



Learning Support Board
Week Commencing
31st January 2022

Things you need to know:

We hope everything is going well. Remember the Learning Support department are here to help. You can find us in N17.

Learningsupport@parklandsacademy.co.uk

*"Leaders think and talk about solutions.
Followers think and talk about problems."*

Brian Tracy



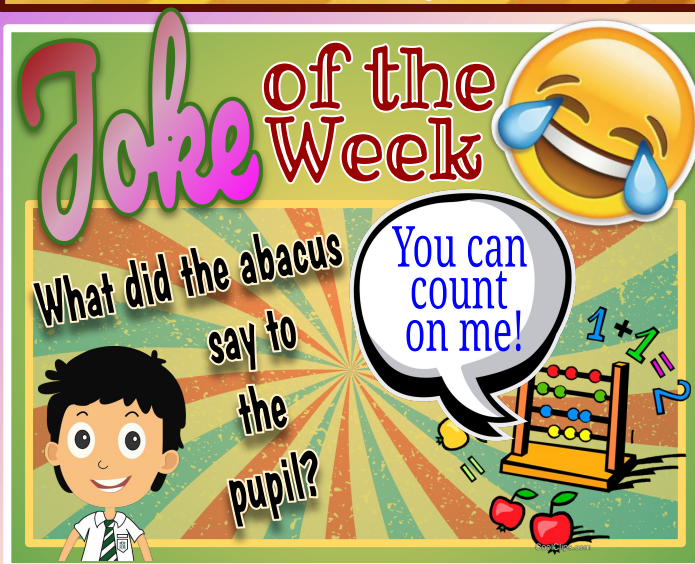
**Special Educational
Needs and Disabilities
Local Offer in
Lancashire**

**Inspire Club
Quiz**



What name is given to this kind of Scottish cap?

Last time's answer: Milan



**DON'T BE
AFRAID
TO FAIL
BE AFRAY
NOT
TO TRY**



Instagram

Follow us on Instagram:

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Useful Links

- [ADDitude Magazine](#)
- [Autism Eye](#)
- [Autism Parenting Magazine](#)
- [British Dyslexia Association](#)
- [The Communication Trust](#)
- [FIND Newsletter](#)
- [GOV.UK Covid-19 Information](#)
- [Headspace \(Meditation & Sleep\)](#)
- [KOOOTH Mental Health Support](#)
- [Local Offer](#)
- [NHS Urgent Mental Health Helpline](#)
- [Witherslack Group](#)

Interesting things to know and do:



Learning Support Board
31st January 2022

Historical Fact of the Week On this day in **1865**... **SLAVERY ABOLISHED IN AMERICA** U.S. Congress Passes 13th Amendment

On 31st January 1865, the 13th Amendment was passed by the U.S. Congress, ensuring that "neither slavery nor involuntary servitude... shall exist within the United States, or any place subject to their jurisdiction."

Before the American Civil War (1861-65), Abraham Lincoln and other leaders of the anti-slavery Republican Party had sought not to abolish slavery but merely to stop its extension into new territories and states in the American West. This policy was unacceptable to most Southern politicians, who believed that the growth of those new "free" states would turn the U.S. power structure against them.

In 1860, Lincoln was elected as president. This provoked the secession of South Carolina, Mississippi, Florida, Alabama, Georgia and Louisiana to form the Confederate States of America. Texas, Virginia, Arkansas, Tennessee, North Carolina, Missouri and Kentucky followed over the next few months. The American Civil War began in the early hours of the 12th April 1861 when Confederate troops fired on Fort Sumter in South Carolina's Charleston Harbour.

The war raged until the Spring of 1865 when the Confederate commander Robert E. Lee surrendered to Ulysses S. Grant at the courthouse in Appomattox, Virginia on the 9th April 1865. Some recent estimates put the death toll at 750,000 Americans. 179,000 black soldiers fought for the Union army with more than 20% of those losing their lives.

It took almost a year for the 13th Amendment to be ratified by the requisite three-quarters of U.S. states. On 2nd December, Georgia became the 27th state to ratify the Amendment, thus giving it the requisite three-quarters majority of states' approval needed to make it law. Congress had required this former Confederate state to ratify the amendment as a condition for readmission into the Union. On 18th December, the 13th Amendment was officially adopted into the Constitution—246 years after the first shipload of captive Africans landed at Jamestown, Virginia, and were bought as enslaved workers.

MINDFULNESS

If you spend a lot of time caught up in your thoughts, worrying, then Mindfulness may help.

Mindfulness is paying more attention to the present moment – to your own thoughts and feelings, and to the world around you.

To find out more, investigate these links...

<https://www.youtube.com/watch?v=GiTfK5IZ1OA>

<https://www.youtube.com/watch?v=QTsUEOUaWpY>



For young people aged between 12 and 15 you can find out more and complete the survey, by emailing Hannah Holden – who is the Children and Young People Team Project Lead: hannahholden@lancashiremind.org.uk. Those aged between 16 and 25 can complete the survey using the button below.

TAKE THE SURVEY

**WORTH
A LOOK**



IPSEA

IPSEA (Independent Provider of Special Education Advice) is a registered charity offering free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.



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**LOCAL
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Last time's answer: Mulan



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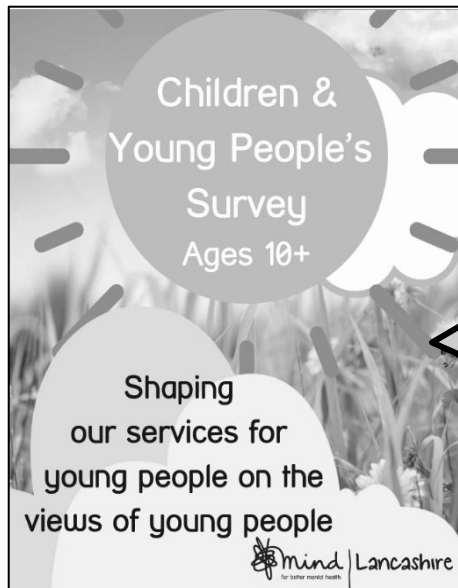
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Children & Young People's Survey
Ages 10+

Shaping our services for young people on the views of young people

 mind | Lancashire

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