



Your weekly guide to careers information, advice and news from Parklands High School

Welcome back and a Happy New Year! Lots of useful information in this week's edition of Career News, including:



- Virtual work experience with DigData and Google - these are tech challenges completed outside of school hours, with a certificate awarded on completion. Great for CVs or future job or uni applications.
- Open events coming up at Wigan & Leigh, Bolton, Blackburn and Myerscough Colleges.
- Celebrate the short but inspiring life of the very brave Sophie Scholl in this competition set by Runshaw College. Students can submit a piece of art, poetry, writing or music as individuals or as a group. There are vouchers and certificates for the best entries. Deadline is Wednesday 25th February 2026.
- Degree Gap have a 'Guide to Supporting GCSE Success' webinar that any parent/carers can access.
- Lots of apprenticeship news: the British Army, Tesco, Dunelm and BAE Systems all have amazing vacancies.

This week, following the 'Welcome to Year 10' evening, we launched the work experience programme for 2026. All Year 10s will take part. They are asked to find their own work placements, although we can of course support with this if necessary. The dates are 13th - 17th July 2026 and any kind of business or industry can be considered. In the last few years we have had students travelling to all corners of the British Isles - and some even went abroad. Many have secured part time jobs following their week's work experience and a number started apprenticeships this September, so it is a really beneficial scheme. Each Year 10 will have brought home a consent letter to be signed and returned, and all paperwork is available from the Top Office or on the school website [here](#).

Year 11 will be taking part in college interviews on January 21st and 23rd with Wigan & Leigh College and Preston College. If you have not applied yet, please do so to avoid missing out on an interview.

Runshaw College will NOT be interviewing in school this year, they have allocated the evening of 9th February to Parklands. All those who have applied will be sent a text or email telling them the time of their interview (between 4.30 - 8.00). If this is likely to be a problem, please let me know as soon as possible so that we can organise an alternative option.

Have a great weekend



12th - 16th January 2026

The Sophie Scholl Awards

“Someone has to make a start.” How about you?



Holocaust Memorial Day is commemorated each year on 27th January, the date of the liberation of the Nazi concentration camp Auschwitz-Birkenau in 1945. Holocaust Memorial Day remembers the millions of victims of the Nazi Holocaust, including six million Jews, and of other, more recent genocides.



The Sophie Scholl Awards were introduced at Runshaw as part of our events to commemorate Holocaust Memorial Day. The courage of Sophie Scholl, of a similar age to Runshaw students, was an inspiration to us all. We now extend an invitation to pupils in partner high schools to help us celebrate the short life of this brave young woman by participating in awards reserved for them.

Sophie was 18 when the war started in 1939. She and her family, inspired by their strong religious beliefs, actively resisted the Nazis – an incredibly courageous thing for Germans to do. In 1942, Sophie, along with her brother Hans and a few other students, founded the White Rose, a non-violent resistance movement which painted anti-fascist slogans on walls, defaced Nazi emblems and distributed anti-war leaflets. In early 1943, Sophie and the other leaders of the group were caught, condemned as traitors and executed by beheading. Sophie was just 21.

During her trial, despite the attempts of the judge and prosecutors to browbeat and ridicule her, Sophie remained steadfast as one individual against the massive power of the Nazi state. “Someone has to make a start”, she said. Convinced that good in the end would prevail, her last words as she was led into the execution yard were, “The sun still shines!”

For many inspired by Sophie’s example, a white rose has come to represent peace, justice and a love of humanity.

Students in partner high schools are asked to make an entry based on ONE of the following themes:

- (a) The inspiration of Sophie Scholl
- (b) The White Rose
- (c) Someone has to make a start

Entries can be

- a written piece (maximum 250 words but could be much shorter)
- a poem
- a piece of art work or music – of any kind
- an idea to do something at school based on Sophie’s example
- anything at all based on one of the above themes.

Entries can be individual or group work.

Entries should be forwarded to Giles Inman, Inman.G@runshaw.ac.uk. The deadline for entries is 4.30pm on Wednesday 25th February 2026.

Awards of vouchers and certificates will be awarded for the best entries.

R U N S H A W C O L L E G E



COME ALONG TO OUR APPRENTICESHIP OPEN EVENING

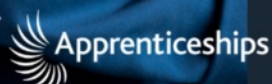
THURSDAY 12TH FEBRUARY 2026
4:00PM-7:30PM

**Business Administration | Leadership and Management
Engineering Operative | Engineering Fitter
Machining Technician | Metal Fabricator
Engineering Design Technician
Mechatronics Maintenance Technician
Maintenance Operations Engineering Technician**

- Find out everything you need to know about Apprenticeships
- Have a tour of our specialist facilities
- Check out our current Apprenticeship vacancies
- Discuss your career options with our team
- Meet some of our Apprenticeship employers

Simply scan the QR code to secure your spot —
it's quick, easy, and only takes a minute!

SCAN ME



01204 677888
info@alliancelearning.com
www.alliancelearning.com

The Hurst Building, Horwich Business Park
Chorley New Road, Horwich, Bolton, BL6 5UE
(behind Horwich fire station)

Insight to

Charles Russell Speechlys



Scan to
sign up!

MONDAY 12TH JANUARY | 5PM - 6:30PM

Charles Russell Speechlys

Insight into Charles Russell Speechlys

Monday 12th January 5pm - 6:30pm

Work for an international law firm

We're excited to invite you to an exclusive, online Insight to Law event with Charles Russell Speechlys, giving you the opportunity to gain insider knowledge from one of the world's leading law firms.

About Charles Russell Speechlys:

Charles Russell Speechlys is a globally recognised law firm, known for its work with clients across industries including real estate, private wealth, and technology. With a strong commitment to nurturing future talent, Charles Russell Speechlys offers some of the very best solicitor apprenticeship opportunities for students interested in starting their legal careers straight out of school.

What to Expect:

- Exclusive insights from lawyers, current solicitor apprentices and trainees at Charles Russell Speechlys, sharing their experiences, career paths, and what it's like working in a top law firm.
- Practical advice on navigating the legal profession, including information on their highly-regarded Solicitor Apprenticeships and training contracts, which offer a unique opportunity to qualify as a solicitor
- A Q&A session, where you'll have the chance to ask direct questions and receive tailored advice from professionals who understand the path to success in the legal world.
- This online event is perfect for those looking to gain a clearer understanding of the legal industry and seeking guidance on how to break into the profession with one of the world's most respected law firms.

Event Details:

- Date: Monday, 12th January 2026
- Time: 5pm - 6:30pm
- Location: Zoom (link will be provided upon registration)

Register Here:

https://www.surveymonkey.com/r/Insight_CRS

We're delighted to share some fantastic career opportunities for you and your students to Digdata in 2026.

1. Virtual Work Experience Opportunities

We've collaborated with **Google** to bring virtual work experience opportunities to your students on the **28th and 29th January**. These sessions will be hosted on Zoom outside of school hours and do not require any teacher / career leader attendance.

FIRST STEP - suitable for students in Year Groups 7-9

Wednesday 28th January at 4.30 pm (virtual session hosted on Zoom)

Want to be a YouTuber? Dig into the data sources that could make you go viral

- A 45-minute briefing with the Google team
- Complete the career challenge at your own pace
- Certificate awarded on completion
- [Register now!](#) (student link)

NEXT STEP - suitable for students in Year Groups 10-13

Thursday 29th January at 5pm (virtual session hosted on Zoom)

Google joins forces with Gen Z Creators to launch the Pixel 10!

- A 45-minute virtual briefing with the Google team
- Complete the career challenge at your own pace
- Certificate awarded on completion
- [Register now!](#) (student link)

Everyone should digdata!

1



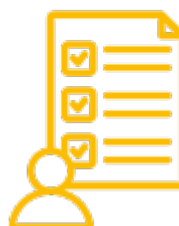
Register and attend
the 45 minute
briefing session

2



Students work on
the challenge in
their own time

3



Recorded industry
assessment

4



Certification of virtual
work experience

Would you like to gain **virtual work experience** and discover how **Google** uses data to shape the future?



Meet the team from **Google**, gain **essential skills** and **certification** too!

FIRST STEP - Year Groups 7-9

Want to be a YouTuber? Dig into the data sources that could make you go viral.

Wednesday 28th January - 4.30 pm



REGISTER NOW



www.digdata.online

NEXT STEP - Year Groups 10-13+FE

Google Joins Forces with Gen Z Creators to Launch the Pixel 10!

Thursday 29th January- 5.00 pm



Everyone should digdata!

The poster features the text 'Feb Open Event' in large, bold letters. To the right is the Blackburn College logo and name. Below the logo, the date and time are listed: 'Tue 3 Feb 2026' and '4.30pm - 7.30pm'. The background has abstract purple and white wavy lines.

Feb Open Event

Blackburn College

Tue 3 Feb 2026
4.30pm - 7.30pm



We're proud to be **Number 1** The Sunday Times Top 100 Apprenticeship Employers **2025**

Are your students ready for a career packed with adventure, real-world skills, and recognised qualifications?

Invite them to our free online webinar and discover the exciting opportunities offered by British Army apprenticeships.

- Tuesday, 3 February 2026
- 16:00 - 17:00
- Online Event

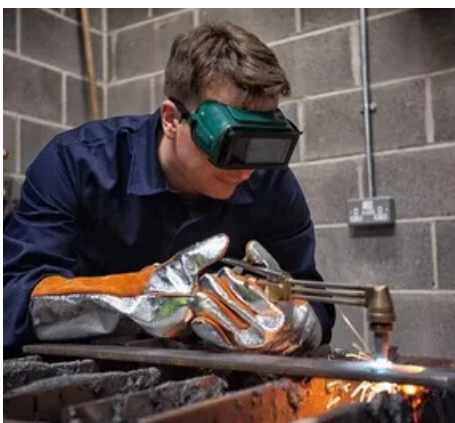


Why attend?

- Explore a wide range of roles: engineering, logistics, catering, healthcare, IT, and more
- Learn how students can earn while they learn
- Hear first-hand from soldiers and apprentices about training, career journeys, and day-to-day Army life

This event is a great way to give students direct insight into real-world opportunities.

[Register Now](#)



UK university & apprenticeship search fairs

SPJ LONDON S P Jain London School of Management

schools.liaison@spjain.ac.uk

A BUSINESS DEGREE WITH A BOARDING PASS

Business is global. Your degree should be too.

Our **BBA (Hons) Bachelor of Business Administration** degree does just that by offering immersive learning and internships across 4 global cities - London, Dubai, Singapore and Sydney.

£8,000 Travel Bursary

2026 Events

It was fantastic to welcome so many of you to our autumn events. We also have fairs taking place across the UK in Spring and Summer 2026 at stadiums and universities. Our upcoming 2026 UK University & Apprenticeship Search events in your region are as follows:

- **Manchester - Old Trafford Stadium - 27th February** - [see details here](#) - email emma@ukuniversitysearch.co.uk for further details or to book places.
- **Lancaster University - 24th March** - [see details here](#) - email emma@ukuniversitysearch.co.uk for further details or to book places.
- **University of Derby - 17th April** - [see details here](#) - email dan@ukuniversitysearch.co.uk for further details or to book places.

For a full list of our spring & summer events please visit our [website](#).

28th April - 30th April

2026

Meet the
RUSSELL GROUP

Afternoon Session: 12:00 - 13:30

Evening Session: 16:30 - 18:00

www.ukuniversitysearch.com/fair-signup/russell-group-webinars

Our **Meet the Russell Group Webinars** will be returning on **28th - 30th April**. These are incredibly informative for students considering applying for RG universities. The webinars will cover topics such as Student Life, Personal Statements & Applying to an RG University. You can **register for this spectacular event below**.

[Register Here](#)

Find out about Dunelm apprenticeships!

Starting your career with Dunelm opens a world of possibilities

Dunelm will be opening their apprenticeship vacancies on the 2nd February 2026 across a range of roles, including Supply Chain & Logistics, Commercial, Retail, and an exciting new Fitter Apprenticeship opportunity.

But be quick, the roles are very popular!

There are lots of ways you can find out more about these incredible opportunities, depending on what programmes you're interested in...



Learn about the apprenticeship roles on offer with Dunelm

Meet the Early Careers team at Dunelm to learn about their exciting apprenticeship opportunities, including Retail, Supply Chain & Logistics, Commercial, Fitter and more. In this recording you'll find out about Dunelm's early careers programmes and pick up some hints and tips for your apprenticeship application.

[WATCH NOW](#)

Learn about the new Fitter Apprenticeship ahead of its launch

Join us on 15th January to find out about Dunelm's new Fitter Apprenticeship - a unique role blending hands-on technical skills, customer interaction and the freedom of being out on the road. Apprentices work towards a Customer Service apprenticeship qualification, while gaining specialist training in fitting blinds in customers' homes.

[REGISTER FOR LIVE WEBINAR](#)



And if you can't wait ...



Check out Dunelm's virtual work experience programme

Dunelm has created their first-ever virtual work experience programme, created in partnership with Springpod.

This exciting opportunity is designed for students aged 13 and up, offering seven hours of immersive content across a range of modules that reflect the many areas of the business - from retail and customer service to product development, marketing, and more.

[FIND OUT MORE](#)


Virtual Work Experience with Dunelm: Careers, Skills, and Opportunities

In partnership with:



Step inside Dunelm, the UK's favourite homewares retailer, and discover what it's really like to work both in-store and behind the scenes. This Virtual Work Experience programme gives you a unique opportunity to explore a wide range of careers — from retail and supply chain to tech and head office roles — all while building valuable employability skills.

Through interactive activities and expert insights, you'll gain a deeper understanding of how a big business operates and what it takes to succeed in today's world of work. Whether you're interested in customer service, logistics, or digital innovation, this programme will help you find your happy place and take your first step towards a rewarding career.

 This programme is open to anyone aged 13+

 Certificate of completion

 Over 7 hours worth of content

 Complete at a pace that suits you

Scan Me
To sign up for this course





Applications for BAE Systems' 2026 apprenticeship opportunities are now open

We want to see young people from all backgrounds embrace careers including science, technology, engineering and mathematics (STEM).

By fostering open communication and collaboration, you can support people with their next step. Careers with us really matter – it's work that helps to secure all our futures.

Find out more

With opportunities across engineering, manufacturing, technology or business; they'll be supported alongside the brightest minds through training, experienced mentors and inclusive networks that help them thrive.

They can explore limitless opportunities, earning while they learn and gaining industry recognised qualifications along the way.

Intermediate - Apply Now

Advanced - Apply Now



**THE DEGREE
GAP**

**The Degree Gap invites your parents to a
Live Online Complimentary Webinar:
‘A Parent’s Guide to Supporting GCSE Success’.
28th January @ 7pm-8pm**

There is less than a month until The Degree Gap host a Live Online Complimentary Webinar: ‘A Parent’s Guide to Supporting GCSE Success’.

If your parents have not signed up yet, there is still time.

So, what will we cover?

- **Understand what mock results really mean and how to respond calmly**
- **See what effective revision actually looks like at home**
- **Spot burnout early and fix it before motivation drops**
- **Set one or two focused goals that lead to visible improvement**

To sign up for the event on the 28th of January 7-8pm, please use the link below:

[Register Now](#)

We had a hugely successful November event, with hundreds of parents tuning in to hear from our specialist team on effective revision techniques. Reviews mentioned how engaging and informative the event was.

We have included a snippet highlighting one of our most important points on active versus passive recall, so you can see what our events typically look like.

[Watch The Event](#)



INFORMATION CREATIVE TECHNOLOGY TASTER WORKSHOP

TUESDAY 17th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in ICT

This will be a practical session based around Cyber Security

Numbers will be limited but to confirm a place please email mpatel@preston.ac.uk



PRESTON
COLLEGE

YEAR 10 & 11

REGISTER NOW!

OPEN EVENT
THURSDAY 5 MARCH 4-7PM

PRESTON
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION

FILM & PHOTOGRAPHY TASTER WORKSHOP



MONDAY 16th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Media, Film & Photography.

The session will hands on and practical using industry standard software and equipment and is ideal for anybody looking for a career in TV, Film, Photography and Journalism.

Numbers will be limited but to confirm a place please email
lfenton@preston.ac.uk



**PRESTONCOLLEGE
CREATIVEARTS**

PRESTON
COLLEGE

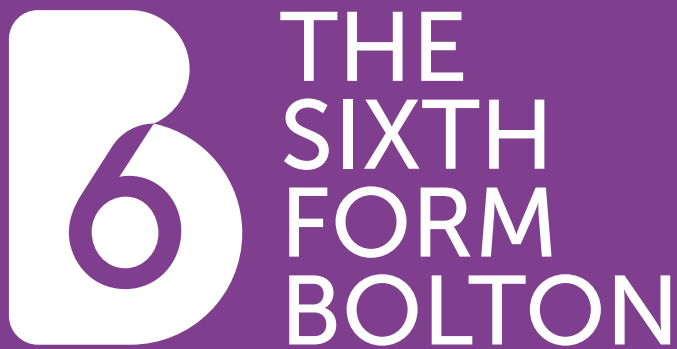
YEAR 10 & 11

REGISTER NOW!

OPEN EVENT
THURSDAY 5 MARCH 4-7PM

PRESTON
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION



We are aware that some colleges are no longer offering the **T Level in Education and Early Years Level 3 qualification** so we would like to remind you that we do still offer this incredible course which is an ideal pathway into nursery or primary school teaching. Within this course students will carry out a minimum of 750 hours work placement, which will be in an early years setting, where they will be able to perform observations and assessments of children and young people whilst also developing skills in being a reflective practitioner.

Please click on the following link to access our latest T Level video: https://youtu.be/zp_J7JIF0Zk

Follow the link below for further information on our T Level course:

- **Education and Early Years**

[Learn more >](#)

From **September 2026** we will still be offering **Health & Social Care** and **Early Childhood Development** as AAQs, we will also be introducing a new AAQ course in **Mental Health & Well-being**. These courses offer flexibility, enabling students to tailor their studies to their individual interests and future career goals.

Students can choose to study any of the above AAQs alongside A Levels or Vocational single/double subjects and create a mixed programme pathway.

For more information on these AAQ courses please follow the links below:

- **Early Childhood Development - AAQ**

[Learn more >](#)

- **Health & Social Care - AAQ**

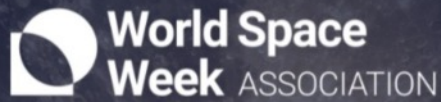
[Learn more >](#)

- **Mental Health & Well-being - AAQ**

[Learn more >](#)

Entry requirements can be found on the individual course information links.

[**Take a virtual tour of Bolton Sixth Form here**](#)



POSTER CONCEPT COMPETITION

Help us decide next year's World Space Week poster.
Share your idea for "Rocket Revolution."



Submissions open until 15.01.2026

We're inviting creative thinkers and visual storytellers to help us shape the visual identity and poster of World Space Week 2026. This year's theme, "Rocket Revolution", is about how launching rockets is no longer reserved for a few countries or big agencies. New companies, universities, and even student teams are sending payloads to space, changing who can take part in space activities. We want your ideas to show this new era of accessible launch and the many different people and places now reaching for the sky.

Who can participate? Anyone passionate about visual storytelling, no formal artistic background is required.

What are we looking for? The concept, not the finished product. Share your idea, describe your vision, and tell us how it aligns with the theme.

What happens next? Concepts will be reviewed by the World Space Week Association Board of Directors. Selected concepts may inspire the final poster that will represent this year's global celebrations.

Submission Details

Submit your concept: Include a simple sketch, description, or mood board—whatever helps convey your idea.

Why it matters: Add a short explanation of how your idea ties into the theme.

Selected concept will be featured with full credit during World Space Week.

[Click here to submit](#)

Online Event

APPRENTICESHIPS IN BANKING & FINANCE



BNP PARIBAS

20 JANUARY, 6:30PM-7.30PM



Free Event: Apprenticeships in Banking & Finance with BNP Paribas

Date: 20 January 2025

Time: 6:30-7:30pm

We invite you to an exclusive, free online masterclass where you will learn directly from the source: the BNP Paribas Recruitment Team. These are the experts who assess every applicant and know precisely what makes a candidate shine.

In this dedicated session, they will reveal:

- The Application Formula: Learn exactly what recruiters look for and why certain applications immediately stand out.
- Interview Success: Expert advice on navigating every stage, from crafting compelling written answers to excelling in video interviews and group tasks.
- The Pathway: Understand the steps you can take right now to launch your career in global banking.

Register Here!

**YOUR CAREER IN BANKING AND
FINANCE STARTS HERE!**

Step into your digital future

Learn AI, Cyber, Coding, Sports Tech and more with InnovateHer. Meet real role models, explore new careers, and unlock your potential!



Scan the QR code
to view courses

inno
vate
<her>



PREMED PROJEC+S

Attention - students aged 14–18 and their parents who may be interested in medicine.

We are offering a February Half-Term Medical Work Experience Week in London, from **15th - 21st February 2026** designed for students interested in studying medicine or healthcare.

- **When:** 15th – 21st February 2026 (February Half Term)
- **Where:** London Hospitals (Pickup, Accommodation, Meals and Staff Provided)
- **Who:** Students aged 14-18 who are interested in careers in medicine. Group size 30.
- **What:** In person medicine experience with visits to Hospitals in London, fully supported by an extensive staff team and attended by students from all over the UK. A certificate and reference are included.
- **How:** Students can [view all details of the course here](#) and should register by the 30th January 2026 to take part.





It's nearly **National Apprenticeship Week**, and we're going behind the scenes of the UK's biggest industries. We'd love your students to join us!

From Law and Accountancy to Working at Festivals, we've gathered employers who are ready to give you candid, filter-free answers to your questions.

- Do GCSE's really matter?
- Can I work from home?
- Is working at a Law firm actually like Suits?

Honestly? If I were in your shoes, I probably would've scrolled past this when I was at school. I chose uni because that's what everyone does, but looking back, I wish I explored the apprenticeship pathway and actually read emails like these! I could've hit my goals years earlier. I'm sharing this so you don't have that 'what if' moment 5 years from now.

Join us this National Apprenticeship Week and explore what pathways are possible. See you on 9th February 2026!

Best wishes,

Malika

Head of Partnerships, Success at School



Are you Curious & Detail-Oriented? Get to Know the NAO!



National Audit Office

The **National Audit Office** plays a vital role in shaping the UK's future - and they do it with smart, curious people at the heart of their work. Hear how apprentices at the NAO build real skills, make real impact, and launch meaningful careers from day one. Plus, **when you work for NAO, you get a recognised professional qualification while working & earn a competitive salary from day one.**

Explore the National Audit Office

Kick-start your career in Audit with the National Audit Office

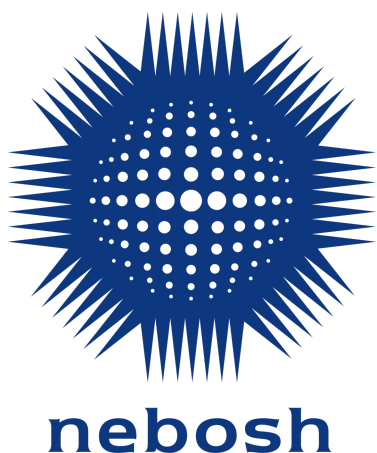


Tuesday 10th February 2026, 6.30pm

- Earn a competitive starting salary (**£28k+ in London**) and gain a top qualification that could take you to **£61k+** in the future.
- **Hear from current apprentices** about why they chose an apprenticeship over university.
- **Get the inside scoop** on life as an Audit Apprentice—from induction to college, exams, and day-to-day work.
- **Explore career progression** and the opportunities the NAO offers to help you grow.

Register Here

Want to travel the world? Get to know NEBOSH



NEBOSH is a global name in health, safety and wellbeing, and their work protects millions of people around the world! In their NAW Session on 12th February, you'll discover how a career with NEBOSH can open doors internationally, combine purpose with progression, and give you skills that employers everywhere value. It's an exciting career with the chance to earn big from the start!

Explore NEBOSH



Your Future in Health & Safety: From Film Sets & Festival Stages to Sports Arenas

Thursday 12th February 2026, 6.30pm

Think a career in Health & Safety is just about rules? Think again! Join our webinar during **National Apprenticeship Week** and discover a career where you can:

- Travel the world
- Earn a median salary of £50k
- Do work you're passionate about every single day

Ready to turn safety into your adventure?

Register Here



Myerscough
College & University Centre
EMPOWERING FUTURES
Since 1894

- ✓ School Leavers
- ✓ Apprenticeships
- ✓ University Degrees

Course Advice Morning



The
North West
centre for
land-based,
sport, engineering
and science
education



**Download
our 2026 School
Leaver Prospectus**

Saturday 6th December 2025*
Saturday 7th February 2026

* Preston and Liverpool only

**CENTRES ACROSS
THE NORTH WEST**

**PRESTON • WARRINGTON
LIVERPOOL • MANCHESTER**

www.myerscough.ac.uk

Why choose the Preston Centre of Sporting Excellence?

- Three different vocational levels for 16 to 19 year olds
- Lessons are delivered at Preston College; sports hall, 3G pitch, fitness suites and classrooms
- High level of competition in football with the opportunity to represent Preston College and Preston North End Community and Education Trust (PNECET)
- Work experience opportunities with PNECET
- Assessed through the completion of a portfolio, formal assignments, presentations, in class tests and practical assessments
- A progression pathway into higher education with the University of South Wales, scholarships or employment
- Dedicated recruitment team to support any application or interest



Scan the QR code to complete our
expression of interest form or for further information

 john.lee@pne.com

**Applications for entry September 2026
open on October 1st 2025**

2026

ARMY
BE THE BESTOFFICER
NEWSLETTER

From bursaries and scholarships to fully funded degree programmes, we're committed to helping ambitious individuals achieve their goals. Plus, don't miss our Officer Open Days - a chance to explore leadership roles and speak directly with serving officers - **British Army Careers Team**

LEAD AND LEARN
AS AN OFFICER

Army officers are leaders and managers within the Army. From the very start, they are responsible for leading teams of soldiers, making decisions, and ensuring that their unit operates efficiently and effectively. Officers plan operations, manage resources, and are accountable for the welfare, training, and discipline of the soldiers under their command.

When you join as an officer students will all go on to have one thing in common: they will all receive the best leadership and management training in the world at the Royal Military Academy Sandhurst. There are three intakes each year for potential regular officers, in January, May and September which consists of 42 weeks training.

LIFE AS AN ARMY OFFICER

UNIVERSITY OFFICERS'
TRAINING CORPS (UOTC)

The Universities Officers' Training Corps (UOTC) is not your average university society.

With multiple sites across the country, there is plenty of opportunity for you to explore the UOTC and make it fit around your current lifestyle.

The UOTC is where university students undertake Reserve Officer training modules designed to fit around their degrees. As a member, you will have amazing adventures, develop transferable skills, sporting

opportunities and a great social life. It provides a standard of experience and training that is well respected within the Army, and highly sought after by numerous civilian employers.

After experiencing the camaraderie and wealth of opportunity that being part of the UOTC brings, you might decide a career in the Army is for you. There are numerous Army Officer bursaries available to support you through university, helping you to reach your full potential.

FIND YOUR LOCAL UOTC

DATES
2026ARMY OFFICER OPEN DAY
NEW DATES FOR 2026ARE YOUR STUDENTS INTERESTED IN
BECOMING OFFICERS IN THE BRITISH ARMY?

Join us for the next Army Officer Insight Day at Sandhurst! You will participate in various activities, including a Welcome Brief, a tour of the Royal Military Academy, and opportunities to speak with current Officer Cadets and Staff.

Saturday 14 March
SANDHURST | Saturday 16 May
YORK

SECURE YOUR PLACE HERE



FINANCIAL SUPPORT

SCHOLARSHIP

APPLICATION WINDOW CLOSES
31ST MARCH 2026

Students currently in Year 12 who are planning to enter Year 13 next academic year could be eligible for a scholarship of up to £10,000 to support their journey to becoming an Army Officer. This funding helps students secure a place at Sandhurst, where they will begin their officer training.

Once they are at university, they can also apply for extra support through bursaries such as the Enhanced Bursary, DSUS, or Medical Bursary - depending on their chosen path.

SCHOLARSHIP

INTERNSHIP

The Army Officer Internship Programme gives students the chance, after receiving leadership training at Sandhurst, to follow officers, lead soldiers, and take part in adventurous training. It's a unique way to build leadership and life skills—whether they choose to stay on as a Reservist or follow another career path.

INTERNSHIP

GAIN A DEGREE WHILE SERVING

If you have students interested in leadership and service, the Army offers a unique opportunity to gain a BSc in Leadership and Strategic Studies - fully funded and delivered through 42 weeks of training at Sandhurst. They'll continue their studies alongside their Army career, without paying tuition fees.

For those who already hold a degree, there's also the option to apply for the Army's MSc in Leadership and Strategic Studies, helping them take their skills even further.

FULLY FUNDED DEGREE

ARMY
BURSARIES

STANDARD BURSARY

If you have students planning to join the Army as an Officer after university, the Standard Army Undergraduate Bursary could help them financially during their studies. It offers **£6,000** across their course or **£7,000** for four-year degrees paid directly to them while they study.

STANDARD BURSARY

UP TO
£7,000

ENHANCED BURSARY

If you're working with students who have achieved at least ABB at A-Level, are on track for a 2:1 degree or higher, and show strong leadership potential, the Enhanced Army Undergraduate Bursary could provide up to **£24,000** to support their studies.

ENHANCED BURSARY

UP TO
£24,000

MEDICAL BURSARIES

Students can apply in their first or second year of university. If successful, they'll receive **£10,000** a year in their final three years (**£5,000** for Vet and Pharmacy), train as a medical cadet, and get a **£45,000** lump sum after Sandhurst (**£36,000** for Pharmacists).

MEDICAL BURSARIES

UP TO
£75,000

NURSING STUDENTS

TWO WAYS TO FUND A NURSING DEGREE WITH THE ARMY
Students can either apply for the Army Officer Nursing Bursary - receiving **£5,000** per year with an unconditional university offer - or study nursing as a paid Soldier. After completing initial military training, Officer Bursary students also receive a **£27,000** lump sum. It's a great way to support their studies and start a career in Army nursing.

NURSING STUDENTS

UP TO
£42,000

DEFENCE STEM UNDERGRADUATE SPONSORSHIP (DSUS)

UP TO £43,605

Students studying or with at least a conditional offer, for an Army-endorsed STEM degree can receive up to **£43,605**, including a **£5,000** annual bursary plus up to **£9,535** in tuition fees for each of the three years at university.

After university you'll attend the Royal Military Academy Sandhurst and will be encouraged to serve in one of the following corps: Royal Engineers, Royal Signals, Royal Logistic Corps, REME, Royal Artillery, Adjutant General's Corps, Army Air Corps, or Intelligence Corps.

STEM BURSARY

UP TO
£42,750

FEATURED

CAREER OPPORTUNITIES

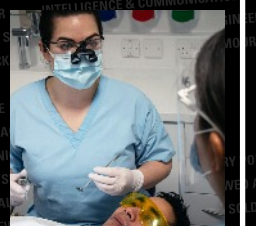
We offer a wide range of roles in Combat, Engineering, Medical, Intelligence & Communications, Logistics & Support, HR & Finance, and Music.

MEDICAL BURSARY UP TO £75,000

If you're currently studying dentistry, the Army offers generous financial support to help you complete your qualifications - up to **£75,000** through the Army Dental Bursary.

This bursary is designed to support future Army Dental Officers while they're still at university. In return, you'll bring your skills to the Army's world-class healthcare system, serving for a minimum of six years after graduation.

JOIN AS A DENTIST



FIND OUT MORE

If you want to find out more about being an Army Officer, please contact your local office and speak to the allocated officer recruiter.

START YOUR JOURNEY



FIND A RECRUITMENT CENTER


ARMY
 BE THE BEST



Work Experience Week 2026

Each Year 10 student at Parklands will undertake a week of work experience from



13th - 17th July 2026

If you are able to support any of our students with a placement, please email:
pberry@parklandsacademy.co.uk



All paperwork, including the consent letter, a guide to finding work experience, a helpful planner with letter templates and advice, the assembly presentation, a Me Map and the WEX booklet for employers can be found on the school website: [CLICK HERE](#)

ART & DESIGN TASTER WORKSHOP



TUESDAY 17th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Art & Design.

The session is intended to develop your creative print making skills. It will be hands on and cover a number of different forms of print.

Numbers will be limited but to confirm a place please email **dheyes@preston.ac.uk**



**PRESTONCOLLEGE
CREATIVEARTS**

PRESTON

COLLEGE

YEAR 10 & 11

REGISTER NOW!

OPEN EVENT

THURSDAY 5 MARCH 4-7PM

PRESTON

COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION

GAMES & GRAPHICS TASTER WORKSHOP



MONDAY 16th FEBRUARY
9:30 - 12:30

We are running a **FREE** taster workshop for any Yr10 or 11's interested in Games & Graphics.

The session will be based around 3D modelling in Maya where you will be introduced to aspects such as building, texturing, lighting and rendering.

Numbers will be limited but to confirm a place please email sroberts@preston.ac.uk



PRESTON
COLLEGE

YEAR 10 & 11

REGISTER NOW!

OPEN EVENT
THURSDAY 5 MARCH 4 - 7PM

PRESTON
COLLEGE

TRANSFORMING LIVES THROUGH EDUCATION



STRONGER STARTS PROGRAMME OPEN FOR APPLICATIONS!

Tesco's Stronger Starts apprenticeship programme is now open, offering two fantastic apprenticeship pathways for young people, the well-established Retail Apprenticeship and the brand-new Maintenance Apprenticeship.

Stronger Starts is a fantastic opportunity for young people to kickstart a career in retail or maintenance, enjoy a brilliant starting salary, and receive lots of support and coaching along the way.

Read on for more information on the roles, links to apply, tips on applying and our upcoming webinar with the Tesco Early Careers team...

THE ROLES



Maintenance Apprenticeships

Stronger Starts are now offering a Maintenance Apprenticeship! Apprentices will work alongside earning a Level 2 Property Maintenance Operative qualification – equivalent to 5 GCSE passes.

The 18-month programme sets you up with the skills you need for everyday duties in maintenance jobs.

FIND OUT MORE



Retail Apprenticeships

Retail apprentices will work, earn and learn, gaining a Level 2 National Standard in Retail qualification over the course of the programme.

You'll gain hands-on experience of how a store operates, and have the opportunity to experience different roles and tasks across the store.

FIND OUT MORE

VACANCIES & HOW TO APPLY

Applications are now open for vacancies in stores in selected locations across England!

The Stronger Starts apprenticeship programme is a fantastic opportunity for young people to earn while they learn, gain skills and qualifications, receive ongoing support and enjoy long-term career opportunities.

APPLY NOW



MEET THE EMPLOYER



JOIN OUR WEBINAR

Join us and the Tesco Early Careers team on 8th December at 4pm to learn about the apprenticeships available, what is involved, the benefits available, and more.

Don't worry if you can't make it on the day, sign up anyway and we'll send you the recording so you don't miss out.

REGISTER NOW



Visit Tesco's Meet the Employer profile to find out more about the Stronger Starts apprenticeship programme application process and get tips on how to apply.

You can also find out what skills Tesco are looking for, what makes them a great employer, what life looks like behind-the-scenes and more.

VISIT THE PROFILE



GAIN THE ULTIMATE WORK EXPERIENCE THIS SUMMER

1 and 2-week programmes for students aged 15-18

Register now with code **EARLY15** for 15% off Summer Experience Programmes!



Work with **top professionals** and explore **real workplaces**



Gain a **qualification** in work experience to boost your university application



Experience **university life** on-campus at UCL

Choose from 15 different careers

Art & Design
Architecture
Computer Science
Dentistry
Engineering
Entrepreneurship
TV & Filmmaking
Forensic Science
International Politics
Investment Banking
Law
Media
Medicine
Psychology
Veterinary Science



**REGISTER
NOW**



Gaining Experience Beyond The Classroom

INVESTIN
THE ULTIMATE WORK EXPERIENCE

Why?

Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

Work Experience

What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



Remember, not all your work experience needs to be industry-specific - any experience provides you with transferable skills!

What?

- **Shadowing**
Observing someone in a working environment
- **Volunteering**
Such as at charity shops, care homes or tutoring
- **Insight days & workshops**
Online or in-person programmes for students
- **Part-time job**
Such as in a cafe/restaurant, shop assistant
- **Formal placements & internships**
Typically more widely available for 18+

Where?

- **Look local**
Research organisations in your local area and enquire about shadowing or volunteering opportunities
- **Use your network**
Ask friends, family, teachers for any relevant connections
- **Look out for formal schemes**
Research opportunities for school students on sites like [Prospects](#), LinkedIn or the [Student Ladder](#)

Extracurriculars

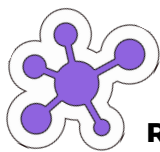


Consider what you already do outside of school - **what does it say about your interests or skills?**

Then, consider how you could develop further the skills required for your dream university course or career.

Socialising

Communication
Empathy



Sport

Leadership
Teamwork

Music or drama

Creativity
Commitment

Reading & writing

Analytical thinking
Attention to detail

What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday

Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen course!

THINK: why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

Looking to gain work experience? Check out InvestIN's programmes at www.investin.org



PRESTON COLLEGE




St Vincent's Road
Preston
PR2 8UR

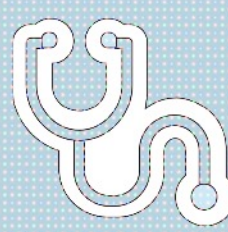
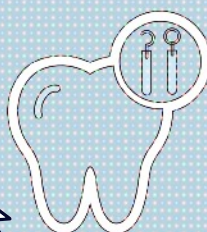
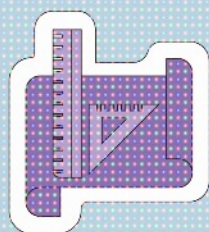
W www.preston.ac.uk
T 01772 225522
E info@preston.ac.uk



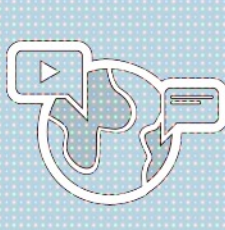
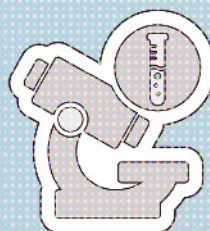
www.preston.ac.uk/apply

APPLY NOW FOR SEPTEMBER 2026!

 www.investin.org/pages/career-quiz



What career is right for you?



INVESTIN

THE ULTIMATE WORK EXPERIENCE



Review of
your skills



Recommended subject
choices & resources



Top tips from
professionals

Take our **5-minute career quiz** to learn more about the industry you're best suited to



Discover
your future



PREPARING LIFE

FOR WHAT YOU'LL THROW AT IT

Our Military Academy
holds open days **every Friday.**

GET IN TOUCH TODAY TO BOOK YOUR PLACE!

- 50% physical and 50% academic training.
- Our roll-on roll-off course means you can join today!
- 90% of our learners progress into military or civilian roles.
- Financial support available.

IN ASSOCIATION WITH



IN COOPERATION WITH



IN ASSOCIATION WITH



SCAN NOW TO
BOOK YOUR PLACE



visit **mpct.co.uk**

call **0330 111 3939**

Subject Guide Videos



These impartial videos have one key aim. To support students who are considering university to make informed future subject decisions. They feature guest speakers from a range of different universities, who are always experts in the subject being explored.

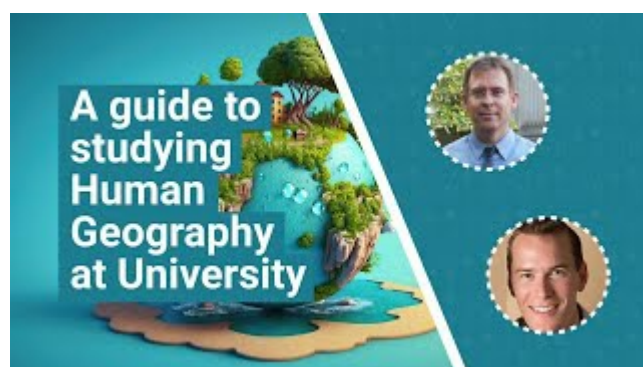
Including the UK's first video subject guide!

Different subjects, but the same four themes explored in every single one:

- Why students may wish to consider the subject
- What to expect if they study it
- An overview of the careers it may lead to
- Application tips if they go on to apply

From Accounting to Zoology - and 100's of subjects in between. You can browse any of the videos, search by keyword, or filter by subject.

[CLICK HERE](#)



Parents' Evening:

The Newsletter That Helps You Support Your Child's Future



Worried about exams?
Confused about career
options? Wondering what
comes next?

We've got your back.

Get free, quarterly updates
full of expert advice, tips, and
guidance to help your child
make confident decisions
about their future.



Exam stress & study tips



Uni vs apprenticeship advice



Application & interview help



Soft skills made simple



SEND support for parents



Real success stories



Live job opportunities



Sign Up Today!

Get practical, no-nonsense advice straight to
your inbox – **plus your free guide:**

"10 Tips to Help Your Child Find Their Career Path"





YOUTH FUTURES DROP IN

ARE YOU 16 OR 17 AND NOT IN SCHOOL OR WORKING?

We can help you with;

- Your next steps
- Getting into education
- Finding work
- Building your confidence
- Boosting your skills

Let's work together to figure out your next steps!

DROP IN



Chorley Library, PR7 1EB



Monday 1-4pm

Usually I'm there, but
best to check!

CONTACT US



07917 534459



01772 531 044



@youthfutures_team



youthfutures@lancashire.gov.uk

OPEN EVENTS

5-7PM

15TH OCTOBER

18TH NOVEMBER

15TH DECEMBER

9TH FEBRUARY

12TH MARCH

12TH MAY

18TH JUNE





University of Central Lancashire

Training 2000



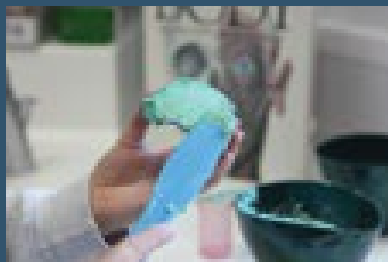
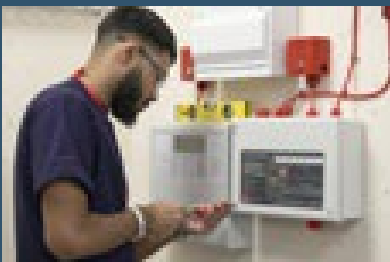
Apprenticeship open evenings

Explore our site, discover our facilities and talk to staff and students about the courses you want to study at our Apprenticeship Event.

**Wednesday 28th January &
Thursday 29th January 2026**
between 4.30 - 7.30pm

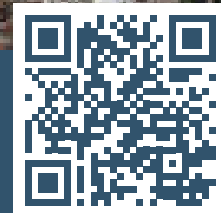
Where: Furthergate Business Park, Harwood Street, Blackburn, BB1 3BD

Accountancy | Business | Dental | Engineering | Fire & Security | Optical | Scaffolding



Book your place:

www.training2000.co.uk/events



Part of the
University of
Central Lancashire



University of
Central Lancashire
UCLan

Traineeships

Apprenticeships



July 25 M1164 Training 2000 Ltd is a company limited by guarantee. Registered in England: 2380675 Registered Charity: 701770

OPEN

EVENTS

**AT THE
COLLEGE FOR
TECHNICAL
EXCELLENCE**



PARSONS WALK CAMPUS (WN1 1RR)

4.30pm - 7.00pm

Monday 6 October 2025
Monday 3 November 2025
Monday 26 January 2026
Monday 27 April 2026

LEIGH CAMPUS (WN7 4JY)

4.30pm - 7.00pm

Monday 13 October 2025
Monday 10 November 2025
Monday 2 February 2026

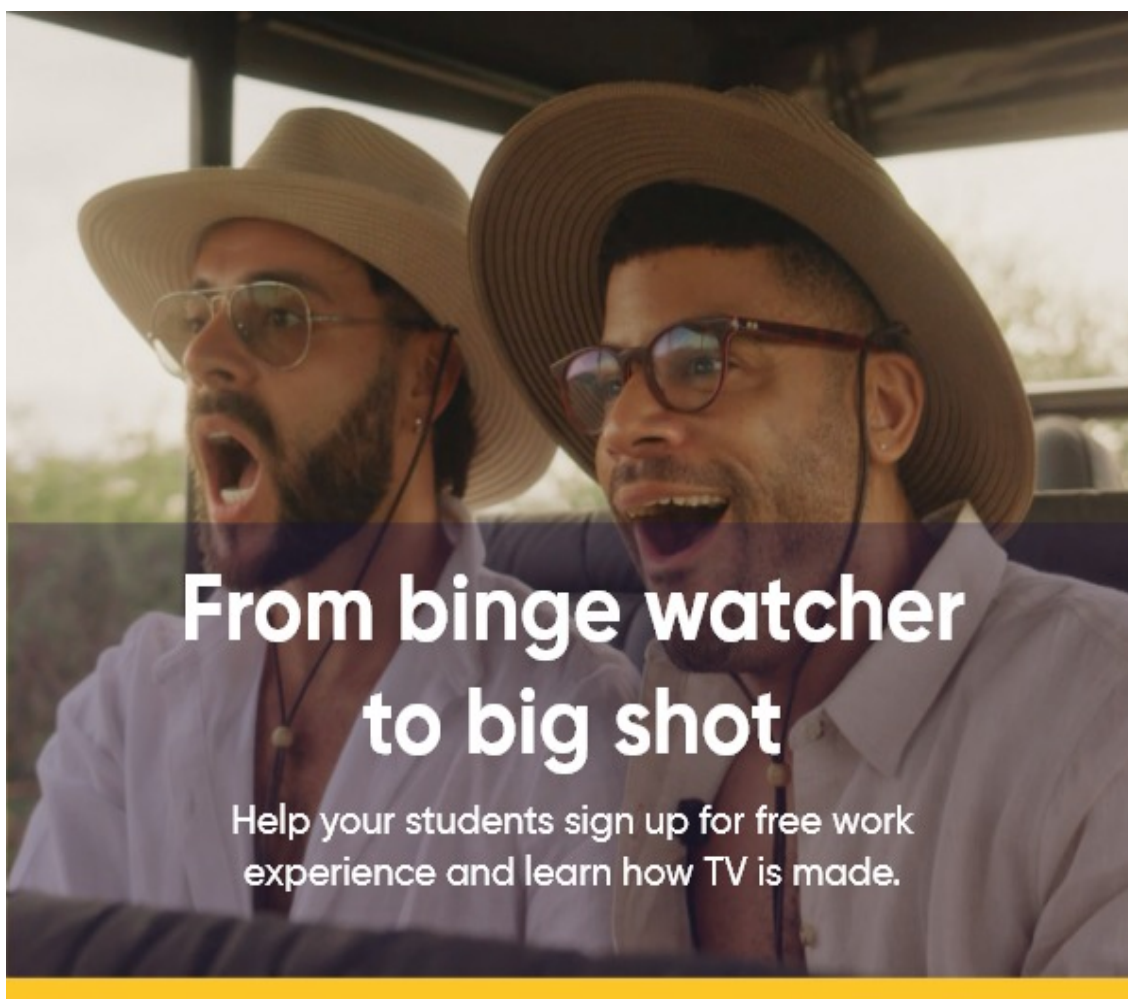


SAVE PEOPLE FROM DISASTERS

THIS IS
ENGINEERING

MEET JOSH. CATASTROPHE CONSULTANT. HE VOLUNTEERED AFTER THE JAPANESE TSUNAMI IN 2011. NOW, HE RESCUES PEOPLE FROM TRAPPED BUILDINGS. BE THE DIFFERENCE.

SEARCH 'THIS IS ENGINEERING'



From binge watcher to big shot

Help your students sign up for free work
experience and learn how TV is made.

We wanted to send a little festive treat your way...

Channel 4 work experience has officially been
extended to **27th February!**

Think of it as a bit of extra breathing space for you
and your students as we head into the new year.

SIGN UP NOW

**To make things even easier,
we've wrapped up everything
you need below.**

Catch Up on the Latest Careers Lead Webinar

If you missed our recent session—or want to revisit it over a mince pie—the full recording is now available.

WATCH HERE

Questions? We're here!

Whether you're curious about what the online work experience involves, how to sign up, or what kind of creative projects you'll get to try, our 4Skills team is here to help. Get in touch and we'll guide you through everything you need to know to make the most of this opportunity.

GET IN TOUCH



NEW

COLLEGE

PODCAST

COLLEGE COMPASS

**UNLOCK THE
SECRETS TO
A SUCCESSFUL
CAREER**

**GUEST SPEAKERS
ADVICE & GUIDANCE
INDUSTRY KNOWLEDGE**

LISTEN NOW ON SPOTIFY



Retail Apprenticeship What skills do you gain?

It's not just about stacking shelves!

RETAIL

Learn about all areas of retail and how a store works across all areas.

BUSINESS

Develop an understanding of how a business works - on a store and national level.

CUSTOMER SERVICE

Develop customer service and communication skills in a wide range of scenarios.

SOCIAL MEDIA

Gain knowledge of the impact social media has on brand reputation.

TECHNOLOGY

Become proficient at using a range of different technologies.

FINANCE

Handle money and using financial operations in real-life situations.

STOCK

Learn to manage stock availability using systems and procedures.

PRODUCT PLACEMENT

Develop an understanding of product placement promotional activities.

TEAMWORK

Build your people and teamwork skills by working with a wide variety of colleagues.

TIME MANAGEMENT

Progress your time management skills and learn how to prioritise tasks.

PROBLEM-SOLVING

There will be lots of opportunities to develop your problem-solving skills in retail.

COMMUNITY

Gain knowledge of supporting local communities.



Retail Apprenticeship Where could it take you?



JANE

STRONGER STARTS

RETAIL

APPRENTICESHIP



TOM

HUB OPERATOR

Interested in a career in security? A Hub Operator position may be perfect for you. Identifying risks and creating reports will be a big part of your day to day!

1

SHIFT LEADER

The Shift Leader oversees shifts and coordinates the team to maintain a safe and efficient store environment. They are always looking for ways to improve customer service.

PROJECT MANAGER

Project Managers are present across Tesco stores, playing a crucial role in maintaining store safety and ensuring staff satisfaction.

2

STORE MANAGER CONVENIENCE

Store Managers plan and manage work streams, with a focus on continuously improving Tesco's service to customers, communities and the environment each day.

AREA MANAGER

An Area Manager's goal is to create an excellent shopper experience. They understand the business inside and out and strive to create a supportive and compliant work environment.

3

CENTRE MANAGER

This position will place you at the core of Tesco's various centers, where you will be responsible for inspiring a large team and ensuring that all staff members provide exceptional service.

YOUR FUTURE

Find out more: www.amazingapprenticeships.com/tesco





TESCO

**Stronger
Starts**

MEET ZOE

Level 2
Retail Apprentice



Watch Zoe's
story here

Age 16+ and looking for your next step? Kick-start your career with our Stronger Starts Retail Apprenticeship.
To find out more visit:

www.tesco-programmes.com/apprenticeships/stronger-starts-retail

MENTORVERSE

Technology is shaping the future, and it's important for the next generation to understand how to use it. As the world becomes more digital, knowing how technology works can open doors to exciting careers, spark new ideas, and help solve major challenges like climate change or improving healthcare. But it's not just about jobs - technology encourages creative thinking, helps people connect, and makes everyday life more efficient. Learning these skills is about being ready to adapt, solve problems, and make the most of the opportunities the future will bring.

That's why I'm excited to invite your students to the Tech Mentor No-Code Hackathon, happening on **Sunday 11th January**, from 10am to 4pm.

A no-coding hackathon is a great way to explore technology in a hands-on and approachable way. By removing the need for coding, it allows anyone to participate, no matter their background, and focus on coming up with ideas, solving problems, and working together.

The hackathon is open to students aged 14-18 (Years 10–13) and is fully online, making it accessible to everyone. No prior coding experience is needed - students will use no-code platforms to build their apps, with guidance from experienced mentors throughout the day.

<https://techmentor.org.uk/hackathon/>

The Tech Mentor No-Code Hackathon is a hands-on, team-based event where students have the chance to:

- Build their own app to solve a real-world challenge, with no code needed.
- Develop essential skills like problem-solving, teamwork, and creativity.
- Create a portfolio of work they can showcase for jobs, apprenticeships, or university applications.
- Work in a safe, supportive environment where mistakes are part of the learning process.

Here's what they can expect:

- The hackathon will be fully online via Zoom, running from 10am to 4pm (UK GMT).
- Students will work in teams to tackle a surprise real-world challenge using no-code platforms.
- They'll be guided by experienced mentors who will support them throughout the day.
- Each participant will receive a certificate of participation
- The cost is £15 per student, which covers platform and administration costs.

Winners from this hackathon will be invited to the National Finals on 11th July 2026, where they'll compete for:

- **1st Place: £1,000 for the winning team and £100 to each winning team member's school.**
- **2nd Place: £750 cash prize for the team.**
- **3rd Place: £500 cash prize for the team.**

Students will be allocated to random groups on the day to keep the competition fair and enhance your networking experience! This is a chance for you to meet likeminded students beyond your school environment and start building your Tech Network!

Spaces are limited, so I encourage students to register early to avoid disappointment.

Register now: <https://techmentor.org.uk/hackathon/>



FOUNDATION APPRENTICESHIPS



Explore this exciting new apprenticeship programme

What are foundation apprenticeships?

Foundation apprenticeships help young people gain technical knowledge and skills while earning a wage. They are designed for young people typically aged 16 to 21 (or 22-24 meeting the eligibility criteria) who want hands-on experience in key sectors like construction, digital and social care. These level 2 apprenticeships combine technical knowledge and skills with workplace learning, helping the apprentice to decide their next career steps.

Which standards are available?

The [first foundation apprenticeships](#) focus on industrial strategy and government mission areas, including:

Engineering & manufacturing

- Building service engineering
- Engineering and manufacturing

Construction

- Finishing trades
- Onsite trades

Digital

- Hardware, network and infrastructure
- Software and data

Health

- Health and social care

Where can you find vacancies?

As foundation apprenticeships are a new programme from 1st August 2025, it may take some time before we start to see lots of vacancies become available. Vacancies will start to appear on the Government's [Find an Apprenticeship website](#), as well as other jobs sites, employer websites and social media.

Who can be a foundation apprentice?

Foundation apprenticeships are only available for young people who are:

- aged between 16 and 21 (or 15 years of age if the apprentice's 16th birthday is between the last Friday of June and 31st August)
- aged between 22 and 24 years old, who either
 - hold an Education, Health and Care plan
 - have been, or are, in the care of their local authority
 - are in prison or a prison leaver

KEY FACTS



Foundation apprenticeships

- typically last for 8 months.
- support progression to more specialised apprenticeships (level 2 or 3) or direct entry to employment.
- help apprentices to develop employability skills and behaviours common to the workplace.
- are paid positions where the apprentice must be paid at least the National Minimum Wage for Apprentices .
- are currently available in 4 sectors, covering 7 different job roles.
- are for young people aged 16-21 (or 22-24 meeting eligibility criteria).
- have their own apprenticeship standard and assessment plan.

Learn more about apprenticeships and technical education
amazingapprenticeships.com

MENTORVERSE

For students in the 10-11 year groups, we present the following avenues:

- Free NHS Virtual Work Experience
- Free Volunteering Placements with the 'You Okay Doc?'
- Free National Study Skills E-learning
- Free Virtual Medical/Dental Society Webinars
- Free Equality, Diversity, and Inclusion E-learning Course for Healthcare Professionals

Your students can access these extracurricular opportunities by signing up for a free student portal:

Medical: <https://medicmentor.org/the-medic-mentor-portal-2/>

Dental: <https://dental-mentor.org/the-medic-mentor-portal-2/>



Enrolling as a bronze pathway student, you can

- Access free work experience each month
- Get access to zoom links for all of our free conferences and meetings
- Access the Wider Reading and Virtual Medical Societies
- Participate in Fundraising
- Download all of your Medic Mentor certificates
- Access Study Skills E-learning
- Access how to advance to other Pathways

Scan to
register!

LIVE!

FREE

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!

Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lw6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lw6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>



Scan to
register!

LIVE!

FREE

Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
- Entrance Exam: UCAT
 - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!

MEDIC MENTOR



YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest In the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals
Birmingham**
NHS Foundation Trust



ALLIED HEALTHCARE MENTOR

Follow multiple patients over a 6-month period, as they go from their initial injury to recovery. It is amazing how many different healthcare professionals are involved in a patient's care. This incredible opportunity showcases a variety of professionals in one day. It gives students a chance to see them in action in various settings from the ward to the community. It is also a fantastic opportunity to see them work together in a multidisciplinary team.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and also each other. Students will have an opportunity to ask questions and gain knowledge through teaching. This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Once they've registered, students will be emailed links to their virtual work experience portals.

Please ask students to check their spam folders and mark their attendance on the day in order to receive their Work Experience Certificates.

This programme is suitable for students in year groups 10/11 who are interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

The sooner students begin work experience, the better. During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in their UCAS applications.

Students will receive certificates as evidence of having participated in the work experience programme. Those that complete the full 5-month programme will also be awarded Highly Commended References.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Join Every First Sunday Of The Month!



Scan to
register!

LIVE!
VIRTUAL

Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers
in our Virtual Allied Healthcare Work Experience.

Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and
what they do day to day, you will **dive into live work experience sessions**
from the safety of your home.

Witness the journey of two patients from injury to recovery over 6
months, and experience how many different healthcare professionals
are involved in a patient's care, from hospital all the way through to a
community team.



ALLIED
HEALTHCARE
MENTOR



CAREER *of the* WEEK

Children's nurse

Children's nurses provide care and support to children and young people, and their families and carers.

As a children's nurse (or paediatric nurse), you'll play a key role in assessing the nursing needs of a child, taking into account their medical, social, cultural and family circumstances.

Excellent communication skills are vital for this role, and you'll need to show empathy and sensitivity when speaking with children and their parents or carers. If you're working with young children, you'll also need to interpret their behaviour and reactions to assess them fully, as they won't be able to explain how they're feeling.

Children's nursing is carried out in a variety of settings, such as hospitals, homes and in the community, and will be part of a multidisciplinary team with other healthcare professionals.

Responsibilities

Depending on the setting, as a children's nurse you'll need to:

- build trusting relationships with children and young people, while listening to and interpreting their needs and concerns
- encourage supportive relationships with families and carers of patients and discuss the best way to deliver their care
- work as part of a multidisciplinary team with other healthcare professionals, ensuring the nursing perspective is heard
- plan person-centred support for children and young people, in partnership with families and carers
- work under pressure to respond to emergencies and stressful situations
- communicate openly and honestly with patients and their families and carers, showing empathy and compassion
- assist with tests, evaluations and observations
- have a reassuring manner when administering drugs and injections to children and young people
- advocate on behalf of patients and their families or carers and educate them about their health, which may include running clinics and education sessions
- make ethical decisions related to consent and confidentiality
- accurately update records and reports before completing a shift.

In more senior roles, you may also need to support and mentor student nurses and newly qualified nurses, and in a children's nurse manager role, you may be responsible for aspects of workforce planning and ensuring quality of care.



For more information [click here](#)