



PARKLANDS BULLETIN

23rd- 27th September 2024

Week 2



Headteacher's Message

Dear parents and carers,

It has been another busy week for us here, and we are already over half way through this half term. This afternoon, 110 Year 7 pupils and 11 staff are leaving for our annual PGL weekend. They will be spending their time taking part in a range of outdoor activities, as well as getting to know each other a little bit better. I'm sure that they will have a great time, and we will share some photographs in next week's bulletin.

On Wednesday next week it is our Open Evening. School will finish early on this day to allow us to get ready for what is always a very busy evening. We will have an early lunch and pupils will finish for the day at 1pm; if they have been asked to help out then they should return to school for 4.45pm.

Also on Friday next week we have our Macmillan coffee and cake morning. This is always a really successful event, and we always raise lots of money for Macmillan, whilst enjoying eating lots and lots of cake! We would be really grateful for any donations of cakes to sell on the day - all varieties are welcome! Just a reminder - pupils will not be able to buy cakes using Scopay so they will need to bring cash on the day if they want to buy any cakes.

Regards,

Mrs. Batson

Headteacher

Whole School Messages

ALL YEARS

During their Secure lesson on Monday, all pupils will be learning about Black History Month. The theme for this year is, 'Reclaiming the narrative', and pupils will learn about black people who have made outstanding contributions to society that have previously been overlooked.

(Year 7) Weekly discussion questions from the RS Department.

Current Unit - Ultimate Questions

Enquiry Question - Is it possible to find answers to ultimate questions?

1. Why might some people choose to live a religious life?
2. Why might some people choose NOT to be religious?
3. What are the six major world religions?



(Year 8) Weekly discussion questions from the RS Department.

Current Unit - Prejudice and Discrimination

Enquiry Question - Why do people discriminate?

1. How did Britain become a multi-ethnic society?
2. How were many people from ethnic minorities treated poorly?
3. Give one example of a successful individual from a minority group



(Year 9) Weekly discussion questions from the RS Department.

Current Unit - Human Rights and Social Justice

Enquiry Question - Do we still need human rights today?

1. What are human rights?
2. Why are human rights important?
3. Can you give an example of when human rights have been broken?



UNITED NATIONS

Prefects

Calling all prospective year 9s . Your prefect applications have been sent to you, please make sure to complete them, ask your Parents & FormTutors to sign them, and return them by 7th October..

SSLT

This is for current yr10 prefects who are interested in becoming SSLT. Your applications are due 14th October.



Important Update – Changes to Education-related Penalty Notices

Information for Parents

You may be aware that the Department for Education has recently announced national changes to penalty notices issued for unauthorised absence in term time. These changes will come into effect on 19 August 2024.

The changes to be aware of are:

- Penalty notices issued for offences that take place after 19 August 2024 will be charged at a new rate of £160 per parent per child. This can be paid at £80 if paid within 21 days.
- Any second penalty notice issued to the same parent for the same child within a rolling 3-year period will be issued at the rate of £160 to be paid within 28 days with no option for a discounted rate.
- The threshold at which a penalty notice **must** be considered is set at 10 sessions (equivalent to 5 days) of unauthorised absence within a rolling 10-school week period¹. This may include absences as a result of arriving late after the register closes. The 10 school weeks may span different terms or school years.
- A maximum of 2 penalty notices may be issued to a parent for the same child within a rolling 3-year period, so at the 3rd (or subsequent) offence(s) another course of action will need to be considered (such as prosecution or one of the other attendance legal interventions).
- Only penalty notices issued for absences taking place after 19 August 2024 will count towards the above thresholds.

Absences can have a lasting effect on learning

Missing a week of school means your child will miss around 25 hours of learning

This creates gaps in their knowledge and could mean they will not meet their full potential

¹ A school week is any week in which a school meets at least once.



Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 180 pupils to date
Year 8: 125 pupils to date
Year 9: 103 pupils to date
Year 10: 140 students to date
Year 11: 108 students to date
All: 656 students

How many had the perfect 3 in the previous week?

Year 7: 201 pupils
Year 8: 164 pupils
Year 9: 143 pupils
Year 10: 163 students
Year 11: 135 students
All: 806 students

How many pupils have a BfL score of 2.99 - 3?

Year 7: 195 pupils
Year 8: 143 pupils
Year 9: 125 pupils
Year 10: 153 students
Year 11: 128 students
All: 744 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

Students, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

Weekly Learning Support Board - please click [here](#)

Learning Support Board
Week Commencing
30th September 2024

HAVE YOU HEARD THE NEWS?
We have already reached the fifth week of the school year and it's the busiest so far. The big events of the week are our Open Evening on Wednesday (5.15-9.0pm) and the Macmillan Coffee Morning on Friday. You can contribute to the latter by bringing cakes to sell on by just buying cakes on the day. Look out for more on social media.
Learningsupport@parklandsacademy.co.uk

Dispire Club
What is the name of this British bird of prey?
Last time's answer: **Nickelodeon**

Joke of the Week
What does the weather forecaster wear under his raincoat?
THUNDER - WEAR!

HAVE YOUR CAKE AND EAT IT
WE ARE **MACMILLAN** CANCER SUPPORT
COFFEE MORNING
Friday 4th October
View social media for further details

Useful Links

- ADDitude website
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- Lancashire SEND Partnership
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

Follow us on Instagram:
[p_h_s_learningsupport](#)

Whole School Messages

ClassCharts



As we head into the third week of **Pupil of the Week**, all teachers were looking for pupils who demonstrated **honesty** which is another of our schools' chosen character virtues.

You will be notified via ClassCharts and email if your child has been chosen as a Pupil of the Week. Each teacher only picks one Pupil of the Week so they have been chosen from over 1100 other pupils. This is a huge success and deserves to be celebrated!

Congratulations to our Pupils of the Week!
Kind regards,

Mrs Wilkinson
ClassCharts Lead

If you need further information on classcharts, please click [this link](#) to see more detail. Also linked is the [parent code spreadsheet](#), and the [start up guide](#).



Prom Incentive

PROM - Incentive (half termly)



- BfL average 2.95 and over - 1 point
- Attendance 94% and over - 1 point
- No social strikes - 1 point
- No lates - 1 point
- A suspension will clear all points for the half term.

From today until exams finish.

You will need **18 points** to be eligible for prom.

There will be opportunities for you to gain extra points by attending revision sessions, Easter School and using Class Chart points.
Extra points available for 100% attendance and perfect '3' BfL.

Whole School Messages

Languagenut Pupil Leaderboard

Top 10 Pupils on Languagenut as of 27/09/2024 @ 9:40

Top 10 Pupils on Languagenut.



pony12679	222300	JDO - 10AJD - Spanish
raven12556	186500	JDO - 10AJD - Spanish
spring12860	104700	JDO - 10AJD - Spanish
mole12684	98800	JDO - 10AJD - Spanish
raven12752	89800	JDO - 10AJD - Spanish
rainbow12213	87200	RWI - 10BRW Spanish
lion20126	72700	RWI - 10BRW Spanish
space12664	66000	RWI - 10BRW Spanish
summer12561	62000	JDO - 10AJD - Spanish

Top 5 Year 7 pupils

rainbow36887	34000	JDO - 7XC - French
newt37028	33400	JDO - 7XC - French
autumn36301	32800	RWI - 7XB - French
rainbow36611	31800	RWI - 7XB - French
toad37189	30400	JDO - 7YV - French

Top 5 Year 8 Pupils.

winter23655	26000	AST - 8XN - Spanish
newt23490	25100	AST - 8XO - Spanish
winter23656	23600	AST - 8YK - Spanish
dove26500	22700	BC - 8YY - Spanish
bear23557	22600	AST - 8YK - Spanish

Top 5 Year 9 Pupils.

gull12745	48200	JDO - 9YY - French
bee12669	46000	BC - 9YK - French
wolf12728	41200	JDO - 9XN - French
star12804	39000	BC - 9XO - French
newt12696	35400	BC - 9YK - French

Classes League

1	JDO - 10AJD - Spanish	1064000
2	RWI - 10BRW Spanish	832200
3	BC - 9YK - French	779200
4	RWI - 9XB - French	663500
5	RWI - 7XB - French	559400

Whole School Messages



I would like to inform everyone that the annual Parklands' Macmillan Coffee morning is here again and will take place on Friday 4th October.

As many of you will be aware, the event is now part of Parklands life and has been growing year upon year. We raised over £2000 in 2023 and would love to beat that target! As usual, students will be able to purchase cakes during morning sessions.

To maximise the opportunities for this event and to make it a success, we are asking that all our students, where possible, support the event by either bringing in homemade or shop-bought cakes/biscuits or confectionery. They will then have the opportunity, should they wish, to purchase the cakes.

Students will need to bring in cash for this event, as we are unable to accept card payment.

There will be the opportunity to pay for goods or donate via Scopay from Monday. It is initially set at £20 however, please change to an amount of your choice.

We will raffle off the famous Haslam Hamper and tickets will be available on SCOPAY at £1 per strip. They will also be available from the charity prefects during registration at £1 per strip.

We will also be running a 'Star Baker' cake competition. If you or your child would like to bake a cake and enter this prestigious event, please label your cake with all ingredients and send it into school for 9am on 4th October. There will be 1st, 2nd and 3rd place. The cakes that make the top three will then be raffled off with proceeds again going to Macmillan. This is always a hugely popular event with many students (and staff) pooling money together to outbid each other.

Who will have the honour of being Parklands' 2024 'Star Baker'?

We would like to invite parents/carers/grandparents to attend school from 2.15pm on the 4th to enjoy a Macmillian coffee and cake event. We are asking for a minimum £5 donation per person which can be paid on the door or via Scopay. This will include unlimited tea/coffee/juice and a selection of cakes and biscuits and will be held in the main Hall where your son/daughter will be able to join you.

If you wish to attend, we ask that you enter via the student entrance where you will be signed in and escorted to the Hall. If you wish to attend, please email admin@parklandsacademy.co.uk informing us of how many will be attending.

Thank you in advance for supporting this event which I know is a cause close to many people's hearts. If you require any further information please do not hesitate to contact me on kdewhurst@parklandsacaemy.co.uk

Katrina Dewhurst
(Chief Coffee Lady)

Whole School Messages

PE Update week beginning 23rd September 2024

A busy week in the P.E. department this week with dance auditions, Leadership academies, dodgeball club and more! Remember, there is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!



District Cross Country at Albany. A team selected from year 7 to year 10 competed against all schools from the district. The team ran a good race and represented Parklands proudly. Well done!



Leadership - A group of our talented year 9 and 10 pupils were selected to attend the leadership academy training at St Michaels this week. Pupils from across the district will be taught how to harness their leadership skills which they will apply in a whole range of sporting opportunities. This week they were able to help out Chorley's School Sport Partnership Primary Football event here at Parklands! Well done!



Dance Huge numbers attended our key stage 3 elite dance club auditions. Everybody who attended performed to an excellent standard so a massive well done to everyone. The team for this season has been selected so a huge congratulations to those who made it!

Year 7 Football intra school football. Even the rain couldn't dampen the spirits of the first year 7 fixtures! Three teams were selected for an intra school tournament. A great display of teamwork with positive attitudes from all!



Whole School Messages

PE Update week beginning 23rd September 2024

Year 7 Football away at Southlands. The first fixture representing Parklands. Great effort despite the weather but unfortunately we lost. Well to all involved.

We're so proud of the level of commitments shown by all of our pupils, well done!



PARKLANDS SPORTING HEROS

Is your child competing in sport at a county/regional or national level?

It doesn't have to be a sport we do in school!

We would love to know so we can celebrate their success in school!

Please send details to ngreaves@parklandsacademy.co.uk

Whole School Message

Barcelona Football and Netball Tour 2025 - Expressions of Interest -The link to the form is [here](#).



Barcelona Football and Netball Tour




Saturday 24th (Sunday 25th) May – Thursday 29th (Friday 30th) May
2025

Pupils in current years 7-10 who play and attend school football/Netball club are welcome to attend!


- 2 professional coaching sessions
- Festival Matches against other schools
- A stadium tour and museum/shop visit.
 - Visit to Las Ramblas
 - Visits to the Lloret De Mar Beach
- Bowling on one of the evenings included in price
 - Sightseeing in Barcelona
- All meals during the trip are included in the price. Breakfast and Tea and a packed lunch for days when out of resort
 - Waterpark Excursion on the final day.
 - 2 x Tour tops TBC

Total Cost estimate £825
EXPRESSIONS OF INTEREST ONLY.
Links to the videos of last years trip are here ([part 1](#) and [part 2](#))


ANY QUESTIONS CONTACT ngreaves@parklandsacademy.co.uk



Videos - [part 1](#) and [part 2](#)



PE Reminders



A reminder for all of the systems in place in PE:


Pupils should arrive at PE and change into the PE kit in the changing rooms.

If your child has forgotten any kit, they will hand over their tie (we advise you label them). They will then receive a 'missing kit' mark and you will be notified on ClassCharts.
2 marks = break detention, 3 marks = after school.

Pupils who are excused from PE, must have brought a note or a parental email to pe@parklandsacademy.co.uk

Pupils excused MUST still bring their kit. They will be involved in another way. This also ensure if caught in bad weather they can change into a dry uniform.
The PE staff will decide if they need to get changed or not. E.g. if the pupil has a difficult plaster cast that makes it difficult for the pupil to change.

Pupils who do not engage with the lesson/refuse, or who's BfL is not acceptable will receive sanctions.



KS3 Dance Team Auditions 2024 Limited Places!



Monday 23rd September 3.10pm - 4.30pm * Hall * Open to Years 7-9

You do not need to prepare anything. You will be taught a short routine then perform in groups.
KS3 Dance team - will compete in both local and national dance competitions.
Have 2 routines to learn before the show next year.
Must have high levels of commitment and attendance.

Team members must be available for; Open evening, Shine for Sally, School dance show, and the National schools cheerleading competition.

500M Row House Comp



How fast can you complete the 500m Row.

Points for participation!

Points for fastest in each year group!

Points for staff!

Everyone can take part and everyone can earn house points!



You must have a witness as a member of staff in the fitness suite



absolute
travel&tours

Barcelona Dance Trip



Sunday 25th May - Thursday 29th May 2025

All pupils who dance inside and outside of school are welcome to attend!

- Flights to and from Spain
- 4* Accommodation in Lloret De Mar
- Breakfast, lunch and dinner at the hotel
- 4 professional dance sessions
- Visit to Girona
- Visits to the Lloret De Mar Beach
- Bowling
- Full day at the local waterpark
- 1 x tour t shirt

Total Cost estimate £895.

Deposit of £250 required by 11th October 2024

NOW TAKING DEPOSITS VIA SCOPAY UNDER BARCELONA DANCE TRIP



Whole School Messages

Flu Vaccination

Please ignore this if you have already completed the consent/non-consent form online for the Flu Immunisations.

Dear Parent/Guardian,

Your child's flu vaccination is now due. This vaccination is recommended to help protect your child against flu. Please complete the 2024 flu immunisation form by clicking the link below.

<https://nhsimms.azurewebsites.net/session/e75a7e52>

The link is now open and will close on Wednesday 25th September 2024.

Your child's flu immunisations will take place on Wednesday 27th November 2024

If your child has their immunisation at the GP, you wish to withdraw your consent form, any details change after the form is completed or any other queries,

please contact the Lancashire Immunisation Team on the number below.

0333 358 3397, Option 2 – Option 1.

Kind Regards,

Lancashire Immunisation Team

Whole School Messages

Featuring staff and pupils.

Come celebrate with us in our fabulous 70th Anniversary showcase production, **70 THE H.A.T.S WAY**, Weds 9th, Fri 11th, Sat 12th Oct 2024 7:30 PM @ Peace Community Theatre, Rishton Lane, Bolton, BL3 2BN.

Featuring sections from Jesus Christ Superstar, Rent, Dream Girls, Chicago, Les Misérables, Burlesque, Oliver, Our House, and much more!

This is not one to miss, Have you booked your tickets yet? Book online at h-a-t-s.net or call Ticket Source at 0333 666 3366 and quote our show!



70
THE HATS WAY

**WED 9TH, FRI 11TH,
SAT 12TH OCT 2024**

A SHOWCASE
FEATURING MUSIC FROM

OUR HOUSE • THRILLER • IN THE HEIGHTS
RENT • CHICAGO • COPACABANA • A CHORUS LINE
AND MUCH MORE...

BOOK ONLINE: h-a-t-s.net

Peace Community Theatre,
Rishton Lane, Bolton, BL3 2BN

Parklands Peru Crew Fundraising Film Night



A big thanks to everyone who came to support the first fundraising event for the Parklands trip to Peru. Over 70 year 7 and 8 pupils enjoyed the film starring Peru's most famous resident, Paddington.

The Peru crew all worked brilliantly as a team manning the door, the refreshment stall and helping guide pupils to their seats in The Hall. The night was a big success and there will surely be more over the course of school year.

The Peru Crew will travel to South America in Summer 2026 for a month to live and work with indigenous people on environmental and social projects.

Country of the week

Kiribati



Capital - South Tarawa
Population - 126,700
Main religion - Catholicism
Leader - Taneti Maamau
Official language - English
Land mass - 881km²
Currency - Australian Dollar

Kiribati is a country in the central Pacific Ocean, consisting of 33 atolls and reef islands. It is known for its stunning marine life, beautiful beaches, and vibrant culture. The country faces challenges due to rising sea levels, making it vulnerable to climate change impacts. Kiribati has a unique way of life, with a strong emphasis on community, tradition, and resilience.



Key Stage 3 Science Club starts next week. It will take place in N14 at 1.35pm. The first session will be 'Mini rainbow elephants toothpaste' - sign up at the main prep-room or email jgalbraith@parklandsacademy.co.uk if you'd like to attend. Lunch queue passes are available on Monday from the prep-room.

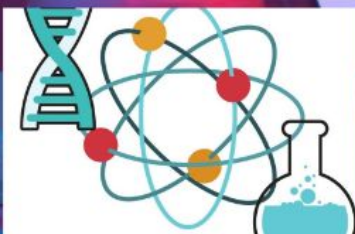
KS3 Science Club N14



Science club will take place on **Tuesday lunch times at 1.35pm**

Students from years 7, 8 and 9 are welcome, please sign up at the main prep-room by Monday if you would like to take part.


Science club will take place in N14



Lunch passes can be collected on Monday and handed in at the club.


Whole School Messages

Click [here](#) for vacancies



PARKLANDS HIGH SCHOOL

Parklands High School : An Academy
 Southport Road, Chorley, PR7 1LL
 Co-Ed Comprehensive with 1130 students on roll. Tel: 01257 264596
www.parklandsacademy.co.uk
 Email: admin@parklandsacademy.co.uk
Learn, Respect, Aspire, Achieve



We are currently seeking a dynamic and inspirational

Teacher of Religious Studies

From January 2025

Full time, temporary maternity cover. Hours of work are as detailed in the School Teachers Pay and Conditions Document

We are seeking a teacher of Religious Studies to join our highly successful Religious Studies department. The position would suit an experienced practitioner but we would also welcome applications from ECTs / RQTs. You will receive high quality, comprehensive CPD and support from your colleagues who will coach and guide you through any continued professional development. Parklands has a bespoke ECT/RQT programme in place and staff also benefit from easy access to transport links, access to the UK's leading provider of corporate healthcare cash plans provided by UK Healthcare, free onsite parking and out of hours access to our gym facilities.

Parklands High School is a popular, over-subscribed and high-achieving school. This is an opportunity to work in a friendly, supportive, well-resourced and forward looking environment. If you wish to come and visit us or require more information regarding the role, please contact Steph Rhodes, Curriculum Leader, by telephone or email (srhodes@parklandsacademy.co.uk)

Candidates should complete an electronic application form, available on our school website, along with a letter of no more than 3 sides of A4, in which you outline your experience and suitability for the position. Electronic applications should be returned to the email address admin@parklandshighschool.co.uk

Closing date for applications: 12 noon Friday 4th October with interviews to be held week commencing 14th October.

Please note, we reserve the right to withdraw this vacancy at any time and regret we are unable to contact individual applicants who may be unsuccessful. Parklands High School is committed to safeguarding and promoting the welfare of its staff and pupils and expects those working at the School to share this commitment. Applications from ethnic minority candidates and other diverse groups are welcomed. The successful candidate will be required to undertake a criminal record check via the Disclosure and Barring Service as well as qualification and reference checks. Copies of our Recruitment and Selection policy are available from: hr@aspirationalfutures.co.uk

Click [here](#) to view



Choose your favorite dish

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Main Meal Cottage pie served with veg £1.90</p> <p>Vegetarian option Cheese & onion pie served with veg £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage roll £1.15 Chicken wrap £1.90 Pizza £1.20</p>	<p>Main Meal Chicken tikka masala served with rice £1.90</p> <p>Vegetarian option onion bhaji burger £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Pizza twist £1.90 Chicken wrap £1.90 Meat & potato pie £1.15</p>	<p>Main Meal Lasagna served with garlic bread and salad £1.90</p> <p>Vegetarian option Veggie lasagna served with garlic bread and salad. £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage roll £1.15 Chicken wrap £1.90 Pizzini £1.90</p>	<p>Main Meal Mac & cheese served with garlic bread £1.90</p> <p>Vegetarian option Veggie pasta bake served with garlic bread £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Cheese pasty £1.15 Panini £1.90 Meat an potato pie £1.15</p>	<p>Main Meal Meat & potato pie served with veg £1.90</p> <p>Vegetarian option Butter pie served with veg £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Sausage rolls £1.15 Chicken wrap £1.90 Pizza twist £1.90</p>



Astley Gems Morris Dancers

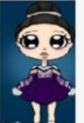


Our brand new fun and friendly Troupe based in Chorley opens its doors on Thursday 12th September 24 and then every Thursday from 6pm-8pm

at Hollinshead Centre Chorley. **PR71EP**

Girls and Boys of all ages needed, new and experienced dancers welcome. No experience necessary, full training will be given. Come have a look... First week Free, then £3 per week.

For more Information please contact Elaine on 07511010563 or just us every Thursdays at 6pm!



PATH
CHILDREN & YOUNG PEOPLE

We Are Looking For Parent Voices

TO SHARE VIEWS AND EXPERIENCES OF SUPPORTING CHILDREN & YOUNG PEOPLE (UP TO 25) WITH THEIR MENTAL HEALTH IN CENTRAL LANCASHIRE.

We need parents / carers to take part in focus groups to share their views on issues affecting children and young people and their mental health.

If you would like to be involved Text or Email Niki on 07580358080 / nikih@keycharity.org.uk

www.keycharity.org.uk
Registered Charity Number 1154772

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about **INSTAGRAM**

AGE RESTRICTION
13+

Instagram is a highly popular social media platform with over 2 billion active monthly users. The app is continuously updating and adding new features to meet the wishes of its audience, allowing them to upload images and videos to their Instagram feed, create interactive 'stories', go live, exchange private messages or explore and follow other accounts that catch their eye.

follow

WHAT ARE THE RISKS?

ADDICTION

Many social media platforms, Instagram included, are designed to keep us engaged on them for as long as possible. They encourage scrolling often and scrolling more in case we miss something important – in essence, a fear of missing out. On Instagram, young people can lose track of time when aimlessly scrolling and watching videos posted by friends, acquaintances, influencers and possibly strangers.

UNREALISTIC IDEALS

Children sometimes compare themselves to what they see online: how they look, how they dress, and the way their life is going in comparison to others on social media. However, most people only share the positives about their lives online and many use filters when sharing pictures of themselves. A constant comparison with unrealistic ideals can lead to insecurity over one's own appearance and lifestyle.

GOING LIVE

Livestreaming on Instagram allows users to connect with friends and followers in real time. Risks increase if the account is public, because that means anyone can watch the broadcast, which could result in further contact from strangers. Additional dangers of going live include an impulse to act inappropriately to draw more viewers, as well as being exposed to harmful content or offensive language.

INFLUENCER CULTURE

Social media influencers are sometimes paid thousands of pounds to promote products, services, apps and more. When celebrities or influencers post such content, it often says 'paid partnership' above the post. In April 2024, Ofcom found that over a quarter of children (27%) believed in influencer marketing, accepting their endorsement of products wholeheartedly. So it's perfectly possible for young people to be taken in by this kind of content.

PRODUCT TAGGING

Product tags allow users to tag a product or business in their post. This tag will take viewers directly to the product detail page on the shop where the item can be purchased. Children may also be encouraged by influencers to purchase products that they advertise.

EXCLUSION & OSTRACISM

Youngsters are highly sensitive to feeling excluded, which comes in many forms: not receiving as many 'likes' as expected; not being tagged in a friend's photo; being unfriended; not receiving a comment on their post or a reply to a message they sent. Being excluded online hurts just as much as offline. Young people have reported lower moods and self-esteem when excluded in this way, feeling as if they don't belong and aren't valued.

Advice for Parents & Educators

AVOID GOING PUBLIC

If a young user wants to share their clothing style, make up or similar and use product tagging to show off the items in their post, they may be tempted to change their settings to public. This leaves their profile visible to everyone, which carries the risk of strangers getting in touch with them. Set a child's account to private and explain the importance of keeping it this way.

HAVE AN OPEN DIALOGUE

Talk to children about the positives and negatives of social media, including the risks involved and how they can view or create content safely with family and friends. Explain how safety settings will ensure only followers can view them, and why this is so important. Also, if you find a child continuously uses filters on their photos, ask them why and impress on them that they don't need it.

MANAGE LIKE COUNTS

Due to the potential impact on mental wellbeing, Instagram allows users to hide the total likes on their posts, to prevent people from obsessing over that number in the corner. Users can hide like counts on all the posts in their feed as well as on their own posts. This means others can't see how many likes a person gets. This can be done by going into Settings > Notifications > Posts > Likes > Off.

USE MODERATORS

Instagram Live has implemented a mechanic called Moderators, meaning that creators can assign a moderator and give them the power to report comments, remove viewers and remove the ability for certain viewers to comment at all. Consider this if a child in your care wants to go live on the platform. It's also recommended to keep devices in communal spaces so you're aware if a child does go live or watch a livestream.

FOLLOW INFLUENCERS

Following influencers will allow you to monitor what they're sharing as well as being able to discuss anything which you deem inappropriate. Talk to children about who they follow and help them to develop critical thinking skills about what the influencer is trying to do. For example, encourage the child to ask themselves if an influencer is trying to sell them a product when they make a video endorsing it.

BALANCE YOUR TIME

Instagram has a built-in activity dashboard that lets you control how much time is spent on the app. Make sure children sign in to the platform with the correct age, as Instagram's 'Teen Accounts' afford much more control for parents and carers over how long they can use the app each day. Talk with young users about how much time they spend on Instagram and work together to set a healthy time limit.

Meet Our Expert

Dr. Claire Sutherland is an online safety consultant at BCyberAware. She has developed and implemented anti-bullying and cyber safety workshops and policies for schools in Australia and the UK. Claire has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/instagram-2022>

X @wake_up_weds

f /www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 00.00.2024



Online Mental Health and Wellbeing Support for young people

Dear Parents and Carers,

Over the coming weeks your child may mention they have been made aware of a service called Kooth. It provides early intervention mental health support to children and young people. Kooth works with schools and professionals across over 90% of the UK.

Kooth is **free** to access via any internet-connected tablet, computer or smartphone. There are no waiting lists or thresholds to meet and a referral from a medical professional is not needed. Your child can join Kooth anonymously simply by visiting www.kooth.com.

Kooth offers young people a range and choice of support options under one digital roof. It has services that are accessible 7 days a week, 365 days a year. This includes one to one text based sessions with experienced counsellors and wellbeing practitioners run from midday to 10pm on weekdays, and from 6 -10pm at the weekend. Appointments can be booked in advance or accessed via a drop-in text-based chat. Kooth also provides a fully safeguarded and pre-moderated community with a library of peer and professional created articles. And there are discussion forums too. All content is pre-moderated and age appropriate.

Kooth covers many topics on the website including relationships, LGBTQIA+, exam stress, anxiety, eating difficulties, self harm, suicidal thoughts, body image, social media, bullying and family worries. All of these subjects affecting young peoples' mental health are presenting issues that Kooth and other mental health providers see from all age groups. Kooth is commissioned by the NHS and clinically approved for children from the age of 10, and is the only digital mental health provider to hold a BACP (British Association for Counselling and Psychotherapy) accreditation across the Country.

If you have any questions please let us know. If you would prefer to contact Kooth directly, please email parents@kooth.com.

Kind Regards



Programme Autumn/Winter '24

These courses are all free to attend - to book onto any of these courses, please email: wellness@stlaurencechorley.co.uk

Wednesday 18th September, 10am - 3.30pm, a one off session

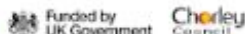
CAP Money Coaching

A free course designed to empower you with the knowledge, skills, tools and confidence to better manage your finances. Anyone can benefit! Arrive 9.30 for refreshments, **lunch also included.**

Fridays, 20th & 27th September, 10am - 12pm, a two week course

Sleep Well It is estimated that approximately 16 million adults have issues with sleep in the UK. Therefore, this is an issue that affects so many of us. This two week course aims to look at information about sleep and why it's important for our wellbeing, as well as tips and tricks to try and help aid a better night's sleep for us all.

Wednesdays 2nd October - 27th Nov, 10am - 12pm



CAP Life Skills - 8 week course (with a week break). A friendly group that will give you the confidence and decision-making skills needed to live on a low income. Includes practical money saving techniques, such as cooking on a budget and making money go further. Arrive from 9.30 for brews, **lunch included.**

Friday 11th October, 10am - 12pm, a one off session

Drawing for Relaxation This course is designed to encourage confidence and take the stress out of drawing in order that it can be embraced as a relaxing and mindful activity. Learners will be introduced to a range of drawing exercises that alter perceptions of drawing whilst encouraging observational skills that help them take notice of the world around them.

Wednesday 30th October, 10am - 12.30pm, a one off session

Mindful Doodling Explore the benefits of drawing and Mindful doodling. This taster sessions aims to introduce you simple drawing techniques and activities to relax and be in the moment.

Thursday 31st October, 10am - 12.30pm, a one off session

Quick ways to Improve your mood Do you find that your mood sometimes dips and you can be left feeling low or fed up? This short session aims to give you some snapshot techniques that you can implement and practice further at home, which will help improve your mood and lift your spirits. We will discuss what causes low mood as well as trial some practical techniques to help combat this.

Thursdays 14th & 21st November, 10am - 12.30pm, a two week course

Mindset Matters What we think and how we see the world has a huge impact on our wellbeing and life direction. This course will enable you challenge the negative thoughts and attitudes that hold you back and 'rewire your brain' to develop a stronger, more positive mindset.

Tuesdays 26th November - 17th December, 10am - 12.30pm, a four week course

Creative writing - learn the basics This course which will introduce you to the basics of creative writing and give you some tips and ideas of how to get started on your writing journey and how to keep going. In the sessions, we will be looking at some of the key techniques for writing description, bringing a piece of writing alive, writing dialogue, and creating believable characters.

Wednesday 11th December, 10am - 12.30pm, a one off session

Make your own festive decorations Learn some simple yet effective techniques to make and upcycle your own budget friendly festive baubles and decorations using basic materials. This course uses materials that would often get thrown away to transform them into unique handmade decorations. This is a practical session, so please gather materials and be prepared to join in to make your decorations.

Monday 16th December, 10am - 12.30pm, a one off session

Make Your Own Festive Wreath Nothing says Christmas like putting a hand-made wreath on your front door. With tuition from our teachers, you'll be creating your own festive wreath using greenery that you have gathered yourself from your garden or other accessible green spaces. **Learners must provide their own foliage.**



Dads & Male Carers Brunch Club

FREE

Children and Family Wellbeing Service

At Highfield Family Hub
(Wright St, Chorley, PR6 0SL)

Quality time & FUN
With your Children
0-11yrs

Saturday 26th October
Saturday 7th December
9.30am till 11.30am

NO BOOKING NEEDED!

LANCASHIRE
FAMILY HUB
NETWORK



Call
01257 516316
for more info

Lancashire

County Council





Can you spare an hour?

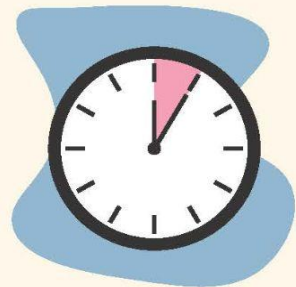
To befriend someone lonely with New Friends for You

At New Friends for you we work within the community to try and combat loneliness by befriending people who need us.

To provide this very important service, we need volunteers who are able to commit 1 hour per week to visit, have a brew and chat with someone.

If you are interested and you would like any more information about volunteering with our service please contact us:

New Friends For You Office: 07506 189128
e-mail: friendsforyou2016@outlook.com



New 
**Friends
For You**



After-Loss Club

From New Friends for You

Loss can be heartbreaking for everyone and here at the After-Loss clubs we understand that and we are here for you if you need us.

Feel free to come and join us **every Monday** to meet new friends and chat over a drink.

Sea View Inn 2 Preston Road, Whittle-le-Woods, Chorley PR6 7HH	"Moving On" After Loss Club for continuing grief care support	2.30-4pm ask for Ann
	After Loss Club for recently bereaved and newly divorced people	7.30-9pm ask for Keith or Shelley
The Hartwood Hall Preston Road, Chorley PR6 7AX	After Loss Club for recently bereaved and newly divorced people	2.30-4pm ask for Pat

We are Talkin' Tables



Bringing People Together one Table at a Time!

Find your nearest table!

Bamber Bridge

Bolton Bromley

Cross

Bolton Egerton

Bolton Halliwell

Bolton Rivington

Bristol

Broughton,

Preston

Chorley

Chorley Duxbury

Chichester

Clayton Green

Cyprus

Dudley &

Stourbridge

Garstang

Horwich

Leyland

Longton

Lostock Hall

Lytham St Anne's

Maidenhead

Much Hoole

Penrith

Penwortham

Poulton-le-Fylde

Preston

Stockport

Westhoughton

Wigan



✉ marjorie@talkintables.co.uk

📘 Talkin' Tables

Talkin' Tables Chorley

www.talkintables.co.uk

Scan here to find
your nearest
tables!





If you're a parent dealing with children who vape or smoke, this **FREE** online event is perfect for you. Join us on the **3rd Wednesday of the month** at 10.30am or 6.30pm for information about vapes and advice on how to handle this challenging situation. Starting on September 18th, this workshop will focus on:

- ☒ What's in a vape
- ☒ Types of vapes
- ☒ Why Young People are vaping / smoking
- ☒ The effects of nicotine on the young brain
 - ☒ Vaping Laws
- ☒ How we can help to support young people

Don't miss out on this opportunity to connect with other parents facing similar issues.

Smokefree Lancashire has dedicated teams to help support both young people & adults who use nicotine products.

Please book your space on Eventbrite:

<https://www.eventbrite.co.uk/e/parent-information-session-children-who-vape-or-smoke-tickets-1009115921887>

Please visit www.smokefreelancashire.org.uk for more information on the service

See you there!

<https://www.eventbrite.co.uk/e/parent-information-session-children-who-vape-or-smoke-tickets-1009115921887>

www.smokefreelancashire.org.uk



Commit to Quit



Does your child vape or smoke?
Do you want to find out how to
support your child?

Join our monthly Parent Information online drop-in sessions

3rd Wednesday of the month at 10.30am & 6.30pm



Use QR code to book with
Eventbrite to secure your **FREE**
place

smokefreelancashire.org.uk

spoc.smokefree@wearewithyou.org.uk

Lancashire
SEND IAS
Information, advice and support
for Special Educational Needs and Disability



Making Sense of Special Needs

A FREE 6-week course for parents or carers of children and young people with special educational needs or disabilities [SEND]

Does your child struggle at school?

Do you know what help may be available for them?

Are you confused by the words and abbreviations that are used in meetings?

Do you know how to find information, advice and support for your yourself?

Would you like to know more?

Lancashire SENDIAS have a 6-week course for parents and carers to help them understand more about the special needs process in Lancashire.

This course is run by Trinity Special Needs Advice Partnership and will start in the Chorley and South Ribble area in October 2024.

There will be a limit on numbers on each course, so you will need to book a place. For more details please email trinitysnap17@gmail.com



The School Health Newsletter

0-19 LANCASHIRE HEALTHY YOUNG PEOPLE & FAMILIES SERVICE

WELCOME to our School Health Autumn/Winter 2024 Newsletter. We hope you've had an enjoyable and healthy summer break. Our aim is to share information regarding our School Nursing Service, share upcoming National Programmes, Awareness Days and lots of other important events.

Did You Know? Our school health teams work during school

holidays **Monday to Friday** excluding public and bank holidays. Please remember, we are not an emergency service, if your concern is urgent, please call **999** or **111**



WHAT WE DO!

School Health Teams are responsible for delivering the Department of Health recommended Healthy Child Programme (HCP) 5–19. This includes;

- * Promoting the health, wellbeing and protection of all children and young people of school age (up to 19 yr)
- * Work with education colleagues and the wider multi-agency team and help to improve public health outcomes for children, young people and families
- * School Health Needs Assessments (SHNA) in Reception, Yr6 & Yr9

We also offer support with

- * Sleep
- * Challenges with eating and diet
- * Changes to your body (puberty)
- * Emotional health and well-being
- * Managing behaviour
- * Hygiene
- * Sexual Health and lots, lots more

CONFIDENTIALITY

While we offer confidentiality, the School Health Teams work in partnership with other agencies, where information may need to be shared in their best interest.

CONSENT

In secondary schools, young people can access the School Nurse independently for advice and support without parental consent. However, we will always encourage young people to speak with their parents/carers.

The School Health Teams usually see young people at school or college but may occasionally see them in the home or other



Our **Healthy Family Support Workers** will soon be back in school to undertake the **National Child Measurement Programme (NCMP)** with Reception and Year 6 pupils. Parents and Carers will be sent information about the visits we make with school and permission will be sought for the NCMP when this takes place. **KEEP WATCH for further information!!**



DESIGNATED SAFEGUARDING LEADS

A reminder of the new processes for the

Police Safeguarding Referral Forms (PSRF's) we shared with you in July 2024.

We have aligned the school health service with Operation Encompass to process the PSRF's ;

We welcome referrals from schools via our **Request for Support Form** for any Child or Young Person where additional support from the school nurse would be beneficial with consent from the parent/child/young person.



Children and Young People aged 11-19yr cross Lancashire can contact the ChatHealth Service by texting **07507 330 510**.

The service is available Mon-Fri 9 am to 5 pm (except bank holidays). During these times we aim to respond to all messages within 24 hours.



For general enquiries or to speak with a member of the Duty Team contact our CCH on

0300 247 0040

email: vcl.019.singlepointofaccess2@nhs.net OR visit our website by scanning the QR

(click link below) to submit a **Request for Support (RfS)**

<https://lancyoungpeoplefamilyservice.co.uk/services/professional-information/>





The School Health Newsletter

0-19 LANCASHIRE HEALTHY YOUNG PEOPLE & FAMILIES SERVICE

COULD YOU BE THE NEXT SCHOOL TO JOIN THE ASTHMA FRIENDLY SCHOOLS ACCREDITATION ?

Asthma is the most common long-term medical condition in children, with current prevalence rates being 1 in 11, or 2-3 children per class. Asthma can impact children's schooling and learning but with appropriate management and asthma care, the child's immediate safety, long-term well-being, academic performance and quality of life can be improved.

The **Asthma Friendly Schools (AFS) Programme** sets out clear, effective partnership arrangements between health, education, and local authorities for managing children and young people with Asthma at Primary and Secondary Schools and is part of our strategy to improve the management of all children with Asthma. To attain **AFS** status there are a set of standards to achieve, some of which will already be in place as part of your current support to children with Asthma. The programme identifies clear procedures, supports inclusion, and requires designated Asthma Champions to ensure these are adhered to with support from the school nursing team, and professionals leading in Asthma care for children in our locality.



Guidance and relevant materials have been created to support your school with the accreditation. **If you would like any further information in relation to this initiative or to register your interest, please email Sally Oyeyele – School Nurse Clinical Practice Lead**
Email: s.oyeyele@nhs.net

Note for PRIMARY SCHOOLS

School Health Needs Assessments (SHNA) In order to understand and support the health needs of children we offer a questionnaire in Reception (Parents) and Year 6 (Pupils).

You will see us in schools throughout the year supporting the SHNA's and after reviewing the questionnaire we may identify pupils who would benefit from individual or group support and a follow up will be arranged.

Note for SECONDARY SCHOOLS

School Nurse Health Clinic Your School Nurse will provide a confidential clinic where students can call by to discuss any health issue(s) that may be worrying them.

Year 9 SHNA Pupils in Year 9 will have the opportunity to complete a confidential health questionnaire. Once completed this will be reviewed by the school health team and pupils requiring further follow up will be offered an appointment with the School Nurse. Further details and dates will be shared with school.



Anaphylaxis and Asthma Awareness

Our sessions have been updated and ready to be delivered to school staff over the coming academic year

PLEASE WATCH OUT FOR FURTHER INFORMATION ON SESSIONS PLANNED

Public Health Campaigns

Youth Mental Health Day 19th September

[Youth Mental Health Day - stem4](#)

Stoptober—OCTOBER

<https://campaignresources.dhsc.gov.uk/campaigns/stoptober-2024/>

World Mental Health Day 10th October

<https://www.mind.org.uk/get-involved/world-mental-health-day/>
<https://www.youngminds.org.uk/>

Antibullying Week 11th –17th November

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2024-choose-respect/anti-bullying-week-2024-choose-respect>
<https://nests Lancashire.org/what-we-do/bullying-and-harassment/>



For general enquiries or to speak with a member of the Duty Team contact our CCH on

0300 247 0040

email: vcl.019.singlepointofaccess2@nhs.net OR visit our website by scanning the QR

(click link below) to submit a **Request for Support (RfS)**

<https://lancsyoungpeoplefamilyservice.co.uk/services/professional-information/>



Do you know
about...



Free
school meals

?

If your child qualifies for free school meals,
they will have a free meal every school day

It's easy to find out if you qualify –

Lancashire

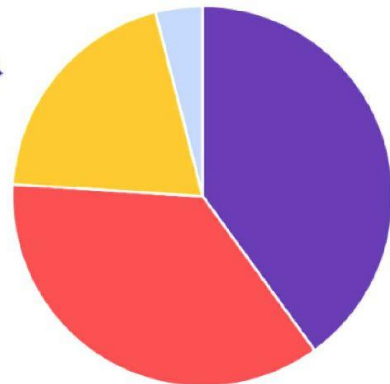
Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Pupil
Premium

Is **additional funding** for our school to
ensure we can support pupils
to **achieve their full potential**



Splitting the £1.00



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Parklands High School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Parklands High School

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: Parklands

Click [here](#) for this week's career news.

BEGIN YOUR CAREER IN STEM
Discover now

We have partnered with highly-accomplished professionals across 10 STEM industries to create our immersive work experience programmes. Our weekend programmes offer students the perfect opportunity to explore their potential future career through interactive activities and inspiring talks from those working in the industry.

Our programmes are designed to inspire and support students in navigating their career goals, whether they're already passionate about STEM subjects or just starting to explore.

Weekend programmes running in 10 different STEM careers this November. Attend at UCL, London or live online.

View Programmes

Highlights from our weekend programmes

Engineering: Design a mission to Mars including the lift-off, journey and arrival utilising aerospace and civil engineering concepts.

Medicine: Take part in a suturing activity with a live demonstration from a senior surgeon and the opportunity to stitch up a wound on dummy skin.

Computer Science: Develop the front end of an application to start up creating habitats with HTML, CSS and JavaScript.

Psychology: Coaching by clinical psychologists on how to effectively connect with clients during therapy.

Find Out More

info@investin.org +44 (0) 203 488 5089 www.investin.org

Centre of Sporting Excellence
An exclusive partnership between Preston College and Preston North End Community and Education Trust.

- Trained by UEFA B qualified coaches
- Compete nationally in the EFL CEFA league and the ICFE league
- Courses from Level 1 to 3
- Gain experience
- Exciting enrichment and activities available

Apply today www.preston.ac.uk/apply

PRESTON COLLEGE **YEAR 10 & 11 OPEN EVENTS** WEDNESDAY 3 OCT

Open Events
Sixth Form Tue 24th Sep 2024
Primary, Secondary and Sixth Form Sat 8th Oct 2024

WELCOME TO REDROW!
Largest and most successful home builders and we've been for 50 years. Our success is down to the many talented people who drive new ideas and innovative ways of working for the future.

Everyone should feel welcome and respected, no matter who you are. We're committed to creating a workplace where people can thrive and feel valued, ensuring we have equal opportunities for diversity and inclusion. We're not just a company, we're a team, but also a better place to work.

IT HAS NEVER BEEN A MORE INTERESTING TIME TO WORK IN THE HOUSEBUILDING SECTOR

CAREER News 2024
Your weekly guide to careers information, advice and news from Parklands High School

Here we are at the end of another busy week at Parklands - and here's another packed edition of Career News.

- Inside you'll find all the details of the college open events for the next few weeks. It's really important for Year 11s to go and look around as many colleges as possible, ask questions of staff and students and find out more about the college, courses, facilities, qualifications and so on.
- Earlier this week we had a lunchtime drop-in session with Wigan & Leigh College and next week we have an assembly with Burnley College. These are lots more drop-in sessions planned with various colleges, universities and so on.
- Young Professionals are offering an insight into PwC, one of the most prestigious firms in the world. Don't miss this free career event - you will receive a certificate of participation for your CV and LinkedIn profile.
- Investin are highlighting their weekend STEM courses and their parent and student event on 'Slacking it into bits' this free career event - you will receive a certificate of participation for your CV and LinkedIn profile.
- Investin are highlighting their weekend STEM courses and their parent and student event on 'Slacking it into bits' this free career event - you will receive a certificate of participation for your CV and LinkedIn profile.
- Medica Medica have a new round of conferences in October, along with virtual work experience in partnership with University Hospital Birmingham. For any aspiring medics, these events are a must.
- Training 2000 have a series of Aspiring Clubs for students in Years 10 and 11 - these are a great introduction to apprenticeships and cover a wide range of industries. If there is anything you are particularly interested in, please let me know and I'll be able to put you together a group visit.
- UCL has the specialist maths college in Preston, are offering a free online maths revision for Year 11 students. The programme starts from Tuesday 16th October and will run for 10 weeks (excluding half term) ending on Tuesday 16th December. The sessions are hosted each week on Microsoft Teams, 16:00 - 17:00 and the link will be provided to students when they book. [Click here for more details and to sign up!](#)

Have a great weekend

20th September - 4th October 2024

Training 2000 2024-25

Aspiring Clubs for year 10, 11 and 12

Our Aspiring Clubs are aimed at giving you a taste of life as an apprentice. Whether you are an Aspiring Engineer or interested in becoming an Apprentice, we have lots of options possible.

Aspiring Engineers
A 4 week course delivered in engineering workshops on a Thursday evening covering:

- Sheetmetal / welding
- Computer Aided Design (CAD)
- CNC machining
- Electronics and electrical

When:
Thursday evening 4.30 - 7.30pm: 7th, 14th, 21st and 28th Nov 2024
Thursday evening 4.30 - 7.30pm: 6th, 13th, 20th, 27th March 2025
Cost: There is a small cost to cover materials of £20

Aspiring Optical Professionals
A 3 hour taster session looking at:

- Eye conditions
- Demonstration of magnifiers
- Different prescriptions and trial frames

When:
Mon 3rd Feb 2025 | 1pm - 4pm
Mon 21st July 2025 | 1pm - 4pm

For more information and to book visit our website www.training2000.co.uk/aspiring-clubs

Part of the University of Central Lancashire University of Central Lancashire Apprenticeships Traineeships

Career News

Lots of great content in this week's Career News: open events, virtual work experience, webinars, conferences, career of the week, apprenticeship news and much more.

Year 11 will have an assembly this week with Runshaw College, when they will explain the application and interview process. We expect Year 11s to apply to at least TWO colleges by Christmas, as interviews start in January.

Preston, Runshaw and Wigan & Leigh Colleges will all interview students in school - dates to be shared with parents/carers and students in the new year.

LUSoM are offering a weekly online maths revision class, for 10 weeks for Year 11 students. Click here to sign up: <https://bit.ly/45k5xYk>

Careers

Year 11 Mock Interviews with employers will take place on Friday 7th February - if any parents/carers would like to be involved as interviewers, please let me know: pberry@parklandsacademy.co.uk

The BAE Systems apprenticeship window will open on 1st November. More details to follow as we get them, but it's worth doing a bit of research and planning in advance, so that completing the application form can be done quickly, meaning an early interview should your application be successful.

<https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships>

<https://mbda.talentry.com/app/talenv2/landingpage/1409/7n0ed8q6ozy589cveajimm> Click here if you would like to register your interest in the apprenticeship programme at MBDA. There are some amazing opportunities, but places go quickly - so don't delay, register today!