



PARKLANDS- KEEPING CONNECTED

18th - 24th May

Issue 9



Headteacher's Message

Hello everyone,

I hope you are all keeping well and staying safe. Thank you again for all your submissions to this week's edition of the bulletin, but it's no wonder that there is a national shortage of flour - it seems the population of Chorley has been busy buying it all up, judging by the amount of baking photos you've sent in! Well done though - it's great to see you all learning new skills whilst providing a delicious sweet for your families!

Yesterday, you may have seen the Education Secretary talk about the phased reopening of schools. Whilst primary schools are most affected by this, there is some planning for us to do in order to ensure a safe, gradual reopening for Year 10. At the moment there appears to be no plan for pupils in years 7 to 9 to return to school before the summer, so your engagement with the school work at home is all the more important. In order to help parents gauge the amount of work being completed, we shall be sending out Lockdown Audit Reports this week, which will show a simple red/amber/green from your teachers. This report is not a measure of progress, and it is certainly not intended to be a criticism or judgement; more details will be issued with the reports but we have had lots of positive feedback from the parents of Year 10 students, who received their reports last week. As a parent of three boys myself, I know personally how difficult it is to keep on top of children's workload and their commitment to its completion. As ever, teachers will be more than happy to answer any queries you may have via email.

This week is our final week of the half-term, so you will not receive any work during the half-term break (25th - 29th May) or another bulletin next weekend. I trust that lots of you will be grateful for this, as I know you have been working extremely hard at home. The Year 10 reports this week were evidence of this year group's commitment and dedication, and it was fantastic to see that the vast majority are taking home-learning seriously, so that they are not disadvantaged next year in their GCSEs.

Take care and keep safe!

Mr Mitchell



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Quiz time

1. What comes next in this list? *The Magnolias, Clack's Farm, Barnsdale, Barleywood, Berryfields, Greenacre ...*
2. How was the Chorley Borough coat of arms changed in 1988?
3. What is the name of the only animated *Disney* film to be set in China?
4. Name the public inquiry that led to the PPC being replaced by the IPSO?
5. Why is *Strontium aluminate* used in some watches, toys and safety equipment?

Answers will be provided in the next edition

Last week's answers are below:

1. Which frequently repeated BBC sitcom was set in Runcorn and originally ran for nine series between 2001 and 2011? *Two Pints of Lager and a Packet of Crisps*
2. Name the American singer and actor who was married four times, wore a Cavanagh trilby and died in 1998. *Frank Sinatra*
3. What is the highest mountain north of the Arctic Circle? *Gunnbjørn or Gunnbjørn Fjeld*
4. Who had the original *Damascene* conversion? *St. Paul or Saul*
5. What is commemorated by the *Evader's Garden* in Astley park? *How British servicemen and women evaded capture in occupied France during WW2 with the help of ordinary French citizens*

Thanks to Mr Whalley for providing the quiz.

Pop Quiz

All the questions are cryptic clues to the name of a musical artist or band - they span several decades worth of chart music.

1. Aircraft data recording unit
2. Pale serpent
3. Merlin
4. Very warm galaxy
5. Raincoat bought near Blackpool
6. First man and insects
7. Desert Waterhole
8. Insanity

Thanks to Mrs Curtis for this quiz.



Guess the sweets- Last week's answers



Thanks to Miss Betney for this quiz.

- 1.) Pear drops
- 2.) Rock
- 3.) Sherbert lemons
- 4.) Globestopper (a type of gobstopper)
- 5.) Haribo starmix
- 6.) Humbugs
- 7.) Dolly mixtures
- 8.) Pineapple cubes
- 9.) Giant foam bananas
- 10.) Toffee eclairs

Ditloids Quiz - Last week's answers

1. 4 A in a P of C. *4 aces in a pack of cards*
2. 5 R on the OF. *5 rings on the olympic flag*
3. 7 C of the R. *7 colours of the rainbow*
4. 7 S on a FPP. *7 sides on a fifty pence piece*

5. 12 A at the LS. *12 apostles at the last supper*
6. 18 H on a GC. *18 holes on a golf course*
7. 64 S on a CB. *64 squares on a chess board*
8. 118 E in the PT. *118 elements in the periodic table.*



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**BRAVE
THE
SHAVE**

Fabulous Fundraising

**BRAVE
THE
SHAVE**

Our amazing Data Manager, Caroline Elliott, stepped up to a challenge this week to support her sister, Jayne.

Three weeks ago Jayne began chemotherapy and her hair, her crowning glory, started to fall out. So Caroline, along with Jayne's son, Tom, and friend, Julie, wanted to do something to support her and make sure that she did not face it alone. They decided to 'Brave the Shave'.

This Friday evening they took the plunge and all for a good cause.

Fundraising for two charities chosen by Jayne, [Rosemere](#) and the [East Lancashire Hospice](#), the trio have raised a fantastic **£6800** so far! Rosemere are based in Preston Hospital and fund cancer care, which the NHS cannot. The East Lancashire Hospice not only provide first class palliative care but do so much more, such as therapy groups and wellbeing treatments.

You can still sponsor Mrs Elliott by donating to this very worthy cause on the link below.

Any amount, no matter how large or small, would be greatly appreciated

<https://uk.virginmoneygiving.com/JulieBateNutsey>

We think she looks amazing! Well done to all!





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Fundraising Focus - Inspiring Individuals !



You've just read about Mrs Elliott and her sponsored shave and now we want to spotlight Sally Cornes in yr 8.

This amazing young lady is so positive and inspiring. Despite the battle she faces with Ewing Sarcoma Cancer nothing holds her back. In fact, as you read through this week's edition, you will see she gets a 'shout out' for her fantastic achievement in English. She's already smashed her reading target for this term! You will also have seen Sally leading the way in the last school dance show.

This determination and commitment is typical of Sally's attitude. Indeed, this helped Sally fight cancer and receive the news that she was cancer-free back in October 2018. Sadly, a year later Sally and her family were given the devastating news that the cancer had returned. Proton Beam Therapy is now needed to help Sally fight and recover from this cancer.

It is specialist treatment and, despite it helping first time round, national policy on eligibility means that Sally will not be offered Proton Beam for a second time on the NHS, Sally's dad, has found a clinic in South Wales that has expertise in Proton Beam Therapy and we want to help to raise the £80,000 that is needed to send Sally to the Rutherford Hospital for treatment. Thanks to generous donations the fund currently stands at £17,000 but there's still some way to go. Any donation, no matter how large or small, will help.

To support Sally, make a donation and for more information follow the link below:

[SallyGoFund Me](#)

Sally has her own blog <http://sallycornes.blogspot.com/> and you can also follow Sally's journey on Instagram and TikTok. Her username on Instagram and TikTok is @sallycancer

Calling all Year 11s...

For the chance to find out more about Runshaw and your chosen courses/subjects and have all your questions answered, register here:

<https://www.runshaw.ac.uk/virtual-offer/> for a unique Year 11 Offer Holders' Virtual VIP Event & join Schools Liaison Team and Heads of Studies for a series of LIVE TAKEOVERS!

For more information, or to get in touch, click here:

<https://www.runshaw.ac.uk/year-11-virtual-offer-holders-virtual-vip-event-invitation/>

Year 11 Offer Holders'
Virtual VIP Event

Monday 8th - 10th June
5pm - 7pm

Q&A with our Schools Liaison Team,
Heads of Vocational Studies and
A Level Studies!

#TeamRunshaw

RUNSHAW COLLEGE



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Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

Sally Cornes

A huge well done to Sally for being the first pupil in 8XCU to reach her reading target for the Summer Term.

Mr. Brennand- Maths

Well done to the following students for getting consistently high scores in every task set for them:

Henry Waring, Ewan Cameron Brandwood, Ruby Hough, Will Barker, Molly Cooper, Rhys Despard, Alysha Roberts, Katy Wasilewski, Remy Corbett, Isabelle Guest, Keeleigh Ivanis, Tom Marsden, Victoria Edge, Jacob Reynolds, Charlee Anfield, Megan El-garidi, Anna Rankine.



Mr Banks English - Year 10

A massive 'well done' to the following students for remaining motivated, working independently and handing in some great work:

Liam Cherry
Josie Perry
Chloe Liptrott

Keep it up!



Mr Banks English - Year 9

A massive 'well done' to the following students for remaining motivated, working independently and handing in some great work:

Natasha Gorvett
Ben Morris
Georgia Budge

Keep going!





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Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

Eddie Chandler 9XN



Some brilliant work, and continuing to carry out experiments at home...here's Eddie's photo of a diffusion experiment! Some dedicated work from this class also by:

Ashden Bidell

Aimee Lomas

Floyd Pilkington

Olivia Price

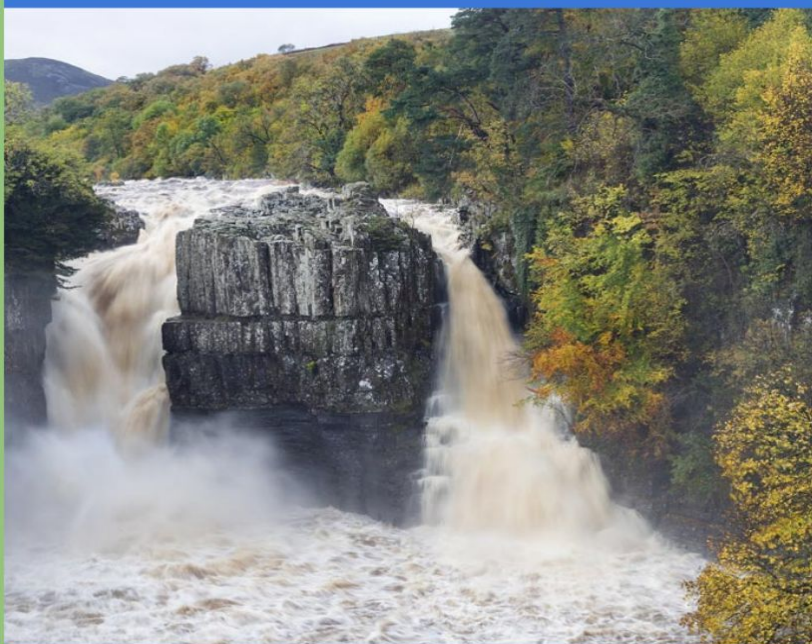
Olivia Salisbury

Year 10 Geography

Well done to the following students who have completed all work, tests and exam questions so far!

Eleanor Armstrong, Jasmine Bentley, Niamh Burrell, Josh Clarke, Portia Kavanagh-Shaw, Alex Keir, Jake Ormesher, Thomas Owen, Charlee Anfield, Will Barker, Olivia Ellison, Cara Fraser, Isabel Hancock, Becca Hodson, Harley Huws, Emily Lavery, Zeyad Mustafa, Milly Prendergast, Anna Tansey and Tobias Glynn.

Special well done to those of you in bold above who got a **PURPLE** assessment rating despite lack of teacher time! Stay safe!!!





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Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils



Year 9/10 History Shout-Out

Special congratulations to the following pupils who have shown true commitment, resolve and determination to achieve in History in these very challenging times:

Dylan Broughton, Emily Clitherow, Ben Connor, Olivia Ellison, Courtney Ferguson, Cara Fraser, Max Holland, Keeleigh Ivanis, Libby Keating, Maisie Lee, Milly Prendergast, Tooba Chughtai, Adam Hough, Michael Paul, Finlay Ross, Aimee Scarff, Hana Arosi, Eleanor Armstrong, Tim Bidlake-Corser, Ibrahim Esa, Tori Edge, Isabelle Guest, Malaika Malik, Zoe Mainon, Holly Price-Delaney, Kate Shannon, Ryley Lengden, Mia Pilkington, Alysha Roberts, Ruby Storton, Phoebe Booth, Ellie Pike and Elizabeth Ostridge.

Keep it up!



Miss Pilkington English - Year 10

Well done to the following students for working really well independently, staying motivated, and producing some really high quality work:

Libby Keating

Muhammad Ansar Khansab

Charlie Livesey

Kirsty Makinson

Jake Ormesher

May Smith

Madeline Woodall



Ms Bond English - Year 10



I am absolutely delighted with the efforts of the following people who have shown incredible self-discipline over the last few (very strange) weeks:

Charlee Anfield

Izzy Blunt

Izzy Bretherton

Molly Cooper

Rhys Despard

Olivia Ellison

Matthew Nicholson

Milly Prendergast

Isaac Spinks

Mo Essa

Courtney Ferguson

Becca Hodson

Keeleigh Ivanis

Emily Lavery

Ryley Lengden

Isaac Ogden

Ben Sharples

Ruby Storton



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Fancy a challenge?

CHORLEY #DoWhatYouCan Challenge

A virtual event hosted by Inspire Youth Zone and Chorley Council starts this Sunday (10th May) in recognition of the town's postponed Chorley 10k and in celebration of Inspire's 2nd Birthday!

Why not get involved?

Young and old alike can take part.

@Chorley Council, @Inspire Youth Zone and a few famous faces have teamed up to invite the Parklands community to take part in their first ever, lock down friendly, activity challenge - CHORLEY DO WHAT YOU CAN!!

Whether you take on a gruelling 10k or have been inspired by the amazing efforts of Captain Tom, they want YOU to get active and help support THOUSANDS of local young people!

A [launch video](#) featuring a few familiar faces including Sir Lindsay Hoyle, local sports stars and Britain's Got Talent comedian Steve Royle explains more. You can also find out more, get involved and pick up essential social distancing guidance on

<https://www.inspireyouthzone.org/dowhatyoucan/>

#DoWhatYouCAN



www.inspireyouthzone.org/DoWhatYouCanChallenge

#Chorley10k
#DoWhatYouCan
#ChorleyHomeHeroes



Keep Fit

Sign up to @peparklands Instagram page and join in a live stream class?
Miss Greaves continues to deliver live Zumba sessions and will do them most days.
Enjoy!

PE lessons every day

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday to Friday via his YouTube channel for children of all ages, in a bid to keep everyone moving.

[P.E with Joe" | Daily LIVE workouts for kids | The Body Coach](#)

Pick your workout with **Parklands NETFLEX**
It was sent to you on EduLink this week.

Send us a picture or video of you taking dailly exercise to
connected@parklandsacademy.co.uk

We might include it in next week's 'Keeping Connected'.



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Head Students' Challenge

HEAD STUDENT CHALLENGE 9:

CREATE YOUR OWN BOARD GAME!!

YOU COULD:

- **CREATE YOUR OWN VERSION OF MONOPOLY**
- **MAKE UP YOUR OWN CARD GAME**
- **COME UP WITH AN ALTERNATIVE TO SNAKES & LADDERS**
- **CREATE A GUESSING GAME**
- **OR, COME UP WITH SOMETHING COMPLETELY ORIGINAL & NEW!!**

REMEMBER TO:

- **SEND IN YOUR PICTURES TO CONNECTED@PARKLANDSACADEMY.CO.UK TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!**
- **EMAIL 21MMALIK@PARKLANDSACADEMY.CO.UK IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!**

Follow this link to their weekly challenge and let us know how you go on.

Head student weekly challenge- [week 9](#)

Board Game of the week - Operation



Could this be the game to inspire the next generation of doctors and nurses?

Requiring patience and a light touch Operation is a battery-operated game of physical skill that tests players' hand-eye coordination and fine motor skills.

You're challenged to remove parts without setting off the buzzer.

What games have you been playing or making at home?
Send your recommendations to:

connected@parklandsacademy.co.uk



Chat to friends and family without being face to face and play games at the same time with the **Houseparty App!** It allows users to connect with up to 8 people at a time, and is similar to Skype or Facebook Live, Users must be age 13 and over.



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What to watch...



National Theatre at Home: [Barber Shop Chronicles](#)

Barber Shop Chronicles is Inua Ellams' smash-hit play about the places where banter can be barbed, and the truth always is telling.

Directed by Olivier award-winning director Bijan Sheibani, this heart-warming, hilarious and insightful new play leaps from a barber shop in Peckham to Johannesburg, Harare, Kampala, Lagos and Accra over the course of a single day.

Barber Shop Chronicles, a co-production with Fuel and Leeds Playhouse, is streaming for free from now until 7pm Thursday 21 May 2020.

This never-before-seen archive recording was filmed live on stage at London's National Theatre. It is subtitled. The running time is 1 hour 45 minutes with no interval. Suitable for ages 12+.

THE SHOWS MUST GO ON!

FULL-LENGTH
PERFORMANCES
EVERY FRIDAY 7PM BST
FOR 48 HOURS

If you're a fan of musicals, then you can enjoy a full free performance of an Andrew Lloyd Webber musical every week.

Every week a new musical is available for 48 hours, so by the time you read this it might be too late to see Andrew Lloyd Webber's [CATS](#), perhaps the most famous musical of all time., With a star cast including Elaine Paige and Sir John Mills.

Next week's musical has not yet been announced but follow the link below to take you to their channel and you can book your seat early.

[The Shows Must Go On](#)



Watch live cinema streamed into your home and help support the NHS!

Brought to you by Lionsgate Live it benefits the NHS Charities Together. Look out for next Saturday's film

[The Hunger Games](#) at 6pm.

If you are fortunate enough to have a garden, there's every chance it has never looked better. We are spending so much time at home and we've had great weather.

Why not find inspiration and ideas from the comfort of your own home by virtually visiting the most prestigious event of the gardening year :

RHS Chelsea Flower Show 18-23 May.

Click on the image to take you there.





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duolingo

DUOLINGO HOUSE COMPETITION 2020

The Duolingo House Competition is in full swing for 2020!

This is a house comp you can still take part in from home. Let's keep up the house spirit from a distance! Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Each time you do some learning on the app you will earn points for your house.

It's great to see so many students have joined the competition this week! Parents and family members get involved too by checking out the instructions below.

[Click here for instructions for joining the STUDENT competition.](#)

[Click here for instructions for joining the STAFF/PARENT competition.](#)

Student Competition - This week's winners are EUROPE!

Staff/ Parent Competition - This week's winners are SOUTH AMERICA!

See Mr Stalker's weekly email, sent each Friday, to check the full leaderboard

Happy language learning!

Keep smiling

I have a pen that can write underwater...

It can also write other words too.

A sheep, a drum and a snake fall off a cliff....

Ba-dumm-tssss !!

What's another name for Santa's elves?

Subordinate Clauses.

Teacher: "Simon, can you say your name backwards?"

Simon: "No Mis."

Thanks to Mrs Grimshaw-Brown for this week's jokes.



Keep smiling and send your jokes to:
connected@parklandsacademy.co.uk

Click for additional advice and support for those with Special Educational Needs and Disability
[SEND weekly support board](#)

Refund for the Sandcastle trip - Refunds shall be processed via a BACS payment. Please can the parents of pupils who have paid for the trip email accounts@parklandsacademy.co.uk with their BACS details. We require the name of the bank, eg Halifax, Santander etc, name on the account, eg Mr I Smith, the bank account number and bank sort code.

There are nearly 200 refunds to be processed so please bear with us as it may take some time for these requests to be actioned. An email will be sent to parents from the accounts department once the BACS payment has been made advising when the payment should be received in your account.



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Get creative...



Ashton Flevill, Yr9, has a passion for space and rockets.

Click on the image to see his homemade rocket soar.

We were very impressed!

Ashton - a future astronaut in the making?

What have you been creating at home? Send your pictures and videos to: connected@parklandsacademy.co.uk



The Pykett family, including Lauren Yr 11 & Emily Yr 8, have been creating memories of lockdown.



Meanwhile, Mr Snell has built this fantastic pergola.

Well done, Mr Snell. You're clearly a man of many talents!

We can see a learning challenge coming on ...

Remember last week, when we showed you the wonderful handicrafts of Mrs Crow and the face masks she'd made?

Well, it seems like her idea has been embraced at a national level.

Patrick Grant, presenter of the Great British Sewing Bee, has launched the [Big Community Sew campaign](#) to create face coverings. This is in response to the new UK Government guidelines (published on 11th May 2020), which advises people in England to wear face coverings (not face masks) in some enclosed spaces.



The [Big Community Sew campaign](#) aims to bring together the UK sewing community to create face coverings for those who need them and information for makers like us to create our own. Give it try!



SIMPLE FACE COVERING



This simple face covering is perfect for a novice sewer. It consists of a single piece of fabric, and ties that can be made from hairbands, shoe laces or lengths of elastic.

[INSTRUCTIONS](#)

Click on the link for a range of patterns to suit sewers of all abilities, from novices to the more experienced.



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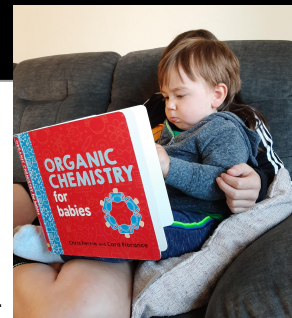
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Get reading - Book recommendations

Going to prove that it's never too soon to develop a love of reading, here's Miss Brooks' little boy enjoying "Organic Chemistry for Babies". Apparently, he highly recommends it and was very excited to learn about atoms, especially carbon. He is ready to get a head start and follow in mummy's science footsteps!



WRITE where we are NOW

Poetry can provide an opportunity for reflection and inspiration in these challenging times, as well as creating a living record of what is happening as seen through poets' eyes. Carol Ann Duffy and the Manchester Writing School at Manchester Metropolitan University have brought together poets from around the world to write new poems about the recent days past and the weeks ahead. The poets were invited to write directly about the Coronavirus pandemic or about the personal situation they find themselves in right now. Here's an example of one we enjoyed:

APPLAUSE

In the garden at dusk,
I had almost forgotten

then it came echoing
like a sudden summer rain,

like hail off the back
of the houses opposite.

Everywhere at once,
car horns, then cheering:

A World Cup, an armistice
that verb to break - into and out of

When I stood, it had already
softened, a single pair of hands

alone somewhere still
clapping at an empty stage.

ADAM O'RIORDAN
Manchester: 24 April 2020

The poems are presented in date order and each includes a note about where it was written. Poets have been invited to continue writing responses so the collection will grow over the coming weeks.

Readers are welcome and encouraged to share any of the poems, or their own creative responses, using #WWWAN or tagging @McrWritingSchl on social media.



Send your recommendations for a good read to connected@parklandsacademy.co.uk

Audio Books

Audible are making a wide selection of audio books available to stream for as long as schools are closed. Click on the Audible logo to take you to their site





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Get Cooking

It's been another busy week for the Parklands baking community. Thank you to everyone who sent in examples of their cooking and baking. We have examples from all year groups, all Houses and staff too!



Emma Rayson, Yr7, baked biscuits for the family.

They look delicious



Erin Simpson baked this for her grandma's birthday. Wow! It looks very professional.

Keep baking and sending us pictures of your efforts to:
connected@parklandsacademy.co.uk



Mrs Haslam & Mr Snell have baked enough for a tea party this week. Mr Mitchell's traybake.



War time carrot cake made by Robyn Hitchen. Well done, Robyn!



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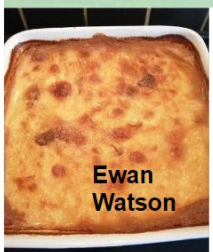


Katie Barker

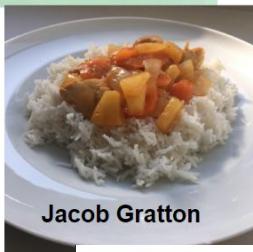
Katie Barker

OLD FASHIONED HOME MADE RICE PUDDING
Ingredients: 1.2L (2pints) milk, 5 oz. pudding rice, 4oz caster sugar, Knob of butter and good sprinkle of ground nutmeg.

Method: 1) Preheat oven to 140 Degrees C/Gas 2. Butter a large ovenproof dish.
2) Bring milk to a simmer in a saucepan. Stir in rice and sugar. Pour mixture into ovenproof dish. Top with the knob of butter and sprinkle with nutmeg.
3) Bake in the preheated oven for 1.5-2 hours. Stir the pudding halfway through baking. Enjoy!



Ewan Watson



Jacob Gratton



Ahmed Hassouna



Kara Moss



Mia Garswood



Gluten-free baking

Oliver Woodcock

Keep cooking and send us pictures of your efforts to:

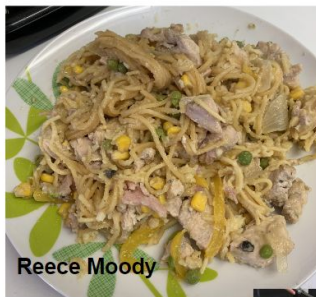
connected@parklandsacademy.co.uk

Lots of cooking going on at home last week... Keep cooking!

Mrs Brookes



Hannah Williams



Reece Moody



Another Pie from Reece... Chicken & Mushroom this week!



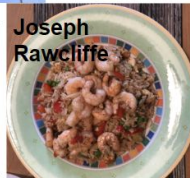
James Dunn



Nicola Smith



Scarlett Prendergast



Joseph Rawcliffe



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Get Cooking ...

It's been another busy week for the Parklands baking community.

Thank you to everyone who sent in examples of their cooking and baking. We have examples from all year groups, all Houses and staff too!



Megan Keefe (Year 7)



Lucy Bolton (Year 7)



Candice Waller (Year 7)



Sienna Iddon (Year 7)



Emily Bassett (Year 9)



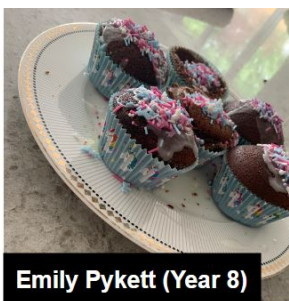
Ethan
Dashti
Burslam
(Year 8)

Keep
baking
and
sending
us
pictures
of your
efforts
to:

connected@parklandsacademy.co.uk



Finley Norris, Year 7,
concentrating hard as
he bakes cakes and
makes beef casserole.



Emily Pykett (Year 8)



Muhammed Aslam (Year 7)



Robert Armstrong (Year 7)



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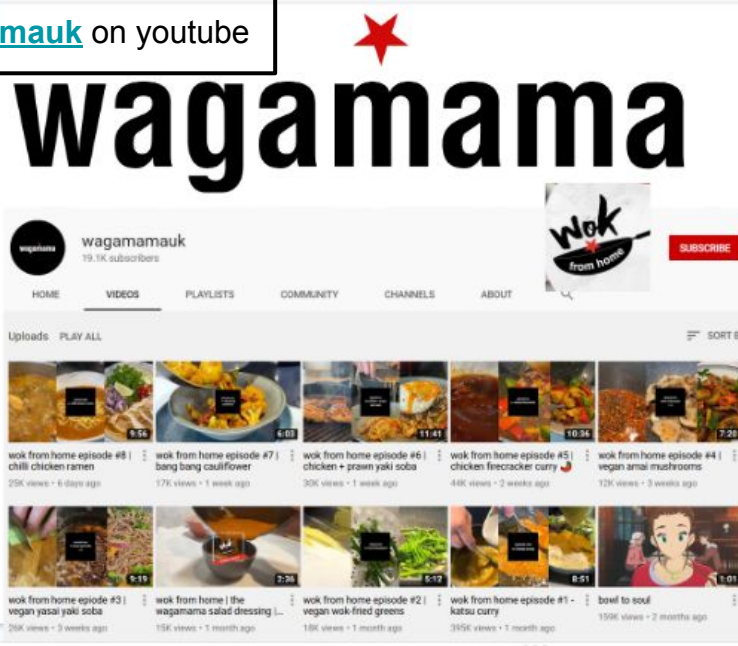


Get Cooking

Even though the half-term break beckons there won't be an opportunity to visit restaurants and dine out. So, why not try restaurant style at home? Thanks to Miss Flight for this.

Search [wagamamauk](#) on youtube

Keep cooking and send us pictures of your efforts to:
connected@parklandsacademy.co.uk



Do you fancy cooking something slightly different?!

Wagamama now have their own youtube channel with step by step recipes / videos of dishes from their restaurant.

Some of these include:

- Katsu Curry
- Chilli Chicken Ramen
- Bang Bang cauliflower
- Chicken Firecracker curry
- Chicken and prawn yaki soba



With temperatures set to soar this week get ready for summer... it's **National Barbecue Week 25th-31st May 2020**... let's hope the sun continues to shine!

<https://nationalbbqweek.co.uk>



This year's National BBQ Week will be supporting the NHS and all Frontline workers, as well as the 'unsung heroes' the Supermarket Staff and Delivery Drivers who are helping to keep us fed & watered during this national emergency! Here's loads of recipes you could choose from...

<https://www.bbcgoodfood.com/recipes/collection/barbecue>
<https://www.bbcgoodfood.com/recipes/collection/vegetarian-barbecue>
<https://www.olivemagazine.com/recipes/entertain/best-ever-bbq-recipes/>
<https://www.jamieoliver.com/recipes/category/dishtype/bbq-food/>
<https://realfood.tesco.com/summer/barbecue-recipes.html>



Take care and remember the food safety rules when cooking using a barbeque!



PARKLANDS- KEEPING CONNECTED

18th - 31st May

Issue 9 & 10



DO YOU KNOW THE DANGERS OF SWIMMING IN OPEN WATER?

What can happen when Cold Water Shock takes place?

- FEAR AND PANIC
- GASPING FOR BREATH
- LOSS OF CONSCIOUSNESS
- CRAMP
- HEART PROBLEMS
- DIZZINESS
- HYPERVENTILATION

COLD WATER KILLS!

On July 3rd 2011 Dylan Ramsay lost his life at Hilltop Quarry in Chorley due to Cold Water Shock. Dylan was a fit, strong and healthy young man. Please think before you swim and remember the golden rule

NO LIFEGUARDS, NO SWIMMING

Cold Water Shock Awareness Campaign

To get involved in the campaign contact: beckieramsay@hotmail.com

doing it for dylan

HM Government

NHS

STAY ALERT

CONTROL THE VIRUS

SAVE LIVES

Keep safe and up-to date

The latest coronavirus (COVID-19) information from [Public Health England](https://www.gov.uk/government/coronavirus/covid-19/public-health-england)



*Wishing you all an enjoyable
and memorable birthday. It will
certainly be one to remember!*

Saturday 16th May

Mrs Eastham

Sunday 17th May

Holly C 16

Finn L 12

Emily W 12

Monday 18th May

Mrs Eaton

Mr Crampton

Tuesday 19th May

Tia I 16

Charlotte G 14

Wednesday 20th May

Jessica F 16

Aidan K 16

Hollyanna M 14

Thursday 21st May

Simon R 16

Kareen E 12

Friday 22nd May

Imani B 14

Adam H 14

Shama B 13

Grace L 13

Saturday 23d May

Mr Rimmer

Peggy A 16

Alycia R 15

Jonny B 13

Sophie D 13

HAPPY BIRTHDAY
12

YOU'RE TOTALLY
TWELVE TODAY!

13

HAPPY BIRTHDAY

*You're SO allowed to be sloppy now.
Take the most of it! Heell!*

FOURTEEN TODAY
14

HAPPY BIRTHDAY

Love a fantastic and

FIFTEEN TODAY
15

HAVE A HUGEY
HAPPY BIRTHDAY!

16

OH YEAH!

Have a good one!



*Wishing you all an enjoyable
and memorable birthday. It will
certainly be one to remember!*

Sunday 24th May

Katy M 16
Kian H 14
Isaac G 13
Ruby S 13
Sam S 12

Thursday 28th May

Sam G 14
Delta M 14
Aimee D 13
Evie D 13
Kris S 13
Katie S 12

Monday 25th May

Olivia E 15

Friday 29th May

Zac C 16
Max H 15
May S 15

Tuesday 26th May

Emily H 16
James A 14
Max T 14
Sophie G 12

Saturday 30th May

Isabelle C 16
Isabelle H 16
Cameron H 16
Madison D 15
Keira S 15
Jaden F 12
Rhys H 12
Jackeline P 12

Wednesday 27th May

Madison G 15
Isaac O 12

