

 **Learning Support Board**  
 Week Commencing  
**7th February 2022**

## Things you need to know:

We hope everything is going well. If not you can find us in N17. You may be interested to learn that this is 'Children's Mental Health Week'. There's a link on the next slide.

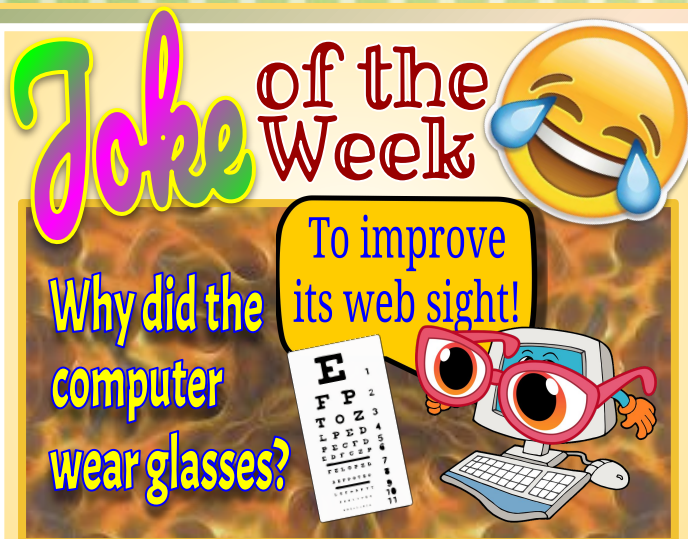
[Learningsupport@parklandsacademy.co.uk](mailto:Learningsupport@parklandsacademy.co.uk)



This is an uncut gemstone but what type?

Last time's answer: Tam O'Shanter

*"All we have to decide is what to do with the time that is given to us."*  
**J.R.R. Tolkien**



 **Special Educational Needs and Disabilities Local Offer in Lancashire**

**THE BAD NEWS IS**  
**TIME FLIES**  
**THE GOOD NEWS IS**  
**YOU'RE THE PILOT**



Follow us on Instagram:

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## Useful Links

- [ADDitude Magazine](#)
- [Autism Eye](#)
- [Autism Parenting Magazine](#)
- [British Dyslexia Association](#)
- [The Communication Trust](#)
- [FIND Newsletter](#)
- [GOV.UK Covid-19 Information](#)
- [Headspace \(Meditation & Sleep\)](#)
- [KOOOTH Mental Health Support](#)
- [Local Offer](#)
- [NHS Urgent Mental Health Helpline](#)
- [Witherslack Group](#)

# Interesting things to know and do:



Learning Support Board  
7th February 2022

## Historical Fact of the Week On this day in **1845**... **PORTLAND VASE SMASHED BY VANDAL** **Drunkard Shatters Priceless Roman Glass Vase**

The Portland Vase is a Roman two-handled glass amphora dating to between the second half of the 1st century BC and the early 1st century AD. The vase is 24.5 cm high and made of blown dark cobalt blue glass covered with a layer of opaque white glass carved into cameos. Disaster struck on the 7th February 1845 when the vase was smashed to pieces in the British Museum.

A young Dubliner called Mulcahy – who later confessed to have been drinking for a week before – visited the British Museum in London and committed a terrible act of vandalism. He had been living in England under the assumed name of William Lloyd, having left unspecified “family troubles” behind him in Ireland, where he was a student at Trinity College in Dublin.

Breaking the vase wasn't as easy as it might seem. It was protected in a case under thick glass. Unfortunately, this being the British Museum, there was a large lump of basalt nearby that was part of a monument from the ruins of Persepolis. Having waited for the guard to leave the room, Mulcahy launched the basalt sculpture at the case, shattering the priceless vase into about 200 pieces.

A good lawyer pointed out that the law he was charged under, for “wilful damage”, only applied to objects worth a maximum of £5. He was therefore convicted of destroying the case, not the vase. Then an unnamed benefactor bought him out of the two-month jail sentence he was given because he couldn't pay the fine. The vase's owner, the Duke of Portland, was even more charitable. He let the civil action drop, not wanting the man's family to suffer for his drunken folly.

The vase was restored by a craftsman called John Doubleday. Unfortunately, 37 shards of glass were left over. The British Museum bought the vase from the Duke of Portland in 1945 and it was restored again in 1948 when most of the missing shards were reincorporated. The latest restoration was in 1989. Many wonder at the value of this famous piece of glass. It is impossible to say but only 15 similar vases exist and a tiny version, forty times smaller, was bought for £350,000 by the Getty Museum in 1985.



For young people aged between 12 and 15 you can find out more and complete the survey, by emailing Hannah Holden – who is the Children and Young People Team Project Lead:- [hannahholden@lancashiremind.org.uk](mailto:hannahholden@lancashiremind.org.uk)  
Those aged between 16 and 25 can complete the survey using the button below.

**TAKE THE SURVEY**

**WORTH  
A LOOK**



**IPSEA**

IPSEA (Independent Provider of Special Education Advice) is a registered charity offering free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

## MINDFULNESS

If you spend a lot of time caught up in your thoughts, worrying, then Mindfulness may help.

Mindfulness is paying more attention to the present moment – to your own thoughts and feelings, and to the world around you.

To find out more, investigate these links...

<https://www.youtube.com/watch?v=GiTfK5IZ1OA>

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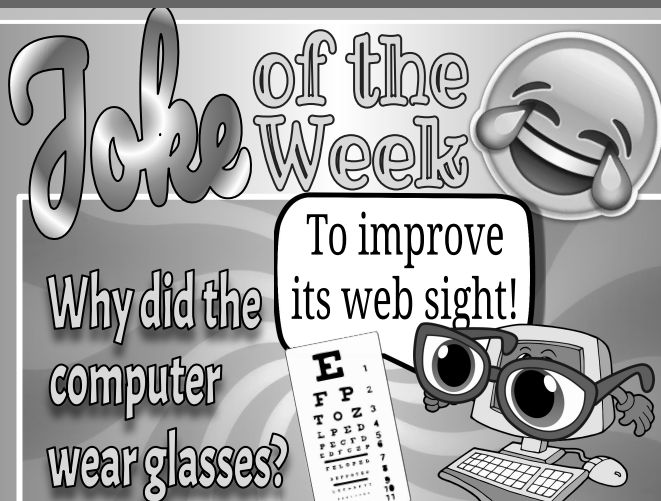
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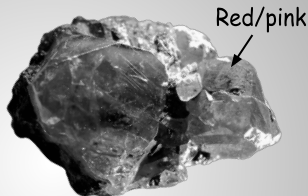
LANCASHIRE  
**LOCAL  
OFFER**

**Special Educational  
Needs and Disabilities  
Local Offer in  
Lancashire**



**THE BAD NEWS IS  
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YOU'RE THE PILOT**

Inspire Club  
**Quiz**



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Instagram

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