

Your weekly guide to careers information, advice and news from Parklands High School

Attention aspiring entrepreneurs!

It's tough deciding which career path to take! Do you dream about being your own boss and starting a business you are truly passionate about one day? The start-up industry is thriving so it's more important than ever to make sure you're armed with the right knowledge and advice to make your business a success.

Our brand-new Enterprise Guide is bursting with tips and advice from enterprising experts for all of you aspiring entrepreneurs!

Are you ready to join the start-up revolution?

Whether you want to work in a large corporation or dream of starting your own business this guide will help you kick things off the ground.

Jam-packed with:

- Advice from current entrepreneurs (featuring well known YouTuber JMX!)
- The good, the bad and the ugly of life as an entrepreneur
- The steps to setting up a business

But we won't give it all away... download now to become an expert in entrepreneurship!



The Enterprise Guide

Our BRAND-NEW guide is packed with everything you need to know about life as an entrepreneur!

Download guide





LEARN TO CODE AND CHANGE THE WORLD THIS SUMMER!



NO EXPERIENCE REQUIRED. FREE TO APPLY, AND FREE TO ATTEND FOR STUDENTS ALL AROUND THE WORLD!

APPLY TO GIRLS WHO CODE'S FREE VIRTUAL SUMMER IMMERSION PROGRAM



"You could feel the love and support in the room every single day, and the TAs and Instructors did an AMAZING job of creating a community [where] we felt safe to show up authentically as ourselves every day, and not be afraid to fail. It exceeded my expectations, and I'm so happy that I decided to apply! I've never experienced a program like this before." - Virtual SIP 2020 Alumna

Make this summer unforgettable with our FREE virtual 2-week summer program, where you'll join a supportive global sisterhood and learn the computer science skills you need to make an impact in your community! Girls and non-binary students ages 15 - 18 years old are eligible to apply.



CAREER

Meet inspiring female role models in the field and get an inside look at the tech world through guest speakers and virtual classrooms hosted by the world's top companies.



ACTIVISM

Take a stand and make an impact on what matters to you by learning to code through 3 hands-on, real-world Projects - all utilizing HTML, CSS and JavaScript.



SISTERHOOD

Learn in a supportive environment and make life-long, inspiring friendships with students from across the world.

APPLICATIONS ARE ACCEPTED ON A ROLLING BASIS. BUT CLASSROOMS ARE FILLING UP FAST!

> **LEARN MORE AT:** GIRLSWHOCODE.COM/ISIPFAQ

> > @GIRLSWHOCODE f O y in







THERE ARE FOUR TYPES OF APPPENTICESHIPS IN THE UK INTERMEDIATE Like 5 GCSEs, A'-C/4+ What qualifications can I get? Level 2 NVQ, Diploma, National Certificate Materia Serve, Materia Certificate, BTEC TYPES OF APPPENTICESHIPS HIGHER Like a foundation degree or above What qualifications can I get? Foundation degree, Bachelor's degree, What qualifications can I get? Foundation degree, Bachelor's degree, Master's degree, Level 4-7 NVQ, Higher National Diploma

Apprenticeships currently available at www.gov.uk

- Level 3 Apprentice Dental Nurse at Station Dental Practice, Leyland VAC001688346 (Available through Training 2000 Ltd.)
- Level 3 Apprentice Receptionist & Administrator for Kevills Solicitors VAC001700704 (Available through Runshaw College)
- Level 3 Accountancy Apprentice at Woodville Accountancy VAC001693731 (Available through Runshaw College)
- Level 3 Business Administration Apprentice at NEMA Ltd. VAC1000011178 (Astara Training possibly in-house. A Level equivalent, can lead to Level 4)
- Level 3 Admin Assistant Apprentice at Croston Conservatory & Window Centres Ltd. VAC001693702 (Available through North Lancs Training Group Ltd)
- Level 2 Hairdressing Apprentice at CS Salons Ltd., Standish VAC001700481 (Available through Wigan & Leigh College)
- Level 2 Childcare Practitioner Apprentice at Pingawings Preschool VAC001691720 (Available through Runshaw College)
- Level 2 Nursery Nurse Apprentice at The Hollies Nursery VAC1000012004 (Available through Orange Moon Training - probably in-house)
- Level 2 Hairdressing Apprentice at Frank James VAC001699322 (Available through Wigan & Leigh College)



- Apprentice Fabricator & Welder at William Hare Group, Bury VC0575
- Apprentice Sheet Metal/Plastic Worker at Pure Fabs, Horwich VC0580
- Apprentice Maintenance Engineer at Autogate Systems, Bolton VC0590
- Apprentice Mechatronics Maintenance Technician in Horwich VC0577



Every Friday lunchtime in A21

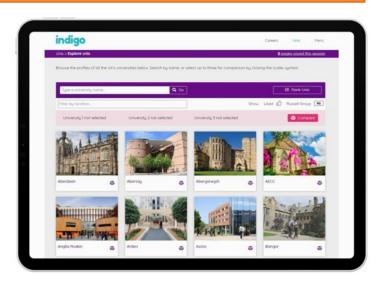
Informal drop-in session for anyone in Year II needing advice or support with any aspect of careers: colleges, courses, apprenticeships, application forms, interviews, CVs ... whatever you need to know, come along and ask!

1.20 - 2.00

If you haven't yet logged into Indigo, then why not do so this weekend?

It's an easy to navigate website that showcases hundreds of different careers, with videos and case studies, as well as showing the top employers, whether a job is in high demand, what sort of salary you could expect and much much more.

There is the option to explore universities all over the country: what kinds of courses they offer, what students think of them and the qualifications you might need to take a certain degree.





If you have lost or forgotten your Indigo username or you'd like to log in for the first time, email Miss Berry for a reminder. You can use Indigo on a PC, tablet or phone, at school or at home. Check it out!

https://indigo.trotman.co.uk/default/





The key things to know about student finance (for schools and students)

Student finance applications are open (and they even have an online queue for users to visit the site at present - which I last spotted with supermarkets during the lockdown!).

Here I will go through the things I think schools need to know in order to provide great support to students - as well as students need to know to make great decisions themselves. Let's not forget - student fees and finance is the biggest barrier to university - pretty much everywhere you look. Including in our own National Review of University Guidance.

A credit before I start, Martin Lewis kindly provided fantastic content for our Teachers' Guide to University, so some of this is inspired by his fantastic work and editorial. You can read all Martin's thoughts in our Teachers Guide which can be accessed HERE, as well as read his full guide on the Money Saving Expert website.

Students only "pay" for their student loan when they earn over the student finance threshold

Students don't pay universities or other higher education institutions directly. Tuition fees, usually up to £9,250 a year are paid for them by the Student Loans Company.

They will then only start repaying in the April after they leave university. But crucially they only need to repay if they earn over the student loan threshold which is currently £27,295 - and has been increasing year-on-year. Earn less and they don't pay anything back.

They then repay 9% of everything earned above that threshold, so earn more and they repay more each month. The loan is wiped after 30 years - whether they've paid a penny or not. It's repaid via the payroll, just like tax and doesn't go on their credit file.

There is an official amount parents are meant to contribute, but they are not told

Students are also eligible for a loan to help with living costs - known as the maintenance loan. But what they actually get is dependent on several factors, the main one being household income.

So the calculation to work out the maintenance loan allocation looks at household income, usually that of the parents, and the missing amount is the expected parental contribution (between the maximum amount

and the actual allocation). The gap can be explained as a parental contribution. But parents are not told that.

So when students get their letter saying what living loan they will get, a student, or the parent, can work out the parental contribution by subtracting the loan from the maximum loan available (e.g. for 2021 and a student living away from home in London, they could subtract their actual allocation from the maximum available which is £12,382). Of course parents may not be able to provide support - but knowing there is a gap means a student can look at alternative ways to plug the gap if necessary - through part-time work, seeking scholarships and bursaries, or even raiding any saving pots!



The amount borrowed can be irrelevant - the system works more like a tax

What a student repays each month depends solely on what they earn, ie from April 2021, it's 9% of everything earned above £27,295.

Martin Lewis raised this in his great content for our Teachers' Guide to University. I have provided it again below. His example was for a graduate who earns £35,000 (and provided by him last year when the student loan threshold was £26,575). The threshold is now £27,295, but the example is still relevant...

- Owe £20,000 and they repay £758.25 a year
- Owe £50,000 and they repay £758.25 a year
- In fact, let's be ridiculous and say tuition fees have been upped to £1m a year, so they owe £3m+, they still ONLY repay £758.25 a year

What they owe DOESN'T impact what they repay each year. The only difference it makes is whether they'll clear the borrowing within the 30 years before it wipes.

It's predicted very few - only the top 17% highestearning graduates - will clear it in time. So unless students are likely to be a seriously high earner, they should ignore the amount they 'owe'.

Instead in practice what happens is they effectively pay a 9% increased rate of income tax (not including National Insurance) for 30 years. Again, in Martin's example, which was before the threshold increased to £27,295, and written when the threshold was £26,575, he provided the really handy table below:

Earnings	Uni goers	Non-uni goers
Up to £12,500	No tax	No tax
From £12,501 - £26,574	20%	20%
From £26,575 - £50,000	29%	20%
From £50,001 - £150,000	49%	40%
£150,000+	54%	45%

The system can and has changed - keep an eye on it!

Student loan terms are not locked into law. So things can change - but changes usually take years. So sadly all these explanations need the caveat of 'unless things change'. But if they do, we'll ensure we are one of the biggest voices to tell you about it!

For full details, and to apply, check out the <u>Student</u> Loans Company website.



by Jon Cheek



https://www.unitasterdays.com/university-tips/tip/331/the-key-things-for-schools-and-students-to-know-about-student-finance



T LEVELS - A new career-focused alternative to A levels

T Levels are a brand-new qualification choice that will follow GCSEs and give students a head start towards the career they want. They will suit students who wish to start working towards a skilled occupation, prefer a practical approach to learning and want a predominantly classroom-based course. To find out more, watch the film (link below)

https://amazingapprenticeships.com/resource/what-are-tlevels-film/



Ever wondered what goes on in a port? Tour the Port of Hull to learn about how an international port works, and the different cargo handled throughout the year.

Have a look around here: Port of Hull



- Can you have a career in maritime without getting your feet we?
- Do you know the difference between the Royal Navy and the Merchant Navy?
- Do you know what a hydrologist or stevadore job involves?
- Find out about Britain's BEST KEPT SECHET!

Responsible for enabling 95% of the UK's global trade, maritime touches every part of our lives. Quite simply, without maritime, half the world would freeze, and half the world would starve.

From working at sea or in a port, to working in the City of London, to cleaning the oceans of plastics or designing a superyacht, maritime is big business. We add more to the economy than both rail and aviation combined. Working in maritime is exciting, rewarding and unlike any other industry.

With the sector expected to double in size to \$3trn by 2030, we need the next generation of innovators and problem solvers to join the industry and help shape the future of the world we live in.

There are lots of different routes into a career in maritime, including a university qualification or an apprenticeship.

Find out more about a Maritime Career here: https://www.maritimeuk.org/careers/



If you have a passion for all things creative then book your place on our next Virtual Open Day 27.04.21

This is a chance to get information on our creative courses and campuses, help with the application process and any other questions you might have about what it's like to study with us at Access Creative College.

We run individual sessions for Music and Events, Music Technology, Media and Design and Games and Computing. This is where you can find out specific information on our different creative pathways and courses.

The Virtual Open Day will take place online via Zoom - Register Now

Music and Events 6pm

Music Tech 6pm

Games and Computing 7.15pm

Media and Design 7.15pm



Find out more about the 350+ careers in the NHS at www.stepintothenhs.nhs.uk

Accident and emergency doctor

Accountant

Adult nurse

Anatomical pathology technologist

Audiologist

Biomedical scientist

Cardiac physiologist

Chef

Children's nurse

Clinical audit assistant

Clinical coder

Clinical psychologist

Clinical scientist in embryology

Clinical technologist

Communications - PR executive

Community pharmacist

Counselling psychologist

Decontamination sciences technician

Dentist (General Dental Practitioner)

Diagnostic radiographer

Dietitian

Director of finance

Director of operations

District nurse

Dramatherapist

Electrician

Emergency medical dispatcher

Emergency services call handler

Estates manager

Forensic psychologist

Gardener

General practice doctor

Hospital/health play specialist

Housekeeper

HR professional

Information analyst

IT help desk advisor

IT support officer

Laundry assistant

Learning disability nurse

Maternity support worker

Medical laboratory assistant

Medical physicist

Medical records clerk

Medical secretary

Mental health nurse

Midwife

Network manager

Occupational therapist

Occupational therapy assistant

Operating department practitioner

Orthoptist

Paediatrician

Paramedic

Pathologist

Personal assistant

Phlebotomist

Podiatrist

Porter

Prosthetist/orthotist

Psychiatrist

Psychotherapist

Reconstructive scientist

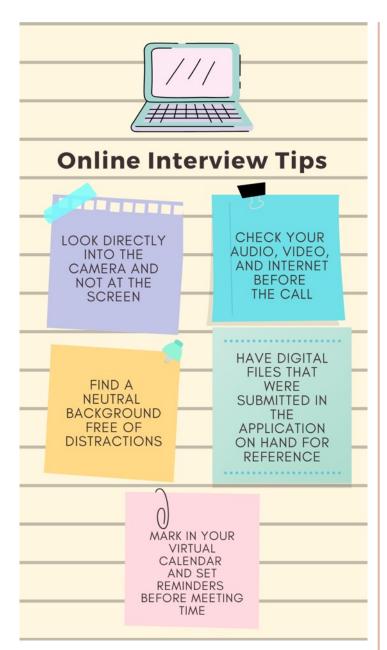
Respiratory physiologist

Specialist paramedic

Speech and language therapist

Surgeon

Systems analyst



Many college and apprenticeship interviews will be online, and going forward, it is likely that many employers will stick with this method, perhaps inviting candidates in for a face to face interview only once they have 'weeded out' people who didn't perform too well!

Bear in mind as well that a number of companies do not have actual interviewers but will just put the question they want answering up on the screen. You are then given a set amount of time to record yourself answering the question. You don't have to give a Hollywood style performance - they are looking for someone who will give it a go!

Either way, it pays to be prepared. Research the course/college/job/company as thoroughly as you can. Be able to say why you want to do the course/job: what you think it might lead to, for example. Just as with a face to face interview, don't fidget or yawn, ask questions and say thank you at the end.





For any aspiring doctors, dentists or vets in Year 10 or 11:

Online Conferences from Medic Mentor

For any year 10-11 students who are yet to join a conference, don't forget you can register for any of the upcoming conferences on:

 Get into Medicine Saturday 1st May, or Sunday 9th May

• Get into Veterinary Saturday 15th May

Get into Dentistry Saturday 22nd May

On the day, we will be covering the following topics:

- Insight into the daily experience of a doctor, dentist, or vet as they speak live with our team and listen to successful students about their own application journey before they head off to enrol at university.
- Perspectives from recent successful applicants, as well as students currently in the process;
- Effective C.V building;
- How to get suitable work experience;
- How to write a successful medically-based personal statement;
- What to expect and how to ace medical school interviews:
- How to access medical awards, prizes, leadership programmes, scholarships and much more.

Parklands is a partner school with Medic Mentor and as such, students can attend these conference for **FREE**.

If you are interested in taking part, please see Miss Berry (top office) for more details or email: pberry@parklandsacademy.co.uk

If you are serious about a career in medicine, it is vital that you start getting involved in schemes like this as soon as possible. Good GCSE and A Level grades are not enough when it comes to applying for med school - being a part of Medic Mentor is a perfect way to show your commitment and enthusiasm for your future career.

https://medicmentor.co.uk/





Spotlight on Engineering

Buildings, bridges, structures and strength

Roma Agrawal is a structural engineer working at WSP Group in London. She's won a national award and worked on one of the most attention-catching buildings in the London skyline: the 306 metre tall Shard.





Name: Roma Agrawal

Job title: Associate Structural Engineer

A-level studies: Maths, further maths, physics, design technology Undergraduate degree: BA (Hons) Physics, Oxford University

Post-graduate degree: MSc DIC General Structural Engineering, Imperial College London Other qualifications: Chartered Engineer, the Institution of Structural Engineers (Istructe)

Read on to find out more about how Roma discovered engineering - a job she loves because it combines her interests in physics, maths and building things.



My job as a structural engineer is to make sure that all the buildings and bridges around us are safe and comfortable to use. If you look around you at all the different structures that you see, they're all there because an engineer has designed them. Architects tell us what they want a building to look like then, it's up to us to make it work.

We work closely with architects, mechanical and electrical engineers and the contractor to ensure that a structure is elegant and safe to construct.

What made you want to be an engineer?

When I was young my dad used to sit down with me and my sister and we used to build with Lego, Meccano and other construction blocks and I really loved making things.

One summer during university I did a work placement with some mechanical engineers at the University of Oxford Department of Physics and they were designing particle accelerators at CERN (the European Organisation for Nuclear Research - this is where the Large Hadron Collider is based and where the World Wide Web was created - Ed) which was very exciting. The work that they were doing was really interesting and I decided that engineering gave me that great combination of maths, physics and building things, so that's how I became interested in engineering.

What did you study in order to become an engineer?

At A-level I studied maths, further maths, physics and design technology because I'm quite a practical person and I enjoy logical and technical things.

I studied an undergraduate degree in Physics at Oxford University. I didn't really know what I wanted to do when I grew up, so I decided to study the subject that I really enjoyed. Through research, I found out that a physics or maths degree was very flexible for any future career you might want. After that, I studied an MSc in Structural Engineering at Imperial College London.

It was a slightly unusual route but there are lots of different ways you can get into engineering. My company was very keen on the fact that I had a broad background. Since I joined I've found I look at problems in a slightly different way and it's just about bringing lots of different ideas to the table.



Oxford Scholastica Academy invites all aspiring law or medical students to join their Live Mock Murder Trial event (Sat 8th May, 11-5pm) and GP Live event (Sat 29th May, 11-5pm). These exciting, immersive events will allow students to witness inspiring professionals (two criminal barristers for Law, and a brilliant medical student and expert clinician for Medicine) in action in our virtual courtroom and GP surgery respectively - and join in themselves! All students at Parklands High School are entitled to a 15% discount by using the code: PARKLANDSHIGHSCHOOL-15. Due to the nature of the event, places are limited.

To book your spot, simply visit: https://www.oxfordscholastica.com/online-summer-school/conferences/



Mock Trial Live

Where: Online, live over Zoom When: Saturday 8th May, 11am - 5pm

What's it like to be accused of murder? If you were a barrister whose client was alleged to have committed the most serious of crimes, how would you construct your defence? And in the courtroom battle that ensues, how do we ensure that justice prevails?

If you're thinking of applying for Law at university, are keen to explore what a fast-paced career in the courtroom could involve, or have an interest in studying a forensics-related degree like Psychology, then this is the event for you!

Join us for our Live Mock Murder Trial on Saturday 8 May to uncover the answers to these questions and many more.

At this immersive and exciting full-day event, you'll have the chance to take part in a live mock murder trial alongside other ambitious students from across the globe. You'll be able to:

- Get an insider's take on the inner workings of a murder trial from an inspiring qualified criminal barrister
- Take part in numerous aspects of the trial itself from giving your input on what you think the verdict should be, to being involved in sentencing
- Watch two brilliant young barristers in action during a live cross-examination, and ask them your burning questions about the trial
- Gain invaluable experience you can include in your university application and personal statement
- Puzzle through multiple aspects of the case alongside school students from all over the world

Before the trial, we'll send you case materials to review to make sure you're briefed on the key aspects of the case and your legal brain is warmed up. On the day, you'll get to experience crucial aspects of a murder trial including:

- · Opening arguments by the prosecuting barrister
- Examination and cross-examination of a witness
- · A barrister's closing speech
- · Deliberation, verdict and sentencing



GP Live

Where: Online, live over Zoom When: Saturday 29th May, 11am - 5pm

What makes an excellent doctor? When the presenting problem could be anything, what questions should you ask? If you only have ten minutes with your patient, how do you build trust? And as the first port of call for everyone from babies to the elderly, how can you ensure you provide the best care?

If you're interested in a career in healthcare, or are planning to apply to study Medicine, this interactive one-day event is for you.

Join us for our Live GP Surgery event on Saturday 29th May to uncover the answers to these questions and many more.

At this immersive and exciting full-day event, you'll have the chance to meet with patients alongside other ambitious students from across the globe. You'll be able to:

- Experience a day in the life of a GP (General Practitioner), meeting a variety of patients, making diagnoses and suggesting courses of treatment
- Learn how to take a patient's medical history, and how to build rapport
- Develop your bedside manner, a key skill for medical school admissions
- Gain crucial experience you can include in your university application, personal statement and interviews
- Collaborate with students from around the world to analyse patients' symptoms and work out the diagnosis

The day will be led by a brilliant clinical medical student, with input from expert clinicians. You'll leave the event with:

- Practical experience of meeting patients and taking their histories
- Insider knowledge of what a day in the life of a practising doctor is really like
- The confidence and skills to succeed in your medical school applications and interviews
- · A Certificate of Attendance
- Due to the nature of this event, tickets are limited.

Book Now

As a member of our Partner Schools network, all Parklands High School students are entitled to a 15% discount on this event by using your bespoke Parklands High School discount code: PARKLANDSHIGHSCHOOL-15

Please note: these courses are not cheap but they are probably unique. Possible bursary places available - ask for details.



Earth is our home and it's in need of some serious TLC. Thankfully, sustainable living is becoming more commonplace and gives us a real chance to make a difference. Looking for some planet-saving tips?

This Earth Day, read our latest sustainability blog post for a one-stop summary of everything you can do to play your part in driving the change, including:

- Earth-saving food and farming methods
- Sustainable fashion ideas
- Planet-friendly technology and renewable energy tips
 - ... and much more!

Ready to make a change? This is one we can all tackle together! Check out the free online courses from FutureLearn here:

Explore sustainability courses





Year 10 and 11
FINAL OPEN EVENING
FOR THIS YEAR!

We'd like to bring to your attention to the FINAL Virtual Open Event of the academic year: Monday 26th April 2021, from 4.30 - 8.00pm.

For any Year 11s who may be considering applying, applications for courses are still open. That also includes those considering apprenticeships. Year 10s, who may be looking to get a first glimpse of what is on offer at the College are welcome to attend.

Registration for the event and information on the presentation and talks can be found here: https://wiganleigh.onlineopendays.com/

Students can book onto the specific subjects they are interested in and tailor the evening to their career aspirations - with the opportunity to ask our specialist tutors and teams questions.



Each year group has a Careers section within Google Classroom, with various resources available.

We will add to this throughout the year, but if there is anything you would like to see, please let us know!

It is never too soon to start thinking about your future - and the more effort you put in now, the more confident you will feel when it comes to leaving school and moving on to the next stage.

Make sure you have a regular look at Indigo and the LearnLive page on the website, as these are updated constantly.



Employability Skills



These skills are vital in the world of work. Think about how you could demonstrate to an employer that you have these skills.



WANTED: Youth, Ocean & Climate Activists

We are searching for the next generation of activists to join us for the Youth, Ocean and Climate Summit, on June 8th for World Ocean Day.

This is a chance for young people to project their voices of power to the people in power. If you think you could do this, apply by clicking the button below.

The summit advisory panel and keynote speakers are all inspirational young people and we would love some pupils from our Plastic Free Schools to join them.

Apply now

PLASTIC FREE
SCHOOLS
SURFERS AGAINST SEWAGE







ARE YOU INTERESTED IN BECOMING A MEMBER OF OUR FOOTBALL **DEVELOPMENT CENTRE IN SEPTEMBER?**

For 20 years we have been providing high class education and high class sport for school leavers. Our football programme can lead onto a range of different careers and aims to give school leavers the best possible start to fulfilling their dreams in a career of their choice.

If you are interested in joining Myerscough College's Football Development Centre please email dmccann@myerscough.ac.uk for more information.

Follow us on Twitter: @myerscoughfooty

Follow us on Instagram: @myerscoughfootball

The Parklands Guide

Interview Success

Successful

Interview

Tips



Nonverbal mistakes commonly made according to a survey of 2000 interviewers

Elements that influence how well the interview goes

21% -Touching face/playing with hair

Not maintaining eye contact

38% Lack of smile

33%

Slouching or bad posture

9%

Overly using hand gestures

26%

Weak handshake

33%

Excessive fidgeting

Simply what the applicant says

Level of confidence - this is where you need to sell yourself

55%

General appearance and behaviour

70%

Interviewers admit they would rather hire a candidate who is professionally dressed and presentable over someone who is fashionable.

Employers explained that choice of clothing to an interview could be a deciding factor when choosing between similar candidates.



Aged 14-24? Live In The UK? Get Your Opinions Heard.

Fill in our national Youth Voice Census to share your experience of life, study and work. Your thoughts matter more than EVER before!

Share your voice to help big decision makers understand what really matters to young people. With over 7 million young people in the UK, let's make a BIG impact!

TAKE THE SURVEY

From the Careers and Enterprise Company:

The Youth Voice Census is a great opportunity for us to understand the experiences and views of young people about the support they receive to make transitions into learning pathways and employment. This vital insight influences government policy making and the services provided to young people. The Careers & Enterprise Company is one of many organisations supporting the Census and we would be very grateful if you could encourage the young people you work with aged 14-24 to take part.

The Census is now open until the 1st June. The main report will be launched on the 8th September.

I hope you have enjoyed reading this extended edition of Career News from Parklands. If you would like to see your industry featured, or you would like to submit an article (competition, quiz, questionnaire, job offer, etc) then please get in touch.

Towards the end of the summer term, Year 10s will get the chance to take part in virtual sampling at two local colleges - not the same as being there in person, but the next best thing!

I am also hoping that Year 9 and I0 will take part in some virtual work experience activities - much more to follow on that in the next few weeks (nothing at all to stop Year II joining in even when they have left school - it will look great on CVs and job or apprenticeship applications).

There is currently work going on behind the scenes to launch our next Safety Group for Year 8 and 9. The previous team won the national safety competition and travelled to London to a celebratory dinner to receive their trophy. That title now needs to be defended! Health and Safety at work is one of the most important issues for students to learn about, in order to have a happy and healthy working life - and at Parklands, we start that lesson early. Keep an eye on the bulletin (and here of course) for more details on how to get involved.

Finally, enjoy the weekend and if you have any questions about any aspect of careers, please don't hesitate to ask. Email: pberry@parklandsacademy.co.uk or leave a question on the LearnLive chat function.