



PARKLANDS BULLETIN

WEEK 2

12th - 16th January 2026



Headteacher's Message

Dear Parents and Carers,

It has been a highly productive and energetic week here at school. As we settle further into the spring term, there is a sense of purpose across all year groups, and especially for our oldest students as they look toward their next big steps.

A Big Week for Year 11

Our Year 11 students have reached a significant milestone this week. On Tuesday, we held our Mock Exam Results Day. This is always a day of mixed emotions, but it is a vital part of the learning process, giving students a clear picture of their strengths and the areas where they can gain those crucial extra marks.

Following this, we held our Review Day on Wednesday, allowing students time to reflect deeply on their performance. We concluded the week's focus with our Progress Evening, and it was wonderful to see so many of you there. These conversations between home and school are what truly help our students gain momentum as they head toward the summer exams.

Year 9 Updates

Our Year 9 students have also been focused on their progress this week. They have been receiving their Year 9 Trackers, which provide a picture of their current attainment and effort levels. We also held a successful Review Day for them on Friday. Please do take the time to look through the trackers with your child - they are a great conversation starter for their goals for the rest of the year!

Looking Ahead: Wigan & Leigh College Interviews

The momentum for Year 11 continues into next week! We are delighted to be hosting Wigan & Leigh College for on-site interviews. This is a fantastic opportunity for our students to secure their post-16 placements and practice their professional interview skills.

We know how much hard work has gone into these applications, and we wish everyone the very best of luck; we know you will represent yourselves brilliantly.

Regards,
Mrs. Batson
Headteacher

Whole School Messages

Key Dates - January and February 2026

- **Friday 16th January** – Y9 Tracker Reports Home
- **Thursday 22nd January** – Y7 & 8 Behaviour for Learning Reports Home
- **Thursday 29th January** - Y10 Progress Evening in School
*Bookings will be available from **Jan 22nd at 4pm** - <https://parklands.schoolcloud.co.uk/>
- **Thursday 5th February** - Y9 Progress Evening in School
*Bookings will be available from **Jan 29th at 4pm** - <https://parklands.schoolcloud.co.uk/>
- **Friday 13th February** – Last Day of Term 3pm Finish

Year 7 PASS Survey – Thursday 22nd January

On Thursday 22nd January, all Year 7 students will take part in the GL Assessment PASS (Pupil Attitudes to Self and School) survey. This survey, which takes approximately 20-30 minutes to complete, is not a test and does not require any preparation. Students will not receive a grade or mark for their responses.

The purpose of the survey is to gain insights into students' feelings about school, their attitudes toward learning, and their overall wellbeing. This information is vital in helping us provide tailored support to ensure every student feels confident, supported, and engaged in their education.

To help students understand the purpose of the survey, there will be an assembly on Wednesday 21st January during registration, to introduce it and explain why it is important.

We appreciate your support in encouraging your child to approach the survey thoughtfully. If you have any questions or concerns, please get in touch with Miss Rhodes (Assistant Head and Year 7 Achievement Lead) at srhodes@parklandsacademy.co.uk.

Y9 Immunisations

Please be advised that the Immunisation Team **DID** send out a text reminder for you to complete the form. It was a genuine text therefore if you have not completed the form, please do so at your earliest convenience.

Could Your Child be Eligible for Free School Meals?

Check **eligibility and apply** via Lancashire County Council:

[Free School Meals - Lancashire County Council Lancashire.gov.uk](https://www.lancashire.gov.uk/free-school-meals/)

If you do apply, please also email Miss Rhodes (Assistant Head) srhodes@parklandsacademy.co.uk

Catering: To see our **new** school menus, please click [here](#). Next week will be **week 3**

Whole School Messages

All pupils will be learning about species extinctions due to climate change in Secure on Monday

Year 10 will have an assembly from the charity Oddballs about how to spot the signs of testicular cancer. Resources will be shared with pupils after this assembly if you would like to discuss this further with your child.

Year 8 will watch a performance about road safety on Tuesday next week. This is funded by Lancashire county council to help to drive down the number of young people involved in road accidents as passengers and pedestrians.

Year 9 will watch a performance about alcohol misuse on Friday next week. This is funded by Lancashire County Council to help educate to prevent alcohol misuse and related anti-social behaviour in young people.

Year 11 thank you to everyone who attended Progress Evening this week. I hope that, following the release of mock exam results, the new trackers, and our discussions this week, you feel fully informed about your child's progress as we enter this crucial stage of their school journey.

I would advise pupils to commit to small, consistent periods of revision from now on, focusing particularly on the topics they find most challenging. Furthermore, as our students prepare for their next steps, we will be hosting interviews with Wigan and Leigh College and Preston College in school next week.

Kind regards,

Mr Metcalf Assistant Headteacher

This Week in KS3 Religious Studies

Year 7: Students have begun their new spring term unit exploring the inquiry question: **“What does it mean to be a Jew in the 21st Century?”**

To support reflection at home, you might discuss:

- What are three things you have learned about Judaism so far?
- Who is Abraham, and how is he connected to the Promised Land?



Year 8: This week, students have completed their unit on **prejudice and discrimination**, focusing this week on:

- What is homophobia?
- How has the LGBTQ community been treated in the past and today?
- How do Christians and Muslims respond to homophobia in the modern world?



Next week, students will begin a new topic on the **History of Christianity** - **“Who was the real Jesus?”**

Year 9: Students have been continuing their inquiry into **“Is it possible to be a good Muslim living in Britain today?”**

Here are some helpful questions to discuss at home:

- What is a prophet, and why are prophets important in Islam?
- How is Islam connected to Christianity and Judaism?
- What do Muslims believe about Akhirah (life after death)?



Whole School Messages

Chorley's SEND Road Show

Chorley's SEND Road Show is on **4th Feb, 9.30am till 1pm, at Inspire Youth Zone..**

Agencies can book a stand via.. [Lancashire SEND Roadshows 2025/2026](#)

Families.. just turn up!

Child and Family Health App

Parents and carers in Lancashire can now access trusted child health and wellbeing advice through two new digital tools from Lancashire Health Visiting and School Nursing.

A new Lancashire Child and Family Health App (developed by HCRG) has been launched.

It is packed with information for parents, young people, and professionals working with families across the 0–19 age range.

The 'Lancashire Child and Family Health' app provides:

- Expert information on child development from before birth to age 18
- Guidance on breastfeeding,
- Healthy eating
- Sleep
- Vaccinations
- SEND
- Support for dads

Download for free

<https://lancschildandfamily.co.uk/lancs-child-and-family-app/>

Lancashire Health Visiting and School Nursing has also launched Anya, a free digital companion supporting families from pregnancy through to a child's second birthday. Anya offers 24/7 personalised guidance on infant feeding and early parenting, including interactive 3D animations, virtual communities, and specialist drop-in sessions.

Key features include:

- An AI-powered virtual companion offering personalised support
- Interactive 3D breastfeeding animations
- Specialist drop-in video sessions for feeding support
- A trimester-specific antenatal programme with birth planning
- Virtual communities and peer support

Anya is available in multiple languages, including English, Arabic, Urdu and Bengali, making support more accessible for families across Lancashire.

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 103 pupils to date
Year 8: 70 pupils to date
Year 9: 74 pupils to date
Year 10: 79 students to date
Year 11: 76 students to date
All: 402 students

How many had the perfect 3 in the previous week?

Year 7: 184
Year 8: 166
Year 9: 174
Year 10: 175
Year 11: 187
All: 886

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of

2.99 - 3?

Year 7: 170
Year 8: 131
Year 9: 136
Year 10: 127
Year 11: 146
All: 710

Students, please click the link to see what clubs, trips and activities are happening in school
[Parklands Bulletin](#)

Parklands Pupil Bulletin

Find out what is happening in your school.....



Reward Trip System Years 7-10

How do I get the points?



Reward Trip Point System - per half term

- BfL average 2.95 and over - 2 point
- Attendance 94% and over - 1 point *
- No social strikes - 1 point
- No lates - 1 point
- A suspension will clear all points for the half term.

You have 4 half terms to earn a maximum of **20** points. You will need **17** for the trip!

(* attendance must be a minimum of 93% to be eligible for Blackpool)



Learning Support

Learning Support - Every Minute Counts: The Importance of Being in Lessons

We want every student to make the most of their learning time. Even a few minutes missed from each lesson can quickly add up and have a big impact on progress.

For example, if a child misses just 5 minutes from every lesson each day, that adds up to around 4 hours of learning lost every week. Some students are missing as much as 16 minutes per day as they are arriving late and/or leaving early. That's the equivalent of over 7 hours of learning time lost every week.

We fully appreciate that sometimes students need time to reset, reflect, or take a short break and these moments are important for wellbeing. However, we also want to highlight just how valuable lesson time is.

Every minute spent in the classroom contributes to a stronger understanding, better progress, and greater confidence in learning.

It is our job to work together to make sure our students are present, ready, and making the most of every learning opportunity.

Ms Williams
SENCo

Weekly Learning Support Board - please click [here](#)

**Learning Support Board**
Week Commencing
19th January 2026

HAVE YOU HEARD THE NEWS?
I would start by reminding our older pupils, that there is always somebody available to talk to in N17 before school, break and lunchtime although not often during lessons. This is a busy, and often stressful time, for them. This week, there are interviews for Wigan & Leigh College on Wednesday and Preston College on Friday. Other events this week include an Alcohol Awareness Q&A for year 8s on Friday.
Learningsupport@parklandsacademy.co.uk

**Inspire Club Quiz**
What species of bird is this?
Last time's answer: An orange

**Joke of the Week**
How do you look after a sick bird? Tweetment!

**The Good Sleep Cycle**
Less worry or stress → Better sleep → More vigour → Deals effectively with daily life → Higher self-esteem → Less worry or stress

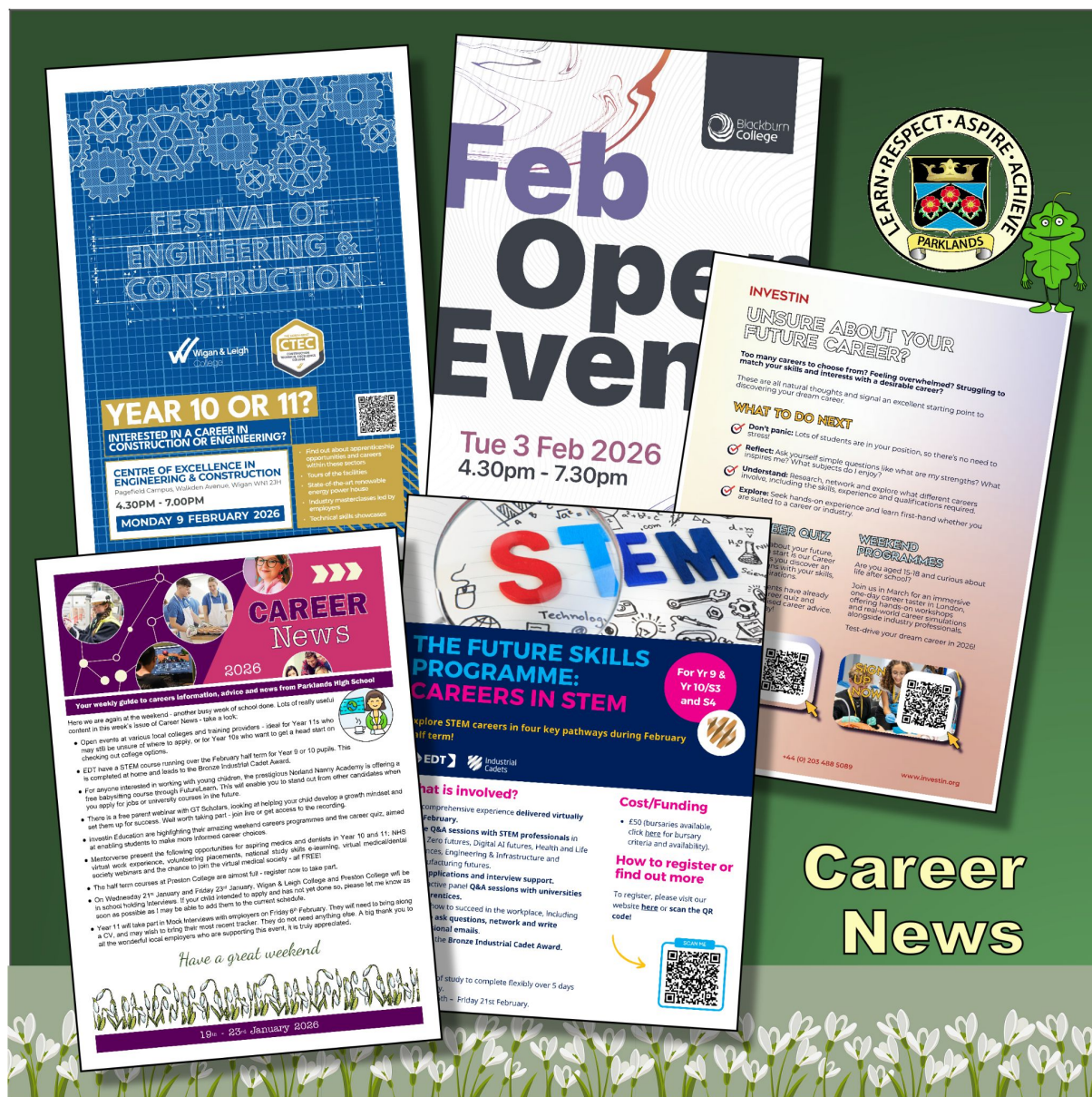
**Follow us on Instagram:**
[p_h_s_learningssupport](#)

Useful Links

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

LANCASHIRE LOCAL OFFER
Special Educational Needs and Disabilities Local Offer in Lancashire

Click [here](#) for career news



As always, lots of really useful information in this week's Career News. Settle down and take a look - there's something for everyone: competitions, challenges, workshops, webinars, work experience, apprenticeship vacancies, courses, quizzes, open events and much more.

As well as the Army and NHS placements, we will be running another great work experience programme called Rise Up. This was trialled last year and was very successful, so I'm pleased to see it making another appearance.

Participants will be set a business challenge and will be involved in every stage: planning, marketing, delivering - and will raise money for a chosen charity along the way.

Let me know if your child would like to be involved in any of the above schemes

(pberry@parklandsacademy.co.uk)


Say **YES** to the prom dress



Our prom dress pop-up shop is back.

Featuring quality pre-loved dresses in a range of styles and sizes. We've got price points to suit every pocket and no appointment needed. Pop along and try on all of your favourites. Say yes to the dress and support your local hospice.

 The Garden Room,
St Catherine's Hospice
PR5 5XU

 Saturday 31st January

Sunday 1st February 2026

10 am to 4 pm

For further **details**,
call our team on
01772 695299

THE BIG UNIFORM EVENT

Chorley
Council

WEAR IT, LOVE IT, THEN
SHARE IT AND SAVE IT
FROM GOING
TO LANDFILL!

Thursday
12th
February
9am-12pm

PRE-LOVED SCHOOL
UNIFORM FREE TO TAKE
AWAY

INSPIRE YOUTH
ZONE, CHORLEY

Everyone welcome!



SVP Chorley Buddies
We're Helping
01257 542 367



**St Vincent
de Paul Society**
England and Wales
Turning Concern into Action



Keeping warm and well: staying safe in cold weather

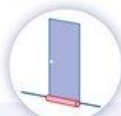
Plan ahead



Check the weather forecast and the news



Make sure you have sufficient food and medicine



Take simple measures to reduce draughts at home

Keep yourself warm



Heat rooms you spend most time in to 18°C if you can



Keep bedroom windows closed



Wear multiple layers of thinner clothing

Prepare your home



Check what financial support may be available for you



Use energy saving tips to save money on heating



Make sure appliances are safe and working well

Look after yourself and others



If you're eligible, get vaccinated against flu and COVID-19



Check on others who may be vulnerable



Get help if needed. Call NHS 111 or in an emergency 999

For more information go to:

[Top tips for keeping warm and well this winter - www.GOV.UK](https://www.gov.uk)



Start date Friday 16th Jan

Break – Feb half term

End date – Friday 7th March

(sessions will run from 9.30am till 11.30am)

We are now running 'Riding the Rapids'

Riding the rapids is a ten-week programme for parents and carers of children who are neurodivergent.

It aims to help parents to understand their child when they are displaying behaviour that challenges.

The course enables parents to understand their child's distress related behaviours in the context of their neurodivergence and apply strategies and adjustments to support them. It also helps parents to develop stress management strategies to help support their child.

Calls to families / screenings will be done via call or face-to-face appointment in the Family Hubs, in advance of the start date.

Please make all enquiries via chorleyfamilyhub@lancashire.gov.uk



Triple P - Teens at Duke Street Family Hub

For Parents with teenagers up to 16 years, and assists where there are specific concerns about teen's behaviours.

Next course running:

8th January till 19th February 1pm - 3pm

Referrals via the booking page: [LCC Events](#)

Triple P - Group at Duke Street Family Hub

For parents of children aged 2-11 years old, for parents who have specific concerns about child's development or behaviour.

Next course running:

Tuesday 3rd January till 24th February 1pm till 3pm

Referrals via the booking page: [LCC Events](#)



CALLING ALL PARENTS & CARERS!




Is your young person feeling more worried than usual?

Are those worries starting to get in the way of everyday life and would they like to access support from Compass Bloom for the first time?

We're here to help.

We're running online worry management courses for secondary school aged young people across Central & West Lancashire.

- Short online assessment
- 6-week course
- Delivered on MS Teams
- Join alongside other young people who feel the same

What we'll cover (one topic each week):

Session 1 - Understanding anxiety - fight, flight, freeze + intro to CBT

Session 2 - Spotting & managing physical symptoms

Session 3 - Challenging negative thoughts - fact or opinion?

Session 4 - Worry tools - the worry tree, letting go & problem solving

Session 5 - Behaviours - safety, exposure & building confidence

Session 6 - Emotions - self-soothing, safe spaces & moving forward

A safe space to learn, share and discover new ways to manage worries.

Want to know more?

Scan the QR code or follow the MS link below to fill in a quick form.

<https://forms.cloud.microsoft/e/x1asaVTeTL>

We'll then give you a call for a friendly chat about the Worry Management Course and answer any questions you might have.



SCAN ME!



COMPASSBLOOM@COMPASS-UK.ORG 01772 280123

COMPASSBLOOM @COMPASSBLOOM



UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

Our 'Positive Relationships, Stronger Families'

Is a 4 week course, which aims to empower parents to understand conflict and see how to resolve issues with constructive communication.




POSITIVE RELATIONSHIPS

STRONGER FAMILIES



JOIN US TO TALK ALL THING POSITIVE RELATIONSHIPS

Relationships are a journey filled with ups and downs, and disagreements are a natural part of it. We understand that managing these disagreements can be challenging and may impact how we parent our children.

Join us for our 4 week course that aims to empower you as parents to understand your conflicts and see how to resolve the issues yourselves with constructive and destructive communication.

Courses run throughout the year on

Wednesdays

1pm - 2:30pm.

Please check out for the next one via the QR code to the right.



Come and join us for our 4 week Positive Relationship course. Learn valuable skills on positive communication, learning how to argue better, how to resolve argue when they arise.

Contact your local Family Hub to book yourself on to a course.



Next course is running:

8th January till 19th February 1pm till 3pm
(For those that cannot join us in centre, please contact the Family Hub about joining us virtually)

Whole School Messages

The One Stop Shop is a drop in where families can access support from different services under one roof.

We offer a warm welcome, refreshments, and an opportunity to get help with:

Housing

Finance

Accessing food banks

Mental health support

Emotional Health and Wellbeing

Relationship's

Targeted Youth Support

Sexual Health

Substance / alcohol

... & more



Drop-in
2nd Thursday of
every month
9am till 12noon

@

Inspire Youth Zone
Chapel St
Chorley
PR7 1BS

Children and Family
Wellbeing Service

Tel: 01257 516 316

Email:

Chorleyfamilyhub@lancashire.gov.uk



**FAMILY
HUB
CHORLEY**

2nd Thursday of
every month!



lancashire.gov.uk



Lancashire
County Council

SERVICES HERE TO HELP

2nd Thursday, Monthly

Get help with referrals for further support, and access to a range of community agencies, as well as information on lots of free groups (including parenting, domestic abuse, relationship communication, speech & language, and pre-school play sessions).



Inspire
Youth Zone



Unify
Credit Union



Chorley
Buddies



Places For
People



Social
Prescribing



citizens
advice

Lancashire
West

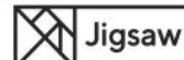
Home-Start
Central
Lancashire



Lancashire Talking
Therapies Talking Therapies



Jigsaw
Homes



Christians Against
Poverty



NEST
Lancashire



Children &
Family Wellbeing
Service



... & more!