



PARKLANDS BULLETIN

WEEK 2

15th - 19th December 2025



Headteacher's Message

Dear Parents and Carers,

For this week's message, I would like to share with you my assembly which I presented to the pupils today.

I've noticed this week in school that there is a specific kind of energy today, isn't there? It's the energy of the last day of term. It's the feeling of books being tucked away, the anticipation of a break, and for many of us, the excitement of Christmas.

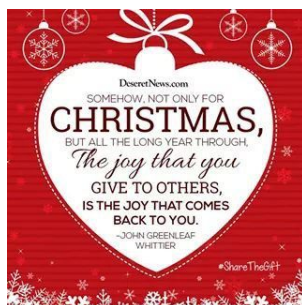
But before we ring that final bell and head out into the cold, I want us to pause. In all the noise of crackers, presents, and songs, I want to talk about the cheapest, quietest, most important gift you can give: Kindness.

We often see Christmas portrayed in films as a time of perfect snow, massive feasts, and endless laughter. But for many people, the reality is different.

- For some, it is a lonely time.
- For some, it is a difficult time because they are missing someone they love.
- For others, it is a stressful time because there isn't enough to go around.

Awareness is simply the act of opening our eyes to the fact that not everyone's "Merry Christmas" looks the same. When we understand that, our kindness becomes more than just a polite word, it becomes a lifeline.

I want to share a poem by the American poet John Greenleaf Whittier. It reminds us that the true spirit of the season isn't found in what we receive, but in how we treat one another.





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Headteacher's Message Continued....

As you leave school today, I have a challenge for you. Don't just be a consumer of Christmas; be a creator of it.

Kindness doesn't have to cost a penny. It is a phone call to a relative who lives alone. It is helping a parent who looks tired. It is being patient with a sibling. It is being aware that a friend might be feeling a bit low and sending them a simple text to say, "I'm thinking of you."

If we all leave here today with the intention to be a little softer, a little more patient, and a lot more aware of those around us, then we carry the best part of this school out into the world with us.

Thank you for all your hard work this term. I am incredibly proud of this school community. Please stay safe, look after one another, and have a peaceful, kind, and restful break.

We wish you and your families a fantastic Christmas, and we look forward to seeing everyone back on Tuesday 6th January.

Regards,
Mrs. Batson
Headteacher

Whole School Messages

Chorley's SEND Road Show is on **4th Feb, 9.30am till 1pm, at Inspire Youth Zone..**

Agencies can book a stand via.. [Lancashire SEND Roadshows 2025/2026](#)

Families.. just turn up!

Parents and carers in Lancashire can now access trusted child health and wellbeing advice through two new digital tools from Lancashire Health Visiting and School Nursing.

A new Lancashire Child and Family Health App (developed by HCRG) has been launched.

It is packed with information for parents, young people, and professionals working with families across the 0–19 age range.

The 'Lancashire Child and Family Health' app provides:

- Expert information on child development from before birth to age 18
- Guidance on breastfeeding,
- Healthy eating
- Sleep
- Vaccinations
- SEND
- Support for dads

Download for free

<https://lancschildandfamily.co.uk/lancs-child-and-family-app/>

Lancashire Health Visiting and School Nursing has also launched Anya, a free digital companion supporting families from pregnancy through to a child's second birthday. Anya offers 24/7 personalised guidance on infant feeding and early parenting, including interactive 3D animations, virtual communities, and specialist drop-in sessions.

Key features include:

- An AI-powered virtual companion offering personalised support
- Interactive 3D breastfeeding animations
- Specialist drop-in video sessions for feeding support
- A trimester-specific antenatal programme with birth planning
- Virtual communities and peer support

Anya is available in multiple languages, including English, Arabic, Urdu and Bengali, making support more accessible for families across Lancashire.

Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 107 pupils to date
Year 8: 71 pupils to date
Year 9: 78 pupils to date
Year 10: 82 students to date
Year 11: 76 students to date
All: 414 students

How many had the perfect 3 in the previous week?

Year 7: 171
Year 8: 146
Year 9: 158
Year 10: 153
Year 11: 166
All: 794

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of

2.99 - 3?

Year 7: 169
Year 8: 128
Year 9: 133
Year 10: 127
Year 11: 141
All: 698

Students, please click the link to see what clubs, trips and activities are happening in school
[Parklands Bulletin](#)

Parklands Pupil Bulletin

Find out what is happening in your school.....



Attendance

Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have **194 students** who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	This week %	This year %
ANZ	91.5%	93.1%
ASA	92.4%	94.1%
EUR	92.5%	94.8%
SAM	93.9%	93.6%
AFR	92%	94%
Totals %	92.4%	93.9%

Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the **Top Office**.

Attendance Prizes

This week we have given out attendance prizes to students with 100% attendance for both this half term and all year so far!

Congratulations to all of our students who have still got 100% attendance



Whole School Messages

Key Dates - January and February 2026

- **School reopens Tuesday 6th January for pupils.**
- **Tuesday 6th January** – Year 10 Tracker Report sent home, and ‘Welcome to Year 10’ Evening for parents, carers and pupils, 6–7pm in the main hall.
- **Tuesday 13th January** – Y11 Mocks Results Day
- **Wednesday 14th January** – Y11 Tracker Reports Home
- **Thursday 15th January** - Y11 Progress Evening in School
- **Friday 16th January** – Y9 Tracker Reports Home
- **Thursday 22nd January** – Y7 & 8 Behaviour for Learning Reports Home
- **Thursday 29th January** - Y10 Progress Evening in School
- **Thursday 5th February** - Y9 Progress Evening in School
- **Friday 13th February** – Last Day of Term 3pm Finish

**Parents/carers are invited to the
Geography Department’s Italy Trip Information Evening**

5:30-6:30pm

Thursday 8th January 2026

Main Hall, Parklands Academy



ITALY

**If possible, please bring:
Passports
GHIC
Medical Forms**

Could Your Child be Eligible for Free School Meals?

Check **eligibility and apply** via Lancashire County Council:

[Free School Meals - Lancashire County Council Lancashire.gov.uk](https://www.lancashire.gov.uk/free-school-meals/)

If you do apply, please also email Miss Rhodes (Assistant Head) srhodes@parklandsacademy.co.uk

Y9, Y10 and Y11 same day detentions

Please be aware that if your child should receive a **BfL 1 or 0** they will be required to serve a same day detention after school from 3pm until 3.30pm. We hope this sanction may lead to an improved focus and better behaviour in lessons. We will endeavour to notify you by text message should your child need to attend the detention, however please be aware this may not always be possible depending on the time of day. For example, if your child receives a 1 or 0 during their P5 lesson we may not be able to notify you ahead of picking your child up at the end of the day. You can also monitor your child's BFL on the EduLink app under the 'Attendance' section.

Thank you for your ongoing support.

Head Pupil's Message

Hello fellow students and parents,

Congratulations on finishing your first term of the school year , it has certainly been a long one, but filled with many joyful moments: house competitions, the Trafford trip, cinema trips, and much, much more!

Well done to our Year 11s who have completed their winter mocks , you've got this!

We have certainly had an exciting term becoming Head Pupils and rising to the challenges of the role. This well-deserved break brings the celebrations of Christmas and New Year. It's a time for family and friends, and for thinking about those who need it most.

Enjoy exchanging cards and gifts, but most importantly, take time to rest, you deserve it!

All the best,

Your Head Pupils



Europe House Message

Merry Christmas, Europe House! 🌲

As we come to the end of a busy and successful term, it's the perfect time to reflect on all that Europe House has achieved. From showing teamwork and determination to supporting one another every step of the way, you have truly represented our House with pride.

As we head into the Christmas break, we hope you take time to rest, recharge, and enjoy special moments with family and friends. May your holidays be filled with joy, laughter, and a well-deserved break from school routines.

We look forward to welcoming you back in the New Year, ready for new challenges, opportunities, and more successes together.

Merry Christmas and a Happy New Year from everyone in **Europe House!** 🌍🌟

Learning Support

Learning Support - Every Minute Counts: The Importance of Being in Lessons

We want every student to make the most of their learning time. Even a few minutes missed from each lesson can quickly add up and have a big impact on progress.

For example, if a child misses just 5 minutes from every lesson each day, that adds up to around 4 hours of learning lost every week. Some students are missing as much as 16 minutes per day as they are arriving late and/or leaving early. That's the equivalent of over 7 hours of learning time lost every week.

We fully appreciate that sometimes students need time to reset, reflect, or take a short break and these moments are important for wellbeing. However, we also want to highlight just how valuable lesson time is.

Every minute spent in the classroom contributes to a stronger understanding, better progress, and greater confidence in learning.

It is our job to work together to make sure our students are present, ready, and making the most of every learning opportunity.

Ms Williams
SENCo

Weekly Learning Support Board - please click [here](#)

Learning Support Board
Week Commencing
22nd December 2025

HAVE YOU HEARD THE NEWS?
That's it! We hope you're all enjoying a happy and peaceful Christmas. School reopens for pupils on Tuesday 6th January, when we'll be back supporting pupils in N17. Best wishes for the New Year.
Learningsupport@parklandsacademy.co.uk

Inspire Club
There's a town in Florida, USA called Christmas where all the streets are named after Christmassy things, true or false?
Lost Times' answer: Gavin & Stacy

"Christmas is the season for kindling the fire of hospitality."
WASHINGTON IRVING

Joke of the Week
Who looks after Father Christmas when he's ill?
The National ELF Service!

MERRY CHRISTMAS from LEARNING SUPPORT

LANCASHIRE LOCAL OFFER
Special Educational Needs and Disabilities Local Offer in Lancashire

Useful Links

- ADDitude website
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- Lancashire SEND Partnership
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

Follow us on Instagram:
phs_learningsupport

Click [here](#) for career news

TAKE OUR REVISION QUIZ
Boost Your Revision This Winter

Do you find revising over the school holidays challenging? Winter is a busy time of the year for everyone, but for students it can be hard to balance festive fun and studying while ensuring you get some well-deserved rest! We have to help! We've created a Revision Quiz to help you pinpoint the skills you need to focus on to maximise your revision over the school holidays. Once you complete the quiz, you'll receive valuable revision resources with top tips and insights to help you improve your revision habits this winter.

TAKE THE QUIZ

5 Reasons Why You Should Take Our Revision Quiz

- Learn how small changes to your revision habits can significantly improve your productivity
- Gain practical tips and expert advice tailored to your answers
- Identify and learn how to develop the skills you need to improve your revision habits
- Receive a valuable revision resource to help you streamline your studies over the holidays

CAREER News
2025

Your weekly guide to careers information, advice and news from Parklands High School

So, it's almost the Christmas holiday - we've made it 555 heads of good stuff in this issue of Career News!

- A competition from Investin and World Space Week to design a rocket - all you need is a pen!
- Anyone looking for a career in finance - take a look at the online masterclasses with BNP Paribas, where they will pass on tips for applying for apprenticeships.
- Updates from Sutton (both Form on the various T Level and A Level courses they are offering from September 2025 - check these out, as not all colleges will be sharing these copies. The new V Levels announced by the government are on their way, but this will affect the current Year 11 applying for college.
- Investin Education have a great revision quiz for anyone concerned about their GCSE revision - this will give you great tips and advice to make the most of your revision time with Investin and Parklands.
- There are various offers for studying medicine and healthcare professionals from Mastercare and Parklands. The Parklands course is very experience, but could be a life-changing experience. Worth checking out. However, the Parklands course is very experience, but could be a life-changing experience, which is a recognized and experienced education - and of course, really useful and informative.
- There are a couple of open events at the New Year year of local colleges and interviews start in January. All please don't leave it too late to apply. It really doesn't matter what course or subject you choose at this stage - as you are doing to reserve a place at college, you can change any of the details on your application form at any time up until August next year.
- See you in 2025!

Have a great Christmas and New Year

Christmas edition 2025

GET MY First Job
In partnership with **4i SKILLS**

From binge watch to big shot
Help your students sign up for free work experience and learn how TV is made.

We wanted to send a little love your way...
Channel 4 work experience has official extended to 27th February. Think of it as a bit of extra breathing space and your students as we head into the new year.

PREMED PROJECTS
Attention - students aged 14-18 and their parents who may be interested in medicine. We are offering a February Half Term Medical Week Experience Week in London, from 19th - 21st February 2025 designed for students interested in studying medicine or healthcare.

- When:** 19th - 21st February 2025 (February Half Term)
- Where:** London Hospitals (Photos, Accommodation, Meals and Staff Provided)
- What:** Students aged 14-18 who are interested in careers in medicine. (Group size 30)
- What:** In-person medicine experience with visits to hospitals in London, fully supported by an extensive staff team and attended for students from all over the UK. A certificate and reference are included.
- How:** Students can [view all details of the course here](#) and should register by the 30th January 2025 to take part.

World Space Week ASSOCIATION

POSTER CONCEPT COMPETITION
Help us decide next year's World Space Week poster. Share your idea for "Rocket Revolution".

Submissions open until 15.01.2025

Help us decide next year's World Space Week poster. Share your idea for "Rocket Revolution".

Click here to submit

Career News

As ever, lots of useful information in this Christmas edition of Career News. There are competitions, webinars, conferences, virtual and in-person work experience opportunities, apprenticeship vacancies, free courses, quizzes, masterclasses and so much more!

Whole School Messages



Derian House Reindeer Run

60 plus pupils and staff walked to Derian House and back this week to raise money for Derian House Childrens Hospice. Wearing our reindeer antlers with pride we all had a wonderful time!



**£170
Raised
Reindeer Run**



HAVE YOURSELF AN ECO MERRY CHRISTMAS

What can you do to Reduce Your Impact on our Planet this Christmas?

Give sustainable gifts and experiences. Make sure your wrapping paper and cards are recycled.

In the UK, approx 6.6 million tonnes of food goes to waste each Christmas. Plan meals, shop wisely, love your leftovers and compost scrap.

Also if you are serious about reducing your impact on the planet, you could always explore Veganuary, the link is below

Here are some websites with further hints and tips

<https://veganuary.com>

<https://www.wildlifetrusts.org/actions/how-have-eco-christmas>

<https://www.wwf.org.uk/top-tips-sustainable-christmas>

<https://www.bbc.co.uk/news/science-environment-63862344#~:text=Make%20sure%20to%20remove%20ribbons.using%20Recycle%20Now's%20Recycling%20Locator%20>

<https://www.asustainablelife.co.uk/10-last-minute-tips-for-an-eco-friendly-christmas/>



Start date Friday 16th Jan

Break – Feb half term

End date – Friday 7th March

(sessions will run from 9.30am till 11.30am)

We are now running 'Riding the Rapids'

Riding the rapids is a ten-week programme for parents and carers of children who are neurodivergent.

It aims to help parents to understand their child when they are displaying behaviour that challenges.

The course enables parents to understand their child's distress related behaviours in the context of their neurodivergence and apply strategies and adjustments to support them. It also helps parents to develop stress management strategies to help support their child.

Calls to families / screenings will be done via call or face-to-face appointment in the Family Hubs, in advance of the start date.

Please make all enquiries via chorleyfamilyhub@lancashire.gov.uk



Triple P - Teens at Duke Street Family Hub

For Parents with teenagers up to 16 years, and assists where there are specific concerns about teen's behaviours.

Next course running:

8th January till 19th February 1pm - 3pm

Referrals via the booking page: [LCC Events](#)

Triple P - Group at Duke Street Family Hub

For parents of children aged 2-11 years old, for parents who have specific concerns about child's development or behaviour.

Next course running:

Tuesday 3rd January till 24th February 1pm till 3pm

Referrals via the booking page: [LCC Events](#)

Whole School Messages



Monday 29th December

@ Duke Street Family Hub

Baby You & Weigh in Too 9:30am - 11:30am

Warm and welcome (drop in) 2pm - 4pm. Including soup, mince pies and board games.

@Highfield Family Hub

Family Support Workers (drop in if need a chat) 9am - 5pm.

Tuesday 30th December

@ Duke Street Family Hub

Drop in for a hot soup, brew, mince pies and board games. 10am - 12pm

Book on party 2pm - 4pm. Party food, mince pies and party games.

@Highfield Family Hub

Family Support Workers (drop in if need a chat) 9am - 5pm.

Wednesday 31st December

@ Duke Street Family Hub

Family Support Workers (drop in if need a chat) 9am - 5pm.

@Highfield Family Hub

Drop in for hot soup, a brew, mince pies and board games. 10am - 12pm

Book on party 2pm - 4pm. Party food, mince pies and party games.

Thursday 1st January & Friday 2nd January, both Family Hubs are closed.

If you need any support over the Christmas period, please see a list of agencies below, that you can contact

The Samaritans: 116123	Childline: 0800 1111	Age UK (England) 0800 678 1602
Campaign Against Living Miserably (CALM) 0800 58 58 58	National Domestic Abuse Helpline 0808 2000 247	NHS 111 (England)
Beat 0808 801 0677 (England)	Stand Alone standalone.org.uk	Talkzone 0800 51 11 11
Children Social Care Call 0300 123 6720 or out of hours 0300 123 6722		

Duke Street Family Hub Duke Street Chorley PR7 3DU	Highfield Family Hub Wright Street Chorley PR6 0SL
Contact number 01257 516616	



The Family Hubs are offering Warm & Welcome drop-ins throughout December:

Every Monday at Duke Street Family Hub (3.30pm till 5pm)

Every Tuesday at Highfield Family Hub (1.30pm till 3pm)

Every Tuesday at Clayton Brook Village hall (9.30am till 11am)

Between Christmas & New Year families can call in:

Due Street Family Hub - Monday 29th Dec (2pm till 4pm)

Duke St Family Hub - Tuesday 30th Dec (10am till 12noon)

Highfield Family Hub - Wednesday 31st Dec (10am till 12noon)

Everyone welcome for free hot drinks, hot snacks, games & chats!

LCC Events



The poster features the Lancashire County Council logo at the top left and the Family Hubs Network logo at the top right. The title 'POSITIVE RELATIONSHIPS' is in large blue letters, with 'STRONGER FAMILIES' in smaller blue letters below it. A green banner on the right side contains the text 'JOIN US TO TALK ALL THING POSITIVE RELATIONSHIPS'. Below this, a paragraph states: 'Relationships are a journey filled with ups and downs, and disagreements are a natural part of it. We understand that managing these disagreements can be challenging and may impact how we parent our children.' Further down, another paragraph says: 'Join us for our 4 week course that aims to empower you as parents to understand your conflicts and see how to resolve the issues yourselves with constructive and destructive communication.' On the left, a box lists the course schedule: 'Courses run throughout the year on Wednesdays 1pm - 2:30pm. Please check out for the next one via the QR code to the right.' On the right, a box contains the text: 'Come and join us for our 4 week Positive Relationship course. Learn valuable skills on positive communication, learning how to argue better, how to resolve argue when they arise. Contact your local Family Hub to book yourself on to a course.' Below this text is a QR code. At the bottom center, there is an illustration of a family: a man carrying a child on his shoulders, a woman holding a child, and a small child standing next to them.

Lancashire County Council

FAMILY HUBS NETWORK

POSITIVE RELATIONSHIPS

STRONGER FAMILIES

JOIN US TO TALK ALL THING POSITIVE RELATIONSHIPS

Relationships are a journey filled with ups and downs, and disagreements are a natural part of it. We understand that managing these disagreements can be challenging and may impact how we parent our children.

Join us for our 4 week course that aims to empower you as parents to understand your conflicts and see how to resolve the issues yourselves with constructive and destructive communication.

Courses run throughout the year on Wednesdays 1pm - 2:30pm. Please check out for the next one via the QR code to the right.

Come and join us for our 4 week Positive Relationship course. Learn valuable skills on positive communication, learning how to argue better, how to resolve argue when they arise. Contact your local Family Hub to book yourself on to a course.



Our '**Positive Relationships, Stronger Families**' is a 4 week course, which aims to empower parents to understand conflict and see how to resolve issues with constructive communication.

Next course is running:

8th January till 19th February 1pm till 3pm

(For those that cannot join us in centre, please contact the Family Hub about joining us virtually)



CALLING ALL PARENTS & CARERS!



Is your young person feeling more worried than usual?

Are those worries starting to get in the way of everyday life and would they like to access support from Compass Bloom for the first time?

We're here to help.



online group



We're running an online worry management group for secondary school aged young people across Central & West Lancashire.

- 6-week course
- Delivered on MS Teams
- Join alongside other young people who feel the same

What we'll cover (one topic each week):

Session 1 - Understanding anxiety – fight, flight, freeze + intro to CBT

Session 2 - Spotting & managing physical symptoms

Session 3 - Challenging negative thoughts – fact or opinion?

Session 4 - Worry tools – the worry tree, letting go & problem solving

Session 5 - Behaviours – safety, exposure & building confidence

Session 6 - Emotions – self-soothing, safe spaces & moving forward



A safe space to learn, share and discover new ways to manage worries.



TO REGISTER FOR OUR NEXT ONLINE GROUP

Scan the QR code or follow the MS link below to fill in a quick form.

 <https://forms.cloud.microsoft/e/PKVaK3FqKY>

We'll then give you a call to organise an Assessment and confirm the date of the next course and answer any questions you might have.



COMPASSBLOOM@COMPASS-UK.ORG



01772 280123



@COMPASSBLOOM



@COMPASSBLOOM_

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF



Parklands Preloved uniform

Pass it on, don't throw away,
A uniform's here to save the day!
Keep it going, let it flow,
Helping pupils as they grow.

Please send any preloved uniform into school
to Mrs.K O'Reilly.

Thank you.