



Headteacher's Message

Hello everyone,

Welcome to another bumper edition of our weekly bulletin. The longer lockdown has gone on, the more important this bulletin has become, as we try to ensure you still feel part of our vibrant and diverse school community, so thank you for your contributions to this week's 28 page bulletin.

This week saw the announcement from the Education Secretary, Gavin Williamson, that schools will be fully open again in September (click here for the BBC News article). Further details are yet to be provided by the government regarding this, so I currently don't know any more than what is in this article. What I do know, however, is that my colleagues and I are really looking forward to seeing you all again and getting back to some kind of normality. There is much in the press at the moment about catch-up, summer schools, pupils falling behind, a lost generation...... whilst no-one can deny that being out of school for so long can be detrimental, I am confident that our committed Parklands staff will do their utmost to ensure we hit the ground running, when we do return, and that we get back into our usual routines as soon as we can.

The roll-out of online lessons using Google Meet has been extremely positive, according to much feedback I've received by not only teaching staff but many of you in our school community too. As teachers gain confidence in using the technology, more lessons will be online for all year groups, and I hope that you pupils will take advantage of this new resource and join in. Whilst the online lessons are clearly a great method for teachers to connect with their pupils, we should not underestimate the sense of belonging it can bring to pupils when they see their teachers and classmates. You may, at first, feel a little awkward and uncomfortable, but please do your best to join in if you can.

Finally, one person worthy of a special mention is Marcus Rashford, the Manchester United player whose intervention regarding free school meals resulted in a change of policy from the government. This goes to show what one person can achieve - and one day, that one person could be you! As a young child I doubt Marcus ever thought that he would be able to influence the government as he has this week - so remember, there are no limits to your potential, there may well be some hurdles along the way, but with determination you can and will succeed. Keep positive and keep trying your best!

Have a lovely week, Mr Mitchell







22-26 June 2020

#SDW20

We want to make sure that every child in our school reaches their potential and does their best. One way we are going to do this is by taking part in School Diversity Week, along with hundreds of thousands of pupils across the UK.

The focus of the week is celebrating lesbian, gay, bisexual and trans (LGBT+) equality in education. It is run by the charity <u>Just Like Us</u>. Our school community is diverse in many ways, and this is just one of them.

Growing up can be really difficult for LGBT+ young people: 40% have thought about suicide, 52% have harmed themselves and 86% still hear homophobic comments. This has a potentially life-long impact on how well they do in school and in life.

We want to make sure that pupils in our school are not bullied, and we include everyone. It's also important to prepare young people for the world beyond school, which is a very diverse place.

Teaching young people about being LGBT+ is included in the Equality Act 2010, the new PSHE curriculum, and how well we do it is measured by Ofsted.

School Diversity Week, organised by the charity Just Like Us (justlikeus.org), was launched with the support of the Department for Education. This year's week is sponsored by Facebook and JP Morgan with around 1,600,000 pupils and school staff due to take part.

This year Just Like Us will be running School Diversity Week: Home Edition in response to COVID-19. You might like to begin by following the llink to <u>The Virtual Reading Roadshow</u>. It is a great way to introduce LGBT+ topics in a relatable way, with young adult LGBT+ presenters who share the stories of growing up. There will also be daily online masterclasses for young people to take part in directly on a range of LGBT+ topics.

Get involved and try the activities and follow the links on the next page











School Diversity Week masterclasses

What are the masterclasses?

Our masterclasses are a unique educational opportunity to learn about exciting topics from the experts. Our experts will be hosting short workshops which will spark your interest and develop your understanding in a range of subjects - anything from film-making to creating a campaign.

You'll also have the chance to ask **your questions**. We'll ask for these before the masterclass so keep your eyes peeled on our social media channels. You can email us your questions to info@justlikeus.org. We'll follow up each masterclass with an activity so you'll get a chance to try your hand at using your new skills and knowledge.

Who are the masterclasses for?

We have workshops suitable for all ages from primary to secondary. We'll clearly outline the target age group for each workshop, and parents and carers are welcome to watch along with your young people. How can I watch the masterclasses?

Our workshops will be broadcast on our Facebook page at the times below. There'll be no limit on the numbers of viewers.

Some information is still being confirmed, so keep checking to see the updated timetable. Shown below are just a few of the experts and the range of topics that will be covered.

Masterclass timetable



26/06/2020 at 12:00

Travis Alabanza with

'I AM, how to get creative

with you as the source

22/06/2020 at 14:30 (ages 8-13) Coronavirus - all you



06/2020 at 12:00 (ages 14-16) In conversation with Lady Phyll



22/06/2020 at 15:30 (ages 14-16)



24/06/2020 at 15:30 (ages 13-16)

Emily Lavinia on 'How we tell our stories and stay safe

questions answered with Dr Rani

Sabah Choudrey on 'Gender Diversity

24/06/2020 at 14:30 (ages 8-11) 25/06/2020 at 12:00 (ages 11-16) Dan Vo on 'Love in art' and 'What art history can

Try out the activities below or follow the link to lots more Fun activities



reate blackout ooetry'

on the theme of diversity - see poetry emerge from scrap paper

Click here

Attitudes 📷 **Discover how British** social attitudes to

last twenty years

Click here

British Social

NatCen

LGBT+ people has changed in just the

The rainbow flag has been a symbol for LGBT+ people for almost 50 years. LGBT+ people use the flag at Pride parades to proudly show their identity.



Create your own identity flag

What would a flag that shows your identity look like? Try creating one yourself on a sheet of A4 paper. Make sure it uses a range of colours and represents you.

- Some things you might want to include:
 - Things you like (e.g. food, activities, music)
- Things that are important to you.
- Symbols that represent your heritage or faith
- Symbols that represent your LGBT+ identity (if you are LGBT+)

Display your flag wherever you want to show you are proud of your identity.





Quiz time

- 1. Apart from London, where are the only three *Michelin* star restaurants in the U.K.?
- 2. What is the County top of Lancashire?
- 3. In 1994, what product was advertised using the *Pointer Sisters' song 'I'm So Excited'* with the tag line "Get that Friday feeling!"?
- 4. Apart from The Queen or Britannia, name all of the women to have appeared on banknotes issued in England and Scotland. There are eight in total.
- 5. Who played black and overcame a Taimanov variation of the Sicilian defence to become the World Champion on 3rd September 1972?

Answers will be provided in the next edition

Last week's answers are below:

- 1. What was the **original** name of the large cotton mill built on the Leeds-Liverpool canal at What was the **original** name of the large cotton mill built on the Leeds-Liverpool canal at Botany Bay in *Chorley? Canal Mill.*
- 2. Which of these places had the highest population at the last census? Northampton, Southampton **or** Wolverhampton. **Southampton** 253,651 (Wolverhampton 249,470, Northampton 212,100).
- 3. In Judaism, what is the Shamash used for at Hanukkah? It is the candle used to light the other candles of the Hanukkah menorah.
- 4. What is the name of the metal alloy that typically contains 92% tin, 6% antimony and 2% copper? *Britannia metal.*
- 5. Name the 1986 film that uses Samuel Barber's Adagio for Strings as incidental music. *Platoon.* Thanks to Mr Whalley for providing the quiz.

Chocolate Quiz







Movie Quiz - Last week's answers.

| How many did you find? Did you spot all 50 movies in the picture? | | | | |
|---|------------------------------|----------------------------|----------------------------|-----------------------------|
| 1. Cat On A Hot Tin Roof | 11. Gone With The Wind | 21. Fiddler On The Roof | 31. The Black Dahlia | 41. All About Eve |
| 2. The Towering Inferno | 12. The Last Picture Show | 22. The 39 Steps | 32. Clockwork Orange | 42. Happy Feet |
| 3. The Dam Busters | 13. School Of Rock | 23. Dances With Wolves | 33. North By Northwest | 43. Edward Scissorhands |
| 4. Star Wars | 14. The Birds | 24. Shane | 34. Gladiator | 44. Raging Bull |
| 5. Breakfast At Tiffany's | 15. Chariots Of Fire | 25. Singin' In The Rain | 35. Blade Runner | 45. The Eagle Has Landed |
| 6. Wall-e | 16. Gaslight | 26. Batman | 36. Jaws | 46. Taxi Driver |
| 7. Seven Brides For Seven Brothers | 17. Mean Streets | 27. Guys And Dolls | 37. Shakespeare In Love | 47. Blazing Saddles |
| 8. Ghost | 18. A Fistful Of Dollars | 28. Lady And The Tramp | 38. Bad Santa | 48. American Graffiti |
| 9. 42nd Street | 19. The Sting | 29.The Piano | 39. The Lion King | 49. The Queen |
| 10. Jamaica Inn | 20. Top Hat | 30. Toy Story | 40. American Pie | 50.The Graduate |





Are you a future News Reporter, Journalist, or Presenter?

The Southbank Centre in London are offering a free five day project as part of the News News News reporters Club. The project has been designed by artists Andy Field and Beckie Darlington, who said the project aims to be "a fun way to empower children during this strange moment in time".

The organisers describe the project like this: "Hopefully, through making your own radio news broadcast, this project will be a fun diversion for children and adults during this difficult time – a chance to get away from our screens and interact with the world in a different way. You get to think about what's happening around you, describe what you can see, play games, write stories, and talk with each other. Also, the journalistic skills and ideas the club teaches may encourage you to think about the current situation in a new way. With so much changing so quickly, it can be helpful to have space to reflect on that; to have a way of remembering what it felt like to live through this very strange period"

Click here to download the full pack of materials. Just enter '0' in the donations box to access all materials for free. If you have any problems, just email me at lpilkington@parklandsacademy.co.uk and I can send you a copy of the pack. We'd love to see any reports that you create. Miss Pilkington

Fundraising Focus

Please support the fundraising for Sally Cornes, Yr 8. Any donation, no matter how large or small will go towards heping her to secure specialist treatment to help win her battle against cancer. Follow the link to support Sally, make a donation and to read more about this amazing young lady SallyGoFund Me



Board Game of the Week - Colour Brain

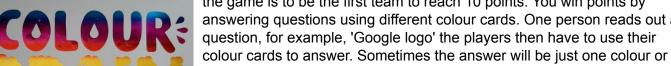


Colour Brain is a family game which is easy and fun to play. The aim of the game is to be the first team to reach 10 points. You win points by answering questions using different colour cards. One person reads out a question, for example, 'Google logo' the players then have to use their colour cards to answer. Sometimes the answer will be just one colour or it could be two, three of even four. If you are the only team correct then you will score points.

Have fun!



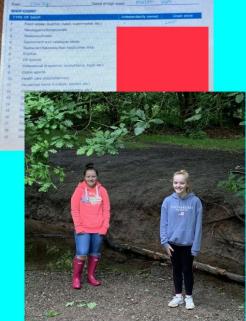
Dory from Finding Nemo (not including her eyes)





Geography 'Field Trips'

Some of our Year 7 & 8 students have been visiting rivers, or Chorley Town Centre (or doing the visits virtually via Streetview) as part of their lockdown learning. Josh Gorvett sent me a copy of his Chorley fieldwork sheet today (investigating whether Chorley is a 'clone town') and Abbie Thompson and Jasmine Thompson sent a photo of their visit to Worden Park. It is lovely seeing students have a go with alternative learning methods and 'Learning Outside the Bedroom/Kitchen/from the Sofa'! Well done and keep up the good work 7&8! Mrs Eastham







Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

More Geog Field Trip Photos..... Well done Year 8!

Emily Pykett, Niamh Lawton, Mia Goodhew, Isobel Ashworth, Elizabeth Clewlow, Jess Madsen, Harvey Pomfret, Will Tansey, Josh Wilson



Harrison Swansbury's own trip... and work!







ENGLISH - 7XLC and 7YLC have been really impressing and entertaining Miss Cathey with their Reading Project work. From book covers, collages and Lego models to poems, quizzes and stories, your creations are wonderful! Keep reading...and keep them coming!







imes

he





Kate Henderson

as Great Escape Word Searc

Megan Keefe

7YLI

eon Barlow

7YLL

ROWLTN



Miss Law would like to thank the following students for their fantastic efforts with their Reading Projects. It's been so wonderful for me to see how imaginative and creative you can be! I have LOVED looking through these! Keep them coming!

TE ST F

May Upton 7YLL

Lucos Smith

7YLL







Y8 Spanish

Mr Stalker would like to congratulate the following students for showing a huge amount of dedication to their Spanish work:

> Gracie Boyle 8XC Tom Peers 8XC Luc Brierley 8YV Holly McNulty 8YV Keeley Austin 8YV





Year 7 Religious Studies

Miss Partington would like to say well done to all students in 7yV and 7yY who have completed their Major World Religions quiz. A special mention to the students below for achieving impressive results:

> Finley Norris Harry Carr Maria Esa Milly Todd Ebony Williams Goodman Alex Spinks Charlie Caldwell Robert Armstrong Megan Keefe Alex Sharples

8yV and 8xO you have another week to complete your work. Good Luck!



A massive well done to Robert Armstrong in year 7 who took his ecosystems project to a new level by rescuing some tadpoles from a drainage ditch. Here's a little video of the feeding frenzy. Well done. Mr Madigan









https://youtu.be/9jXudWGIFZ4

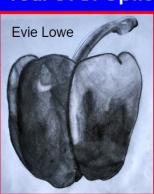




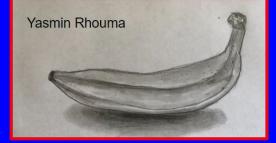
Year 8 Art Option - Food Art Drawings

A fantastic start to a new Art project for Y8 Art options students. Lovely drawings from; Amy Alty, Charlie Cook, Evie Lowe, Laura Cocker, Lacey Booth, Evie Roby, Yasmin Rhouma, Jacob Sergeant, Tom Dickson, Martha Wiggans, Tegan McKeever, Yoshimi Haigh, Anna Lee, Ethan Dashti-Burslam, Holly McNulty





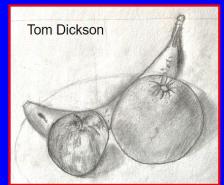






















Ethan Dashti-Burslam









D&T achievements- Mr.McAvoy



<image><image>

Big well done to Joshua Gorvett for these fantastic cushion designs. These were designed and made as part of his Design and a technology project work!





Get reading - Book recommendation

The Art of Being Normal - Lisa Williamson

Philip Pullman called this book a life-changing and life-saving book,' and this is just one of the reasons it became the bestselling young adult hardback debut of 2015. It was nominated for the Carnegie Medal and five other awards that year. David and Leo, its two teenage protagonists, are both boys navigating their own rocky teenage terrain by attempting to be invisible. David has a secret: despite what everyone assumes, he isn't gay, he's attracted to the most popular boy in school because he's a girl living inside a male body. Leo also has secrets; largely the result of his difficult background, and his friendship with David begins when he stands up for him on his first day at Eden Park School. The boys show bravery and wit as they face hostility and bigotry.Their friendship is both remarkable and unexpected.



Want to read but struggling to get new books?

You don't need to go to the expense of buying new books and we know that libraries are closed but there are still lots of ways to access new reading material.

1. Borrow an ebook from the school library. Download the free app <u>ePlatform</u> and then:

- Find our library Parklands Academy
- Username = your school email address
- Password = library 1
- Then browse for your next book!

2. Audible is making a wide selection of audiobooks available to stream for as long as schools are closed.



If you fancy listening to a book instead of reading it, you might like to try this option. Here's the link to the Audible site : <u>Audible</u>

3. During the period of closure all local libraries are allowing online borrowing. If you are a member of any library in Chorley borough you should be able to borrow a book virtually. You just need the library card number to set up. If you are not a member it is still possible to join online. Follow the link below:

Lancashire libraries

There's never been a better time to read and for all those students who might be running out of books for Accelerated Reader you'll find hundreds to choose from.





Could you recommend a book you've read recently? Let us know or send a review to: connected@parklandsacademy.co.uk





STEM Education

STEM stands for science, technology, engineering, and maths.

By 2030 the U.K. will have over 7 million jobs needing STEM skills and it has been recognised that STEM can help broaden young people's life choices and opportunities in terms of keeping their future options open. There's never been a better time to develop these skills.

Maybe a Parklands student will go on to produce a lifesaving vaccine or another great British invention that ranks alongside the internet, computer, jet engine, light bulb, television or telephone.

Each week we will focus on a few particular activities or challenges provided by STEM.org. This week we've highlighted:

<u>Coding down the slopes!</u> It's always snowing somewhere in the world! Why not go skiing with Scratch Cat using your digital making skills? Follow the <u>free 'Scratch Cat goes skiiing' project guide</u> to create this game.

The Ice is Melting In this set of four activities from the European Space Agency, students explore the impacts of global warming and melting ice on Earth.



There are hundreds of activities to choose from so if these don't appeal see what else is on offer at <u>STEM.org</u>. We dare you to try! Thanks to Mr McAvoy for this.

Tried out one of the STEM acitvities? Let us know at <u>connected@parklandsacademy.co.uk</u>



PREVENT - Information for Awareness 11/06/2020

Message from Local Authorities going around various districts in GMP:

'It's been brought to our attention that 'anti-5G' protesters have been sticking posters on various street furniture including telephone infrastructure, electricity cabinets and lamp posts. Some of these posters have blades or other 'sharps' placed behind them, in a deliberate attempt to injure anyone who attempts to remove them. If any posters or stickers with 'anti-5G' messages are found stuck to any street furniture, infrastructure, lamp posts where diffusion tubes are fixed, etc., DO NOT attempt to remove them. If such a poster is found report it to Police.

Just for note, we have not had any reports of any Anti 5G protest stickers in Lancashire or Cumbria yet, but that doesn't necessarily mean they are not out there!

We have also seen an increase in graffiti, posters and stickers across the county in recent weeks. As always please be vigilant. If you do see anything please take a photo and send it to me with a location so I can inform the Police and colleagues in our Prevent team and arrange for it to be removed. Thank you for your continued support.

Afrasiab Anwar MBE

Community Team Leader, Ethnic Minority / Gypsy Roma & Traveller Achievement Service







June is the month for the Windrush remembrance and celebrations. Many people who came over on the Windrush voyage on the 22nd June 1948 only intended to stay for a short time to help Britain get back on track. However, some people met and fell in love and settled here, it is important that we remember the good that has been done to help us by people who did not need to come and help. We need to know that a lot of the reason for us being a multicultural country is due to us appealing to other countries for help.

In years to come we will be remembering the NHS, which is also a multicultural sector, and applauding them on how they have helped us in this crisis. How are you being helpful and kind?

Click here to find out more about the richness and diversity of British society, in particular the huge contributions of African Caribbean, Gypsy, Roma, Traveller and **Refugee communities** over the years.

HOME LEARNING ideas, activities and links to explore for Windrush Day, Refugee Week and Gypsy, Roma & Traveller **History Month**

WINDRUSH Child by John Agard

Behind you Windrush child palm trees wave goodbye

doors closing and opening will things turn out right?



PRESTON WINDRUSH GENERATION & DESCENDANTS

Click for more about Preston Windrush

above you

Windrush child seabirds asking why

around you Windrush child blue water rolling by

beside you Windrush child your Windrush mum and dad

think of storytime yard and mango mornings

and new beginnings

'Windrush Child' read by poet John Agard

stop-motion adaptation of John Agard's po Windrush Child', designed and animated by 6 ear old children at The Green, Nunhead, ment y Rainbow Collective as part of Black History onth 2018.

At least the ship will arrive in midsummer light

and you Windrush child think of grandmother telling you don't forget to write

and with one last hug walk good walk good and the sea's wheel

carries on spinning and from that place

England you tell her in a letter of your Windrush adventure

stepping in a big ship



KS2 The Empire Windrush and

Caribbean migration

Windrush Migration Education pack

this pack has activities on 'Windrush Child'. The poet dedicated the poem to Vince Reid, 13, one of the youngest on the boat.

It looks at why people migrate, at their spirit and bravery, their expectations, hopes and aspirations.



WINDRUSH FOUNDATION https://windrushfoundation.com/

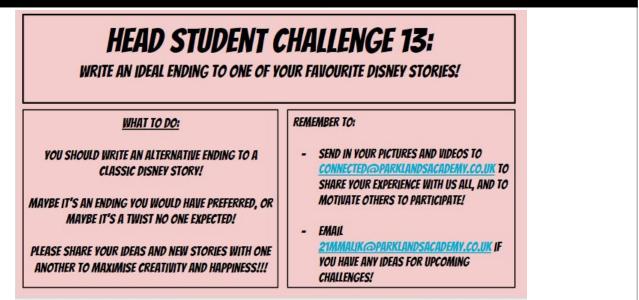


Lancashire





Head Students' Challenge



Follow this link to their weekly challenge and let us know how you go on. Head student weekly challenge- <u>week 13</u>

Click for additional advice and support for those with Special Educational Needs and Disability <u>SEND weekly support board</u>

Newsletter for parents and carers of, and professionals working with, children and young people with SEND. <u>FIND Newsletter Summer 2020</u>



Latest information from our school uniform suppliers Jada <u>Nuuniform & NUprice list</u>

Keep smiling

- Q: What happened when the wheel was invented?
- A: It caused a revolution!
- Q: What do librarians take with them when they go fishing?
- A: Bookworms
- Q: What vegetables to librarians like?
- A: Quiet peas.
- Q: Why did the clock in the cafeteria run slow?
- A: It always went back four seconds.

Keep smiling and send your jokes to: <u>connected@parklandsacademy.co.uk</u>











What to watch...National Theatre

You will have seen our links to the National Theatre at Home in each week's edition of Keeping Connected but, thanks to Mrs Gray, we are now able to access the back catalogue of performances

Why not treat yourselves to a trip to the theatre?

The **National Theatre** are allowing **schools exclusive access** to their recorded live performances during the pandemic so that children still have access to high quality theatre! (These login details are for Parklands pupils only - please do not share with anyone outside of Parklands or we will lose access)

To have a choice of over 150 plays to watch, <u>click on this link</u> and use these details in the 'ACCESS LOGIN' window:

Username: 0Ap*2Qm\$ Password: 5As%5Db#

*****ALL THE PLAYS HAVE AN AGE RATING - YOU WILL NOT UNDERSTAND THE ONES WITH HIGHER RATINGS THAN YOUR OWN AGE AND THEY MAY ALSO BE INAPPROPRIATE - DO NOT WATCH THESE!*****

Plays I would recommend include: Treasure Island (page 3)

Peter Pan (page 2) Jane Eyre (page 2)







One Man Two Guvnors (page 2)

If you choose something else, let me know what you thought of it so I can recommend it to others. Why not get dressed up for the theatre and watch the play with your whole family? Mrs Gray

In addition to the above here's this week's offering from National Theatre at Home:Small Island



Filmed live during its sold-out run in 2019, the National Theatre's epic production of Andrea Levy's Orange Prize-winning novel is streaming with National Theatre at Home to mark Windrush Day 2020. Small Island embarks on a journey from Jamaica to Britain, through the Second World War to 1948 – the year the HMT Empire Windrush docked at Tilbury.

The play follows three intricately connected stories: Hortense yearns for a new life away from rural Jamaica, Gilbert dreams of becoming a lawyer, and Queenie longs to escape her Lincolnshire roots. Hope and humanity meet stubborn reality as the play traces the tangled history between Jamaica and the UK.

A company of 40 actors take to the stage of the Olivier Theatre in this timely and moving story. BBFC rating 15 when released. As part of depicting the experience of Jamaican immigrants to Britain after the Second World War, at times characters in the play use language which is racially offensive.





What to watch...

Premier League Football

Last week saw the return of the Premier League, with Raheem Sterling (MCFC) scoring the first goal of the project restart campaign!

This week the following games have been confirmed as free-to-view:

Wednesday June 24

Manchester United v Sheffield United 6pm - Sky Pic

Norwich v Everton 6pm - BBC

Thursday June 25

Burnley v Watford 6pm - Sky Pick

Sunday June 28

Watford v Southampton 4.30pm - Sky Pick

Sky Pick is available on 159 on Sky and 144 on Freeview.

(Mrs Curtis)





What have you been watching during lockdown? Send your recommendations to: <u>connected@parklandsacadem</u> <u>y.co.uk</u>



FULL-LENGTH PERFORMANCES EVERY FRIDAY 7PM BST FOR 48 HOURS If you're a fan of musicals, you can enjoy a full free performance of an Andrew Lloyd Webber musical every week.

Every week a new musical is available for 48 hours, so by the time you read this it might be too late to see <u>Peter Pan</u>. From Friday 19th until Sunday 21st June. The Shows Must Go On prepare to sprinkle fairy dust as NBC presents a bold new LIVE television production of the classic Broadway musical that will gather friends, families and anyone who refuses to ever grow up.

Telling the beloved story of Peter Pan, the mischievous little boy who ran away to Neverland. Get ready for show-stopping stars, stunning costumes, extravagant sets and delightful music that will have everyone in your home singing along.

This soaring LIVE three-hour holiday event guarantees to take viewers on a magical and musical journey to the second star to the right. Alison Williams stars as Peter Pan and Christopher Walken stars as Captain Hook. (Original Title - Peter Pan Live!) - 2014 Universal Studios

If you would rather listen to a play Mrs Gray recommends <u>Lockdown Theatre</u> <u>Festival</u>. Stage productions that had their runs suddenly cut short by COVID-19 are brought to the airwaves. Contributors were linked up via the internet to record "down the line" from isolation.



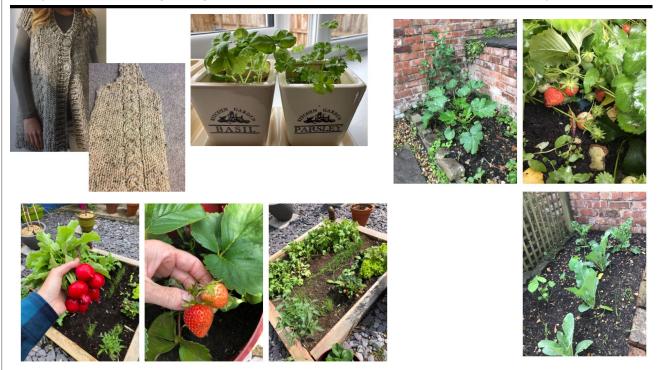






What we've been up to ...

It appears that we've been very green fingered in recent weeks. Pictured here are Miss Pilkington's crop from her garden(radish and strawberries). Mrs Aspinall's cauliflower, kale, peas, courgettes and strawberries are all works in progress- unfortunately, the slugs are enjoying the fruit more than the family! Mrs Brookes is growing herbs to add her dishes and has started to knit. Very impressive!



DUOLINGO HOUSE COMPETITION 2020

This is a house competition you can still take part in from home. Let's keep up the house spirit from a distance!

Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Each time you do some learning on the app you will earn points for your house.

It's great to see so many students have joined the competition! Parents and family members get involved too by checking out the instructions below.

<u>Click here for instructions for joining the STUDENT competition.</u> <u>Click here for instructions for joining the STAFF/PARENT competition.</u>

<u>Student Competition -</u> Last week's winners were AFRICA! <u>Staff/ Parent Competition</u> - Last week's winners were SOUTH AMERICA! Happy language learning! Mr Stalker







Keep Fit



National School Sport Week at Home 2020

The annual National School Sport Week campaign takes place in the last week of June every year to celebrate the important role of Physical Education and school sport in enhancing young people's wellbeing.

This year, the Youth Sport Trust has teamed up with Sky Sports to run a national campaign which will aim to unite the country - families, schools, sport and businesses - in a celebration of the power of sport to bring people together, even during isolation.

The UK-wide campaign will challenge people to take on their families, friends and neighbours in virtual sporting challenges – helping them to connect in an unprecedented period of school closures and social distancing.

It will be supercharged by Sky Sports who will be helping to inspire families across the country to take part. Read the <u>launch announcement</u>.

The campaign builds on the Youth Sport Trust's <u>#StayHomeStayActive campaign</u> which has been supporting schools, parents and young people with daily free resources to get young people moving and enjoying the PE curriculum while at home.

Register as a Parent or Carer

If you are a parent or carer we will provide you with free and easy-to-use resources including videos to help plan your week of activites, set challenges for your families, friends and neighbours, and shout about it online.**REGISTER HERE**

Send us a picture or video of you taking daily exercise or getting involved in sport week 2020 <u>connected@parklandsacademy.co.uk</u> We might include it next week.



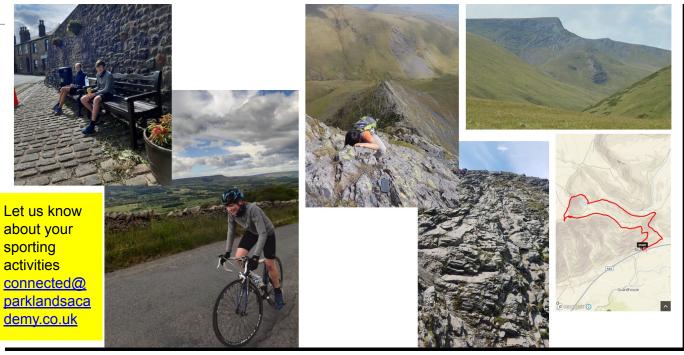


Keep Fit

We have certainly got two excellent examples of sporting grit and determination pictured here. Morgan Miller, Year 8, made his contribution to sports day with a 46.44 miles long cycle ride, completed in 4 hours 5 mins. He cycled through Preston, Longbridge, Chipping, Ribchester, Clayton le dale, Mellor Brook, Nab head, Roach Bridge, Houghton, Brindle and back to Wheelton again.

Ishaaq Ali, Year 8, completed the Blencathra Sharp Edge Challenge this week. Blencathra is a Lake District icon and the approach to the summit via the scramble up Sharp Edge is one of the most famed ascents in the National Park. Sharp Edge is a knife-edged ridge, requiring a head for heights. It is a grade one scramble and daunting for even adults. Ishaaq has been hiking on mountains from a young age. He must have had to put that experience to the test.

Wow! We are exhausted just from reading about these feats!



PE lessons every day

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday to Friday via his YouTube channel for children of all ages, in a bid to keep everyone moving. P.E with Joe" | Daily LIVE workouts for kids | The Body Coach

Keep us up to date with all your sporting challenges/successes just like the girls from Euxton U16s football team who enjoyed their Virtual Awards Night last week. Well done to Chloe Baker-Newsham as captain of the team, Megan Molloy as Vice-Captain, Jamie Gobin and May Smith Special mention goes to Megan for being voted as the Players' Player of the Season!! Well done girls. #proudtobeparklands







ind Lancashire

Support for Children & Young People

On this page you will find a range of resources and support for young people.

Resources, Services and Helplines

Links to helpful information and resources for young people

LinksToHelpfulInformation_ResourcesForYoungPeople.docx Activities and Tools for Children and Young People 5 Steps to calm resource 5StepsToCalmCYP.pdf 2020 COVID-19 Time capsule resource 2020Covid-19TimeCapsule.pdf.pdf Calm Down Sensory Jar resource CalmDownSensoryJar.pdf Child friendly explanation of coronavirus resource ChildFriendlyExplanationofCoronavirus.pdf Circle of Worry resource CirclesOfWorry.pdf How to be more resilient resource HowToBeMoreResilient.pdf How to cope when supporting someone else resource HowToCopeWhenSupportingSomeoneElse.pdf How to have a conversation about mental health resource HowToHaveAConversationAboutMentalHealth.pdf Looking ahead workbook resource LookingAheadWorkbookCYP.pdf Supporting your family's wellbeing resource SupportingYourFamily_sWellbeing.pdf My COVID-19 Diary and self-care Workbook CYP_COVID-19 Booklet .pdf

How to cope with change- YouTube Video Activities HowToCopeWithChange_-_YouTubeVideoActivities.pdf









Parklands Bake Off

We would like you to create your very own showstopper.

There are only two rules: your cake must be edible and it has to be baked by either a student or a staff member from Parklands.

You must submit one picture of **YOU** baking your showstopper, as well as one picture of your finished masterpiece.



The competition will be judged by the amazing Finch Bakery in Great Harwood. You can have a look at some of the fantastic cakes they bake on their website <u>here.</u>

All submissions must be emailed to Miss O'Dolan by 11am on Friday 26th June.

Get Cooking









Robyn Hitchen has had differing degrees of success this week with her delicious looking curry and her 'baked Alaska gone wrong'- her words, not ours!

Mrs Haslam has produced her best cake yet. We're assured its recipient is over 18!

Mrs Aspinall made a Victoria sponge and Alannah Hatton made a yummy chocolate cake.









Get Cooking

Did you know? Friday 26th June is National Cream Tea Day... https://www.creamteasociety.co.uk/national-cream-tea-day

You can download <u>The National Cream Tea Society's Fundraiser Pack</u> and maybe raise some money for a charity of your choice!

Or have a cream tea with your best friends online, a picnic in your back garden or create a special treat for someone in your family or a neighbour! Why not celebrate Virtual National Cream Tea Day?



Cream Tea Etiquette...the question is... is it cream or jam first? Send me your cream tea photographs for next week's Keeping Connected. Have fun, Mrs Brookes

sbrookes@parklandsacademy.co.uk

Devonshire Scones... Mrs Brookes' favourite recipe for scones (I stole it from Mary Berry!)



Mary Berry's and mine!



INGREDIENTS

- 450g (1 lb) self-raising flour
- 2 rounded teaspoons baking powder
- 75g (3 oz) butter, at room temperature
- 50g (2 oz) caster sugar
- 2 eggs
- about 225 ml (8 fl oz) milk

Send your cream tea photographs for next week's edition to: <u>connected@parklandsacademy.co.uk</u>

Click<u>here</u> for the instructions



PARKLANDS-KEEPING CONNECTED 15th- 21st June Issue 13



Careers

Note from Preston's College:

After two weeks of interviewing for our Scholarship programme for September 2020 I'm delighted to let you know that we have recruited **Adam Scott in Year 11** for the Aeronautical Engineering position. He did fantastically well at interview and we are delighted to have him on board starting September 2020.

Virtual Work Experience - coming soon....

Good news for Year 10 - although sadly we are unable to go ahead with the work experience week that we planned, we are going to offer the next best thing: a week of Virtual Work Experience! Working alongside Changing Education plus lots of very helpful employers, we are able to offer this unique experience that will give you an insight into the world of work, picking up skills and advice along the way. It will take place during the original WEX week and you will be awarded a certificate of completion to demonstrate to future colleges or employers that you have been involved. More details to follow in the next week or so - for now just make sure you have downloaded the Connect app and filled in the details of your industry interests.



LLS are proud to have joined forces with Liverpool Football College in partnership with Steven Gerrard to create an unrivalled sixth form offer for young people who are interested in a career in sport.

To read more about this collaboration, visit <u>https://www.llsonline.uk/steven-gerrard-partnership-promises-to-inspir</u><u>e-the-next-generation-of-sports-stars/</u> where you can learn about opportunities in your area!

Colleges and Apprenticeships

Although the world of work has changed somewhat over the last few months, slowly things are returning to normal, including vacancies being advertised for apprenticeships. Training 2000 have a couple of very promising vacancies on offer in Chorley for example. BAE Systems are going ahead with employing 800 new apprentices this year - good luck if you applied and are still waiting to hear if you have been successful.

Don't forget that if you would like an apprenticeship but haven't been able to find one yet, you can apply for a full time college course in that subject and transfer to an apprenticeship at any point.

Some colleges are still accepting applications, so if you think you have made the wrong choice - or no choice at all yet - it's not too late! Email Miss Berry if you need any advice or help.





Careers

Volunteering

National Citizen Service are recommending that students do some voluntary work with charity shops over the summer (assuming all safety guidelines are followed). This will look great on CVs or college/uni applications in the future, as well as helping some of the most vulnerable in society.

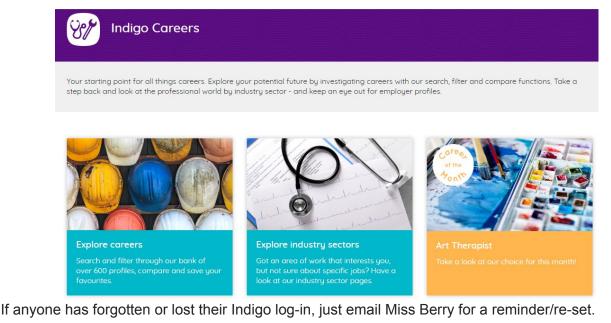
Please keep an eye on emails in the next few weeks as colleges will be sending out all kinds of information about enrolment (some are doing this online, others in person), virtual taster days and lots more. Don't miss out on any of the pre-term activities!

Wigan & Leigh College .

See attached letter regarding our enrolment plans for August.

Year 11 pupils, parents and carers - Key stage 4 to key stage 5 transition information To support Year 11 pupils and their parents/carers, Lancashire Councy Councl has produced the attached document with information about individual school sixth forms, colleges and apprenticeship providers based in Lancashire. The document sets out information by provider to help young people make informed decisions about their next steps, such as on how to apply for a place, where to find information on courses and how to prepare for Year 12. Year 11 Transition Booklet

<u>Welcome to Indigo</u>...your guide to the future! Explore hundreds of jobs and careers. Use your school email and INDIGO password, that you were given in your Careers Assembly, to login.





Emotional Health & Wellbeing

The continuining Coronavirus (COVID-19) oubreak can be scary.

It is also unusual for whole households to be together for such long periods of time. These things can challenging for all of us and affect our mental health. Here's a link to <u>Mind.org</u> with some useful tips on how to help your wellbeing.



With many of us spending more time than ever online for education, work and entertainment this presentation from the **ThinkuKnow** education programme, provides an <u>Introduction for Parents and Carers</u> It highlights some of the resources available for you and your children and reminds you of some of the things you can do to keep your child safe online. Click on the image to take you to the presentation.

The best way you can protect your child is to establish a positive relationship with them around their life online. Talk to them – not just once but have ongoing conversations as part of your family life

Keep safe and up-to date

The latest coronavirus (COVID-19) information from Public Health England



Wishing you all an enjoyable and memorable birthday. It will certainly be one to remember!

> Sunday 21st June George L 12 Monday 22nd June Callan G-B 16 Leo H 16 Yoshimi H 13

Tuesday 23rd June Charlie M 14 Frankie M 14 Chloe H 12



Wednesday 24th June

Luke C 16 Morgan R 16 Sarah-Jane H 15 Lily M 14 Chloe F 13 Emma M 12

Thursday 25th June Gracie B 13

Friday 26th June Kirsty M 15

Saturday 27th June Miss Cosgrove Eleanor A 15 Hannah L 15 Ellis S-B 14 Tilly C 12









