



# PARKLANDS- KEEPING CONNECTED

## 29th June - 5th July

### Issue 15



#### Headteacher's Message

Hello everyone,

This week's edition of Keeping Connected is also being sent to our new starters in September - so a special warm welcome to all of you! The purpose of this bulletin is to encourage all of the Parklands community to feel a sense of continued connection with the school during this lengthy lockdown.

Well done to those of you who have contributed to the Parklands Bake Off! It has been wonderful to see so much engagement with this and to see so many amazing bakes! As you know, I am a big advocate of cooking and baking; after a long day of working, attending online meetings and responding to a multitude of queries, I really enjoy special family time with my three boys and getting them involved in the kitchen. Not only do we find it relaxing and fun, but it's a vital life skill and it encourages a discussion about healthy eating and healthy lifestyles, topics which to us have taken on greater significance during this pandemic. As my own children are discovering, not every bake or dish is a success, but we learn from our mistakes and hope for better next time!

We have now finished our first two weeks of Google Meet lessons, and feedback from my staff has been overwhelmingly positive and we've seen an increase in engagement from pupils. We understand it's a little odd at first, especially when you see yourself on screen, but I hope some initial trepidation has now subsided and pupils are now feeling the benefits of seeing their teachers and peers. These online lessons will continue until the end of the academic year, although there may be some disruption next week as form tutors will be in school conducting face-to-face reviews with their year 10 students.

Whilst some schools have now completed their face-to-face reviews with their year 10s, we are looking forward to seeing hopefully all our year 10s next week. We have spent a great deal of time preparing for this, ensuring all health & safety measures are in place, and collating feedback from teaching staff to aid the discussions. Click [here](#) to see a video on our website which we would like all year 10s to view prior to attending school next week, and a **huge thank you** goes to Beatrice in Year 7 for helping us make this. I'm sure you'll all agree she did a magnificent job!

Kind regards,  
Mr Mitchell



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#### Quiz time

1. Which popular television series had a theme tune called “*Did I make the most of loving you?*” composed by John Lunn?
2. What was the name of the Chorley-born female equestrian who won a silver medal riding *Over to You* at the 2000 Sydney Olympic Games and again at the 2004 Athens Olympics?
3. If N is 9mm, TT is 12mm and Double 0 is 16.5mm then what is EM?
4. In the human body, what connects the *gastrocnemius* muscle to the *calcaneus* bone?
5. Which famous lighthouse was built on a rocky reef approximately 14 miles south-south-west of Plymouth in Devon?

Answers will be provided in the next edition

Last week's answers are below:

1. Apart from London, where are the only three *Michelin* star restaurants in the U.K.? *Bray, Berkshire.*
2. What is the *County top* of Lancashire? *Gregareth - a 627m mountain summit near Kirkby Lonsdale (O.S.) although the nearby summit of Green Hill (626m) is incorrectly cited by some guides. Before local government reorganisation in 1974 it was the much higher Old Man of Coniston (803m). This mountain is now in Cumbria.*
3. In 1994, what product was advertised using the *Pointer Sisters'* song ‘*I’m So Excited*’ with the tag line “Get that Friday feeling!”? *Crunchie.*
4. Apart from The Queen or Britannia, name all of the women to have appeared on banknotes issued in England and Scotland. There are eight in total. *There are eight in total. Florence Nightingale (Bank of England £10 1975-94); Mary Slessor (Clydesdale Bank £10 1997-2009); Elizabeth Fry (Bank of England £5 2002-17); Elsie Inglis (Clydesdale Bank £50 2009-); Jane Austen (Bank of England £10 2017-); Nan Shepherd (Royal Bank of Scotland £5 2020-); Mary Somerville (Royal Bank of Scotland £10 2020-); Catherine Cranston (Royal Bank of Scotland £20 2020-). No Northern Ireland bank has issued a banknote bearing a woman yet.*
5. Who played black and overcame a Taimanov variation of the Sicilian defence to become the World Champion on 3rd September 1972? *Bobby (Robert James) Fischer at Chess.*

Thanks to Mr Whalley for providing the quiz.

#### Flags of the World Quiz



How many country flags can you identify?

Thanks to Mrs Curtis for providing the flag and chocolate quiz.





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#### Chocolate Quiz - Last week's answers.

How many  
did you  
know?

Did you  
identify all  
20  
chocolate  
bars?



1. Bounty	2. Mars Bar	3. Lion Bar	4. Milky Way	5. Double Decker
6. Topic	7. Star Bar	8. Kit Kat Chunky	9. Peppermint Aero	10. Reese's Nut Bar
11. Yorkie	12. Wispa Gold	13. Snickers	14. Boost	15. Fudge
16. Toffee Crisp	17. Cadbury's Caramel	18. Turkish Delight	19. Picnic	20. Crunchie

#### Board Game of the Week - Trivial Pursuit

This classic trivia board game has been long-loved by families around the world. Players move their pieces around a board and the squares they land on to determine the subject of a trivia question they are asked from six categories: geography, science and nature, entertainment, history, arts and literature and sports and leisure. Each correct answer earns a plastic wedge (sometimes called a cheese).



The winner correctly answers a question from each category and earns six plastic wedges. Trivial Pursuit has been popular since its release in 1981. Dozens of editions have been released including the family edition (with cards for adults and kids), and film and TV themed editions such as Harry Potter and Friends



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## Are you a future News Reporter, Journalist, or Presenter?

The Southbank Centre in London are offering a free five day project as part of the News News News reporters Club. The project has been designed by artists Andy Field and Beckie Darlington, who said the project aims to be “a fun way to empower children during this strange moment in time”.

The organisers describe the project like this: “Hopefully, through making your own radio news broadcast, this project will be a fun diversion for children and adults during this difficult time – a chance to get away from our screens and interact with the world in a different way. You get to think about what’s happening around you, describe what you can see, play games, write stories, and talk with each other. Also, the journalistic skills and ideas the club teaches may encourage you to think about the current situation in a new way. With so much changing so quickly, it can be helpful to have space to reflect on that; to have a way of remembering what it felt like to live through this very strange period”

Click [here](#) to download the full pack of materials. Just enter ‘0’ in the donations box to access all materials for free. If you have any problems, just email me at [lpilkington@parklandsacademy.co.uk](mailto:lpilkington@parklandsacademy.co.uk) and I can send you a copy of the pack. We’d love to see any reports that you create.

Miss Pilkington



## Fundraising Focus

Please support the fundraising for Sally Cornes, Yr 8. Any donation, no matter how large or small will go towards helping her to secure specialist treatment to help win her battle against cancer. Follow the link to support Sally, make a donation and to read more about this amazing young lady [SallyGoFund Me](#)



## DUOLINGO HOUSE COMPETITION 2020

This is a house competition you can still take part in from home. Let's keep up the house spirit from a distance!

Duolingo is a language learning app which has a range of many different languages available to explore. For the competition, you can choose to get even better at a language you are studying or you can choose something completely different if you like. If you no longer study a language, why don't you try out something new?

Each time you do some learning on the app you will earn points for your house.

It's great to see so many students have joined the competition! Parents and family members get involved too by checking out the instructions below.

[Click here for instructions for joining the STUDENT competition.](#)

[Click here for instructions for joining the STAFF/PARENT competition.](#)

**Student Competition - Last week's winners were AFRICA!**

**Staff/ Parent Competition - Last week's winners were SOUTH AMERICA!**

Happy language learning!

Mr Stalker



duolingo





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Achievement 'Shout-outs' An opportunity to celebrate some home study achievements of our pupils

## Well done from Mrs Weldon!

Year 9 Creative Media - for consistently turning in Purple work:

Anika Taylor, Lucy Grinyer,  
Sam Taylor, Ashden Biddell  
Ruby Johnson, Oliver Waring

Year 10 Health and Social Care - for keeping going with their BTEC coursework:

Charlee Anfield  
Izzy Bretherton  
Isabelle Gibbs



Mrs Batson  
Y8 Food Art  
Paper sculptures



Jasmine Beech



Lily Westland

Well done year 8 for  
your creative  
approach to this task



Joel Howell



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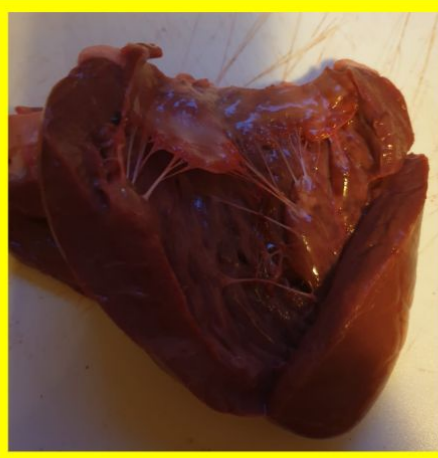
Well done to Miss Alston's 9XB students who were brave enough to attempt the heart dissection extension task!



Aimee S



Ruby H



Mariam H

Well done to the following people in Ms Bond's Year 10 English class who have been submitting fantastic work and working in an organised and productive way as well as attending all our Google Meets.

Molly Cooper

Emily Lavery

Olivia Ellison

Ethan Ingram

Becca Hodson

Izzy Bretherton

Keeleigh Ivanis

Izzy Blunt

*OUTSTANDING EFFORT: Charlee Anfield; Rhys Despard*

**Well Done**

These pupils have been completing all their work and handing it in on time as well as keeping up with their reading. Well done!

7YVB: Emilia Fraser; Abigayle Smallwood; Freya Claringbold

*OUTSTANDING EFFORT: Finley Norris*

9XVB: Ashden Biddell; Cloe Lister; Jada Millward; Megan Price

*OUTSTANDING EFFORT: Phoebe Booth*





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Mrs. Sawyer

Well done Amy Watson in Year 7 for this wonderful digital Cubist self portrait.



### Year 8 Religious Studies

Well done to the following students for their excellent performance on the Major World Religions quiz:

- Luc Brierley
- Charlie Crofts
- Tom Dickson
- Jack Fraser
- Kate Hardman
- Will Hopton
- Aimee McLean
- Derin Akgun
- Lucy Gretton
- Matthew Langford
- Ruby Stanley



Keep up the hard work, Miss Partington



Everybody in Learning Support is delighted by the work produced by:

Eamonn Ditchfield	RS, English, Science
Nathan Heaton	Maths
Leo Thompson	Getting organised for work and online lessons
Seb Hooper	English
Oliver Lancaster	Art





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THANK YOU  
BEATRICE CONNOR  
FOR STARING IN OUR  
YEAR 10 ASSESSMENT  
WEEK VIDEO



Parklands High School

## Grow Your Own...

These simple grow your own cards help you get the best from your organic garden. They cover Vegetables, Edible Flowers, Fruit and Herbs.

Each card is set out with growing instructions, growing calendar and key facts & figures to improve your growing success.

If children know where their food comes from and have had a hand in growing it, they'll be more excited about eating it.

Have fun...  
Mrs Brookes

[Garden organics](#)

**Pepper** *Suggested varieties: Bell, Bay, Fl, Bird's Eye, Golden California Wonder*

**PLANT** Sow seed 0.2cm deep in pots. Re-pot several times before transplanting into large final pots in a greenhouse (preferable) or outdoors in a sheltered site

**GROW** Stake plants and feed regularly with an organic high-potash feed. Keep soil moist, but not too wet. Hand pollinate flowers with a small paint brush to encourage fruit set

**EAT** Start picking when green, swollen and glossy. Leave peppers longer to develop mature colour and sweeter taste. Pick regularly for more fruit

**Vegetable**

**Growing guide**  
Date: [red box]  
Average time to harvest: 20 weeks  
Equipment needed: Stakes, twine, feed  
Germination time: 14-21 days  
Average plant size: 50cm, 20cm wide  
Family group to grow with: Solanaceae: aubergine, tomato  
Seed saving group: 2 - Annual, can cross-pollinate  
Key nutritional content: Vitamin A, vitamin C

Spring Term			Summer Term			Autumn/Winter Term		
J	F	M	A	M	J	J	A	S
Sowing			Planting			Harvest		

Sow indoors  
  Sow outdoors  
  Plant out/transplant  
  Harvest  
  Use cloche

2.5cm x 1 inch   30 cm x 1 foot

food 515





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## Get reading - Book recommendation

### Where the Forest Meets the Stars - Glendy Vanderah.

Not your average love story at all. I'm nearly at the end and still don't know which way the story is going to go. I haven't been able to put the book down to go to sleep at night!

Mrs Wilkinson



Could you recommend a book you've read recently?

Let us know or send a review to: [connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)

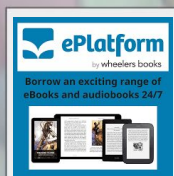
## Want to read but struggling to get new books?

You don't need to go to the expense of buying new books and we know that libraries are closed but there are still lots of ways to access new reading material.

1. Borrow an ebook from the school library.

Download the free app [ePlatform](#) and then:

- Find our library - Parklands Academy
- Username = your school email address
- Password = library 1
- Then browse for your next book!



2. Audible is making a wide selection of audiobooks available to stream for as long as schools are closed.



If you fancy listening to a book instead of reading it, you might like to try this option. Here's the link to the

Audible site: [Audible](#)

3. During the period of closure all local libraries are allowing online borrowing. If you are a member of any library in Chorley borough you should be able to borrow a book virtually. You just need the library card number to set up. If you are not a member it is still possible to join online. Follow the link below:

[Lancashire libraries](#)

There's never been a better time to read and for all those students who might be running out of books for Accelerated Reader you'll find hundreds to choose from.

Click for additional advice and support for those with Special Educational Needs and Disability  
[Learning Support's Weekly Notice Board](#)

Newsletter for parents and carers of, and professionals working with, children and young people with SEND. [FIND Newsletter Summer 2020](#)



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## STEM Education

STEM stands for science, technology, engineering, and maths.

By 2030 the U.K. will have over 7 million jobs needing STEM skills and it has been recognised that STEM can help broaden young people's life choices and opportunities in terms of keeping their future options open. There's never been a better time to develop these skills.

Maybe a Parklands student will go on to produce a lifesaving vaccine or another great British invention that ranks alongside the internet, computer, jet engine, light bulb, television or telephone.

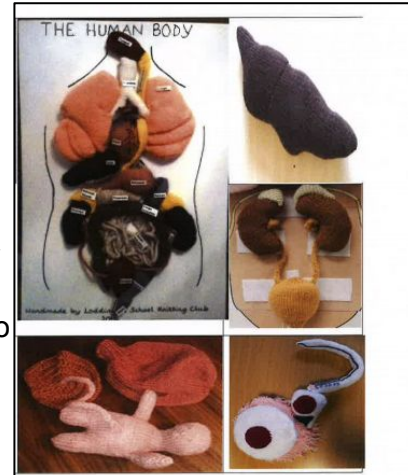
Each week we will focus on a few particular activities or challenges provided by STEM.org. This week we've highlighted:



[Knit yourself a human body.](#) Knitting patterns for a model of the human body and organs

[How can we live smarter?](#) Human beings are pretty smart. We have transformed the world and thought up some wondrous inventions. But what will the future hold for planet Earth and the people who inhabit it? Can we use new technology and innovations to improve the quality of our lives as well as the world we live in?

There are hundreds of activities to choose from so these don't appeal see what else is on offer at [STEM.org](#). We dare you to try!



Thanks to Mr McAvoy for this.

Tried out one of the STEM activities? Let us know at [connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)

## Head Students' Challenge

Follow this link to their weekly challenge and let us know how you go on.

Head student weekly challenge-  
[week 14](#)

If you try out a Head Student Challenge let us know at:  
[connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)

### HEAD STUDENT CHALLENGE 14:

CREATE A SCAVENGER HUNT FOR YOUR FAMILY!



*THIS IS A GREAT ACTIVITY TO DO AS A FAMILY!*

*HIDE SOME PRIZES AROUND YOUR HOUSE. THEN, CREATE A MAP AND GET FINDING!*

*THE PERSON WHO FINDS THE MOST HIDDEN OBJECTS IN THE LEAST AMOUNT OF TIME WINS!*



REMEMBER TO:

- SEND IN YOUR PICTURES AND VIDEOS TO [CONNECTED@PARKLANDSACADEMY.CO.UK](mailto:CONNECTED@PARKLANDSACADEMY.CO.UK) TO SHARE YOUR EXPERIENCE WITH US ALL, AND TO MOTIVATE OTHERS TO PARTICIPATE!
- EMAIL [21MALIK@PARKLANDSACADEMY.CO.UK](mailto:21MALIK@PARKLANDSACADEMY.CO.UK) IF YOU HAVE ANY IDEAS FOR UPCOMING CHALLENGES!





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## Keep smiling

Did you hear about the mathematician who's afraid of negative numbers?  
He'll stop at nothing to avoid them.

Why don't scientists trust atoms?  
Because they make up everything.

A man tells his doctor, "Doc, help me. I'm addicted to Twitter!"  
The doctor replies, "Sorry, I don't follow you..."

Keep smiling and send  
your jokes to:  
[connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)



Latest information from our school uniform suppliers

[Jada](#) [Nuuniform](#) & [NUprice list](#)

## Keep Fit

### PE lessons - Now 3 times per week

Personal trainer Joe Wicks will be holding live free PE classes at 9am Monday, Wednesday and Saturday via his YouTube channel for children of all ages, in a bid to keep everyone moving.

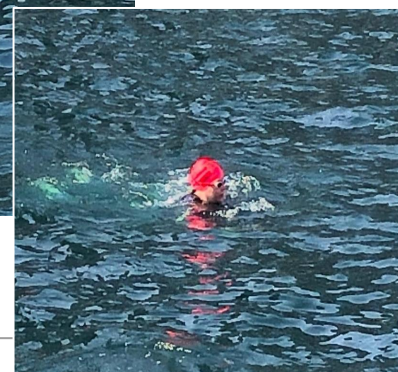
[P.E with Joe" | Daily LIVE workouts for kids | The Body Coach](#)

We also recommend that you listen to Joe on Desert Island Discs (see page 13)

**Mia Pilkington** might not like doing land sports but nothing is going to stop her swimming!

She swam 2000m open water swimming this week and still had time to bake! (See the Bake Off section for her excellent Battenburg entry)

A very impressive achievement, Mia, and after the scorching temperatures this week it will have been a cooling activity too!



Let us know about your sporting activities  
[connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)



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## What to watch...National Theatre

You will have seen our links to the National Theatre at Home in each week's edition of Keeping Connected but, thanks to Mrs Gray, we are now able to access the back catalogue of performances

Why not treat yourselves to a trip to the theatre?

The **National Theatre** are allowing **schools exclusive access** to their recorded live performances during the pandemic so that children still have access to high quality theatre! (These login details are for Parklands pupils only - please do not share with anyone outside of Parklands or we will lose access)

To have a choice of over 150 plays to watch, [click on this link](#) and use these details in the 'ACCESS LOGIN' window:

Username: 0Ap\*2Qm\$ Password: 5As%5Db#

\*\*\*\*\*ALL THE PLAYS HAVE AN AGE RATING - YOU WILL NOT UNDERSTAND THE ONES WITH HIGHER RATINGS THAN YOUR OWN AGE AND THEY MAY ALSO BE INAPPROPRIATE - DO NOT WATCH THESE!\*\*\*\*\*

Plays I would recommend include:

Treasure Island (page 3)

Peter Pan (page 2)

Jane Eyre (page 2)

One Man Two Guvnors (page 2)

If you choose something else, let me know what you thought of it so I can recommend it to others.

Why not get dressed up for the theatre and watch the play with your whole family?

Mrs Gray



In addition to the above here's this week's offering from National Theatre at Home:



### [A Midsummer Night's Dream](#)

*'The course of true love never did run smooth.'*

A feuding fairy King and Queen of the forest cross paths with four runaway lovers and a troupe of actors trying to rehearse a play.

As their dispute grows, the magical royal couple meddle with mortal lives leading to love triangles, mistaken identities and transformations... with hilarious, but dark consequences. Shakespeare's most famous romantic comedy will be captured live from the Bridge Theatre in London. Gwendoline Christie (*Game of Thrones*), Oliver Chris (*Green Wing*, *One Man, Two Guvnors*, *Twelfth Night*, *NT Live: Young Marx*), David Moorst (*NT Live: Allelujah!*) and Hammed Animashaun (*Barber Shop Chronicles*, *'Master Harold'*... and the boys) lead the cast as Titania, Oberon, Puck and Bottom.

Available on the National Theatre's [YouTube channel](#) until 7pm on Thursday 2 July.





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## What to watch...

### Premiership Football

Many congratulations to Liverpool who secured the title last week!!!

Although Liverpool have won the Premiership there is still plenty to play for.....at the top of the table Champions League places are up for grabs and at the bottom of the table the relegation battle is on!

This week the following games have been confirmed as free-to-view:

#### **Monday June 29**

Crystal Palace v Burnley 8pm - Amazon

#### **Tuesday June 30**

Brighton v Manchester United 8.15pm - Sky Pick

#### **Wednesday July 1**

Bournemouth v Newcastle 6pm - Sky Pick

#### **Saturday July 4**

Leicester v Crystal Palace 3pm - Sky Pick

#### **Sunday July 5**

Burnley v Sheffield United 12pm - Sky Pick

Southampton v Man City 7pm - BBC

Sky Pick is available on 159 on Sky and 144 on Freeview.

You do not need to be a paying member of Amazon Prime to watch Monday's match. Amazon has announced that fans in the UK will be able to watch the game live on streaming service Twitch with no membership option required. (Mrs Curtis)



What have you been watching during lockdown? Send your recommendations to:  
[connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)

## THE SHOWS MUST GO ON!

FULL-LENGTH PERFORMANCES EVERY FRIDAY 7PM BST FOR 48 HOURS

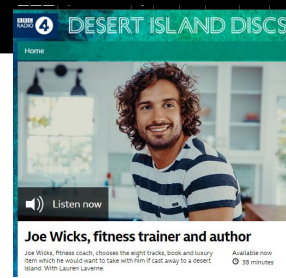
If you're a fan of musicals, you can enjoy a full free performance of an Andrew Lloyd Webber musical every week.



Every week a new musical is available for 48 hours, so by the time you read this it might be too late to see [The Sound of Music](#). From Friday 26th until Sunday 28th June. The Shows Must Go On presents the Rodgers and Hammerstein's timeless musical classic starring Carrie Underwood.

## What to listen to ...

We can't recommend this enough. Well known for his online workouts during lockdown Joe Wicks, the Body Coach, opens up about the challenges and difficulties he faced when growing up. It is a compelling and heartwarming account that shows how he has achieved success against all the odds. [Joe Wicks : Desert Island Discs](#)





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## What to watch and listen to...

It would have been the 50th Glastonbury festival this weekend but, as with so many events, the current restrictions mean it isn't happening.

However, the BBC have provided a range of Glastonbury experiences for everyone to savour... and at least we won't get muddy!!

## Glastonbury Experience 2020: How to watch and listen

1. Watch on [iPlayer](#)

2. Listen on [Sounds](#)



## The Glastonbury Experience Articles



**Backyard Pyramids, wellies and Worthy Farm memories: how you've been watching Glastonbury from home**



**Glastonbury in lockdown: See exclusive photos of Michael and Emily Eavis on-site at Worthy Farm**



**Glastonbury stars share the stories behind their standout sets**



**How to keep up with all the Glastonbury 2020 action on iPlayer**



**Glastonbury Experience 2020: How to watch and listen**



**6 surprising facts about the first-ever Glastonbury**



**10 of the best Glastonbury guests**



**Bring Glastonbury to Your Video Party**



**Get into the full festival spirit with these Glasto Challenges**



**5 must-see Glastonbury performances to watch on Thursday**

Click [here](#) for links to the articles opposite and so many more Glastonbury related events, articles and activities. You can even make your own pyramid stage and hat.



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### Support for Children & Young People

On this page you will find a range of resources and support for young people.

### Resources, Services and Helplines

Links to helpful information and resources for young people

[LinksToHelpfulInformation\\_ResourcesForYoungPeople.docx](#)

### Activities and Tools for Children and Young People

5 Steps to calm resource [5StepsToCalmCYP.pdf](#)

2020 COVID-19 Time capsule resource [2020Covid-19TimeCapsule.pdf.pdf](#)

Calm Down Sensory Jar resource [CalmDownSensoryJar.pdf](#)

Child friendly explanation of coronavirus resource [ChildFriendlyExplanationofCoronavirus.pdf](#)

Circle of Worry resource [CirclesOfWorry.pdf](#)

How to be more resilient resource [HowToBeMoreResilient.pdf](#)

How to cope when supporting someone else resource [HowToCopeWhenSupportingSomeoneElse.pdf](#)

How to have a conversation about mental health resource

[HowToHaveAConversationAboutMentalHealth.pdf](#)

Looking ahead workbook resource [LookingAheadWorkbookCYP.pdf](#)

Supporting your family's wellbeing resource [SupportingYourFamily\\_sWellbeing.pdf](#)

My COVID-19 Diary and self-care Workbook [CYP\\_COVID-19\\_Booklet\\_.pdf](#)

How to cope with change- YouTube Video Activities

[HowToCopeWithChange\\_-\\_YouTubeVideoActivities.pdf](#)







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What an incredible response we have had to this competition!

With 13 pages of entries from students and staff, it just goes to show the popularity of baking in these difficult times. As Mr Mitchell said earlier, it's a perfect way to wind down after a hard day's work. We have lots of creativity and talented on display.

It's wonderful to see entries from new students who will be joining us next year. Welcome to Parklands! Judging has taken place this weekend. **Go to the back page of today's edition to reveal the winner.** Thanks to Finch Bakery for judging and donating the winning prize.

Introducing the newest and most exciting house competition...

## THE GREAT PARKLANDS BAKE OFF

We would like you to create your very own showstopper.

There are only two rules: your cake must be edible and it has to be baked by either a student or a staff member from Parklands.

You must submit one picture of YOU baking your showstopper, as well as one picture of your finished masterpiece. Submit your entries via email to [aodolan@parklandsacademy.co.uk](mailto:aodolan@parklandsacademy.co.uk)

The competition will be judged by the amazing Finch Bakery in Great Harwood. You can have a look at some of the fantastic cakes they bake on their website [here](#).

All submissions must be received by 11 am on Friday 26th June.

*finch bakery*

READY, STEADY, BAKE!!



We hope you enjoy perusing the entries on the following pages.  
Who would your winner be?





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Amelia (Incoming Yr7) Asia



## Student Entries



Monica (Incoming Yr7)  
Australasia



Phoebe (Yr7) Africa





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Riahanna (Yr9) South America



Grace (Yr7) Asia



Charles (Yr7)  
Australasia







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Lily-Mae (Yr7) Australasia



Erin (Yr7) Europe



Eve (Yr8) Europe





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Lily (Yr8)  
South  
America



Paige (Yr9) Asia



Amie and Evie (Yr8) Africa





# PARKLANDS- KEEPING CONNECTED

## 29th June - 5th July

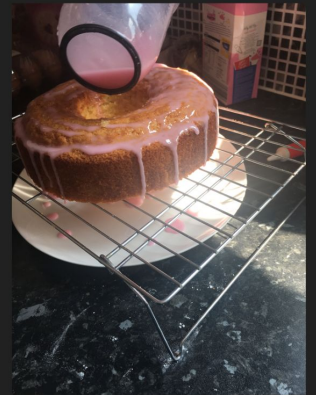
### Issue 15



Millie (Yr7) Africa



Emma (Yr7) Australasia



Max (Yr7) Australasia



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Sam (Yr7) Africa



Demi-Leigh (Yr7) South  
America



Ebony Grace (Yr7) Europe





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Josie (Yr9) Africa



Pierrot (Yr9) South America



Scarlett (Yr9) Australasia



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Ella (Yr9) Europe



Charlie (Yr9) Europe



Emily (Yr9) Europe







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Eddie (Yr9) Asia



Trinity (Yr9)  
Africa



Molly (Yr9) Europe



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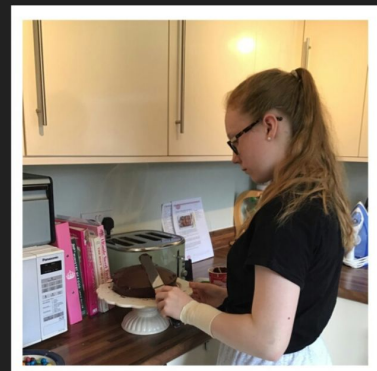
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Emma (Yr10) Africa



Mia-Louise (Yr10)  
Africa



Suzanna (Yr10) Australasia





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## Staff Entries

Miss Featonby (Asia)



The Snaslam's (Asia)



Miss Crabtree (Africa)





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Miss Cosgrove (South America)



Miss O'Dolan (Europe)



Mrs Elliott (Europe)







# PARKLANDS- KEEPING CONNECTED

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Miss Greaves (Europe)



Mrs Curtis (Europe)



Mr and Mrs Miller (Asia)

**Congratulations  
to everyone who  
entered.  
The winner will  
be revealed next  
week.**





# PARKLANDS- KEEPING CONNECTED

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## Get Cooking

It's been another busy week for the Parklands baking community. In addition to the amazing Bake Off entries there's been lots more going on. Thank you to everyone who sent in examples of their cooking and baking.



Lucien Banks



Zeyan Malik



Lucas Smith



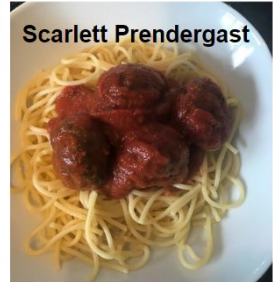
Grace Caton



Max Arnold



Alfie Howarth



Scarlett Prendergast

Keep cooking and sending us pictures of your efforts to:

[connect@d@parklandsacademy.co.uk](mailto:connect@d@parklandsacademy.co.uk)



Josh Gorvett



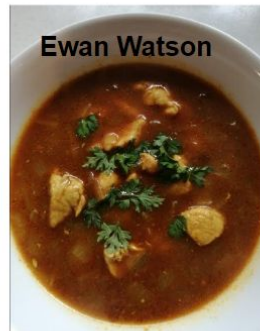
Evie Dilworth



*Shepherd pie*  
Hannah Williams



So today I made a Chicken and Bacon leek pie and it was so fun to make and it only takes around 30 minutes to make. Faye Booth



Ewan Watson



Josh Barker





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## Get Cooking

It's been another busy week for the Parklands baking community. In addition to the amazing Bake Off entries there's been lots more going on. Thank you to everyone who sent in examples of their cooking and baking.



Ruby Stanley's homemade fish and chips and shepherds pie



Josh Holt (above) and Jake Barrow (below) have produced some great looking Curries



Keep cooking and sending us pictures of your efforts to:

[connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)

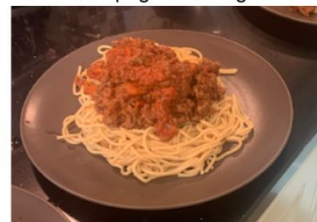
Sam Stewart has been showing us how to make the perfect chicken curry!



Sarah Glen has been cooking tea for her family. She made fried chicken with stringy cheese, a side salad and potato wedges



Julia Przyslawaska (above) and Matilda Clarke's spaghetti bolognese





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## Get Cooking

### PARKLANDS Healthy Eating @Home Week

We're aiming to encourage people of all ages to take part in a range of key health challenges, increasing their knowledge of healthy eating and wellbeing, the benefits of physical activity and cooking.

This is an online alternative to the annual BNF Healthy Eating Week which normally takes place at school working along with our school kitchen staff.

**Healthy Eating Week @ Home** comprises of seven daily health challenges. This year's challenges include:

1. [Eat well](#)

The challenge: *Review what you eat and drink – name 3 ways to make it healthier.*

2. [Eat more wholegrains](#)

The challenge: *Have a whole grain option with at least one of your main meals every day.*

3. [Have 5 A DAY](#)

The challenge: *Have at least five portions of vegetables and fruit every day – choose a variety!*

4. [Drink plenty](#)

The challenge: *Have at least 6-8 unsweetened drinks every day – water is a great choice.*

5. [Move more](#)

The challenge: *Get active every day - move more.*

6. [Be mind kind - help a friend or neighbour](#)

The challenge: *Do something kind for your mind today.*

7. [Make a change](#)

The challenge: *Make a change – set a goal to make a positive change to*

**Get Cooking too... here's some recipes**

<https://www.nutrition.org.uk/healthyliving/hewathome/getcookingwithbnf.html>



Send your photos completing any of the challenges to: [connected@parklandsacademy.co.uk](mailto:connected@parklandsacademy.co.uk)







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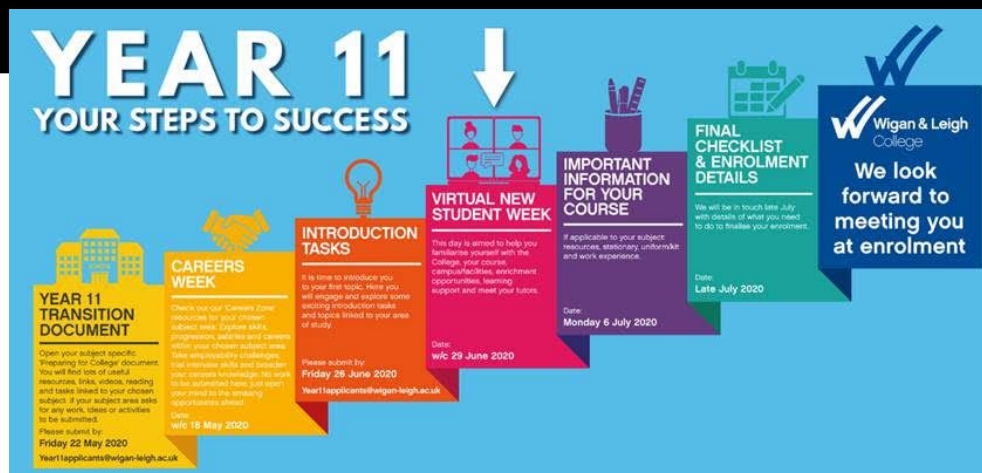


## Careers

### NEW STUDENT EVENT AT WIGAN & LEIGH COLLEGE

- Year 11

### WHAT IS A NEW STUDENT EVENT?



Typically, our annual New Student Day would take place in College. The purpose of this event is to help you familiarise yourself with the College, your tutors, course, chosen campus, state-of-the-art facilities and make sure you have selected a programme that you are happy with and one that suits your career ambitions.

Although we are not inviting you into the College for this event, do not miss this opportunity – we are bringing the event to you, virtually and from the comfort of your home.

### VIRTUALLY – HOW DOES THAT WORK?

You will have VIP access to the following 'New Student' videos, created just for you, in your chosen subject area but do not worry, we are not expecting you to appear or talk on a webcam on any live video or communication platforms:

- welcome and introduction to the event from the Head of School Partnerships
- meet your tutors
- interactive 'have a go from home' subject videos
- college virtual tours (of all campuses)
- and an opportunity for you to ask and submit questions to your tutors.

### HOW CAN I ACCESS VIRTUAL NEW STUDENT WEEK?

On **MONDAY 29 JUNE** - Simply click on the link below:

<https://www.wigan-leigh.ac.uk/about/coronavirus-update/year-11-applicants>

- Select your subject area/department on the list at the bottom of the page (use the image icons)
- Locate the pink Step 4 'Virtual New Student Week' graphic and click
- Here you will find all your New Student resources, with guided arrows to navigate videos step by step, and at your own pace. No passwords or login details required.

### WHAT TIME DOES VIRTUAL NEW STUDENT WEEK START?

There is no set log in time next week, as our uploads are not live sessions. So you can relax and access your Wigan & Leigh College Virtual New Student page any time that suits you next week.

If you need any more information, contact the admissions team: [applications@wigan-leigh.ac.uk](mailto:applications@wigan-leigh.ac.uk)



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## Careers

**Training 2000** have some interesting apprenticeship vacancies on offer if you are not sure whether you want to go to college full time:

<http://ow.ly/75He50A91k1> (business admin)

<http://ow.ly/bWZF50A91Ha> (finance and accounting)

Check out the links or contact Training 2000 for more details ([www.t2000.co.uk](http://www.t2000.co.uk))

Apprenticeship position available in Horwich with **Alliance Learning**:

Apprentice Fabricator and Welder, Anchor Engineering. Apply now: <https://bit.ly/2YBcNOM>

### Update on Year 10 Virtual Work Experience Week ....

From Monday 29 June, up until the WEX week, there will be a Sector Spotlight Session video released each day. These will give you a real insight into different careers/industries and give you hints and tips that will help you to get the most out of Virtual WEX week. Look out for them - and make sure you have the Connect app downloaded on your phone. If you need any help with this, please let me know. I can re-send your log in details if you have forgotten them. ([pberry@parklandsacademy.co.uk](mailto:pberry@parklandsacademy.co.uk))

**If for any reason you have not accepted a place at college and now wish to do so, please let Miss Berry know as soon as possible. There are still opportunities available, but be quick!**

### Preston's College

From Monday, Preston's College will be putting out the registration link <https://www.preston.ac.uk/tasters/> for Year 10s to sign up to. The site will go live on Monday 6<sup>th</sup> July for students to access and all students who have registered will get sent their link. They are currently filming short videos within the college which will give a good insight into what they have to offer and also the facilities.

<https://mailchi.mp/successatschool/careers-in-accountancy-banking-finance-1277035>

Click on the link to get lots of information about careers in accountancy, banking and finance. You could be Chancellor of the Exchequer in the future and be responsible for billions of pounds of Government spending!

### Aspiring to a career in dentistry?

Get Into Dentistry Conference - Sunday 5th July 2020

Spaces for the Dentistry conference is expected to book up quickly! Places will be allocated on a first come, first served basis, therefore students are encouraged to book quickly to avoid disappointment. **This is your final chance** to attend the [Get Into conferences](#) this academic year.





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## Emotional Health & Wellbeing

The continuing Coronavirus (COVID-19) outbreak can be scary. It is also unusual for whole households to be together for such long periods of time. These things can be challenging for all of us and affect our mental health. Here's a link to [Mind.org](https://www.mind.org.uk) with some useful tips on how to help your wellbeing.



With many of us spending more time than ever online for education, work and entertainment this presentation from the **ThinkuKnow** education programme, provides an [Introduction for Parents and Carers](#). It highlights some of the resources available for you and your children and reminds you of some of the things you can do to keep your child safe online. Click on the image to take you to the presentation.

The best way you can protect your child is to establish a positive relationship with them around their life online. Talk to them – not just once but have ongoing conversations as part of your family life

## Keep safe and up-to date

The latest coronavirus (COVID-19) information from [Public Health England](https://www.gov.uk/government/coronavirus/coronavirus-information)



*Wishing you all an enjoyable and memorable birthday. It will certainly be one to remember!*

**Sunday 28th June**

Larissa DA 15  
Josh D 15

**Thursday 2nd July**

Zeyad M 15  
Robert A 12  
Maya R 12

**Tuesday 30th June**

Mrs Heaton  
Grace W 16  
Jasmine F 15  
Sophie H 14  
Harmony W 14  
Trinity W 14

**Friday 3rd July**

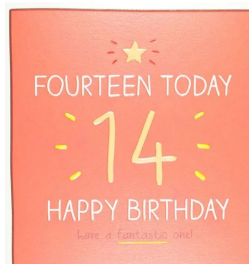
Mrs Fox  
Milly C 16  
Amy W 16  
Madeline W 15  
Isaac F 14  
Sonny H 13  
Adam K 13  
Jasmine T 13

**Wednesday 1st July**

Eva A 15  
Thomas E 13  
Ashraf H 13  
Owen V-B 13  
Emma R 12

**Saturday 4th July**

Lio M 15  
Amy W 12







Congratulations to everyone who took part in the first Parklands Bake-Off.

Our esteemed judges have chosen a winner...



*finch bakery*

Click on the video to watch the judges reveal the winner

**Well done!!**

**#ProudToBeParklands**

