



PARKLANDS BULLETIN

14th - 18th Oct 2024

Week 1



Headteacher's Message

Dear parents and carers,

Today is the end of another very busy half term at Parklands. We are delighted with the fantastic start that the vast majority of our pupils have made to the new academic year. We are especially pleased with Year 7, who have settled in really well and who have really impressed us with their behaviour. This morning, a special rewards breakfast was held for all Year 7s who have demonstrated excellent Behaviour for Learning this half term. It was a pleasure to see so many of them there.

Yesterday a group of Year 10 students visited Manchester Metropolitan university. They really enjoyed seeing both the university and the city, and hopefully it will inspire them to aim high for their future.

We hope that all of our pupils, staff, and families have a fabulous half term break. We look forward to seeing everyone on the 4th November for the new half term.

Regards,

Mrs. Batson

Headteacher

Whole School Messages

Documentary

On Thursday 7th November, a filming team will be in school creating a documentary about the ways Parklands welcomes and provides a warm and inclusive learning environment for children who have experienced forced migration. The film is being created on behalf of Lancashire County Council.

Year 7

On Friday morning Year 7 students with exceptional Behaviour for Learning were invited to a very special treat. Year 7 have made a wonderful start to their time at Parklands and we felt that it was important to recognise this. Keep up the great work Year 7!

Year 11

Y11 Family Revision Evening

In preparation for Y11 mock exams, come and learn about Parklands' 3 step strategy for revision.

Trial some of the activities for yourselves so that you can best understand how to support your child.

Thursday 7th November, 5.30-6.30 pm in the School Hall. Refreshments available



Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 125 pupils to date
Year 8: 92 pupils to date
Year 9: 77 pupils to date
Year 10: 107 students to date
Year 11: 95 students to date
All: 496 students

How many had the perfect 3 in the previous week?

Year 7: 169 pupils
Year 8: 138 pupils
Year 9: 122 pupils
Year 10: 151 students
Year 11: 137 students
All: 717 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of 2.99 - 3?

Year 7: 168 pupils
Year 8: 135 pupils
Year 9: 107 pupils
Year 10: 132 students
Year 11: 117 students
All: 659 students

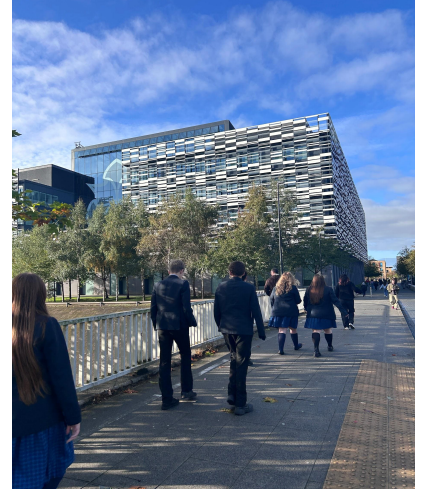
Students, please click the link to see what clubs, trips and activities are happening in school
[Parklands Bulletin](#)

Weekly Learning Support Board - please click [here](#)

 <p>Learning Support Board Week Commencing 21st October 2024</p>	 <p><i>"The greatest sign of success for a teacher... is to be able to say, 'The children are now working as if I did not exist.'"</i> MARIA MONTESSORI</p>	 <p>LANCASHIRE LOCAL OFFER</p> <p>Special Educational Needs and Disabilities Local Offer in Lancashire</p>
<p>HAVE YOU HEARD THE NEWS?</p> <p>We have now reached the half-term holiday. School reopens in two weeks on Monday 4th November. Meanwhile, we hope that all of our pupils stay safe, have a restorative break and enjoy plenty of well-behaved Halloween fun - if that's what they choose to do. Looking ahead a few weeks, remember that the SEND Review Evening is on Tuesday 19th November. Learningsupport@parklandsacademy.co.uk</p>	<p>Job of the Week</p>  <p>How do you make a snake cry? Take away its rattle!</p>	 <p>Fortune Befriends the Bold</p>
 <p>Who was this British monarch?</p>  <p>Last time's answer: Isabella of Sicily</p>	<p>Useful Links</p> <ul style="list-style-type: none">ADDitude MagazineAutism EveAutism Parenting MagazineBritish Dyslexia AssociationThe Communication Trust	<ul style="list-style-type: none">FIND NewsletterGOV.UK Covid-19 InformationHeadspace (Meditation & Sleep)KOOTH Mental Health SupportLocal OfferNHS Urgent Mental Health HelplineWitherslack Group
 <p>Follow us on Instagram: phs learningsupport</p>		

Whole School Messages

Year 10 University Visit: On Thursday morning, eleven Year 10 students visited Manchester Metropolitan University to explore student life on a bustling city centre campus. The students thoroughly enjoyed their experience, and the university representatives spoke highly of their excellent conduct throughout the morning. Watch this space for more visits!



Country of the week

Sovereign State of the Bektashi Order



The Sovereign State of the Bektashi Order is a European microstate entirely situated in the capital city of Albania. With its size only being 0.11 km², it has the title of 'the world's smallest country.' The Sovereign State of the Bektashi Order was first proposed in September of 2024 and has no restrictions on clothing, what you can eat or drink, or your religion..

Capital - Sovereign State of the Bektashi Order
Population - ~
Main religion - Bektashi islam
Leader - Baba Mondi
Official language - Albanian
Land mass - 0.11km²
Currency - Albanian Lek

Whole School Messages

PE Update week beginning 14th October 2024

Another busy week with netball and football fixtures! Remember, there is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!

Year 10/11 Girls 9 aside district competition - A strong team played teams from Holy Cross and Bishop Rawsthorne. Great skill and determination was on display with wins from both matches! Just a game to play against St Michaels to decide the winning team in the district...



Year 7 boys Football against St Michael's at home. Second game of the season. We were up against a very clinical opposition against St Michael's and we were unable to push through their defence. Lots to work on in training. Well done.



Year 8 boys Football against Bishop Rawsthorne at home. Dominant performance the team finished well and had a fantastic win! Well done.



Year 11 Football against Bishop Rawsthorne away.

Very close game, well contested between both. A late goal got us the lead and the win! Well done.



Year 10/11 Netball Tournament

Both teams played in the district team. Year 10 displayed some great versatility switching positions to steal a fantastic 2nd place!

Year 11 showed great teamwork in their very last tournament representing Parklands. Well done!

Whole School Messages

PE Update week beginning 14th October 2024

Year 7&8 Rugby against Holy Cross at home. This was a great game to start the season! The boys showed great teamwork throughout the match. Well done.



Congratulations to Izzy who has been selected England U15 Girls North squad. Well done!

Good Luck to Elizabeth who is competing at the British age group championships in weightlifting this weekend!



We're so proud of the level of commitments shown by all of our pupils, well done!



Parklands Peru Crew

Thank you to everyone who made donations to our Cake Sale and to those who came and bought cakes to enjoy. We had a fantastic time and raised over £127.00 towards our total. We will definitely be doing more.



Parklands water bottles
now available for £2

If you need a water bottle, these
are now available to buy for £2.
Please pay on SCOPAY or bring
cash.

Collect from Miss Pilkington.

Dancing **THROUGH** Life Auditions

Friday 6th December
3PM Onwards - Pavilion



You must sign up on the audition sheets
Shows are 26th, 27th & 28th February 2025

You can sing or dance (max 2 mins in length), solo or in groups to a piece of music of your choice, but you need to check with Miss Marr or Mrs Sullivan-Brown first just in case it has already been chosen by someone else



WRAP UP LANCASHIRE



As a school we are getting behind local initiatives and charities.

Next term you will hear about the Christmas Hampers and we will be asking for donations for Living Waters our local food bank.

If you have any unwanted coats/jackets at home please bring them in and dump them in the designated bin in the FITNESS SUITE PE office.

We will take any unwanted coats and give them to charities that support the homeless, refugees, children living in poverty and people fleeing domestic violence

*Coats must have working zips and be in good condition/clean.



Click [here](#) to view

OUR MENU WEEK 4

Choose your favorite dish

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Main meal Sweet & sour chicken £1.90</p> <p>Vegetarian option Veggie stir fry £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage roll £1.15 Chicken wrap £1.90 Pizzini £1.90</p>	<p>Main Meal Bangers, mash veg and gravy £1.90</p> <p>Vegetarian option Quorn sausage, mash veg and gravy £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Meat & Potato Pie £1.15 Chicken wrap £1.90 Pizza twist £1.90</p>	<p>Main Meal Chicken puff pastry pie served with veg £1.90</p> <p>Vegetarian option Cheese puff pastry pie served with veg £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage roll £1.15 Chicken wrap £1.90 Pizza £1.20</p>	<p>Main Meal Chicken jalfrezi served with boiled rice and naan bread £1.90</p> <p>Vegetarian option Veggie burritos served with salad and sauce £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Cheese pasty £1.15 Panini £1.90</p>	<p>Main Meal Chilli con carne served with boiled rice £1.90</p> <p>Vegetarian option Veggie quesadillas served with salad £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage rolls £1.15 Chicken wrap £1.90 Chicken strips £1.50</p>

Health Festival

FREE

Starting Life Well in Chorley

Saturday 2 November, 2024

All Seasons Leisure Centre, Water Street, PR7 2DJ

12noon - 4pm

A fun, free day out for all the family. Bring your swimming kit so you can all have a free swim on the day, or book for a free session later in the month.

We want our children and young people to have the healthiest start they can. Come along to find out what's available, take part and join in. There is so much support out there and we've brought it all together in one place for you.

Join us in the leisure centre and be in with a chance to win prizes if you can complete the treasure hunt.



For more information contact
communities@chorley.gov.uk

Chorley
Council

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about **HORROR FILMS & AGE RATINGS**

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex

WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them; this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Inley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



#WakeUpWednesday

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>

Fireworks, The Law and You



Fireworks can only be purchased from registered sellers for private use between:

15th October - 10th November
26th December - 31st December
3 days before Diwali or Chinese New Year

It is illegal to sell fireworks or sparklers to anyone under 18

It is illegal for anyone under 18 to possess fireworks in public

If you are caught with fireworks in public you could be given an on the spot fine of £80

It is an offence to set off fireworks between 11pm and 7am

It is also an offence to obstruct emergency workers

If you are caught committing any of these offences you could be given an on the spot fine or be taken to court where you can be given a heavier fine or prison sentence.



THINK ABOUT IT.

Firework Code



Lancashire Fire
and Rescue Service

Always supervise young children

Light sparklers one at a time

Keep pets indoors

Keep them in a closed box

Follow all instructions carefully

Stand well back

DO's

&

Don'ts

Never return to a lit firework

Don't give sparklers to under 5's

Don't set fireworks off after 11pm

Never put them in your pocket

Never throw them



For more information visit:

www.lancsfireandrescue.org.uk/bonfires-and-fireworks.aspx

Do you know
about...



Free
school meals

?

If your child qualifies for free school meals,
they will have a free meal every school day

It's easy to find out if you qualify –

Lancashire

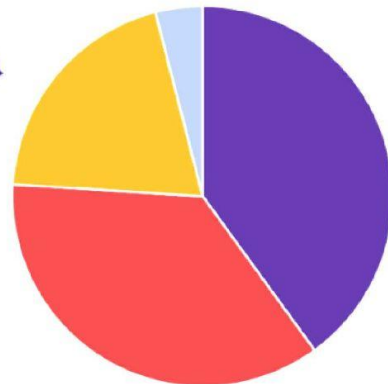
Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Pupil
Premium

Is **additional funding** for our school to
ensure we can support pupils
to **achieve their full potential**



Splitting the £1.00



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Parklands High School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Parklands High School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: Parklands

Click [here](#) for this week's career news.



Lots of great content in this week's packed Half Term edition of Career News, including open events, webinars, virtual work experience, conferences, competitions and challenges, courses, advice and guidance, podcasts, magazines and much more.

Year 11s - lots of great open events at colleges in the next few weeks - the last for some colleges, so don't miss your chance to have a look around, ask questions and make a truly informed choice. Applications must be in before Christmas, as interviews start in January and some colleges set early deadlines as they fill up so quickly.

You need a second choice just in case you do better (or worse) than you expect in GCSEs, or some courses are withdrawn - the Government is still debating on whether a number of Level 3 BTECs will be defunded. Hopefully they will all remain and colleges are committed to offering alternatives in any case, but that will be decided by individual colleges. Always have a Plan B!



CHORLEY CAREERS EVENT



Your Future, Your Choice

Explore career options, connect with professionals, and build valuable relationships!

Chorley
Council

FREE ENTRY - REGISTER TODAY
7TH NOVEMBER 2024 | 3PM - 7PM
The Lancastrian, Chorley Town Hall PR7 1DP