



Parklands High School

Learn | Respect | Aspire | Achieve

parklandsacademy.co.uk

 An Aspirational
Futures School

Parent Bulletin

FRIDAY 15TH MAY 2026

Headteacher's Message

Dear Parents, Carers, and Students,

It has been a truly vibrant and purposeful week here at school. As we move further into the summer term, I am constantly reminded of the hard work and community spirit that make our school so special.

This week marked a significant milestone for our Year 11 students as the first whole-cohort exams took place. It has been a busy schedule, with students sitting papers in English Literature, Maths, RS, and Science, History, Geography, and Computer Science. I have been so impressed by the maturity and focus shown in the exam hall. Next week promises to be just as busy with exams in several subjects.

A reminder that Study Leave for Year 11 begins on Friday 22nd May. From that point, pupils will be able to revise from home, returning to us after the half-term break only for their scheduled exams. There will also be a study space available in school which Year 11s are welcome to use. We wish all of Year 11 the very best of luck with their final push!

It has also been a big week for our youngest pupils. On Thursday, we held our Year 7 Progress Evening, and it was wonderful to see such a fantastic turnout. Thank you to all the parents and carers who joined us; these conversations are vital in supporting our pupils as they continue their journey through school.

Today, Year 7 also took part in Respect Day. They enjoyed a day focussed on practical First Aid and physical and mental health. It was inspiring to see them engage so seriously with these life-saving skills while showing such great respect for one another.

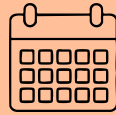
I hope you all have a relaxing and enjoyable weekend.

Mrs C Batson

parklandsacademy.co.uk



Key Dates



Friday 22nd May	Break-up half term
Monday 1st June	School Re-opens

School Socials

Don't forget to check our Facebook and Instagram pages to see what's been happening this week...

CLICK HERE!



Parklands High School



Parklands High School



PE



English



Europe House



Africa House



South America House

NON-UNIFORM DAY
for LANCASHIRE MIND

FRIDAY 22ND MAY YEAR 7, 8, 9 AND 10 ONLY * (DUE TO GCSE EXAMS)

Get ready to ditch the blazer and stand out!
We are turning up the volume on our outfits to support mental health across Lancashire

£1 MINIMUM DONATION GIVE YOUR DONATION TO YOUR FORM TEACHER DURING REGISTRATION ON MONDAY 18TH MAY

Be Brave - Be Bright!

[Click to watch the Non-Uniform video!](#)

MOVIE NIGHT
THURSDAY
21ST MAY 2026
6-8PM
TICKETS £3
BUY ON SCOPAY

HOW TO TRAIN YOUR DRAGON

Dance Team World Championship Fundraising Raffle



Our dancers have been invited to represent the English Schools at the World School Dance Championships in London, in June this year.

is a fantastic opportunity for us but very expensive so we are fundraising to help us get there. Can you support by buying a raffle ticket?

£1 a ticket or 6 for £5

- Confirmed prizes so far ...
- £15 Alabaster Jar Voucher
 - £20 Rebel Chorley Voucher
 - 2 x tickets to a Chorley FC home game of your choice
 - Sweet treat hamper
 - And more coming soon

ReBel



Tickets available through Scopay, from the pavilion or form in a morning

CLICK HERE!

Weekly Learning Support Board

CLICK HERE!

Learning Support Board
Week Commencing
18th May 2026

Special Educational Needs and Disabilities Local Offer in Lancashire

Have you heard the news?
AGMD Parent workshop is scheduled for 6-8pm on Thursday. The big GCSEs affecting all students are written, please a paper on Monday, English Lit on Tuesday, Art on Wednesday and Science Language on Thursday. Good luck to all of our exam candidates. LearningSupport@parklandsacademy.co.uk

Joke of the Week
Why did you need so much extra paper in the English exam?
It's a LONG STORY!

Seek knowledge from the cradle to the grave

Useful Links

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- SEND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- KIDZTO Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

Follow us on Instagram:
p_h_s_learningSupport

HEARTSTOPPER 6
ALICE OSEMAN

MEET THE AUTHOR · BOOK SIGNING EVENT · WATERSTONES, LIVERPOOL · THE EVENING OF 7/7/2026 · 14.99, PLEASE PAY ON SCOPAY · SEE MR JOHNSTON IN TEN LIBRARY FOR MORE INFORMATION

THE PRICE INCLUDES A COPY OF ONE OF THE BIGGEST BOOKS OF THE YEAR, HEARTSTOPPER VOLUME 6

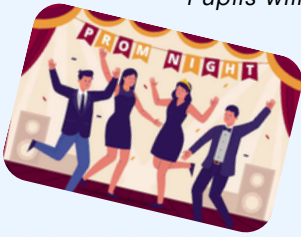
General Noticeboard

SCHOOL PROM 2026

Dear parents and carers

We would like to provide you with details regarding the forthcoming prom, which will take place on **Wednesday 8th July 26** at Rivington Barn for invited pupils. Tickets are priced at £40, which includes a three course meal, music and other surprises. They will be available to purchase from **Tuesday 5th May** on SCOPAY and all tickets must be purchased by **Friday 5th June** as numbers must be given to Rivington Barn by Monday 8th June.

Arrival to the prom is from 6.30pm with a view to sitting down to eat by 8pm. Pupils will need a small amount of money for a soft drink. Prom will finish at 11 pm.....



Click here for more Information!

EXAM STRESS, SUPPORT & RESOURCES



The Mix offers a wide range of free, confidential support for under-25s
<https://www.themix.org.uk/work-and-study>



is a UK charity focused on the mental health of children and young people
<https://www.youngminds.org.uk/young-person/coping-with-life/problems-at-school>



advice on getting through exam stress
<https://www.bbc.co.uk/bitesize/articles/z8dw239>



advice on exam stress
<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>



ChildLine has guidance on exam stress and pressure
<https://www.childline.org.uk/info-advice/schoolcollege-and-work/school-college/exam-stress>

YEAR 11: PE & EXAM SUPPORT GUIDE

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.

SECTION 1: THE CRUCIAL ROLE OF PE DURING EXAM PERIOD.

BOOSTS COGNITIVE FUNCTION & ATTENTION
 Cardiovascular exercise increases mental clarity and focus for longer study sessions.

IMPROVES SLEEP QUALITY & REDUCES STRESS & ANXIETY
 Regular exercise helps manage the pressure of exams and promotes mental well-being.

ENHANCES ENERGY LEVELS & STAMINA
 Physical activity maintains energy levels, ensuring you have the stamina to tackle long exam sessions.

MAINTAINS ENERGY LEVELS & STAMINA
 Regular movement combats the fatigue of prolonged sitting.

ILLUSTRATIVE STAT
 After 30 mins of exercise, cognitive function improves by 15%.

ILLUSTRATIVE STAT
 Students who exercise regularly score 10% higher in exams.

ILLUSTRATIVE STAT
 Regular exercise reduces stress levels by 20%.

ILLUSTRATIVE STAT
 Students who exercise regularly are 15% more likely to pass their exams.

SECTION 2: PE KIT AMNESTY: GIVE BACK & PAY IT FORWARD.

SHORTS.
 • Needed: All sizes, clean, good condition.

FOOTBALL SOCKS.
 • Needed: Clean pairs, navy or royal blue ONLY.

GCSE PE KIT (Official and Authentic)
 • Needed: Complete trackuits, all authentic pieces. Ideal for younger students or school uniform pool.

USING REVISION SPACES?
 QUIET/STRUCTURED REVISION ONLY.
 BRING PREPARED RESOURCES.

IF CHOOSING REVISION, MAKE A PARTING GIFT!
 PLEASE DONATE KIT, PARTICULARLY THE MOST-NEEDED ITEMS.

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.



They're supposed to test you, and sometimes that can be overwhelming. But we're here if it ever feels too much.

PE KIT AVAILABLE FOR COLLECTION: GIVE & GET SUPPORTED

WE HAVE LOTS OF SPARE ITEMS AVAILABLE:

<p>HOODIES (Multiple Sizes)</p> <ul style="list-style-type: none"> Clean and washed, variety of sizes. For students needing extra warmth. Ready to use. 	<p>T-SHIRTS (Various Sizes)</p> <ul style="list-style-type: none"> Clean, washed, various sizes (S, M, L). Perfect for general PE use. Fresh and ready. 	<p>SPARE PE TROUSERS/BOTTOMS (Various Sizes)</p> <ul style="list-style-type: none"> Clean and washed, variety of sizes. For general school PE wear. Fresh and ready. 	<p>SPARE PE TROUSERS/BOTTOMS (Various Sizes)</p> <ul style="list-style-type: none"> Clean and washed, variety of sizes. For general school PE wear. Fresh and ready.
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HOW TO CLAIM AN ITEM:
 Please speak with a PE teacher during school hours. Distribution will be private and respectful. First-come, first-served on available stock.

Helping our students stay active. #ParklandsPEKitSupport

Blackpool Pleasure Beach

Thursday 23rd July

Cost

£37.50

**Emails have been sent to all pupils
who are eligible to earn the required
trip points**

**Non
Uniform Day for
pupils on the trip
only**

What have PE done this week....

A very wet week but have still had another busy time in the PE department. Yr9 pupils completed their Duke of Edinburgh practice expedition! Yr7 & Yr8 boys & girls participated in football tournaments.



[Click to see more photos](#)

This Week in KS3 Religious Studies

This week, KS3 students have been developing their understanding of their final Religious Studies topics, each centered on a key 'big question'. The summary below outlines their current learning and offers optional discussion ideas for home.

Year 7 – Who is responsible for helping the poor?

Why do so many children live in poverty in the UK today?
How does poverty affect people's daily lives?

Who is responsible for helping people who are struggling in the UK?

Year 8 – Is death the end?

What do Hindus believe about life, death and rebirth?
What do the words karma, samsara and moksha mean?
How does the idea of karma influence how Hindus live?

Year 9 – GCSE Theme B: Religion and Life

Why do Christians and Muslims believe the world is valuable?
What is the difference between stewardship and dominion?
Have humans cared well for the world? Give reasons for your view.



EMPOWER DAY @ Lancaster University

Two of our Yr 10 students **Jay** and **Jasmine** enjoyed an action packed day visiting the university and getting involved in activities that gave them an insight to university life and courses and what further education is all about..

They were able to have a tour of the large campus and ask questions of the very welcoming student ambassadors.

Both were engaged and asked questions and were excellent representatives of our school. Well done Mrs Fairhurst

CAREER News

Click for latest news!

What is happening during Secure on Monday 18th May...

All pupils will be learning about the work of MacMillan during Secure on Monday. We will host a visitor from the charity who is going to talk about the fantastic amount of money raised by Parklands coffee mornings. In the form sessions, pupils will find out more about the work of the charity prefects, who they are helping and what pupils can do to help.

Classchart Champions

	Positive Points Total per House	Student awarded the most Positive Points this week
AFRICA	423	Es'zmae P, Georgia F, Emily G
ASIA	406	Macey G, Charlie S, Jasmine E
AUSTRALASIA	445	Liam P
EUROPE	435	Phoebe L
SOUTH AMERICA	429	Emilia C

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

How many had the perfect 3 since September?	How many had the perfect 3 in the previous week?
Year 7: 62	Year 7: 164
Year 8: 56	Year 8: 149
Year 9: 54	Year 9: 160
Year 10: 59	Year 10: 167
Year 11: 61	Year 11: 180
All: 292	All: 820

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app

How many pupils have a BfL score of 2.99 – 3.00?
Year 7: 152
Year 8: 120
Year 9: 132
Year 10: 126
Year 11: 146
All: 676

Pupil of the Week Awards

05/05/2026 – 08/05/2026

Benjamin A-M (MAG), Chloe B (JPN), Etienne B (PAR), Stanley B (MNG), Noah C (URU), Emilia C (CHI), Riley E (BOT), Summer E (NZL), Georgia F (MRI), Charlie F (CIV), Jenson F (AUS), Lily G (COS), Emily G (EGY), Jessica H (SKO), Amy H (WAF), Melissa H (CHI), Seb H (CHI), Lola K (MAR), Nina K (URU),

Martha L (NEP), Phoebe L (ITA), Zoya M (PAR), Laila M (AUS), Blake M (HKG), Mollie M (AUS), Ashley M (AUS), Isaiah M (FIJ), Mark P (PHI), Liam P (PNG), Thea P (AUS), Hamish S (FIJ), Izzy S (HKG), Nell U (NZL), Jacob W (RSA), Evelyn W (COS), Oliwier Z (PNG)

Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have **97** students who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	This Week %	This Year %
ANZ	93.2%	93.8%
ASA	95.3%	94.8%
EUR	95.7%	95.1%
SAM	95.4%	94.1%
AFR	93.7%	94%
Total %	94.4%	93.9%

Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the Top Office.

WIN PRIZES JUST FOR GETTING THEM TO SCHOOL! NEW PARENT RAFFLE

WE KNOW HOW CRUCIAL YOUR ROLE IS IN SETTING YOUR CHILD UP FOR SUCCESS, AND WE WANT TO REWARD YOUR HARD WORK! WHEN CHILDREN ARE IN SCHOOL EVERY SINGLE DAY, THEIR CHANCES OF THRIVING VASTLY INCREASE.

TO SAY THANK YOU FOR YOUR CONTINUED SUPPORT, WE ARE EXCITED TO LAUNCH A NEW ATTENDANCE INCENTIVE—JUST FOR PARENTS! FOR EVERY WEEK YOUR CHILD ACHIEVES 100% ATTENDANCE, YOU WILL AUTOMATICALLY EARN A RAFFLE TICKET FOR OUR GRAND SUMMER TERM DRAW.

Prizes will include:

- Supermarket vouchers
- Gift cards for fantastic local businesses
- Plus, a few exciting surprises!

Thank you for partnering with us to make every school day count!

WIN

Attendance Champions!



Huge congratulations to **Europe** House for an incredible week of attendance! You finished on an absolute high note, reaching a fantastic **95.1%**

Thank you to all students and families for your brilliant effort and commitment. Let's keep up this amazing standard next week!



Safeguarding Information

Viral "Squishy Toy" Trend

We are aware of a viral trend circulating online where children are encouraged to heat soft "squishy" toys (sometimes called NeeDoh or jelly cube toys) in a microwave.

This is extremely dangerous. When heated, these toys can burst and release hot contents, which may cause serious burns to the hands, face and skin.

What you can do:

- Talk to your child about the risks of copying online challenges or trends
- Remind them that not everything seen online is safe or accurate
- Ensure squishy toys or similar items are never heated or microwaved
- Encourage your child to come to you if they see something online that concerns them

If you would like more information and practical advice, please see the safeguarding alert here:

[SAFEGUARDING ALERT: Viral Trend Risks Causing Severe Burns to Children – Ineqe Safeguarding Group](#)



PARENT & CARER PEER SUPPORT

Supporting YOU to support your Young Person with their Mental Health, Wellbeing & Additional Needs

ONLINE -TEAMS 11 th May 6pm - 7pm Email for link.	LEYLAND 12 th May 12:30 - 2PM Unit 2, Balfour Court PR25 2TF	CHORLEY SENDIAS & LPCF 18 th May 1 - 2:30PM Duke St. Family Hub PR7 3DU
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NEW Parent & Carer Wellbeing Workshops
 Register Interest Here:



With Primary Mental Health Care - CAMHS

For more information contact nikih@keycharity.org.uk



www.keycharity.org.uk

Registered Charity Number 1154772

ONE STOP SHOP

A monthly drop-in where families can visit to access advice & support with:

- Housing
- Emotional Health & Wellbeing
- Finances
- Home Safety
- Relationships
- Foodbanks... & more

TEL: 01257 516316

EMAIL: chorleyfamilyhub@lancashire.gov.uk

Inspire Youth Zone
 Chapel St
 Chorley
 PR7 1BS

9am till 12 noon
 Refreshments available



ADHD WORKSHOP FOR PARENTS

UNDERSTANDING & SUPPORTING YOUR CHILD



THURSDAY, 21st MAY

6:00 PM - 8:00 PM

SCHOOL HALL AT THE SCHOOL

- UNDERSTANDING ADHD BEHAVIORS
- PRACTICAL STRATEGIES FOR HOME & SCHOOL
- IMPROVING FOCUS & EXECUTIVE FUNCTION
- FOSTERING POSITIVE COMMUNICATION
- EXPERT ADVICE & Q&A SESSION



JOIN US FOR VALUABLE INSIGHTS & RESOURCES!

For more information, contact Lisa Williams on

For more information, contact Lisa Williams on twilliams@parklandsacademy.co.uk or tele 01257 284598

The sessions offer friendly, informal support for parents and carers – a space to connect, share experiences, and access practical guidance around children’s wellbeing, mental health, and additional needs. From this month they will be delivering workshops alongside the Primary Mental Health Care Team.

All sessions are free, welcoming, and open to any parent or carer, with no referral needed.