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WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	cottage pie served with steamed fresh veg veggie cottage pie	Rich tomato beef Bolognese Creamy garlic and mushroom sauce, Served on a bed of spaghetti	Chicken Rogan josh  Veggie Balti  Served with steamed rice and  naan bread	Chips served with baked southern chicken pieces  Chips fish and peas	Veggie chow Mein Chicken and black bean sauce served with egg fried rice
Specials	BEST OF BRITISH	ITALIAN DAY	CURRY DAY	CHIPPY DAY	ORIENTAL DAY
Jacket Potatoes	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings
Love Joe's	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads
Pasta King Street Eats	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles
Sandwiches & Soup	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day
Dessert	Selection of cakes, fruit and desserts	Selection of cakes, fruit and desserts	Selection of cakes, fruit and desserts	Selection of cakes, fruit and desserts	Selection of cakes, fruit and desserts



WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals Arbay	Beef lasagna  Veggie lasagna  served with salad and garlic  bread	Chicken Chow Mein Beef in black bean sauce Sweet & sour veggies Served with egg fried rice or noodles	Homemade meat & potato pie  Veggie cottage pie  Served with fresh steamed	Chips, fish & peas chips with baked southern chicken pieces	Chef's choice of roast meats  & veggie dishes  Served with all the trimmings and seasonal vegetables
Specials 5-4-Day	ITALIAN DAY	ORIENTAL DAY	PIE DAY	CHIPPY DAY	CARVERY DAY
Jacket Potatoes	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings
Love Joe's	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad served in a selection of warm breads	Marinated chicken strips served with optional crispy salad served in a selection of warm breads	Marinated chicken strips served with optional crispy salad served in a selection of warm breads	Marinated chicken strips served with optional crispy salad served in a selection of warm breads
Pasta King Street Eats	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles
Sandwiches & soup	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day
Dessert 5-ADV	Selection of fruit, cakes and desserts	Selection of fruit, cakes and desserts	Selection of fruit, cakes and desserts	Selection of fruit, cakes and desserts	Selection of fruit, cakes and desserts



WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Marinated chicken in a rich tikka masala sauce Chargrilled veggies in a jalfrezi sauce served with steamed rice	Piri piri or lemon & herb chicken Piri piri bean pitta Spicy rice, corncobs & salad	Chips served with southern baked chicken pieces  Chips, fish & peas	Homemade meat & potato pie <b>Cheese pie</b> With steamed vegetables	Chef's choice of roast meats  & veggie dishes  Served with all the trimmings and seasonal vegetables
Specials	Curry day	Chicken feast day	CHIPPY DAY	PIE DAY	Carvery day
Jacket Potatoes	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings	Baked jacket with choice of fillings
Love Joe's	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads	Marinated chicken strips served with optional crispy salad in a selection of warm breads
Pasta King Street eats	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles	Pasta King bar Choice of sauces served with rice, pasta or noodles
Sandwiches & soup	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day	Selection of freshly made sandwiches, paninis, pasta pots & salad boxes Soup of the day
Dessert	Selection of cakes, fruit, and desserts	Selection of cakes, fruit, and desserts	Selection of cakes, fruit, and desserts	Selection of cakes, fruit, and desserts	Selection of cakes, fruit, and desserts

