

Scheme of work

Guided learning hours (GLH): 30

Number of lessons: 12

Duration of lessons: 2.5 hours (This document is editable to allow you to change session length to suit the variation in your centre).

Learners should spend lesson time and non-supervised time working on assignments.

Unit type: Core

Lesson	Unit content	Activities	Links to other units
1	Unit introduction Topic A.1 Defining and demonstrating care values Definition of values/definition of care values	 Discuss content of unit and how it will assessed. Buzz groups: defining the term 'values'; class discussion Learners watch a video on Safeguarding to introduce the topic of Health and Social Care Values. http://www.scie.org.uk/socialcaretv/video-player.asp?v=safeguardingincarehome Learners should take notes on the video. Small group work to apply care values to the video. 	Unit 5: Promoting Health and Wellbeing Unit 8: Individual Rights in Health and Social Care
2	Topic A.1 Defining and demonstrating care values Confidentiality – the rules and application	 Teacher/tutor introduces the topic of confidentiality and its definition. Class discussion on scenarios where confidentiality is particularly important. 	Unit 5: Promoting Health and Wellbeing Unit 8: Individual Rights in Health and Social Care



Lesson	Unit content	Activities	Links to other units
		 Teacher/tutor introduction of task 1 of the unit assignment and application of information to the task Small group work to identify situations in which confidentiality can be breached. 	
3	Topic A.1 Defining and demonstrating care values Dignity – definition and application Showing respect for the individual	 Teacher/tutor introduces the topic of dignity. Class to identify the importance of preserving dignity Activity: learners could take it in turns to feed each other cereal and answer questions about how it felt and what they have learned about feeling dignified. Learners to make brief notes from discussion and feed back to the rest of the class In small groups: defining 'respect' Class plenary: why show respect? Brief lecture on respect, for the individual. To include: 	Unit 3: Effective Communication in Health and Social Care Unit 8: Individual Rights in Health and Social Care
		a non-discriminatory approachuse of appropriate terms	
		 a carer's responsibility for the wellbeing of 	



Lesson	Unit content	Activities	Links to other units
		 individuals. Use of gapped handout to support learner note taking Application of session to task 1 of the unit assignment 	
4	Topic A.1 Defining and demonstrating care values • Safeguarding	 Guest speaker from a relevant organisation to speak on safeguarding vulnerable adults Question and answer session Application of session to task 1 of the unit assignment by teacher/tutor Teacher/tutor writes up main points of the session on the board; learners copy board work Small group work to identify which scenarios are examples of safeguarding from a list of situations the teacher/tutor supplies. 	Unit 8: Individual Rights in Health and Social Care
5	Topic A.1 Defining and demonstrating care values • A person-centred approach to care	 Teacher/tutor presentation on person-centred care. Learners to take notes Class/group discussion: how would you like to be cared for? Individuals to write down three key points they would like to be included in a care plan for themselves Small group work with case studies to plan care for 	Unit 8: Individual Rights in Health and Social Care



Lesson	Unit content	Activities	Links to other units
		 individuals, including individual key points Class discussion on care plans Out of class activity: research person-centred approach to care 	
6	Topic A.1 Defining and demonstrating care values • A duty of care	 Class/group discussion; teacher/tutor writes main points on the whiteboard/SMART board and learners copy notes Internet research in groups for information on current and relevant codes of practice Groups produce posters of information found Small group work with case studies, identifying how to apply a duty of care in context Set out class/group task: write up task 1 of the unit assignment in rough and bring to the next session 	Unit 5: Promoting Health and Wellbeing Unit 8: Individual Rights in Health and Social Care
7	Topic B.1 Empowering individuals • Adapting activities and environments	Teacher/tutor presentation on empowering individuals. Learners taking notes Small group work: learners are provided with a card stating a type of disability (a different one for each group). Learners must assess the classroom for access/use and then make recommendations to the class for adaptations	Unit 5: Promoting Health and Wellbeing Unit 8: Individual Rights in Health and Social Care



Lesson	Unit content	Activities	Links to other units
		Learners to complete task 1 of the unit assignment at home and bring to next session	
8	Topic B.1 Empowering individuals Taking account of likes, dislikes and preferences/promoting choice; promoting autonomy Topic B.1 Empowering individuals Taking account of likes, dislikes and preferences/promoting choice; promoting autonomy	 Class/group to individually read the life story of an individual with care needs, which outlines their likes, dislikes and preferences In groups, learners produce a care plan which takes account of the individual's likes, dislikes and preferences Groups present care plans to the class/group Plenary Brief lecture on reasons for promoting choice and autonomy Hand in task 1 of the unit assignment 	Unit 5: Promoting Health and Wellbeing Unit 8: Individual Rights in Health and Social Care
9	Willingness to work in partnership with others	 Introduction; in small groups – why work in partnership with others? Plenary Observation of episodes of medical drama (Holby Cityl Casualty, etc.) Teacher/tutor-led discussion on the observation Small group discussion on effective/non-effective partnership working and the 	



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		consequences of each. Each group to elect a leader to write results of discussion on the whiteboard/SMART board	
10	Topic B.1 Empowering individuals Use of preferred method of communication	 In pairs, learners brainstorm the reasons for using an individual's preferred method of communication Plenary/preparation of questions for next session 	Unit 3: Effective Communication in Health and Social Care Unit 8: Individual Rights in Health and Social Care
11	Supporting individuals Supporting individuals through the use of positive working practices	 Guest speaker from relevant care setting Question and answer session Plenary Learners to work on task 2 of the unit assignment Learners to complete task 2 at home and bring to next session 	Unit 3: Effective Communication in Health and Social Care Unit 8: Individual Rights in Health and Social Care
12	Topic B.1 Empowering individuals • Assignment support session	 Explanation of task 2 of the assignment Learners work on task 2 of the unit assignment. Teacher/tutor summarises the unit and key points from each topic. 	Unit 3: Effective Communication in Health and Social Care Unit 8: Individual Rights in Health and Social Care