



Parklands High School

Learn | Respect | Aspire | Achieve

parklandsacademy.co.uk

 An Aspirational
Futures School

Parent Bulletin

FRIDAY 5TH JUNE 2026

Headteacher's Message

Policy Review & Special Consideration Update

We want to express a huge thank you to all the parents and staff who shared their thoughts on our recent emergency evacuation procedures. We are always looking for ways to keep our school community as safe and efficient as possible, so we are currently in the process of updating our policy to reflect your valuable feedback and our own internal discussions.

On a related note, we know how stressful exam season can be—especially when unexpected disruptions happen. Please rest assured that we have officially applied for special consideration for all of our Year 11 students whose exams were recently impacted. We are incredibly proud of how maturely they handled the situation.

Prefect Reward Trip to the Trafford Centre

Yesterday, our wonderful student prefects enjoyed a well-deserved rewards trip to the Trafford Centre. This was a small token of our appreciation for the immense dedication, leadership, and extra time they have poured into supporting our school community this year. Thank you all for being such fantastic role models; we hope you had a brilliant time!

Good Luck to Our Year 9 DofE Adventurers!

Today, our Year 9 students are officially setting off for their Duke of Edinburgh assessment. They have worked incredibly hard to prepare for this challenge, and we want to wish every single one of them the absolute best of luck today. Stay hydrated, look out for each other, and enjoy the experience!

Regards,

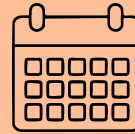
Mrs C Batson

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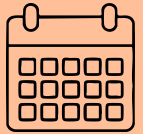
School Socials

Don't forget to check our Facebook and Instagram pages to see what's been happening this week...

- [CLICK HERE!](#)
Parklands High School
- Parklands High School
- PE
- English
- Europe House
- Africa House
- South America House



Key Dates



Monday 15th June	Sports Day
Wednesday 17th June	District Sports Day for selected pupils
Thursday 18th June	Year 10 mock exam fortnight begins
Thursday 25th June	Year 10 Wigan and Leigh College visit
Thursday 25th June	Key Stage 3 presentation evening (invitation only)
Thursday 2nd July	Year 10 Runshaw College day
Friday 3rd July	INSET day (school closed to pupils)
Wednesday 8th July	Year 11 prom
Friday 10th July	Year 10 mock results day
Monday 13th July	Learning Challenge Week and Work Experience Week begin
Friday 24th July	School closes at 1:00 pm

The bulletin is now available to view [here](#) in Arabic, Kurdish, Russian and Romanian.

العربية

جدید: اضغط هنا لعرض النشرة باللغة العربية

كوردی

نۆی: لێره کلیک بکه بۆ بینینی بڵاوکراوهکه به زمانی کوردی

Русский

Новинка: [Нажмите здесь, чтобы просмотреть бюллетень на русском языке](#)

Română

Nou: [Faceți clic aici pentru a vizualiza buletinul în limba română](#)



Dame Rachel de Souza

Children's Commissioner for England

As Children's Commissioner, I'm writing to ask for your support in helping your children, at school to take part in my national survey, The Big Future.

Your students can take part here:

<http://www.childrenscommissioner.gov.uk/thebigfuture>

Weekly Learning Support Board

Follow us on Instagram: [phs_learningsupport](#)

Useful Links

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- EMOZ Newsletter
- GOV.UK: Covid-19 Information
- Headspace (Meditation & Sleep)
- HGGT: Mental Health Support
- Local Offer
- NHS: Liverpool Mental Health Helpline
- Witherslack School

Important Water Safety

ALWAYS FOLLOW THE WATER SAFETY CODE

[Click here information on Water Safety.](#)

ENGLISH AS AN ADDITIONAL LANGUAGE NEWSLETTER

Click here for the latest newsletter

What have PE done this week....

Our pupils had a fantastic trip to Spain during half term playing football and attending dance workshops.

The rounders and cricket season are also well underway. Keep checking google classroom



[Click to see more photos](#)



A grand total of **£831.97** was raised for Lancashire Mind

Bright, Bold and Brilliant!

A massive thank you to everyone who supported our recent "Bright and Bold" Non-Uniform Day in conjunction with Mental Health Awareness Week.



[Click for more info](#)



This week in KS3 Religious Studies

This week, KS3 students have continued to deepen their understanding of their enquiry questions. The summary below outlines their current learning and offers some discussion ideas for home.

Year 7 – Who is responsible for helping the poor?

- What are some causes of poverty in Low Income Countries (LICs)?
- How can richer countries and global organisations support LICs effectively?
- Do we have a duty to help people in other countries?

Year 8 – Is death the end?

- What do Buddhists believe happens after death?
- What do nirvana and reincarnation mean in Buddhism?
- How do Buddhist ideas about the afterlife compare to Hindu beliefs?

Year 9 – GCSE Theme B: Religion and Life

- Why is it important to treat animals with kindness in Christianity and Islam?
- What are halal dietary rules and why are they followed by Muslims?
- Should animals be used in scientific testing? Why or why not?

Secure on Monday 8th June

During Secure pupils will be learning about Pride month, exploring this year's theme of home.

This session is particularly focussed on helping all pupils to have a sense of belonging in their community so that no one is isolated or alone.

Pupils will take part in discussions and have an assembly on this topic.



PSHE lessons

As part of our commitment to delivering useful and timely PSHE lessons to pupils, we often undertake research. Last month some pupils answered completely anonymous surveys as part of a trading standards enquiry into attitudes around illegal substances in teens.

Using this information, trading standards has put together a report exclusive to Parklands so we can see what your teens really think and know about these topics. This information will help to inform us about when we deliver these subjects in the next academic year during Secure.

We wanted to share them with you as parents and carers because they make very interesting reading, specifically in showing how many young pupils are when they first encounter some illegal substances.

You can click [here](#) to read the full report.



The Sixth Form Bolton A Level Taster Session

Year 10 French students took part in an A Level Taster session with Paul Edge from The Sixth Form Bolton on Wednesday. The session was conducted mostly in French on the topic of music from the Francophone world. Pupils enthusiastically gave their opinions on a variety of different music videos and then even wrote their own song lyrics and raps at the end! Pupils got a real taste of A Level study of a language and Paul was very impressed with the students' effort and said they were a credit to the school. We are hoping to have inspired some future A Level linguists!

Mr Stalker

Safeguarding Information

Where's the Harm

Vapes, Knives, Alcohol, Lip Fillers

Trading Standards needs your help.
Young people can be exposed to unsafe, illegal or age-restricted products.

Do you know of young people being sold or having access to:

- Vapes • Knives • Lip filler or cosmetic procedures • Alcohol

If a young person shares where they are accessing these, **report it.**

Working together to keep young people safe.

Your information helps us:

- Protect children & young people
- Take action against illegal traders
- Keep your local community safe

Report Anonymously
Scan the QR code
Or email: Check25@lancashire.gov.uk

Lancashire
County Council

ONE STOP SHOP

A monthly drop-in where families can visit to access advice & support with :

- Housing
- Emotional Health & Wellbeing
- Finances
- Home Safety
- Relationships
- Foodbanks... & more

Inspire Youth Zone
Chapel St
Chorley
PR7 1BS

THURSDAY
11TH JUNE 2026
9am till 12pm

FAMILY HUB
CHORLEY

key **PATH**
CHILDREN & YOUNG PEOPLE

PARENT & CARER SUPPORT

Supporting YOU to support your Young Person with their Mental Health, Wellbeing & Additional Needs.

ONLINE -TEAMS 1 st June 6pm - 7pm Email for link.	CHORLEY SENDIAS & LPCF 15 th June - 2:30pm Duke St. Family Hub PR7 3DU	CLAYTON GREEN LIBRARY 29 th June 1PM - 2:30pm PR6 7EN
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NEW Parent & Carer Wellbeing Workshops
Register Interest Here:
With Primary Mental Health Care - CAMHS

For more information contact nikih@keycharity.org.uk

Lancashire Family Hubs Network | **key** | **SPRING NORTH** | **NHS** Lancashire and South Cumbria Integrated Care Board | **f** |

www.keycharity.org.uk Registered Charity Number 1154772

key **PATH**
CHILDREN & YOUNG PEOPLE

PARENT & CARER WORKSHOPS

With Primary Mental Health Worker - CAMHS

Free workshops supporting children & young people's mental health

Wednesday 17 June **Parenting Strategies Workshop Taster**
🕒 12:30pm-2:30pm
Understanding behaviour and practical ideas to support stronger parent/carer-child relationships.

Wednesday 8 July **Resilience, Routines & Wellbeing**
🕒 12:30pm-2:30pm
Practical ways to support emotional balance, wellbeing & behaviour over the holidays and transitions support.

The Base on Broadfield, 97-99 Bannister Drive, Leyland, PR25 2GD

Scan the QR code to book your place or email nikih@keycharity.org.uk **SCAN ME**

SPRING NORTH | **NHS** Lancashire and South Cumbria Integrated Care Board | **key** | www.keycharity.org.uk | **f** | **i** | **in** | Registered Charity: 1154772

Classchart Champions

	Positive Points Total per House	Student awarded the most Positive Points this week
AFRICA	320	Daniel W
ASIA	280	Macey G
AUSTRALASIA	318	Ellison F
EUROPE	301	Seth G
SOUTH AMERICA	321	William B

Perfect 3s—Years 7 to 10

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

How many had the perfect 3 since September?

Year 7: 62

Year 8: 54

Year 9: 55

Year 10: 56

All: 227

How many had the perfect 3 in the previous week?

Year 7: 168

Year 8: 148

Year 9: 155

Year 10: 170

All: 641

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app

How many pupils have a BfL score of 2.99 – 3.00?

Year 7: 154

Year 8: 119

Year 9: 125

Year 10: 126

All: 524

Pupil of the Week Awards 18/05/2026 – 22/05/2026

William B (PAR), Isabella B (MAR), George C (CIV), Tilly C (POR), Archie C (DEN), Joseph C (GER), Ruby F (MAG), Seth G (GER), Adam H (NZL), Grace H (ARG), Harley J (BRA), Muhammad K (MRI), Callum McD (BRA)

Coby M (ITA), Jay M (BRA), Omobola O (PHI), Max Q (WAF), Jamie S (BEL), James S (MNG), Hannah Fathima S (FIJ), Poppy T (MAR), Teddy T (BOT), Anwen T (FIJ), Luke W (ECU), Daniel W (EGY)

Amazing Trackers!

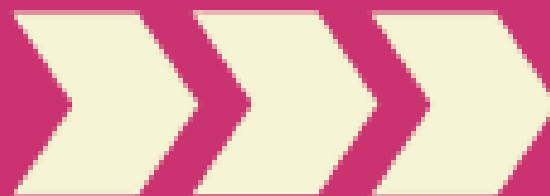
All students, listed below enjoyed some free time and a reward breakfast. Well done to those involved

Year 7

Year 8

Nell, Anwen, Ellis, Danas, Tess, Mya, Emma, Ethan, Saul, Henry, Jasmine, Amelie, Benjamin, Alex, Lucia, Luke, Michael, Isla, Oscar & Lilly

Evie, Bella, Annie, Jessica, Saffron, Esme, Sarah, Chloe, Harley, Charlie, Max, Layla, Omobola, Sheza, Molly, Amy, Adrian, Hunter & Joseph



CAREER News

[Click for latest news!](#)



Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have **66** students who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	This Week %	This Year %
ANZ	92.1%	93.8%
ASA	92.2%	94.3%
EUR	95.1%	94.9%
SAM	93.4%	93.7%
AFR	94%	93.8%
Total %	93%	93.7%

Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the Top Office.

PARKLANDS PRESENTS

ATTENDANCE DOUBLE POINTS

Double points for 100% attendance in the week of.....

College taster days (Y10)

Work experience (Y10)

Sports day (all years)

All points contribute to Reward trips and Prom

General Noticeboard

EXAM STRESS, SUPPORT & RESOURCES



The Mix offers a wide range of free, confidential support for under-25s
<https://www.themix.org.uk/work-and-study>



is a UK charity focused on the mental health of children and young people
<https://www.youngminds.org.uk/young-person/coping-with-life/problems-at-school>



advice on getting through exam stress
<https://www.bbc.co.uk/bitesize/articles/z8dw239>



advice on exam stress
<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>



ChildLine has guidance on exam stress and pressure
<https://www.childline.org.uk/info-advice/school-college-and-work/school-college/exam-stress>

YEAR 11: PE & EXAM SUPPORT GUIDE

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.

SECTION 1: THE CRUCIAL ROLE OF PE DURING EXAM PERIOD.

SECTION 2: PE KIT AMNESTY: GIVE BACK & PAY IT FORWARD.

BOOSTS COGNITIVE FUNCTION & ATTENTION
 Cardiovascular exercise increases blood flow to the brain, delivering more oxygen and nutrients.
 Illustrative Stat: After 30 mins of exercise improves mental clarity and focus for longer study sessions.

REDUCES STRESS & ANXIETY
 Releases endorphins (the body's natural 'feel good' chemicals) and lowers cortisol levels.
 Illustrative Stat: Anxiety scores after PE help manage the pressure of exams and promotes mental well-being.

ENHANCES SLEEP QUALITY
 Physical activity promotes deeper, more restorative sleep cycles.
 Illustrative Stat: 8 hours of sleep improves memory retention. Well-rested students retain more information and are more alert.

MAINTAINS ENERGY LEVELS & STAMINA
 Regular movement combats the fatigue of prolonged sitting.
 Illustrative Stat: Maintain the stamina needed to study effectively and complete all exams.

USING REVISION SPACES?
 QUIET/STRUCTURED REVISION ONLY.
 BRING PREPARED RESOURCES.

IF CHOOSING REVISION, MAKE A PARTING GIFT!
 PLEASE DONATE KIT, PARTICULARLY THE MOST-NEEDED ITEMS.

SHORTS.
 • Needed:
 • All sizes, clean, good condition.

FOOTBALL SOCKS.
 • Needed:
 • Clean pairs, navy or royal blue ONLY.

GCSE PE KIT (Official and Authentic)
 • Needed:
 • Complete tracksuits, all authentic pieces.
 • Ideal for younger students or school uniform pool.

HOW TO PARTICIPATE
 Drop it at the PE office.
 Please ensure kit is clean.

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.



PE KIT AVAILABLE FOR COLLECTION GIVE & GET SUPPORTED

WE HAVE LOTS OF SPARE ITEMS AVAILABLE:

HOODIES (Multiple Sizes)
 • Clean and washed, variety of sizes.
 • For students needing extra warmth.
 • Ready to use.

T-SHIRTS (Various Sizes)
 • Clean, washed, various sizes (S, M, L).
 • Perfect for general PE use.
 • Fresh and ready.

SPARE PE TROUSERS/BOTTOMS (Various Sizes)
 • Clean and washed, variety of sizes.
 • For general school PE wear.
 • Fresh and ready.

SPARE PE TROUSERS/BOTTOMS (Various Sizes)
 • Clean and washed, variety of sizes.
 • For general school PE wear.
 • Fresh and ready.

HOW TO CLAIM AN ITEM:

Please speak with a PE teacher during school hours. Distribution will be private and respectful. First-come, first-served on available stock.

Helping our students stay active. #ParklandsPEKitSupport

Dance Team World Championship Fundraising Raffle



Our dancers have been invited to represent the English Schools at the World School Dance Championships in London, in June this year.

This is a fantastic opportunity for us but very expensive so we are fundraising to help us get there. Can you support by buying a raffle ticket?

£1 a ticket or 6 for £5

Confirmed prizes so far ...

- £15 Alabaster Jar Voucher
- £20 Rebel Chorley Voucher
- 2 x tickets to a Chorley FC home game of your choice
- Padel Racket worth £127
- Sweet treat hamper
- Pamper hamper

ReBel



Tickets available through Scopay, from the pavilion or form in a morning

Blackpool Pleasure Beach

Thursday 23rd July

Cost

£37.50

Emails have been sent to all pupils who are eligible to earn the required trip points

**Non
Uniform Day for
pupils on the trip
only**