



Your weekly guide to careers information, advice and news from Parklands High School

Welcome to another packed edition of Career News. As always, there are lots of great events and opportunities for pupils and parents/carers.



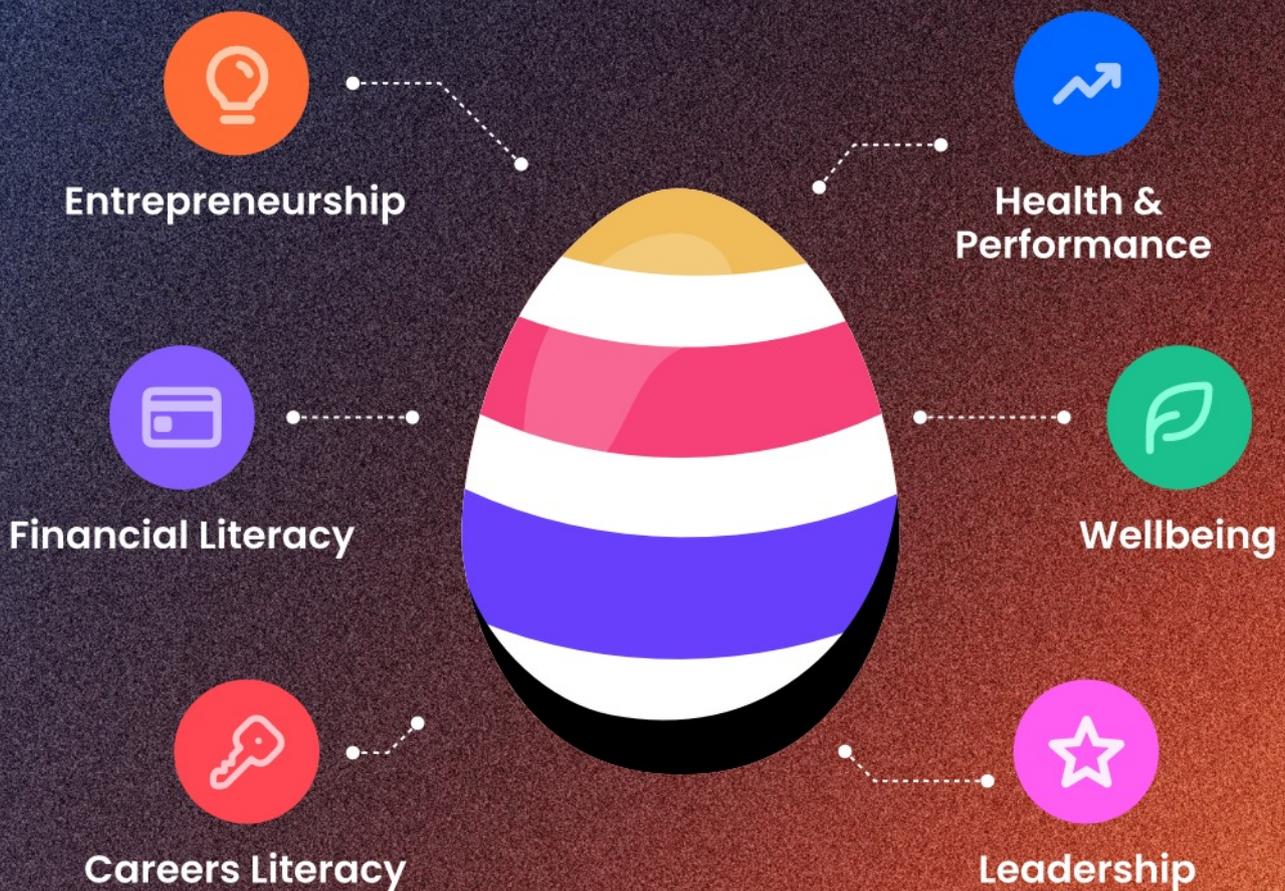
- Next week is our annual Careers Fair. You are very welcome to attend with your child - there are colleges, universities, training and apprenticeship providers and of course, employers from various industries. All of Year 9, 10 and 11 will attend the event - drop me an email if you want to check the time your child will be visiting the fair.
- A small number of pupils will be interviewed by LUSoM next Wednesday, following their successful aptitude tests. These interviews will be held in the Meeting Room on the Admin corridor.
- Runshaw College interviews will be held in school on Thursday 19th and Friday 20th March, in the Conference Room. There will be a list of interview times posted in the Google Careers classroom and outside the Top Office. Pupils do not need to bring anything with them, although a copy of their mock exam results would be helpful to check that pupils are choosing suitable options.
- Pupils should accept all college offers at this stage, even if they have applied to two or more colleges. The only time they need to make a final choice is on GCSE Results Day in August. Until then, they need a Plan B, C or even D! Anything can happen between now and August, including colleges withdrawing courses due to staffing issues or government funding. For example, you may have seen that LIPA has been served with a closure notice (just the school part, not the separate performing arts facility), meaning that hundreds of pupils will now have to be placed in other schools from September.
- Uni Taster Days have a great download on offer: Students' Guide to University 2026. This covers everything from whether university is right for you, what you should study and where you should study it. This is also helpful for anyone currently choosing GCSE or post-16 options, as certain courses/degrees have very specific requirements.
- Work experience is very much on the agenda at the moment - placement booklets are coming in now and there are some fabulous placements being organised. There is lots of information on the website: <https://www.parklandsacademy.co.uk/parents/work-experience> to help with finding and contacting employers: checklists, advice, templates and so on. Have a look and don't leave it too late, as other schools may have the same WEX week as us. The NHS and MPCT programmes are both running again this year - contact Miss Berry for more details.

Have a great weekend!



9th - 13th March 2026

Hatch Your Career



Explore The Critical Skills That Support You In Creating Your Own Path In A World Of Opportunity

#NWC2026



OPEN EVENT

ENGINEERING & MANUFACTURING APPRENTICESHIPS

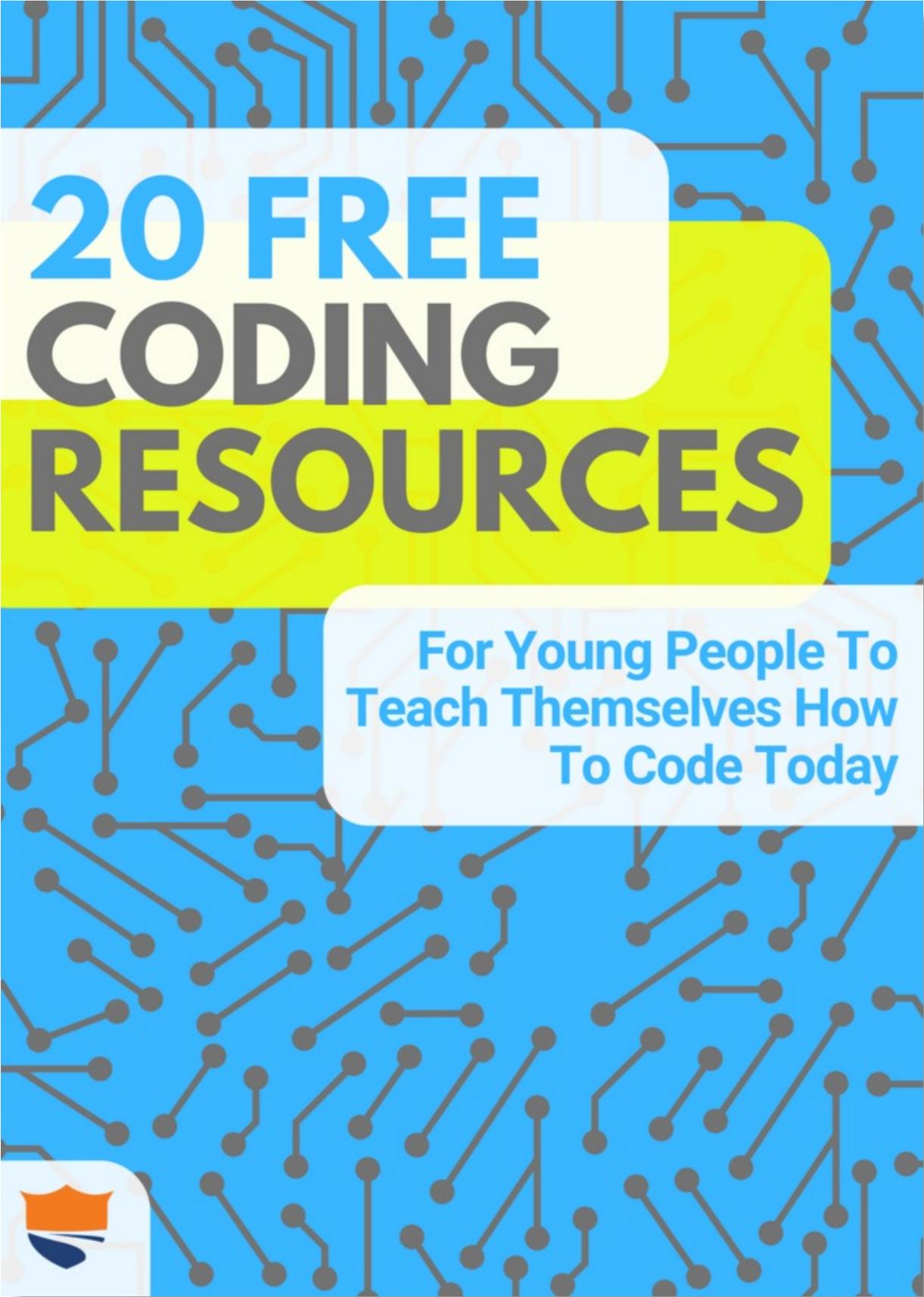
12TH MARCH | 5PM - 7PM

POCKET NOOK STREET, TECHNOLOGY CAMPUS, ST HELENS, WA9 1TW

The evening will begin with a short presentation at 5:15pm, providing an overview of our apprenticeship programmes and the opportunities available for September recruitment. Visitors will have the opportunity to:

- Speak directly with employers about apprenticeship opportunities
- View our facilities and workshops and learn more about careers in engineering and manufacturing
- View live apprenticeship vacancies with Ford Motor Company, Pilkington, Stateside Foods, Diageo, PepsiCo and more.
- Speak with our training team about entry requirements and career pathways

Applications for our 2026 positions are now live via: [Apprenticeship Vacancies | Waterside Training](#)



20 FREE CODING RESOURCES

For Young People To
Teach Themselves How
To Code Today

Supporting your child doesn't always mean doing more - sometimes it's about having the right resources at the right time.

That's why we're sharing our free resource of the month - a practical guide designed to help families support learning in a calm, accessible way.

Download here: [20 Free Coding Resources for Young People](#)

It brings together trusted, handpicked resources young people can explore independently - whether they're curious, confident, or just starting out.

SUCCESS IS *PERSONAL*



A PARENTS & CARERS GUIDE TO

APPLYING FOR APPRENTICESHIPS WITH EDF



A Parents & Carers Guide to Applying for Apprenticeships with EDF

This new practical, easy-to-read guide explains who EDF is, what an EDF apprenticeship involves, the range of programmes available and the benefits of an apprenticeship with EDF. It also lays out the application process and shares tips on how parents and carers can best support young people at each stage of the process.

[DOWNLOAD THE GUIDE](#)

EDF's apprenticeship vacancies are OPEN for applications

Vacancies are open for applications in roles ranging from Wind Turbine Technician to Health Physics Monitor, Engineering Technicians to Human Resources, Project Management to Business Administration, Health and Safety, and more.

[EXPLORE EDF APPRENTICESHIPS](#)



Virtual work experience

If you're interested in applying this year or working for EDF in the future, their virtual work experience programme is still open until **29th March 2026**, helping you to explore EDF careers and learn what employability skills will make you stand out.

Visit EDF's Meet the Employer profile and head to the resources & information section to access the work experience.

[EXPLORE VIRTUAL WORK EXPERIENCE](#)





**T Level
Fashion and Textile
Maker
IS BACK!**



Fashion and Textile Maker

Course Content:

- Fashion and textiles workshops
- 315 hours of work placement
- Preparation for industry standards and use of quality equipment
- Understanding quality assurance within the workplace
- Communication skills in support of creative activities
- Exploring and solving fashion and textiles creative problems

Entry Requirements:

5 GCSE's including Maths and English at a grade 4 and above

LEYLAND TRUCKS

A **PACCAR** COMPANY

Level 3 - Assembly Operative x 10

Level 4 - Automotive Engineer x 4

Level 4 - Facilities & Maintenance x 1

Level 4 - Fabrication and Welding x 1

Level 5 - HR x 1

Level 6 - Design Engineer x 2

Level 6 - IT Software Engineer x 1

Level 6 - Supply Chain x 1

Visit leylandtrucksLtd.co.uk/apprenticeships



Apprenticeships at Leyland Trucks

It's that time of year again! We're thrilled to announce that in 2026, we'll be bringing on board 21 apprentices across a variety of functions, including Operations, HR, Design, IT, and Supply Chain.

We have 10 Level 3 apprenticeships available for Assembly Operators, along with six Level 4 apprenticeships in Automotive Engineering (4 positions), Facilities & Maintenance (1 position) and Fabrication and Welding (1 Position). For these roles, a minimum of five GCSEs at grade 4 or above, including English, Maths, and Science, is required.

We have one HR Apprenticeship available at Level 5, and for our Degree Apprenticeships: we have 2 in Design Engineering, 1 in Supply Chain, 1 in IT Software Engineering. To apply for these roles, you'll need a Level 3 qualification in a relevant subject.

We would encourage you to view the resources available, including our Application and Interview Top Tips.

Our Level 3 and Level 4 Apprenticeship are available to school leavers.

[Level 3 Apprenticeships](#)

[Level 4 Apprenticeships](#)

Each week, our social media accounts will shine a spotlight on the various apprenticeships we are recruiting for, with factsheets, videos and helpful top tips available.

If you know anyone who may be interested in one of these apprenticeships, please direct them to the [Leyland Trucks website](#) for further information and an online application form.

The closing date for all applications is Sunday 1st March 2026.

Parents' Evening: The Newsletter That Helps You Support Your Child's Future



Worried about exams?
Confused about career
options? Wondering what
comes next?

We've got your back.

Get free, quarterly updates
full of expert advice, tips, and
guidance to help your child
make confident decisions
about their future.

- ✓ Exam stress & study tips
- ✓ Uni vs apprenticeship advice
- ✓ Application & interview help
- ✓ Soft skills made simple
- ✓ SEND support for parents
- ✓ Real success stories
- ✓ Live job opportunities

 **Sign Up Today!**

Get practical, no-nonsense advice straight to
your inbox – **plus your free guide:**

"10 Tips to Help Your Child Find Their Career Path"



THE GT SCHOLARS GUIDE TO APPRENTICESHIPS



This guide breaks down what apprenticeships involve, how they work, who they're suited for, and how they can support a young person's long-term career development.

If your child is exploring options beyond traditional academic routes - or simply wants to understand what's available - this is a helpful place to start.

National Apprenticeships Week is a great time to have open conversations about future pathways - and the right information makes those conversations much easier.

You can access the Guide to Apprenticeships here:

<https://gtscholars.org/guide-to-apprenticeships>



Register with
NYT here



WESTHOLME

PREP | SENIORS | SIXTH FORM



Register with
Westholme here

NATIONAL YOUTH THEATRE AUDITIONS

MONDAY 16 MARCH 2026
ALL DAY | 9.30AM - 5PM

**national
youth
theatre**

WORKSHOP RUN BY NYT PROFESSIONALS

AUDITIONS TO BECOME AN NYT MEMBER

£45 FEE - OPEN TO AGES 14 - 25

ONLY 20 PLACES AVAILABLE, SO SIGN UP SOON TO
NOT MISS OUT

PLEASE ENSURE YOU REGISTER VIA BOTH QR CODES



www.westholmeschool.com



The UniTasterDays Students' Guide to University 2026

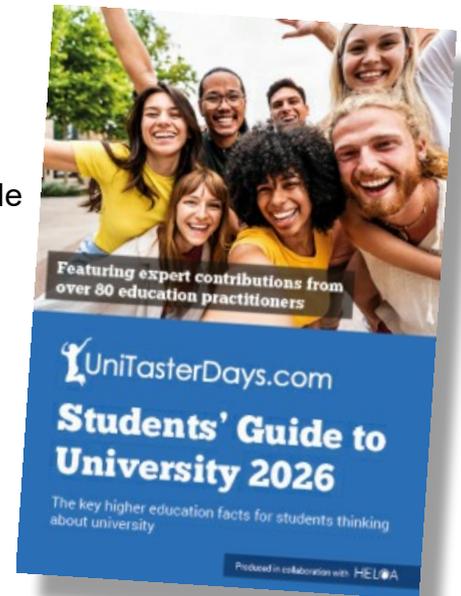
The key higher education facts for students thinking about university

The Students' Guide to University 2026 will allow you to make an informed choice about university. It includes articles to help you decide whether university is right for you, what you should study, and where you should study it.

Contributions have been provided by over 80 university representatives from across the UK, along with expert voices from outside the sector, such as educator and TV personality Baasit Siddiqui. The guide is supported by HELOA, a membership group for university advisers.

It is divided into sections to support you and your students through every stage of the university journey. Topics include researching options, attending events, financing studies, applying, and preparing for university life.

This year, mindful of the cost-of-living crisis, several articles are designed to help you overcome financial difficulty. You'll learn how to explore universities on a budget, secure "free money" to fund your student experience, manage your finances at university, secure a part-time job, and consider more affordable options like studying online.



[Download now](#)

The UniTasterDays Students' Guide to University 2026

- ✓ The key university facts for students
- ✓ Featuring editorial from over 80 university experts
- ✓ Available for direct download!



Are you interested in working in healthcare or medicine?

**Do you want to know more about careers in the NHS?
*(spoiler alert - there are more than 350!!)***

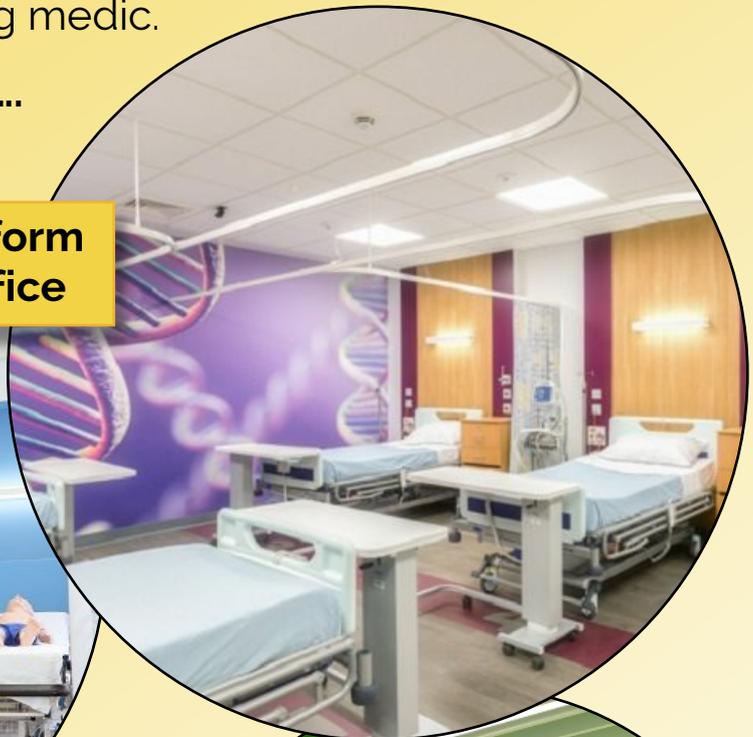
If so - why not sign up to the NHS 'School to Work' work experience programme, held at the LIFE Centre at Chorley Hospital.

It's an informal look at various careers, with talks and demos by health professionals from all different areas: eye specialists, radiographers, pathologists, pharmacists and much more. You will get a tour of the hospital and get to work in the simulated wards, plus take part in lots of interactive tasks and activities. You even get a certificate at the end!

You can't do clinical work experience in Year 10, so this is the next best thing if you are an aspiring medic.

See Miss Berry for more info

**Collect an application form
today from the Top Office**



**Limited to TEN places, so
don't delay - apply today!**

RISE TO SUCCESS: CAREER JOURNEYS



IF YOU LIKE:

- Food technology
- Science
- Baking at home

YOUR CAREER JOURNEY COULD TAKE YOU TO ...



BAKERY TEAM MEMBER

Bake food on an industrial scale



PRODUCT DEVELOPER

Create new food products and improve old ones



QUALITY TECHNICIAN

Responsible for food quality



IF YOU LIKE:

- Maths
- Business
- Games

YOUR CAREER JOURNEY COULD TAKE YOU TO ...



DATA ANALYST

Discover data trends to improve company performance



FINANCE TEAM MEMBER

Keep accurate records to help the company make money



BUYER

Find the best deals for the supplies needed to make products



IF YOU LIKE:

- Art
- Design & technology
- Social media

YOUR CAREER JOURNEY COULD TAKE YOU TO ...



PACKAGING DESIGNER

Design food packaging that's practical and attractive



MARKETING MANAGER

Tell people about new products via social media, TV and print



CONSUMER RESEARCHER

Discover what customers like and don't like



IF YOU LIKE:

- Geography
- Science
- Being active

YOUR CAREER JOURNEY COULD TAKE YOU TO ...



ENGINEER

Keep the factory machinery running



DRIVER

Help deliver the products to stores across the country



WAREHOUSE TEAM MEMBER

Co-ordinate everything in the warehouse



DID YOU KNOW THAT THE FOOD INDUSTRY...

- Employs almost 4 million people in the UK?
- Will always be needed?
- Has a job for you whether you are good at cooking, science, maths, writing or being active?

Visit our website at:
bakethemostoflife.co.uk
to find out more about careers in food.



YOUR STORY YOUR WAY



ST JOHN RIGBY COLLEGE

PATHWAYS OPEN EVENT

Explore your future and discover how our wide range of courses can lead to your dream career.



SAT 28TH MAR
9:30AM - 1:15PM



GATHURST RD
ORRELL





THINK OF YOUR PATH TO **SUCCESS** IN STAGES, YOU HAVE JUST STARTED THE **FIRST STAGE.**

SAAHIRAH AHMED, APPRENTICE

#NCW2026

Network Co-ordinator
NCW

Headline Partner



University of Lancashire
Training 2000

**APPRENTICESHIP
VACANCIES**

First Call Care Ltd
Business Admin Apprentice
Blackburn
£283.12 per week
Business Admin

Holdex Group Ltd
Recaller Apprentice
Bolton
£302.00 per week
Customer Service

Inox Fabrications Ltd
Apprentice Design Engineer
Blackburn
£294.45 per week
Engineering

Marvtech Limited
Electrical Fitting Apprentice
Hapton
£294.45 per week
Engineering

Alan Gordon Engineering Ltd
Apprentice Machinist
Chorley
£286.90 per week
Engineering

NFM Europe
CNC Lathe Operator/
Machinist Apprentice
Bamber Bridge
£302.00 per week
Engineering

Leyland Trucks Ltd
Facilities & Maintenance
Engineering Apprentice
Leyland
£344.00 per week
Engineering

Pets Choice Ltd
Apprentice Maintenance
Engineer
Blackburn
£316.00 per week
Engineering

Apply online: www.training2000.co.uk

Latest vacancies can be found on our website.
Correct on 25th February 2026

DEVELOPING TALENT THROUGH TRAINING

**Some really good opportunities available through Training 2000.
Check out their website for further details and the application forms.**



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FOLLOW US



INVESTIN

CAREERS UNLOCKED

FREE WORKSHOP SERIES



Ever wondered what it takes to break into some of the world's most competitive careers?

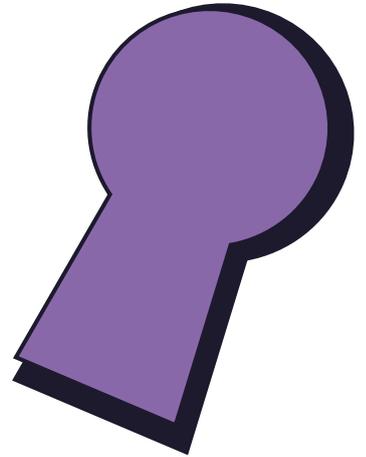
Join us for our new Careers Unlocked series, featuring seven online workshop-style sessions led by experienced industry professionals.

Tuesday How to Become a Doctor
10th March How to Become a Lawyer

Wednesday How to Become an Engineer
11th March How to Become an Entrepreneur

Thursday How to Become a Psychologist
12th March How to Become an Investment Banker

Tuesday **Parent Webinar:**
17th March A Parent's Guide to Life After School



**REGISTER
NOW**



You can also earn a certificate of attendance to use for future applications!



How to Become a Doctor

10th March, 6PM (UK time)

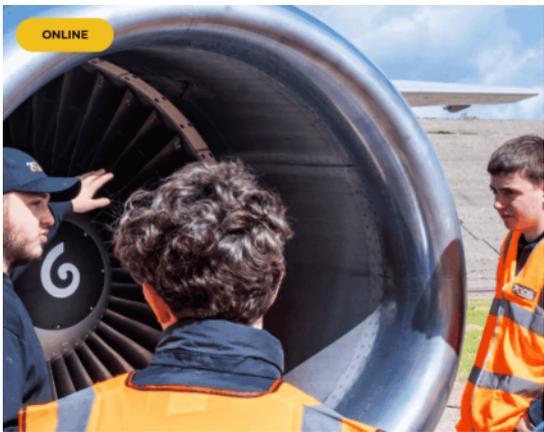
[REGISTER HERE](#)



How to Become a Lawyer

10th March, 6PM (UK time)

[REGISTER HERE](#)



How to Become an Engineer

11th March, 6PM (UK time)

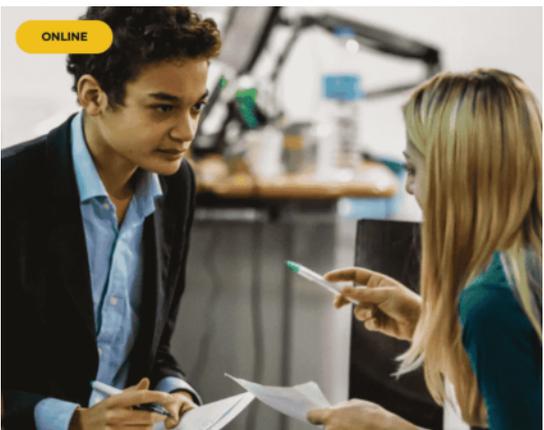
[REGISTER HERE](#)



How to Become an Entrepreneur

11th March, 6PM (UK time)

[REGISTER HERE](#)



How to Become a Psychologist

12th March, 6PM (UK time)

[REGISTER HERE](#)



How to Become an Investment Banker

12th March, 6PM (UK time)

[REGISTER HERE](#)

ONLINE - PARENT WORKSHOP



INVESTIN

Earn a Certificate!

Students who attend and participate will receive a certificate of completion to demonstrate their skills and commitment to future opportunities.

Remember: If you're unable to join live, we encourage you to still register to receive the follow-up recording after the session.

A Parent's Guide to Life After School

17th March, 6PM (UK time)

[REGISTER HERE](#)

Are you looking for practical ways to help your child succeed in today's increasingly competitive job market?

While headlines can be alarming, the challenges graduates face today in securing their dream careers are real. So, how can you help your child make informed career decisions?

The final session in our Careers Unlocked webinar series is designed for parents. Unlike our previous sessions, which focused on students exploring competitive careers, this interactive webinar tackles the graduate job market head-on, giving you the insight and guidance needed to help your child prepare for life after school.

Join us to learn:

- The realities of today's graduate job market trends and in-demand careers**
- Options after school: University applications, apprenticeships and beyond**
- How students can gain meaningful work experience outside of school**
- Practical skills students can start building now**

If you're unable to join live, you can register to receive the follow-up recording after the session.



Young Professionals International Women's Day Event - Manchester

International Women's Day event. This is an evening event taking place on Tuesday, 10th March, 5pm - 8pm, with some of the world's biggest employers.

The event is all about female empowerment in the workplace and inspiring students to make it big in the world of work.

In celebration of International Women's Day, Young Professionals are putting together a fantastic evening conference in the heart of Manchester.

The evening will involve several workshops, panel sessions and lots of networking with some of the world's leading employers. It's an evening celebrating the world of work and the incredible women making a difference in the companies they work for and the industry as a whole.

Employers Attending:

KPMG, BDO, RSM, Grant Thornton, CIMA, The Army, The RAF and many more!

Key Event Details:

Date and Time: Tuesday 10th March - 5pm - 8pm

Location: Britannia Hotel - Manchester

What to expect:

Workshops, networking and inspirational female leaders/speakers

This event is set to be an inspiring evening that allows you to see what a career in the business world could look like for you. There will, of course, be lots of networking opportunities as well as the chance for you to find out what's on offer to you to apply for. This will include summer work experiences, apprenticeships and graduate programmes.

Application Link:

https://www.surveymonkey.com/r/YP_WomensDay





We would like to share with you some information about our final open day of the academic year that may be of interest to your high achieving mathematical students.

Our application form is still open (and can be accessed via our website) with open day providing late applicants with the opportunity to discover more about LUSoM from staff and current students alike. The Admissions team is also on hand to support all applicants with any queries they may have.

We also welcome year 10 students who may be at the start of their journey and are beginning to explore their sixth form options. For further information and the booking link, please see below.

10:00 - 12:30 on Saturday 14th March.

Students have the opportunity to tour our purpose-built building, attend a talk from the Head of School, Peter Tiltman and speak with staff and current students to learn more about life at LUSoM.

Here's the link to book:

<https://bit.ly/4hb66tl>

If you have any queries about the above, please email outreach@lusom.ac.uk.



**LANCASTER UNIVERSITY
SCHOOL OF MATHEMATICS**

UNSURE ABOUT YOUR FUTURE CAREER?

Too many careers to choose from? Feeling overwhelmed? Struggling to match your skills and interests with a desirable career?

These are all natural thoughts and signal an excellent starting point to discovering your dream career.

WHAT TO DO NEXT

- ✓ **Don't panic:** Lots of students are in your position, so there's no need to stress!
- ✓ **Reflect:** Ask yourself simple questions like what are my strengths? What inspires me? What subjects do I enjoy?
- ✓ **Understand:** Research, network and explore what different careers involve, including the skills, experience and qualifications required.
- ✓ **Explore:** Seek hands-on experience and learn first-hand whether you are suited to a career or industry.

THE CAREER QUIZ

If you're unsure about your future, the best place to start is our Career Quiz, which helps you discover an industry that aligns with your skills, interests and aspirations.

Over 30,000 students have already completed the career quiz and received personalised career advice. Take the quiz today!

WEEKEND PROGRAMMES

Are you aged 15-18 and curious about life after school?

Join us in March for an immersive one-day career taster in London, offering hands-on workshops and real-world career simulations alongside industry professionals.

Test-drive your dream career in 2026!

TAKE
THE
QUIZ





The UKCAT People

Free Webinar Details:

- **Ultimate Guide To Getting Into Medicine And Dentistry for 2027 Entry**
- **Wednesday 24th March 2026, 19:00-20:15 UK time**
- **Online via zoom**
- **Led by:** Dr Akash Gandhi - GP & lead medicine & dentistry mentor at TheUKCATPeople

Registration link: <https://www.theukcatpeople.co.uk/event-details/ultimate-guide-to-getting-into-medicine-dentistry-2027-entry-y11-12-1>

What will we cover?

- Overview of applying to medical & dental school in the UK
- Entry Requirements (GCSE/A-Levels)
- UCAT & 2026 Changes
- Work Experience & Volunteering Requirements
- Personal Statement - Wider Reading & Extra-Curricular Requirements
- Oxbridge Applications
- Q&A for parents & students - have all of your questions answered by the team

The webinar is free to attend and places are limited.

Please register early as the event usually fills very quickly.

Register Now (Limited Tickets)

Specsavers Work Experience is now live!

Help your students build skills, explore careers, and discover Specsavers.



There are 6 modules to choose from:



Optometry

Discover vision issues, use tech to diagnose and communicate with care.



Audiology

Explore hearing, how ears work, and how to help patients.



Finance

See how Specsavers' finance teams work together to keep things running.



Tech

See how tech powers Specsavers – from clinics to stores to supply chains.



Marketing

See how Specsavers turns ideas into campaigns and try your own creativity.



Retail Support

See how Retail Support helps Specsavers grow through property, fit-out, and business development.



Work Experience

Specsavers

Work Experience Programme



20 min - 1.5 hours
module completion time



Certificate
on completion



SIGN UP TODAY

Specsavers' Virtual Work Experience takes you behind the scenes of the world's largest private provider of eye and audiology care- made up of thousands of locally owned businesses run by opticians, audiologists, and partners.

Sign up and start your Specsavers work experience journey today!

[CLICK HERE TO FIND OUT MORE AND SIGN UP](#)



Introduces





QEGS

SIXTH FORM

Old Co Scholarships

The supporting body of Queen Elizabeth's Grammar School, Old Co, are delighted to offer up to 10 scholarships per academic year to Sixth Form students. Each scholarship is worth £2,000, payable in two installments, the first in December of Year 12 and the second in December of Year 13.

To be eligible to apply you must:

- achieve at least 5 grade 7s and above in your GCSEs in June 2026, with grade 8 or above in the subjects you wish to study at A level
- have excellent attendance at your current school
- wish to contribute fully to Sixth Form life by joining our clubs and societies.

Application forms can be requested by emailing spalmer@qegsblackburn.com

Application forms must be returned to QEGS admissions by 30th April 2026. All applications will be acknowledged.

You will then need to enrol at QEGS Sixth Form on 20th or 21st August 2026. Successful applicants will be informed by 31st October 2026. If there are more applicants than scholarships then the decision made by Old Co will be final.

Apply now: [QEGSblackburn.com/sixth](https://qegsblackburn.com/sixth)

01254 686300 | sixth@QEGSblackburn.com | QEGS Sixth Form, West Park Road, Blackburn, BB2 6DF

 @QEGS_Blackburn  /QEGSBlackburn


Ofsted
Rated Good
with Outstanding features


MULTI ACADEMY
TRUST

INVESTIN presents:

Getting Your Foot in the Door

A Quick Guide to Preparing for Your Future Career

Your career might feel a long way off, but the steps you take at school will bring you closer to your dream job than you realise.

Early career preparation is key to getting your foot in the door and kickstarting your future.

Here are the steps you can take towards your future career

Build in-demand skills

Look for opportunities inside and outside school where you can practise key skills like communication, critical thinking and digital fluency.

Understand what drives you

Take time to reflect on what you enjoy, what motivates you and the type of environment you work best in.

Explore careers in the real world

Turn curiosity into clarity by speaking to industry professionals, attending career events and participating in hands-on career programmes.

Gain early industry exposure

Seek work experience, shadow professionals and learn how workplaces really operate by talking to friends and family about their jobs.

Free resources to prepare you for your future

Future of Work
Webinar Series

Getting Your Foot in the Door

*How to Prepare for Career Success
InvestIN Education*

The InvestIN
Career Quiz

Ready to take the next step?

Discover InvestIN Weekend Programmes

Gain hands-on industry experience in your dream career in London this March.

Choose from 15 competitive careers and register today!



Register Now

info@investin.org

+44 (0) 203 488 5089

www.investin.org





BMW Group Apprenticeships are live!

[FIND OUT MORE](#)

**Exciting opportunities are
available for your students**

BMW GROUP

BMW Group are offering paid, hands-on opportunities with the world's leading premium automotive manufacturer.

Renowned for innovative engineering, cutting-edge technology and a commitment to quality, BMW Group is where ambition meets opportunity.

Here's what they could gain:

-  Build future-ready skills
-  Learn from industry experts
-  Work on real projects



No experience?

NO PROBLEM!

BMW Group apprenticeships give learners the right start and the tools to grow.

Apprentices will benefit from:



**Paid
training**



**Recognised
qualifications**



**Career
progression**

All while being supported in a collaborative, forward-thinking environment where innovation, sustainability and personal development matter.



A step towards their future career.

This is your students' chance to begin a rewarding career with a global brand shaping the future. Share the opportunity with them today!

EXPLORE OPPORTUNITIES



GET MY

FirstJob

Where it all starts.

DISCOVER YOUR CAREER



GT Scholars

1-TO-1 TUTORING & MENTORING PROGRAMMES

Are you an ambitious young person aged 10-18?

Would you like to boost your leadership skills? Are you keen to improve your grades? Our 1-to-1 programmes might be just for you!

Each term you'll get access to:



Online Tutoring

12 hours of academic support, including 10 hours of 1-to-1 online tutoring in Maths or English up to GCSE



Online Mentoring

6 hours of 1-to-1 online mentoring sessions with professionals and graduates from top companies & universities



Personal Development Courses

3 new personal development courses each year, group coaching sessions & unlimited access to our online learning hub

<https://gtscholars.org/register-your-interest>



DON'T MISS OUT!

Unlocking Your Future:

The Power of Apprenticeships

inno
vate
<her>

Student Feedback

"It was great! I loved hearing about different opportunities other than university. I would definitely consider applying for an apprenticeship now. I loved hearing advice from those who are apprentices already!"

"Interesting and told me lots of different things about the tech business, it also taught me more about apprenticeships and the work around it."

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vate
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In this 20-minute activity, students will gain a deeper understanding of apprenticeships and the opportunities that they can provide.

The resource provides:

- An apprenticeship mock application
- Role Model, Amber, who discusses her journey and experience as an apprentice

A spotlight on the exciting possibilities apprenticeships offer.

Complete the activity via the button below

[Access Here](#)

The science behind your favourite book

Paper was first made in China **2,000 years ago**.



59% of paper is recycled making it the most recycled material.



It can even be turned into wall insulation!



Fast-growing trees like **eucalyptus** and **pine** are used to make paper.



Cellulose (a strong fibre) is extracted from plants to make paper.



Pulp (a mix of plant fibre and water) is spread, pressed and dried to produce sheets.



We can process **6-8% more information** if we read paper vs digital books.

5 litres of water are needed to make **1 sheet** of A4 paper.



Be curious – Ask more questions!

Where did the paper in my book come from?

Is all paper recyclable?

Are e-books better for the environment than paper books?

Who made this book and where was it made?

How could we make books more sustainably?



careers connection

Foresters plant, manage and harvest trees for timber production and conservation.

Top essential skills:



careers connection

Chemical engineers add chemicals, to bleach or alter the properties of paper. They're creating more environmentally friendly dyes.

Top essential skills:



What question will you ask?



Make 2026 your year with this month's top new and free courses

Whatever plans you have this year, get the tools to make them happen. Discover the expert content to help you transform your career and keep your new year momentum going, all year long.

Ready to start learning? Explore this month's course picks.

Top free courses

Stay on track with your resolutions with our range of **free courses**.

Business



Accenture

Digital Skills: Digital Marketing

Creative Arts



Arden University

Design Your Future

Nature



University of Reading

Integrating Food and Energy Production on Farmland

[Browse free courses](#)

A stylized illustration of a graduate in a blue suit and cap, running and holding a red diploma. Several other graduation caps are floating around them, suggesting a celebratory atmosphere.

Take your learning a **degree** further.

[Explore degrees](#)

OPEN EVENTS

5-7PM

15TH OCTOBER

18TH NOVEMBER

15TH DECEMBER

9TH FEBRUARY

12TH MARCH

12TH MAY

18TH JUNE



UK university & apprenticeship search fairs

SPJ LONDON S P Jain London School of Management

schools.liaison@spjain.ac.uk

A BUSINESS DEGREE WITH A BOARDING PASS

Business is global. Your degree should be too.

Our **BBA (Hons) Bachelor of Business Administration** degree does just that by offering immersive learning and internships across 4 global cities - London, Dubai, Singapore and Sydney.

£8,000 Travel Bursary

2026 Events

It was fantastic to welcome so many of you to our autumn events. We also have fairs taking place across the UK in Spring and Summer 2026 at stadiums and universities. Our upcoming 2026 UK University & Apprenticeship Search events in your region are as follows:

- **Manchester - Old Trafford Stadium - 27th February** - [see details here](#) - email emma@ukuniversitysearch.co.uk for further details or to book places.
- **Lancaster University - 24th March** - [see details here](#) - email emma@ukuniversitysearch.co.uk for further details or to book places.
- **University of Derby - 17th April** - [see details here](#) - email dan@ukuniversitysearch.co.uk for further details or to book places.

For a full list of our spring & summer events please visit our [website](#).

28th April - 30th April

2026

Meet the **RUSSELL GROUP**

Afternoon Session: 12:00 - 13:30

Evening Session: 16:30 - 18:00

www.ukuniversitysearch.com/fair-signup/russell-group-webinars

Our **Meet the Russell Group Webinars** will be returning on **28th - 30th April**. These are incredibly informative for students considering applying for RG universities. The webinars will cover topics such as Student Life, Personal Statements & Applying to an RG University. You can **register for this spectacular event below**.

[Register Here](#)



Myerscough
College & University Centre
EMPOWERING FUTURES
Since 1894

- ✓ School Leavers
- ✓ Apprenticeships
- ✓ University Degrees

Course Advice Morning



The North West centre for land-based, sport, engineering and science education

Download our 2026 School Leaver Prospectus

Saturday 7th February 2026
Saturday 18th April 2026

CENTRES ACROSS THE NORTH WEST PRESTON • WARRINGTON
LIVERPOOL • MANCHESTER

www.myerscough.ac.uk

Why choose the Preston Centre of Sporting Excellence?

- Three different vocational levels for 16 to 19 year olds
- Lessons are delivered at Preston College; sports hall, 3G pitch, fitness suites and classrooms
- High level of competition in football with the opportunity to represent Preston College and Preston North End Community and Education Trust (PNECET)
- Work experience opportunities with PNECET
- Assessed through the completion of a portfolio, formal assignments, presentations, in class tests and practical assessments
- A progression pathway into higher education with the University of South Wales, scholarships or employment
- Dedicated recruitment team to support any application or interest



Scan the QR code to complete our
expression of interest form or for further information

 john.lee@pne.com

Applications for entry September 2026
open on October 1st 2025

Find out about Dunelm apprenticeships!

Starting your career with Dunelm opens a world of possibilities

Dunelm will be opening their apprenticeship vacancies on the 2nd February 2026 across a range of roles, including Supply Chain & Logistics, Commercial, Retail, and an exciting new Fitter Apprenticeship opportunity.

But be quick, the roles are very popular!

There are lots of ways you can find out more about these incredible opportunities, depending on what programmes you're interested in...



Learn about the apprenticeship roles on offer with Dunelm

Meet the Early Careers team at Dunelm to learn about their exciting apprenticeship opportunities, including Retail, Supply Chain & Logistics, Commercial, Fitter and more. In this recording you'll find out about Dunelm's early careers programmes and pick up some hints and tips for your apprenticeship application.

[**WATCH NOW**](#)

Learn about the new Fitter Apprenticeship ahead of its launch

Join us on 15th January to find out about Dunelm's new Fitter Apprenticeship - a unique role blending hands-on technical skills, customer interaction and the freedom of being out on the road. Apprentices work towards a Customer Service apprenticeship qualification, while gaining specialist training in fitting blinds in customers' homes.

[**REGISTER FOR LIVE WEBINAR**](#)



And if you can't wait ...



Check out Dunelm's virtual work experience programme

Dunelm has created their first-ever virtual work experience programme, created in partnership with Springpod.

This exciting opportunity is designed for students aged 13 and up, offering seven hours of immersive content across a range of modules that reflect the many areas of the business - from retail and customer service to product development, marketing, and more.

[**FIND OUT MORE**](#)

Virtual Work Experience with Dunelm: Careers, Skills, and Opportunities

In partnership with:



Step inside Dunelm, the UK's favourite homewares retailer, and discover what it's really like to work both in-store and behind the scenes. This Virtual Work Experience programme gives you a unique opportunity to explore a wide range of careers – from retail and supply chain to tech and head office roles – all while building valuable employability skills.

Through interactive activities and expert insights, you'll gain a deeper understanding of how a big business operates and what it takes to succeed in today's world of work. Whether you're interested in customer service, logistics, or digital innovation, this programme will help you find your happy place and take your first step towards a rewarding career.

-  This programme is open to anyone aged 13+
-  Certificate of completion
-  Over 7 hours worth of content
-  Complete at a pace that suits you

Scan Me
To sign up for this course



Gaining Experience Beyond The Classroom

INVESTIN
THE ULTIMATE WORK EXPERIENCE

Why?

Gaining work experience or doing extracurriculars is data-gathering for your future; you will learn what you like and dislike, what motivates you or doesn't. Plus, it's a great way to stand out in future university and job applications! University admissions tutors are looking for applicants who are dedicated to their subject and have taken the time to explore it beyond the classroom.

Work Experience

What counts as work experience?

Any professional environment where you are developing and applying skills is a form of meaningful work experience!



What?

- **Shadowing**
Observing someone in a working environment
- **Volunteering**
Such as at charity shops, care homes or tutoring
- **Insight days & workshops**
Online or in-person programmes for students
- **Part-time job**
Such as in a cafe/restaurant, shop assistant
- **Formal placements & internships**
Typically more widely available for 18+

Where?

- **Look local**
Research organisations in your local area and enquire about shadowing or volunteering opportunities
- **Use your network**
Ask friends, family, teachers for any relevant connections
- **Look out for formal schemes**
Research opportunities for school students on sites like [Prospects](#), LinkedIn or the [Student Ladder](#)

Extracurriculars

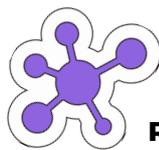


Consider what you already do outside of school - **what does it say about your interests or skills?**

Then, consider how you could develop further the skills required for your dream university course or career.

Socialising

Communication
Empathy



Sport

Leadership
Teamwork

Music or drama

Creativity
Commitment

Reading & writing

Analytical thinking
Attention to detail

What can I do in my free time to develop my skills?

Read or listen to podcasts related to your subject interests

Raise money for a charity or awareness about an issue important to you

Set up a club: STEM, debating, photography, newspaper, documentary...

Create your own portfolio of work, e.g. create a GitHub account to log your coding projects

Produce a journal or research project

Organise an event (marketing, sales & project management)

Manage a budget for a trip or holiday

Talk about your experiences in your applications...



Gaining experiences beyond your studies is only meaningful in your personal statement if you know how to relate them to your chosen course!

THINK: why has your extracurricular/work experience/project contributed to your passion or compatibility for your chosen subject? How did it ignite your spark for that field?

Looking to gain work experience? Check out InvestIN's programmes at www.investin.org



GAIN THE ULTIMATE WORK EXPERIENCE THIS SUMMER



1 and 2-week programmes for students aged 15-18

Register now with code EARLY15 for 15% off Summer Experience Programmes!



Work with **top professionals** and explore **real workplaces**



Gain a **qualification** in work experience to boost your university application



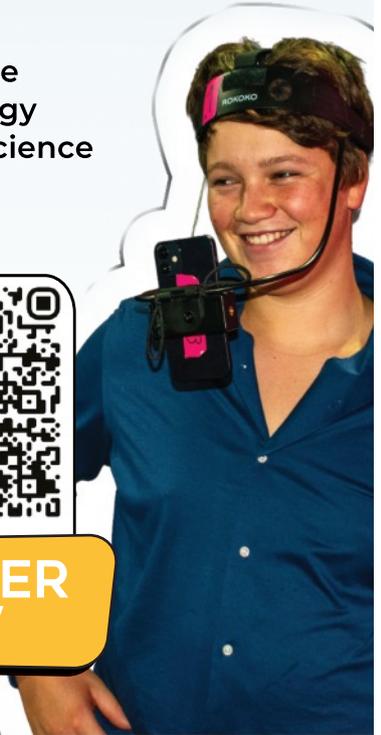
Experience **university life** on-campus at UCL

Choose from 15 different careers

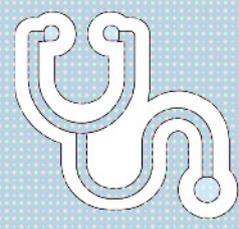
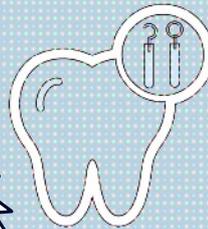
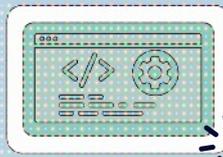
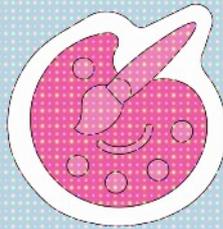
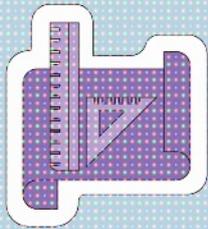
- Art & Design
- Architecture
- Computer Science
- Dentistry
- Engineering
- Entrepreneurship
- TV & Filmmaking
- Forensic Science
- International Politics
- Investment Banking
- Law
- Media
- Medicine
- Psychology
- Veterinary Science



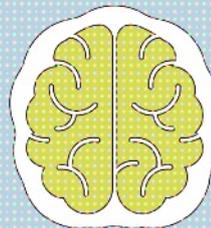
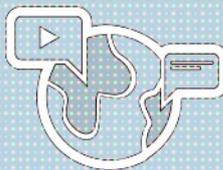
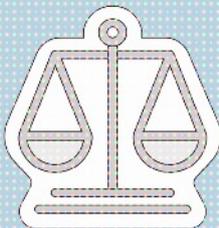
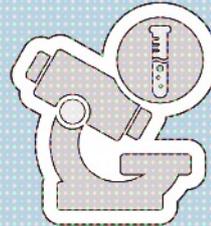
REGISTER NOW



www.investin.org/pages/career-quiz



What career is right for you?



INVESTIN

THE ULTIMATE WORK EXPERIENCE



Review of your skills



Recommended subject choices & resources



Top tips from professionals



Take our **5-minute career quiz** to learn more about the industry you're best suited to



Discover your future



PREPARING LIFE

FOR WHAT YOU'LL THROW AT IT

Our Military Academy holds open days **every Friday.**

GET IN TOUCH TODAY TO BOOK YOUR PLACE!

- 50% physical and 50% academic training.
- Our roll-on roll-off course means you can join today!
- 90% of our learners progress into military or civilian roles.
- Financial support available.

IN ASSOCIATION WITH



IN COOPERATION WITH



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SCAN NOW TO
BOOK YOUR PLACE



visit mpct.co.uk

call **0330 111 3939**

Subject Guide Videos



These impartial videos have one key aim. To support students who are considering university to make informed future subject decisions. They feature guest speakers from a range of different universities, who are always experts in the subject being explored.

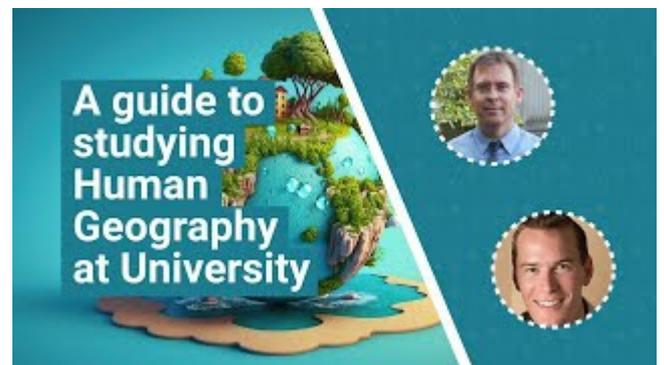
Including the UK's first video subject guide!

Different subjects, but the same four themes explored in every single one:

- Why students may wish to consider the subject
- What to expect if they study it
- An overview of the careers it may lead to
- Application tips if they go on to apply

From Accounting to Zoology - and 100's of subjects in between. You can browse any of the videos, search by keyword, or filter by subject.

[CLICK HERE](#)



MENTORVERSE

For students in the 10-11 year groups, we present the following avenues:

- Free NHS Virtual Work Experience
- Free Volunteering Placements with the 'You Okay Doc?'
- Free National Study Skills E-learning
- Free Virtual Medical/Dental Society Webinars
- Free Equality, Diversity, and Inclusion E-learning Course for Healthcare Professionals

Your students can access these extracurricular opportunities by signing up for a free student portal:

Medical: <https://medicmentor.org/the-medic-mentor-portal-2/>

Dental: <https://dental-mentor.org/the-medic-mentor-portal-2/>



Enrolling as a bronze pathway student, you can

- Access free work experience each month
- Get access to zoom links for all of our free conferences and meetings
- Access the Wider Reading and Virtual Medical Societies
- Participate in Fundraising
- Download all of your Medic Mentor certificates
- Access Study Skills E-learning
- Access how to advance to other Pathways



STRONGER STARTS PROGRAMME OPEN FOR APPLICATIONS!

Tesco's Stronger Starts apprenticeship programme is now open, offering two fantastic apprenticeship pathways for young people, the well-established Retail Apprenticeship and the brand-new Maintenance Apprenticeship.

Stronger Starts is a fantastic opportunity for young people to kickstart a career in retail or maintenance, enjoy a brilliant starting salary, and receive lots of support and coaching along the way.

Read on for more information on the roles, links to apply, tips on applying and our upcoming webinar with the Tesco Early Careers team...

THE ROLES



Maintenance Apprenticeships

Stronger Starts are now offering a Maintenance Apprenticeship! Apprentices will work alongside earning a Level 2 Property Maintenance Operative qualification – equivalent to 5 GCSE passes.

The 18-month programme sets you up with the skills you need for everyday duties in maintenance jobs.

FIND OUT MORE



Retail Apprenticeships

Retail apprentices will work, earn and learn, gaining a Level 2 National Standard in Retail qualification over the course of the programme.

You'll gain hands-on experience of how a store operates, and have the opportunity to experience different roles and tasks across the store.

FIND OUT MORE

Retail Apprenticeship What skills do you gain?

It's not just about stacking shelves!

RETAIL

Learn about all areas of retail and how a store works across all areas.

BUSINESS

Develop an understanding of how a business works - on a store and national level.

CUSTOMER SERVICE

Develop customer service and communication skills in a wide range of scenarios.

SOCIAL MEDIA

Gain knowledge of the impact social media has on brand reputation.

TECHNOLOGY

Become proficient at using a range of different technologies.

FINANCE

Handle money and using financial operations in real-life situations.

STOCK

Learn to manage stock availability using systems and procedures.

PRODUCT PLACEMENT

Develop an understanding of product placement promotional activities.

TEAMWORK

Build your people and teamwork skills by working with a wide variety of colleagues.

TIME MANAGEMENT

Progress your time management skills and learn how to prioritise tasks.

PROBLEM-SOLVING

There will be lots of opportunities to develop your problem-solving skills in retail.

COMMUNITY

Gain knowledge of supporting local communities.



Scan to
register!

LIVE!

FREE

Get Into Medicine.

CONFERENCE

One of our doctors (Chief Mentors) will take you step-by-step through your application to medical school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
 - UCAT Exams
 - Extracurriculars
- Accessing Medical Leadership Programmes, Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to medical school stand out!

Understanding the pivotal role that work experience plays in shaping a student's perspective on their future career, we're delighted to extend an invitation to your students to participate in our FREE 6-month medical or 4-month dental virtual work experience programme.

Aiming to provide students with insights into the medical and dental fields, this free virtual work experience empowers students to make informed decisions about their future.

Students aged 14 and above are eligible to apply for a placement for FREE through these links:

Medicine: <https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Dentistry: <https://dental-mentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Virtual work experience has been recognised by the Medical Schools and Dental Schools Council as a valuable substitute for in-person shadowing. This endorsement is underpinned by the Health Education England Discovery report, which highlights the positive impact of virtual work placements.

This virtual experience not only serves as a dependable alternative to traditional shadowing but also plays a pivotal role in equipping students with the necessary skills for their in-person work placements. In 2024, these 6-month medical and 4-month dental work experience programmes facilitated over 30,000 secondary school students in accessing complimentary work experience opportunities. Through structured instruction and direct engagement with healthcare professionals, students are well-prepared for their future endeavours.

Crafted in collaboration with Birmingham Universities Hospitals Trust and built with the flexibility of an E-learning format, participants can navigate their placements at their own pace, exploring vital topics like ethics, procedures, and broader team roles. This virtual experience not only enhances students' UCAS applications, but also strategically prepares them for the practical challenges and opportunities ahead.

Taking part in the Virtual Work Experience will provide:

- **Comprehensive Insights:** The programme covers a range of specialities, providing a deep understanding of medical and dental practices. Each month, a new focus area is introduced, allowing participants to delve into different aspects of the field.
- **Flexible Participation:** Tailored for students from years 10-11, the programme accommodates various schedules by being virtual. Participants have one month to complete each specialty, ensuring flexibility and ease of participation.
- **Recognised Certification:** Upon successful completion of all sessions, students will receive a certificate from Medic Mentor and UHB, validating their active participation which they can include in their UCAS and apprenticeships applications.

***The new speciality on General Practice or
Public Health & Oral Pathology is available now.***

Registering for these programmes is simple - students just need to complete the free online application form:

Aspiring Medics: <https://airtable.com/appgXnyzN5ZD9lwk6/shrGJUAtigzZzDwTN>

Aspiring Dentists: <https://airtable.com/appgXnyzN5ZD9lwk6/shr1YAbWctfkXarfQ>

Previously successful Medical students:

<https://medicmentor.org/successful-student-journeys-reviews/>

Previously successful Dental students:

<https://dental-mentor.org/successful-student-journeys-reviews/>

From Secondary School Student to Medical Scholarship Student: a step-by-step guide on getting into medical school successfully: <https://medicmentor.org/become-a-medic-mentor-student-2/>



Scan to
register!

LIVE!

FREE

Get Into Dentistry.

CONFERENCE

One of our dentists (Chief Mentors) will take you step-by-step through your application to dental school.

This includes:

- Application Timelines
- Interview Training
- Personal Statements
 - CV Building
- Entrance Exam: UCAT
 - Extracurriculars
- Accessing Medical Leadership Programmes,
- Awards Programmes and Scholarships to University

You'll also hear from a recently successful applicant on what it takes to make your candidacy to dental school stand out!

MEDIC MENTOR



YOUR MEDIC FAMILY

The Medical Schools Council acknowledges virtual work experience as an equal alternative to in-person shadowing based on a discovery report conducted by Health Education England. I encourage students aged 14 and over, interested in medicine to participate in our FREE National NHS Virtual Work Experience programme. We are pleased to offer a variety of medical specialties, with a focus this month on palliative care. This enables your students to gain a well-rounded perspective of working within the NHS.

This opportunity is for students in Years 10-11.

<https://medicmentor.org/university-hospitals-birmingham-trust-virtual-work-experience/>

Developed in collaboration with Birmingham Universities Hospitals Trust, this Virtual Work Experience has proven to be transformative for thousands of secondary school students over the past year. It also provides a strong foundation of knowledge for students who are preparing to undertake future in-person placements.

We've designed a 6-month medical e-learning work experience programme, focusing on one specialty each month, allowing students to set their own pace of learning. From structured teaching to direct interaction with doctors and healthcare professionals, our programme ensures students not only observe procedures but also gain a broader understanding of roles within the medical field.

Covering everything from confidentiality and ethics workshops delivered by the GMC to clinical procedures, our virtual work experience provides a crucial overview, thereby enhancing your students' UCAS applications.

Signing up is easy – students simply need to fill out the free online application form:

Why the Medic Mentor Virtual Work Experience is the largest in the UK...

- There are 6 Sessions in total providing the longest and most in-depth work experience available
- It covers 6 different areas of medicine whereas other work experiences only cover 1 or 2
- It is e-learning based so students can complete it in their own time around school work
- Students have 30 days to complete one session and then the next session drops
- Students are provided a certificate of completion once all 6 sessions are done
- Involves real doctors, clinical settings and high fidelity simulations
- Takes students on a complete patient journey
- Students get an insight into the multidisciplinary team
- Includes a free reflective journal (great for personal statements)
- It's completely free!
- *Why not sign up today?*



**University Hospitals
Birmingham**
NHS Foundation Trust



Follow multiple patients over a 6-month period, as they go from their initial injury to recovery. It is amazing how many different healthcare professionals are involved in a patient's care. This incredible opportunity showcases a variety of professionals in one day. It gives students a chance to see them in action in various settings from the ward to the community. It is also a fantastic opportunity to see them work together in a multidisciplinary team.

During the work experience day, students will follow 2 patients from their initial presentation to recovery. Students will observe the healthcare professionals as they interact with the patients and also each other. Students will have an opportunity to ask questions and gain knowledge through teaching. This will help students to make an informed career decision as well as learn about how healthcare professionals work together as part of a multidisciplinary team. Each work experience day is completely different and students will be able to build on their knowledge of NHS careers as they see different patient cases and their healthcare professionals work in a variety of settings, such as hospital and community. For this reason we recommend that students attend one work experience a month for 6 months to not only gain a deeper knowledge of multidisciplinary teams in general but also their chosen careers.

Register here: <https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Once they've registered, students will be emailed links to their virtual work experience portals.

Please ask students to check their spam folders and mark their attendance on the day in order to receive their Work Experience Certificates.

This programme is suitable for students in year groups 10/11 who are interested in the following careers:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
- Dietetics
- Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
- Pharmacy

The sooner students begin work experience, the better. During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team.

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make an informed career decision and demonstrate their commitment to healthcare in their UCAS applications.

Students will receive certificates as evidence of having participated in the work experience programme. Those that complete the full 5-month programme will also be awarded Highly Commended References.

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs:

<https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/>

Join Every First Sunday Of The Month!



Scan to
register!

LIVE!
VIRTUAL

Allied Healthcare Work Experience

Take your first steps into the world of healthcare careers
in our Virtual Allied Healthcare Work Experience.

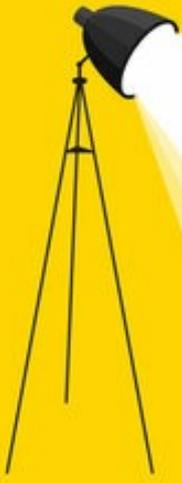
Meet this month's AHP professional **guest speaker**, from **9 - 10am**, and
then dive into live work experience sessions.

After a compelling talk from our guest speaker about their career and
what they do day to day, you will **dive into live work experience sessions**
from the safety of your home.

Witness the journey of two patients from injury to recovery over 6
months, and experience how many different healthcare professionals
are involved in a patient's care, from hospital all the way through to a
community team.



ALLIED
HEALTHCARE
MENTOR



CAREER *of the* WEEK

Family support worker

The challenging and varied role of a family support worker is ideal for anyone hoping to make a positive impact on the lives of children, young people and families.

As a family support worker, you'll offer practical help and emotional support to families experiencing short or long-term difficulties. You'll typically be employed by local authorities' social services departments, charitable organisations or health and social care agencies.

The focus of your role is to empower service users to address various challenges and reduce problems and risks in their lives. You'll do this by providing hands-on support, and in some cases, you'll help make it possible for children to remain with their family.

You might help parents and children with a range of social and personal issues or specialise in a particular area such as domestic abuse, bereavement or homelessness.

Job titles vary and you may also be known as a:

- early help practitioner
- family intervention officer
- family outreach officer
- family welfare assistant
- key worker
- parenting support worker
- project worker

Responsibilities

Families are usually referred to you by a social worker, and you may work together to assess and support the service users. Your role will vary depending on the needs of the family you're helping, but you may also have a specialist area, depending on your employer's focus.

The challenges faced by your service users could relate to:

- anti-social behaviour and criminal activity, such as a parent in prison
- behaviour and social interaction
- bereavement and caring responsibilities
- bullying
- disability
- domestic violence and abuse
- drug and alcohol addiction
- education and learning
- finance and debt
- housing and homelessness
- language barriers
- learning difficulties
- marital discord, separation and divorce, including care orders
- mental or physical health issues
- parenting skills
- physical and mental health issues, disabilities and learning difficulties



For more information click [here](#)