



#### Headteacher's Message

Hello everyone,

I hope you and your families are all safe as this lockdown continues. Hopefully, you have read the information I emailed out on Friday regarding online lessons and how teachers are changing how they set work for you. If not, please do check your emails and ensure you are familiar with the guidance provided.

This has certainly been an eventful week and I am sure that you've all seen and read about the Black Lives Matter protests both in the USA and the UK. At the start of the week my senior colleagues and I were discussing how we can further incorporate this very sensitive but crucially important topic into our school curriculum, so that we are all better informed about racial issues and can do our bit to further promote equality in our society. As a school which champions equality and diversity, it is important that we tackle this issue head on but in a sensitive way; it will need a great deal of planning and discussion with the appropriate groups in our community, so that we get it right. We are a predominantly white school; over 90% of you are white British, the majority of staff are white British, so this makes it all the more important that we don't rush our planning but take our time to involve the necessary stakeholders. I am sure that our collective thoughts and prayers go out to George Lloyd's family and indeed to all the families of the countless other victims of racial abuse and inequality.

Despite being in lockdown, we have continued to recruit to our senior student positions in school. I had the absolute pleasure of watching the online applications for the position of Head Student from our year 9 applicants. It was undoubtedly an inspirational task; the thought and preparation which had gone into their applications was phenomenal, and I was incredibly impressed with not only the content of their answers but also how eloquent they were, having developed oracy skills which would put many politicians to shame! A massive well done goes to the following: Eadie Gosling, Ella Craven, Grace Smith, Hannah Lane, Iker Davis-Zamorano, Jack Dickens, Jack Walters, Liam Dawber, Milly Scott, Olivia O'Connor, Phillips Marshall Smith, Poppy Howell, Rebecca Walker, Ruby Hough, Sam Taylor, Scarlett Kellett and Stas Szczepanczyk.

Have a lovely week!

Mr Mitchell





### Quiz time

- 1. Which African country's flag has six red and five white horizontal stripes with a blue canton bearing a five-pointed white star?
- 2. If it is midnight in Moscow, what is the time in Vladivostok?
- 3. Who was born in Chorley in 1874, survived the sinking of the *Titanic* in 1912 and was mentioned in despatches for evacuating 130 servicemen from Dunkirk in his boat *Sundowner*?
- 4. What kind of creature are *Lappets*, *Geometers* and *Burnets*?
- 5. Which American television drama series began in 1999 with the main character being referred to a psychiatrist after experiencing panic attacks and ended in 2007 when the screen cut to black as the same character meets with his family in a diner?

#### Answers will be provided in the next edition

#### Last week's answers are below:

- 1. What kind of flowers are found on Chorley's coat of arms? *Cornflowers or Bluebottles (which were an emblem of the de Chorley family).*
- 2. Name the longest river that empties into the Bohai Sea? *The Huang He or Yellow River. The Bohai Sea is an extension of the Yellow Sea.*
- 3. Exactly what was removed from the tomb of King Charles I in 1813 and replaced in 1888? *The King's 4th cervical vertebrae (which had been cleaved by the executioner's axe in 1649).*
- 4. What name is given to this sequence of numbers? 0, 1, 1, 2, 3, 5, 8, 13, 21, 34, 55 ... The Fibonacci sequence.
- 5. Which of these musical terms marks the fastest tempo? *Prestissimo, Presto* or Adagio. *Prestissimo meaning very quick. Presto means quick, Allegro is brisk.*

Thanks to Mr Whalley for providing the quiz.

## Music Quiz

Guess the song title from the cryptic clues below

- 1. Refrain from peering over your shoulder because of rage
- 2. Came into the world on American soil
- 3. Not quite a hundred scarlet inflatables
- 4. Pursuing automobiles
- 5. Contrary to every probability

### Film Quiz - Last week's answers



- 1. Which singer starred in The Bodyguard? Whitney Houston
- 2. Who played Jack in Titanic? Leonardo DiCaprio
- 3. Who is the only Disney princess who was inspired by an actual person? Pocahontas
- 4. What is Darth Vader's real name? Anakin Skywalker
- 5. What is the name of Jack Sparrow's ship? Black Pear

Thanks to Mrs Curtis for the Music and Film Quiz







Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils



#### Year 8 Art- Mrs Batson

On the left, a fantastic drawing by Anna Lee in Year 8 for her extended Art project. Wow, beautiful drawing Anna!

On the right, a great painting submitted by Lily Westland Year 8 for her extended Art project. Well done Lily, great to see a painting, excellent work!







#### Year 8 Art- Mr Flynn

On the left, a wonderful relief sculpture by Ethan inspired by Darrell Wakelam's sculptural artwork.

On the right, Laura in year 8 produced a superb piece of recycled art inspired by the work of Darrell Wakelam.







Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

Well done to Yr 9 Scientists - Lots of great home practicals going on!



Special shout out to Miss Alston's 9XB and 9YY classes for the detailed explanations explaining exactly what is going on.

Well done and keep experimenting!



A special mention to the students below for good work produced in Religious Studies: Ashden Biddell, Ruby Blacklidge Phoebe Booth, Hannah Hembrow Jada Millward, Tyler Moroz Megan Price, Izzy Taylor-Sabin Chris Singampali, Danny Tuner, Lucas Ward Keep up the great work! For those of you not mentioned, it's not too late to make a difference.

RELIGIOUS STUDIES





KEEP UP The COP

WORK

Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

## **Absolument fantastique!!** Year 9 French - Miss Cosgrove

I would like to say a special well done to the following 3 people in 9BBC who are completing all the tasks set (even the tricky grammar ones!) and achieving high scores in their Active Learn for their Module 3 booklet.

**Finlay Ross** 

**Rebecca Walker** 

**Milly Scott** 

Congratulations you three, I'm very impressed and proud of your at home learning!

## Well done to

Dylan Broughton, Sarah Glen, Mia Pilkington, Ella Todd, Jack Thompson, Charlie Ryder and Ellis Rostron

for some excellent English work; especially their A Christmas Carol pieces.





Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

## Accelerated Reader

Amazing work by the following students who have already achieved their target for the term! Well done!

#### Year Seven

Mahmood Hatab Julia Przyslawska Rihanna Rahman Joshua Gorvett Robert Armstrong Charles Baird Alexander Spinks Isobel Walker (518%!!!) Amy Watson



### <u>Year Eight</u>

Isobel Ashworth Eve Chadwick Sally Cornes Lacey Booth Yoshimi Haigh Isaac Redmond Verity Robathan Charlotte Snailham Jamie Bolton Will Hopton Claudia O'Neill <u>Year Nine</u> Ewan Cameron-Brandwood Archie Gobin

#### COME ON YEAR NINE!

Remember to keep reading and keep testing.



Well done to Milly Scott in year 9 for some incredibly detailed and well presented contextual information on Victorian attitudes towards divorce



Well done to the following who have already met their targets for Accelerated Reader. Amazing!

Lucy Bolton Kate Henderson Phoebe Lambert Chloe Swales-Jennion Ewan Watson Hubert Zachaczewski Paige Caton Cody Mounsey Susannah Reynolds





### **Fundraising Focus**



Please support the fundraising for Sally Cornes, Yr 8. Any donation, no matter how large or small will go towards heping her to secure specialist treatment to help win her battle against cancer. Follow the link To support Sally, make a donation and to read more about this amazing young lady follow the link below: <u>SallyGoFund Me</u>

Sally has her own blog http://sallycornes.blogspot.com/ and you can also follow Sally's journey on Instagram and TikTok. Her username on Instagram and TikTok is @sallycancer

Calling all Year 11s...

For the chance to find out more about Runshaw and your chosen courses/subjects and have all your questions answered, register here:

https://www.runshaw.ac.uk/virtual-offer/ for a unique Year 11 Offer Holders' Virtual VIP Event & join Schools Liaison Team and Heads of Studies for a series of LIVE TAKEOVERS!

For more information, or to get in touch, click here:

https://www.runshaw.ac.uk/year-11-virtual-offer-holders-virtualvip-event-invitation/



#### The Duolingo House Competition is in full swing for 2020!

This is a house comp you can still take part in from home. Let's keep up the house spirit from a distance! Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Parents and family members get involved too by checking out the instructions below. <u>Click here for instructions for joining the STUDENT competition.</u>

<u>Click here for instructions for joining the STAFF/PARENT competition.</u> <u>Student Competition - Last week's winners were EUROPE!</u> <u>Staff/ Parent Competition</u> - Last week's winners were SOUTH

Staff/ Parent Competition - Last week's winners were SOUTH AMERICA!

duolingo

See Mr Stalker's weekly email, sent each Friday, to check the full leaderboard

Special mention to **Poppy Howell** - Europe and **Phoebe Lambert** -Africa who are absolutely smashing Duolingo and are carrying the majority of points for their houses!

Happy language learning!





### Get reading - Book recommendation

#### Refugee Boy - Benjamin Zephaniah

Acclaimed performance poet and novelist Benjamin Zephaniah's honest, wry and poignant story of a young refugee left in London is of even more power and pertinence today than when it was first published. Life is not safe for Alem. His father is Ethopian, his mother Eritrean. Their countries are at war, and Alem is welcome in neither place. So Alem is excited to spend a holiday in London with his father - until he wakes up to find him gone. What seems like a betrayal is in fact an act of love, but now Alem is alone in a strange country, and he must forge his own path ...



## Want to read but struggling to get new books?

You don't need to go to the expense of buying new books and we know that libraries are closed but there are still lots of ways to access new reading material.

1. Borrow an ebook from the school library. Download the free app <u>ePlatform</u> and then:

- Find our library Parklands Academy
- Username = your school email address
- Password = library 1
- Then browse for your next book!

 Audible is making a wide selection of audiobooks available to stream for as long as schools are closed.



If you fancy listening to a book instead of reading it, you might like to try this option. Here's the link to the Audible site : Audible

3. During the period of closure all local libraries are allowing online borrowing. If you are a member of any library in Chorley borough you should be able to borrow a book virtually. You just need the library card number to set up. If you are not a member it is still possible to join online. Follow the link below:

#### Lancashire libraries

There's never been a better time to read and for all those students who might be running out of books for Accelerated Reader you'll find hundreds to choose from.





Could you recommend a book you've read recently? Let us know or send a review to: <u>connected@parklandsacademy.co.uk</u>





## Head Students' Challenge

HEAD STUDENT CHALLENGE 11: TRY SOME YOGA OR FORM OF MEDITATION!!	
YOGA AND MEDITATION ARE SAID TO HELP CLEAR THE MIND AND ALLOW YOU TO RELAX! TRY OUT SOME YOGA THIS WEEK!	REMEMBER TO: - SEND IN YOUR PICTURES AND VIDEOS TO <u>CONNECTED@PARKLANDSACADEMY,CO,UK</u> TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!
YOU NEVER KNOW, YOU MIGHT FIND A NEW HOBBY!	- EMAIL <u>21MMALIK@PARKLANDSACADEMY.CO.UK</u> IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!

Follow this link to their weekly challenge and let us know how you go on. Head student weekly challenge- week 11

## Board Game of the week - Connect 4



Challenge a friend to disc dropping fun with the classic game of Connect 4.

Drop your red or yellow discs in the grid and be the first to get 4 in a row to win. If your opponent is getting too close to 4 in a row, block them with your own disc. Whoever wins can pull out the slider bar to release all the discs and start the fun all over again.

It is a game for two people but you can always make it a bigger family challenge by running it tournament style.



Chat to friends and family without being face to face and play games at the same time with the **Houseparty App**! It allows users to connect with up to 8 people at a time, and is similar to Skype or Facebook Live, Users must be age 13 and over.

What games have you been playing or making at home? Send your recommendations to: <u>connected@parklandsacademy.co.uk</u>





### What to watch...

#### National Theatre at Home: Coriolanus

When an old adversary threatens Rome, the city calls once more on her hero and defender: Coriolanus. But he has enemies at home too.

In one of the Donmar's most popular ever productions, Tom Hiddleston plays the title role in **Shakespeare's** searing tragedy of political manipulation and revenge.

Cast also includes Alfred Enoch, Deborah Findlay and Mark Gatiss, and the production was directed by former Donmar Artistic Director Josie Rourke.

Coriolanus was filmed live on stage at the Donmar Warehouse in 2014 by National Theatre Live. The production will be free and available on the National Theatre's You Tube channel until 11th June.

Rrating 12A when released in cinema. Contains scenes featuring occasional gore and staged violence.



There are lots of free and exciting ways to virtually-attend productions online and stay connected to Shakespeare's Globe at a time when the building is closed.

Go to their YouTube Premieres channel to watch a different play every week, <u>The Merry Wives of Windsor</u> until 14th June plus <u>Macbeth</u> until secondary schools reopen - all for free!,



## BBC iPlayer

A number of box sets are being brought back to <u>BBC iPlayer</u> to help keep people entertained during these unprecedented times

From comedy to drama, documentary to films there is something for everyone.

As long as you have a tv licence, they are all free to watch.

With a turn in the weather to more rainy days, why not indulge in a little bit of binge watching?





s to Ashes: Series 1-3

ty Fabulous: Series 1-5

Crime Drama The Missing: Series 1-2 The acclaimed series that introduce







## STEM Education

STEM stands for science, technology, engineering, and maths.

By 2030 the U.K. will have over 7 million jobs needing STEM skills and it has been recognised that STEM can help broaden young people's life choices and opportunities in terms of keeping their future options open. There's never been a better time to develop these skills.

Maybe a Parklands student will go on to produce a lifesaving vaccine or another great British invention that ranks alongside the internet, computer, jet engine, light bulb, television or telephone.

Over the next few weeks we will focus on a few particular activities or challenges provided by STEM.org. This week we've highlighted <u>Stop the Spread</u> and <u>Going Bananas</u> So, all you budding Louis Pasteurs and Amelia Freers - we dare you to try.

There are hundreds of activities to choose from so if these don't appeal see what else is on offer at <u>STEM.org</u>.

Thanks to Mr McAvoy for this.



## Caling All Budding Authors ...



One for all the budding authors amongst the Parklands community: The British Library have provided instructions and some inspiration for making a mini book, like the Brontes did when they were children. Click <u>here</u> to read about the history of mini books and for instructions for making your own. Click <u>here</u> to see some examples from famous authors, including Philip Ardagh and Jacqeline Wilson.

If you want to illustrate your book, click <u>here</u> to see Axel Scheffler explaining his top tips for budding illustrators and <u>here</u> to see him explain and demonstrate how to draw a Gruffalo.

We would love to see any mini books that you make! Miss Pilkington If you try out or get involved with any of the recommendations let us know at: :connected@parklandsacademy.co.uk











Virtual Sports Day 1st -12th June 2020

Equipment: None/Very limited equipment required.

<u>Who can get involved</u>: Staff and students can enter for their house. It will be scored like 'normal sports day'. Year group events girls and boys. Parents of the pupils in houses can also get involved.

Events - Can enter one or more events! You will need to send your tracker as evidence for running/rides etc and pictures/videos of timed/jumping events. Some examples of smart phone apps include Strava, Runkeeper, mapmyrun and many more! If you don't have a smartphone app we will need some form of proof of your distance and signed off by a parent/guardian.

<u>Points:</u> Entries are also points so even by not being in the top 5 you can help your house win house points just by participating.

- Fastest 1km Run
- Fastest 5km Run
- Fastest 5km Ride
- Longest run (Minimum 5km)
- Longest ride (Minimum 5km)
- Longest Walk (Minimum entry is 2km)
- No of Bottle flips in 30 seconds
- Standing broad jump
- Sit ups in 30 seconds
- Speed bounce in 30 seconds
- No of keepie uppies
- Coordination wall throw test

<u>How to submit your score:</u> Once you finish an event, use the google form to send in your entry. Miss Greaves will compile the results and give an daily update that will be shared on the instagram account @peparklands. Submissions have to be from activity done in the Virtual Sports Day window.

If you want to try and beat your score you can send it again and again! Please encourage your house/fellow staff/family to get involved. Prizes for the top performers.

Good luck, stay safe and healthy!

Team PE @ Parklands

**<u>Resources</u>**: Link to form <u>here</u> Powerpoint with examples of the events <u>here</u>





## Keep smiling





Food or Not? Look closely...





What do you say when you are comforting an English teacher? There, Their, They're

Keep smiling and send your jokes to: connected@parklandsacademy.co.uk

What do you call a music teacher with problems? A trebled man.

This week the Learning Support Department have made a video message with an update on what they've been up to during closure. You can still'lean on them'

Click here or on the image to watch

Click for additional advice and support for those with Special Educational Needs and Disability



SEND weekly support board

## Keep Fit

#### PE lessons every day

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday to Friday via his YouTube channel for children of all ages, in a bid to keep everyone moving. P.E with Joe" | Daily LIVE workouts for kids | The Body Coach

It is the end of the first week of Virtual Sports Day! Thank you to everyone who has got involved so far, it is so easy to enter so please have a go at one of the activities.

Yesterday was double points for the bottle flip challenge!

Next points update is on Sunday evening! Until then, walk, run, ride, jump! Don't forget to record your evidence and enter it on the form!



0:01 / 3:01





## Making History...

Lancashire Archives are appealing for help in creaing a new collection so that future generations understand the effect of COVID19 on everyday life in Lancashire.

We feel sure that, from some of the information you have been sharing with us, you will be able to help.

#### Lancashire and the COVID 19 pandemic archive collection

You can write it down, draw, make a sound recording or short video recording or take photographs about what has changed and how you feel about it.

Your written experience could be a daily diary, about a single day or event or a poem. Or you might record, video or photograph what life has been like at home, work or where you live.

Contributions are welcome from all ages including children.

- They are also appealing for other materials such as :
  - Leaflets/flyers/posters from councils and other local government institutions about the pandemic
  - Material from local business relating to closures or changes to how they operate
  - Advice from local organisations about hygiene, social distancing and self-isolation
  - Information about community efforts to help vulnerable and isolated persons
  - Information from local schools regarding closures and home-schooling.

You can send any contributions by email to archives@lancashire.gov.uk including your name, age and the place where you live (not your full address).

For further details and more infomation follow this link: Lancashire Archives.

## How much do you know about food?



Test your **knowledge of food** with this <u>BBC Quiz</u>...

There are five rounds: pop culture, geography, technical, celebrity chefs and picture. Challenge friends and family to see how many of the 50 questions below you can get right!

#### Sandcastle refunds -

Final reminder that these are available via BACS only and must be processed by the 30th June. Please email <u>accounts@parklandsacademy.co.uk</u> with the name of the pupil, name of the bank, name on the bank account, bank account number and bank sort code.



"Daddy, what did **you** do during the coronavirus?"





### Get Cooking

It's been another busy week for the Parklands baking community.

Thank you to everyone who sent in examples of their cooking and baking. It's great to see a range of sweet and savoury dishes on offer.





Mrs Fairhurst baked these lovely blueberry and raisin scones. Yummy!



Robyn Hitchen, yr 7, made this delicious looking ginger and orange beef.

Mia Pilkington, Yr 10, made the most amazing macaroons and battenberg. They look fabulous and tasted just as good too.





Keep baking and sending us pictures of your efforts to: <u>connected@p</u> <u>arklandsacade</u> <u>my.co.uk</u>



Mrs Haslam's efforts are looking more professional by the week! This is a birthday cake for Mr Snell's grandson. Wow!!





### Get Cooking

#### Let's experiment... with Food - Baked Alaska

Why not try different cake bases - you can even use cookies! Try different ice-cream flavours.

SCIENCE SPARKS BAKED ALASKA Keep cooking and send us pictures of your efforts to: <u>connected</u> @parkland <u>sacademy.</u> co.uk

How can you put ice cream in a hot oven without it melting? Cover it with meringue! A Baked Alaska looks and tastes amazing. The secret is to cook it for just long enough to bake the meringue but not enough to melt the ice cream. The ice cream stays frozen because meringue and sponge cake are full of air bubbles and so don't conduct heat very well. They insulate the ice cream from the heat of the oven!

Ingredients sponge cake lam Vanilla ice cream 3 egg whites 175g caster sugar 1/2 tea spoon cream of tartar Instructions



Preheat the oven to 200 °C.

Slice the cake so you have five Icm thick slices and place each on a baking sheet. Spread a thin layer of jam on top of each slice.

To make the meringue whisk the egg whites until they form stiff peaks, slowly add half the sugar and cream of tartar and whisk again. Add the rest of the sugar and whisk again until the meringue looks thick and glossy.

Place a scoop of ice cream on top of each sponge cake slice and cover with meringue mixture. Bake for 3-4 minutes and serve immediately!



#### Emotional Health & Wellbeing

The continuining Coronavirus (COVID-19) oubreak can be scary.

It is also unusual for whole households to be together for such long periods of time. These things can challenging for all of us and affect our mental health. Here's a ink to <u>Mind.org</u> with some useful tips on how to help your wellbeing.



With many of us spending more time than ever online for education, work and entertainment this presentation from the **ThinkuKnow** education programme, provides an <u>Introduction for Parents and Carers</u> It highlights some of the resources available for you and your children and reminds you of some of the things you can do to keep your child safe online. Click on the image to take you to the presentation.

The best way you can protect your child is to establish a positive relationship with them around their life online. Talk to them – not just once but have ongoing conversations as part of your family life

### Keep safe and up-to date

The latest coronavirus (COVID-19) information from Public Health England



Wishing you all an enjoyable and memorable birthday. It will certainly be one to remember!

> Sunday 7th June Charlie M 16 Alex S 12

> Monday 8th June Minnie H 15 Emi-Jae 13

**Tuesday 9th June** Derin A 13 Grace R 12



Wednesday 10th June Harry D 12 Hannah W 12

Thursday 11th June Mr Wood Jack P 16 George J 13 Leon B 12

Friday 12th June Mr Whalley Harry A 16 Katie D 16 Milly P 15

Saturday 13th June Miss Crabtree Ellen P 13









