

Subject	Dance	Year Group	Y10 & 11			
YEAR 10	Y10 Autumn 1	Y10 Autumn 2	Y10 Spring 1	Y10 Spring 2	Y10 Summer 1	Y10 Summer 2
Scheme overview & purpose	<p>Practical Introduction to warming up for dance. (Safe Working Practices) Motifs displaying the physical skills</p> <p>Theory Introduction to the dance course. Physical Skills What is a motif?</p>	<p>Practical Shift Motifs with Technical Skills</p> <p>Theory Technical Skills Expressive Skills</p>	<p>Practical Introduction to choreography. Working with a stimulus.</p> <p>Theory Choreography Skills including hypothetical choreography</p>	<p>Practical Recap Shift Begin Breathe</p> <p>Theory A Linha Curva Mental Skills</p>	<p>Practical Artificial Things Choreography skills</p> <p>Theory Artificial Things Safe Working Practices</p>	<p>Practical Shift & Breathe Emancipation of Expressionism</p> <p>Theory Emancipation of Expressionism Choreography & Performance skills</p>
Knowledge in sequence	<p>Warming up. * Pulse raiser, Mobility, Stretching. * What are these sections? What do they look like? * Students to create & deliver warm ups. * Why do we warm up?</p> <p>Motifs (practical & theory) * What is a motif (definition) * How can you develop a motif? * Describing motifs.</p> <p>Physical Skills * balance, control, flexibility, strength, stamina, isolation, alignment, extension, mobility, posture, coordination. * Definitions. * Why are they important to a dancer? * How would you improve?</p>	<p>Shift * Exam board set phrase, learnt using the exam board resources.</p> <p>Motif * Continue to develop motif and development work including technical skills.</p> <p>Technical Skills * Actions, space, dynamics, relationships, timing, rhythmic content, movement in a stylistically accurate way. * Definitions. * Why are they important to a dancer? * How would you improve?</p> <p>Expressive Skills * Projection, focus, spatial awareness, facial expressions, phrasing, musicality, sensitivity to other dancers, communication of intent. * Definitions. * Why are they important to a dancer? * How would you improve?</p>	<p>Choreography * Introducing stimuli's and developing them into a choreographic intention. * Action, space, dynamics, relationships, choreographic processes, choreographic devices, structuring devices, aural setting, performance environments, communication of intent. * Definitions, explanations and examples of the above. * Creating physical choreography to a stimuli. * writing hypothetical choreography scenarios.</p>	<p>Shift & Breathe * Exam board set phrase, learnt using the exam board resources.</p> <p>Mental Skills * Movement memory, commitment, concentration, confidence, systematic repetition, mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve. * What are these skills, definitions, why are they important to a dancer? * How would you improve these skills?</p> <p>A Linha Curva * Watch performance and choreographer interview. * Study lighting, costume, aural setting, Staging/set & movement. * 6 and 12 mark exam questions content</p>	<p>Artificial Things * Watch performance and choreographer interview. * Study lighting, costume, aural setting, Staging/set & movement. * 6 and 12 mark exam questions content * Explore Artificial Things practically.</p> <p>Safe Working Practices * Warm up, cool down, safe execution, appropriate dancewear, nutrition, hydration. * Why are these important * practical examples where necessary * affects of poor nutrition & dehydration</p>	<p>Shift & Breathe * Exam board set phrase, learnt using the exam board resources. * Perform, assess, improve.</p> <p>Emancipation Of Expressionism * Watch performance and choreographer interview. * Study lighting, costume, aural setting, Staging/set & movement. * 6 and 12 mark exam questions content * Explore Emancipation of Expressionsimr practically.</p> <p>Choreography & Performance Skills * 6 mark exam questions based on choreography and set phrases.</p>
Skills	<ul style="list-style-type: none"> * Communication skills * teamwork/ groupwork * Physical/practical dance skills 	<ul style="list-style-type: none"> * Communication skills * teamwork/ groupwork * Physical/practical dance skills * Resilience * Peer & self assessments 	<ul style="list-style-type: none"> * choreography skills * creativity * teamwork/ groupwork * confidence * peer & self assessments 	<ul style="list-style-type: none"> * Mental skills * Performance skills * Feedback skills * Exam technique * teamwork/ groupwork 	<ul style="list-style-type: none"> * teamwork/group work * Communication skills * Exam Technique * Practical dance skills 	<ul style="list-style-type: none"> * Self and peer assessments * Team/group work * Exam Technique * Communication skills * Resilience
Key words	<p>balance, control, flexibility, strength, stamina, isolation, alignment, extension, mobility, posture, coordination. Motif Pulse raiser, mobility, stretching</p>	<p>* Actions, space, dynamics, relationships, timing, rhythmic content, movement in a stylistically accurate way. * Projection, focus, spatial awareness, facial expressions, phrasing, musicality, sensitivity to other dancers, communication of intent</p>	<p>Choreography, hypothetical, canon, unison, improvising, refining & synthesising, binary, ternary, rondo, narrative, episodic, transitions, proscenium arch, end stage, in-the-round, site-sensitive, contrast, highlights, clax, manipulation of number, unity, natural sound, found sound, orchestral,</p>	<p>Movement memory, commitment, concentration, confidence, systematic repetition, mental rehearsal, rehearsal discipline, planning of rehearsal, response to feedback, capacity to improve, A Linha Curva, culture, chequerboard, percussion, capoeira, samba, celebration.</p>	<p>Warm up, cool down, safe execution, appropriate dancewear, nutrition, hydration, Goran Djurovic, constrained, vitrine, spotlights, sorrowful, inclusive.</p>	<p>Hip hop, emancipation, expression, empowerment, genesis, cyclorama, tranquility, fusion, rubix cube, rugby scrum.</p>
End point	<ul style="list-style-type: none"> * Students can confidently create and deliver a warm up. * Students can create & develop a motif. * Students can describe a motif and how they would develop it. * Students know, can define & can explain the physical skills. 	<ul style="list-style-type: none"> * Students can perform the set phrase Shift * Students know, can define & can explain the technical and expressive skills. 	<ul style="list-style-type: none"> * students know and can explain the choreography skills, where necessary they can give practical examples. * Students can articulate hypothetical choreography ideas and apply the choreography skills to their answers. * Students can develop a choreographic intention from a stimuli. * Students can create choreography based on a stimuli. 	<ul style="list-style-type: none"> * Students will know, can define and explain the mental skills. * Students can confidently perform Shift. * Students can perform Breathe. * Students can accurately discuss the movement and features of production in A Linha Curva. * Students can answer 6 and 12 mark questions on A Linha Curva 	<ul style="list-style-type: none"> * Students know and can explain the safe working practices. * Students can confidently plan and deliver a warm up. * Students can accurately discuss the movement and features of production in Artificial Things. * Students can answer 6 and 12 mark questions on Artificial Things. 	<ul style="list-style-type: none"> * Students can respond to feedback to improve their performance of the set phrases. * Students can create and perform a piece inspired by E of E. * Students can accurately discuss the movement and features of production in E of E. * Students can answer 6 and 12 mark questions on E of E. * Students can answer 6 & 12 mark questions on their set phrase and choreography performances.
Assessment Methods	Physical skills assessment	Practical - Shift (12)	Theory - Technical Skills Assessment	Theory - Mental & Expressive Skills Assessment A Linha Curva Exam Questions	Practical - Breathe Theory - Artificial Things Exam Questions	Theory - Emancipation of Expressionism Exam Questions. Mock Exam

YEAR 11	Y11 Autumn 1	Y11 Autumn 2	Y11 Spring 1	Y11 Spring 2	Y11 Summer 1	Y10 Summer 2
Scheme overview & purpose	<p>Practical Shift & Breathe Exams Infra</p> <p>Theory Infra Choreography Exam Stimuli</p>	<p>Practical Choreography tasks Shadows</p> <p>Theory Shadows</p>	<p>Practical Choreography Exams Begin Duo/Trio</p> <p>Theory Within Her Eyes</p>	<p>Practical Duo Trio rehearsals & exams</p> <p>Theory Exam questions and techniques</p>	<p>Theory Exam Questions & Revision</p>	
Knowledge in sequence	<p>Shift & Breathe * Final exam performances.</p> <p>Infra * Watch performance and choreographer interview. * Study lighting, costume, aural setting, Staging/set & movement. * 6 and 12 mark exam questions content * Explore Infra practically.</p> <p>Choreography Stimuli * These are released by the exam board on 15th September * Research and explore all the options. * Make initial choreography exam decisions.</p>	<p>Shadows * Watch performance and choreographer interview. * Study lighting, costume, aural setting, Staging/set & movement. * 6 and 12 mark exam questions content * Explore Shadows practically.</p> <p>Choreography Tasks * Lessons to work on choreography content to teach for their exam piece.</p>	<p>Choreography Exams * Final exam performances.</p> <p>Within Her Eyes * Watch performance and choreographer interview. * Study lighting, costume, aural setting, dance for camera, Staging/set & movement. * 6 and 12 mark exam questions content * Explore Shadows practically.</p> <p>Duo/Trio Exam Work * Begin work on the duo/trio exams choreographed in class. * Exam assessment on physical, technical and expressive skills. * Peer and self reflections.</p>	<p>Duo Trio Exams * Final exam preparations and performances.</p> <p>Exam Questions & Techniques * Structure of the exam paper. * 12 mark comparison questions. * Recap of hypothetical choreography questions. * Planning of section B questions. * Command and key words</p>	<p>Exam Questions & Revision * Definitions * Skill improvement strategies * Content Recaps * Timed question responses.</p>	
Skills	<ul style="list-style-type: none"> * Choreography Skills * Research Skills * Performance skills * Self and peer assessments * Exam technique 	<ul style="list-style-type: none"> * Research skills * Group/team work skills * Exam technique * Self assessments * Resilience 	<ul style="list-style-type: none"> * Group/team work skills * Communication skills * Confidence * Performance skills * Resilience 	<ul style="list-style-type: none"> * Group/team work skills * Communication skills * Resilience * Revision * Exam technique 	<ul style="list-style-type: none"> * Resilience * Revision * Exam technique 	
Key words	Stimuli, choreographic intention, feedback, Infra, human relationships, LED screen, London bombings, relationships.	Choreographic processes, structures & devices. Relationships, barricade, shadow, neo-classical, concentration camp, fear, sombre.	Site sensitive, grief, camera, contact, natural light, prologue, forbidden, tragic love story	Revision, performance, choreography. All prior key words.	All key words studied.	
End point	<ul style="list-style-type: none"> * Students can create and perform a piece inspired by infra. * Students can accurately discuss the movement and features of production in Infra * Students can answer 6 and 12 mark questions on Infra. * Students have picked and developed their exam choreography stimulus. * Students will have successfully performed the set phrase exams. 	<ul style="list-style-type: none"> * Students can create and perform a piece inspired by Shadows. * Students can accurately discuss the movement and features of production in Shadows * Students can answer 6 and 12 mark questions on Shadows. * Students have successfully started practical work on their choreography exams. 	<ul style="list-style-type: none"> * Students will have successfully completed their choreography exams. * Students can accurately discuss the movement and features of production in Within Her Eyes. * Students can answer 6 and 12 mark exam questions on Within Her Eyes. * Students have made a strong start on their duo/trio performances and are showing a clear ability to demonstrate the physical, technical and expressive skills. 	<ul style="list-style-type: none"> * Students will have successfully completed their duo/trio exams. * Students confidently know the three sections of the exam paper and what content to expect in each section. * Students know the techniques/structures to answer each different exam question. * Students know how to revise for dance. 	<ul style="list-style-type: none"> * students can accurately recall all prior learning in dance. * Students can answer exam questions using the correct technique. * Students can accurately apply their dance knowledge to exam questions. 	
Assessment Methods	<p>Practical - Shift and Breathe final exams (12)</p> <p>Theory - Infra exam questions.</p>	<p>Theory - Shadows exam questions. Mock Exam</p>	<p>Practical - Choreography final exams (40)</p> <p>Theory - Within Her Eyes exam questions</p>	<p>Practical - Duo/trio final exams (24)</p> <p>Theory - Practice exam questions and papers</p>	<p>Theory - Practice exam questions and papers</p>	