



Learning Support Board
Week Commencing
24th January 2022

Things you need to know:

We hope everything is going well. Remember the Learning Support department are here to help. You can find us in N17.

Learningsupport@parklandsacademy.co.uk

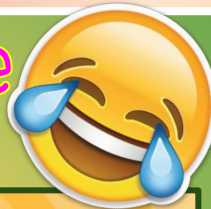
*"The cure for boredom is curiosity.
There is no cure for curiosity."*

Dorothy Parker

LANCASHIRE
**LOCAL
OFFER**

Special Educational
Needs and Disabilities
Local Offer in
Lancashire

Joke of the Week



Did you hear
the story about the truck that crashed
with a load
of tortoises?



It was a **TURTLE DISASTER!**

— ALLOW —
YOURSELF
TO BE A
BEGINNER.
NO ONE
STARTS OFF
BEING
EXCELLENT. —



What is the name of this
Disney animated character?

Last time's answer: Russia



Instagram

Follow us on Instagram:

p_h_s learningsupport

Useful Links

- [ADDitude Magazine](#)
- [Autism Eye](#)
- [Autism Parenting Magazine](#)
- [British Dyslexia Association](#)
- [The Communication Trust](#)

- [FIND Newsletter](#)
- [GOV.UK Covid-19 Information](#)
- [Headspace \(Meditation & Sleep\)](#)
- [KOOOTH Mental Health Support](#)
- [Local Offer](#)
- [NHS Urgent Mental Health Helpline](#)
- [Witherslack Group](#)

Interesting things to know and do:



Learning Support Board
24th January 2022

Historical Fact of the Week On this day in **1984...** **APPLE MACINTOSH COMPUTER INTRODUCED** **First Successful Mass Market Self-Contained Desktop**

The Macintosh, or Mac, is a series of personal computers, manufactured by Apple Inc. The first Macintosh was introduced on 24th January 1984, by Steve Jobs and it was the first commercially successful personal computer to feature two existing, but then unpopular features — the mouse and the graphical user interface. This improved upon the command-line interface of its predecessors.

Apple manufactured all aspects of the Macintosh's hardware and created its own operating system which was pre-installed on all Macintosh computers. This was in contrast to most of the IBM compatible competition who used multiple companies to create hardware intended to run their own operating system. Apple exclusively produced Macintosh hardware, developed the operating system and other software, created their own stylish designs, and set prices.

The Macintosh project started in the late 1970s when Jef Raskin, an Apple employee, envisioned an easy-to-use, low-cost computer for the average consumer. He wanted to name the computer after his favorite type of apple, the McIntosh, although the name had to be changed slightly for legal reasons - hence "Macintosh". In September 1979, Raskin was authorized by Steve Jobs, the founder of Apple, to start hiring for the project. Burrell Smith, a service technician who had only been hired a few months earlier, put together the prototype. Raskin fell out with Jobs and left Apple in 1981 so the final design was down to Jobs and became known as the 128k. It went on sale at £1,784 - the equivalent of a hefty £5,864 at today's prices.

Steve Jobs had left Apple in 1985. By the time he returned to the company in 1997 there were 20 different Macintosh models. Jobs rebranded the computers as "Macs" and reduced the line-up to just four models. They were all commercially successful and returned Apple to the profitability it has maintained to this very day. On 3rd January 2022 Apple became the first company in the world to attain a market valuation of \$3 trillion.

MINDFULNESS

If you spend a lot of time caught up in your thoughts, worrying, then Mindfulness may help.

Mindfulness is paying more attention to the present moment – to your own thoughts and feelings, and to the world around you.

To find out more, investigate these links...

<https://www.youtube.com/watch?v=GiTfK5IZ1OA>

<https://www.youtube.com/watch?v=QTsUEOUaWpY>



For young people aged between 12 and 15 you can find out more and complete the survey, by emailing Hannah Holden – who is the Children and Young People Team Project Lead – hannahholden@lancashiremind.org.uk. Those aged between 16 and 25 can complete the survey using the button below.

TAKE THE SURVEY

**WORTH
A LOOK**



IPSEA

IPSEA (Independent Provider of Special Education Advice) is a registered charity offering free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.



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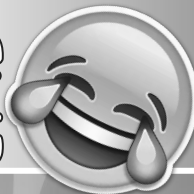
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**Inspire Club
Quiz**



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Last time's answer: Russia



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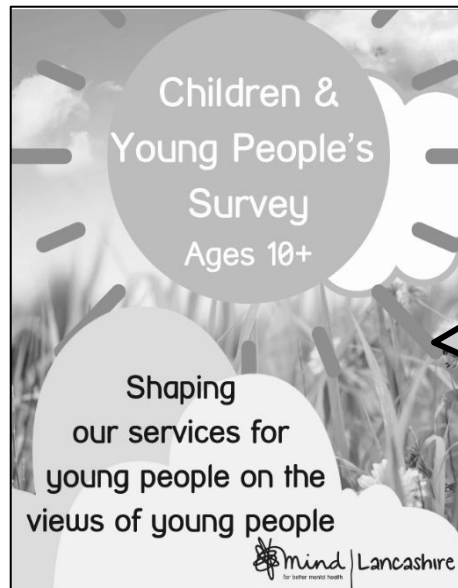
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