



Your weekly guide to careers information, advice and news from Parklands High School

Welcome back to another packed edition of Career News. Lots more opportunities for students of all ages including:



- Some great events from Young Professionals - work experience on offer in some of the top companies in the UK
- Wildscreen Ark are showcasing their Youth Nature photo competition for any students aged 13-18. There are fantastic prizes on offer so don't delay - get outside and start snapping!
- Year 10 will be visiting Runshaw College for a taster day in July. There is a letter from the college giving full details of the day - plus a link to a short video showing the exciting opportunities awaiting them at college.
- May's 'Choices' magazine is available to download. There are some really useful articles and information about apprenticeships, T Levels and HTQs.
- InvestIn Education are hosting a free webinar explaining how to find and make the most of work experience. If you can't attend live, you can still register to receive the event recording.
- Don't forget to complete the Youth Voice census. Your support will help to shape policies and create real change in education, work opportunities and life experiences.
- Training 2000 have a number of local apprenticeship vacancies - Vicki will be in school soon to host a lunchtime drop-in for anyone who wants advice about applying for an apprenticeship.
- One for students already at college - the Bright Stars scholarship scheme will support students interested in Optometry as a career. Run in conjunction with Specsavers, this is a really comprehensive support package.
- Work Experience booklets need to be returned to school as soon as possible in order for details to be checked and employers emailed. These are available from the Top Office or from the school website: [click here](#).

Have a great weekend



12th - 16th May 2025



Grant Thornton

Business, Accounting & Finance Work Experience with Grant Thornton

Apply Now - Spaces Are Filling Fast!

Will you be in Year 12 or Year 13 from September 2025?

If so, and you're interested in Business, Finance, or Professional Services, we have an incredible opportunity for you to get ahead this summer.

Grant Thornton's ***Ignite Work Experience*** programme is now open for applications - and this could be your first step towards a full-time apprenticeship offer.

About the Programme:

Ignite is a **one-week, in-person work experience programme** designed to give students valuable, hands-on insight into the world of professional services. You'll gain **real-world experience, network with professionals, and discover what a career** at Grant Thornton could look like.

Standout students on the Ignite programme may even be offered a place on the Grant Thornton apprenticeship scheme before applications officially open.

Programme Dates:

- **England:** 26–29 August 2025
- **Scotland** (Glasgow): 11–14 August 2025

Locations:

Birmingham, Manchester, Liverpool, London, Leeds, Gatwick, Glasgow, Oxford, Cambridge, Reading, Bristol, Milton Keynes

Who Can Apply?

Students who will be in Year 12 or Year 13 in September 2025 and are interested in exploring a career in accounting, finance, or business after school.

Why Apply?

- **Get Ahead Early:** Potential to secure your apprenticeship before finishing your studies.
- **Hands-On Experience:** Work on real tasks and explore life in a professional services firm.
- **Make Connections:** Meet experienced professionals and start building your network.
- **Boost Your CV:** Stand out when applying for future opportunities in the sector.

Apply Now

Applications are now open and places are filling fast!

Don't miss this fantastic opportunity to gain invaluable work experience this summer with one of the UK's leading professional services firms.

Find out more and apply here:

<https://www.grantthornton.co.uk/careers/early-careers-job-search/>

Wildscreen
ARK

YOUTH NATURE PHOTO COMPETITION

Aged 13-18?

**Capture nature
with your phone**

Win fantastic prizes!

**Competition open
22nd April to 20th June**



Find out more at
wildscreen.org/ark

© Jacob Piper Finalist 2024

Individual Challenger Experience

The Individual Challenger Activities are an exciting way for students aged 11-16 to complete a short STEM project from home and gain an Industrial Cadets Challenger award. Each activity is designed by our educational experts and allows students to use their creativity and imagination to complete a project in their own way and at their own pace. Students are guided through the activity on our learning platform and will have access to support for any questions or queries along the way. All students will get individual feedback on their project.

Structure & Cost

3 hour activities that can be completed flexibly in your own time and costs £25.

Activities

Carbon Capture - Eco Garden project

This course is designed to help you create a garden that supports the environment and contributes positively to the fight against climate change. Together, we'll explore the basics of climate change, its impacts, and the importance of natural carbon stores.

By the end of this course, you'll have a clear plan for an eco garden tailored to your space and a deeper understanding of how small, thoughtful changes can make a big environmental difference.

TinkerCAD Moon Base Project

This course is designed to help you create a 3D design using a CAD program. You will be able to investigate and learn how to create a 3D moonbase, fit for astronauts, whilst learning more about the best place to setup a base on the moon. Please keep in mind you will need an email address to log into TinkerCAD- this can be your own email or a parent/carer's email.

By the end of this course, you'll have a clear understanding of how to use a CAD program whilst deepening your understanding of space.

Once students have completed an Individual Industrial Cadets Challenger activity, they will join our alumni network and receive priority information about future EDT and Industrial Cadets activities.



To sign up, please visit our website [here](#) or scan the QR code.





ACTOR TRAINING ACADEMY
at Preston College

JULES VERNE'S

AROUND THE WORLD IN 80 DAYS



ADAPTED BY LAURA EASON

6:30PM 21ST - 23RD MAY 2025

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UNIVERSITY OF
SURREY

FILM PRODUCTION & BROADCAST BENG

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VISION AND SOUND
- COMPUTERS AND CODING
- TV PRODUCTION
- FILM MAKING



- Ranked #1* for Cinematography in the UK
- Engineering Council / IET accredited degree
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- Optional paid professional placement
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*Guardian University Guide 2024



Scan to find out more:





What if your students could see where STEM could take them - beyond the classroom and into the real world?

Destination STEM is your students' one stop destination for all things science, technology, engineering, and maths. It's a website specifically engineered to help your students find out more about inspiring career stories, exciting pathways, and real-world opportunities.

From gaming and space exploration to saving lives with cutting-edge tech, it's all here - ready to spark curiosity and ambition in your students. Plus, it's free to use!

Take a look!

What can Destination STEM offer?



Mentoring

Our free mentoring programme gives your students the tools to explore life after school. By talking with a professional with experience in STEM careers, your students have an expert who can give advice on careers in STEM and answer any questions they might have about the next steps in their journey.

[Find out more](#)



Careers

Are your students looking for career advice, inspiration, and insight into what employers are looking for? Find all the tools and resources they need to make informed decisions about your future over on our dedicated careers page.

[Find out more](#)



Placements

Help your students stand out from the crowd with a research placement! Our placements give your students the chance to gain real-life workplace experience in the STEM sector while developing their research skills and industry knowledge.

[Find out more](#)

Have a browse

"Destination STEM programmes have evidence of increasing GCSE and A level attainment by **up to one grade"**

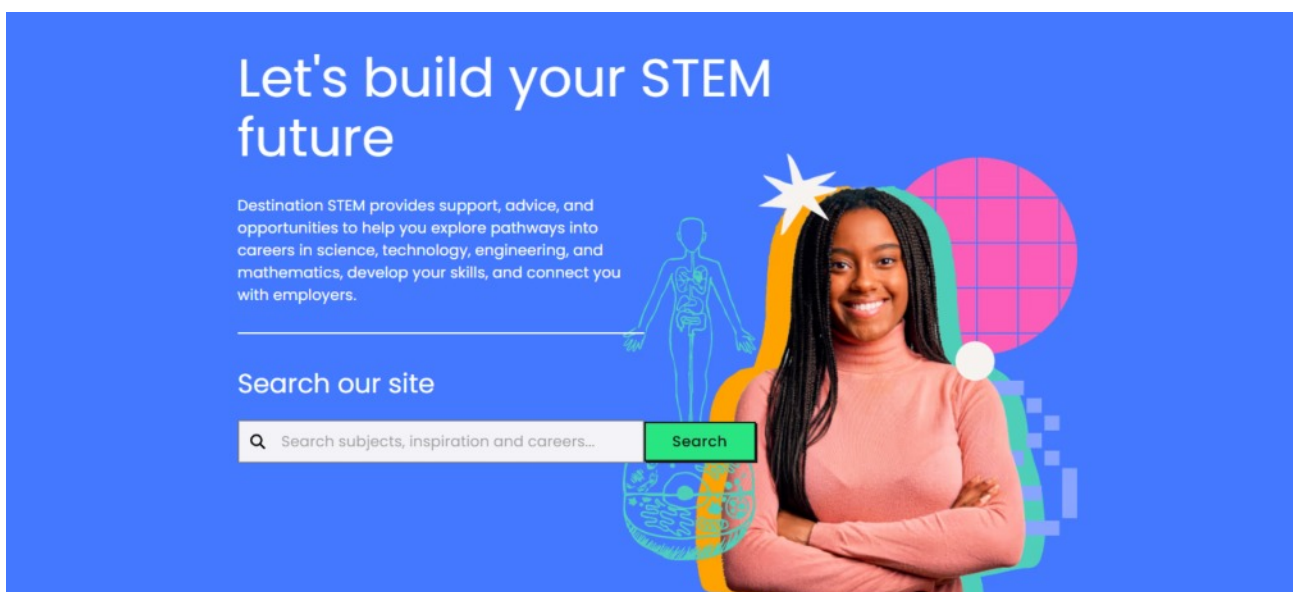


How can it help you?

Destination STEM has been proven to:

- Boost young people's confidence and enjoyment in STEM
- Raise and develop career aspirations
- Develop student's critical transferable skills, such as project management, leadership, communication, and budgeting

Easy to use. Free to explore. Made for students.



"Destination STEM is for 13-19-year-olds curious to explore exceptional opportunities, boost skills, and hear from industry experts"

STEM Learning





Finance & Wealth Management Work Experience with St James's Place

A Virtual Opportunity - Thursday, 29th May

We have a fantastic virtual work experience day happening with the UK's biggest Wealth Management firm, St James's Place. Taking place on Thursday, 29th May, 10am - 3pm this is a fantastic opportunity for your students to get an insight to wealth management, financial services, investments and funds. St James's Place are a FTSE 100 company and the biggest provider of wealth management services in the UK.

Are you interested in learning more about careers in wealth management and financial services?

This is the opportunity you've been waiting for! Join St. James's Place, a FTSE 100 company, for an exclusive full-day virtual work experience – the most prestigious finance careers event of the year!

Event Details:

- **Date:** Thursday, 29th May
- **Time:** 10:00am – 3:00pm
- **Location:** Virtual (link provided upon registration)
- **Who Can Attend?** Both school and university students

Gain Unrivalled Insight into Wealth Management:

St. James's Place is one of the UK's largest advice-led wealth management firms, managing over **£190 billion in client assets**. With more than **twenty offices across the UK**, they offer outstanding **graduate, apprenticeship, and internship** opportunities for future talent.

Why Attend?

- **Prestigious Experience:** Add a full-day virtual programme with a FTSE 100 company to your CV and future job applications – and receive a certificate of attendance to showcase your achievement.
- **Learn from the Best:** Gain valuable advice from a range of industry leaders and top financial professionals.
- **Stand Out to Employers:** Develop insights and skills that will set you apart when applying for apprenticeships, internships, or graduate roles.
- **Explore Career Opportunities:** Hear about exciting routes into St. James's Place through their highly regarded programmes.

During this transformative experience, you'll uncover how leading financial advisers shape the financial futures of their clients, step into the world of high-level investment management and strategic financial planning, and gain powerful insights from industry experts on how to build a standout career in the world of finance and wealth management.

This is the must-attend finance and investment work experience event of the year.

Register here:

<https://www.surveymonkey.com/r/StJamesPlace-Virtual>

Dear Parent/Carer,

We are delighted that your child will be attending their Year 10 Sampling Taster Day with us here at Runshaw. This special event is designed to provide Year 10 students with a glimpse of what life is like after high school and to help them explore the exciting opportunities that await them at college. You can see more using this link [CLICK HERE](#)

Event Details:

- **Date:** Wednesday 2 July
- **Time:** 9:00 AM to end of the school day
- **Location:** Runshaw College, Langdale Road, Leyland, PR25 3DQ

Timetable for the Day:

1. **Pick up from School (9:00 AM onwards)**
2. **Welcome Assembly and Registration (9:45 AM - 10:10 AM):** Our friendly Schools Liaison staff will greet students and guide them through the day's activities before they are taken to their first lesson. All students have selected the subjects they would like to take part in at a previous Sampling Assembly and a timetable created for them.
3. **Two Engaging Morning Lessons (10:20 AM - 12:10 PM):** Our teachers will lead all these fun, interactive sessions, allowing students to experience Runshaw's teaching firsthand.
 - 10:20-11:10 Lesson 1
 - 11:20-12:10 Lesson 2
4. **Lunch (12:10 PM – 1:00 PM):** Students will all receive a lunch voucher and enjoy a delicious lunch in one of our Campus restaurants, giving them a (literal!) taste of college dining.
5. **One Engaging Afternoon Lesson as per the morning (1:10 PM – 2:00 PM)**
6. **Farewell Assembly and catching the bus back to School (2.15 PM onwards)**

Purpose of the Taster Day: Our goal is to inspire and inform students about the exciting academic and extracurricular opportunities available at Runshaw College. By participating in the taster day, your child will gain insights into their potential career, meet fellow students from other High Schools as well as Runshaw, and get a feel for our vibrant campus community.

All our staff and student ambassadors are committed to ensuring a wonderful and memorable experience and cannot wait to welcome your child and their school. Please feel free to reach out directly to me using the contact information below if you have any questions or need any additional information.

With Warmest Regards,



Gillian Cahill
Senior Admissions Tutor
T: 01772 643000
E: Cahill.G@runshaw.ac.uk

Investigating the rails

Imogen is an apprentice working on roads and rails, making sure the materials they are built of are still up to scratch.



Tell us about your job. What do you do?

I work for AECOM and work on railways and sometimes highways (roads). I'm involved in surveys and investigations into the quality and condition of both, so that any issues with existing setups can be maintained or replaced.

What does an average day look like for you?

No day is the same in my current team, Geophysics. As well as working in the office, I am often on different jobs from week to week. I work on site whether that's a night shift or day shift for several different disciplines. So, every day is generally quite different.

How did you first become interested in engineering?

Having studied Chemistry and Maths at A Level, problem solving had always been an interest of mine. Knowing what I knew about the engineering industry and the number of opportunities it can provide, I decided I was intrigued and wanted to challenge my capabilities and achieve great things.

There are a number of different routes you can take into a career in engineering. What route did you take (and why)?

I knew quite a lot of people who went straight to university but the idea of it didn't interest me personally. I had a friend who chose to pursue the apprentice route. He told me a lot about the process, how you are cared for and the number of benefits that come with working for such a company. You are also guaranteed a great career as a result in most cases. So, I chose the apprentice route at AECOM. I'm relieved I chose to go into full-time work and part-time education as it enables me to earn a monthly salary whilst gaining a recognised qualification in Civil Engineering.

Which of the subjects you studied at school, college or university do you use in your job?

I consistently use maths within my job whether that be quick mental maths on site or more complicated calculations in the office. I studied mechanics during my maths A Level and that plays a big part especially in design engineering.

What are your aims as an engineer?

My aims are to work on well recognised projects that benefit the economy and environment. I hope to eventually gain my chartership, a well-recognised title that you can earn through gaining competencies in the engineering industry. I hope to work towards environmentally friendly projects and sustainability in the future.

What opportunities are there to progress in your role or be promoted?

As an apprentice in my company, I can rotate through several disciplines and progress in a variety of teams. There are several ways you can progress in the company, such as, gaining your EngTech and eventually IEng Qualification which warrant a salary increase. We are reviewed every 6 months with our line manager and discuss **progression and whether you achieved your goals, if you perform well, a potential salary increase is considered.**

What skills and personal qualities are important for being an engineer?

To be an engineer you need to be able to think logically and mechanically as well as be a good problem solver. Confidence and good communication is also key as you may have to present in meetings and meet new people.

What advice would you give a young person who was considering engineering as a future career?

I would say, work hard at school so you can gain the right qualifications to get your foot in the door. Do some research into engineering and find out what you're interested in and if you want to go to college to study, make sure you choose the right subjects that will help you work towards a career in engineering.

CHOICES

The monthly parent & carer guide to apprenticeships and technical education

HOW APPRENTICESHIPS
HELPED ME TO CHANGE
CAREERS

A CUT ABOVE THE REST
WITH HAIRDRESSING
APPRENTICESHIPS

PREPARING FOR
ASSESSMENT CENTRES:
TOP TIPS FROM E.ON

APPRENTICES MAKING A
DIFFERENCE WORKING
IN LOCAL GOVERNMENT

APPRENTICESHIPS THAT
TACKLE CLIMATE
CHANGE

ROUTES INTO T LEVELS
& HIGHER TECHNICAL
QUALIFICATIONS

APPRENTICESHIPS GAVE ME THE
CONFIDENCE AND FREEDOM TO
THRIVE BOTH PERSONALLY AND
PROFESSIONALLY

Amazing
Apprenticeships

THE CAREERS &
ENTERPRISE
COMPANY

STAY UP TO DATE



CHOICES MAGAZINE - MAY EDITION

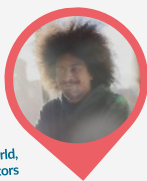
In May's Choices edition, we hear first-hand experiences from two hairdressing apprentices, find out why it's not too late to secure a role this summer and explore local council apprenticeships. We also share a parent's view of supporting two very different apprentices, highlight the growth of green apprenticeships and bust some common myths about careers in logistics!

[Please click here](#) for this month's edition.

APPRENTICE INSIGHT

A WORLD OF EXPERIENCE

Meet Philip, who spent ten years teaching English all around the world, before undertaking a Level 3 Chef apprenticeship, then moving sectors to become a Level 4 Data Analyst apprentice at Lloyds Banking Group.



Why did you choose to do an apprenticeship?

When I came back to the UK after teaching abroad, I wanted to become a chef but I was only looking for roles that were apprenticeships because I wanted to get qualifications rather than just work. I'm a strong believer in education and self-development and I wouldn't have done a role if there wasn't a learning opportunity alongside it.

How did you end up moving from working as a chef to a data analyst apprenticeship?

I was working in a hotel and I wanted to apply my creativity to solving my frustrations with food wastage, inefficient ordering processes, and menu planning. I presented a case for improving it all with one system to the hotel manager, who said they couldn't spare the time for me to do it with them, but they thought I had the mind of an analyst and that I should pursue that as a career.

Why did you decide to do an apprenticeship with Lloyds Banking Group (LBG)?

I researched analyst apprenticeship opportunities and applied to several programmes. I received offers from all of them but ultimately chose LBG. Corporate organisations talk about their values but with LBG, it didn't feel like lip service – they actually did what they said they would, like having a diverse interview panel for example. So that was my second entry point into apprenticeships and my first entry point into the corporate space.

What was it like transitioning from one career to another?

Stepping into a corporate role from a kitchen role felt almost alien. I spent a lot of time questioning my place in this space and whether I needed to be more like everyone else. It took some time to realise that I didn't need to assimilate. I was there on my values and because I'd earned the right to be there. I now try to look out for new people who come in and support them not to engage in thinking they have to change to fit in or succeed.

Did you feel accepted for who you are at LBG?

Definitely. I don't feel pressured to change my appearance or behaviour. I've been in jobs before where I cut my hair before going in and I didn't feel like I had to do this at LBG. I'm a regional lead for a colleague network in the Midlands, Black Organisation for Leadership in Development (BOLD), as well as co-chair for the Transport Diversity and Inclusion Committee. I saw right from my interview experience that LBG actually cared and know the value of colleague networks in bringing out the best in people. I ended up with a highly commended Multicultural Apprenticeship Award last November due to my involvement in these spaces.



APPRENTICE INSIGHT



"The apprenticeship didn't just help me learn the technical skills of the job - it gave me the confidence and freedom to thrive both personally and professionally."

What advice has been invaluable?
One tagline I heard from a colleague is 'get comfortable with the uncomfortable'. Public speaking, for example, isn't something I enjoy, but I understand its value. If leaning into that discomfort can inspire or give someone else the push they need, it's worth it.



Would you consider another apprenticeship in the future?

Absolutely, 100%! My initial plan when I joined LBG was to complete the Level 4 apprenticeship and then pursue a Level 6 Data Science apprenticeship. I was like a kid in a sweet shop when I saw the number and variety of opportunities available to colleagues at LBG. Leadership apprenticeships are particularly appealing to me because they align with the side-of-desk work I do for BOLD. Beyond leadership, I'm also drawn to apprenticeships that develop technical skills.

Why would you recommend apprenticeships to someone who wants to change their career?

Apprenticeships are an incredibly safe and structured way to reskill or pivot to a new career. At LBG, I've had the opportunity to receive a full salary and work as a full-time colleague from day one. The only difference is that I work four days a week and dedicate one day to learning, while others work the full five days. My apprenticeships were so exciting – the opportunity to learn and have the freedom to add extra skills, almost like building with Lego blocks. However, the apprenticeship didn't just help me learn the technical skills of the job – it gave me the confidence and freedom to thrive both personally and professionally.

What did the off-the-job learning involve and how did it fit in with adjusting to your new role and workload?

I'm incredibly passionate about learning. My apprenticeship was structured so that I typically spent one day a week learning and the other four days working in my role. Because I was so keen, I often spent a lot more time than that, waking up very early to throw myself into the next assignment.

I wanted to complete my assignments early so that I could apply myself to my role, and become the best at that as quickly as possible. I was able to do that and before my apprenticeship finished, I got a promotion to a higher grade, twelve months in. My apprenticeship also included residentials, so every 3-4 months, we'd go away for a week to attend in-person sessions.

Did anything surprise you about being an apprentice?

When I first joined, I often felt like I needed to justify my position. I'd be in a room with colleagues who had many years of corporate experience and I think it was natural to feel intimidated by their wealth of experience. A colleague told me I was looking at it wrong – they said apprentices are brought in to light fires under more experienced colleagues and that we wouldn't be there if we didn't have value. I now share this insight with new apprentices. While it's not their job to make colleagues uncomfortable, it's sometimes inevitable – so I encourage them to embrace it, learn from others, and engage in reverse mentoring. Many colleagues are eager to learn from apprentices as much as they mentor them.

Find out more about apprenticeships at LBG:
amaps.uk/mte-lloyds



INVESTIN | THE ULTIMATE WORK EXPERIENCE



Free Webinar: How To Find Work Experience



How To Find Work Experience

Free Webinar for Students & Parents

Work experience is one of the best ways for students to build confidence, develop practical skills and explore future career options. However, many young people struggle to know where to start or how to secure meaningful opportunities.

To help with this, we're running a free webinar for students and parents on how to find and make the most of work experience. The session will explore what "counts" as work experience, what types of opportunities are out there, and how to perform and reflect on the experiences they gain, in order to boost future applications.

We'd love for you to invite students and parents at your school to join!

TUESDAY 20TH MAY • 6-7 PM

How to find and make the most of work experience

[REGISTER NOW](#)

As always, if you are unable to attend live please register to receive the recording and event resources!

Free webinars at InvestIN

We're really proud of the free events we offer and the positive impact they have on helping students navigate their future careers. This year alone, we've had over 10,000 students join a free webinar with us and the feedback has been fantastic!

"I found it really interesting and thought-provoking and liked the honesty of the speakers."

"Very knowledgeable speakers and guests who shared their highly relevant experience as assessors of UCAS personal statements. This was very useful 'insider' information."

"Thank you for all the amazing tips to be successful. This honestly opened my eyes on how I can develop necessary skills necessary for the future!"

[VIEW EVENTS](#)



Free Webinar: How To Find Work Experience



Work experience is an essential step towards building your confidence, developing practical skills and exploring potential career paths. **However, finding meaningful opportunities can be challenging.**

InvestIN are running a **free webinar for students and parents** on how to find and make the most of work experience. They'll be exploring different types of opportunities available and share practical ways to secure work experience that will actually make your university application and CV stand out.

If you can't attend live, you can still register to receive the event recording.

REGISTER NOW!

ONLINE

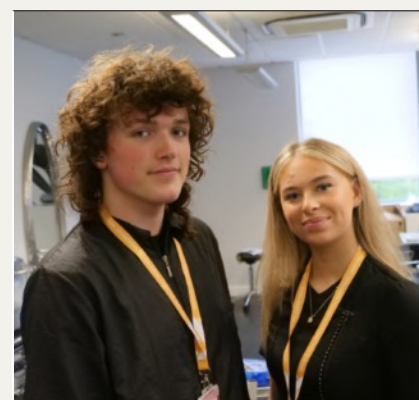
HOW TO FIND WORK EXPERIENCE

May 20, 2025 06:00 PM BST



HAIRDRESSING: WHO, WHAT, WHY, HOW...

Lewis and Kaitlyn are both studying a Level 2 Hairdressing apprenticeship with Stoke-on-Trent College. We asked them some key questions about their experiences.



Lewis Kaitlyn

WHY? ...hairdressing?

Kaitlyn: I was a dancer for 11 years, and when I got older, I was the friend always helping people with their hair at shows or lessons. It became something that I loved to do. When I stopped dancing, I already knew that hairdressing was the career for me.

Lewis: I started at a young age at the salon on a Saturday initially and realised I had a great passion for the industry.

WHY? ...an apprenticeship?

Kaitlyn: An apprenticeship is hands-on learning, which is so much better for me than just learning from a TV screen in a classroom.

Lewis: The apprenticeship route teaches you straight away to work as a team, how to communicate with clients and you get to observe the senior stylists, plus you are taken on as a proper member of staff.

WHAT? ...is a typical day like?

Kaitlyn: A typical day is extremely busy. I sort out towels and my trolley, I see my clients, I do some cleaning, I observe other stylists, I practise on a doll head!

Lewis: There is no typical day at the salon. Every day is different from the last! My day mainly involves supporting the other stylists and keeping the sanitary standards high, whilst working on building my own clientele.

WHAT? ...is your biggest achievement?

Lewis: One of my proudest achievements was passing my maths GCSE as I had so much doubt in my ability I thought I would fail. I didn't. My biggest achievement in life is finding my chosen family and being accepted in the family I was born in. As a gay man, it's hard to find a friendship group who understands and relates to the struggles queer people face.

Kaitlyn: My biggest achievement has been coming out of my shell and growing my confidence.



HOW? ...does your off-the-job learning work?

Kaitlyn: I'm at college one day a week and in the salon three days a week. I normally do theory work and revision on my days off.

Lewis: As well as a day a week at college, I have practical assessments with my tutor, Laura, so she can identify my strengths and weaknesses, which I really enjoy.



WHO? ...supports you?

Kaitlyn: My college tutor is really supportive and so is my boss, Charlie, my manager Rachel and the other stylist Hayley. We work really well as a team and support each other.

Lewis: As a group of apprentices at college, we really support each other and if anyone needs help, we are there for each other. My other main supports are my boss, tutor and the senior stylists at work - I trust, respect and learn from each of them in different ways.

MYTHBUSTING LOGISTICS!

Megan is a Degree Apprentice at CEVA Logistics, studying Supply Chain Management at Aston University.



MYTH: LOGISTICS IS ONLY ABOUT DRIVERS AND WAREHOUSES

Logistics encompasses the whole supply chain. While drivers and warehousing are at the heart of what we do, behind the scenes there is procurement, project management, marketing and much more, all ensuring everything runs as efficiently as possible.

MYTH: NOT MANY WOMEN WORK IN LOGISTICS

There is a gender imbalance in the field, but changing it has become a real focus for many businesses. CEVA Logistics has launched a Women's Empowerment Network to support women within our business, educate the wider business, and bridge the gender gap.

MYTH: LOGISTICS ISN'T INTERESTING

Supply Chain Management is an art. The work that goes on behind the scenes to get parcels from A to B is immense, and no two days are the same. From marketing for corporate events and planning expositions to installing robots and planning transport routes, no matter what you are interested in, there will be something for you in logistics.

In my current role I'm working across three teams - Project Management, Business Process Excellence, and Central Operations - Megan

MYTH: THERE'S NO CAREER PROGRESSION

Progression is common in the logistics industry. Many people in senior positions have started as drivers or warehouse operatives and worked their way up. There is an increased demand for logistical services, meaning new roles are always being created, ensuring new opportunities.

MYTH: YOU SPEND ALL DAY AT A DESK

This could not be further from the truth. While there will be an element of desk work involved, hands-on experience and being on the shop floor, engaging with colleagues, are the biggest tools you can have to truly excel in operations. You get the best picture of the operation and the most buy-in from the operatives driving your operation.





University of Central Lancashire

Training 2000

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DEVELOPING TALENT THROUGH TRAINING

SUMMER OPEN DAYS

ARMY FOUNDATION COLLEGE HARROGATE (AFC)

COMING SOON



This exciting event is perfect for anyone interested in learning about our college.

Applications are currently open for the September 2025 intake.



AFC COLLEGE

ARMY OFFICER

INSIGHT DAY SATURDAY 12TH JULY

Join us for the next Army Officer Insight Day at Sandhurst! You will participate in various activities, including a Welcome Brief, a tour of the Royal Military Academy, and opportunities to speak with current Officer Cadets and Staff.



SECURE YOUR PLACE HERE

MAY 2025



ARMY CAREERS NEWSLETTER

Army Officer Insight Day at the Royal Military Academy Sandhurst

Join us at the Army Officer Insight Day, Sandhurst, which is filled with exciting activities and valuable information about life as an Army Officer. Get a glimpse into the world of the British Army and learn about the various roles and responsibilities.

Saturday 12 July 2025

09:00 - 16:00

Royal Military Academy Sandhurst
London Road, Camberley GU15 4PQ

The Army Officer Insight Day gives candidates the opportunity to find out more about officer training and life at Sandhurst.

Come prepared to find out more about the application process, Army Officer Selection and the training at the Royal Military Academy Sandhurst, see what life is like and interact with, and ask questions of, current Army Officers across all the parts of the Army.

Whether you're considering a career in the Army or simply curious about what it takes to be an Army Officer, this event is perfect for you. Don't miss out on this opportunity to gain valuable insight and experience!

ARMY APPRENTICESHIPS

GET

SKILLS
QUALIFIED
CONFIDENCE
STARTED

GET SKILLS

My journey as a healthcare assistant apprentice is setting me up for a rewarding and successful career in healthcare.

Adewale (Healthcare Assistant)

13k+

13,000+ APPRENTICES CURRENTLY ENROLLED

GET CONFIDENCE

If the opportunity arises, take it. Work hard, enjoy camaraderie within your workspace, challenge yourself and others.

Corrina (HR Specialist)

6000

APPRENTICESHIPS COMPLETED PER YEAR

20

LEVEL 2 APPRENTICESHIPS AVAILABLE

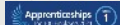
GET QUALIFIED

Apprenticeship has four parts: 20% off the job training, 80% on the job training, Gateway and End point Assessment.

GET STARTED
NUMBER 1 APPRENTICESHIP EMPLOYER

DID YOU KNOW

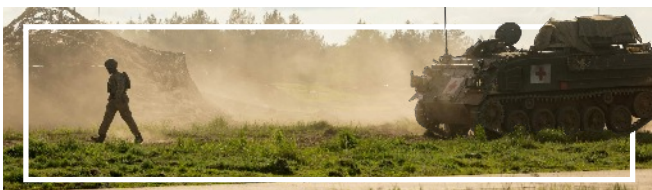
The Army has been awarded 1st place in the Top 100 Apprenticeship Employers for the 4th year in a row.



THE ARMY INVESTS IN ITS PEOPLE

Connect with soldiers and officers who are eager to share their experiences and answer all your questions about the exciting life in the Army!

ASK A SOLDIER



FEATURED CAREER OPPORTUNITIES

COMBAT INFANTRY SOLDIER ARMoured CAVALRY CREW LIGHT GUNNER UNCREWED
AERIAL SYSTEMS PARATROOPER GUARDSMAN AVIATION GROUND CREW SPECIALIST
HOUSEHOLD CAVALRY SOLDIER INTELLIGENCE & COMMUNICATIONS INTELLIGENCE ANALYST
COMMS ENGINEER ELECTRONIC WARFARE SPECIALIST LINGUIST POWER ENGINEER
GEOGRAPHIC TECHNICIAN ENGINEERING VEHICLE MECHANIC BRICKLAYER AVIONICS
TECHNICIAN ARMOURER CARPENTER AND JOINER SURVEYOR ELECTRICIAN
ENGINEER DRIVER MEDICAL DOG HANDLER NURSE HEALTHCARE ASSISTANT
DOCTOR DENTIST MEDICAL TECHNICIAN PHARMACIST BIOMEDICAL SCIENTIST
LOGISTICS & SUPPORT DRIVER AMMUNITION TECHNICIAN PORT OPERATOR CHEF
FUEL SPECIALIST MOVEMENTS CONTROLLER HR & FINANCE HR SPECIALIST LEGAL OFFICER
MILITARY POLICE MUSIC MUSICIAN

GET IN TOUCH

Armed Forces Careers Office Preston
54 Fishergate, Preston, Lancaster, PR1 8BH
01772 203030
rg-accprestongroupmail@mod.gov.uk

START YOUR JOURNEY



FIND A RECRUITMENT CENTRE



ARMY
BE THE BEST

ASK AN APPRENTICE COMMUNITY!

Student: Why Join?



Easy to use

Post your questions – apprentices respond!



Personalised

Ask the questions you want answered



Network

Our apprentice mentors are from top UK employers



Stand out

Gain insider knowledge and get ahead in applications



Ask anonymously

Ideal for questions you'd rather not ask your teacher!



Industry-specific

Get advice specific to the industry you're interested in applying to!

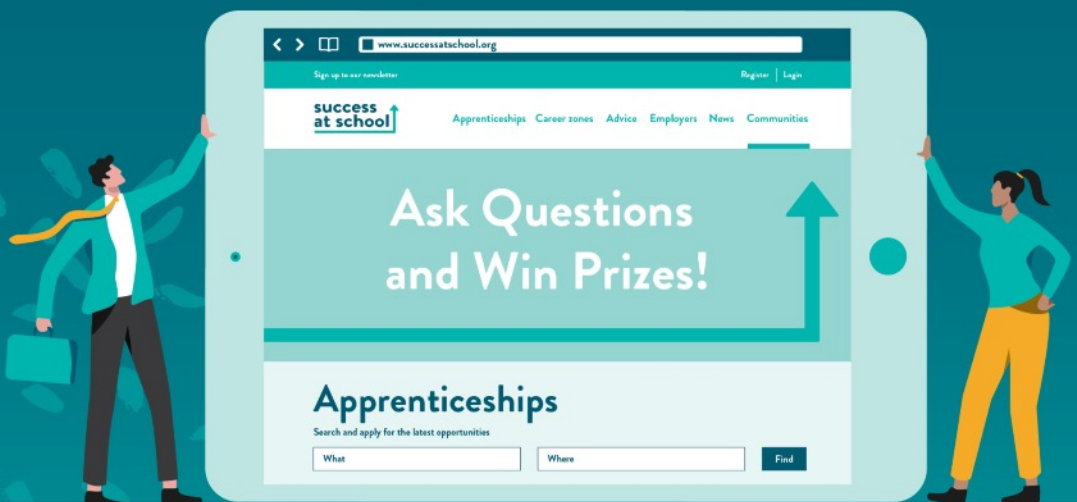
How it works:

- Sign up for free and join the community.
- Post your questions about apprenticeships, careers, and more!
- Get answers and advice from experienced apprentices.

Not sure what to ask? Things to ask about:

- Application tips
- Life as an apprentice
- Skills you'll need

Scan here
to sign up



Find out more: www.successatschool.org/community

**success
at school**

success
at school

How can we help your students?

We're here to help your students take the next step!
Let's make it happen!



We can send them tailored opportunities based on their interests!

- In their profile, they can favourite '**Employers**' and '**Career Zones**'. Then they will **receive exclusive invites to events** related to their interests.
- Then, on a **Tuesday and Thursday**, students will **receive an email with opportunities**, without having to spend hours searching for what they're interested in!



Access to 24/7 Mentoring, 365 days a year.

- '**Ask an Apprentice**' isn't just for apprenticeship seekers! Our mentors have **navigated school, exams, UCAS applications, and mental health challenges**. Students can access them anytime, risk-free. Read our [safeguarding policy](#) here.



Certificates and Prizes!

- Students who attend our webinars and register **get a certificate** to showcase their career commitment - perfect for LinkedIn! Plus, asking a question in **Ask an Apprentice** enters them into a prize draw to **win Apple prizes** like a MacBook Air!

LOG IN NOW!

What to put in your first CV

- **Make a great first impression**
- **Personal statement**
- **Skills & strengths (with examples)**
- **Life & work experience**
- **Qualifications - achieved or currently aimed for**
- **Contact details**



youthemployment.org.uk/careers-advice



CV stands for curriculum vitae. That's Latin for your 'course of life' and that's basically what the document does. It tells people who you are and what you've done up to the point of applying.

What should your CV include?

- Name
- Contact details
- Personal profile
- Key skills
- Education
- Work experience
- References
- Hobbies and interests/achievements

**CLICK HERE FOR
MORE DETAILS**

You **DO NOT** need to include your age, date of birth or nationality. Employers shouldn't consider those things when deciding to offer you an interview. You also don't need to include a photo.

What should your CV look like?

There's no need to try and stand out with jazzy fonts and fluorescent paper. Your CV should be clear and easy to read.

Your CV should:

- Be no longer than two pages.
- Use an easy-to-read font like Arial or Times New Roman. The font should be black and sized between 10-12.
- Use headings and bullet points. Keep the layout simple and make it easy to read.
- Use plain language.



Do you know a STEM student who shows real potential? Kick start their career in Optometry.

For us, Optometry is more than just glasses. **It's the chance to change lives.** To work with cutting edge tech and diagnose diseases. It's a long-term career choice that can lead to you owning your own store and becoming a partner with us. **Sounds good right?**

FIND OUT MORE!

We launched the Bright Stars scholarship last summer, and after a brilliant first year, we're excited to run the programme again. **The scholarship is an exclusive opportunity for students interested in Optometry to get the support they need to go far, including:**

<p>THE SUPPORT PROVIDED:</p>	 <p>£10,000 towards university costs, spread across the 4 years</p>	 <p>Paid part-time work experience in one of our practices</p>
 <p>A host of community and social events to take part in</p>	 <p>Protected clinical time to boost their experience</p>	 <p>Ongoing support and mentorship from colleagues</p>

This is a one-of-a-kind scholarship, with only 40 places across the UK.

How can you help?

We need your help to find the brightest and the best STEM students - the ones with the potential to excel. And for each successful student that enrolls on the Bright Stars Scholarship, we're offering £100 worth of vouchers for your school. It's our way of saying thank you.

Already have a student in mind? Intrigued to find out more? Head to our website!

HEAD TO OUR WEBSITE!



The Biggest Youth Voice Survey is Back!

The Youth Voice Census is back again for 2025. By getting involved, you'll help to amplify the voices of young people across the UK. Your support will shape policies and create real change in education, work opportunities, and life experiences.

Key Dates

31st March: The Youth Voice Census survey opens for responses

28th April - 2nd May: Your Say Day

6th June: The Youth Voice Census survey closes

September: We unveil the report and share the results with MPs, policymakers, employers, and you!

Help Us Amplify Youth Voices!

The more youth voices we hear, the bigger the impact. Let's make sure every young person's voice is heard.

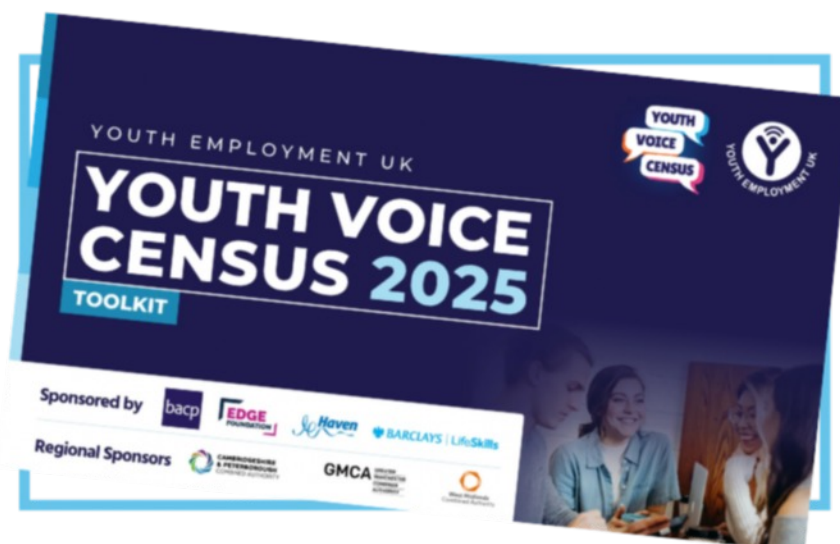
Get to Know the Census

Aged 11- 30? The Youth Voice Census is your chance to share how you feel about school, work and life.

Don't worry - it's completely anonymous. Your answers will be used to help inform real-world change to make your experiences better.

Every year, thousands of people complete the survey, sharing their opinions to shape the future.

Depending on the answers you give, the survey can take between 10 and 45 minutes to complete. You can start and stop as many times as you like, saving your progress as you go!



**TAKE THE
SURVEY HERE**

YOUTH VOICE CENSUS 2025

**What would help you find
a job now or in the future?**

TELL US ABOUT IT

Complete the survey by
6 June 2025





Interview tips...

Top tips for a successful interview

1

Plan your journey

Allow extra time and plan to arrive at least 15 minutes early. If you are unfamiliar with the location, do a test run.

2

Research, research and research!

Be prepared for the interview - research the company and your role.

3

Appearance

Dress professionally for an interview.

4

Behaviour

Make sure that you use positive body language, such as a firm hand shake, sit up straight and make eye contact. Don't take your mobile phone into an interview with you.

5

Sell yourself

Take a record of achievement file with you including your GCSE certificates. You can take notes into your interview.

Before your interview

Practise answering interview questions with someone else. If you are at school or college, you may be able to arrange a mock interview.

Keep in mind the interviewer wants to find out about what you can offer them: the particular skills and qualities you can bring that set you apart from other applicants.

But it's not just about what the employer is looking for – try to think of some insightful questions you could ask, for example:

- Future opportunities for progression?
- Do you have a mentor scheme?
- What responsibilities would I start with if I was successful?
- How soon could I start?

On the day - breathe!

First impressions count!

Make sure you dress appropriately and look the part. Avoid elaborate jewellery, body piercings, excessive make up and hairstyles, etc.

Offer a firm handshake and make appropriate eye contact with the interviewer.

It's OK to take a moment to think through your response, and better to have a considered reply rather than a rushed answer. If you need more time to think about your answer, ask the interviewer to repeat the question. Don't let your nerves take hold of you, channel them and use them to your advantage!

Remember it's not enough to just say you're good at something – always try to provide examples.

It's fine to ask questions! Ask your prepared questions and anything that came up during the interview... **Avoid JUST** asking about your salary and benefits!

Commonly asked interview questions

Background on you...

- Tell me a bit about yourself?
- What do you like to do in your spare time? (hobbies etc)
- What is your current situation? (i.e. school, college, employed)
- Have you been given any responsibilities? (i.e. prefect etc)

Why should they hire you...

- What made you apply for this position?
- What do you know about the company?
- What can you bring to the company?
- What skills do you have that will help you in this role?

Can you give me an example of when...

- You worked as part of a team?
- You used your initiative?
- You worked under a pressure?
- You worked to a deadline?
- You multi-tasked successfully?

Self evaluation...

- What do you consider your strengths?
- What do you consider your weaknesses?
- What is your greatest achievement and why?

Future career plans...

- Where do you see yourself in five years time?
- Have you got a future career in mind?

! Did you know that you can book a mock interview with your Training 2000 recruitment advisor?

CV tips

Use a positive tone throughout

Maintain a consistent font and use appropriate sizing

Keep it up to date with relevant information

Use a chronological order with work experience and qualifications (most recent first)

Keep it simple and clear

Spell check and use correct punctuation and grammar

Key things to include:

- Contact details
- Personal statement - a short introduction to you
- Grades / education history
- Work experiences
- Work history (if it's not your first job)
- References
- Key skills

What happens next...

If you are successful in the interview:

- We will call you and offer you the Apprenticeship position
- A member of Training 2000 will contact you to officially register you on the Apprenticeship programme
- A start date in company will be agreed and you START your employment
- You will be invited into Training 2000 to complete your on-boarding

If you are unfortunately not successful in the interview:

- We will get feedback from the company and find out why
- We will contact you and explain what steps we can take to make the next interview successful (this may include a mock interview here at Training 2000)
- We will continue to pair you with companies and arrange interviews until you are successful in finding an Apprenticeship

www.training2000.co.uk | 01254 54659

Part of the
University of
Central Lancashire



DEVELOPING TALENT THROUGH TRAINING

innovate<her>

Tech for Revision



innovate<her>

Tech for Revision

We have created resources, including 3 digital tools and 4 downloadable resources to help you with your exam revision.

Check them out



We want you to know that we understand that exam time can be quite difficult, but with the right tools, you can completely change what's in your control.

We want to empower you with these tools and knowledge. Everyone learns differently, and you are unique, so your way of learning should be unique to you.

What's included

- Tips on staying focused and fresh
- Templates to prepare and plan for your revision
- Apps and websites recommendations
- What to do on the exam result day and next steps

Check them out



YOUNG PROFESSIONALS

We are incredibly excited to invite you to the **Young Professionals Summer Conference** at The O2 Arena in London on **Tuesday 15th July**, 1:30pm - 5pm - our biggest event to date. This is your chance to step inside one of the world's most iconic venues and meet some of the most prestigious employers in business, banking, finance, law, engineering, and technology, all in one place.

There will be a big focus at this event on Business and Entrepreneurship, with a step by step guide on how to start a business, raise finance, scale and market brands on a global scale. Dan Miller our Founder and CEO will play a big part in this session and sharing his journey on how he founded the YP brand and made his first million by the age of 25! We will also have guest speakers from huge companies at global law firms, banks and accounting firms to share why their industries play a crucial role in supporting and growing companies.

All students that attend will get a professional LinkedIn headshot as well as a digital PDF link packed with CV templates, how to start a business, top tips on applying to corporate roles as well as lots of other useful content.

Event Details

- Date: **Tuesday 15th July**
- Location: **The O2 Arena, London**
- Time: **1:30pm - 5:00pm**
- Who can attend? **All students at school / university**

Meet Global Employers Looking for Future Talent

This year's event will feature representatives from some of the biggest names in business, banking, finance, law, engineering, and technology. Some of the employers attending include; **Goldman Sachs, BDO, Lloyds Banking Group, Rothschild & Co, Legal & General, Grant Thornton, UBS, Linklaters, Farrer & Co, Charles Russell Speechlys, Browne Jacobson** and many, many more still to be announced!

If you are serious about your future, this is the event you cannot afford to miss.

Why You Should Attend

- The format of the event will be 90-minutes of workshops, presentations and panels for all students followed by a further 90-minutes of networking.
- **Exclusive networking with top employers** – Speak directly with recruiters and decision-makers from the biggest global firms actively hiring young professionals. Get work experience and secure either a grad role or apprenticeship
- **Unmissable keynote speeches** – Hear from **senior business leaders** (to be announced soon) as they share insights, career advice, and industry trends.
- **Expand your professional network** – Build valuable connections with industry experts, company representatives, and like-minded peers who share your career ambitions.
- **Experience an event like no other** – This is not just another careers fair. This is a **next-level experience** that could open doors to life-changing opportunities.

This is the **largest event we have ever hosted**, and places are expected to fill up fast. If you want to connect with top employers, hear from industry leaders, and gain the tools to set yourself apart, **register today before all places are taken**. Please note that there is a booking fee of £26 to secure your place, this goes towards the venue hire, food and drink, goodie bags, downloadable resources for you to keep, as well as some of the incredible speakers we are booking for this event.

Register Now:

<https://www.surveymonkey.com/r/YP-Summer-Conference-PM-Session>

Support for students with special educational needs and disabilities

By Verity Lewis, Disability Advice Officer at the University of South Wales

Starting university is an exciting new chapter filled with opportunities and challenges. If you have special educational needs or a disability (SEND), you might feel uncertain about what to expect. However, rest assured, UK universities are dedicated to supporting you every step of the way. This guide will introduce you to the resources, adjustments, and services designed to help you thrive and make the most of your university experience.

Declaring your disability

Your first step towards accessing support is to declare your disability on your UCAS application or directly to the university. Many students worry this might affect their application, but universities are legally required under the Equality Act 2010 to treat everyone fairly. Declaring your disability

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

The Disabled Students' Allowance

If you have additional needs due to a disability, learning difficulty, or long-term health condition, you can apply for the Disabled Students' Allowance (DSA) (page 60). This non-repayable grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker
- travel costs related to your disability
- specialist equipment, like a laptop with assistive software
- other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disability Adviser during open days, taster sessions or through their dedicated email inbox, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.



DOWNLOAD NOW!

What to expect at a university open day

By Gavin Spoons, Regional Student Recruitment Officer at Norwich University of the Arts

Open days are the perfect way to experience first-hand what being a student at a particular university is really like. You can gather lots of useful information online and in prospectuses, but nothing beats being in the university environment and having the opportunity to speak to academics and current students. Open days are packed with scheduled activities to help you get a feel for a university and see if it's somewhere you might want to study.

Campus tours

Arguably the central event of the day, these guided tours are typically led by current students who show you around the campus. You'll explore the university environment, see communal areas such as cafes and libraries, and have a chance to visit facilities related to your course. This gives you insights into your day-to-day life as a student, and you might see work and projects you could do yourself.

Course talks

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

considering. They allow you to talk directly to the course leader, their fellow lecturers, and current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

Support talks

Finally, there are additional talks and sessions throughout the day to introduce you to other university departments and of... You could find yourself in talks about accommodation options, what is available, student experience receive advice for applications

Accommodation tours

If you're looking to move away to study at university, you'll want what accommodation options to you. Similar to campus tours, be an opportunity to look around accommodation sites with help from students there to answer any questions. You can see the types of rooms and facilities offered in different sites. Imagining yourself living student is just as important as receive advice for applications

Plan your day

Open days can be quite intense, with talks and sessions, but there's a lot to gain from them. Universities offer an open day programme after a long day of open days. This contains a mix of each talk and tour, so you can experience it all in one go. Try to experience as much as you can. It'll help you make informed decisions about your university journey.

The best way to discover the opportunity to about your choice

Top tip: You will find the library at a university is available.

Example: At dedicated to be ready to your source

Choosing the right degree

University of Derby is available to our students. Support your university

Student events continue. Choose a new exciting experience

Top tip: If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry body.

Example: If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

Choosing the right campus

A university's campus is the heart of your learning journey. You're likely to spend time in a range of lectures, seminars, and other learning activities, so make sure the campus has everything you need to succeed. This includes passionate teaching staff who are experts in their field and excellent facilities available for you to use.

making that all-important decision

Going to university helps you build a strong foundation, academically and personally, providing new and exciting opportunities. Making an informed choice on your subject, location, and potential future career gives you the greatest opportunity to succeed. Just remember to make a decision that is best for you and your future, and will help you to thrive.

considering. They allow you to talk directly to the course leader, their fellow lecturers, and current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.



Featuring expert contributions from over 65 education practitioners

UniTasterDays.com

Students' Guide to University 2025

The key higher education facts for students thinking about university

Produced in collaboration with HELLO

Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

Introduction

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how much your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

That's where we come in.

To date, Blackbullion has released over £25 million in additional funding - grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

When to expect scholarships to launch

You should be aware of the main funding windows:

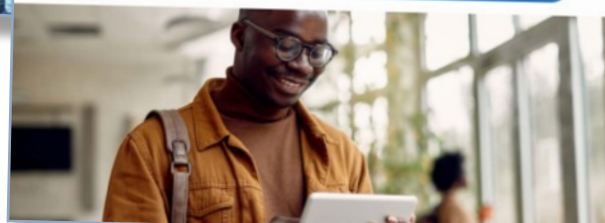
- National Scholarships Week 2025 - running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate partners.
- April 2025 - a key period when many scholarships open. Make sure to prepare applications in the spring.
- September 2025 - another wave of scholarships launches in early autumn, giving you a second chance.

Scholarships as a gateway to careers

Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These extras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future employers.



Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.



PREPARING FOR ASSESSMENT CENTRES

Assessment centres are a common part of the apprenticeship application process, especially for degree apprenticeships. In this article, Naomi Furlonger, Early Talent Consultant at E.ON, shares her assessment centre dos and don'ts.



DO



Research the company before the day and read the preparation information very carefully.

Know about the **role you are applying for** - find out what it means to do that role.

Know your **CV and application information** well.

Show that you are **passionate and motivated**, don't just say it!

Remember that you are being **assessed at all times** – even outside of specific sessions.

Engage with colleagues there on the day - make sure you think of some **questions to ask** to show you are interested.

Remember assessors aren't there to catch you out, they are hoping to find out if you are the **right fit for the role** AND if the role and company is right for you.

Dress **smartly**.



DON'T

Rely on **Chat GPT or other AI tools** to write your presentation and interview answers.

Always shout the **loudest** in group activities - it isn't The Apprentice!

Make anything up about yourself as part of the application process - the truth will be uncovered during the assessment centre.

Compare yourself to other candidates - focus on your performance only.

Think that you **need to know everything** - you are applying for an apprenticeship to learn about the role, we just want to see passion and motivation.

Panic! You will be your true self if you relax and enjoy the experience, so try not to panic and be too nervous!

But most of all...be your 'best' self and enjoy it!



Find out more about assessment centres and hear from Naomi and one of E.ON's apprentices, Lucia, by catching up on this webinar: amapps.uk/webinar-assessmentcentres

Explore apprenticeships with E.ON here: eon-uk-careers.com/en/early-careers

IS IT TOO LATE TO FIND AN APPRENTICESHIP?



Many individuals will be searching for apprenticeships in the summer term, and often worry that they've left it too late. In this article we explore what to expect and where to find vacancies that are still available.

When is the best time of year to look?

Apprenticeships are real jobs, and employers will decide when they advertise their apprenticeship opportunities. We typically see an increase in apprenticeship vacancies in the autumn (around September / October time) and again in the spring (January / February time) but there will be a steady flow of new vacancies throughout the year too.

Is it too late to find an apprenticeship at this point in the year?

Not at all. Although many employers, particularly those with larger intakes of apprenticeships, will have already advertised and filled their positions, there will be many other employers who will still be recruiting. We see new apprenticeship vacancies created throughout the year, including the summer term.

Where can I find apprenticeship vacancies?

One of the best places to begin will be the government's Find an Apprenticeship website. This platform provides an excellent starting point and lists thousands of 'live' apprenticeship vacancies from across England.

findapprenticeship.service.gov.uk

You can also search for apprenticeships in lots of different ways, including:

- **Social media** - lots of employers will advertise their opportunities on sites like Facebook, Instagram and LinkedIn.
- **Local jobs sites** - many Careers Hubs have websites that help to advertise local opportunities.
- **Directly with the employer** - if you have an employer in mind, you can search on their website to see if they are recruiting.
- **Recruitment fairs** - there may be local recruitment or careers fairs taking place and these are a great opportunity to meet local employers with vacancies.

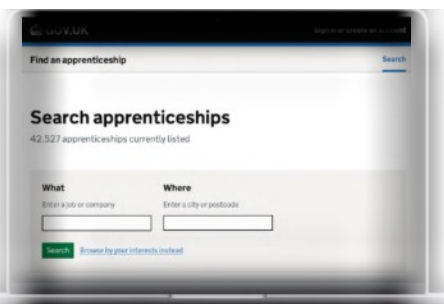
What types of opportunities will be available?

At this time of year, there will still be a variety of apprenticeships available, covering lots of different job roles and at different levels. You may find that some of these positions are with smaller, more local companies. Please don't overlook these - there are many really fantastic apprenticeship opportunities with smaller companies too.

Where can I find out more?

Check out our previous webinars on searching and applying for webinars, and sign up for future webinars here: amapps.uk/webinars

Sign up to receive our monthly vacancy mailing here: amapps.uk/vacancies





Real students. Real employers. Real advice.

Research and real stories to bust common myths about uni, helping you feel confident in your decisions.

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 unimythsbusted.co.uk



In collaboration with:



UCAS

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Youth Futures Team

Next Steps



Leaving School? What Next?

College

- A Levels
- Vocational Courses
- T Levels
- Entry Level Courses

Apprenticeship

- Work Based Training
- 4 days work, 1 day college/training
- Apprenticeship Salary
- Qualification on completion

Employment

- Full Time / Part Time Work
- Hourly / Salary Paid
- CV Needed
- Interview Preparation

Training

- Support Your Employability Skills
- Build Your Confidence
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How are YOU building your skills for life and work?



Young Professional training is a totally free way to start building your life and work skills in a way that makes sense. It's something you can do wherever you are. Take things at your own pace and dip into training in your own time, whenever you want! Sign up as a Young Professional today to start getting skills-boosting tips and support for life, studies and whatever comes next.

youthemployment.org.uk/young-professional-training/

Empower yourself and show the world what you can do.



Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

MEDIC MENTOR



YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals
Birmingham**
NHS Foundation Trust

Scan to
register!

LIVE!

FREE

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!



When applying to dental or medical school and the new UCAT changes, students should aim for a minimum UCAT score of 2000 Band 2, which is within the top 20% of UCAT results. It's my goal to ensure that your students are equipped with the best resources, support and guidance through their UCAT preparation to help achieve the best score possible.

One of the best ways you can help provide this support is by inviting aspiring medics and dentists to our upcoming Get Into Conferences. These events, led by experienced Chief Mentors and guest speakers who scored within the top 10% of the UCAT exam, are designed to guide students throughout not only the entire UCAS application process, but also how to tackle the UCAT with confidence.

Register for the Get Into Medicine Conference on: **Sunday 11th May from 9:30am - 3:30pm**

- <https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO>

Register for the Get Into Dentistry Conference on: **Saturday 17th May from 9:30am - 3:30pm**

- <https://airtable.com/appgXnyzN5ZD9lwk6/shrBuiR7SBACc19kE>

At one of our previous conferences, we heard from Carolyn, a medical student who shared some valuable, in-depth insights into the UCAT exam:

"To help with your working and your speed for decision making, using algebra and abbreviations is really helpful. Try not to write down all your workings out and keep it minimal so you're not wasting too much time. I know that the UCAT can seem quite intimidating, but there is a huge network of support you have access to through Medic Mentor. Remember, if someone was able to do this before you, there's a good chance that you're going to be able to do this as well, it just takes the right bit of practice."

Attending these conferences provides your students with valuable insights and strategies for tackling the UCAT, as well as giving them an opportunity to connect with other like-minded individuals who share their passion for medicine and/or dentistry.

During these sessions, we will cover:

- UCAT and UCATSEN overview and resources
- Tactically choosing universities
- Medical and Dental school interview skills
- Medical and Dental Awards and Leadership Programmes
- Extracurricular activities
- Work experience
- Building a medical/dental CV
- Applying for scholarships to study medicine or dentistry

Your students will not only leave with enhanced test-taking abilities but also invaluable connections and resources to support their dream of a career in healthcare.

Students and parents can register for free at this link:

Medicine: <https://medicmentor.org/get-into-medicine-university-conference/>

Dentistry: <https://dental-mentor.org/get-into-dentistry-university-conference/>

Previously successful Medical students: <https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

Getting medical work experience

If you are a student planning to apply to medical school or a doctor who is about to take on a student for work experience, our guidance will help you to get the most out of work experience placements.

Work experience in a caring or service role is now an essential step when getting into medical school. Medical schools will be looking for students who have gained a broad range of healthcare experience. Both students and doctors should use the advice and resources below to guide them through the process.

Advice for students

All UK medical schools now require applicants to have experience in a caring or service role, either paid or voluntarily, in health or related field, as well as direct observation healthcare.

You can get a placement in a range of healthcare settings, such as a GP practice, hospital or even internationally.

Keep in mind that it will take some time. You may need to apply to many places before you get a positive response.

How to get a placement

Get in touch with GP practices. Contact practice managers and GPs to explain who you are and ask for their help. Many will ask you to complete an application form.

Make the most of any contacts you have, such as relatives, neighbours or friends who work in healthcare or in a hospital.

If you can't shadow a doctor, look at shadowing another healthcare professional like a pharmacist or physiotherapist.

Organisations that can help

There are a number of organisations that can help you to get a voluntary placement in a caring role, some of these include:

- Volunteering England
- Kissing it Better
- St John Ambulance
- Royal College of General Practitioners

The BMA does not encourage healthcare professionals to charge students for placements, although there may be instances where you could be asked to cover costs such as administration. Don't be afraid to ask what, if any, costs you may be asked to pay before starting your placement.

Top tips when on a placement

- Dress smartly as you would for a job interview.
- Be aware that some patients may wish to be seen without a student present. Don't take this personally.
- Remember that patient confidentiality is important. You must not, under any circumstances, discuss patient issues outside of the department or practice you are based in. Be aware that you may be asked to sign a confidentiality agreement.
- It would be inappropriate for you to see a patient that is known to you socially, whether it be a family member or friend. If this happens you should tell the person who is supervising you and leave the room.
- Make sure you tell your placement what you expect to get out of it and let them know if there is anything that you would like to do or learn whilst you're there.
- Keep a log/ daily diary of what you did and saw. This can help solidify what you learn, but is also an important reference tool when you are writing a personal statement and preparing for your medical school interviews.
- Try to speak to a diverse range of staff. Time with other healthcare workers can offer a great insight into the multi-disciplinary approach to healthcare.
- Ask questions and show enthusiasm. Ask the doctors about what they think are the qualities of a good doctor, ask them about their work patterns, lifestyle or whether they would choose medicine again as a career.
- Talk to patients - remember to be polite and introduce yourself as a medical school applicant on work experience.
- Be proactive and offer a pair of helping hands at every opportunity.



Scan to
register!

LIVE!

FREE

Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
- Entrance Exam: UCAT
 - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!



After the success of our recent NHS National AHP Work Experience session, I am thrilled to extend an invitation to your students in years 10-11 for our upcoming sessions in June:

1st June: Paediatric Pathway

- We will be following our patient Samantha, from her birth, to her diagnosis of mild cerebral palsy at 2 and then to her early teens where our team work with her to help her keep her independence through treatments, medication and support equipment.
- With teaching on paediatric medicine, medical conditions, diagnostic tools our team use on a daily basis and the skills our Allied Healthcare Team need to help make a difference and give the best care they possibly can to their patients.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

The NHS Virtual Allied Healthcare Work Experience offers a unique opportunity for aspiring healthcare professionals. It's a rare occasion for students to hear from our exceptional guest speakers.

Students will gain an intimate look at the healthcare industry in the LIVE virtual work experience, delving into diverse roles within allied healthcare and taking a closer look at patient care by following the journeys of two patients from incident through to treatment.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: <https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference - a golden ticket for their apprenticeship and UCAS applications.

Registration will start at 8:30am then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Join Every First Sunday Of The Month!



Scan to
register!

LIVE!
VIRTUAL

Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and
what they do day to day, you will **dive into live work experience sessions**
from the safety of your home.

Witness the journey of two patients from injury to recovery over 6
months, and experience how many different healthcare professionals
are involved in a patient's care, from hospital all the way through to a
community team.



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 - MARINE PILOT
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 - TRANSPORT PLANNER
 - TRAVEL CONSULTANT
- AND MANY MORE!**



Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.
[amazingapprenticeships.com](https://www.amazingapprenticeships.com)

SCAN ME



APPRENTICESHIP



Level 2 Accounting Apprentice

Gow and Partners Limited, Darwen

VAC1000315586

Level 2 Apprentice Painter and Decorator

Choices Decorators Limited, Darwen

VAC1000318000

Level 2 Apprentice Furniture Maker

KRD Cabinets Limited, Wigan

VAC1000315683

Level 2 Landscape Operative Apprentice

Inspired Gardens, Leyland

VAC1000318459

Level 2 Apprentice Furniture Manufacturer

Matthew Marsden Furniture Ltd., Chorley

VAC1000318903

Level 3 Apprentice Business Administrator

Waddington and Son Solicitors Limited, Preston

VAC1000318013

Level 3 Accounts Apprentice

Flourish Finance Limited, Chorley

VAC1000316755

Level 3 Content Creator Apprentice

Principle Signs & Graphics Ltd., Chorley

VAC1000317935

Level 3 Business Administration Apprentice

LWC Drinks Limited, Leyland

VAC1000318722

Level 3 Bus and Coach Engineer Apprentice

Stagecoach Group plc

VAC1000315566

Level 3 Apprentice Welder/Fabricator

WEC Group Limited, Blackburn

VAC1000291193 *

* There are 15 vacancies on offer with WEC Group. WEC have an in-house training academy and is one of only a few certified welder training centres in the North West.

Check out the website here: <https://www.wec-group.com/wecacademy.html>

To search for an apprenticeship anywhere in England, have a look at the national apprenticeship website, create an account and apply for any of the vacancies.

[Click here](#)



CAREER *of the* WEEK

Air cabin crew

Air cabin crew is an important role on all flights, with the aim of making the flying experience pleasant and safe for passengers.

As a cabin crew member, you'll provide excellent customer care to passengers while ensuring their comfort and safety throughout the flight. You'll serve refreshments and meals and will also sell gifts and duty-free items to passengers.

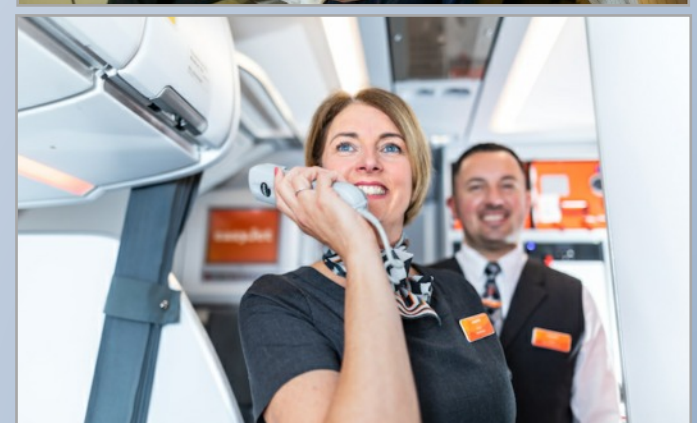
As part of your role, you'll be trained to deal with security and emergency situations, which can include administering first aid to passengers.

It's also your responsibility to ensure that all emergency equipment is in working order prior to take-off and that there are enough supplies on board. You'll then take part in a safety demonstration to make sure passengers know how to use the equipment and what the safety procedures are.

Responsibilities

As an air cabin crew member, you'll need to:

- be professional, punctual and courteous at all times
- attend a pre-flight briefing, during which you'll be assigned your working positions for the upcoming flight. Crew are informed of flight details, the schedule, the number of infants on board and if there are passengers with any special requirements, such as diabetic passengers or passengers in wheelchairs
- carry out pre-flight duties, including checking the safety equipment and doing security checks, ensuring the aircraft is clean and tidy and that information in the seat pockets is up to date and all meals, drinks and stock are on board
- welcome passengers on board, check documents and direct them to their seats
- inform passengers about safety procedures and ensure that all hand luggage is securely stored away
- check all seat belts and galleys are secure prior to take-off
- make announcements on behalf of the pilot and answer questions during the flight
- serve meals and refreshments
- sell duty-free goods (which can count towards personal targets for commission) and advise passengers of any allowance restrictions in force at their destination
- reassure passengers and ensure they follow safety procedures correctly in emergency situations
- deal with any difficult or inebriated passengers (who may be acting in a rude or anti-social way) politely but firmly, to ensure the safety and comfort of everyone on the flight
- give first aid where necessary
- ensure passengers disembark safely at the end of a flight and check that there is no luggage left in the overhead lockers and no stowaways or suspicious items on board
- complete paperwork, including writing a flight report and totalling duty-free sales



For more information [click here](#)