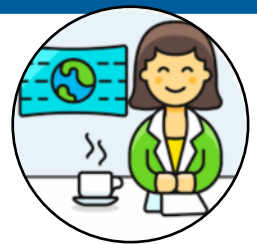




Your weekly guide to careers information, advice and news from Parklands High School

Here we are again at the end of another very busy week at Parklands.

Earlier this week, Years 7 and 8 experienced a STEM Roadshow with Matt, Sophie and Kat - and Fluffy the cobot dog - more about that inside!



Year 8 will also take part in a STEM Day in mid June - details to follow.

- There are various competitions - Wildscreen Ark's nature photography challenge and a Trailblazing Hero competition run by Eon Energy. Perfectly timed as it is World Bee Day next week (hence the graphics on this issue!)
- Lots of virtual work experience opportunities on offer: Medic, Dental and Allied Health Mentor; Microsoft, Channel Four and John Lewis Partnership in conjunction with Get My First Job; plus STEM work experience with InvestIn Education.
- There are a number of really good apprenticeship vacancies this week - you need to create an account on the Gov.UK website, then you can apply for any of the jobs featured.

Work Experience week is rapidly approaching and the deadline for the booklets to be in is Monday 2nd June. I have a limited list of available placements for anyone who is struggling, but don't delay, places are filling fast. The MPCT (Army) placement will go ahead and I have ten spaces available for that. If anyone is interested in the MPCT or the NHS scheme, they need to see me as soon as possible (Top Office).

Year 10 will also visit two colleges in June/July for taster sessions. Pupils have already chosen their options for the days and they will receive individual timetables. These are always great days, allowing pupils to get a real feel for college life and the kind of subjects they will be able to study post-16.

Have a great weekend



19th - 23rd May 2025

Wildscreen
ARK

YOUTH NATURE PHOTO COMPETITION

Aged 13-18?

**Capture nature
with your phone**

Win fantastic prizes!

**Competition open
22nd April to 20th June**



Find out more at
wildscreen.org/ark

© Jacob Piper Finalist 2024



STEM Roadshow for Year 7 and 8

Earlier this week, Year 7 and 8 were visited by Matt, Sophie and Kat - and Fluffy the cobot dog! A cobot is a collaborative robot, designed to work alongside humans, not replace them. Cobots are equipped with sensors and safety features that allow them to operate in shared workspaces with people without requiring protective barriers like traditional industrial robots. They are programmed for specific tasks, often repetitive or physically demanding ones, freeing up human workers for more complex or creative tasks.

During the roadshow, pupils also contributed to creating an AI hit song and music video, the results of which will be shared next week! Thanks to the team and their sponsors for an amazing experience.



Individual Challenger Experience

The Individual Challenger Activities are an exciting way for students aged 11-16 to complete a short STEM project from home and gain an Industrial Cadets Challenger award. Each activity is designed by our educational experts and allows students to use their creativity and imagination to complete a project in their own way and at their own pace. Students are guided through the activity on our learning platform and will have access to support for any questions or queries along the way. All students will get individual feedback on their project.

Structure & Cost

3 hour activities that can be completed flexibly in your own time and costs £25.

Activities

Carbon Capture - Eco Garden project

This course is designed to help you create a garden that supports the environment and contributes positively to the fight against climate change. Together, we'll explore the basics of climate change, its impacts, and the importance of natural carbon stores.

By the end of this course, you'll have a clear plan for an eco garden tailored to your space and a deeper understanding of how small, thoughtful changes can make a big environmental difference.

TinkerCAD Moon Base Project

This course is designed to help you create a 3D design using a CAD program. You will be able to investigate and learn how to create a 3D moonbase, fit for astronauts, whilst learning more about the best place to setup a base on the moon. Please keep in mind you will need an email address to log into TinkerCAD- this can be your own email or a parent/carer's email.

By the end of this course, you'll have a clear understanding of how to use a CAD program whilst deepening your understanding of space.

Once students have completed an Individual Industrial Cadets Challenger activity, they will join our alumni network and receive priority information about future EDT and Industrial Cadets activities.



To sign up, please visit our website [here](#) or scan the QR code.





ACTOR TRAINING ACADEMY
at Preston College

JULES VERNE'S

AROUND THE WORLD IN 80 DAYS



ADAPTED BY LAURA EASON

6:30PM 21ST - 23RD MAY 2025

PRESTON COLLEGE AMPHITHEATRE

TICKETS FROM £12

BOOK ONLINE: WWW.PRESTON.AC.UK/TICKETS

Considering university?



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Barratt Redrow Careers Newsletter



Who are Barratt Redrow?

Redrow joins the Barratt Group, with the new organisation renamed Barratt Redrow plc, creating an exceptional UK housebuilder and marking a new chapter in the company's history.



+



REDROW

=

Barratt
Redrow

With our recent merger we still have the same values and goals as before. A continued drive for quality built homes and creating a great work environment for our employees.

If you haven't already seen us about as Barratt Redrow you may know us as:

DAVID WILSON HOMES
WHERE QUALITY LIVESBARRATT
— LONDON —BARRATT
HOMESWilson Bowden
Developments

Looking for a career?

Looking for a career as a Barratt Redrow apprentice. This mock-up trade interview gives hints and tips in how to be successful in your interview.



Are we building in your area?

We have lots of construction projects underway, have you seen us in your local community?



Our people

Hear from some of our recent graduates & apprentices

barrattcareers.co.uk

UNDERGRADUATE OPEN DAYS 2025

- Friday 20 June
- Saturday 11 October
- Friday 7 November
- Saturday 15 November

For information about our **Open Days**,
Campus Tours and other ways to visit us, scan
the QR code or go to ljmu.ac.uk/opendays



To take a **virtual campus
tour**, scan here



ENQUIRIES

Website: ljmu.ac.uk

Helpline: 0151 231 5090

Email: courses@ljmu.ac.uk



youtube.com/ljmutv



[@LJMUofficial](https://www.facebook.com/LJMUofficial)



[@ljmu](https://www.instagram.com/ljmu)



[@liverpooljohnmooresuni](https://www.tiktok.com/@liverpooljohnmooresuni)

Trailblazing heroes competition

This is your chance to champion the sustainability trailblazers leading the way to protect our planet!

Tell us about the the sustainability trailblazers who inspire you! What skills do they have? And what we can learn from them? We all have the power to create change and build a more sustainable future.

The most inspiring entries will win amazing prizes!

There are some fantastic prizes up for grabs including a school visit from a footballing trailblazer, five amazing skills-building workshops and more.*

*for a full list of prizes and to review the terms and conditions go to: www.eonenergy.com/new-energy-academy/competition-resources.

What you need to do

1



Choose your trailblazer and find out all about them! Research areas that interest you using trusted online resources or your school library.

2



Focus on their achievements in sustainability, their top trailblazing skills and how they inspire you.

3



Answer the questions on the entry form. You can write on a printed entry form, use blank A4 paper or a blank PowerPoint slide or Word document.

How to enter



Hand your completed entry to your teacher (or home educator) who will send it to us at newenergyacademy@harklondon.com.

Entries must be received by
23 May 2025.

For more information go to:
www.eonenergy.com/new-energy-academy/competition-resources.

Need some help to get started?

Head to eonenergy.com/new-energy-academy for a wide selection of trailblazing skills resources.



28h May 2025
9:00 – 16:00



Manchester Campus,
Openshaw, M11 1AA



IN PARTNERSHIP WITH



UNIVERSITY OF
WOLVERHAMPTON

MAY 2025

OPEN DAY

- ✓ BA (Hons) Business Management with Foundation Year
- ✓ BA (Hons) Digital Marketing Management with Foundation Year
- ✓ BSc (Hons) Health and Social Care with Foundation Year

*Subject to Approval

BOOK NOW!





GET MY

First Job



**Students can do
Virtual Work
Experience anywhere!**

Work from the beach... No, we're not kidding!

Spending the week in an office making cups of tea sounds boring to us too. With virtual work experience your students can work ANYWHERE!



Log on and gain work experience from anywhere! Whether they're curled up with a coffee or soaking up the sun, learning has never been more flexible.

Why not work from:



The beach



A local cafe



The sofa



Or even, bed!

Sounds good, right?

Explore the businesses offering virtual work experience and workplace skills



Microsoft

Learn all about AI and how it can help boost your students' career prospects!

START NOW



Channel 4

Your students can learn more about the creative industry on a programme tailored to their skills and interests.

START NOW



John Lewis Partnership

Take a product from source to shelf with the John Lewis Partnership programme.

START NOW



NEED ANOTHER REASON FOR YOUR STUDENTS TO START WORK EXPERIENCE?

We have 3 HUGE employers on offer who would look incredible on your students' CVs. Some modules such as Microsoft take as little as 20 minutes and they'll end up with a certificate for their CV – no brainer, right?

TAKE ME TO MICROSOFT

CHOICES

The monthly parent & carer guide to apprenticeships and technical education

HOW APPRENTICESHIPS
HELPED ME TO CHANGE
CAREERS

A CUT ABOVE THE REST
WITH HAIRDRESSING
APPRENTICESHIPS

PREPARING FOR
ASSESSMENT CENTRES:
TOP TIPS FROM E.ON

APPRENTICES MAKING A
DIFFERENCE WORKING
IN LOCAL GOVERNMENT

APPRENTICESHIPS THAT
TACKLE CLIMATE
CHANGE

ROUTES INTO T LEVELS
& HIGHER TECHNICAL
QUALIFICATIONS

APPRENTICESHIPS GAVE ME THE
CONFIDENCE AND FREEDOM TO
THRIVE BOTH PERSONALLY AND
PROFESSIONALLY

Amazing
Apprenticeships

THE CAREERS &
ENTERPRISE
COMPANY

STAY UP TO DATE



CHOICES MAGAZINE - MAY EDITION

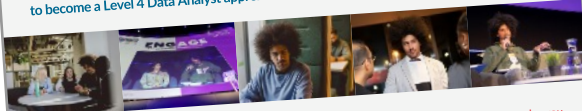
In May's Choices edition, we hear first-hand experiences from two hairdressing apprentices, find out why it's not too late to secure a role this summer and explore local council apprenticeships. We also share a parent's view of supporting two very different apprentices, highlight the growth of green apprenticeships and bust some common myths about careers in logistics!

[Please click here](#) for this month's edition.

APPRENTICE INSIGHT

A WORLD OF EXPERIENCE

Meet Philip, who spent ten years teaching English all around the world, before undertaking a Level 3 Chef apprenticeship, then moving sectors to become a Level 4 Data Analyst apprentice at Lloyds Banking Group.



Why did you choose to do an apprenticeship?

When I came back to the UK after teaching abroad, I wanted to become a chef but I was only looking for roles that were apprenticeships because I wanted to get qualifications rather than just work. I'm a strong believer in education and self-development and I wouldn't have done a role if there wasn't a learning opportunity alongside it.

How did you end up moving from working as a chef to a data analyst apprenticeship?

I was working in a hotel and I wanted to apply my creativity to solving my frustrations with food wastage, inefficient ordering processes, and menu planning. I presented a case for improving it all with one system to the hotel manager, who said they couldn't spare the time for me to do it with them, but they thought I had the mind of an analyst and that I should pursue that as a career.

Why did you decide to do an apprenticeship with Lloyds Banking Group (LBG)?

I researched analyst apprenticeship opportunities and applied to several programmes. I received offers from all of them but ultimately chose LBG. Corporate organisations talk about their values but with LBG, it didn't feel like lip service – they actually did what they said they would, like having a diverse interview panel for example. So that was my second entry point into apprenticeships and my first entry point into the corporate space.

What was it like transitioning from one career to another?

Stepping into a corporate role from a kitchen role felt almost alien. I spent a lot of time questioning my place in this space and whether I needed to be more like everyone else. It took some time to realise that I didn't need to assimilate. I was there on my values and because I'd earned the right to be there. I now try to look out for new people who come in and support them not to engage in thinking they have to change to fit in or succeed.

Did you feel accepted for who you are at LBG?

Definitely. I don't feel pressured to change my appearance or behaviour. I've been in jobs before where I cut my hair before going in and I didn't feel like I had to do this at LBG. I'm a regional lead for a colleague network in the Midlands, Black Organisation for Leadership in Development (BOLD), as well as co-chair for the Transport Diversity and Inclusion Committee. I saw right from my interview experience that LBG actually cared and know the value of colleague networks in bringing out the best in people. I ended up with a highly commended Multicultural Apprenticeship Award last November due to my involvement in these spaces.



APPRENTICE INSIGHT



"The apprenticeship didn't just help me learn the technical skills of the job - it gave me the confidence and freedom to thrive both personally and professionally."

What advice has been invaluable?
One tagline I heard from a colleague is 'get comfortable with the uncomfortable'. Public speaking, for example, isn't something I enjoy, but I understand its value. If leaning into that discomfort can inspire or give someone else the push they need, it's worth it.



Would you consider another apprenticeship in the future?

Absolutely, 100%! My initial plan when I joined LBG was to complete the Level 4 apprenticeship and then pursue a Level 6 Data Science apprenticeship. I was like a kid in a sweet shop when I saw the number and variety of opportunities available to colleagues at LBG. Leadership apprenticeships are particularly appealing to me because they align with the side-of-desk work I do for BOLD. Beyond leadership, I'm also drawn to apprenticeships that develop technical skills.

Why would you recommend apprenticeships to someone who wants to change their career?

Apprenticeships are an incredibly safe and structured way to reskill or pivot to a new career. At LBG, I've had the opportunity to receive a full salary and work as a full-time colleague from day one. The only difference is that I work four days a week and dedicate one day to learning, while others work the full five days. My apprenticeships were so exciting – the opportunity to learn and have the freedom to add extra skills, almost like building with Lego blocks. However, the apprenticeship didn't just help me learn the technical skills of the job – it gave me the confidence and freedom to thrive both personally and professionally.

What did the off-the-job learning involve and how did it fit in with adjusting to your new role and workload?

I'm incredibly passionate about learning. My apprenticeship was structured so that I typically spent one day a week learning and the other four days working in my role. Because I was so keen, I often spent a lot more time than that, waking up very early to throw myself into the next assignment.

I wanted to complete my assignments early so that I could apply myself to my role, and become the best at that as quickly as possible. I was able to do that and before my apprenticeship finished, I got a promotion to a higher grade, twelve months in. My apprenticeship also included residentials, so every 3-4 months, we'd go away for a week to attend in-person sessions.

Did anything surprise you about being an apprentice?

When I first joined, I often felt like I needed to justify my position. I'd be in a room with colleagues who had many years of corporate experience and I think it was natural to feel intimidated by their wealth of experience. A colleague told me I was looking at it wrong – they said apprentices are brought in to light fires under more experienced colleagues and that we wouldn't be there if we didn't have value. I now share this insight with new apprentices. While it's not their job to make colleagues uncomfortable, it's sometimes inevitable – so I encourage them to embrace it, learn from others, and engage in reverse mentoring. Many colleagues are eager to learn from apprentices as much as they mentor them.

Find out more about apprenticeships at LBG:
amaps.uk/mte-lloyds



Dear Parent/Carer,

We are delighted that your child will be attending their Year 10 Sampling Taster Day with us here at Runshaw. This special event is designed to provide Year 10 students with a glimpse of what life is like after high school and to help them explore the exciting opportunities that await them at college. You can see more using this link [CLICK HERE](#)

Event Details:

- **Date:** Wednesday 2 July
- **Time:** 9:00 AM to end of the school day
- **Location:** Runshaw College, Langdale Road, Leyland, PR25 3DQ

Timetable for the Day:

1. **Pick up from School (9:00 AM onwards)**
2. **Welcome Assembly and Registration (9:45 AM - 10:10 AM):** Our friendly Schools Liaison staff will greet students and guide them through the day's activities before they are taken to their first lesson. All students have selected the subjects they would like to take part in at a previous Sampling Assembly and a timetable created for them.
3. **Two Engaging Morning Lessons (10:20 AM - 12:10 PM):** Our teachers will lead all these fun, interactive sessions, allowing students to experience Runshaw's teaching firsthand.
 - 10:20-11:10 Lesson 1
 - 11:20-12:10 Lesson 2
4. **Lunch (12:10 PM – 1:00 PM):** Students will all receive a lunch voucher and enjoy a delicious lunch in one of our Campus restaurants, giving them a (literal!) taste of college dining.
5. **One Engaging Afternoon Lesson as per the morning (1:10 PM – 2:00 PM)**
6. **Farewell Assembly and catching the bus back to School (2.15 PM onwards)**

Purpose of the Taster Day: Our goal is to inspire and inform students about the exciting academic and extracurricular opportunities available at Runshaw College. By participating in the taster day, your child will gain insights into their potential career, meet fellow students from other High Schools as well as Runshaw, and get a feel for our vibrant campus community.

All our staff and student ambassadors are committed to ensuring a wonderful and memorable experience and cannot wait to welcome your child and their school. Please feel free to reach out directly to me using the contact information below if you have any questions or need any additional information.

With Warmest Regards,



Gillian Cahill
Senior Admissions Tutor
T: 01772 643000
E: Cahill.G@runshaw.ac.uk



Finance & Wealth Management Work Experience with St James's Place

A Virtual Opportunity - Thursday, 29th May

We have a fantastic virtual work experience day happening with the UK's biggest Wealth Management firm, St James's Place. Taking place on Thursday, 29th May, 9.30am - 3.30pm this is a fantastic opportunity for your students to get an insight to wealth management, financial services, investments and funds. St James's Place are a FTSE 100 company and the biggest provider of wealth management services in the UK.

Are you interested in learning more about careers in wealth management and financial services?

This is the opportunity you've been waiting for! Join St. James's Place, a FTSE 100 company, for an exclusive full-day virtual work experience – the most prestigious finance careers event of the year!

Event Details:

- **Date:** Thursday, 29th May
- **Time:** 9.30am – 3.30pm
- **Location:** Virtual (link provided upon registration)
- **Who Can Attend?** Both school and university students

Gain Unrivalled Insight into Wealth Management:

St. James's Place is one of the UK's largest advice-led wealth management firms, managing over **£190 billion in client assets**. With more than **twenty offices across the UK**, they offer outstanding **graduate, apprenticeship, and internship** opportunities for future talent.

Why Attend?

- **Prestigious Experience:** Add a full-day virtual programme with a FTSE 100 company to your CV and future job applications – and receive a certificate of attendance to showcase your achievement.
- **Learn from the Best:** Gain valuable advice from a range of industry leaders and top financial professionals.
- **Stand Out to Employers:** Develop insights and skills that will set you apart when applying for apprenticeships, internships, or graduate roles.
- **Explore Career Opportunities:** Hear about exciting routes into St. James's Place through their highly regarded programmes.

During this transformative experience, you'll uncover how leading financial advisers shape the financial futures of their clients, step into the world of high-level investment management and strategic financial planning, and gain powerful insights from industry experts on how to build a standout career in the world of finance and wealth management.

This is the must-attend finance and investment work experience event of the year.

Register here:

<https://www.surveymonkey.com/r/StJamesPlace-Virtual>



Summer Open Evening – Thursday, 26 June, 5:00pm - 8:00pm

This event is open to Year 10 students (and to any Year 11 students who may wish to visit the College one final time). The evening offers an excellent opportunity to explore our campus, meet our students and speak with teaching and support staff about our courses and enrichment opportunities. Visitors will also receive a welcome from the Principal. This event provides a valuable opportunity to experience the College in the summer and to end the academic year with a focus on the next steps ahead.

Saturday Open Day – Saturday, 27 September, 9:30am - 12:30pm

In response to feedback from schools and from parents and carers, we have introduced a new Saturday Open Day for the 2025/26 recruitment cycle. We hope this will allow more students and families to visit the College. As with the Summer Open Evening, there will be opportunities to tour our campus, meet our students and staff, and hear from the Principal about our curriculum and support provision.

To book a place at either event, please visit:

Winstanley College event tickets from [TicketSource: Winstanley College event tickets from TicketSource](#).

Winstanley College Summer Open Evening

Winstanley College, Winstanley Road, WN5 7XF

Thursday 26th June 2025 5:00pm

Visit our Open Evening and have the opportunity to speak to our fantastic students, see our amazing facilities and become part of the Winstanley College community.

Open Evenings feature representation from every subject offered at Winstanley College with teaching staff and students available to speak to attendees alongside a range of resources from the courses. Other areas of the College including enrichment, transport and student support are also represented. The Principal delivers a talk in our theatre at various times throughout the evenings to ensure all attendees are able to access it. We will email visitors a full itinerary of what to expect at the event a few days prior.

We look forward to welcoming you to Winstanley and if you have any questions please contact admissions@winstanley.ac.uk (01695 628610)



Winstanley College
EXCELLENCE SUPPORT INSPIRATION

INVESTIN THE ULTIMATE WORK EXPERIENCE

Get Work Experience in STEM This Summer



Experience a Career in STEM

Summer programmes for ages 15-18

Breaking into STEM industries isn't exactly easy. Competition for top universities and graduate roles is at an all time high, whilst for school students, finding meaningful work experience to refer to in applications has become increasingly challenging in a remote working world.

InvestIN is here to help. **We deliver work experience programmes in 10 competitive and desirable STEM fields** to enable students to gain a real insight into the world of medicine, engineering, computer science, finance, architecture and many more sectors.

Do you have any STEM enthusiasts looking to gain industry knowledge, experience, skills and contacts? We only have a handful of spaces left for this summer!

Highlights include:

Psychology: receive coaching from elite sports psychologists at the Emirates football stadium; explore mental health treatment at the UK's oldest mental illness hospital, Bethlem Royal Hospital

Engineering: experience aeronautical engineering at Lasham Airfield; take apart a petrol engine with mechanical engineers at Europe's largest supercar studio

Computer Science: work with cyber security experts at Level 39, a hub for tech start-ups in Canary Wharf; visit a state-of-the-art motion capture studio, Target 3D, to learn 3D modelling software, Blender

Plus many more!

[**VIEW PROGRAMMES**](#)

Reminder: Free webinar next week for students & parents

We'll be sharing top tips on how to find meaningful work experience. Students busy with exams? We automatically share the recording, slides and resources with anyone who registers!

[**REGISTER NOW**](#)

Gain the ultimate work experience **this summer**

1 and 2-week programmes for students aged 15-18 in London



Work with top professionals and explore real workplaces



Experience university life on-campus at UCL



Gain a qualification in work experience to boost your university application

Choose from 15 different careers

Art • Architecture •
Computer Science •
Dentistry • Engineering •
Entrepreneurship • Fashion
Design • Filmmaking
• Forensic Science •
International Politics •
Investment Banking • Law
• Medicine • Psychology •
Veterinary Science

Last chance to register for summer 2025 -
some programmes are now fully booked!

REGISTER NOW!

UCAS

Gain UCAS
points for Work
Experience



Work towards
your Gold
Residential
DofE Award

ONE PERSON - 3 DIFFERENT OPTIONS

Ben is a former T Level student, a current apprentice and also studying for an HTQ!



T Level in Design, Surveying and Planning for Construction

I studied GCSEs in engineering, geography and computer science and always wanted to get into some kind of engineering. As I went through secondary school I decided on structural engineering as the specialism I wanted to focus on. The T Level in Design, Surveying and Planning for Construction at Weston College suited me because it was local and focused on the sector I wanted, as well as being a technical course. My T Level placement was with Hydrock, an engineering consultancy. This placement solidified my interest in engineering and I am still working and learning with Hydrock today.



Apprenticeships

Structural Technician Apprenticeship

After my T Level, I considered doing a full-time university degree. I had completed my UCAS application for civil engineering courses at different universities and I actually got accepted for all my UCAS options. But at the same time, while I was doing my T Level placement, I learnt about Hydrock's apprenticeships, and they had applications open.

I knew this would be a path where I get qualified, and although it might take longer, I also get paid to do it. I was offered the apprenticeship position with Hydrock and I accepted.



HTQ - Level 4 Civil Engineering Higher National Certificate (HNC)

For the off-the-job learning part of my apprenticeship, I am studying for an HTQ in Civil Engineering. I have a keen interest in the built environment and would like to work on global construction projects, so the HTQ is a good logical next step to gain a qualification in these interests. I am in the workplace at Hydrock Tuesday-Friday and spend Mondays at college studying for my HTQ.

I think an engineering HTQ is a good next step for people who know what sector they want to thrive in and want to make a clear plan on how to get there.

APPRENTICESHIPS RUN IN OUR FAMILY!



Lynette is the proud parent of a former apprentice, **Tom**, and a current apprentice, **Millie**, who she says couldn't be more different to each other, but have both ended up doing apprenticeships.

Tom is really academic – he got excellent **GCSE** results and then went off to college to do A-levels. He was adamant he didn't want to go to university. He wanted to work and didn't want to get into debt through paying fees. At first, he wanted to find a degree apprenticeship and he was worried that a lower-level apprenticeship wouldn't be enough of a step up from **A-levels**. I had to explain to him that it's not a sideways step - you're learning about that particular job and getting the hands-on learning that that you need to progress in that career. He found a **Level 4 Construction Design and Build Technician apprenticeship** and realised he really loved the project management side of construction. He finished his apprenticeship and still works for the company – they are now paying for him to do a **Construction Project Management degree** at Salford University alongside working. He's absolutely thriving – he's got a company car, he's always off on holiday - he wouldn't be in this position if he hadn't done an apprenticeship.



Tom's
Journey

GCSEs

A-levels

Level 4
Apprenticeship

Degree
(work-funded)



Millie left school after her **GCSEs**. She's not academic – she's a hands-on learner with a really strong work ethic. She enrolled onto a **level 2 Childcare course** at college and worked hard to achieve her **functional skills in maths** over the summer. We started looking into apprenticeships for when she finished college, but a **Level 2 Early Years Practitioner apprenticeship** opportunity came up with **The Growth Company** that was starting straight away, and she ended up going for it and getting the role! We had to weigh up the pros and cons of her leaving college before her course finished. She didn't really enjoy the college side of her course, but loved the placement side, so it felt like the right thing for her. As a parent, you don't want your child 'dropping out', but we didn't see it like that, we saw it as her making the right choice for her progression. She's getting on really well at the nursery, the kids love her, and she's grown up so much being in a full-time job.

Millie's
Journey

Functional
Skills maths

L2 Childcare
course

Level 2
Apprenticeship

Functional Skills
English

What to put in your first CV

- **Make a great first impression**
- **Personal statement**
- **Skills & strengths (with examples)**
- **Life & work experience**
- **Qualifications - achieved or currently aimed for**
- **Contact details**



youthemployment.org.uk/careers-advice



CV stands for curriculum vitae. That's Latin for your 'course of life' and that's basically what the document does. It tells people who you are and what you've done up to the point of applying.

What should your CV include?

- Name
- Contact details
- Personal profile
- Key skills
- Education
- Work experience
- References
- Hobbies and interests/achievements

**CLICK HERE FOR
MORE DETAILS**

You **DO NOT** need to include your age, date of birth or nationality. Employers shouldn't consider those things when deciding to offer you an interview. You also don't need to include a photo.

What should your CV look like?

There's no need to try and stand out with jazzy fonts and fluorescent paper. Your CV should be clear and easy to read.

Your CV should:

- Be no longer than two pages.
- Use an easy-to-read font like Arial or Times New Roman. The font should be black and sized between 10-12.
- Use headings and bullet points. Keep the layout simple and make it easy to read.
- Use plain language.



University of Central Lancashire

Training 2000

**** Preston ****
(and surrounding areas)
**APPRENTICESHIP
VACANCIES**

Equitas Solicitors Ltd

Apprentice Legal
Administrative Assistant

Preston
£264.00 per week
Business Admin

Southport Road

Dental Practice

Trainee Dental Nurse

Chorley
£271.80 per week
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DEVELOPING TALENT THROUGH TRAINING

ASK AN APPRENTICE COMMUNITY!

Student: Why Join?



Easy to use

Post your questions – apprentices respond!



Personalised

Ask the questions you want answered



Network

Our apprentice mentors are from top UK employers



Stand out

Gain insider knowledge and get ahead in applications



Ask anonymously

Ideal for questions you'd rather not ask your teacher!



Industry-specific

Get advice specific to the industry you're interested in applying to!

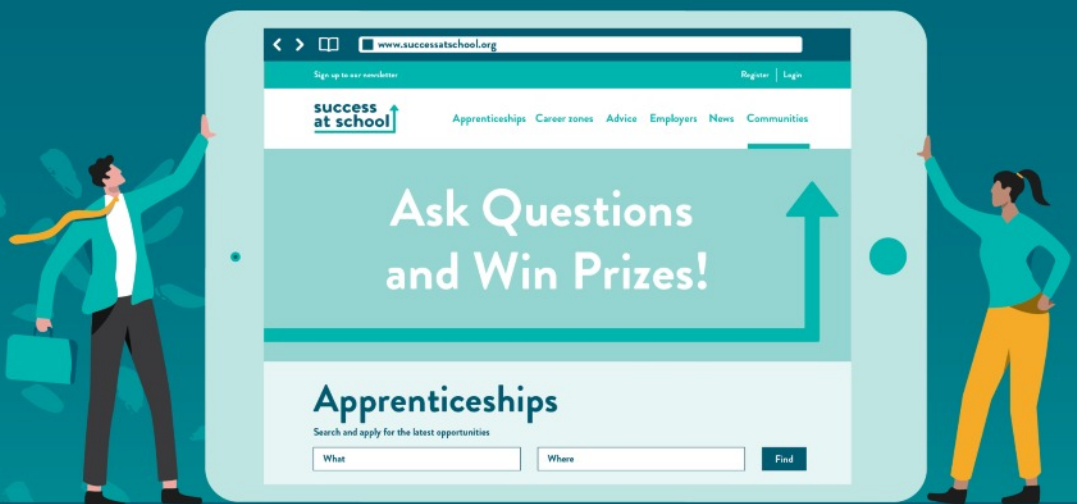
How it works:

- Sign up for free and join the community.
- Post your questions about apprenticeships, careers, and more!
- Get answers and advice from experienced apprentices.

Not sure what to ask? Things to ask about:

- Application tips
- Life as an apprentice
- Skills you'll need

Scan here
to sign up



Find out more: www.successatschool.org/community

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at school**

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How can we help your students?

We're here to help your students take the next step!
Let's make it happen!



We can send them tailored opportunities based on their interests!

- In their profile, they can favourite '**Employers**' and '**Career Zones**'. Then they will **receive exclusive invites to events** related to their interests.
- Then, on a **Tuesday and Thursday**, students will **receive an email with opportunities**, without having to spend hours searching for what they're interested in!



Access to 24/7 Mentoring, 365 days a year.

- '**Ask an Apprentice**' isn't just for apprenticeship seekers! Our mentors have **navigated school, exams, UCAS applications, and mental health challenges**. Students can access them anytime, risk-free. Read our safeguarding policy [here](#).



Certificates and Prizes!

- Students who attend our webinars and register **get a certificate** to showcase their career commitment - perfect for LinkedIn! Plus, asking a question in **Ask an Apprentice** enters them into a prize draw to **win Apple prizes** like a MacBook Air!

LOG IN NOW!

What can you do with...

PHYSICS

Astronomer

Study planets, stars and other celestial bodies using earth and space based equipment.

Nuclear Engineer

Design nuclear equipment to create zero-emission energy and essential medical solutions.

Sound Engineer

Knowing how sound travels and can be controlled is essential for making all kinds of recordings.

Meteorologist

Collect and study data of the atmosphere and oceans to create weather reports and research.

What **SKILLS & TRAITS** could you need:

- research & analysis
- problem solving
- numeracy
- communication
- IT skills
- teamwork

SCAN ME

to build your skills
and explore
careers



youthemployment.org.uk/careers-hub/





Do you know a STEM student who shows real potential? Kick start their career in Optometry.

For us, Optometry is more than just glasses. **It's the chance to change lives.** To work with cutting edge tech and diagnose diseases. It's a long-term career choice that can lead to you owning your own store and becoming a partner with us. **Sounds good right?**

FIND OUT MORE!

We launched the Bright Stars scholarship last summer, and after a brilliant first year, we're excited to run the programme again. **The scholarship is an exclusive opportunity for students interested in Optometry to get the support they need to go far, including:**

<p>THE SUPPORT PROVIDED:</p>	 <p>£10,000 towards university costs, spread across the 4 years</p>	 <p>Paid part-time work experience in one of our practices</p>
 <p>A host of community and social events to take part in</p>	 <p>Protected clinical time to boost their experience</p>	 <p>Ongoing support and mentorship from colleagues</p>

This is a one-of-a-kind scholarship, with only 40 places across the UK.

How can you help?

We need your help to find the brightest and the best STEM students - the ones with the potential to excel. And for each successful student that enrolls on the Bright Stars Scholarship, we're offering £100 worth of vouchers for your school. It's our way of saying thank you.

Already have a student in mind? Intrigued to find out more? Head to our website!

HEAD TO OUR WEBSITE!



The Biggest Youth Voice Survey is Back!

The Youth Voice Census is back again for 2025. By getting involved, you'll help to amplify the voices of young people across the UK. Your support will shape policies and create real change in education, work opportunities, and life experiences.

Key Dates

31st March: The Youth Voice Census survey opens for responses

28th April - 2nd May: Your Say Day

6th June: The Youth Voice Census survey closes

September: We unveil the report and share the results with MPs, policymakers, employers, and you!

Help Us Amplify Youth Voices!

The more youth voices we hear, the bigger the impact. Let's make sure every young person's voice is heard.

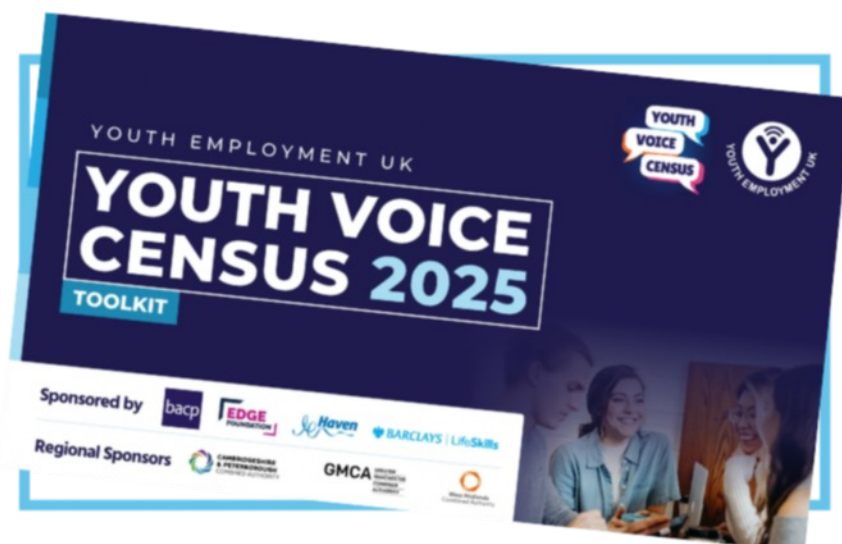
Get to Know the Census

Aged 11- 30? The Youth Voice Census is your chance to share how you feel about school, work and life.

Don't worry - it's completely anonymous. Your answers will be used to help inform real-world change to make your experiences better.

Every year, thousands of people complete the survey, sharing their opinions to shape the future.

Depending on the answers you give, the survey can take between 10 and 45 minutes to complete. You can start and stop as many times as you like, saving your progress as you go!



**TAKE THE
SURVEY HERE**

YOUTH VOICE CENSUS 2025

**What would help you find
a job now or in the future?**

TELL US ABOUT IT

Complete the survey by
6 June 2025





Interview tips...

Top tips for a successful interview

1

Plan your journey

Allow extra time and plan to arrive at least 15 minutes early. If you are unfamiliar with the location, do a test run.

2

Research, research and research!

Be prepared for the interview - research the company and your role.

3

Appearance

Dress professionally for an interview.

4

Behaviour

Make sure that you use positive body language, such as a firm hand shake, sit up straight and make eye contact. Don't take your mobile phone into an interview with you.

5

Sell yourself

Take a record of achievement file with you including your GCSE certificates. You can take notes into your interview.

Before your interview

Practise answering interview questions with someone else. If you are at school or college, you may be able to arrange a mock interview.

Keep in mind the interviewer wants to find out about what you can offer them: the particular skills and qualities you can bring that set you apart from other applicants.

But it's not just about what the employer is looking for – try to think of some insightful questions you could ask, for example:

- Future opportunities for progression?
- Do you have a mentor scheme?
- What responsibilities would I start with if I was successful?
- How soon could I start?

On the day - breathe!

First impressions count!

Make sure you dress appropriately and look the part. Avoid elaborate jewellery, body piercings, excessive make up and hairstyles, etc.

Offer a firm handshake and make appropriate eye contact with the interviewer.

It's OK to take a moment to think through your response, and better to have a considered reply rather than a rushed answer. If you need more time to think about your answer, ask the interviewer to repeat the question. Don't let your nerves take hold of you, channel them and use them to your advantage!

Remember it's not enough to just say you're good at something – always try to provide examples.

It's fine to ask questions! Ask your prepared questions and anything that came up during the interview... **Avoid JUST** asking about your salary and benefits!

Commonly asked interview questions

Background on you...

- Tell me a bit about yourself?
- What do you like to do in your spare time? (hobbies etc)
- What is your current situation? (i.e. school, college, employed)
- Have you been given any responsibilities? (i.e. prefect etc)

Why should they hire you...

- What made you apply for this position?
- What do you know about the company?
- What can you bring to the company?
- What skills do you have that will help you in this role?

Can you give me an example of when...

- You worked as part of a team?
- You used your initiative?
- You worked under a pressure?
- You worked to a deadline?
- You multi-tasked successfully?

Self evaluation...

- What do you consider your strengths?
- What do you consider your weaknesses?
- What is your greatest achievement and why?

Future career plans...

- Where do you see yourself in five years time?
- Have you got a future career in mind?

! Did you know that you can book a mock interview with your Training 2000 recruitment advisor?

CV tips

Use a positive tone throughout

Maintain a consistent font and use appropriate sizing

Keep it up to date with relevant information

Use a chronological order with work experience and qualifications (most recent first)

Keep it simple and clear

Spell check and use correct punctuation and grammar

Key things to include:

- Contact details
- Personal statement - a short introduction to you
- Grades / education history
- Work experiences
- Work history (if it's not your first job)
- References
- Key skills

What happens next...

If you are successful in the interview:

- We will call you and offer you the Apprenticeship position
- A member of Training 2000 will contact you to officially register you on the Apprenticeship programme
- A start date in company will be agreed and you START your employment
- You will be invited into Training 2000 to complete your on-boarding

If you are unfortunately not successful in the interview:

- We will get feedback from the company and find out why
- We will contact you and explain what steps we can take to make the next interview successful (this may include a mock interview here at Training 2000)
- We will continue to pair you with companies and arrange interviews until you are successful in finding an Apprenticeship

www.training2000.co.uk | 01254 54659

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DEVELOPING TALENT THROUGH TRAINING

Support for students with special educational needs and disabilities

By Verity Lewis, Disability Advice Officer at the University of South Wales

Starting university is an exciting new chapter filled with opportunities and challenges. If you have special educational needs or a disability (SEND), you might feel uncertain about what to expect. However, rest assured, UK universities are dedicated to supporting you every step of the way. This guide will introduce you to the resources, adjustments, and services designed to help you thrive and make the most of your university experience.

Declaring your disability

Your first step towards accessing support is to declare your disability on your UCAS application or directly to the university. Many students worry this might affect their application, but universities are legally required under the Equality Act 2010 to treat everyone fairly. Declaring your disability

helps universities understand your needs and arrange reasonable adjustments to support your learning and university life from the very beginning.

The Disabled Students' Allowance

If you have additional needs due to a disability, learning difficulty, or long-term health condition, you can apply for the Disabled Students' Allowance (DSA) (page 60). This non-repayable grant can cover the cost of:

- non-medical helpers, such as a mentor or note-taker
- travel costs related to your disability
- specialist equipment, like a laptop with assistive software
- other resources tailored to your needs.

It's important to apply for the Disabled Students' Allowance (DSA) early, as the process can take some time. While it might seem overwhelming at first, universities are here to guide you through it. At the University of South Wales, for instance, you can connect with a Disability Adviser during open days, taster sessions or through their dedicated email inbox, even before you enrol. These conversations ensure you have the support you need in place, ready for when you start your university journey.



DOWNLOAD NOW!

What to expect at a university open day

By Gavin Spoons, Regional Student Recruitment Officer at Norwich University of the Arts

Open days are the perfect way to experience first-hand what being a student at a particular university is really like. You can gather lots of useful information online and in prospectuses, but nothing beats being in the university environment and having the opportunity to speak to academics and current students. Open days are packed with scheduled activities to help you get a feel for a university and see if it's somewhere you might want to study.

Campus tours

Arguably the central event of the day, these guided tours are typically led by current students who show you around the campus. You'll explore the university environment, see communal areas such as cafes and libraries, and have a chance to visit facilities related to your course. This gives you insights into your day-to-day life as a student, and you might see work and projects you could do yourself.

Course talks

Throughout the day, there will be a range of informative talks offering information about the university, specific courses, and student support. Most universities host a welcome talk at the start of the day to highlight the unique aspects of that university.

Course-specific talks hosted by academic staff are also very valuable. These talks share detailed information about the courses you're

considering. They allow you to talk directly to the course leader, their fellow lecturers, and current students. These course talks give you a more detailed look into course content than you will find outside of an open day. They cover the work you will do, and the careers you could progress into.

Support talks

Finally, there are additional talks and sessions throughout the day to introduce you to other university departments and of... You could find yourself in talks about accommodation options, what is available, student experience receive advice for applications

Accommodation tours

If you're looking to move away to study at university, you'll want what accommodation options to you. Similar to campus tours, be an opportunity to look around accommodation sites with help from students there to answer any questions. You can see the types of rooms and facilities offered in different sites. Imagining yourself living student is just as important as course advice for applications

Plan your day

Open days can be quite intense, with talks and sessions, but there's a lot to gain from them. Universities offer an open day programme after a long open day. This contains a mix of each talk and tour, so you can mix and match. Try to experience as much as you can. It'll help you make informed decisions about your university journey.

Scholarships: finding financial opportunities and standing out in applications

By Jon Hering, Head of Commercial at Blackbullion

Introduction

We get it: studying is expensive.

Tuition fees are going up in September 2025, there is an ongoing cost-of-living crisis, and rising inflation affects how much your maintenance loan can help. Heading to university can seem like a pricey way to kickstart your adult life.

That's where we come in.

To date, Blackbullion has released over £25 million in additional funding - grants, bursaries, hardship funds, and scholarships - through our Funding Hub. Our first corporate scholarship launched in April 2023. Since then, we've continued to work with brands like Amazon, Nationwide, and Accenture to help students cover the costs of university.

Even though there are more opportunities out there, the market for scholarships is still small and highly competitive. That's why this article is here to help you find the right opportunities. It will give you the tools to stand out and smash your applications, so you have the best chance to secure additional funding for your degree.

When to expect scholarships to launch
You should be aware of the main funding windows:

- National Scholarships Week 2025 - running 31 March to 4 April 2025, in partnership with Amazon. Last year, NSW 2024 launched over £800,000 worth of scholarship funding through corporate partners.
- April 2025 - a key period when many scholarships open. Make sure to prepare applications in the spring.
- September 2025 - another wave of scholarships launches in early autumn, giving you a second chance.

Scholarships as a gateway to careers

Many scholarships provide more than financial aid. They offer internships, mentorship, and work experience. These extras can be pivotal in building your career. Try to seek scholarships aligned with your goals, as these opportunities will make you more appealing to future employers.

How to choose the right university for you

By Charlotte Higgins, Marketing Officer at the University of Derby

Choosing a degree to study is a big decision, as is selecting the right university. At the University of Derby, we believe making your choice should take into consideration three key factors.

Choosing the right degree

It is vital to select a degree that you are passionate about. You will study the subject for the next few years, so it must be an area that you will enjoy. Review courses on university websites and prospectuses that suit your interests.

There are also various types of degrees to be aware of, including a traditional three-year programme, foundation pathways to help you transition to university, integrated masters if you're looking for advanced learning, or even a degree apprenticeship. Whatever you choose, check it suits your preferred learning and assessment style, such as writing assignments or practical assessments.

Sometimes it's easier to research your dream career, then work backwards to discover what you need to study. But don't worry if you are unsure. Career teams at college and university can help you find out. At the University of Derby, we offer tailored support no matter your chosen course or your previous experience. We provide access to services and programmes to help you reach your career goal.

Top tip: If you have a specific career in mind, find out if your degree needs to have any specific accreditations from an industry board.

Example: If you want to become a professional psychologist, you need to study a degree that is accredited by the British Psychological Society.

Choosing the right campus

A university's campus is the heart of your learning journey. You're likely to spend time in a range of lectures, seminars, and other learning activities, so make sure the campus has everything you need to succeed. This includes passionate teaching staff who are experts in their field and excellent facilities available for you to use.

The best way to discover the opportunity to about your choice

Top tip: You will library during the library at a

Example: At dedicated to are ready to your source

Choosing the right university
University of Derby
University of Derby
University of Derby

University of Derby
University of Derby
University of Derby

University of Derby
University of Derby
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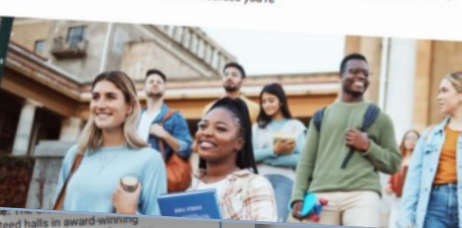
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Choosing the right university
University of Derby
University of Derby
University of Derby

University of Derby
University of Derby
University of Derby

University of Derby
University of Derby
University of Derby



Making that all-important decision

Going to university helps you build a strong foundation, academically and personally, providing new and exciting opportunities. Making an informed choice on your subject, location, and potential future career gives you the greatest opportunity to succeed. Just remember to make a decision that is best for you and your future, and will help you to thrive.



Featuring expert contributions from over 65 education practitioners

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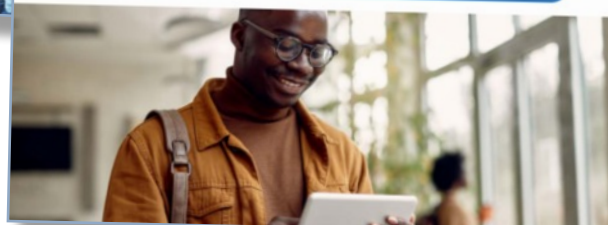
Students' Guide to University 2025

The key higher education facts for students thinking about university

Produced in collaboration with HELLO

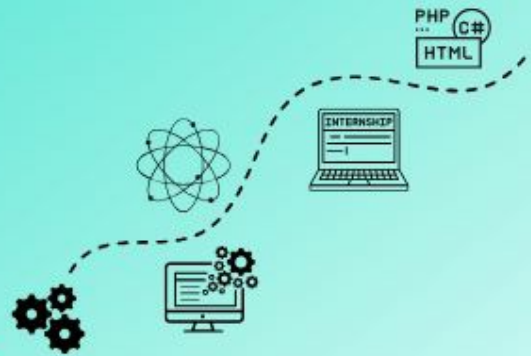


Learn more about bursaries, scholarships, and free money on Episode 22 of The Uni Guide Podcast, featuring the author of this article, Jon Hering from Blackbullion.





Top 5 Skills to Kickstart Your Career in QA Engineering



Our new **'Top 5 Skills to Kickstart A Career in Quality Assurance Engineering'** session is now available for your students.

In this interactive session, students will get to know what Quality Assurance (QA) Engineering is and the top 5 skills featured in the role.

The session includes 5 short lessons:

- Getting to know Majella and what a QA Engineer is
- Top 5 Most Common Skills in QA Engineering
- Getting to know the industry
- The next steps for them
- Exploring what InnovateHer offers more

Things to know:

- Student-led, catered for 13-17 year olds
- Curriculum-based
- Reaches Gatsby Benchmarks 4 & 5
- It's free!

Students can sign up via the link in the below button

Access Here

innovate <her>



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Youth Futures Team

Next Steps



Leaving School? What Next?

College

- A Levels
- Vocational Courses
- T Levels
- Entry Level Courses

Apprenticeship

- Work Based Training
- 4 days work, 1 day college/training
- Apprenticeship Salary
- Qualification on completion

Employment

- Full Time / Part Time Work
- Hourly / Salary Paid
- CV Needed
- Interview Preparation

Training

- Support Your Employability Skills
- Build Your Confidence
- Vary From 4 - 12 weeks!

Want Support?

Please contact the Youth Futures team on
youthfutures@lancashire.gov.uk

Alison (East): 07729 081094

Anna (North): 07354 167290

Steph (Central): 07917 534459



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How are you developing your teamwork skills?



Working together to achieve a common goal is one of those skills which will really help you in life. A few examples of teamwork include supporting friends who need help, doing group work with enthusiasm, and understanding your strengths as a team player. Your teamwork skills will grow over time as you work with new and different people.

youthemployment.org.uk/young-professional-training/

Sign up to become a Young Professional and get free access to grow your skills.



Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

MEDIC MENTOR



YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals
Birmingham**
NHS Foundation Trust

Scan to
register!

LIVE!

FREE

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!



When guiding your students through the process of choosing the right university, it's essential to delve into various factors. Entry requirements, acceptance rates, proximity to support systems, and teaching approaches all play a crucial role. Do your students lean towards a more traditional learning environment, or do they thrive in a clinical-based setting?

Drawing from my experience in medical school administration, I've witnessed firsthand the impact of selecting the right university and what sets successful applicants apart. I understand the pivotal elements that can elevate your students' chances of gaining acceptance into medical or dental school, which is why I'd highly recommend students attend the upcoming final Free Virtual Get Into conferences of this academic year.

Register for the Free Virtual Get Into Medicine Conference on: **Sunday 22nd June from 9:30am - 3:30pm**

<https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Register for the Free Virtual Get Into Dentistry Conference on: **Saturday 17th May from 9:30am - 3:30pm:**

<https://airtable.com/appgXnyzN5ZD9lw6/shrBuiR7SBAC19kE>

At this conference, Dr Kennedy, Dr Safiyyah and I will explore the intricacies of choosing the correct universities, creating a standout personal statement that reflects unique journeys and aspirations, along with the other crucial aspects of the UCAS application, like the UCAT entrance exam, Work Experience and more, including:

- Tactically choosing universities
- Entrance Exams: UCAT
- Medical/Dental school interview skills
- Medical Leadership Programmes
- Medical/Dental Awards Programmes
- Extracurricular activities
- Work experience
- Applying for scholarships to study medicine/dentistry

Our aim is to equip aspiring medical and dental students with the tools to sidestep common mistakes and pitfalls and ace their application to university. Students aged 14 - 18 are invited to attend with a parent or guardian, equipped with a working camera and microphone.

Register for the Get Into Medicine Conference on Sunday 22nd June from 9:30am - 3:30pm

<https://airtable.com/appgXnyzN5ZD9lw6/shry7MZYtt3MGPjvO>

Register for the Get Into Dentistry Conference on Saturday 17th May from 9:30am - 3:30pm:

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Previously successful Medical students: <https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students: <https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>

Getting medical work experience

If you are a student planning to apply to medical school or a doctor who is about to take on a student for work experience, our guidance will help you to get the most out of work experience placements.

Work experience in a caring or service role is now an essential step when getting into medical school. Medical schools will be looking for students who have gained a broad range of healthcare experience. Both students and doctors should use the advice and resources below to guide them through the process.

Advice for students

All UK medical schools now require applicants to have experience in a caring or service role, either paid or voluntarily, in health or related field, as well as direct observation healthcare.

You can get a placement in a range of healthcare settings, such as a GP practice, hospital or even internationally.

Keep in mind that it will take some time. You may need to apply to many places before you get a positive response.

How to get a placement

Get in touch with GP practices. Contact practice managers and GPs to explain who you are and ask for their help. Many will ask you to complete an application form.

Make the most of any contacts you have, such as relatives, neighbours or friends who work in healthcare or in a hospital.

If you can't shadow a doctor, look at shadowing another healthcare professional like a pharmacist or physiotherapist.

Organisations that can help

There are a number of organisations that can help you to get a voluntary placement in a caring role, some of these include:

- Volunteering England
- Kissing it Better
- St John Ambulance
- Royal College of General Practitioners

The BMA does not encourage healthcare professionals to charge students for placements, although there may be instances where you could be asked to cover costs such as administration. Don't be afraid to ask what, if any, costs you may be asked to pay before starting your placement.

Top tips when on a placement

- Dress smartly as you would for a job interview.
- Be aware that some patients may wish to be seen without a student present. Don't take this personally.
- Remember that patient confidentiality is important. You must not, under any circumstances, discuss patient issues outside of the department or practice you are based in. Be aware that you may be asked to sign a confidentiality agreement.
- It would be inappropriate for you to see a patient that is known to you socially, whether it be a family member or friend. If this happens you should tell the person who is supervising you and leave the room.
- Make sure you tell your placement what you expect to get out of it and let them know if there is anything that you would like to do or learn whilst you're there.
- Keep a log/ daily diary of what you did and saw. This can help solidify what you learn, but is also an important reference tool when you are writing a personal statement and preparing for your medical school interviews.
- Try to speak to a diverse range of staff. Time with other healthcare workers can offer a great insight into the multi-disciplinary approach to healthcare.
- Ask questions and show enthusiasm. Ask the doctors about what they think are the qualities of a good doctor, ask them about their work patterns, lifestyle or whether they would choose medicine again as a career.
- Talk to patients - remember to be polite and introduce yourself as a medical school applicant on work experience.
- Be proactive and offer a pair of helping hands at every opportunity.



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register!

LIVE!

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Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
- Entrance Exam: UCAT
 - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!



After the success of our recent NHS National AHP Work Experience session, I am thrilled to extend an invitation to your students in years 10-11 for our upcoming sessions in June:

1st June: Paediatric Pathway

- We will be following our patient Samantha, from her birth, to her diagnosis of mild cerebral palsy at 2 and then to her early teens where our team work with her to help her keep her independence through treatments, medication and support equipment.
- With teaching on paediatric medicine, medical conditions, diagnostic tools our team use on a daily basis and the skills our Allied Healthcare Team need to help make a difference and give the best care they possibly can to their patients.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

The NHS Virtual Allied Healthcare Work Experience offers a unique opportunity for aspiring healthcare professionals. It's a rare occasion for students to hear from our exceptional guest speakers.

Students will gain an intimate look at the healthcare industry in the LIVE virtual work experience, delving into diverse roles within allied healthcare and taking a closer look at patient care by following the journeys of two patients from incident through to treatment.

The NHS Allied Healthcare Work Experience is the largest programme for aspiring healthcare professionals, having successfully invited over 12,000 students to participate in its programme last academic year - many of which have gone on to study:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

Registration Link: <https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

Once registered, students will receive access to their virtual work experience portals. Better yet, every complete session comes with a Work Experience Certificate, and for those who complete the full 6-month programme, there's a Highly Commended Reference - a golden ticket for their apprenticeship and UCAS applications.

Registration will start at 8:30am then the live work experience session starts at 10am, with an end at 5pm. Plenty of breaks are scheduled throughout.

Students can register at any time throughout the 6-month programme using the link below. We recommend booking early to gain as much out of this programme as possible.

Places are £10 a session to cover administrative and technological costs, or £50 for the full 6 months:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Join Every First Sunday Of The Month!



Scan to
register!

LIVE!
VIRTUAL

Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and
what they do day to day, you will **dive into live work experience sessions**
from the safety of your home.

Witness the journey of two patients from injury to recovery over 6
months, and experience how many different healthcare professionals
are involved in a patient's care, from hospital all the way through to a
community team.



ALLIED
HEALTHCARE
MENTOR

APPRENTICESHIPS LINKED TO TECHNOLOGY

- ARCHITECT
 - BLACKSMITH
 - BOATBUILDER
 - CARPENTRY & JOINERY
 - CONSTRUCTION QUANTITY SURVEYOR
 - FASHION STUDIO ASSISTANT
 - LIGHTNING PROTECTION OPERATIVE
 - ROBOTICS ENGINEER
 - SPACE ENGINEERING TECHNICIAN
 - STONEMASON
- AND MANY MORE!**



Interested in apprenticeships, but not sure what to do next? Take a look at the employers offering apprenticeships that link to the subject you love.
amazingapprenticeships.com

SCAN ME



APPRENTICESHIP



Level 2 Tesco Stronger Starts Retail Apprenticeship

Tesco plc - recruiting nationally

VAC1000317106

Level 2 Landscape Operative Apprentice

Inspired Gardens, Leyland

VAC1000318459

Level 2 Apprentice Furniture Manufacturer

Matthew Marsden Furniture Ltd., Chorley

VAC1000318903

Level 2 British Army - Production Chef

British Army - recruiting nationally

plus many other opportunities in the British Army

VAC1000319647

Level 3 Apprentice Business Administrator

Merlin Diesel Systems Ltd., Bamber Bridge

VAC1000319159

Level 3 Business Administration Apprentice

Osprey Healthcare Ltd., Standish

VAC1000319868

Level 3 Quality and Compliance Co-ordinator Apprentice

National Housebuilding Council (NHBC) - recruiting nationally

VAC1000319806

Level 3 Apprentice Forklift Service Engineer

Stacatruc Group - recruiting nationally

VAC1000320012

Level 3 IT Support Apprentice

Parkwood Holdings Ltd., Chorley

VAC1000320153

Level 3 Customer Service and Admin Apprentice

Welly Warehouse Ltd., Chorley

VAC1000320517

Level 3 Apprentice Welder/Fabricator

WEC Group Limited, Blackburn

VAC1000291193 *

* There are 15 vacancies on offer with WEC Group. WEC have an in-house training academy and is one of only a few certified welder training centres in the North West.

Check out the website here: <https://www.wec-group.com/wecacademy.html>

To search for an apprenticeship anywhere in England, have a look at the national apprenticeship website, create an account and apply for any of the vacancies.

[Click here](#)



CAREER *of the* WEEK

Electrical engineer

Relevant industry experience and an accredited degree can significantly increase your chances of getting a job as an electrical engineer.

As an electrical engineer, you'll design, develop and maintain electrical systems and components to required specifications.

The electrical equipment that you'll design and manufacture is used across many sectors, including:

- the building industry and services, including lighting, heating and ventilation
- transportation and transport networks
- manufacturing and construction
- production and distribution of power
- renewable energy

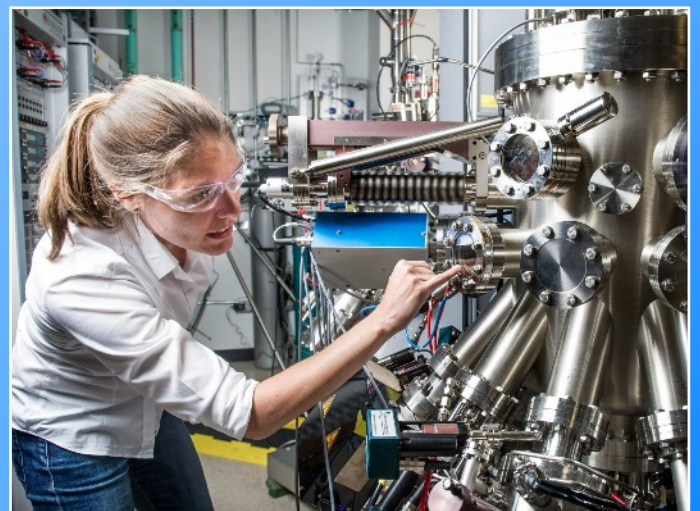
You could be involved in projects from the concept and detail of the design, through to implementation, testing and handover. You may also work on maintenance programmes.

It's likely you'll work in multidisciplinary project teams, which can include engineers from other specialist areas as well as architects, marketing and sales staff, manufacturers, technicians and customer service personnel.

Responsibilities

The work can vary according to the industry and your employer, but typically you'll need to:

- identify customer requirements
- design systems and products
- read design specifications and technical drawings
- research suitable solutions and estimate costs and timescales
- make models and prototypes of products using three-dimensional design software
- liaise with others in the design team
- communicate with clients and contractors
- attend meetings on site
- design and conduct tests
- record, analyse and interpret test data
- propose modifications and retest products
- qualify the final product or system
- service and maintain equipment
- prepare product documentation, write reports and give presentations
- monitor a product in use to improve on future design



For more information [click here](#)