



Your weekly guide to careers information, advice and news from Parklands High School

Here we are at the end of another busy week at Parklands! GCSEs are over for Year 11s and they are now looking forward to their Prom. Year 10s have visited Wigan & Leigh College and will go to Runshaw College in July for sampling days - as well as sitting their end of year exams.



However, still lots going on for students in all year groups, including:

- InvestIN are offering a free resource: Skills of the Future, with a video from employers to help students develop those all important employability skills, plus worksheets and a summer checklist.
- Find out more about engineering apprenticeships with the Metropolitan Police in their upcoming webinar (link inside)
- The South Ribble Recruitment Roadshow is back - Friday 7th July - meet employers, training providers and educators. Ideal for job seekers or career changers.
- Oxford Scholastica Academy are highlighting some of the benefits of online summer schools, follow the link to find out more.
- Year 11 students - don't forget to sign up for one of the Subject Choice Days at your chosen college(s) - and ensure you are picking the right subject for you.
- Lots of conferences and virtual work experience opportunities from the Medic Mentor family, vital for any aspiring medics, dentists or vets. You can also take part in the very first conference on Neurodiversity in the Clinical World on Saturday 15th July. Sign up now, places are limited.

Coming up ...

A number of Year 10 students will take part in a Defectives Challenge with local employers ROQ - why not give them a like or follow?

The NHS is 75 on the 5th July and to mark the occasion, you are invited to an online birthday celebration looking at how the NHS has changed over the years. There will be a competition launched for young people to take part in - look out for the link in next week's Career News.

Finally, please hand in those completed Work Experience booklets as soon as possible - there are now only **THREE** weeks before WEX week. Please let me know if there any issues/problems: pberry@parklandsacademy.co.uk

For those who chose the NHS placements, they are all confirmed, I am just waiting for the next part of the process to be completed and will hand out any booklets/paperwork as soon as I receive them.

Hyvää Juhannusta

(or Happy Midsummer. The background photo shows the land of the midnight sun)

26th - 30th June 2023





PREPARING LIFE

FOR WHAT YOU'LL THROW AT IT

Our Military Academy Chorley
holds open days **every Friday.**

MPCT Chorley, Lancaster House, Devonshire Rd, Chorley,
PR7 2DJ

GET IN TOUCH TODAY TO BOOK YOUR PLACE!

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APPRENTICESHIPS WITH THE METROPOLITAN POLICE



ENGINEERING APPRENTICESHIPS WEBINAR

Join an exclusive **webinar** with the Met Police's **Operational Support Unit (OSU)** to learn how **Engineering apprentices** can kickstart their career and work on surveillance solutions that help to keep people safe.

The Operational Support Unit (OSU) is a dedicated team of around fifty **specialist engineers** and technical advisors. Together, they provide vital technical solutions, equipment and expertise for front-line policing for the Met, including working with surveillance products, camera technology; IP networks; communications; development and rapid prototyping, fabrication and machining using Computer Aided Design; CCTV, video and audio.

>>> REGISTER NOW <<<

WHEN IS IT?

Join us on Wednesday 12th July from 3pm - 4pm for a 1-hour online webinar.

WHO SHOULD ATTEND?

This 1-hour webinar is suitable for students, teachers/careers advisers and parents/carers. If you can't join us live make sure you register anyway to receive the recording afterwards.

Key facts about the apprenticeship opportunities with the Met Police:

- Achieve a Level 3 engineering apprenticeship
- Starting salary of £22,370 + location allowance of £1,639, going up to £27,686 by Year 4 + location allowance.

Women in STEM

In recent years, a number of research studies have established that many female students, even the most capable ones, never seriously consider the possibility of a STEM career...

In fairness, we need to qualify this a little. First, the entry statistics in life sciences are quite healthy, as biology is a popular subject among female students at A level and beyond, and even the majority of entrants to British medical degree courses are now women. Second, often after gaining maths-related degrees, many women have become well-established professionally in the financial world, including qualifying as accountants, and are able to use their mathematical skills successfully. However, these facts shouldn't disguise that many female students are at least hesitant and frequently reluctant to explore the opportunities within the physical sciences, technology and engineering – in effect, a very wide spectrum of jobs.

"I work for an engineering firm which manufactures items used in industry. I make the final drawings which the production-line staff refer to. There are actually two stages in the drawing process; the first is known as 'design', which entails producing a scale drawing presenting the general outline, plus a calculation of the number of parts needed, together with their size and weight. The second stage is called the 'detail', which is what I and three of my colleagues do.

The detail stage requires a separate drawing for each part of the manufacturing procedure. Each one in the series has to be very precise, but easy to understand, as the production-line staff rely on it alone. I have to know what machinery they'll be using, and what its capabilities are, as well as the skill levels of the staff themselves. I actually spend a lot of time on the shop floor to find out what I need to know, which includes talking to the operations people. Care and accuracy, and attention to detail are all really important, or you may miss something vital. You must be able to use mathematical formulae and be happy using a calculator. We use CAD technology for the drawings themselves, although the ability to do a quick hand sketch can still sometimes come in handy.

Six of us belong to the drawing team, including Sharon, whom I was at college with. We both took design and technology to NVQ level 2, but wanted a job with a really practical side, as well. We applied for an apprenticeship here and were really surprised when we were both taken on. The training was first-rate, but not easy in the beginning – often having to put in some study following what seemed a long day (after college) – but it was all really interesting. About a year after finishing the apprenticeship, I asked to go part-time, so I work 25 hours a week, rather than 35. This lets me leave early each day, which is really helpful, as my partner works full-time and our little boy's only two.

Engineering is still a predominantly male occupation, but Sharon and I have never felt put down by any of the men here and really feel we're valued as much as anyone else. I've no plans to move on, but if I did, I'd still want to be in engineering".

Laura, engineering draughtsperson

"My specialist field is endangered species and I work mainly in zoos and safari parks. When I do fieldwork, it's normally in Africa, though quite recently I contributed to a project on bears, which entailed trips to North America and China. People like me have to look not only at an animal's physiology and behaviour, but its environment, too. When a species becomes endangered, or even extinct, it's hardly ever explained by only a single reason or factor, but rather a combination, which often includes destruction of habitat through such processes as deforestation by logging companies, encroachment on living space by humans, and the introduction of inimical foreign species.

The initial task of a fieldwork expedition is normally to record the range of species within a precise geographical area, usually a fairly small one. This contributes to forming a picture reflecting the locality, but which raises understanding at national and global levels, too. The next step entails

minute observation of specific animals, and technology now lets us gather far more data than ever, with miniature cameras and microphones recording every movement and sound. This has contributed enormously to seeing how certain species raise their young. These facilities don't tell us everything, though, and you still have to get close up, which takes patience, as animals are very sensitive and easily spooked.

Observations made in the field aid the survival of the indigenous species, but also improve our understanding and treatment of animals in captivity, which is where my contact with zoos and safari parks comes in. As well as discussing particular species with established staff there, I help to train newcomers and do a limited number of talks to the visiting public. These (I hope) help people better to understand and enjoy the animals they see there, but also grasp that the 'wow factor' animals often depend on less spectacular ones and so their well-being is important too.

My remaining time is usually university- or research centre-based. This is where we analyse recordings and do the number-crunching. You need to be good with figures, because statistics form the basis of published research, but also because reliable numbers can drive positive action, including government policy. The laboratory work I do relates to selection and breeding and an exciting area is the reintroduction of species from captivity into the wild – but this has to be really well thought through, and relies on co-operation from all quarters.

I did my first degree in ecology, followed by a PhD in zoology. The work is demanding and involves a lot of travel, but I've had some wonderful encounters with very special animals. I've no wish to be doing anything else".

Sunita, zoological scientist



If you're good at STEM subjects, or feel enthusiastic about a related career, you shouldn't be denied the chance to progress as far as you want with it. So don't be beaten before you've begun, and remember that everyone is likely to be on your side, too.

OUR SOCIALS

Don't forget to follow and tag us!



Roq



Roqtalk



Roqlife



Roqtalk



RoqTM

INVESTIN

The Skills of the Future

Free career development resources for ages 12-18



We are delighted to present a free-of-charge resource for your students. Our [Skills of the Future](#) pack has been created in response to the recently-published Future of Jobs report by the World Economic Forum.

The pack includes a 40-minute video we have created to help students develop the skills that are most sought-after by employers, plus worksheets and a summer checklist to ensure they are maximising their career development over the holidays.

[VIEW THE RESOURCE](#)



Summer Career Experiences in London

There are just a handful of places left on our immersive Summer Career Experiences.

Shadow doctors in a London hospital; trade the stock market in a London skyscraper; explore supercars with Formula 1 engineers; argue a human rights case in the Supreme Court; and much much more!

[Register Now: Ages 15-18](#)

[Register Now: Ages 12-14](#)



Welcome to your Subject Choice Days!

We cannot wait to welcome you to our beautiful woodland campus and have the opportunity to meet your teachers and staff here at Runshaw.

Please select which day(s) you would like to attend below, you can come to as many of the days as you would like to, in order to try as many subjects as you need, before you come to enrol in August.

As ever, if you have any questions about anything please just drop us a line on welcometorunshaw@runshaw.ac.uk or call us on **01772 643000**

A LEVEL - Monday 10th July - BOOK NOW

VOCATIONAL / T LEVEL - Tuesday 11th July - BOOK NOW

A LEVEL - Wednesday 12th July - BOOK NOW





Keen to kick-start your creative career? At **Escape Studios**, we're one of the UK's leading animation, games and VFX schools. We've been at the forefront of creative education since 2002, supplying the industry with studio-ready talent.

Book your place for our upcoming open day on **Saturday 1st July** for the chance to:

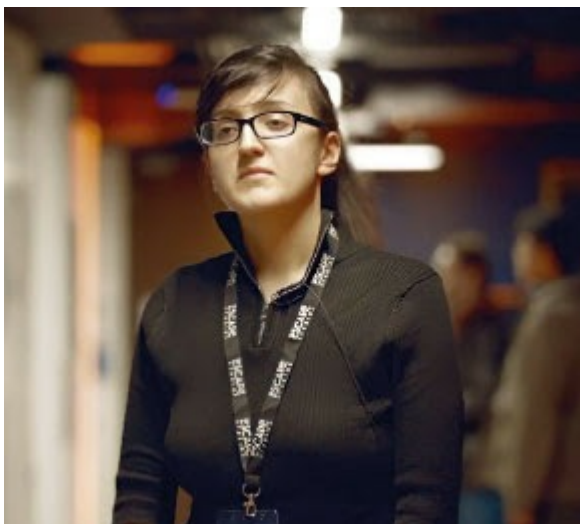
- Meet our Principal, Dr Ian Palmer
- Discover our brand-new Creative Technology courses in Character Creation, Games Design and Technical Art.
- Meet some of our alumni (Escapees) and current students*
- View our green screen and motion capture demo*

*On campus attendees only.

Escape Studios open day

- Saturday 1st July
- 1:00pm - 4:45pm
- 190 High Holborn, London, WC1V 7BH

Book my place



Maria Robertson - Animation Escapee

Maria has worked in mixed reality experiences for over three years. Working with clients such as the Natural History Museum and Kew Gardens, she enjoys learning about the natural world to immerse audiences in new ways and stories.

Book your on-campus place for our 1st July open day and you'll get to hear from Maria!

Count me in!



Viktor Pecsí - Game Art Escapee

Viktor works as an Unreal Artist at Dimension Studio, a volumetric content creation and virtual production studio. He studied BA (Hons) The Art of Video Games at Escape Studios and took part in an internship and multiple events to explore the creative industries.

You'll get to hear from Viktor during the open day - don't miss it!

I'll be there!

Step Into Care Traineeship

Are you aged 16-24? Thinking of a career in care?

Take a look at our traineeship running from September 2023 for 20 weeks

Learn transferable skills, develop confidence, make friends and gain valuable hands on experience in a variety of care settings

The adult social care sector welcomes young people, leading to successful careers and management roles.



"If you're interested in working in care, you will learn a lot from the traineeship...about people and how each person is different. It's really helped me to become ready for working in care."

Kelsey, 2022 trainee now employed at Personal Care Services



The programme includes:

- Extensive training programme, including Level 1 Preparing to Work in Adult Social Care
- 100 hours work experience with Wigan Council or one of our partners
- Lots of support on next steps, with a guaranteed job interview
- Support with English and maths (if you don't have a GCSE or Level 2)
- £25 weekly bursary
- Disclosure and Barring Service check (DBS)

Interested?

Scan the QR code below and complete our quick online form and someone will be in touch <https://forms.office.com/r/xNNHuq8PeW>



More information

Contact Ellen Prescott 07825 932 857 or come along to information events at Wigan & Leigh College

30th June, 10am - 12pm

30th August, 10am - 12pm

Get prepared

You will need a form of identification (ID) and a bank account.

STEP INTO CARE TRAINEESHIP

From September we will be running the Step Into Care Traineeship, aimed at giving learners a pathway in to Care from 16 years old. It is a 20 week programme and could be suitable for a learner who is looking more towards work-based opportunities than a full time college course.

Full details on what is involved in the programme can be found on the flyer, or alternatively, please contact the Programme Lead, Ellen Prescott via email - e.prescott@wigan-leigh.ac.uk

SOUTH RIBBLE SKILLS FACTORY RECRUITMENT ROADSHOW 2023

07 | 07 | 23

SHOUT!
Connect

**South
Ribble**
Borough Council



THE SOUTH RIBBLE SKILLS FACTORY RECRUITMENT ROADSHOW IS BACK!

Are you looking for a job?

Are you thinking of changing career?

Are you looking for an apprenticeship
or training?

THIS IS THE EVENT FOR YOU!

Friday 7th July - 1pm till 6pm

Civic Centre, West Paddock,
Leyland, PR25 1DH

CAREERS ADVICE

RECRUITMENT HUBS

APPRENTICESHIPS

JOB VACANCIES

IT'S FREE TO ATTEND!

Shout Futures has partnered with South Ribble Borough Council to bring you the
South Ribble Recruitment Roadshow on Friday 7th July 2023.

The event will be held at Leyland Civic Centre, PR25 1DH.

Connecting employers with teams of the future

This summer, the South Ribble Recruitment Roadshow will provide the ultimate platform for jobseekers, apprentices and anyone planning their career to meet and connect with potential employers and educators in a relaxed environment.

Lancashire's leading employers will be on hand to discuss the amazing career opportunities that are currently available.

Come along and get involved

Discover how you can develop new skills, secure your ideal job and gain the work experience necessary to take your career forward. If you are looking for your first role, want to progress your career or are searching for a job or apprenticeship, this is the event for you!

Come along between 1-6pm on Friday 7th July to find out about the opportunities available and learn more about the leading companies in your area.

[REGISTER HERE](#)

Here's Why Online International Summer Schools are the Best Investment in Your Future



Looking to explore your subject of interest, boost your university applications, or just meet and work with a group of like-minded individuals? OxBright's online international summer schools provide you with the opportunity to do all of these things from the comfort of your own home.

From a course introducing you to the fundamentals of Medicine to a work experience internship for teenagers, OxBright is sure to have an online option that suits your goals and current academic level.

Types of International Summer Schools

There are a range of different types of international summer school, giving you lots of opportunity to choose the option that will benefit you the most.

However, there are so many options that it can be difficult to know where to start! We've broken down three of the main types of summer programme, so that you can narrow down your initial selection a little more easily.

1. Academic Programmes

Academic summer programmes focus on allowing you to further explore your chosen subject outside of the typical school curriculum. This means you'll gain greater insight into whether the subject is for you, and you'll develop your knowledge far beyond that of your peers ahead of your university applications. OxBright's online international summer schools allow you to experience and explore your subject with Oxford-style teaching provided by expert tutors.

2. Language Immersion Programmes

Language Immersion Programmes provide a unique opportunity to really commit to your language learning by exposing you to the language being spoken by native speakers. This facilitates the natural development of advanced language skills.

All of OxBright's online summer programmes take place in English, allowing international students to build up their subject-specific vocabulary. This is invaluable for any international student wishing to study the subject at an English-speaking university.

3. Cultural Exchange Programmes

Cultural Exchange Programmes sometimes overlap with language immersion, but there's a greater focus on cultural aspects over linguistic skills, and they can take place between countries that speak the same language. The primary focus might be on social customs, food, the arts, or sport, for example.

This format can be a little harder to effectively bring to life online, but any course that has the opportunity to meet with and share experiences with others from around the world, whichever language you're communicating in, can be incredibly valuable.

Why OxBright is the Best Option for International Summer Schools Online

OxBright provides the unique opportunity to experience university-style teaching alongside project-based challenges and debates at a high-school age.

Here are just some of the key benefits that make OxBright the best option for an online international summer school!

1. Small classes

OxBright classes are capped at 12 students, which means the teaching you receive will be flexible and personalised to best match the interests, levels and goals of each student.

2. Inspirational, subject-leading tutors

You will be taught by experienced tutors, whose enthusiasm for their subject is contagious! Most of our tutors have been exactly where you are now, so they are perfectly placed to answer questions and offer advice.

3. Pressure-free environment

OxBright's international summer schools allow you to explore your subject in a low-risk environment, without the pressure of having to pass exams. This means you can focus on personally engaging in your subject, rather than just rote learning facts for an exam.

4. Socialising

OxBright summer courses include online socials with students from other courses, allowing you to meet other young people from around the world who are studying completely

different subjects! The socials are relaxed and informal, and provide an opportunity to make friends for life – some of whom you might even study with at university later on!

5. Certificate & Letter of Recommendation

When you successfully complete an OxBright international summer programme, you will be awarded a Certificate, and a personal Letter of Recommendation, providing you with valuable assets to refer to in your future university and/or job applications.

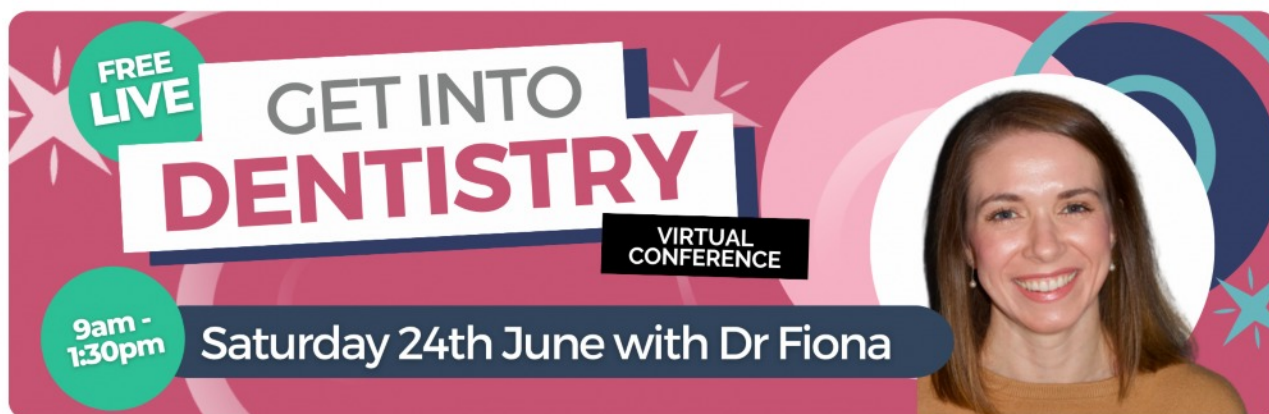


There are endless benefits to studying at an international summer school, including academic, social and personal growth.

They help you to become a well-rounded student and prepare you for the teaching style and independence you can expect at university, making them the best investment in your future!

**Discover how you could be investing
in your future this summer!**





Today, I have an opportunity for the dentists!

I'd like to invite your students in years 10-11 to a free, virtual Get into Dentistry conference with Dr Fiona Andrews on **Saturday 24th June** (9am - 1:30pm). Dr Fiona will lead your students step-by-step through the entire UCAS application process to maximise their chances of getting into dental school.

As this is a free conference, a limited number of spaces are available. We're aiming to close registrations at MIDDAY on FRIDAY but we may have to close registrations earlier. I encourage your students to book today to avoid disappointment.

All aspiring dentists and students still thinking about their career paths are welcome. They just need to click below to register:

<https://medicmentor.co.uk/online-get-into-dentistry-conference/>

Dr Fiona will cover the following:

- How to Get Dental Work Experience
- Application Timelines
- How to Tactically Choose Dental Schools
- CV Building
- Personal Statements
- Interviews
- Medical Leadership and Awards Programmes
- UCAT and BMAT - Entrance Exams to Dental School
- Accessing Scholarships

This is a fantastic opportunity for your students to hear about applying to dental school from those who understand the application process best - dentists and dental students.

All students must be accompanied by a parent/guardian for safeguarding purposes.

Registration Link: <https://medicmentor.co.uk/online-get-into-dentistry-conference/>

Thank you very much for forwarding this to your students, our Chief Dentists are very excited to meet them there!

Best wishes,

Nikki Abbott

Head of Medic Mentor Education

Your Medic Family

MEDIC MENTOR



YOUR MEDIC FAMILY

I am delighted to announce our very first conference on Neurodiversity in the Clinical World! Students in all year groups interested in working in clinical roles are invited.

Date: Saturday 15th July (10am - 1pm)

Registration link: <https://airtable.com/shr2MDecXEQ2AxdrL>

Led by a second-year vet student at the University of Edinburgh and Vet Mentor Scholar, Heather Johnson, this conference will discuss the realities of working as a neurodivergent clinician.

Our main aim with this project is to establish a sense of community around neurodivergent clinicians. This includes students, practising doctors, dentists, vets, and aspiring clinicians in school!

Your students are invited to join us on **Saturday 15th July** to learn more about the realities and challenges of working as a neurodivergent clinician and what we can do to foster a welcoming and inclusive environment in medicine, dentistry, and veterinary medicine.

We're so excited to see your students there!

Date: Saturday 15th July (10am - 1pm)

Registration link: <https://airtable.com/shr2MDecXEQ2AxdrL>

Warmest wishes,

Nikki Abbott,

Head of Medic Mentor Education

Your Medic Family



YOUR MEDIC FAMILY



We are delighted to announce the upcoming Allied Healthcare Virtual Work Experience session, scheduled for **Sunday, 2nd July**. We wanted to inform you of this exceptional opportunity for your students to gain valuable insights into the world of healthcare.

Registration Link:

<https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

The Allied Healthcare Virtual Work Experience offers students the chance to immerse themselves in the journey of two patients, observing their progress from initial presentation to recovery. Throughout the day, students will witness first hand the collaborative efforts of various healthcare professionals within the NHS interdisciplinary team. That includes:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

By participating in this work experience, students will be able to interact with healthcare professionals, ask questions, and deepen their understanding of the roles and responsibilities within different healthcare specialities. It is a unique opportunity for them to make informed decisions about their future careers and gain valuable experience to support their university applications.

To ensure your students secure their place early, we encourage you to share the registration link below:

Registration Link: <https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/>

The work experience session will take place virtually on Sunday, 2nd July. Students who enrol in the program will receive a Work Experience Certificate upon completion of the session. Those who participate in the full 5-month program will be awarded a Highly Commended Reference from the Presidents of Allied Healthcare Mentor, adding significant value to their CVs and university applications.

Please feel free to distribute this information among your students and guide them towards this incredible opportunity. We believe that by participating in the Allied Healthcare Virtual Work Experience, they will gain invaluable insights into the healthcare field and develop a deeper appreciation for the roles and responsibilities of healthcare professionals.

Kindest Regards,

Work Experience Team
Allied Healthcare Mentor



ALLIED
HEALTHCARE
MENTOR



Scan here
to enrol!

Make your
university
application stand
out with our
Work
Experience
Programme!

**Register
now!**

VIRTUAL NHS HEALTHCARE CAREERS **WORK EXPERIENCE PROGRAMME**

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Podiatry
- Speech and Language Therapy
- Pharmacy
- Osteopath
- Prosthetics and Orthotics

WWW.ALLIEDHEALTHMENTOR.ORG



L2 Childcare Apprenticeship at PK Kids, Eccleston Training provider: Runshaw College	VAC1000173256
L2 Apprentice Finance assistant at Panache Cruises, Chorley Training provider: Runshaw College	VAC1000176071
L2 Autocare Apprenticeship at Chorley Autocare Ltd Training provider: Blackburn College	VAC1000172364
L2 Customer Services Apprentice at Chorley Council Training provider: Runshaw College	VAC1000164742 x12
<hr/>	
L3 Data Analyst Apprenticeship at Ipsum Utilities Ltd., Chorley Training provider: Baltic Training Services Ltd	VAC1000174563
L3 Nursery Apprentice at Nature Trail Nursery, Brinscall Training provider: Runshaw College	VAC1000174622 x2
L3 Apprentice Business Administrator at F1 Real Estate Management Ltd., Chorley Training provider: Runshaw College	VAC1000175323
L3 Procurement Apprentice at Baxi Heating UK Limited, Bamber Bridge Training provider: MBKB Ltd	VAC1000176130
L3 Apprentice Administrator at Kevills Solicitors, Chorley Training provider: Runshaw College	VAC1000176385
L3 Business Administration Apprentice at Booth Associates Ltd., Horwich Training provider: Bolton College	VAC1000172249
L3 Apprentice Fabricator Welder at CDMS Solutions, Preston	VC0185
L3 Locksmith Purchasing & Sales Apprentice at Bolton Lock Company, Westhoughton	VC0817
L3 Production and SHEQ Apprentice Administrator at Ascot Doors Ltd., Bolton	VC0814
L3 Fabrication Weld Apprentice at Provel, Bolton	VC0818

Go to <https://www.gov.uk/apply-apprenticeship> - create an account and apply for vacancies.
You will probably need a CV - see Miss Berry for help with this.

Also check out the vacancies at [Alliance Learning](#) and [Training 2000](#)



CAREER *of the* WEEK

FIREFIGHTER

Dealing with the public and remaining calm under extreme levels of pressure are just some of the many aspects of a successful firefighter.

As a firefighter, you'll respond to emergency situations and protect people, the environment and property from all types of accident and emergencies.

You'll work closely with the local community to increase their level of fire safety awareness, in order to help prevent fires and accidents happening in the first place.

Promoting fire safety and enforcing fire safety standards in public and commercial premises, you'll act and advise on all matters relating to the protection of life and property from fire and other risks.

In the role, you'll continually learn and update your knowledge through a series of lectures, exercises, practice drills and training, which are an integral and on-going part of the job.

Types of firefighter

- wholtime firefighters - work for the fire service full time and usually cover urban areas.
- retained firefighters - are on-call responders who usually cover rural areas. You'll typically live or work within five minutes or one mile of the fire station and respond to pagers when an emergency call is received. You'll either be self-employed or work for an employer willing to allow you to leave work immediately to attend an emergency.

Responsibilities

Firefighters carry out a range of tasks. Some of these you'll do every day, while others are less frequent. They include:

- responding immediately and safely to emergency calls and requests for assistance
- attending emergency incidents including fires, road accidents, floods, terrorist incidents, spillages of dangerous substances, and rail and air crashes
- rescuing trapped people and animals
- minimising distress and suffering, including giving first aid before ambulance crews arrive
- safeguarding your own and other people's personal safety at all times
- cleaning up and checking the site after dealing with an incident
- taking time to become familiar with local streets, roads and buildings so you can respond to emergency calls with speed and efficiency
- inspecting and maintaining the appliance (fire engine) and its equipment, assisting in testing fire hydrants and checking emergency water supplies
- undertaking drills and physical training and taking part in training on techniques, use of equipment and related matters
- maintaining the level of physical fitness necessary to carry out all the duties of a firefighter
- educating and informing the public to promote fire safety, by giving talks in schools, local organisations and completing home visits to offer advice
- maintaining links with the local community.

At management level, you'll perform extra supervisory activities, which include managing operational incidents and directing the day-to-day tasks of personnel on fire stations. You'll find that the operational aspects of firefighting, although important, are a minor part of a senior manager's role in a large service.



➡ [**Find out more here**](#)