The Big Parklands Paper

GCSEs and Stress

Cup heartbreak

'Tis the Season of Giving

Evie Graham and Georgia Finan

Here at parklands there are a number of charities that you can support. For example; the poppies that go around our forms each morning or every other morning. There are house charities that you can vote for on google forms that are the options for the overall house charity.

We are vivid and continual supporters of Sally Cornes charity, where we raise money for children who are going through what Sally did. There are more charities that we can raise money for such as, the Macmillan coffee morning that we did on the 30th of September, where other people made cakes and we did an auction for them. There were also cakes to buy in the refectory. Recently we were given the opportunity to donate old coats, in good condition to wrap up Lancashire. At Christmas time, Charity Prefects come around and sell mini toys like reindeer or gingerbread but there are a few more as well. Sometimes we do bingo for charities to have some fun and to raise money for viable charities in desperate need of our help. One thing that is quite popular is non-uniform days, the only thing is, we have to bring in a pound because it's for charity. However, due to it's worthy cause, you could bring in more. Both of us raised money to give to the International Aid to help Ukraine. We sold little blue and yellow ribbons that you might still see people wearing in school on their blazers. There's a non-Uniform day where we have to bring in a pound to support Pudsey, which I'm sure everyone will be familiar with.

Anti-bullying

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There are many charities that you can always support in school all the time, it is always great to see something new that we can help support. With the help of everyone around school we could raise money for people in need. Our school should and continue to be charitable, empathetic and eager to help anyone who suffers and allows us to help.

Form Hamper Appeal 2022

Many people struggle at Christmas and often can't afford to heat their homes and eat well. Some people spend Christmas all alone. Imagine if these were your loved ones. You can make a real difference and help give someone else an amazing Christmas!

Bring in items for your form hampers. Suggested items include:

- ★ Tins of fruit, veg or meat
- ★ Tinned desserts like rice pudding
- ★ Tea, coffee, sugar & hot chocolate
- ★ Pickles & crackers
- ★ Cakes or biscuits
- ★ Toiletries like soap, bubble bath & toothpaste
- ★ Crisps, snacks and sweets
- ★ Cordial
- ★ Jars of honey, marmalade or salad cream

Comment



Lily Hodgkinson

GCSEs: what are they?

Your GCSEs are your permanent classes in school. Only difference is you get to choose what you do and don't do, within reason. You are required to continue doing core subjects which for our school is maths, science, english and religious studies.

When choosing your GCSEs their are a few things to keep in mind such as do you enjoy the subject, are you good at it and is it something you would like to keep doing. However, you do have to keep in mind that the lessons you choose will change.

For example, if you choose drama you will be doing a lot more theory than you do in year 7, 8 and 9. It is definitely something to consider if you enjoy drama. However if drama isn't your thing you could do something like history. In GCSE history you study things like medicine and german history. If you enjoy science you can take it a step further then basics and do triple science which is biology (this is to do with human and animal bodies and the inside of plants), physics (which is investigating how things work) and chemistry (this is using chemicals and formulas). If you want to be more active and choose P.E. You would also be doing theory work where you look at the effects sports have on your body. If you enjoy music but only like the technology part (such as microphones) you can choose music tech or if you like instruments you can just do that too.

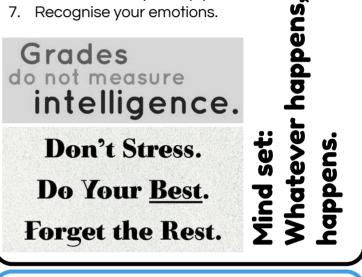
This is the year to start really thinking about what lessons you enjoy and what subjects you would like to work in.

Stress at School

Robyn Harper-Craig

Things to help with stress at school:

- 1. Talk to a teacher you feel comfortable with or vour HAL.
- 2. Make sure you get a good amount of sleep.
- 3. Do or think things that make you happy.
- 4. Focus on your strengths.
- 5. Have a positive friendship aroup.
- 6. Join clubs that you enjoy.
- 7. Recognise your emotions.



Aaron Denham

The senior student leadership team. otherwise known as SSLT, is a team of students in our school helping to contribute in positive ways to make our school the best it can be. You are able to recognise them from their red ties which are different from the prefect ties (the blue ones) that you might see a bit more often. This role is more prestigious than most other roles in school as you have a lot more responsibility compared to the prefects. As a result it is much harder for you to be part of this team then the prefects team. It is still worth it though and if you manage to achieve this role it looks very good college and university applications on (especially head pupil).

Reports

Penalty heartbreak for Y11 boys

In a tense Cup Final, in which the Parklands Y11 boys football team were held to 0-0 draw. Despite being the better side, the lads were unlucky to lose out in the dreaded penalty shootout. In the last game for the school, the boys did Parklands proud.



Wyrd Sisters Triumph



After six months of hard work, Wyrd Sisters opened to packed audiences last week at Parklands. Following the story of Granny Weatherwax, Nanny Ogg & Magrat Garlick as they attempt to oppose the murderous Duke Felmet. The play was funny and engaging with some excellent performances: if you missed this, make sure you come and see the next play.



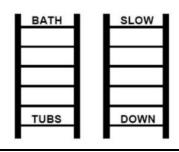
Y7 Girls' Cup Run Continues

After their phenomenal recent 9-4 win in Blackpool, our Year 7 girls continue their cup run this week. If you'd like to join training, KS3 girls is on Fridays 3pm-4pm on the Astroturf.

Games Corner

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Comment

No place for bullying

Grace Scott

Some of you may know that this last month entailed our anti-bullying week. Indisputably, bullying atrocious. and is an vet unfortunately pervasive, issue that a multitude of young people may happen to face. It's absolutely imperative to look out for possible victims, protect younger students and preclude bullying and its suppressive nature from permeating throughout our school community - which I'm fully aware is already being accomplished.

This present article is to just reinforce and postulate the significance of kindness, respect, honesty, trust, solicitude and integrity that is being displayed in all relationships and communications throughout school. In addition, I know it can be gruelling and extremely difficult to stand out from others and be a voice for someone without one, but this reminder is all about what can we do to help and protect the vulnerable from bullying.

The customary response to witnessing a bullying incident may be handled with evasiveness and ignorance but this awareness symbolises and exemplifies the importance of not allowing such horrific behaviour and actually making a change regarding it.

I'm fully aware that those who may be, or perhaps feel inferior or feeble, may feel the only choice is to capitulate and stand down but I beseech you all to talk to staff, talk to trusted peers and talk to parents.

Bullying is a serious issue and my aversion for it is very strong, it can have far-reaching and perpetual implications on young and innocent people.

I reproach the idea of purposefully dragging others down for one's own pleasure and self-indulgence, fuelling feelings of complacency and superiority. Sometimes being audacious enough to report it or even interpose, may save someone from a lifetime of indignation, apprehension and melancholy.



The Big Parklands Paper

Editor: Grace Scott

If you have any comments on the content of the paper, wish to suggest future articles or want to submit a report to the paper, please email:

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