



PARKLANDS- KEEPING CONNECTED

6th - 19th April

Issue 3 & 4



Headteacher's Message

Hello everyone,

The Easter break is now upon us, so these are my expectations for the next two weeks:

- You do not need to complete any school work as you all need a break;
- Teachers will not be setting you any tasks or marking any submitted work;
- Your emails to teachers are likely to go unanswered;
- You should enjoy family time, eat Easter eggs, support one another but above all, keep safe - which means not going out and maintaining social distancing!

Most of you are probably desperate to go out and meet up with your friends - but please remember that none of us should be doing this. These are such strange times, and being on lockdown creates for all of us a sense of frustration, anger and resentment. But we have to trust that this is the right thing to do, in order to ensure as few people as possible fall ill with this horrible virus.

I want to take this opportunity to thank all of you parents and carers who are key workers, helping to keep us safe during these times. Participating in the Thursday 8pm clapping was wonderful, and it was incredible to hear so much noise as all my neighbours came out in support of the NHS and key workers. I felt an overwhelming sense of community, which I hope will not be lost once the virus is beaten.

Thanks also go to many of you who are sending in your photos and ideas for the Keeping Connected bulletin. I hope it's helping you maintain a sense of belonging to Parklands, and I know I've been inspired by many of you to get baking with my own children.

There are lots of suggestions for activities in this bumper edition to cover the length of the Easter break, so have a go at doing something different!

Take care and keep safe,
Mr Mitchell
Headteacher



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Keep in Touch

We've loved hearing from you during week 2 of lockdown. Here's what some of you have been up to and some responses to the Head Students' Challenge. Look out for their new challenges on p 5



HEAD STUDENT CHALLENGE 1:

COMMIT TO DOING AT LEAST 20 MINUTES OF EXERCISE EVERY DAY FOR THE FULL WEEK TO STAY ACTIVE AND MAKE THE MOST OF THE SUN EVEN WITH THE LOCKDOWN!!

YOU COULD...

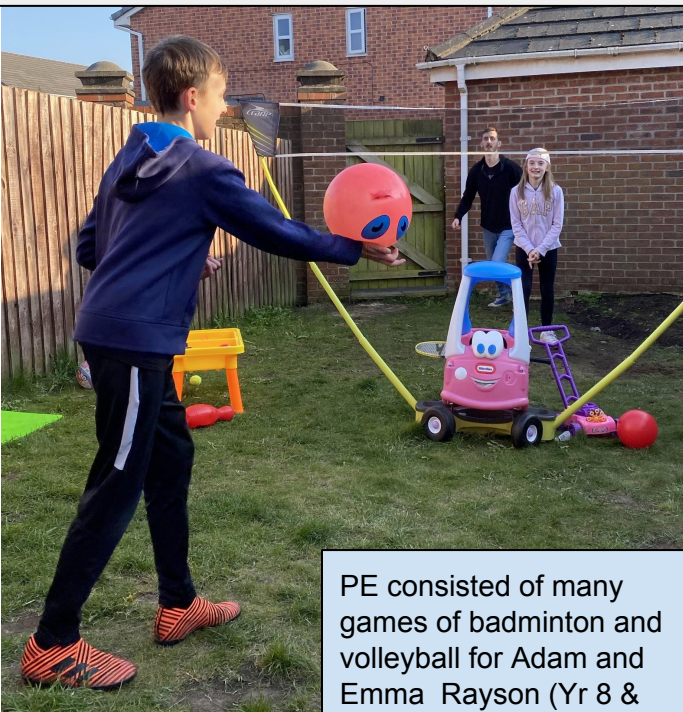
- TAKE YOUR DOG ON WALKS
- GO FOR A RUN
- TUNE IN TO JOE WICK'S DAILY SESSIONS AT 9AM
- KICK A BALL AROUND IN YOUR BACK GARDEN
- DO DAILY WORKOUTS WITH YOUR FAMILY
- PARTAKE IN YOGA SESSIONS



REMEMBER TO:

- SEND IN YOUR PICTURES TO CONNECTED@PARKLANDSACADEMY.CO.UK TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!
- EMAIL 21MMALIK@PARKLANDSACADEMY.CO.UK IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!

May Upton, Yr7, making her contribution to the Joined Video
Fancy getting involved? Email your clip of you throwing something to: connected@parklandsacademy.co.uk



PE consisted of many games of badminton and volleyball for Adam and Emma Rayson (Yr 8 & Yr 7)



Here's Ruby Hough, Yr9, and Lily Rivers, Yr7, from the Girls' Football Team showing how to keep connected. Watch [the video](#) in full -it's great. Well done, girls (and Mr Swift who makes a guest appearance)



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- EMAIL

Harrison Swansbury, Yr 7, doing the Headstudent Challenge. Watch him in action



Good to see that staff are joining in too. Here's Mrs Eastham taking her first cycle ride in 2 years!



Alex Sharples, Yr 7, doing the Headstudent Challenge and keeping up his football practice.



The Goslings, (Eadie Yr 9, George Yr 7 plus Florence the dog) have done Jo Wicks every morning so far! (It's finishing Mum off!)



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Feeling Arty?

Here's an excellent drawing done by Ashton Flevill in Yr 9. Well done, Ashton!



Why not send us a picture of any hobby or interest you have to connected@parklandsacademy.co.uk?

We might include it in the next edition of 'Keeping Connected'.

The new NHS Nightingale Hospital is looking for colourful rainbow pictures. However, there has been some fake news relating to this story. You **can** feel free to draw as many pictures as you like but they should **not be sent in the post**. Please send via [#RainbowsForNightingale](https://twitter.com/RainbowsForNightingale)



Mad Science Selfie competition!

Take a selfie of you doing something wacky and Science related and send it in to rbetney@parklandsacademy.co.uk. Check out the @ParklandsHighSchoolChorley facebook page for some fun little Science experiments to try at home!

Learn to ...

Touch type for free: <https://www.typingclub.com/>

Click for additional advice and support for those with Special Educational Needs and Disability

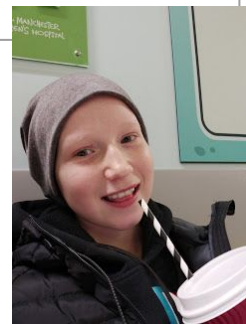
[SEND weekly support board 1](#)

[SEND weekly support board 2](#)

Sally Cornes, Yr 8, is an inspirational young lady who needs our support in securing treatment to help her beat her battle against cancer. Follow the link to read more about this amazing young lady. You can also make a donation - large or small, any amount will be greatly appreciated.

[SallyGoFund Me](#)

Sally also has her own blog <http://sallycornes.blogspot.com/>





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Quiz

1. What happened at Kitty Hawk, North Carolina on 17 December 1903?
2. The longest corridor at *Parklands* is the Concourse but how long is it?
 - A. 205m
 - B. 125m
 - C. 78m
 - D. 52m
3. Disney was sued by a biologist for defaming the character of which animal in *The Lion King*?
4. What kind of precious stones come from the Muzo mines in Colombia?
5. Which scientific term was popularised by Wallace Smith Broecker?

Answers will be provided in the next edition

Last week's answers are below:

1. The UK's biggest manufacturer is *Essity* and they produce 1.7 billion a year - But what item do they produce? *Toilet rolls*
2. What is the standard rate of VAT on purchases in the UK? *20%*
3. It is currently closed but what is the nearest National Trust property to Chorley? *Rufford Old Hall*
4. Which rapper-songwriter is 6 ft 5 inches tall and received 6 A*s and 3 As at GCSE? *Stormzy*
5. How high above sea level is the floor of the Main hall at Parklands?
A)72m B)12m C)236m D)0m *A. 72m*

Thanks to Mr Whalley for providing the quiz.

Cryptic Cities

Guess the cities from the clues below.

Example:- Clue = top of the bottle, Answer = Cork

1. Brown envelope
2. Put father in a holdall
3. Waterproof boot
4. Wander
5. Australian under
6. EEE
7. The Magic Roundabout's nurse
8. TV Detective

Answers in our next edition.

Thanks to Mrs Curtis for providing this quiz.

Head students' Challenge

To demonstrate the team effort required in keeping us all productive and supported the Head Students have been busy too. Follow this link to their weekly challenges and let us know how you go on. Head student weekly challenge- [week 3](#) and [week 4](#)



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duolingo

DUOLINGO HOUSE COMPETITION 2020

In light of the strange new situation we are now all in, the Duolingo House Competition has returned for 2020! This is a house comp you can still take part in from home. Let's keep up the house spirit from a distance!

Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Each time you do some learning on the app you will earn points for your house and I will email out the leaderboard each Friday.

[Click here for instructions for joining the STUDENT competition.](#)

[Click here for instructions for joining the STAFF/PARENT competition.](#)

Happy language learning!

Mr Stalker

Keep smiling



Humans can catch diseases from monkeys and bats, but why not anteaters?
Because they are filled with anty bodies.
(Sophia Fenton Yr11)

Where is the best place to sit in a cold room?
In the corner, where it is always 90 degrees
(Mr Crampton)

Why can't you tell
an egg joke?
...because it will
crack you up !

Keep smiling and send your jokes to connected@parklandsacademy.co.uk

Get reading - Book review

This is Going to Hurt by Adam Kay

This is a hilariously uplifting insight to the world of doctors and the daily challenges they face. It is written as a series of diary entries by Kay during his time in training, from 2004-2010. You will certainly laugh out loud on many occasions as well as truly begin to understand the mammoth job that doctors, nurses and other hospital staff face on a daily basis. This is a good one for parents and older students. Currently on offer for £4.50 on Amazon.

Miss Law



Send us your recommendations for a good read or a book review connected@parklandsacademy.co.uk



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Board Game of the week - Monopoly



Monopoly is the classic fast-dealing property trading board game. Own it all as a high-flying trader in the fast-paced world of real estate. Move around the board buying and dealing in properties, building houses and hotels as you go. You'll buy, sell and have a blast (and hopefully still be speaking to each other by the end of the game!)

Now, we know this might not exactly fit the definition of a board game but with all this time on our hands it's definitely time to indulge in the pleasure and challenge of a **jigsaw**.



Some of our staff and their families have been testing their patience, concentration and problem solving skills over the last few weeks, with varying results...



Miss Pilkington is very pleased with her finished effort. It's the first one she's done since she was 12 years old. She enjoyed it so much that she's planning on doing more!



Miss Partington's 'A trip to the dentist' jigsaw is a work in progress. We hope she's enjoying it more than the real thing

Mrs Ardern's daughter is concentrating hard. Just think of those mathematical skills being developed.



We're not sure how long it took Mr Galbraith with this one. He was helping his little children, though



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Thinkuknow Keeping your child safe online while they are off school



Thinkuknow is the national online safety education programme from CEOP, the online child protection command of the National Crime Agency.

Thinkuknow helps parents, carers, teachers and others keep children safe from sexual abuse, offering learning activities, advice and support for children and young people aged 4-18 and their families.

While school is closed, here's what you can do to keep your child stay safe while they are learning, staying in touch with family and friends, and having fun online.

8 steps to keep your child safe online this month

- 1. Explore together:** Ask your child to show you their favourite websites and apps and what they do on them. Listen, show interest and encourage them to teach you the basics of the site or app.
- 2. Chat about online safety little and often:** Young people are likely to want to explore new apps and websites this month, whether that's for learning or for fun. Take this opportunity to talk to them about how to stay safe on these new services, and in general. Ask if anything ever worries them while they're online. Make sure they know that if they ever feel worried, they can get help by talking to you or another adult they trust.
- 3. Help your child identify trusted adults who can help them if they are worried:** This includes you and other adults at home, as well as adults from wider family, school or other support services who they are able to contact at this time. Encourage them to draw a picture or write a list of their trusted adults.
- 4. Be non-judgemental:** Explain that you would never blame them for anything that might happen online, and you will always give them calm, loving support.
- 5. Talk about how their online actions can affect others:** If your child is engaging with others online, remind them to consider how someone else might feel before they post or share something. If they are considering sharing a photo/video of somebody else, they should always ask permission first.
- 6. Parental controls:** Make use of the parental controls available on your home broadband and any internet enabled device in your home. You can find out more about how to use parental controls by visiting your broadband provider's website.
- 7. Direct your child to age appropriate information about relationships and sex:** It's natural for young people to start exploring their sexual feelings online and adolescents are more inclined to take risks. It's important to understand this and to talk to your child in a positive way. Thinkuknow, Brook, The Mix and Childline all provide age appropriate information about relationships and sex that you can signpost your child to.
- 8. Make sure they know about CEOP:** Young people can report a concern about grooming or sexual abuse to CEOP at www.ceop.police.uk/safety-centre/ and get support from a specialist Child Protection Advisor.

Link to more information and further [Thinkuknow websites and resources](#)



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More links to staying safe and healthy

There's some really useful tips and advice in the links below.

They have been provided by the local authority and contain a range of links to activities, ideas and support

[Emotional Health & Wellbeing](#)

[Mental health advice and resources](#)

We like this - a small challenge for every day of the month

https://www.actionforhappiness.org/media/865777/april_2020.pdf

Thanks to Mrs Brookes for suggesting this.



ACTIVE COPING CALENDAR: APRIL 2020



SUNDAY

**"Everything can be taken from us but one thing:
the freedom to choose our attitude in any given
set of circumstances" ~ Viktor Frankl**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

5 Get active.
Even if you're
stuck indoors,
move & stretch

6 Contact a
neighbour or
friend and offer
to help them

7 Share what
you are feeling
and be willing to
ask for help

8 Take five
minutes to sit
still and breathe.
Repeat regularly

9 Call a loved
one to catch up
and really listen
to them

10 Get good
sleep. No screens
before bed or
when waking up

11 Notice five
things that are
beautiful in the
world around you

12 Immerse
yourself in a new
book, TV show
or podcast

13 Respond
positively to
everyone you
interact with

14 Play a game
that you enjoyed
when you were
younger

15 Make some
progress on a
project that
matters to you

16 Rediscover
your favourite
music that really
lifts your spirits

17 Learn
something new
or do something
creative

18 Find a fun
way to do an extra
15 minutes of
physical activity

19 Do three
acts of kindness
to help others,
however small

20 Make time
for self-care. Do
something kind
for yourself

21 Send a
letter or message
to someone you
can't be with

22 Find positive
stories in the news
and share these
with others

23 Have a
tech-free day.
Stop scrolling and
turn off the news

24 Put your
worries into
perspective and
try to let them go

25 Look for the
good in others
and notice their
strengths

26 Take a
small step
towards an
important goal

27 Thank three
people you're
grateful to and
tell them why

28 Make a
plan to meet up
with others again
later in the year

29 Connect with
nature. Breathe
and notice life
continuing

30 Remember
that all feelings
and situations
pass in time



ACTION FOR HAPPINESS



www.actionforhappiness.org

30 actions to look after ourselves and each other as we face this global crisis together

Keep Calm · Stay Wise · Be Kind



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Keep Fit

Strengthen your body from the inside out.

Try yoga. Recommended by Ms Kellett, follow this link to increase your flexibility and to inject some calm into the chaos of our daily lives. [30 Days of Yoga](#)

Sign up to @peparklands Instagram page and join in a live stream class?
Miss Greaves continues to deliver live Zumba sessions and will do them most days.
Enjoy!

PE lessons every day

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday to Friday via his YouTube channel for children of all ages, in a bid to keep everyone moving.

[P.E with Joe" | Daily LIVE workouts for kids | The Body Coach](#)

The Ballet Coach is offering free daily lessons/workouts/stretching exercises for all ages over on her Facebook and YouTube channel. A chance to keep upto date with your skills, learn new techniques or try out a new hobby!

[The Ballet Coach](#)

Recommended by Mrs O'Keefe



Why not send us a picture or video of how you're taking daily exercise to connected@parklandsacademy.co.uk? We might include it in next week's 'Keeping Connected'.

Audio Books



Audible are making a wide selection of audio books available to stream for as long as schools are closed.

Click on the Audible logo to take you to their site

It's wonderful to see the community pulling together in times of need.

Thanks to all the local volunteers in providing this valuable service.

See the recent [LEP article](#) for more detail



Chorley Buddies

01257 542367

Want to talk to someone? We're listening
Want to be a PhoneBuddy? We'll connect you
Need a ShoppingBuddy? We'll get it for you
Need meds or Scripts delivered? We'll do it

LINES ARE OPEN FROM 9AM TO 9PM, WITH ANSWERPHONE
OUTSIDE THOSE HOURS





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What to watch...

The National Theatre are screening world class theatre online during the period of closure.

What a fabulous opportunity to see some of the best theatre for free. Choose from classics, comedy, Shakespeare and more.



One Man, Two Guvnors

Featuring a Tony Award-winning performance from James Corden as Francis Henshall in this hilarious West End and Broadway hit. Streaming now and available until 9 April.

[National Theatre at Home](#)

If **musical theatre** is more your thing then you're going to love this...

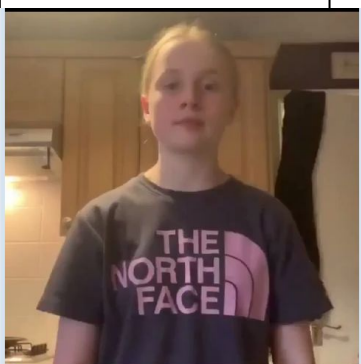
A series of musicals from theatre icon **Andrew Lloyd Webber** will be made available online for free while theatres on Broadway and London's West End are closed because of the coronavirus pandemic.

Filmed versions of his shows will be uploaded to the YouTube channel [The Show Must Go On!](#) each week, where they can be viewed freely for 48 hours.

The first musical to appear was *Joseph and the Technicolour Dreamcoat*, on 3rd April 2020- starring Donny Osmond, Richard Attenborough and Joan Collins. Next Friday's show will be *Jesus Christ Superstar* with Tim Minchin, Mel C and Chris Moyles in the cast. Other shows to follow are *Evita*, *The Phantom of the Opera*, *Cats*, *Starlight Express* and *School of Rock*.



This might be of interest to singers and lovers of musical theatre, in particular the musical, *Six*



Perhaps Grace Scott, Yr7, should consider entering. Watch this lovely [video](#) with a beautiful message

Thank you Grace.

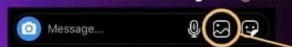
Keep in touch at connected@parklandsacademy.co.uk

QUEENDOM, WE NEED YOU!

BE PART OF A WORLDWIDE SENSATION AND HELP US MAKE HERSTORY. PERFORM WITH THE QUEENS ON THREE CONTINENTS AND SEVEN SEAS!

We're creating a very special video featuring the Queens of *SIX* and the *Queendom* and we want everyone to get involved. All you need to do is follow the instructions below:

- Using your phone, film yourself singing the final chorus of "SIX." It is very important that you sing the FINAL chorus because it's in a different key to the others. It starts at 3:17 on the track.
- Sing along to the official album recording using headphones so that only your voice can be heard in the video, not the track.
- Film in **landscape**, not portrait!
- You can film it on your own, or with anyone else in your household. It's up to you!
- Send your video as a Direct Message to [@sixthemusical](#) on Instagram or Twitter.



If you're sending on Instagram make sure you use this button so we can save the video!

- All videos must be sent to us **before midnight on 9th April.**

Thank you!!!



PARKLANDS- KEEPING CONNECTED

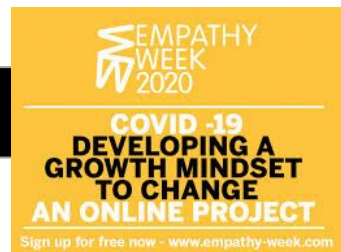
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Social Action Project

We know you all have brilliant ideas about how we can solve problems and that is why we are excited to share this online competition with you!



We are looking for entries for the Social Action Project, designed to inspire young people to create solutions, innovate through challenges and become young empathic changemakers.

The title of the project is **"COVID-19 – Create a solution to one of the social problems caused by the pandemic."**

You should design a solution to a social problem caused by Coronavirus either in your country or across the world and create a 10 slide Powerpoint that shows your research and solution.

Note – we are not asking you to design a vaccine (we'll leave that to the medical experts). Instead, think about how life has had to change and the problems that have occurred because of that.

And the rest is up to you! You can work on your own or in groups of up to five. Submissions must be sent by April 26th, so you have a bit of time to work out what you would like to do.

Not only will this provide a brilliant opportunity to think about how we can solve problems on a global level, it will also provide excellent evidence for your Cultural Capital Passport.

A handbook and the submission form are in the folder attached. Please return your submissions to Miss Donohue at jdonoehue@parklandsacademy.co.uk and she will send them off to the judges.

Good luck! We can't wait to see some of your entries - we just know Parklands students will have some amazing ideas.

For further details and a copy of the entry form see attached. [YCM Award](#)



Chat to friends and family without being face to face and play games at the same time with the Houseparty App! It allows users to connect with up to 8 people at a time, and is similar to Skype or Facebook Live, Users must be age 13 and over.

Your staff have all been keeping connected this week and joining in some of the crazes! [Joined Video](#)

Fancy getting involved? Email your clip of you throwing something to:

connected@parklandsacademy.co.uk and we'll put it together. How many connections do you think we can make? #ProudToBeParklands



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At times like these, charities still need vital funds to help them continue their amazing work.

Derian House, which takes care of seriously sick children, is encouraging us to put our best foot forward on social media, in a new dance craze to raise money for Lancashire's children's hospice.

Derian House Children's Hospice, based in Chorley, asked its supporters to record themselves dancing to Dolly Parton's 9 to 5 and post it on social media.

They asked people to text to donate £3 and nominate their friends to join in too – resulting in heart-warming and funny videos that have since gone viral.

Have fun and raise money for a very worthy cause at the same time. Here's an example of one [video](#). When you post, text DANCE4DERIAN to 70085 to donate £3

See the [Derian House website](#) for more details.

Perhaps you can combine helping the Derian House appeal with one of the Head Student Challenges?

HEAD STUDENT CHALLENGE 4:

CREATE A NEW DANCE!!

CREATE A NEW DANCE AND TEACH IT TO YOUR FAMILY!

ADD IN YOUR OWN MOVES - GET CREATIVE!

**SEND IN YOUR DANCE INSPIRATIONS AND FAVOURITE
SONGS TO GET MOVING TO!**



REMEMBER TO:

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You might even want to try out a team effort at home. This looks like great fun for the family !!

Try the [Quarantine Challenge](#)

Send us your attempts to connected@parklandsacademy.co.uk



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Get cooking ...

Wow!!

What a massive response we have had to the opportunity to get cooking and baking over the last week.

HEAD STUDENT CHALLENGE 2: COOK A MEAL FOR YOUR FAMILY OR BAKE THEM A DESSERT!	
YOU COULD... <ul style="list-style-type: none">- MAKE SOME SPAGHETTI- MAKE A CURRY- MAKE SOME HOMEMADE CHIPS- BAKE A CAKE- BAKE SOME COOKIES- BAKE A PIE WHERE TO FIND EASY RECIPES? <p>SEARCH FOR THE CHANNEL TASTY ON YOUTUBE - THEY HAVE MANY RECIPES WHICH ANYONE CAN MAKE, AND THEY ARE LOW ON INGREDIENTS!</p>	REMEMBER TO: <ul style="list-style-type: none">- SEND IN YOUR PICTURES TO CONNECTED@PARKLANDSACADEMY.CO.UK TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!- EMAIL: 21MMALUK@PARKLANDSACADEMY.CO.UK IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!

Thank you to everyone who sent in their examples. There have certainly been some tasty treats on offer this week.

We've got contributions from all year groups and some staff too.

Thanks to Mrs Eastham, Mrs Haslam, Beatrice Connor, Lee Forest, George and Eadie Gosling, Adam and Emma Rayson (Adam doesn't look too keen on the washing up, after he's cooked!), Alex Sharples, Harrison Swansbury, Emily Fraser, Jamie Bolton and Darcey West.



Don't forget to send us pictures of your efforts to:

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- BAKE SOME COOKIES
- BAKE A PIE

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YOU COULD... <ul style="list-style-type: none">- MAKE SOME SPAGHETTI- MAKE A CURRY- MAKE SOME HOMEMADE CHIPS- BAKE A CAKE- BAKE SOME COOKIES- BAKE A PIE WHERE TO FIND EASY RECIPES? <p>SEARCH FOR THE CHANNEL TASTY ON YOUTUBE - THEY HAVE MANY RECIPES WHICH ANYONE CAN MAKE, AND THEY ARE LOW ON INGREDIENTS!</p>	REMEMBER TO: <ul style="list-style-type: none">- SEND IN YOUR PICTURES TO CONNECTED@PARKLANDSACADEMY.CO.UK TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!- EMAIL: 21MMALUK@PARKLANDSACADEMY.CO.UK IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!

Thank you to everyone who sent in their examples. There have certainly been some tasty treats on offer this week.

We've got contributions from all year groups and some staff too.

Thanks to Mrs Eastham, Mrs Haslam, Beatrice Connor, Lee Forrest, George and Eadie Gosling, Adam and Emma Rayson, Alex Sharples, Harrison Swansbury, Emily Fraser, Jamie Bolton and Darcey West



Don't forget to send us pictures of your efforts to:
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PARKLANDS- KEEPING CONNECTED

6th - 19th April

Issue 3 & 4



Get cooking ...

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Get cooking ...

Beer Bread; want to bake bread but don't have any yeast!
Only 3 ingredients required.

<http://allrecipes.co.uk/recipe/1388/easy-beer-bread.aspx>



Mrs Brookes' Easy Easter Traybakes... stolen from Mary Berry!
(HEALTH WARNING... only good for you at Easter... I've been baking!)



Chocolate Brownies

275g soft margarine
375g caster sugar (or normal!)
4 eggs
75g cocoa powder
100g self-raising flour
100g plain chocolate chips (optional)

Preheat oven/Bake 180°C or Fan
160°C or Gas 4

1. Mix/beat/whisk all ingredients together until well blended.
2. Ideally line a tin with baking paper – I use a 30x20x4cms or 12x8x1½ ins (just affects depth of brownie).
3. Then pour in the mixture.
4. Bake for 40-45mins until the brownie has a crusty top and a skewer or knife inserted into the centre comes out clean.
5. Allow to cool in the tin and cut into 24 squares. ENJOY!

Just to add some balance to these recipes, I love this website and thought this particular section may be useful during these times.

[Store Cupboard recipes](#)

Persevere with the information if you scroll down far enough you get to many recipes with simplified ingredient lists and methods!

Keep Cooking!
Mrs Brookes

Something lovely to keep from this all
Plus it kept the kids quiet for a whole ten
minutes 😊

500g plain flour
250g salt
300ml water

Bake 3-4 hours on lowest temp in oven until
hard then paint 🌟



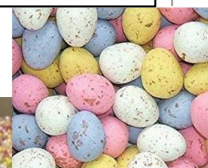
Confetti (or Mini Egg) Traybake

225g soft margarine
225g caster sugar (or normal)
275g self-raising flour
1 teaspoon baking powder
4 eggs
4 tablespoons milk
1 teaspoon vanilla extract

To finish:
300g icing sugar
3 tablespoons boiling water
Sprinkles/Hundreds and Thousands/Mini Eggs

Preheat oven/Bake 180°C or Fan 160°C or Gas 4

1. Mix/beat/whisk all ingredients together until well blended.
2. Ideally line a rectangular traybake tin with baking paper – I use a 30x23cms or 12x9ins (just affects depth of cake).
3. Then pour in the mixture and level.
4. Bake for 30-35mins until the cake has shrunk a little from the sides and springs back when pressed in the centre with your fingertips.
5. Mix icing sugar and water together until smooth – spread over cold cake and decorate.
6. Cut into 20 pieces and ENJOY!



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HM Government **NHS**

CORONAVIRUS STAY AT HOME SAVE LIVES

Anyone can spread Coronavirus.
The only reasons to leave home are:

- ✓ To shop for basic necessities or pick up medicine
- ✓ To travel to work when you absolutely cannot work from home
- ✓ To exercise once a day, alone or with members of your household
- ✗ Do not meet others, even friends or family

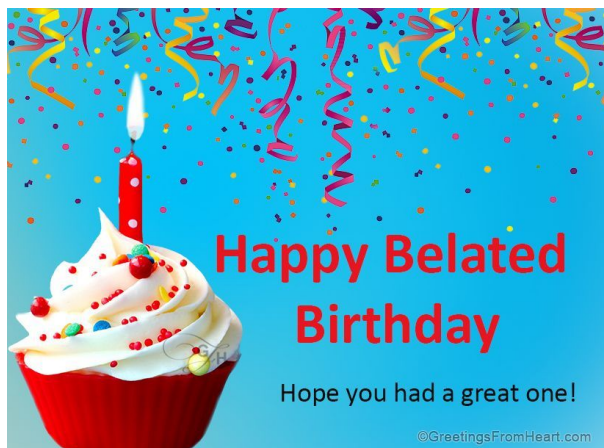
**CORONAVIRUS
STAY HOME
PROTECT
THE NHS
SAVE LIVES**

Keep safe and up-to date

The latest coronavirus (COVID-19) information from [Public Health England](https://www.gov.uk/government/coronavirus/covid-19/public-health-england)

Emotional Health & Wellbeing

The current Coronavirus (COVID-19) outbreak can be scary. It is also unusual for whole households to be together for such long periods of time. These things can be challenging for all of us and affect our mental health. Here's a link to [Mind.org](https://www.mind.org.uk) with some useful tips on how to help your wellbeing.



*A little late, we must confess
But it doesn't mean that we care less
So sorry for the small delay
We hope you had an awesome day!*

Saturday 21st March

Dylan T 14

Sunday 22nd March

Ellie R 16

Harry L 14

Karmen R 13

Mia G 12

Monday 23rd March

Roman M 14

Tuesday 24th March

Miss Hummerston

Finley P-C 14

Daniel L 13

Wednesday 25th March

Mrs Reeve

Chloe L 15

Gabbi L 14

Courtney S 14

James R 13

Thursday 26th March

Mr Willsher

Elliot R 16

Edward S 16

Ben M 15

Jayden G 14

Kane M 14

Lucy H 13

Friday 27th March

Thomas G 16

Tyler M 14

Ryan S 14

Jemma M 13

Saturday 28th March

Ryan H 15

Ashden B 14

Elizabeth V 12

HAPPY BIRTHDAY

12

YOU'RE TOTALLY
TWELVE TODAY!

13

HAPPY BIRTHDAY

*You're SO allowed to be sleepy now.
Take the most of it! Hehe!*

FOURTEEN TODAY

14

HAPPY BIRTHDAY

Love is fantastic and

FIFTEEN TODAY

15

HAVE A HUGEY
HAPPY BIRTHDAY!

16

OH YEAH!

Have a good one!



*If you celebrate your birthday this week
you're in good company:*

Sun: Pharrell Williams, Lily James
Mon: Zach Braff, Myleene Klass
Tues: Jackie Chan, Russell Crowe
Wed: Vivienne Westwood, Robin Wright
Thurs: Kristen Stewart, Nigel Slater
Fri: Daisy Ridley, Steven Seagal
Sat: Dele Alli, Jeremy Clarkson

Sunday 5th April

Lucas H 16
Anna T 15
Andrew J 14
Jack F 13

Thursday 9th April

Ells B 16
Mackenzie M 15
Ella C 14
William T 13

Monday 6th April

Sophie F 16
Daniel P 16
Simeon W 15
Josh H 12
Khaleb H 12
Brandon P 12

Friday 10th April

Imogen W 16
Scarlett K 14

Tuesday 7th April

Mrs Donohue
Jason L 15
Lewis W 14
Lucy G 13
Bethany M 13

Saturday 11th April

Dylan C 16
Georgia H 14
Logan G 13
Emily L 13
Evie W-C 13
Layla M 12

HAPPY BIRTHDAY
12
YOU'RE TOTALLY
TWELVE TODAY!

13
HAPPY BIRTHDAY
You're SO allowed to be messy now.
Take the most of it! Hehe!

HAPPY BIRTHDAY
14
HAPPY BIRTHDAY
Love it, fantastic and

HAPPY BIRTHDAY
15
HAVE A HUGE
HAPPY BIRTHDAY!

16
OH YEAH!
Have a good one!



A special birthday mention to the two members of staff who have 'big' birthdays this week!

Sunday 12th April
Mr Stalker
Kyle T 15
Morgan M 13
Matthew T 13

Thursday 16th April
Joshua B 16
Lewis E 16
Phelan P 14
Ismail E 12

Tuesday 14th April
Miss Burrill
Mrs Thomas
Darren S 15
Kara M 12
Matylda N 12
Leon P 12

Friday 17th April
Phoebe L 13
Zeyan M 12

Wednesday 15th April
Alfie D 16
Alex H 15
Maisie L 15
Mikaela R 13

Saturday 18th April
Mrs Calvert
Shannon H 14
Willow L 14

