



Headteacher's Message

Good afternoon everyone,

Thank you for all your submissions for this 8th edition of Keeping Connected. It is always wonderful to hear from you and read & see what you've been up to! Whilst school is closed, this bulletin hopefully makes you feel that you are still part of the fantastic Parklands community. Remember to keep an eye out too for the school's Facebook page and the various Instagrams we have which are used to keep you updated too.

Tonight at 7pm our Prime Minister, Boris Johnson, will be delivering his plan for the next phase of lockdown. There continues to be a great deal of speculation in the press about this, but it's wise to wait to hear from Mr Johnson rather than believe everything you read in the press. Whatever he says about schools, please wait to hear from me about our next steps. There will need to be a great deal of planning and organisation plus a lot of assurances that it's safe to return. It is highly unlikely that we will all be returning after half-term, so I will be discussing with my colleagues our approach to school work during lockdown, what we're setting, what our expectations are of you and of us, and what is realistic and feasible. We know that hundreds of you have been able to complete your work to a really good standard without much trouble, but there are some of you who are having to share devices, such as laptops or tablets, which clearly makes completing work difficult. Please don't worry too much; we understand that every family is different, with different resources, so as long as you engage as much as can you with your school work, we'll be happy!

This week's VE Day was very moving and I hope you were able to join in the celebrations or watch them from afar or on TV. We have so much to be grateful for and the events really opened up my own children's eyes about World War II. In my household we made bunting for our windows and chatted from a distance with our elderly neighbours, who were born during the war and have very vivid memories of life as a child in post-war Britain. In fact, you will find a link to a first hand account on page 3 of this edition, made by a former student. Such fascinating stories!

All the best, keep safe, and keep in touch! Mr Mitchell











The day is known as <u>VE Day</u> which stands for Victory in Europe.

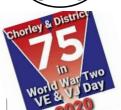
This year to commemorate the anniversary a special Bank Holiday was created but, unfortunately, due to the current situation many events to mark the anniversary had to be cancelled.

However this didn't stop us getting creative and commemorating the occasion as best we could. Here's a few of the ways in which the Parklands community celebrated and commemorated.

Thanks to Miss Partington, Mrs Fairhurst, Mrs Haslam, Mrs Aspinall, Mrs Ardern and Mr Galbraith for sharing some images of the day in their local area. It looks like our neighbourhoods were dressed for the occasion!











Friday 8th May was the 75th Anniversary of the German surrender during World War 2.

The day is known as <u>VE Day</u> which stands for Victory in Europe.

This year to commemorate the anniversary a special Bank Holiday was created but, unfortunately, due to the current situation many events to mark the anniversary had to be cancelled. Here's a few of the ways in which the Parklands community celebrated and commemorated-including a link to mini-film made by former student, Nathan White, that marks the occasion. Thanks also to Miss Partington, Mrs Fairhurst, Mrs Haslam, Mrs Aspinall, Mrs Ardern and Mr Galbraith for sharing some images of the day in their local area. Special mention to Mr Galbraith's little boy who got to imagine he was an evacuee for the day. How cute!





A World War Two Story
The People's War

A Film By Nathan White



This mini-film has been made by ex Parklands student, Nathan White. A WW2 Story - The

People's War

Including archive footage from British Pathe and Shutterstock and an interview with his 96 year old grandma, she recalls the experience first hand. Definitely worth a watch. Well done, Nathan!

If you and your family did anything to celebrate VE Day it's not too late to send photos to: connected@parklandsacade my.co.uk and we might use next week.







Quiz time

- 1. Which frequently repeated BBC sitcom was set in Runcorn and originally ran for nine series between 2001 and 2011?
- 2. Name the American singer and actor who was married four times, wore a Cavanagh trilby and died in 1998.
- What is the highest mountain north of the Arctic Circle? 3.
- 4. Who had the original *Damascene* conversion?
- What is commemorated by the *Evader's Garden* in Astley park? 5.

Answers will be provided in the next edition

Last week's answers are below:

- What is the human equivalent of haemerythrin (or hemerythrin)? Haemoglobin or hemoglobin 1.
- Which cartoon series was originally broadcast by the BBC in 1970 and had a theme tune called 'Stop the 2. Pigeon'? Dastardly & Muttley
- Whose most famous literary character was conceived on a delayed train travelling from Manchester 3. Piccadilly to London King's Cross in 1990? J. K. Rowling
- 4. Why did the G8 become the G7 again in 2014? Russia was expelled from the G8 because of its annexation of Crimea in 2014. The G7 and G8 are international organisations consisting of the world's 7 (or 8) most advanced economies. G stands for group.
- When Parklands was known as Chorley Grammar School it had four houses. They were called Standish, 5. Hoghton, Duxbury and what? Astley House (not Hall)

Thanks to Mr Whalley for providing the quiz.

Ditloids Quiz

A ditloid is a type of word puzzle, in which a phrase, quotation, date, or fact must be deduced from the numbers and abbreviated letters in the clue. Ditloids are fun because the format is very quick and simple. **They** combine aspects of maths, logic, lateral thinking and general knowledge.

- 1. 4 A in a P of C
- 2. 5 R on the OF
- 3.7 C of the R
- 4.7 S on a FPP
- 5. 12 A at the LS
- 6. 18 H on a GC
- 7. 64 S on a CB
- 8. 118 E in the PT
- Answers in our next edition.



Brand Logos Last week's answers:

1. Finish 2. Dairy Milk 3. Lucozade 4. Mr Kipling 5. Pepsi 6. Red Bull

7. Walkers 8. Whiskers 9. Uncle Bens 10. Pringles

Thanks to Mrs Curtis for providing this quiz











Let us know what you've been up to.
Keep in touch through
connected@parklandsacademy.co.uk

<u> Head Students' Challenge</u>

HEAD STUDENT CHALLENGE 8:



CREATE AN OBSTACLE COURSE!

WHAT TO DO:

- THIS CAN BE DONE INDOORS OR IN YOUR BACK GARDEN
- GATHER THE WHOLE FAMILY TOGETHER, THE MORE PEOPLE, THE MORE FUN!
- EACH MEMBER OF THE FAMILY MUST COME UP WITH AN ACTIVITY FOR THE COURSE
- EACH PERSON MUST ATTEMPT THE COURSE
- TIME EACH ATTEMPT
- THE FASTEST PERSON TO COMPLETE IT IS THE WINNER!
- COMPETE AGAIN WITH A CHANGE OF ACTIVITIES OR IN TEAMS!

REMEMBER TO:

- SEND IN YOUR PICTURES TO

 CONNECTED PARKLANDS ACADEMY. CO.UK TO

 SHARE YOUR EXPERIENCE WITH US ALL, AND TO

 MOTIVATE OTHERS TO PARTICIPATE!
- EMAIL
 21MMALIK@PARKLANDSACADEMY.CO.UK IF
 YOU HAVE ANY IDEAS FOR UPCOMING
 CHALLENGES!

Follow this link to their weekly challenge and let us know how you go on.

Head student weekly challenge- week 8





Board Game of the week - Puerto Rico



This week's recommendation comes from Morgan Miller's family who say they play Settlers of Catan, Agricola, Risk,, Formula One and sometimes Scrabble but their favourite is Puerto Rico.

Another game that has stood the test of time, Puerto Rico remains one of the most highly ranked and popular family board games and is often an introduction into Euro games.

Each player takes on the role of a plantation owner on the island of Puerto Rico and will be attempting to expand their own plantation and wealth. Puerto Rico is a role selection game where each player in turn selects a role and uses it to develop an economy. The ultimate aim of the economy is the generation of victory points, but in order to get there it is going to be necessary to generate population, income, goods and production facilities. The precise route to victory can vary, there are many strategies to develop the economy and ultimately those victory points.

What games have you been playing at home? Send your recommendations to: connected@parklandsacademy.co.uk

Get creative...



Here's a few suggestions from Miss Betney and the evidence to show what her young family have been up to this week.

Leaf People

Gather your leaves, make people, identify which tree they came from!

Science Experiment

Boil up some red cabbage (just a quarter, you can use the rest to make coleslaw).

The juice will be deep purple (neutral pH 7 substances will remain purple). Test water as a control test. Use a small amount of your juice-indicator- to test a range of household substances...vinegar, bleach, sugar water, shampoo, toothpaste, orange juice etc. and record which are alkalis and which are acids.



Chat to friends and family without being face to face and play games at the same time with the Houseparty App! It allows users to connect with up to 8 people at a time, and is similar to Skype or Facebook Live, Users must be age 13 and over.



Hello from the HALs





Hello Africa House

Hope you are all keeping safe, well and entertained. It's great seeing the emails I have had back from you about what you have been up to. Those of you with an Instagram account don't forget you can follow Africa **@phsafricahouse** (Only 13+ sorry). If not, look out for the weekly email I send you, usually on a Wednesday unless I lose track of the days.

Mr Swift



Hi Asia House,

Stay safe everyone!

I hope you are all doing well, staying safe and managing your daily school work? We obviously don't know when we will all be together again so please keep in touch by responding to my emails. If you want to let me know of any good ideas for keeping fit or learning new skills let me know and I will share them.

You can also look on the Asia Instagram account @phsasiahouse.

Mr Snell



Hello everybody in **Australasia House**, What can I say? I am missing you all and missing school (I actually am!!)

It has been the strangest of times, so many things happening to people that we would usually share with each other. I feel quite detached at times so I suspect some of you might too.

I do like keeping up to date on how Sally is doing though, we follow her on our insta.

I am walking my dog to death, but he is not complaining. I have not had too many arguments with my children, which has to be a bonus! Although they are eating me out of house and home.

Please keep in touch, complete your school work and stay safe. I hope to see you all in the not too distant future.

Lots and lots of Australasia

Mrs Dewhurst 52 52 52



Hi everyone in **Europe House**,

Remember you can keep in touch with me and your house by following our instagram account. @phseuropehouse. I love hearing from you all, and sharing what you have been up to. So please keep on sending me your pictures and stories about what you have been up to whether it's baking, cooking, getting creative, what you do to exercise or just having fun.

Mrs Fox #proudofeuropehouse



Hello South America,

As with the other house leaders, you can still contact us on our emails (kburrill@parklandsacademy.co.uk) and follow our Instagram page @phssouthamerica. I'd love to see and hear all of the things that you've been doing to occupy yourselves. Have you been busy baking? Are you over the Joe Wicks daily workouts yet? Or are you struggling with the work being set and lockdown and just need some help? Please, just email me anytime......and I'll try to help, plus I miss you all!!! Take care.

Miss Burrill







Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils



Anna Lee 8YK

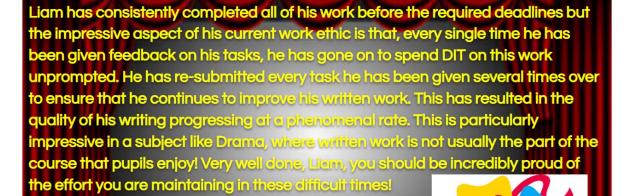


Anna has submitted this lovely drawing as part of an extended Art project that 8YK have been set to complete during lock down. The 'Sweet Tooth' project includes research and studies of the work of artists. This study is a reproduction of a piece by Sara graham a British painter.

Anna has worked in coloured pencil and painted detail.

Excellent work Anna, well done!

Liam Cherry Year 10 Drama







Eessa Mohamed 9ARC/Hi

Eessa has been consistently working incredibly well during lockdown. His work submissions for history have shown a variety of skills including analysis, explanation and a thorough understanding of the subject. Eessa's work is of an exceptional standard and he has always taken the time to upload every page of his work to a designated folder. His understanding and critique of the American actions in Hiroshima and during 'Operation Paperclip' were particularly insightful reads. Well done Eessa!

Geography



Shout out to the following 10AFE pupils who have completed all work to a good standard (when I last did a work check)....

Malik, Isobel, Minnie, Mia, Jason, Mackenzie, Ruby, Jack & Emily. (2) Mrs E

7XB Science Jacob Gouldina Megan Croasdale Freya Hall **Brooke** Taegan Hartshorn Ahmed Hassouna Hoda Hatab Zevan Malik Cameron Mead Freya Melling, Kara Moss Layla Mostafa Lily Rivers Vi Robinson Grace Scott

Calum Borland

Excellent independent research work on Ecosystems demonstrated by year 7 students! If they can work like this in year 7, I can't wait to see what they will achieve in year 10 and 11!

Exploring Flowering Plants

The anter is the brown-vellow bud on the top of the yellow sticks. The filament is the yellow tube below the anter. The stamen is the male part of the flower. The stigma is a bud which has a sticky top on the female part of the flower. The style is the tube leading to the ovaries that produce the new

The difference between the two flowers is one is male and the other is female.

Plants attract by using bright colours and a sweet nectar smell that insects love

The Importance of Bees

The Role of Bees

Bees have a very important job. They have to pollinate plants which helps crops and said plants to grow and this helps create habitats and support surrounding life.



Bees have a number of threats including HCD (Hive Collapse Disorder), Pesticides, other introduced species, Climate change. All of these can destroy hives - Killing hundreds of bees.

How Can We Help the Bees



We can help these species by planting bee-friendly flowers such as: Lavender, Alliums, Foxgloves and Bluebells are some flowers you could try planting. More ways include avoiding using pesticides and even making bug/bee hotels

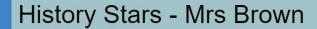
Why is Monoculture bad for bees?

Monoculture affects bees as they usually stay in one big area meaning they only can access one plant and this means bees are more vulnerable









Hey, just wanted to give a big thank you to the following pupils for their continued, amazing, hard work.

Connect Shout Outs

Charlee Anfield
Caitlin Claringbold
Summer Ainscough
Meg El Garidi
Lewis Greenwood
Liv Hardman
Thomas Marsden
Jodie McGurk
May Smith
Katy Wasilewski
Gypsy Nightingall

Paige Caton
Mariam Hassouna
Scarlett Kellett
Milly Scott
Rebecca Walker
Thomas Ashworth
Archie Gobin
Natasha Gorvett
Harry Locke
Eve Pedley
Phelan Ponde
Leon Singleton
Stas Szczepanczyk



A big shout out to **Eamonn Ditchfield** in Year 10 and **Brandon Pennington** in Year 7. The boys have been doing a cracking job working through our history of Britain lockdown work, getting to grips with everything from the Stone Age to the Vikings. Keep up the excellent effort lads.

Achievement 'Shout-outs' An opportunity to celebrate some home study to celebrate some study to celebrate

Mrs. Williams - Aspire

Parklands cares- the following pupils have written letters and stories, some have narrated part of their story as part of the Aspire task that I set. The letters have been distributed to the elderly at Gillibrand care home and to an elderly couple at their home address..

The pupils are; Libby Miller Scarlet Prendergast Taegan Hartshorn Brandon Laithwaite Charlotte Vickers and



Courtney Smith also written a lovely letter as part of Mrs. Donohue's similar task.

Click for additional advice and support for those with Special Educational Needs and Disability SEND weekly support board

Refund for the Sandcastle trip - Refunds shall be processed via a BACS payment. Please can the parents of pupils who have paid for the trip email accounts@parklandsacademy.co.uk with their BACS details. We require the name of the bank, eg Halifax, Santander etc, name on the account, eg Mr I Smith, the bank account number and bank sort code.

There are nearly 200 refunds to be processed so please bear with us as it may take some time for these requests to be actioned. An email will be sent to parents from the accounts department once the BACS payment has been made advising when the payment should be received in your account.

Helpful handicraft ...

Look at these fabulous face masks that Mrs Crow has made.

She kindly crafted them for friends, family and neighbours in case they need to wear them- plus it has kept her busy!

Rather than take them away from the NHS she decided to make some herself.

We think you'll agree they're a lot more stylish too!

Don't forget to send us pictures of your efforts to:

connected@parklandsacademy.co.uk











DUOLINGO HOUSE COMPETITION 2020

In light of the strange new situation we are now all in, the Duolingo House Competition has returned for 2020! This is a house comp you can still take part in from home. Let's keep up the house spirit from a distance!

Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Each time you do some learning on the app you will earn points for your house and I will email out the leaderboard each Friday.

Click here for instructions for joining the STUDENT competition.

Click here for instructions for joining the STAFF/PARENT competition.

Happy language learning!

Mr Stalker

Keep smiling

What word is always spelled wrong in the dictionary? Wrong

What is worse than raining cats and dogs? Hailing taxis!

What does every birthday end with? The letter Y.

A farmer counted 396 cows in his field. But when he rounded them up, he had 400

The English teacher looked my way and said, "Name two pronouns". I replied, "Who, me?"

This week's jokes have all come from staff - they're just as corny as usual!





Keep smiling and send your jokes to:

connected@parklandsacademy.co.uk

Feeling Musical?



In an effort to help out with homeschooling music, classically trained pianist and TV presenter Myleene Klass, is teaching music theory on her newly created YouTube channel

Along with her two daughters she is running curriculum-based fun lessons that you can get all the family involved with.

Some of the topics she's covered so far include lullables, movie themes, basic rhythms and conducting. It's free to suscribe to the channel Visit Myleenes's Music Klass





Fancy a challenge?

CHORLEY #DoWhatYouCan Challenge

A virtual event hosted by Inspire Youth Zone and Chorley Council starts this Sunday (10th May) in recognition of the town's postponed Chorley 10k and in celebration of Inspire's 2nd Birthday!

Why not get involved?

Young and old alike can take part.

@Chorley Council, @Inspire Youth Zone and a few famous faces have teamed up to to invite the Parklands community to take part in their first ever, lock down friendly, activity challenge - CHORLEY DO WHAT YOU CAN!!

Whether you take on a gruelling 10k or have been inspired by the amazing efforts of Captain Tom, they want YOU to get active and help support THOUSANDS of local young people! A launch video featuring a few familiar faces including Sir Lindsay Hoyle, local sports stars and Britain's Got Talent comedian Steve Royle explains more. You can also find out more, get involved and pick up essential social distancing guidance on

https://www.inspireyouthzone.org/dowhatyoucan/ #DoWhatYouCAN



www.inspireyouthzone.org/DoWhatYouCanChallenge

#Chorley10k #DoWhatYouCan #ChorleyHomeHeroes





Keep Fit

Sign up to @peparklands Instagram page and join in a live stream class? Miss Greaves continues to deliver live Zumba sessions and will do them most days. Enjoy!

PE lessons every day

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday to Friday via his YouTube channel for children of all ages, in a bid to keep everyone moving.

P.E with Joe" | Daily LIVE workouts for kids | The Body Coach

Send us a picture or video of you taking dailiy exercise to connected@parklandsacademy.co.uk

We might include it in next week's 'Keeping Connected'.





Get reading - Book recommendations







The Book of Hopes: Words and Pictures to Comfort, Inspire and Entertain Children in Lockdown

Edited by Katherine Rundell, with contributions from more than 100 children's writers and illustrators

Completely free for all children and families, the extraordinary collection of short stories, poems, essays and pictures has contributions from more than 110 children's writers and illustrators, including Lauren Child, Anthony Horowitz, Greg James and Chris Smith, Michael Morpurgo, Liz Pichon, Axel Scheffler, Francesca Simon and Jacqueline Wilson.

The collection, published by Bloomsbury, is dedicated to the doctors, nurses, carers, porters, cleaners and everyone currently working in hospitals.

The Book of Hopes is currently available to read online only.

Bloomsbury intends to publish a gift book based on the project in the autumn in support of NHS Charities Together. Please visit **@KidsBloomsbury** for further updates on this.

Read the book here

We'd love to hear from you if you try out any of the recommendations. Send your pictures, thoughts and recommendations for a good read to connected@parklandsacademy.co.uk

Audio Books



Audible are making a wide selection of audio books available to stream for as long as schools are closed. Click on the Audible logo to take you to their site

Fundraise

Please support the fundraising for Sally Cornes, Yr 8. Any donation, no matter how large or small will go towards heping her to secure specialist treatment to help win her battle against cancer.

Follow the link to read more about this amazing young lady.

SallyGoFund Me

Sally also has her own blog http://sallycornes.blogspot.com/







What to watch...



National Theatre at Home: **Anthony and Cleopatra**

Ralph Fiennes (The English Patient, James Bond: Spectre) and Sophie Okonedo (Chimerica, Hotel Rwanda) play **Shakespeare's** famous fated couple in his great tragedy of politics, passion and power.

Caesar and his assassins are dead. General Mark Antony now rules alongside his fellow defenders of Rome. But at the fringes of a war-torn empire the Egyptian Queen Cleopatra and Mark Antony have fallen fiercely in love. In a tragic fight between devotion and duty, obsession becomes a catalyst for war.

Simon Godwin (Hansard, Twelfth Night) directed this critically acclaimed production at the National Theatre in 2018. You can watch Antony & Cleopatra on the National Theatre's YouTube channel from now until Thursday 14th May.

This filmed performance was given a BBFC rating of 12A and contains some staged violence and flashing lights.



FULL-LENGTH
PERFORMANCES
EVERY FRIDAY 7PM BST
FOR 48 HOURS

If you're a fan of musicals, then you can enjoy a full free performance of an Andrew Lloyd Webber musical every week.

Every week a new musical is available for 48 hours, so by the time you read this it might be too late to see Alan Ayckbourn and Andrew Lloyd Webber's musical comedy extravaganza, <u>By Jeeves</u>. Inspired by the works of P. G. Wodehouse. It was broadcast on Friday and will be available until Sunday. Next week's musical has not yet been announced but if you follow the link below it will take you to their channel and you can book your seat early. The Shows Must Go On





If you are fortunate enough to have a garden, there's every chance it has never looked better as we are spending so much time at home and we've had great weather.

So, it might seem strange that we've included a gardening feature in the 'What to Watch' section, rather than 'What to do'!

flower shows and festivals have been cancelled they are being brought to us virtually. So you can enjoy the great outdoors and find new inspiration from the comfort of your own home.

It's the Malvern Spring Festival this weekend and RHS Flower Show 18-23 May.

Click on the images to go there. Enjoy and be inspired!











Online Safety

Whether it's keeping in touch with friends and family, home schooling, entertainment or work it's hard to imagine lockdown without the benefit of the internet and social media.

It's likely that at the moment we are spending more time online. It's helping us in so many ways but with additional time spent online there are increasing safety risks too. The Local Authority have produced the following guidesto help parents/carers to ensure their child stays safe online.

Parent Online SafetySupport

Online Safety Advice for Parents

What are the dangers online?

The internet is a wonderful resource enabling children and young people to connect, communicate and be creative in different ways, on a range of devices. However, they may face some risks. While this may depend on the age of the child, the UK Safer internet Centre has identified the following online risk categories to be aware of:

Behaviour: sharing too much information

It is critical that young people are aware of the impact they have online as well as on other people, particularly in terms of their digital footprint. They should remember to remain respectful and kind online, but also keep in mind that once something is posted online it cannot be taken back.

Sometimes, they can also feel a false sense of being safe, without understanding the importance of keeping personal information safe and not sharing this with strangers. Make sure they feel confident enough to report inappropriate conversations, messages or behaviour either to a trusted adult.

in an effort limit the spread of COVID-19, many children are now being educated a home and continuing their education

Although technology can give children access to learning opportunities and

We have provided some more information and things you can do to help keep your child safe online during this difficult time.

You can

- Encourage your child to keep their accounts private, rather than public.
- Talk to them about keeping personal information, including address, financial details and the school they attend private.
- S. Get them to talk to you about their recial media use
- Familiarise yourself with the app: they use.

For more guidance on how to do this go to the "Uneful Paraller of for Foren



Online radicalisation - Parent/guardian information and support

We recognise that this is a difficult time for parents and guardians and that the **Coronavirus** is having a significant impact on young people and families across the world.

The closure of schools means that opportunities for children to talk to and play with friends will be limited to online interaction. This will almost certainly lead to children spending more time online.

Parents working from home may not be able to monitor their children's use of devices as they usually would

Unfortunately, whilst rare, there are negative influencers and online groomers who use the internet, social media and online gaming to spread their extreme ideas, which children can be exposed to. Some of these ideas may be considered radical or extreme and when a person starts to support or be involved in them, this is called radicalisation.

Our experience of radicalisers is that they may link their extreme views to the global, national or individual response to Coronavirus which could be shown through films, images and discussions as;



- Conspiracy theories
- Blaming other people for the virus and its impact on life.
- Hate against groups because of race, religion, sexuality and gender.

Radicalisers will want as many people as possible to believe their ideas and sometimes encourage them to take action, which might break the law. This can be how people are drawn into terrorism.

ParentGuardian
Online
Radicalisation
Information

You will find helpful tips and further guidance and links within both guides.







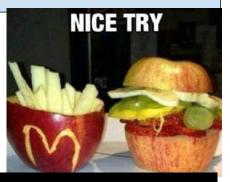




Getting bored at home? How about some food styling?







Get Cooking ...



Eadie Gosling, Yr 9, with her first ever attempt at baking bread. Yummy!



Keep baking and sending us pictures of your efforts to:

connected@p arklandsacade my.co.uk

Mrs Aspinall baked cheese and onion savoury muffins.
Mmm!



Mrs Haslam baked lemon drizzle cake this week. It looks delicious

Feeling inspired? Try this recipe for Lemon Drizzle Cake





Get Cooking

National Vegetarian Week 11-20 May 2020

National Vegetarian Week 2020 is all about enjoying delicious, plant-based food.

It's an unusual time at the moment, but it's also a chance to have a go at something new and enjoy cooking at home. It's really easy too – just download the simple recipe cards and get cooking!

Follow the links below to give it a try.

Download Recipes and Get Cooking!

Going Veggie: Healthy Eating Guide

Veggie Kids Kitchen Recipes to Try Together

Veggie Guide for Teens and Parents

Keep cooking and enjoy!
Mrs Brookes

Thank you to everyone who sent in their examples.

We've got more contributions from years 7, 8 and 9 plus staff too.

















Keep baking and sending us pictures of your efforts to:

connected@ parklandsaca demy.co.uk







Keep safe and up-to date

The latest coronavirus (COVID-19) information from Public Health England



Wishing you all an enjoyable and memorable birthday. It will certainly be one to remember!

Sunday 10th May

V Green 16 Josie P 15 Amelia P 13

Monday 11th May

Thomas C 16 Aaron L 15 Isaac S 15 Ewan W 12

Tuesday 12th May

Mrs Hendy Ruby S 15 Pierrot B 14 Leo S 13 Amber S 13

Wednesday 13th May

Joshua H 15

Thursday 14th May

Mr Dowsing Hui H 16

Friday 9th May

Ben C 15 Lola P 13 Lewis C 12









