https://bit.ly/3LJhCR9>

## Open Day

**10:00 - 12:30 on Saturday 14th March**

Students have the opportunity to tour our purpose-built building, attend a talk from the Head of School, Peter Tiltman and speak with staff and current students to learn more about life at LUSoM.

**Click the link to book**

<https://bit.ly/4hb66tl>



**LANCASTER UNIVERSITY  
SCHOOL OF MATHEMATICS**



# The STAR Method

The STAR Method is a simple technique that helps you give clear, structured answers in interviews; especially when asked about skills, experiences, or challenges.

## **STAR stands for:**

S – Situation

T – Task

A – Action

R – Result

Using STAR helps you explain what happened, what you had to do, what you actually did, and what changed because of it. This makes your examples more confident, detailed, and memorable.

## **S – Situation**

What was the context?

Describe the background or setting so the interviewer understands what was going on.

Top Tips:

- Keep it short but clear
- Mention where you were and who was involved
- Focus on something real (school, work experience, volunteering, hobbies)

Practice prompt:

*Describe a situation where you had to work with others to achieve something.*

## **T – Task**

What was your goal or responsibility?

Explain what you needed to do or what challenge you had to overcome.

Top Tips:

- Be specific about your role
- Explain why the task was important

Practice prompt:

*State the specific task or challenge you were responsible for in that situation.*



## A – Action

What did you do?

This is the most detailed part. Describe the steps you personally took.

Top Tips:

- Focus on your actions, even if it was a group task
- Use strong verbs (organised, led, planned, supported, created)
- Show your thought process if possible

Practice prompt:

*List the actions you took to complete the task. What did you actually do?*

## R – Result

What happened in the end?

Describe the positive outcome and, if possible, what you learned.

Top Tips:

- Show impact (Did you solve the problem? Improve something? Help others?)
- Include numbers if relevant (e.g. “10% increase”, “finished 2 days early”)
- Mention what you learned for next time

Practice prompt:

*Explain the result of your actions. What changed because of what you did? What did you learn?*

# STAR Challenge

**Pick one of the following experiences and write a short STAR response for it:**

- Helping someone solve a problem
- Successfully working on a team project
- Overcoming a challenge or setback
- Taking responsibility in school (e.g., event, club, classroom role)
- Learning something new or improving a skill



Empowering Careers

**Great news!** we've just released a brand-new podcast episode featuring the Pathway CTM team and incredible apprentices from [Lloyds Banking Group](#)!



**This episode is perfect for any students exploring apprenticeship pathways, especially in the tech sector.**

Our guests include members of the Pathway CTM team and current apprentices at Lloyds Banking Group, who openly discuss:

- What it's really like to apply for apprenticeships
- Tips for young people — including girls interested in tech careers
- How their parents and teachers reacted when they chose the apprenticeship route
- Common myths about apprenticeships - and how to challenge them with facts

### **Start Watching**

It's an honest and relatable conversation, packed with practical insights that can support your students as they make key decisions about their next steps.

**[Listen to the episode here](#)**

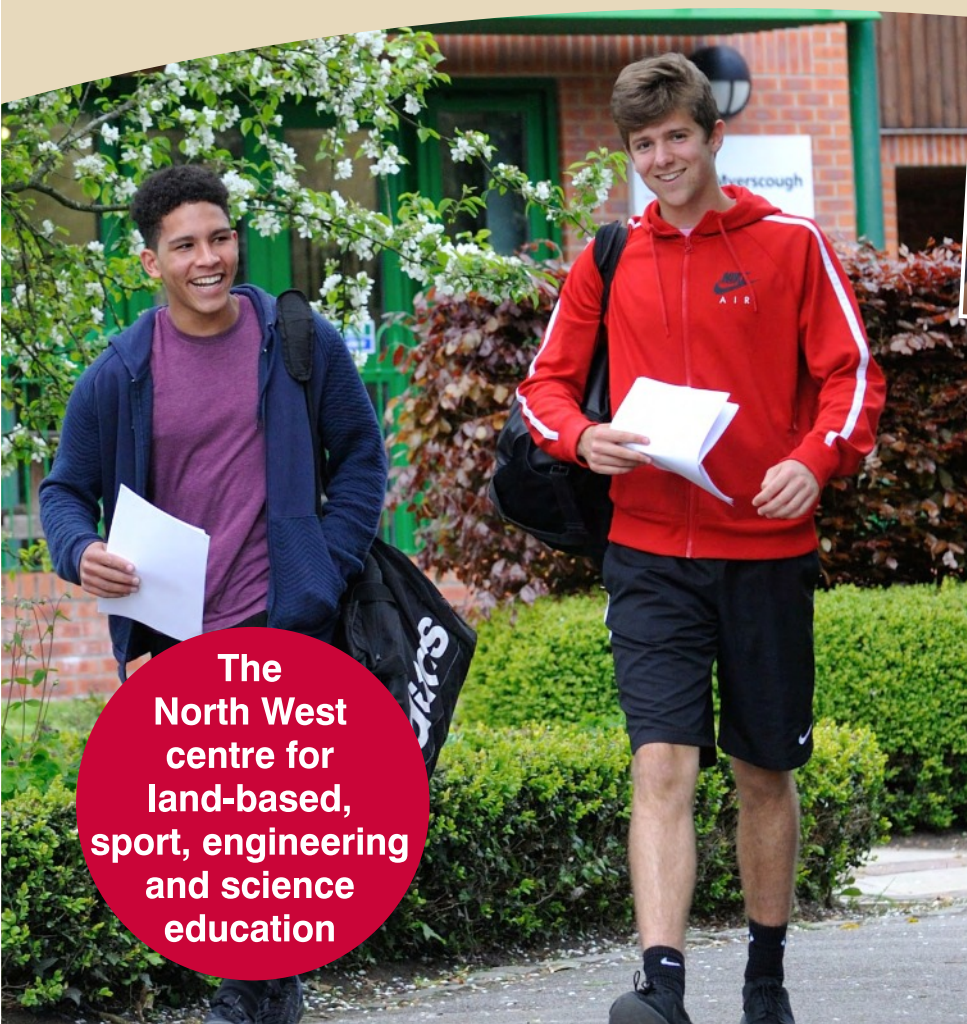




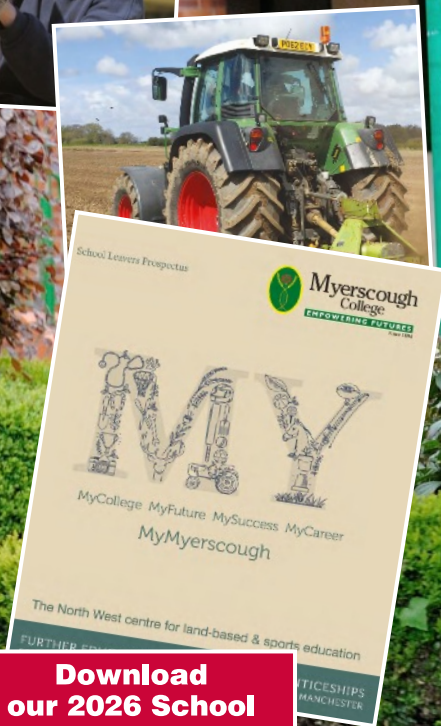
**Myerscough**  
College & University Centre  
**EMPOWERING FUTURES**  
Since 1894

- ✓ School Leavers
- ✓ Apprenticeships
- ✓ University Degrees

# Course Advice Morning



The  
North West  
centre for  
land-based,  
sport, engineering  
and science  
education



**Download  
our 2026 School  
Leaver Prospectus**

**Saturday 6th December 2025\***  
**Saturday 7th February 2026**

\* Preston and Liverpool only

**CENTRES ACROSS  
THE NORTH WEST**

**PRESTON • WARRINGTON  
LIVERPOOL • MANCHESTER**

**[www.myerscough.ac.uk](http://www.myerscough.ac.uk)**

### Why choose the Preston Centre of Sporting Excellence?

- Three different vocational levels for 16 to 19 year olds
- Lessons are delivered at Preston College; sports hall, 3G pitch, fitness suites and classrooms
- High level of competition in football with the opportunity to represent Preston College and Preston North End Community and Education Trust (PNECET)
- Work experience opportunities with PNECET
- Assessed through the completion of a portfolio, formal assignments, presentations, in class tests and practical assessments
- A progression pathway into higher education with the University of South Wales, scholarships or employment
- Dedicated recruitment team to support any application or interest



**Scan the QR code to complete our  
expression of interest form or for further information**

 **john.lee@pne.com**

**Applications for entry September 2026  
open on October 1st 2025**





# Apply Now



**APPLY NOW**





# INFORMATION CREATIVE TECHNOLOGY TASTER WORKSHOP

**TUESDAY 17<sup>th</sup> FEBRUARY**  
**9:30 - 12:30**

We are running a **FREE** taster workshop for any Yr10 or 11's interested in ICT

This will be a practical session based around Cyber Security

Numbers will be limited but to confirm a place please email [mpatel@preston.ac.uk](mailto:mpatel@preston.ac.uk)



**PRESTON**  
COLLEGE

**YEAR 10 & 11**

**REGISTER NOW!**

**OPEN EVENT**  
**THURSDAY 5 MARCH 4-7PM**

**PRESTON**  
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION



# ART & DESIGN TASTER WORKSHOP



**TUESDAY 17<sup>th</sup> FEBRUARY**  
**9:30 - 12:30**

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Art & Design.

The session is intended to develop your creative print making skills. It will be hands on and cover a number of different forms of print.

Numbers will be limited but to confirm a place please email **dheyes@preston.ac.uk**



**PRESTONCOLLEGE  
CREATIVEARTS**

**PRESTON**  
COLLEGE

**YEAR 10 & 11**

**REGISTER NOW!**

**OPEN EVENT**

**THURSDAY 5 MARCH 4-7PM**

**PRESTON**  
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION




# Virtual Work Experience with Dunelm: Careers, Skills, and Opportunities

In partnership with:



Step inside Dunelm, the UK's favourite homewares retailer, and discover what it's really like to work both in-store and behind the scenes. This Virtual Work Experience programme gives you a unique opportunity to explore a wide range of careers — from retail and supply chain to tech and head office roles — all while building valuable employability skills.

Through interactive activities and expert insights, you'll gain a deeper understanding of how a big business operates and what it takes to succeed in today's world of work. Whether you're interested in customer service, logistics, or digital innovation, this programme will help you find your happy place and take your first step towards a rewarding career.

 This programme is open to anyone aged 13+

 Certificate of completion

 Over 7 hours worth of content

 Complete at a pace that suits you

**Scan Me**  
To sign up for this course





## Meet the future you



Answer a few short questions and find out how YOUR skills and passions could lead to an exciting job in the future.

Whether you're just starting out, or are ready to think about your next steps, this is the quiz for YOU.

Take the quiz and get ready to be inspired...

**neon**  
Brilliant Inspiration

**UCL ENGINEERING**  
Change the world

**EUK EDUCATION**  
Inspiring Futures Together

### START QUIZ

**Attention students - Find your future with the Meet the future you quiz!**

**Ever wondered what an engineer does? Could you explore outer space, protect the environment, design apps or improve health and wellbeing?**

**Answer a few short questions and find out how your skills and passions could lead to an exciting job in the future.**

**Whether you're learning about different jobs, or ready to think about taking the next step, this is a fun quiz perfect for sparking off conversations about careers.**



**Suitable for students  
aged 7 and over.**

# FILM & PHOTOGRAPHY TASTER WORKSHOP



**MONDAY 16<sup>th</sup> FEBRUARY**  
**9:30 - 12:30**

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Media, Film & Photography.

The session will hands on and practical using industry standard software and equipment and is ideal for anybody looking for a career in TV, Film, Photography and Journalism.

Numbers will be limited but to confirm a place please email  
**lfenton@preston.ac.uk**



**PRESTONCOLLEGE  
CREATIVEARTS**

**PRESTON**  
COLLEGE

**YEAR 10 & 11**

**REGISTER NOW!**

**OPEN EVENT**  
THURSDAY 5 MARCH 4-7PM

**PRESTON**  
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION



# GAMES & GRAPHICS TASTER WORKSHOP



**MONDAY 16<sup>th</sup> FEBRUARY**  
**9:30 - 12:30**

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Games & Graphics.

The session will be based around 3D modelling in Maya where you will be introduced to aspects such as building, texturing, lighting and rendering.

Numbers will be limited but to confirm a place please email **sroberts@preston.ac.uk**



**PRESTON**  
COLLEGE

**YEAR 10 & 11**

**REGISTER NOW!**

**OPEN EVENT**  
**THURSDAY 5 MARCH 4 - 7PM**

**PRESTON**  
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION





## **STRONGER STARTS PROGRAMME OPEN FOR APPLICATIONS!**

Tesco's Stronger Starts apprenticeship programme is now open, offering two fantastic apprenticeship pathways for young people, the well-established Retail Apprenticeship and the brand-new Maintenance Apprenticeship.

Stronger Starts is a fantastic opportunity for young people to kickstart a career in retail or maintenance, enjoy a brilliant starting salary, and receive lots of support and coaching along the way.

**Read on for more information on the roles, links to apply, tips on applying and our upcoming webinar with the Tesco Early Careers team...**

## **THE ROLES**



### **Maintenance Apprenticeships**

Stronger Starts are now offering a Maintenance Apprenticeship! Apprentices will work alongside earning a Level 2 Property Maintenance Operative qualification – equivalent to 5 GCSE passes.

The 18-month programme sets you up with the skills you need for everyday duties in maintenance jobs.

**FIND OUT MORE**



### **Retail Apprenticeships**

Retail apprentices will work, earn and learn, gaining a Level 2 National Standard in Retail qualification over the course of the programme.

You'll gain hands-on experience of how a store operates, and have the opportunity to experience different roles and tasks across the store.

**FIND OUT MORE**



# VACANCIES & HOW TO APPLY

Applications are now open for vacancies in stores in selected locations across England!

The Stronger Starts apprenticeship programme is a fantastic opportunity for young people to earn while they learn, gain skills and qualifications, receive ongoing support and enjoy long-term career opportunities.

**APPLY NOW**



**MEET THE EMPLOYER**



## JOIN OUR WEBINAR

Join us and the Tesco Early Careers team on 8th December at 4pm to learn about the apprenticeships available, what is involved, the benefits available, and more.

Don't worry if you can't make it on the day, sign up anyway and we'll send you the recording so you don't miss out.

**REGISTER NOW**



Visit Tesco's Meet the Employer profile to find out more about the Stronger Starts apprenticeship programme application process and get tips on how to apply.

You can also find out what skills Tesco are looking for, what makes them a great employer, what life looks like behind-the-scenes and more.

**VISIT THE PROFILE**



# Industrial Cadets: Individual Challenger Experiences

Our current available Individual Challenger activities are listed below. More exciting activities will be added soon.

To register for one of the activities - click on the link below, create an account on our Learning Platform, choose and pay for your activity, start and complete your 3 hour activity in your own time. Suggested age 11-16. On completion you will receive your Industrial Cadets Challenger certificate to download.

Cost: £25

## Carbon Capture - Eco Garden project

This course is aimed at 11 - 16 year olds and can be completed by yourself. The recommended time to complete is 3 hours but it can take longer depending on the detail you put into your project. You can complete it in your own time and it can be completed in multiple sessions as your progress will be saved.

This course is designed to help you create a garden that supports the environment and contributes positively to the fight against climate change. Together, we'll explore the basics of climate change, its impacts, and the importance of natural carbon stores.

You'll learn about carbon sequestration—the process by which plants, soil, and other natural features capture and store carbon dioxide. With this understanding, you'll plan a garden that includes as many carbon-storing elements as possible. We'll also look at other features that can make your garden environmentally friendly, such as supporting biodiversity, conserving water, and providing habitat for pollinators.

To bring your ideas to life, you'll have the option of using recycled or craft materials for hands-on model building, or digital tools to create a detailed online design. This flexibility allows you to explore your creativity in a way that suits your preferences and resources.

By the end of this course, you'll have a clear plan for an eco garden tailored to your space and a deeper understanding of how small, thoughtful changes can make a big environmental difference.

## TinkerCAD Moon Base Project

This course is aimed at 11 - 16 year olds and it can be completed by yourself. The recommended time to complete is 3 hours but it can take longer depending on the detail you put into your project. You can complete it in your own time and can be completed in multiple sessions as your progress will be saved.

This course is designed to help you create a 3D design using a CAD program. You will be able to investigate and learn how to create a 3D moonbase, fit for astronauts, whilst learning more about the best place to setup a base on the moon. Please keep in mind you will need an email address to log into TinkerCAD- this can be your own email or a parent/carer's email.

You'll learn about all the different elements you'd need to consider when building a base such as environmental factors, temperature, design shape, rooms and also think about what materials you could use in space.

To bring your ideas to life, you'll log in to TinkerCAD and go through the different lessons that are assigned to you.

By the end of this course, you'll have a clear understanding of how to use a CAD program whilst deepening your understanding of space.

[sign up](#)







£25 per  
project

For ages  
11 - 16

# Individual Challenger Experience

The Individual Challenger Activities are an exciting way for students to complete a short STEM project from home and gain an Industrial Cadets Challenger award.



## Carbon Capture - Eco Garden Project

- **Create a garden** that supports the environment and contributes positively to the **fight against climate change**.
- You'll learn about **carbon sequestration**—the process by which plants, soil, and other natural features capture and store carbon dioxide.
- By the end of this course, you'll have a clear plan for an eco garden tailored to your space.

## TinkerCAD Moon Base Project

- Create a **3D design using a CAD program**.
- Learn how to create a **3D moonbase, fit for astronauts**, whilst learning more about the best place to setup a base on the moon.
- By the end of this course, you'll have a clear understanding of how to use a CAD program whilst deepening your understanding of space.

## How to sign up/find out more

To sign up, please visit our website [here](#) or scan the QR code!



# GAIN THE ULTIMATE WORK EXPERIENCE THIS SUMMER

**1 and 2-week programmes for students aged 15-18**

Register now with code **EARLY15** for 15% off Summer Experience Programmes!



Work with **top professionals** and explore **real workplaces**



Gain a **qualification** in work experience to boost your university application



Experience **university life** on-campus at UCL

## Choose from 15 different careers

Art & Design  
Architecture  
Computer Science  
Dentistry  
Engineering  
Entrepreneurship  
TV & Filmmaking  
Forensic Science  
International Politics  
Investment Banking  
Law  
Media  
Medicine  
Psychology  
Veterinary Science



**REGISTER  
NOW**





# Gaining Experience Beyond The Classroom

**INVESTIN**  
THE ULTIMATE WORK EXPERIENCE

## Why?

Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

## Work Experience

### What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



Remember, not all your work experience needs to be industry-specific - any experience provides you with transferable skills!

## What?

- **Shadowing**  
Observing someone in a working environment
- **Volunteering**  
Such as at charity shops, care homes or tutoring
- **Insight days & workshops**  
Online or in-person programmes for students
- **Part-time job**  
Such as in a cafe/restaurant, shop assistant
- **Formal placements & internships**  
Typically more widely available for 18+

## Where?

- **Look local**  
Research organisations in your local area and enquire about shadowing or volunteering opportunities
- **Use your network**  
Ask friends, family, teachers for any relevant connections
- **Look out for formal schemes**  
Research opportunities for school students on sites like [Prospects](#), LinkedIn or the [Student Ladder](#)

## Extracurriculars

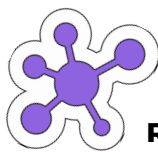


Consider what you already do outside of school - **what does it say about your interests or skills?**

Then, consider how you could develop further the skills required for your dream university course or career.

### Socialising

Communication  
Empathy



### Sport

Leadership  
Teamwork

### Music or drama

Creativity  
Commitment

### Reading & writing

Analytical thinking  
Attention to detail

### What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

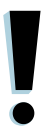
Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday

## Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen course!

**THINK:** why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

Looking to gain work experience? Check out InvestIN's programmes at [www.investin.org](http://www.investin.org)



# PRESTON COLLEGE



St Vincent's Road  
Preston  
PR2 8UR


**W** [www.preston.ac.uk](http://www.preston.ac.uk)  
**T** 01772 225522  
**E** [info@preston.ac.uk](mailto:info@preston.ac.uk)

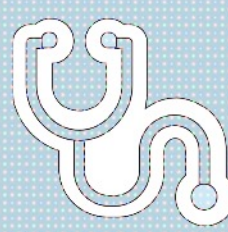
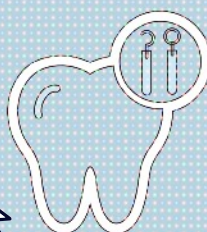
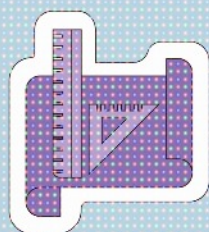


[www.preston.ac.uk/apply](http://www.preston.ac.uk/apply)

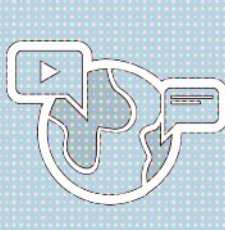
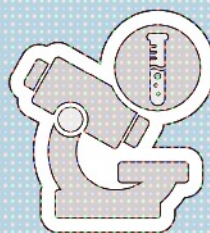
**APPLY NOW FOR SEPTEMBER 2026!**



 [www.investin.org/pages/career-quiz](http://www.investin.org/pages/career-quiz)



**What career is  
right for you?**



**INVESTIN**

THE ULTIMATE WORK EXPERIENCE



**Review of  
your skills**



**Recommended subject  
choices & resources**



**Top tips from  
professionals**

Take our **5-minute  
career quiz** to learn  
more about the  
industry you're  
best suited to



**Discover  
your future**





# PREPARING LIFE

## FOR WHAT YOU'LL THROW AT IT

Our Military Academy  
holds open days **every Friday.**

GET IN TOUCH TODAY TO BOOK YOUR PLACE!

- 50% physical and 50% academic training.
- Our roll-on roll-off course means you can join today!
- 90% of our learners progress into military or civilian roles.
- Financial support available.

IN ASSOCIATION WITH



IN COOPERATION WITH



IN ASSOCIATION WITH



SCAN NOW TO  
BOOK YOUR PLACE



visit **mpct.co.uk**

call **0330 111 3939**



# Subject Guide Videos



These impartial videos have one key aim. To support students who are considering university to make informed future subject decisions. They feature guest speakers from a range of different universities, who are always experts in the subject being explored.

## Including the UK's first video subject guide!

Different subjects, but the same four themes explored in every single one:

- Why students may wish to consider the subject
- What to expect if they study it
- An overview of the careers it may lead to
- Application tips if they go on to apply

From Accounting to Zoology - and 100's of subjects in between. You can browse any of the videos, search by keyword, or filter by subject.

[CLICK HERE](#)



# Parents' Evening: The Newsletter That Helps You Support Your Child's Future



Worried about exams?  
Confused about career  
options? Wondering what  
comes next?

**We've got your back.**

Get free, quarterly updates  
full of expert advice, tips, and  
guidance to help your child  
make confident decisions  
about their future.

- ✓ Exam stress & study tips
- ✓ Uni vs apprenticeship advice
- ✓ Application & interview help
- ✓ Soft skills made simple
- ✓ SEND support for parents
- ✓ Real success stories
- ✓ Live job opportunities

 **Sign Up Today!**

Get practical, no-nonsense advice straight to  
your inbox – **plus your free guide:**

"10 Tips to Help Your Child Find Their Career Path"







# YOUTH FUTURES DROP IN

**ARE YOU 16 OR 17 AND NOT IN SCHOOL OR WORKING?**

We can help you with;

- Your next steps
- Getting into education
- Finding work
- Building your confidence
- Boosting your skills

Let's work together to figure out your next steps!

## DROP IN



Chorley Library, PR7 1EB



Monday 1-4pm

Usually I'm there, but  
best to check!

## CONTACT US



07917 534459



01772 531 044



[@youthfutures\\_team](https://www.instagram.com/youthfutures_team)



[youthfutures@lancashire.gov.uk](mailto:youthfutures@lancashire.gov.uk)

# OPEN EVENTS

5-7PM

15<sup>TH</sup> OCTOBER

18<sup>TH</sup> NOVEMBER

15<sup>TH</sup> DECEMBER

9<sup>TH</sup> FEBRUARY

12<sup>TH</sup> MARCH

12<sup>TH</sup> MAY

18<sup>TH</sup> JUNE







University of Central Lancashire

Training 2000



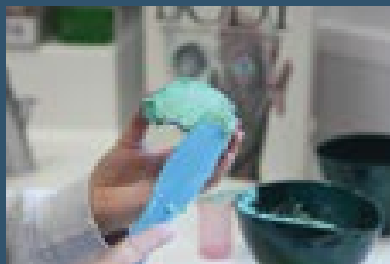
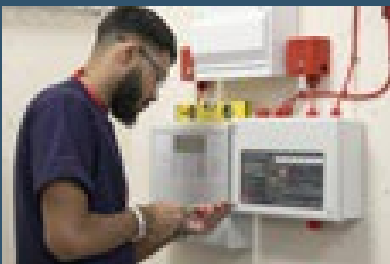
# Apprenticeship open evenings

Explore our site, discover our facilities and talk to staff and students about the courses you want to study at our Apprenticeship Event.

**Wednesday 28th January &  
Thursday 29th January 2026**  
between 4.30 - 7.30pm

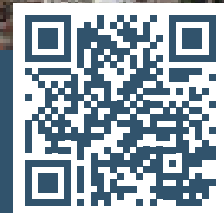
**Where:** Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

**Accountancy | Business | Dental | Engineering | Fire & Security | Optical | Scaffolding**



**Book your place:**

[www.training2000.co.uk/events](http://www.training2000.co.uk/events)



Part of the  
University of  
Central Lancashire



University of  
Central Lancashire  
UCLan

**Traineeships**

**Apprenticeships**



July 25 M1164 Training 2000 Ltd is a company limited by guarantee. Registered in England: 2380675 Registered Charity: 701770

# OPEN

# EVENTS

**AT THE  
COLLEGE FOR  
TECHNICAL  
EXCELLENCE**



## **PARSONS WALK CAMPUS** (WN1 1RR)

**4.30pm - 7.00pm**


**Monday 6 October 2025  
Monday 3 November 2025  
Monday 26 January 2026  
Monday 27 April 2026**

## **LEIGH CAMPUS** (WN7 4JY)

**4.30pm - 7.00pm**

**Monday 13 October 2025  
Monday 10 November 2025  
Monday 2 February 2026**



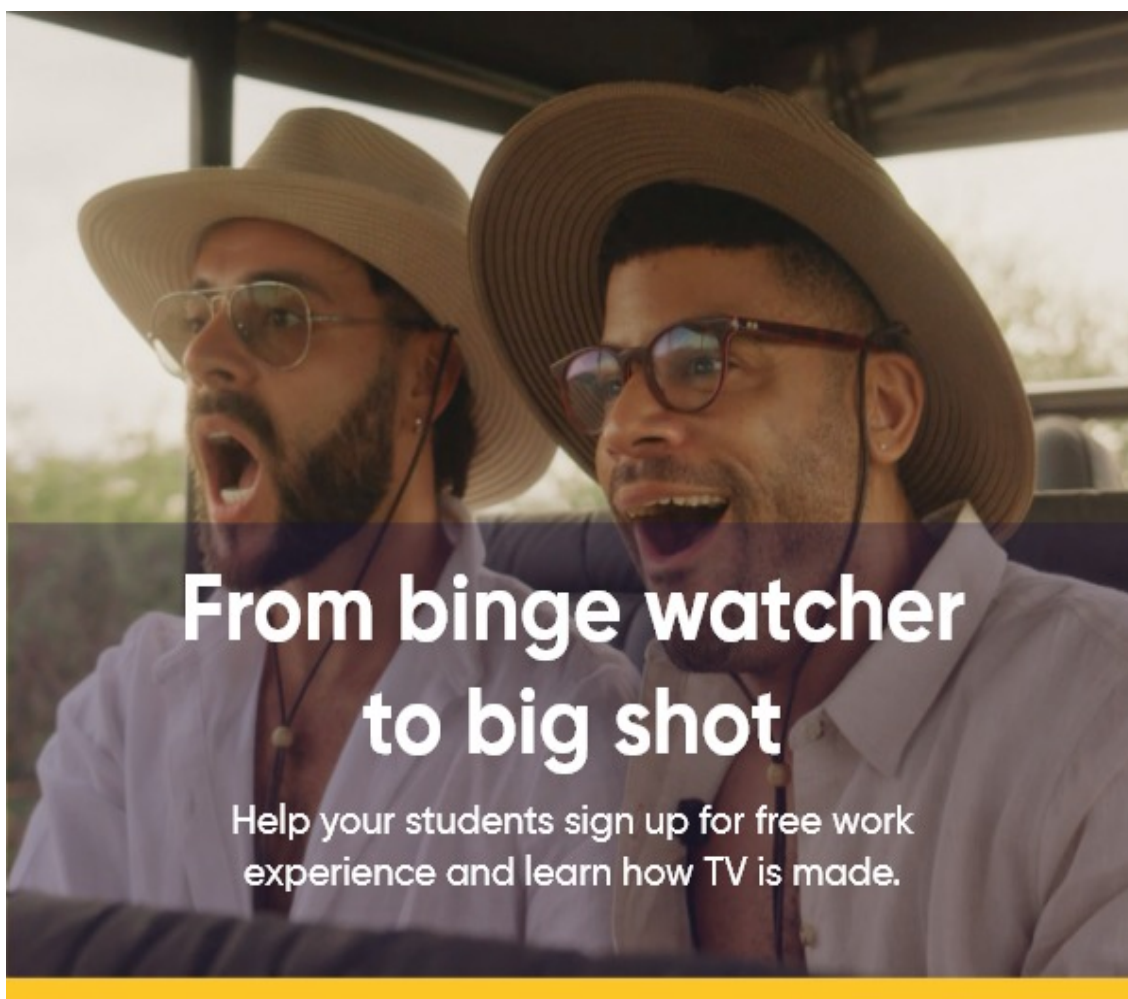


# DEFY ZERO GRAVITY

THIS IS  
ENGINEERING

**MEET VINITA.** SPACESUIT DESIGNER.  
AGED FIVE, SHE WAS OBSESSED WITH  
ALL THINGS SPACE. TODAY, SHE DESIGNS  
SPACESUITS FOR ASTRONAUTS.  
BE THE DIFFERENCE.

**SEARCH 'THIS IS ENGINEERING'**



## From binge watcher to big shot

Help your students sign up for free work  
experience and learn how TV is made.

**We wanted to send a little festive  
treat your way...**

Channel 4 work experience has officially been  
extended to **27th February!**

Think of it as a bit of extra breathing space for you  
and your students as we head into the new year.

**SIGN UP NOW**



**To make things even easier,  
we've wrapped up everything  
you need below.**

### **Catch Up on the Latest Careers Lead Webinar**

If you missed our recent session—or want to revisit it over a mince pie—the full recording is now available.

**WATCH HERE**

### **Questions? We're here!**

Whether you're curious about what the online work experience involves, how to sign up, or what kind of creative projects you'll get to try, our 4Skills team is here to help. Get in touch and we'll guide you through everything you need to know to make the most of this opportunity.

**GET IN TOUCH**





**Ready to get detecting?**

Keep your eyes peeled for these Christmassy treasures



Ivy



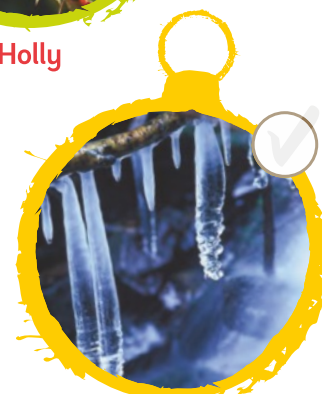
Pine cones



Holly



Christmas tree!



Icicles

# Christmas hunt



Mistletoe



Snowflake



Frost



Robin

## How many other festive finds can you spot?

Feel free to copy and share this for personal and educational use – and don't forget there are loads more brilliant activities to download on our website!

[woodlandtrust.org.uk/naturedetectives](http://woodlandtrust.org.uk/naturedetectives) | 0330 333 5301 | [naturedetectives@woodlandtrust.org.uk](mailto:naturedetectives@woodlandtrust.org.uk)

f Search for 'nature detectives' | #NatureDetectives

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**NEW**

**COLLEGE**

**PODCAST**

COLLEGE COMPASS

**UNLOCK THE  
SECRETS TO  
A SUCCESSFUL  
CAREER**

**GUEST SPEAKERS  
ADVICE & GUIDANCE  
INDUSTRY KNOWLEDGE**

**LISTEN NOW ON SPOTIFY**



## Retail Apprenticeship What skills do you gain?

**It's not just about stacking shelves!**

### RETAIL

Learn about all areas of retail and how a store works across all areas.

### BUSINESS

Develop an understanding of how a business works - on a store and national level.

### CUSTOMER SERVICE

Develop customer service and communication skills in a wide range of scenarios.

### SOCIAL MEDIA

Gain knowledge of the impact social media has on brand reputation.

### TECHNOLOGY

Become proficient at using a range of different technologies.

### FINANCE

Handle money and using financial operations in real-life situations.

### STOCK

Learn to manage stock availability using systems and procedures.

### PRODUCT PLACEMENT

Develop an understanding of product placement promotional activities.

### TEAMWORK

Build your people and teamwork skills by working with a wide variety of colleagues.

### TIME MANAGEMENT

Progress your time management skills and learn how to prioritise tasks.

### PROBLEM-SOLVING

There will be lots of opportunities to develop your problem-solving skills in retail.

### COMMUNITY

Gain knowledge of supporting local communities.





## Retail Apprenticeship Where could it take you?



**JANG**

**STRONGER STARTS**

**RETAIL**

**APPRENTICESHIP**



**TOM**

### HUB OPERATOR

Interested in a career in security? A Hub Operator position may be perfect for you. Identifying risks and creating reports will be a big part of your day to day!

**1**

### SHIFT LEADER

The Shift Leader oversees shifts and coordinates the team to maintain a safe and efficient store environment. They are always looking for ways to improve customer service.

### PROJECT MANAGER

Project Managers are present across Tesco stores, playing a crucial role in maintaining store safety and ensuring staff satisfaction.

**2**

### STORE MANAGER CONVENIENCE

Store Managers plan and manage work streams, with a focus on continuously improving Tesco's service to customers, communities and the environment each day.

### AREA MANAGER

An Area Manager's goal is to create an excellent shopper experience. They understand the business inside and out and strive to create a supportive and compliant work environment.

**3**

### CENTRE MANAGER

This position will place you at the core of Tesco's various centers, where you will be responsible for inspiring a large team and ensuring that all staff members provide exceptional service.

**YOUR FUTURE**

Find out more: [www.amazingapprenticeships.com/tesco](http://www.amazingapprenticeships.com/tesco)





**TESCO**

**Stronger  
Starts**

# MEET ZOE

Level 2  
Retail Apprentice



Watch Zoe's  
story here

Age 16+ and looking for your next step? Kick-start your career with our Stronger Starts Retail Apprenticeship.  
**To find out more visit:**

[www.tesco-programmes.com/apprenticeships/stronger-starts-retail](http://www.tesco-programmes.com/apprenticeships/stronger-starts-retail)



# MENTORVERSE

Technology is shaping the future, and it's important for the next generation to understand how to use it. As the world becomes more digital, knowing how technology works can open doors to exciting careers, spark new ideas, and help solve major challenges like climate change or improving healthcare. But it's not just about jobs - technology encourages creative thinking, helps people connect, and makes everyday life more efficient. Learning these skills is about being ready to adapt, solve problems, and make the most of the opportunities the future will bring.

That's why I'm excited to invite your students to the Tech Mentor No-Code Hackathon, happening on **Sunday 11th January**, from 10am to 4pm.

A no-coding hackathon is a great way to explore technology in a hands-on and approachable way. By removing the need for coding, it allows anyone to participate, no matter their background, and focus on coming up with ideas, solving problems, and working together.

The hackathon is open to students aged 14-18 (Years 10–13) and is fully online, making it accessible to everyone. No prior coding experience is needed - students will use no-code platforms to build their apps, with guidance from experienced mentors throughout the day.

<https://techmentor.org.uk/hackathon/>

The Tech Mentor No-Code Hackathon is a hands-on, team-based event where students have the chance to:

- Build their own app to solve a real-world challenge, with no code needed.
- Develop essential skills like problem-solving, teamwork, and creativity.
- Create a portfolio of work they can showcase for jobs, apprenticeships, or university applications.
- Work in a safe, supportive environment where mistakes are part of the learning process.

Here's what they can expect:

- The hackathon will be fully online via Zoom, running from 10am to 4pm (UK GMT).
- Students will work in teams to tackle a surprise real-world challenge using no-code platforms.
- They'll be guided by experienced mentors who will support them throughout the day.
- Each participant will receive a certificate of participation
- The cost is £15 per student, which covers platform and administration costs.

Winners from this hackathon will be invited to the National Finals on 11th July 2026, where they'll compete for:

- **1st Place: £1,000 for the winning team and £100 to each winning team member's school.**
- **2nd Place: £750 cash prize for the team.**
- **3rd Place: £500 cash prize for the team.**

Students will be allocated to random groups on the day to keep the competition fair and enhance your networking experience! This is a chance for you to meet likeminded students beyond your school environment and start building your Tech Network!

Spaces are limited, so I encourage students to register early to avoid disappointment.

**Register now:** <https://techmentor.org.uk/hackathon/>



# FOUNDATION APPRENTICESHIPS



Explore this exciting new apprenticeship programme

## What are foundation apprenticeships?

Foundation apprenticeships help young people gain technical knowledge and skills while earning a wage. They are designed for young people typically aged 16 to 21 (or 22-24 meeting the eligibility criteria) who want hands-on experience in key sectors like construction, digital and social care. These level 2 apprenticeships combine technical knowledge and skills with workplace learning, helping the apprentice to decide their next career steps.

## Which standards are available?

The [first foundation apprenticeships](#) focus on industrial strategy and government mission areas, including:

### Engineering & manufacturing

- Building service engineering
- Engineering and manufacturing

### Construction

- Finishing trades
- Onsite trades

### Digital

- Hardware, network and infrastructure
- Software and data

### Health

- Health and social care

## Where can you find vacancies?

As foundation apprenticeships are a new programme from 1<sup>st</sup> August 2025, it may take some time before we start to see lots of vacancies become available. Vacancies will start to appear on the Government's [Find an Apprenticeship website](#), as well as other jobs sites, employer websites and social media.

## Who can be a foundation apprentice?

Foundation apprenticeships are only available for young people who are:

- aged between 16 and 21 (or 15 years of age if the apprentice's 16th birthday is between the last Friday of June and 31st August)
- aged between 22 and 24 years old, who either
  - hold an Education, Health and Care plan
  - have been, or are, in the care of their local authority
  - are in prison or a prison leaver

## KEY FACTS



### Foundation apprenticeships

- typically last for 8 months.
- support progression to more specialised apprenticeships (level 2 or 3) or direct entry to employment.
- help apprentices to develop employability skills and behaviours common to the workplace.
- are paid positions where the apprentice must be paid at least the National Minimum Wage for Apprentices .
- are currently available in 4 sectors, covering 7 different job roles.
- are for young people aged 16-21 (or 22-24 meeting eligibility criteria).
- have their own apprenticeship standard and assessment plan.

Learn more about apprenticeships and technical education  
[amazingapprenticeships.com](https://amazingapprenticeships.com)



# MENTORVERSE

For students in the 10-11 year groups, we present the following avenues:

- Free NHS Virtual Work Experience
- Free Volunteering Placements with the 'You Okay Doc?'
- Free National Study Skills E-learning
- Free Virtual Medical/Dental Society Webinars
- Free Equality, Diversity, and Inclusion E-learning Course for Healthcare Professionals

Your students can access these extracurricular opportunities by signing up for a free student portal:

**Medical:** <https://medicmentor.org/the-medic-mentor-portal-2/>

**Dental:** <https://dental-mentor.org/the-medic-mentor-portal-2/>



**Enrolling as a bronze pathway student, you can .....**

- Access free work experience each month
- Get access to zoom links for all of our free conferences and meetings
- Access the Wider Reading and Virtual Medical Societies
- Participate in Fundraising
- Download all of your Medic Mentor certificates
- Access Study Skills E-learning
- Access how to advance to other Pathways

Scan to  
register!

LIVE!

FREE

# Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

**This includes:**

- Application Timelines
- Interview Training
- Personal Statements
  - CV Building
  - UCAT Exams
  - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

**You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!**



Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or  
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>



Scan to  
register!

LIVE!

FREE

# Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
  - CV Building
- Entrance Exam: UCAT
  - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

**You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!**



# MEDIC MENTOR



## YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

### **Why the Medic Mentor Virtual Work Experience is the largest In the UK...**

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals  
Birmingham**  
NHS Foundation Trust



Follow multiple patients over a 6-month period, as they go from their initial injury to recovery. It is amazing how many different healthcare professionals are involved in a patient's care. This incredible opportunity showcases a variety of professionals in one day. It gives students a chance to see them in action in various settings from the ward to the community. It is also a fantastic opportunity to see them work together in a multidisciplinary team.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and also each other. Students will have an opportunity to ask questions and gain knowledge through teaching. This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Once they've registered, students will be emailed links to their virtual work experience portals.

Please ask students to check their spam folders and mark their attendance on the day in order to receive their Work Experience Certificates.

This programme is suitable for students in year groups 10/11 who are interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

The sooner students begin work experience, the better. During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in their UCAS applications.

Students will receive certificates as evidence of having participated in the work experience programme. Those that complete the full 5-month programme will also be awarded Highly Commended References.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>



Join Every First Sunday Of The Month!



Scan to  
register!

LIVE!  
VIRTUAL

# Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers  
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and  
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and  
what they do day to day, you will **dive into live work experience sessions**  
**from the safety of your home.**

Witness the journey of two patients from injury to recovery over 6  
months, and experience how many different healthcare professionals  
are involved in a patient's care, from hospital all the way through to a  
community team.



ALLIED  
HEALTHCARE  
MENTOR



# CAREER *of the* WEEK

## Role of a Toymaker

Toymakers design and create toys that bring joy to children and families during the festive season. Whether crafting a single doll or producing thousands of toy trains, their work sparks imagination and spreads holiday cheer.

Their work includes:

- **Designing and Prototyping:** Creating concepts and prototypes for new toys, ensuring they are engaging, safe, and meet quality standards.
- **Manufacturing and Assembly:** Producing toys using a variety of materials, such as wood, fabric, or plastic, and assembling them with precision.
- **Quality Assurance:** Testing toys to ensure they comply with safety regulations and are durable for hours of play.
- **Innovating with Trends:** Developing toys that align with current interests while preserving timeless favourites.



## Why It's Important to Christmas

- **Fulfilling Christmas Dreams:** Toymakers bring children's wishes to life by creating gifts that light up their faces on Christmas morning.
- **Encouraging Imagination and Creativity:** The toys they create inspire children to explore, dream, and play, fostering lifelong memories and development.
- **Strengthening Family Bonds:** Toys become the centre of shared moments, encouraging play and connection among family members.

Toymakers are at the very heart of the holiday season. Their craftsmanship, creativity, and attention to detail bring smiles to children's faces and inspire wonder across the world. By producing toys that capture the joy and imagination of Christmas, they help create lasting memories that families cherish for years to come.

Find out [more about this role and others in Careers 2026.](#)



**For more Careers of the Week click here**