



# Parklands High School

Learn | Respect | Aspire | Achieve

[parklandsacademy.co.uk](http://parklandsacademy.co.uk)

 An Aspirational  
Futures School

## Parent Bulletin

FRIDAY 22ND MAY 2026

### Headteacher's Message

Dear Parents and Carers,

As we reach the end of what has undoubtedly been one of the most challenging weeks in our school's recent history, I want to express my deepest, most heartfelt gratitude.

Following the incredibly distressing bomb threat and the subsequent emergency evacuation we experienced earlier this week, we have been overwhelmed by the sheer wealth of support, kindness, and cooperation our school community has received from you.

An emergency evacuation is a deeply unsettling event for everyone involved. The influx of supportive emails, warm words at the school gates, and offers of help over the last few days have meant the world to our staff. You trusted us to keep your children safe, and your partnership during those tense hours ensured that we did exactly that.

I also want to commend our students. Their maturity, resilience, and impeccable behaviour during the evacuation were a credit to themselves and to you. They followed instructions perfectly, looked out for one another, and proved just how special our school community is. Thankfully, the resilience of our community meant that the week did not end on a note of disruption, but rather one of immense joy and celebration. Today, our Year 11 Leavers took part in the traditional shirt signing. After five years of hard work, growth, and navigating the occasional hurdle (including this week!) The atmosphere was fantastic. Seeing the smiles, the laughter, and the heartfelt messages scrawled in permanent marker across shirts, many beautifully adorned in anticipation, was the perfect antidote to the week's earlier stress. It served as a poignant reminder of why we do what we do, and highlighted the bright, brilliant futures awaiting this cohort.

Thank you, once again, for your support, your trust, and your immense community spirit this week. We are stronger together.

Have a well deserved and restful half term and we look forward to seeing pupils on Monday 1st June.

*Mrs C Batson*

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## CEO's Message

### Aspirational Futures Multi Academy Trust

Chorley Business & Technology Centre

Block N3 | Rooms 1 & 2 | Euxton Lane | Chorley | PR7 6TE

[admin@aspirationalfutures.co.uk](mailto:admin@aspirationalfutures.co.uk)

[www.aspirationalfutures.co.uk](http://www.aspirationalfutures.co.uk)



Respect | Empowerment | Collaboration

22nd May 2026

Dear parents, carers, and pupils,

Following an intensive and rigorous selection and interview process, I am delighted to announce that the Board of Trustees has appointed Miss Pilkington as the next headteacher at Parklands High School.

I am confident that Miss Pilkington will receive the same high level of support from the whole school community that both Mrs Batson and I have received, and that under her leadership, the school will continue to develop and provide an exceptional, holistic education to our pupils.

With best wishes,

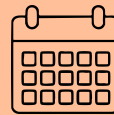
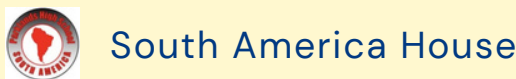
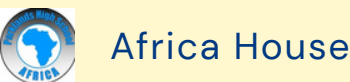
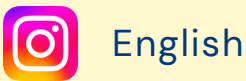
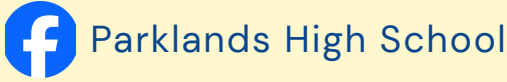
Steve Mitchell  
CEO

[parklandsacademy.co.uk](http://parklandsacademy.co.uk)

## School Socials

Don't forget to check our Facebook and Instagram pages to see what's been happening this week...

CLICK HERE!



## Key Dates



Monday 1st June	School Reopens
Tuesday 2nd June	Year 8 trackers sent home
Thursday 4th June	Year 7 trackers sent home
Fri 5 <sup>th</sup> & Sat 6 <sup>th</sup> June	Duke of Edinburgh expedition
Monday 15th June	Sports Day
Wednesday 17th June	District Sports Day for selected pupils
Thursday 18th June	Year 10 mock exam fortnight begins
Thursday 25th June	Year 10 Wigan and Leigh College visit
Thursday 25th June	Key Stage 3 presentation evening (invitation only)
Thursday 2nd July	Year 10 Runshaw College day
Friday 3rd July	INSET day (school closed to pupils)
Wednesday 8th July	Year 11 prom
Friday 10th July	Year 10 mock results day
Monday 13th July	Learning Challenge Week and Work Experience Week begin
Friday 24th July	School closes at 1:00 pm



## Weekly Learning Support Board



**Learning Support Board**  
Week Commencing  
25th May 2026

**HAVE YOU HEARD THE NEWS?**  
I hope this year will bring a great bank holiday. Enjoy the sun because the first week back is packed with events. For our year 10s there are eight more GCSE exams. Year 8 have their Review Day on Tuesday followed by a Celebration Breakfast for the highest achievers on Wednesday. This arrangement is repeated for Year 7 on Thursday and Friday. Learning Support's response for business on Sat June. [Learningsupport@parklandsacademy.co.uk](mailto:Learningsupport@parklandsacademy.co.uk)

Here is William III. He jointly ruled the UK with his wife from 1689 to 1694. Who was his wife?

"When you feel like quitting, remember why you started."  
MARK TWAIN

**Joke of the Week**  
Why did the termite quit his job?  
Because it was BORING!

**Success: Where preparation & opportunity meet**

**LANCASHIRE LOCAL OFFER**  
Special Educational Needs and Disabilities Local Offer in Lancashire

**Useful Links**

- FIND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- NODDTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

## Dance Team World Championship Fundraising Raffle



Our dancers have been invited to represent the English Schools at the World School Dance Championships in London, in June this year.

It is a fantastic opportunity for us but very expensive so we are fundraising to help us get there. Can you support by buying a raffle ticket?

**£1 a ticket or 6 for £5**

- Confirmed prizes so far ...
- £15 Alabaster Jar Voucher
  - £20 Rebel Chorley Voucher
  - 2 x tickets to a Chorley FC home game of your choice
  - Padel Racket worth £127
  - Sweet treat hamper
  - Pamper hamper

**ReBel**



Tickets available through Scopay, from the pavilion or form in a morning

## First Week After May Half-Term-Year 7 & Year 8 Review Days:

Students in Year 7 and Year 8 will take part in their Review Days during the first week back after the May half-term break. As part of this, they will receive their updated trackers and have the opportunity to discuss their current progress and attainment with me and their House Leaders.

**Year 8 Review Day:** Tuesday 2 June  
**Year 7 Review Day:** Thursday 4 June

We encourage you to take some time with your child to look through their tracker and talk together about how they are progressing and the steps they can take moving forward.

## Europe House Update

Thank you all for your incredible support throughout this busy term. I am absolutely delighted with the fantastic attendance and exemplary behavior shown by my Europe House students.

You have all done me proud!

Have a wonderful, restful half-term week off with your families. I look forward to welcoming everyone back, refreshed and ready for our final, longest, and craziest term of the school year.

Love from Mrs Fox

### What have PE done this week....

A very wet week but have still had another busy time in the PE department.

Our U15 Girls football played their much anticipated Lancashire Cup final & the year 7 and 8 girls football also played some friendlies



[Click to see more photos](#)

### This week in KS3 Religious Studies

This week, KS3 students have continued to deepen their understanding of their enquiry questions. The summary below outlines their current learning and offers some discussion ideas for home.

**Year 7 – Who is responsible for helping the poor?**

- Which charities are working to end poverty in the UK?
- What do these charities do to help people in need?
- How can young people like you support these charities?

**Year 8 – Is death the end?**

- What do Hindu funerals usually involve?
- Why is the River Ganges important in Hindu death rituals?
- How do these practices reflect Hindu beliefs about the afterlife?

**Year 9 – GCSE Theme B: Religion and Life**

- What do Christians and Muslims believe about protecting the environment?
- How do people abuse the environment today?
- What changes can individuals make to help reduce environmental harm?

### Soak the Staff and Crew in aid of our Peru expedition!

'Thank you to everyone who came and threw wet sponges at us. We are now 73 days away from our 4 week expedition to Peru and we really appreciate all your support.'



### Year 8 Aspire – Global Goals projects!

They have officially begun & the students have spent this week exploring the Global Goals and choosing the one they feel most passionate about.

#### Useful Materials to Collect

clean plastic bottles, egg cartons, cardboard boxes, toilet roll tubes, coloured paper, felt, ribbons, newspapers, shoe boxes, large pieces of cardboard.

[Click for more info!](#)



**CAREER News**

Click for latest news!

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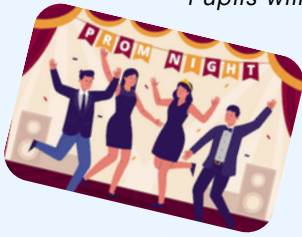
# General Noticeboard

## SCHOOL PROM 2026

Dear parents and carers

We would like to provide you with details regarding the forthcoming prom, which will take place on **Wednesday 8th July 26** at Rivington Barn for invited pupils. Tickets are priced at £40, which includes a three course meal, music and other surprises. They will be available to purchase from **Tuesday 5th May** on SCOPAY and all tickets must be purchased by **Friday 5th June** as numbers must be given to Rivington Barn by Monday 8th June.

Arrival to the prom is from 6.30pm with a view to sitting down to eat by 8pm. Pupils will need a small amount of money for a soft drink. Prom will finish at 11 pm.....



[Click here for more Information!](#)

## EXAM STRESS, SUPPORT & RESOURCES



The Mix offers a wide range of free, confidential support for under-25s  
<https://www.themix.org.uk/work-and-study>



is a UK charity focused on the mental health of children and young people  
<https://www.youngminds.org.uk/young-person/coping-with-life/problems-at-school>



advice on getting through exam stress  
<https://www.bbc.co.uk/bitesize/articles/z8dw239>



advice on exam stress  
<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>



ChildLine has guidance on exam stress and pressure  
<https://www.childline.org.uk/info-advice/schoolcollege-and-work/school-college/exam-stress>

### YEAR 11: PE & EXAM SUPPORT GUIDE

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.

#### SECTION 1: THE CRUCIAL ROLE OF PE DURING EXAM PERIOD.

<b>BOOSTS COGNITIVE FUNCTION &amp; ATTENTION</b>	<b>REDUCES STRESS &amp; ANXIETY</b>	<b>ENHANCES SLEEP QUALITY</b>	<b>MAINTAINS ENERGY LEVELS &amp; STAMINA</b>
Cardiovascular exercise increases blood flow to the brain, delivering more oxygen and nutrients.	Regular exercise releases endorphins (the body's natural 'feel good' chemicals) and lowers cortisol levels.	Physical activity promotes deeper, more restorative sleep cycles.	Regular movement combats the fatigue of prolonged sitting.
<b>ILLUSTRATIVE STAT</b> (Illustrated: 30%)	<b>ILLUSTRATIVE STAT</b> (Illustrated: 25%)	<b>ILLUSTRATIVE STAT</b> (Illustrated: 20%)	<b>ILLUSTRATIVE STAT</b> (Illustrated: 15%)
After 30 mins of exercise, cognitive function improves by 30%.	Students who exercise regularly report 25% less stress.	Students who exercise regularly sleep 20% better.	Students who exercise regularly maintain 15% more energy during exams.

#### SECTION 2: PE KIT AMNESTY: GIVE BACK & PAY IT FORWARD.

<b>SHORTS.</b>	<b>FOOTBALL SOCKS.</b>	<b>GCSE PE KIT</b> (official and authentic)
<ul style="list-style-type: none"> <li>• Needed: All sizes, clean, good condition.</li> </ul>	<ul style="list-style-type: none"> <li>• Needed: Clean pairs, navy or royal blue ONLY.</li> </ul>	<ul style="list-style-type: none"> <li>• Needed: Complete trackuits, all authentic pieces. Ideal for younger students or school uniform pool.</li> </ul>

**HOW TO PARTICIPATE**  
 Drop it at the PE office.  
 Please ensure kit is clean.

FIND YOUR BALANCE. EXCEL & GIVE BACK. PARKLANDS.

### PE KIT AVAILABLE FOR COLLECTION: GIVE & GET SUPPORTED

WE HAVE LOTS OF SPARE ITEMS AVAILABLE:			
<b>HOODIES</b> (Multiple Sizes)  <ul style="list-style-type: none"> <li>• Clean and washed, variety of sizes.</li> <li>• For students needing extra warmth.</li> <li>• Ready to use.</li> </ul>	<b>T-SHIRTS</b> (Various Sizes)  <ul style="list-style-type: none"> <li>• Clean, washed, various sizes (S, M, L).</li> <li>• Perfect for general PE use.</li> <li>• Fresh and ready.</li> </ul>	<b>SPARE PE TROUSERS/BOTTOMS</b> (Various Sizes)  <ul style="list-style-type: none"> <li>• Clean and washed, variety of sizes.</li> <li>• For general school PE wear.</li> <li>• Fresh and ready.</li> </ul>	<b>SPARE PE TROUSERS/BOTTOMS</b> (Various Sizes)  <ul style="list-style-type: none"> <li>• Clean and washed, variety of sizes.</li> <li>• For general school PE wear.</li> <li>• Fresh and ready.</li> </ul>

**HOW TO CLAIM AN ITEM:**  
 Please speak with a PE teacher during school hours.  
 Distribution will be private and respectful. First-come, first-served on available stock.

Helping our students stay active. #ParklandsPEKitSupport

# Blackpool Pleasure Beach

Thursday 23<sup>rd</sup> July

Cost

£37.50

**Emails have been sent to all pupils  
who are eligible to earn the required  
trip points**

**Non  
Uniform Day for  
pupils on the trip  
only**

## Classchart Champions

	Positive Points Total per House	Student awarded the most Positive Points this week
AFRICA	463	Louis D
ASIA	449	Hunter H
AUSTRALASIA	446	Finn C
EUROPE	444	Mya W
SOUTH AMERICA	480	Connor W

## Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

**How many had the perfect 3 since September?**

Year 7: 62  
 Year 8: 54  
 Year 9: 54  
 Year 10: 57  
 Year 11: 61  
 All: 288

**How many had the perfect 3 in the previous week?**

Year 7: 169  
 Year 8: 127  
 Year 9: 149  
 Year 10: 165  
 Year 11: 185  
 All: 795

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app

**How many pupils have a BfL score of 2.99 – 3.00?**

Year 7: 152  
 Year 8: 118  
 Year 9: 128  
 Year 10: 127  
 Year 11: 146  
 All: 671

## Pupil of the Week Awards

11/05/2026 – 15/05/2026

Ellie B (HKG), Joseph C (JPN), James C (FIJ), Rocco C (NZL), Lillie C (POR), Louis D (CIV), Francesca G (MNG), Hunter H (PHI), Lucas H (MAG), Kei H (LINC), Oliver H (CAB), Aurora J (NOR), Lacey K (LINC), Jessica L (PAR), Zoya M (PAR), Trinity McC (SOK), Clementine M (WAF)

Coby M (ITA), Harvey O'R (EGY), Bobby R (BRA), Grace R (PNG), Annabelle S (WAF), Thomas S (COL), Bella S (EGY), Noah S (THA), Sebastian S (PAR), Jamie T (LINC), Anwen T (FIJ), Max W (TIB), Luke W (ECU), Ilona W (SWE), Mya W (BEL), Charlotte W (COL)

# Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have **95** students who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	This Week %	This Year %
ANZ	91.2%	93.7%
ASA	92.6%	94.7%
EUR	92.3%	95%
SAM	90.6%	93.9%
AFR	90.9%	93.9%
Total %	91.2%	93.8%

**Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the Top Office.**

## WIN PRIZES JUST FOR GETTING THEM TO SCHOOL! NEW PARENT RAFFLE

**WE KNOW HOW CRUCIAL YOUR ROLE IS IN SETTING YOUR CHILD UP FOR SUCCESS, AND WE WANT TO REWARD YOUR HARD WORK! WHEN CHILDREN ARE IN SCHOOL EVERY SINGLE DAY, THEIR CHANCES OF THRIVING VASTLY INCREASE.**

**TO SAY THANK YOU FOR YOUR CONTINUED SUPPORT, WE ARE EXCITED TO LAUNCH A NEW ATTENDANCE INCENTIVE—JUST FOR PARENTS! FOR EVERY WEEK YOUR CHILD ACHIEVES 100% ATTENDANCE, YOU WILL AUTOMATICALLY EARN A RAFFLE TICKET FOR OUR GRAND SUMMER TERM DRAW.**

Prizes will include:

- Supermarket vouchers
- Gift cards for fantastic local businesses
- Plus, a few exciting surprises!

**Thank you for partnering with us to make every school day count!**

# WIN

# Safeguarding Information

## Viral "Squishy Toy" Trend

We are aware of a viral trend circulating online where children are encouraged to heat soft "squishy" toys (sometimes called Needoh or jelly cube toys) in a microwave.

This is extremely dangerous. When heated, these toys can burst and release hot contents, which may cause serious burns to the hands, face and skin.

### What you can do:

- Talk to your child about the risks of copying online challenges or trends
- Remind them that not everything seen online is safe or accurate
- Ensure squishy toys or similar items are never heated or microwaved
- Encourage your child to come to you if they see something online that concerns them

If you would like more information and practical advice, please see the safeguarding alert here:

[SAFEGUARDING ALERT: Viral Trend Risks Causing Severe Burns to Children - Ineqe Safeguarding Group](#)

## TEENS TRIPLE P POSITIVE PARENTING PROGRAMME

TEEN TRIPLE P IS A POSITIVE PARENTING PROGRAMME WHICH CAN HELP PARENTS AND CARERS COPE POSITIVELY WITH SOME OF THE COMMON ISSUES ASSOCIATED WITH RAISING A TEENAGER.

COMMON TOPICS COVERED:

- SUPPORTING HEALTHY TEENAGE DEVELOPMENT.
- MANAGING RISK-TAKING BEHAVIORS.
- HANDLING EMOTIONAL VOLATILITY.
- ESTABLISHING CONSISTENT, FAIR ROUTINES.
- IMPROVING COMMUNICATION AND REDUCING CONFLICT.

**TUESDAYS**  
2nd June - 14th July 2026  
6-8 PM

SCAN THE ABOVE QR CODE TO BOOK  
ONTO THE COURSE

For more information contact:-  
Chorley Family Hubs on:-  
01257 516316

**SOUTHLANDS HIGH SCHOOL**  
CLOVER RD,  
CHORLEY  
PR7 2NJ

# ONE STOP SHOP

A monthly drop-in where families can visit to access advice & support with:

- Housing
- Emotional Health & Wellbeing
- Finances
- Home Safety
- Relationships
- Foodbanks... & more

TEL: 01257 516316  
EMAIL: [chorleyfamilyhub@lancashire.gov.uk](mailto:chorleyfamilyhub@lancashire.gov.uk)

Inspire  
Youth Zone  
Chapel St  
Chorley  
PR7 1BS

9am till  
12 noon  
Refreshments  
available