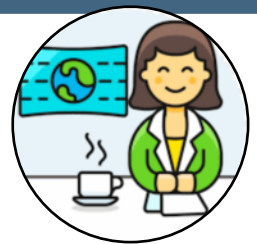




Your weekly guide to careers information, advice and news from Parklands High School

Welcome back to the first edition of Career News for 2024. I hope everyone had a great Christmas and New Year. Lots of events coming up in the world of careers: open events, virtual work experience, conferences, webinars, competitions and challenges, plus much more!



- There are open events at Wigan & Leigh, Winstanley and Bolton Sixth Form Colleges in January; and Blackburn, Bolton, Newman and Myerscough Colleges having open events in February.
- There are also open evenings at Training 2000, with employers in attendance to talk about apprenticeship opportunities.
- If you are in Year 8 and interested in STEM subjects, you may want to take part in the EDT Bronze Cadets Challenge. In the past, we have won prizes each year we have entered, but never won the overall prize - yet! Perhaps 2024 is the year we take the main trophy - why not take part?
- Runshaw College are hosting the Sophie Scholl Awards to commemorate Holocaust Memorial Day. Students are asked to submit either a written piece, a poem or a piece of art or music, either individually or as part of a group. Deadline is 21st February, so don't delay.
- Leyland Trucks are now taking applications for the apprenticeship scheme - there are twelve Level 3 posts on offer - all details inside - follow the link to the application form.
- Lots of opportunities from Medic Mentor - absolutely vital for any aspiring medics. Find out more about the free virtual work experience programme in conjunction with University Hospital Birmingham, as well as hints and tips for getting into medical school, CVs, scholarships and awards programmes.
- An event for aspiring lawyers is the Young Professionals live webinar with TLT LLP, one of the top 50 law firms in the UK. Register early to avoid missing out.
- College interviews start next week, with Preston College interviewing in school on Friday 19th January. If you haven't yet applied but would like an interview, please let me know as soon as possible: (pberry@parklandsacademy.co.uk)
- Wigan & Leigh College will conduct interviews in February and Runshaw College in March. All other colleges will interview on an individual basis at the colleges. Newman College are offering the option to chat about course choices during their next open event, as long as you have already applied.

Have a great weekend!



15th - 19th January 2024

Songs from the **SCREEN**

Wednesday 28th February

Thursday 29th February

Friday 1st March 2024

at 7pm in the Hall

Tickets on sale now

Song and dance extravaganza!

**CARDINAL
NEWMAN
COLLEGE**

OPEN

DAY

**SATURDAY 3RD
FEBRUARY**

10AM - 1PM

**APPLY FOR
SEPTEMBER 2024!**

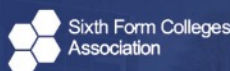
Our next open day is coming up in a few weeks - there is the opportunity for applicants to book a guidance interview to discuss their application or subject combinations if they are still undecided. Please note, students must have made an application to be able to book on to this.

Here's the link: <https://go.cardinalnewman.ac.uk/events/booking/136>

**CARDINAL
NEWMAN
COLLEGE**

Cardinal Newman College
Larkhill Road
Preston
PR1 4HD

T: 01772 460 181
W: cardinalnewman.ac.uk



Maple GROUP

OFSTED OUTSTANDING 2023

The Sophie Scholl Awards

“Someone has to make a start.” How about you?



Holocaust Memorial Day is commemorated each year on 27th January, the date of the liberation of the Nazi concentration camp Auschwitz-Birkenau in 1945. Holocaust Memorial Day remembers the millions of victims of the Nazi Holocaust, including six million Jews, and of other, more recent genocides.



The Sophie Scholl Awards were introduced at Runshaw as part of our events to commemorate Holocaust Memorial Day. The courage of Sophie Scholl, of a similar age to Runshaw students, was an inspiration to us all. We now extend an invitation to pupils in partner high schools to help us celebrate the short life of this brave young woman by participating in awards reserved for them.

Sophie was 18 when the war started in 1939. She and her family, inspired by their strong religious beliefs, actively resisted the Nazis – an incredibly courageous thing for Germans to do. In 1942, Sophie, along with her brother Hans and a few other students, founded the White Rose, a non-violent resistance movement which painted anti-fascist slogans on walls, defaced Nazi emblems and distributed anti-war leaflets. In early 1943, Sophie and the other leaders of the group were caught, condemned as traitors and executed by beheading. Sophie was just 21.

During her trial, despite the attempts of the judge and prosecutors to browbeat and ridicule her, Sophie remained steadfast as one individual against the massive power of the Nazi state. “Someone has to make a start”, she said. Convinced that good in the end would prevail, her last words as she was led into the execution yard were, “The sun still shines!”

For many inspired by Sophie’s example, a white rose has come to represent peace, justice and a love of humanity.

Students in partner high schools are asked to make an entry based on ONE of the following themes:

- (a) The inspiration of Sophie Scholl
- (b) The White Rose
- (c) Someone has to make a start

Entries can be

- a written piece (maximum 250 words but could be much shorter)
- a poem
- a piece of art work or music – of any kind
- an idea to do something at school based on Sophie’s example
- anything at all based on one of the above themes.

Entries can be individual or group work.

Entries should be forwarded to Giles Inman, Inman.G@runshaw.ac.uk. The deadline for entries is 4.30pm on Wednesday 21st February 2024.

Awards of vouchers and certificates will be awarded for the best entries.

Are you looking to get into law? Would you like to hear from the Number One Law Firm of the Year across various awards in 2021, 2022 & 2023?

We are incredibly excited to share the news with you that we have partnered up with TLT LLP, a Top 50 UK Law Firm, for an upcoming Insight to Law with TLT on Tuesday 16th January 2024, from 5pm - 6:30pm!

TLT LLP is a UK Law Firm headquartered in Bristol, who recently was ranked within the top 50 law firms in the UK. TLT LLP have offices all across the UK, in locations such as London, Birmingham, Manchester, Glasgow, Edinburgh and Belfast, so wherever you are around the country there will be a nearby office!

TLT LLP are looking for their next pool of lawyers and you could be one of them! This event will provide you with a clear insight into who they are, what they do and what they can offer to you as a law student. Senior lawyers and apprentices will also be on the call to share their experiences at this incredible law firm.

So, are you ready to take your first steps into the legal world? Well if so, make sure to apply through the link below!

Application Link: <https://www.surveymonkey.com/r/WMWGJRQ>

Please make sure to apply as early as possible to ensure that you are offered a place. We look forward to seeing you on Tuesday 16th January 2024 and guide you on your path to a qualified lawyer at TLT LLP!

SIGN UP NOW!

INSIGHT TO LAW WITH
TLT

TUESDAY 16TH JANUARY | 5PM - 6.30PM

The graphic features a central image of a balance scale, a symbol of justice, set against a dark blue background with glowing light effects. A large white circle is superimposed over the scale, containing the letters 'TLT'. The text 'INSIGHT TO LAW WITH' is arched over the top of the circle. In the top left corner, there is a QR code and the text 'SIGN UP NOW!'. At the bottom, the event details 'TUESDAY 16TH JANUARY | 5PM - 6.30PM' are displayed in white capital letters.



Do you want to be part of a STEAM DREAM TEAM?

**Are you interested in STEAM topics?
(Science, Technology, Engineering, Arts, Maths)**

Every year, a team from Parklands takes part in the EDT Bronze Industrial Cadets Challenge. This is a project that you undertake in your own time, with support from school staff, the Engineering Development Trust (EDT) and from a local employer - NSG Environmental Ltd., who we will visit to find out more about their work.

Although we don't have the title of the challenge just yet, it will probably be related to environmental issues - so if you are a keen recycler or passionate about the planet, this is the project for you!

We need a team of up to 6 pupils - and they should have a wide range of skills, as the challenge requires us to create a model, film a video, write a report and deliver a presentation to the judges at the finals (at Liverpool University last year).

So if you are keen on maths and science, or art, or design technology, or drama ... then you need to be in the team! See your HAL or Miss Berry (Top Office) if you want to be involved.

Interested?

You must be committed to attending a meeting each week of the 12 week project, and prepared to carry out work in your own time.

You will gain a Bronze Industrial Cadet Award Badge and Certificate - and this year, we may win the overall prize for best project!





Leyland Trucks is committed to delivering apprenticeships which add value to both the individual and the company. Apprenticeships provide an entry route into the business which allows you to combine both educational studies with practical hands-on experience, whilst earning a salary. Apprentices follow a standard development framework which incorporates practical, evidence based knowledge with academic skills gained within an educational setting. Our award-winning apprenticeship scheme supports and develops apprentices to their full potential, within a global, market-leading organisation.

We are now taking applications for our 2024 Apprenticeship Scheme.

We are recruiting 28 apprentices this year across a range of business areas from assembly operations to design engineering. We will be offering 23 Level 3 and 4 apprenticeships which are applicable to those who have achieved at least 5 GCSEs at Grade 4 or above (A*-C) in Maths, English and Science. **There are two Level 3 apprenticeships - Assembly Operative (12 posts) and Business Administration (1 post).** The Level 4 Apprentices are Automotive Engineer (8 posts), Facilities & Maintenance (1 post) and Fabrication & Welding (1 post).

Please submit an online application form or complete the Word application form and submit it to leyland.jobs@paccar.com

Leyland Trucks is an Equal Opportunities Employer. If you would like to discuss any adjustments that we can implement to assist you to complete your application, please contact us on 01772 625883 or leyland.trucks@paccar.com

Applications close on Friday 1st March.

Interviews will take place from Tuesday 2nd April - Friday 12th April.

New apprentices will start on Monday 2nd September.



University of Central Lancashire

Training 2000

What happens next... for year 11 students

**Apply to
Training 2000**



From Nov 23
onwards

**Come to our
open evenings**



Wednesday 31st January
& Thursday 1st February

**Interviews with
companies**



**Confirm your
GCSE results**

August 2024

Prepare your CV



From Nov 23
onwards

We'll get in touch



Initial contact in
March 2024 to
book an interview
during the Easter
holidays. If you
apply after Easter
we will be in touch
within a week
to arrange an
interview

Start your Apprenticeship



University of Central Lancashire

Training 2000

Apprenticeship open evenings

**Wednesday 31st January &
Thursday 1st February 2024**
between 4.30 - 7.30pm

Where: Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

Let us know
you are coming:



www.training2000.co.uk | 01254 54659

Part of the
University of
Central Lancashire



Traineeships

Apprenticeships



We are hosting our Open Days on Wednesday 31st January and Thursday 1st February.

As well as having a tour round our training site, we have a number of companies attending who will be able to give advice on what apprenticeships they offer and our tutors will be on hand to talk about the courses and how the apprenticeships work.



University of Central Lancashire

Training 2000

GIFTED & TALENTED SCHOLARSHIPS

A limited number of scholarships are available to Year 11 applicants on eligible T-Level/Level 3 courses.

BENEFITS:

£1,000

Over 2 years

FREE

Travel Pass

FREE

College Gym
Membership

Ambassador
HOODIE



Support from our
extensive range
of employer
links



Evidence to
support your
UCAS application

WHAT COURSES ARE ELIGIBLE FOR THE GIFTED & TALENTED SCHOLARSHIP?

- > Accountancy
- > Aeronautical Engineering
- > Applied Science
- > Business Studies
- > Digital (IT) / Media (Film & Photography)
- > Early Years
- > Engineering
- > Health & Social Care
- > Performing Arts - Acting
- > Performing Arts - Musical Theatre
- > Professional Construction
- > Professional Dance
- > Public Services
- > Sport
- > Travel & Tourism with Event Management

CAN I APPLY FOR A SCHOLARSHIP?

You should apply for a scholarship if:

- > You are currently in Year 11
- > You are applying for one of the T-Level/Level 3 courses listed
- > You meet the entry requirements
- > You have a skill or talent in your course choice

(For example, if you are applying for a sport course, you may volunteer at a local sports club or represent your school/county/country.)

Note: each subject may have additional entry requirements – see the online Scholarship Application Form for more details.

HOW CAN I APPLY?

You can apply for a Scholarship online at www.preston.ac.uk/scholarships

- > All sections of the form must be completed in **FULL**
- > A **Personal Statement** section is included within the form. It is essential that you clearly justify why you are suitable for a Preston College Scholarship - make sure you reach the 300 word count
- > Applications must be submitted before Friday 26 April 2024.

WHAT DO COLLEGE EXPECT IN RETURN?

If your application is successful, Preston College expects:

- > Excellent attendance and punctuality
- > Performance at or above your target grade
- > Support to promote your course to potential learners
- > Any additional requirements as outlined in your scholarship agreement

IF I DO NOT RECEIVE A SCHOLARSHIP, WILL THIS AFFECT MY APPLICATION TO STUDY AT PRESTON COLLEGE?

No. If you are unsuccessful in securing a scholarship, this will not affect your application to study on a full-time course.

APPLY NOW
www.preston.ac.uk/scholarships

PRESTON
COLLEGE



BOLTON COLLEGE YOUNG PEOPLE'S

Part of the University of Bolton Group



OPEN EVENTS 2023 / 24



We can't wait to tell you about the amazing opportunities here at Bolton College so visit us in person to discover what we're all about!

Tuesday 17th October 2023

5pm-8pm

Thursday 14th December 2023

5pm-8pm

Wednesday 15th November 2023

5pm-8pm

Tuesday 6th February 2024

5pm-8pm

Deane Road Campus, Bolton, BL3 5BG

Register via:
www.boltoncollege.ac.uk



We are getting in touch to let you know about an exciting opportunity for your students interested in studying medicine and dentistry. Applications for our free, online, and national [King's College London Medicine and Dentistry Lecture Series 2024](#) are now open!

This programme is for students across the UK in Year 11, 12, and 13, who have only attended non-selective state schools since age 11 and are interested in becoming a doctor or dentist.

For over three years this online programme has supported students in accessing the hyper-competitive medical and dental degrees by acting as a hub of support for their questions and queries. Over the course of the lecture programme students will hear from a variety of speakers to help them make the best application to medicine or dentistry possible! Last year's lectures included the following:

- Medical and dental specialities: paediatrics, prosthodontics, renal transplant, maxillofacial and many more!
- Q&A's each week with current medical and dental students.
- Support for the application process: UCAT, personal statements, and interviews.
- September Q&A with key admissions colleagues in the school of medicine at KCL, UCL, St George's, Queen Mary, and Imperial.
- A session on other careers in healthcare with six professionals currently working and teaching in the sector (nursing, dietetics, clinical science, etc.)

**Lectures will be held on Wednesday evenings at 6.00 - 7.15pm.
Our first lecture will be on Wednesday 14th February.**

For more information and to apply, [students should follow this link](#).
The deadline to apply is Monday 15th January 2023.

Finally, here is what some students had to say from last year's programme:

- *Student from Tower Hamlets: This lecture series has established the pros and cons to medicine and dentistry, but it has also communicated how to overcome these cons in an articulate manner. I feel much more educated in the fields of medicine and dentistry as before watching this series, I was always presented the sugar-coated perspective of these fields, which can create a false interpretation of what medicine and dentistry actually entails. I now know exactly what I want to study (and what to avoid) which is super helpful as it has eliminated all the feeling of indecision and hesitation that I had!*
- *Student from Leicester: It has really been effective into giving me an insight into dentistry and medicine, what they entail and also allowed me to really dig deeper and gain more information about different topics within the jobs and allowed me to learn a range of new information much of which I could also include in my personal statement.*
- *Student from Bexley: Through hearing about the experiences of various students and professionals, this lecture series has confirmed that I truly want to study medicine. Although the application process can be quite daunting, the lecture series has helped me gain a better understanding of how to write a good personal statement, do well in the UCAT, and be prepared for interviews. As well as this, moderators were always more than willing to provide us with advice and information on various topics and parts of the application process.*
- *Student from Milton Keynes: Attending the lecture series was instrumental in confirming my decision to pursue dentistry. The talks given by dental students shed light on their academic achievements in secondary school, their perspective on dentistry as a fulfilling profession, and they emphasized how the importance of patient satisfaction is a valuable aspect of the dental field.*
- *Student from Bedfordshire: I've always wanted to work in the medical field to help people but did not know what it involved or required. The lecture series has taught me how huge the medical field really is and how different yet important all fields are. It has also opened a door for me to also go and study dentistry in the future also. The lecture series has cemented my aspirations to go and work in the medical field as it is so interesting and rewarding.*

I hope to see lots of your students there! Our [application form](#) can be found here.



Welcome back. I personally understand that the path to medical school can be challenging, especially considering the unique nature of the medical UCAS application process. It often proves to be a daunting journey, and many students face the need to reapply after an initial attempt.

I am here to extend my support to both first-time applicants and those who are in need of support to reapply or explore other possibilities outside of the UK. It's very important that your students are as prepared as possible.

For students embarking on their medical journey or contemplating a career in medicine, I encourage them to participate in the upcoming FREE, VIRTUAL Get into Medicine conference:

- **Saturday 13th January, 9:30am - 3pm**
- **Sunday 14th January, 9:30am - 3pm**

Find out more about the Free Get Into Medicine conference here:

<https://medicmentor.org/get-into-medicine-ucas-conference/>

Getting into medicine is as much about working tactically as it is about working hard and it's important for them to understand the application process as closely as possible.

Within this conference I will guide your students in years 10-12 / S3-S5 / NI11-13 through the UCAS application process to medicine. This includes personal statements, UCAT, interview skills, scholarships, and what they need to make their medical application stand out.

Register here: <https://airtable.com/appgXnyzN5ZD9lwk6/shry7MZYtt3MGPjvO>

For students who haven't found success in applying this year, I encourage you to invite them to the Free Reapplication Get Into Medicine conference:

- **Saturday 20th January, 9:30am - 2pm.**

Find out more about the Free Reapplication Get Into Medicine conference here:

<https://medicmentor.org/what-if-you-dont-get-into-medical-school-in-the-uk/>

Many successful doctors have faced rejection before finally being accepted into medical school and we are hosting a conference to tell students exactly how to do it!

This conference is for students in years 13/S6/NI14 reapplying to medicine. Reapplicants have many options available to them, and we are here to help your students get there. The conference will cover accessing university feedback, Republic of Ireland Applications and HPAT, UCAS Extra and UCAS Clearing, studying medicine in Europe, and taking a gap year.

Register here: <https://airtable.com/shrfyUEK94gAcgKa1>

The application process can be overwhelming, and we understand that some capable students may be discouraged. Our mission is to assist aspiring doctors in achieving their dreams. We stand by your students every step of the way.

Should you have any questions, please don't hesitate to reach out to me at education@medicmentorfamily.org or call our team at 01530 417299.

Warmest wishes,

Nikki Abbott

Head of Medic Mentor Education

Following their attendance at our UCAS Get Into Medicine conference, your students can unlock a wealth of support:

- Gain valuable free medical work experience
- Schedule free 15-minute Zoom appointments with doctors and medical students
- Access free medical extracurricular activities to stand out
- Explore opportunities to apply for medical school scholarships and awards
- Develop a comprehensive understanding of the application process to become a doctor

My goal is to assist your students and their parents in navigating the path to medical school successfully and making the most of the additional free support we have in place.

Registration Link for the FREE UCAS conference and medical work experience: [CLICK HERE](#)

Students and parents will have the opportunity to learn about personal statements, entrance exams, interviews and meet some of our successful students to learn from their experiences. Following the conference all students will instantly be enrolled onto the free virtual medical work experience programme (with access to speak to doctors and medical students alongside).

Date: Saturday 13th January 9:30am - 3pm. All aspiring doctors in years 10-11 are invited to register.

These conferences offer tailored advice for medicine, covering a range of crucial topics:

- Tactically choosing universities
- Personal statements
- UCAT
- Medical school interview skills
- Medical Leadership Programmes
- Awards Programmes
- Extracurricular activities
- Work experience
- Building a CV
- Applying for scholarships

Spaces are limited, so students should register as soon as they can using the link below. For this reason, we kindly request that students only book one conference.

Students and parents can register for free here: [CLICK HERE](#)

Here's how the day will run:

9:30-10.00	Registration
10.00-11:00	Quick introduction to Medic Mentor, overview of the day, competition ratios, application timeline, Awards and Scholarships
11:00-11:15	Break
11.15-11.45	Introduction to the UCAS application form and entry requirements
11.45-12.15	Interactive CV building exercise and exclusive access to leadership, research, presentation, publication, prizes and scholarship opportunities
12.15-12.30	Top tips from a successful applicant (medical student)
12:30-12:45	Break
12.45-13.30	How to write the perfect personal statement
13.30-13.45	Break
13.45-14.10	Entrance exams - how to do ace the UCAT
14.10-14.30	How to prepare for Medical School interviews
14.30-15.00	Top tips from a successful applicant (medical student) and next steps

Our doctors and medical students look forward to welcoming your students at the conferences and they will join our network of successful students who attended these programmes over the last ten years:

<https://medicmentor.org/successful-student-journeys-reviews/>



NHS National Work Experience applications open now!

Applications for the free National NHS Virtual Work experience programme have now opened for 2023-2024! This programme has supported over 30,000 secondary school students obtain free work experiences last year. Virtual work experiences have been accepted by the Medical Schools and Dental Schools Council as valuable alternatives to in-person shadowing, backed by the Health Education England Discovery report on the impact of virtual work placements. This programme is brought to you by Birmingham Universities Hospitals Trust in collaboration with Medic Mentor, and it is completely free. Not only is this a reliable alternative to in-person shadowing, but it also plays a significant role in preparing students for their in-person work placements with structured teaching and opportunities to speak directly with healthcare professionals. The opportunity is open to any student across the UK from 14 years old and above.

Students can apply for a placement, for free at this link:

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this carefully curated 6-month medical and 4-month dental programme offers a unique insight into the medical and dental profession. The E-learning format allows students to complete their placements in their own time, whilst being able to book 15 minute 1-2-1 appointments with a doctor or medical student to discuss what they have learnt on their virtual placement (also free). Covering ethics, procedures, wider team roles, and facilitating direct conversations with doctors and dentists, this virtual experience serves as an excellent foundation for your students' future careers. Not only does it enrich their UCAS applications, but it also strategically prepares them for in-person work experience placements.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a holistic understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all specialities, students will receive a certificate from Medic Mentor and UHB, validating their active participation to include in their UCAS and apprenticeships applications.

This month's focus is on Surgery or Oral Surgery, offering a firsthand look into the life of a surgeon and the intricacies of procedures such as keyhole surgery in medicine or paediatric dentistry and oral surgery for those interested in dentistry.

Registering for these programmes is simple - students just need to complete the free online application form:

<https://airtable.com/appuQX2ouadvjQUSU/shrroljLczgdg9uLw>

We are eager to welcome your students to our exceptional free work experience programmes and support them in their journey toward a fulfilling career in medicine or dentistry.



NHS National Work Experience

If you haven't yet signed up for the NHS National Work Experience programme and you are in Year 10 or 11:

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

- This month, we're diving into the fascinating world of Surgery, providing your students with the opportunity to witness key-hole surgery, oral surgery, and the unique privilege of shadowing Mr. Challocome, a urology surgeon at Guy's and Thomas' NHS Trust.
- This virtual experience opens doors for your students to gain valuable insights and opportunities that may be otherwise difficult to access. Working hand in hand with Birmingham Universities Hospitals Trust, our Virtual Work Experience has been a game-changer for thousands of secondary school students in the past year. It's not just an alternative to in-person shadowing; it's a crucial step in preparing students for their upcoming physical placements.
- We've crafted a 6-month medical and 4-month dental e-learning work experience programme that lets students set their own pace. From structured teaching to direct interaction with healthcare professionals, our programme ensures students don't just watch procedures but also understand the broader roles in the medical and dental fields.
- What makes our programme unique is the chance for students to schedule 15-minute one-on-one appointments with a doctor or medical student at no extra cost. This personal touch lets them dive deeper into their virtual experiences, ask questions, and really enhance their understanding.
- Covering everything from ethics to procedures and broader team roles, our virtual work experience gives a crucial overview of their desired career paths and the skills that medical and dental schools are looking for, enhancing their UCAS applications.

Signing up is easy - students just need to fill out the free online application form:

<https://airtable.com/appuQX2ouadvjQUSU/shrroljLczgdg9uLw>



Health Education England has recently completed a discovery report on virtual work experience programmes, which have concluded that these programmes are a valuable adjunct to in-person work experience, especially by preparing students for in-person placements and where in-person experiences are extremely limited. The NHS Allied Healthcare Work Experience successfully invited 12,000 students to participate in the last academic year, making it the largest programme for students who are specifically interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and language therapy
- and Pharmacy!

Applications for this programme are now open, and they will be open throughout this academic year. It is suitable for students in year groups 10-11.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and each other. Students will have an opportunity to ask questions and gain knowledge through teaching.

This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different, and students will be able to build on their knowledge of NHS careers as they see different patient cases and healthcare professionals work in a variety of settings, such as hospital and community.

Students will also receive certificates as evidence of having participated in the work experience programme. Those that complete the entire 6-month programme will be awarded with Highly Commended References too. Students can register individually through the website link below. Places are £10 a day to cover administrative costs and run the tech on the day.

Students can register for the programme here:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Kind regards,

Work Experience Team

Allied Healthcare Mentor



ALLIED
HEALTHCARE
MENTOR



VIRTUAL NHS HEALTHCARE CAREERS **WORK EXPERIENCE PROGRAMME**

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Podiatry
- Speech and Language Therapy
- Pharmacy
- Osteopath
- Prosthetics and Orthotics

WWW.ALLIEDHEALTHMENTOR.ORG



ALLIED
HEALTHCARE
MENTOR



CAREER *of the* WEEK

Dietitian

Dietitians assess, diagnose and treat diet-related and nutritional problems and raise awareness of the link between food and health at both an individual and wider public-health level.

As a dietitian you'll translate the most up-to-date scientific and public health research about nutrition into practical advice to help people make health-conscious decisions about food and lifestyle.

You'll treat complex clinical conditions such as:

- chronic fatigue
- diabetes
- eating disorders
- food allergies and intolerance
- irritable bowel syndrome (IBS)
- kidney failure
- malnutrition

As well as working in the NHS and private clinics, you can also work in areas such as the community, learning disabilities, mental health, public health and acute settings. You will also advise on food and health policy at a national, local and individual level.

Dietitians are a key part of the healthcare team and are the only nutrition professionals that are statutorily regulated.

Responsibilities

When working in a hospital or community setting, you'll need to:

- undertake nutritional assessments of patients with a range of complex medical conditions
- educate and advise patients with diet-related disorders on the practical ways in which they can improve their health by supporting them to make appropriate lifestyle and food choices
- devise, monitor, review and improve nutritional care plans
- deliver group sessions to other healthcare professionals or patient groups
- work with the patient and multidisciplinary team (including other healthcare professionals) to ensure patient-centred care is provided
- liaise with hospital staff and external agencies to ensure the smooth transition of patients discharged from hospital back into the community so that they can continue to receive the dietary support needed
- promote health and wellbeing by informing the public about the importance of diet and nutrition
- educate other healthcare professionals about food and nutrition issues
- advise hospital catering departments about any specific patient dietary requirements
- support schools in the provision of healthy school meals
- run clinics in hospital outpatients departments or GP surgeries
- record all assessments and interventions, write reports and case notes, and maintain accurate records
- prepare information packs, flyers and other promotional materials.
- With experience, you may be involved in training and mentoring pre-registration students, as well as supporting and supervising less experienced staff

If you're working with athletes and sportspeople, you'll need to:

- advise on how diet can optimise their performance and recovery from injury
- educate them to understand the physiology and biochemistry of different types of exercise and the role nutrition has in these processes.
- In other roles, you may be involved in developing new food products and evaluating their nutritional content, setting up and monitoring clinical trials, or advising the food and pharmaceutical industry



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