



PARKLANDS BULLETIN

24th - 28th June 2024

Week 1



Principal's Message

Dear Parents and Carers,

After our brief Summer heat earlier this week, the weather has now returned to grey and a bit chilly, so pupils should be back in full uniform next week. Thank you to the vast majority of pupils who wore their PE kit correctly and brought all their equipment during the hot weather. Could I just remind everyone that we no longer sell bottles of drinks in the canteen, so pupils should bring a reusable bottle to fill from the water fountains.

Today, our Year 8s have had a STEM themed Respect Day, and they have done some fabulous work. Year 10s have continued with their exams, and we are really pleased with how seriously they have taken these exams. Exam season is now over; well done to everyone for all of their hard work. On Monday I took three pupils to the Town Hall, where Chorley Council marked Armed Forces Day with a flag raising ceremony. There were a number of dignitaries present, including the Deputy Mayor and Lyndsey Hoyle, Speaker of the House of Commons.

Just a reminder that it is INSET day on Monday, so pupils will not be in. Despite the shortened week, it will be a busy week. We have the Year 8 Aspire project 'Global Goals' reaching its conclusion with the Global Goals fair on Tuesday afternoon. After school, we are hosting a one mile fun run to raise funds and awareness for our School of Sanctuary status. On Thursday after school we have KS3 Presentation Evening; those who are invited will have already received an email. I will update you with winners next week.

Our final big event for next week is the Parklands General Election. This is taking place on the same day as the national event, and pupils will have an authentic experience of voting, including ballot boxes and voting booths. They have been provided with unbiased information about all of the major parties, and it will be interesting to see how their vote compares to the national picture.

Regards,

Mrs. Batson

Principal

Whole School Message

Cycle Safety - We have had reports from concerned members of the public about some pupils who were seen cycling dangerously on their way to and from school. Please could we ask that you remind your child about the importance of keeping themselves safe. Thank you for your assistance..

Respect day - Year 8 were lucky enough to have some local employers come into school on Friday to talk to them about careers in STEM. This was a fantastic day where all of the year group got to consider the various paths into STEM employment by doing practical activities. A huge thanks to all our visitors.

General election - Next week pupils will be taking part in a general election so they get to experience first hand how a democracy works. Pupils will be able to vote for a choice of six national parties and we have spent some time in forms this week and last week explaining how elections work, as well as showing pupils some of the campaign materials from the major parties. If you would like to see how we have shared this information with pupils in an impartial way, please click on the links [here](#) and [here](#).

The voting situation in Chorley is very different to other constituencies so we have also covered this in the school newspaper if you would like more information to be able to discuss this with your child.

The results of the Parklands election will be shared with pupils next Friday and I will let parents know who the pupils voted for in this newsletter next week.

Mrs Gray

Every school ✓ day matters!



LEARN | RESPECT | ASPIRE | ACHIEVE

PENALTY NOTICE FINES FOR SCHOOL ATTENDANCE

The new National Framework for Penalty Notices

The following changes will come into force for Penalty Notice Fines issued after 19th August 2024.

Per Parent, Per Child

Penalty Notice Fines will now be issued to each parent, for each child that is absent.

For example, 2 siblings with unauthorised absence during term time may result in each parent being issued with one penalty notice per child.

10 sessions of unauthorised absence in a 10 week period

Penalty Notice Fines will be considered when there has been 10 sessions (5 days) of unauthorised absence in a 10 week period.

1 £160 pp, pc

The first time a Penalty Notice is issued for Term Time Leave or Irregular Attendance, the amount will be:

£160 per parent, per child, paid within 28 days.

Reduced to £80 per parent, per child, if paid within 21 days.

1ST OFFENCE

2 £160 pp, pc

(within 3 years from the date of issue of the first penalty notice)

The second time a Penalty Notice is issued for Term Time Leave or Irregular Attendance, the amount will be:

£160 per parent, per child, paid within 28 days.

2ND OFFENCE

3 Up to £2500

(within 3 years from the date of issue of the first penalty notice)

The third time an offence is committed for Term Time Leave or Irregular Attendance, a penalty notice will not be issued, and the case will be presented straight to the Magistrates' Court. Magistrates' fines can be up to £2500 per parent, per child.

This is a criminal offence and a parent may end up with a criminal record.

3RD OFFENCE

Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 40 pupils to date
Year 8: 31 pupils to date
Year 9: 31 pupils to date
Year 10: 26 students to date
All: 128 students

How many had the perfect 3 in the previous week?

**Year 7: 147 pupils
Year 8: 121 pupils
Year 9: 122 pupils
Year 10: 126 students
All: 516 students**

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of 2.99 - 3?

**Year 7: 142 pupils
Year 8: 93 pupils
Year 9: 97 pupils
Year 10: 95 students
All: 427 students**

Students, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

Weekly Learning Support Board - please click [here](#)

Learning Support Board
Week Commencing
1st July 2024

HAVE YOU HEARD THE NEWS?
If you're reading this on Monday, you'll know that today is a holiday for pupils while staff attend school for an INSET day. On Thursday we celebrate our Key Stage 3 Presentation Evening and on Friday we will try to hold Sports Day - postponed from June because of the wet field. Remember, we're always in N17 if you need any help. Have a great week.
Learningsupport@parklandsacademy.co.uk

Inspire Club
This airport is 47 miles south of Chorley. What airport is it?
Lost Times answer: The Pointing Man

Job of the Week
How do you get a computer to work in the forest? Just LOG IN!

LANCASHIRE LOCAL OFFER
Special Educational Needs and Disabilities Local Offer in Lancashire

SUMMER
is a state of mind

Follow us on Instagram:
[p_h_s_learningsupport](#)

Useful Links

- [FIND Newsletter](#)
- [GOV.UK Covid-19 Information](#)
- [Headspace \(Meditation & Sleep\)](#)
- [KOOH Mental Health Support](#)
- [Local Offer](#)
- [NHS Urgent Mental Health Helpline](#)
- [Witherslack Group](#)
- [ADDitude Magazine](#)
- [Autism Eye](#)
- [Autism Parenting Magazine](#)
- [British Dyslexia Association](#)
- [The Communication Trust](#)

The Big Parklands Paper

The Big Parklands Paper

Issue 12: July 2024



General Election 2024
Special Report

The Candidates Answer
Your Questions

Chorley Elects



On Thursday 4th July, millions of people will visit polling stations across the country to cast their vote and choose our next government. Our current Prime Minister, Rishi Sunak, is the leader of the Conservative Party, the current biggest party in the House of Commons. He has called the election and is seeking to win another majority for his party.

The second biggest party, the Labour Party, is currently ahead in the polls. Led by Kier Starmer, the Labour Party is hoping to replace the Conservatives as the biggest party in the House of Commons and, therefore, form the next government.

How do Parliamentary elections work?

In a General Election, each Constituency (Chorley is ours) chooses one person to send to Parliament to represent them. It is then these Members of Parliament who choose the next Prime Minister. Usually, they vote along party lines, meaning the party with the most MPs becomes the Government and its leader becomes the Prime Minister.

In Secure, we have looked at the major parties that are vying for votes across the country. All of them claim to have a vision to make society better. Voters will now choose whose promises and vision they believe in most.

The Conservatives have been in power since 2010 and have won the last four elections. They are currently behind Labour in the opinion

polls and look unlikely to win the election. However, opinion polls have been notoriously inaccurate over recent years.

We will start to get results from Constituencies across the country from about 11pm. Usually, it is clear who is going to win the election by the early hours of the morning. That means that when you wake up on Friday 5th July, one party will have won the election.

Why is Chorley different?

Our current MP, Sir Lindsay Hoyle, is the Speaker of the House of Commons. This is a special job that means he chairs the debates in the House of Commons and decides what gets debated in Parliament. Due to Sir Lindsay's special position, the three main parties choose not to stand candidates against him. This means that voters in Chorley have a very different choice to those in the rest of the country.

In this paper, the three locally based candidates have answered questions devised by our newspaper club. How would you cast your vote?

The General Election will take place on Thursday 4th July.

General Election Special

This week's special edition of the newspaper includes a Q&A with each of the three locally based candidates in Chorley's General Election. As well as explaining the mechanics of the Election, candidates have answered nine questions put to them by the newspaper club. [Download the entire issue here to see their answers.](#)

Whole School Messages

Physics Olympics

On Thursday Miss Alston and Mrs Speakman took 8 year 9 students to compete against 26 other local teams in the Physics Olympics hosted at Bolton Boys' School. The students' Physics knowledge was put to the test when they had to complete 5 different physics challenges using their creativity and knowledge. They did amazingly well securing bronze and silver medals. The Science department are very proud of them. Well done Aaron, Emily, Oliver, Nathan, Izzy, Amy, Sophie and Aidan.



Astley Park Colour Run

Mrs GB and PL visited Astley Park School to take part in their colour run. This was to raise money for Rosemere cancer. A good time was had by all.



Whole School Messages

PE Update week beginning 24nd June 2024

A great week in the PE department. A busy week with lots of tournaments being played in the sunshine (at last!)

Year 7 & 8 Cricket Competition at Holy Cross playing against teams from Bishop Rawsthorne, Holy Cross and St Michael's. What an unbelievable performance! The team won all 3 matches with special mention to Josh M. and Jack G. who had an outstanding performance. The team is now through to the final! Well done!



Year 7 & 8 Rounders friendly intra school game against our Y7 & 8 teams. The pupils worked really well establishing team tactics to use in the upcoming rounders tournament next week.



Year 9 Rounders district tournament played against Bishop Rawsthorne, Holy Cross and St Michael's. Great teamwork and tactics shown throughout the tournament and what a performance in the final match with only 2 points between teams. The girls won the district title!! Congratulations!

Year 10 Rounders district tournament played against Bishop Rawsthorne, Holy Cross and St Michael's. What a day for a tournament! The sun was shining for our Y10 team on their very last rounders tournament for Parklands. They played some great rounders and came Third overall. Well done!



Year 9 Football Summer Cup Final at Westway against Bishop Rawsthorne. The team played a very strong game for the majority of the game with a 4-2 lead. In the last 5 minutes Bishop's managed 2 goals to equalise which resulted in a penalty shoot out. After a nail biting performance we unfortunately lost but came runners up in the district. Well done!

Whole School Messages

PE Update week beginning 24nd June 2024

Year 10 Football Summer Cup Final at Westway against Bishop Rawsthorne. Another strong performance from the team but unfortunately it ended in a 2-1 defeat. Well done for being runners up in the final.



Some lovely news for our current Y11 leaver Leo T. who has just signed a 2 year contract with Fleetwood Town FC congratulations we wish you all the best!



Great attendance at all extra curricular clubs this week. Have a lovely weekend.

Whole School Messages

Run for Fun

Our charity Run for Fun is just a few days away now and we'd love for as many people to join in as possible - pupils and parents/ carers!

After making your way around the one mile course in whichever way you like (you absolutely don't have to run!), you'll then get the chance to soak some of our wonderful staff members with wet sponges and even try and score goals past Mr Johnson, who I hear could even give Pickford a run for his money!

We're hoping for some nice weather and lots of fun all in aid of a wonderful cause.

Please sign up and pay your £1 entry donation on Scopay. Please note that after you have confirmed your child can attend the event and confirmed their medical information is up to date, please can you log back into the event and pay the fee. We have a lot of people who have consented but not yet paid so please check your child's account.

Please bring cash on the day for the additional events and refreshments.

The logo features the words "Run FOR fun" in a stylized, handwritten font. "Run" is the largest word, "FOR" is smaller and in all caps, and "fun" is the same size as "Run". The text is set against a bright yellow sun-like background with rays.

or walk, hop, skip or dance!

ONE MILE FUN RUN on 2nd JULY at 3.30pm on the School Field

Minimum £1 donation- pay on Scopay



Pupil, parents and staff are all welcome to take part!

In aid of Schools of Sanctuary



50p a go



Drink & Sweet stall
from £1



CASH ONLY



Prizes for 1st, 2nd
and 3rd places

Whole School Messages

LGBT Youth Summit

On Wednesday this week, some members of Pride Club had the opportunity to attend and represent Parklands at the LGBT+ Youth Summit in Manchester. The event was run by the Proud Trust and was an astounding success overall, shown by just how much the students engaged and enjoyed themselves. Other than having a wonderful, fun-filled day, our representatives came away with so many resources to share with the staff and students at Parklands that can help in making our school all the more inclusive.


I would also like to commend the students that attended, as I was given so much positive feedback on how polite, respectful, and helpful our students were.

It was truly a wholesome day for everyone and a lovely end to Pride Month.



Global Goals Fair

On Tuesday 2nd July, our year 8 students are holding a Global Goals Fair to showcase to their family members what they have been learning about in Aspire this year. One group is collecting donations for 'Chorley Help The Homeless' and have asked to share their poster here for any donations people may be able to bring along to the fair ...



PLEASE BRING YOUR DONATIONS TO HELP THIS SHELTER OUT!

We have picked this shelter because it's local to us and we want to help people struggling on the street. Most people have luxury items like a warm home where you feel safe, or a family to love you and provide you with the essentials, we want to help the people who don't.

We found a shelter that helps with all these issues they would like us to help them.

Please on the 2nd of July can you bring along with you to the Global Goals Fair;

- Food storable items or canned food,
- Tolieters,
- Duvets, sleeping bags or blankets,
- Pillows,
- Sanitary items

A request from the Y8 pupils -

We are taking positive action against World Hunger. If anyone is able to donate tinned or packet food it will help make a big difference. Thank you.



Global Goals Fair

SWEETS TO SAVE THE PLANET



We will be donating all money raised to Lancashire Wildlife trust!

THEIR MISSION IS:

“To enable wildlife’s recovery in our area by working in partnership with others to conserve, restore, create and connect habitats and to increase species abundance; and to connect people with nature and help them to take action for wildlife, wherever they are.”

Come to our stall on the 2nd of July!

PRICES:

Sweet cones:

Large:£2.00

Small:£1.50

Drinks: £1

To see any dietary information, please ask the people behind the stall. We can provide an ingredients list.

Global Goals Fair

**All money goes to LW
Storehouse, a food supplier for
people in need**

JOIN US

At the year 8 aspire fair 2nd July 2024



0 hunger cupcakes- £1

Chocolate circles- 50p



**PEOPLE WITH DIETARY NEEDS ASK BEHIND
THE COUNTER FOR INGREDIENTS**

Territory of the week

(Dinétah wants to become it's own state)

Dinétah



Dinétah is the land of the Navajo (nah-vuh-how) people. It first had a stride for independence in June 1, 1868 because of the Mexico war and in more recent years because the people of Dinétah didn't agree with the uranium and resource mining happening. Even though it technically isn't a country, many Navajo people don't believe independence will fix their issues and many believe it won't.



Capital - Tségháhoodzáni
Population - 300,043
Main religion - Native American church
Leader - Naat'áani
Official language - Navajo and hand speak
Land mass - 71,000 km²
Currency - Béeso

Last minute places have become available

SKI TRIP

- 5 full days with ski instruction
- Ski or snowboard hire
- Boot hire
- All meals provided including breakfast on the outbound and inbound journey
- Full area ski lift pass
- Apres ski programme including bowling, pizza, ice cream & disco
- Trip hoody
- Helmet hire
- Comprehensive winter sports insurance.

Open to years 7-10

The next trip will not go until 2027 so don't miss out!

**15th February 2025
7 days**

**Total cost: £1350
Deposit: £100**



Deposit Payments Via ScoPay
Email Miss Marr more information.
gmarr@parklandsacademy.co.uk
Letters available from the pavilion office.

Charity Football Match Parklands Staff vs Former Year 11 pupils (2024 leavers)



Mr Metcalf is leading his team of fine teacher athletes into a charity football match once again against our former pupils!

Please come if you want to see the famous Mr Cross offside trap, Mr Rimmer rolling back the years and Mr Johnston flying up the wing.

Last year the staff came from a goal down to win 2-1 and we are very confident of another win!

This is to raise money for a very worthy cause that we will announce closer the time.

When: Thursday 18th July

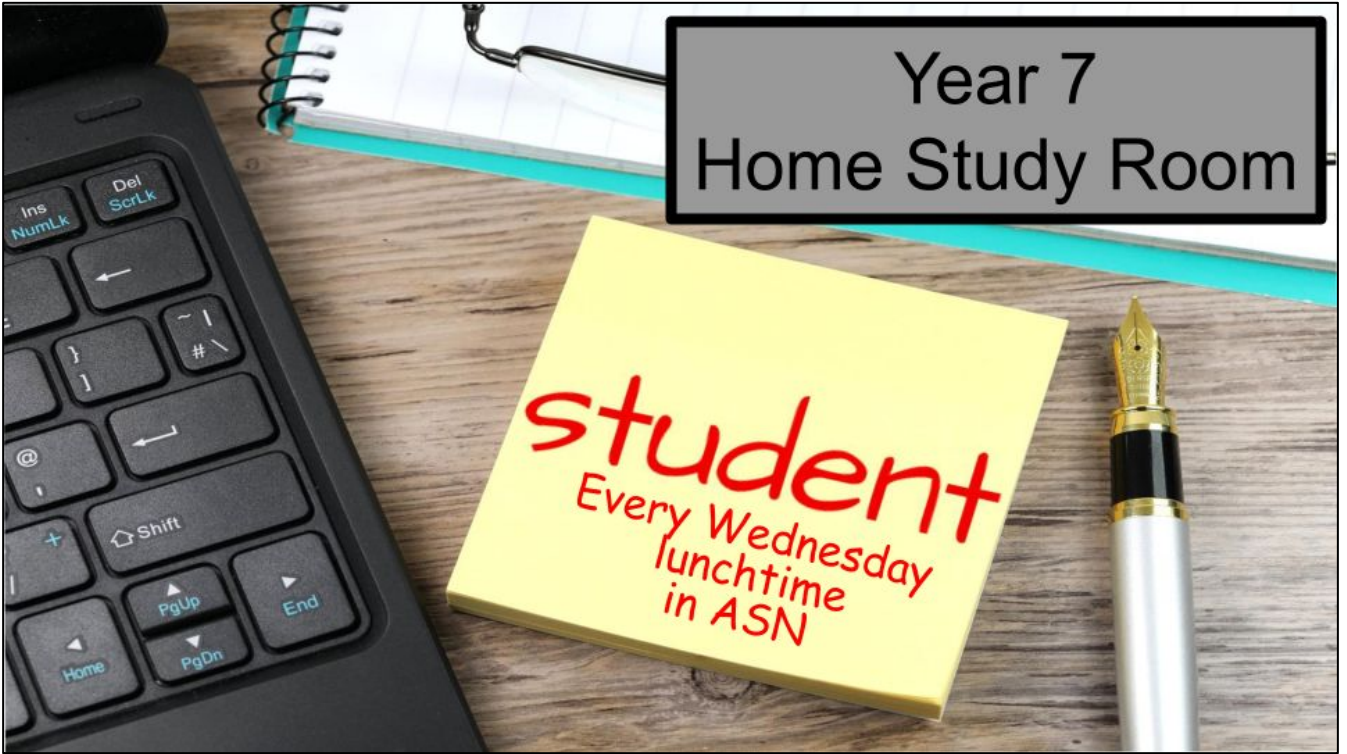
Time: 15:30-17:00

Where: Westway

Donations: Minimum £2 cash per person to watch, this to be collected at Westway by staff.

Please click [here](#) for the weekly menu and additional information.





Please click [here](#) for the weekly menu and additional information.

OUR MENU WEEK 1

Choose your favorite dish

Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal Creamy ham and mushroom pasta bake £1.90	Main Meal Mediterranean chicken tray bake £1.90	Main Meal Chicken biryani £1.90	Main Meal Spaghetti and meatballs £1.90	Main Meal Peri chicken on ciabatta
Vegetarian option Creamy pasta and broccoli bake £1.90	Vegetarian option Veggie Mediterranean tray bake £1.90	Vegetarian option Veggie biryani £1.90	Vegetarian option Mac & cheese £1.90	Vegetarian option Peri halloumi on ciabatta £1.90
Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings	Jacket Potatoes with various fillings
Grab & Go pies £1.15 Chicken wrap £1.90 Pizzini £1.90	Grab & Go Sausage rolls £1.15 Chicken wrap £1.90 Chicken wings £1.15	Grab & Go Wedges £1.50 Chicken wrap £1.90 Pizza twist £1.90	Grab & Go Chicken wings £1.15 Panini £1.90 Pies £1.15	Grab & Go Sausage rolls £1.15 Chicken wrap £1.90 Pizza £1.20



PARKLANDS
SUMMER
MUSIC
CONCERT

MONDAY 22ND JULY

FROM **6pm**

£1 ON THE DOOR



BLACKPOOL PLEASURE BEACH

Thursday
25th July
9.00 - 6.00

£30

UNLIMITED
RIDES,
TRANSPORT
INCLUDED

**Limited
places**

Please see your emails for full details of our end of year trip to Blackpool Pleasure Beach.

Please ensure that once the consent form has been completed that you log back into the trip to pay for it. It is the payment that secures your child's place on the trip however please note, attendance on the trip is subject to approval from the Houseleaders. If your child is removed by the Houseleaders, a full refund will be given.



Parkland's Peru Expedition

Coming soon.....



THE MUSICAL FOR ALL TIME

BILL KENWRIGHT PRESENTS

WILLY RUSSELL'S

BLOOD Brothers

'EFFICIENT' THE INSIDER

'TRIUMPHANT' THE INSIDER

A SIMPLY STUNNING BLOCKBUSTING MUSICAL. (THEATER STAGE)

BEST MUSICAL
ALL MAJOR AWARDS

BLOOD BROTHERS THEATRE TRIP

Who: This trip is open to current Year 10 to go when you are in Year 11.

Where: Manchester Palace Theatre.

When: Thursday 21st November 2024 leaving school at 6pm.

Price: Total cost is £46 per pupil.

This includes your ticket and return coach.

There are 99 places available.

Pay your £20 deposit on Scopay to secure a place.

Please see Miss Duffell or Miss Malone for more details. Further details have been emailed to Year 10 parents.

Click [here](#) for for further information



PARKLANDS
HIGH SCHOOL

Parklands High School : An Academy

Southport Road, Chorley, PR7 1LL

Co-Ed Comprehensive with 1107 students on roll. Tel: 01257 264596

www.parklandsacademy.co.uk

Email: admin@parklandsacademy.co.uk

Learn, Respect, Aspire, Achieve

A vacancy has arisen for a

IT Technician

Grade 6 points 11-19, Full Time, 37 hours per week, Term Time Only

FTE Salary £25979 - £29777 (pro rata £21966.79 - £25178.22)

Start date 03 September 2024.

We are seeking to employ an enthusiastic IT technician to work alongside our current IT Support Team at Parklands High School, Chorley, providing support for the school's IT infrastructure. The ideal candidate should have relevant work experience and have knowledge of Microsoft Windows server/client systems, network architecture and computer hardware/software maintenance.

This is an exciting time to come and work for us as Parklands High School is the founder school of the newly formed Aspirational Futures Multi Academy Trust. We are an over-subscribed and high-achieving 11-16 school located in the historic market town of Chorley, which has excellent transport links and the school is within easy reach of the M6, M61 and M65 motorways.

This is an opportunity to work in a friendly, supportive, well resourced and forward looking environment. We were inspected by OFSTED in July 2018, resulting in "Good" overall. Staff here also benefit from access to the UK's leading provider of healthcare insurance as well as out of hours use of the well equipped school gym, cycle to work schemes, pension scheme free onsite parking and other local discounts.

If you wish to come and visit us or require more information regarding the role, please contact Mr Alan Dowsing, Trust Network Manager, by telephone or email (it@aspirationalfutures.co.uk).

Candidates should complete an application form, available from the school website in which you outline your experience and suitability for the position.

Electronic applications should be returned to the email address hr@aspirationalfutures.co.uk.

Closing date for applications: 12 noon 12th July 2024 with interviews to be held w/c 22nd July 2024

Please note, we reserve the right to withdraw this vacancy at any time and regret we are unable to contact individual applicants who may be unsuccessful. Aspirational Futures is committed to safeguarding and promoting the welfare of its staff and pupils and expects those working at the School to share this commitment. Applications from ethnic minority candidates and other diverse groups are welcomed. The successful candidate will be required to undertake a criminal record check via the Disclosure and Barring Service as well as qualification and reference checks. Online checks will also be conducted on shortlisted candidates. Copies of our Recruitment and Selection policy are available from hr@parklandsacademy.co.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about **GAMBLING**

WHAT ARE THE RISKS?

Gambling can be defined as betting or risking money or something of value on the outcome of a situation involving chance. Under current regulations, gambling is legal for adults in the UK. Its potential impacts on the wellbeing of individuals, families and communities are well documented – emphasising the importance of safeguarding children and young people against these hazards.

MANIPULATIVE ADVERTISING

Adverts for online bookmakers and betting exchanges can raise concerns about targeting vulnerable groups, fostering addiction, promoting misleading expectations, impacting mental health, affecting social norms, posing regulatory challenges, influencing minors and other ethical issues. Effective regulation, responsible advertising practices and public education are essential to mitigate these concerns and address the potential harms associated with excessive exposure to manipulative advertisements.

FREE BET!

ADDICTIVE FEATURES

All gambling products carry safety concerns, but some can be even riskier and more addictive. The frequency with which people can place bets can encourage them to do so often – with rapid spins and multiple betting options, for example. Betting on sports events, especially with live in-play betting options, can be highly engaging and habit forming. The 24/7 availability of online platforms can also increase the risk of excessive gambling, particularly among young people.

PEER PRESSURE

Exposure to gambling through friends, influencers or social circles can normalise risky behaviour and create unrealistic expectations about the chances of winning. Addressing peer influence requires support services, responsible advertising practices and effective education on the subject to minimise the impact on children and promote healthier choices.

IMPACT ON MENTAL HEALTH

Gambling can exacerbate mental health issues such as anxiety, depression, and stress – especially if it leads to financial loss. Individuals with existing mental health conditions may use gambling as a coping mechanism – but the cycle of gambling can worsen their symptoms, creating a detrimental impact on overall wellbeing. Integrated support services and treatment options are crucial to address these interconnected challenges effectively.

GATEWAY BEHAVIOURS

Certain features of other products – such as video games that offer in-game purchases – can lead to gambling among young people. These mechanisms can sometimes be designed to exploit psychological vulnerabilities, encouraging repeated spending to acquire virtual items or advantages. Such practices can normalise the associated risks and desensitise young people to putting their or their family's money in danger.

FINANCIAL DIFFICULTIES

The most common impacts of online betting come in the form of financial losses and debt. This, in turn, can lead to distorted perceptions of money, deterioration of relationships, social isolation, and poor academic and career outcomes. Regular gambling can even exacerbate other risky behaviour by making it seem less significant – potentially leading to a cascade of health impacts and financial loss.

Advice for Parents & Educators

ENCOURAGE OPEN DISCUSSIONS

Sparring events can be a good opening for conversations about gambling, as some sponsorships may reference and even glamourise it. Talk to children about how these promotions make them feel and encourage frequent conversations about any concerns they may have. Adverts, influencers and online platforms may also feature gambling products. As a child grows, it's important to encourage their critical thinking skills to help them avoid being manipulated by this type of marketing.

KNOW THE WARNING SIGNS

Parents and educators should be vigilant for signs of gambling harm among young people. Look for changes in their behaviour such as increased secrecy, unexplained money issues, mood swings or withdrawal from their usual activities. Open conversations about gambling risks and maintain a supportive, non-judgemental environment. Try to familiarise yourself with resources and helplines for assistance and guidance.

MONITOR SPENDING

In-game purchases can be appealing to children, allowing them to unlock new features or cosmetic items in a fraction of the time it would take to win them by playing. Talk to children about how they spend money online; an interest in what video games they play can encourage the conversation. Consider setting up restrictions on their devices, requiring their parent or carer's permission before making any purchases. Talk about finances regularly and openly.

GET FURTHER SUPPORT

Support and treatment for young people is available via the Young People's Support Service at GamCare, who can be contacted at 0808 8020 133. A link to their website has also been included in the sources of this guide, along with links to several other support networks. Your GP and local NHS gambling clinic are also available if you require additional advice. Don't hesitate to reach out for help if you're concerned about a child's gambling behaviour or their financial situation.

Meet Our Expert

Ygam's mission is to prevent children and young people from experiencing gaming and gambling harms through awareness raising, education, and research. The charity was established in 2014 as a result of the lived experience of their founders.

Ygam

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/gambling>



@wake_up_weds



/www.thenationalcollege



@wake.up.wednesday



@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.06.2024

Whole School Messages

The One Stop Shop is a monthly drop in where families & young people can access support from different services under one roof.

We offer a warm welcome, refreshments and an opportunity to get help with:

- Housing (am)
- Finance (am)
- Accessing food banks (am)
- Mental health support (am)
- Emotional Health and Wellbeing
- Citizens Advice (am)
- Relationship advice (am & pm)
- Targeted Youth Support (pm)
- Sexual Health (pm)
- We Are With You (pm)
(substance / alcohol)



Drop in on the 3rd Tuesday of the month, between:

9am till 12 noon
(parent / carers)
2.30pm - 5pm
(11 - 19 years)

Children and Family Wellbeing Service
Duke Street Family Hub

Chorley

PR7 3DU

(Next to Duke St Primary)

Tel: 01257 516 316



FAMILY HUB CHORLEY



lancashire.gov.uk



SERVICES HERE TO HELP

CFW staff are available to help with referrals for further support, and signpost to a range of community agencies, including smoking services and employment support.

They can also give information on a wide range of free groups (from parenting, domestic abuse, relationship communication, to speech & language, and pre-school play sessions).

FREE WEEKLY BUS PASS

FOR 16-18 YEAR OLDS WHO ARE

NCT / ONE PARENT / CARER

RUNNING TUE 18TH JUNE & TUE 16TH JULY

Chorley Buddies 
SVP Chorley Buddies
We're Helping

Lancashire Talking Therapies 
Talking Therapies
for anxiety and depression

Citizens Advice 

Jigsaw Homes 

Places For People 

Christians Against Poverty 

Social Prescribing Service 

NEST Lancashire 

Targeted Youth Support Team 

Inspire Youth Zone 



FAMILY WELLBEING FESTIVAL 2023



**JOIN US FOR A DAY OF FUN,
NATURE, AND FAMILY TIME**

**SAT 24TH JUNE
RIVINGTON
11AM TO 6PM**

COME AND BE PART OF THE ULTIMATE FAMILY WELLBEING EXPERIENCE

IN PARTNERSHIP WITH
**Let's Keep Bolton
Moving > > > >**
ACTIVITIES | HEALTH | WELLBEING

Our objective for this not-for-profit family event is to educate, inspire & motivate parents and their children to embrace nature and engage in activities as a family

- ✓ **Fully accessible for all**
- ✓ **Free Parking**

Fun, Activities, Food, Family Challenges for all ages will be over 8 wellbeing zones spread over the area of Rivington, Lancashire.

Visit us at:
www.itsmental.co.uk/familywellbeingfestival





FAMILY WELLBEING FESTIVAL 2023



WHAT'S GOING ON AT THE ULTIMATE FAMILY WELLBEING EXPERIENCE!

This exciting event is designed to provide a fun and engaging atmosphere for families to come together and explore a range of activities aimed at promoting health, wellness, and happiness. With a wide variety of activities on offer, from fitness classes to mindfulness workshops, there's something for everyone to enjoy. So, whether you're looking to try something new or simply spend quality time with your loved ones, come and join us at the Family Wellbeing Festival and take the first step towards a happier, healthier lifestyle!

HOLISTIC HEALTH ZONE

- MINDFUL GUIDED WALKS
- FOREST BATHING
- MEDITATION
- FAMILY DISCUSSION GROUPS



WATER ACTIVITIES

- FISHING COACHING SESSIONS
- PADDLE BOARDING
- CANOEING



LAND ACTIVITIES

- ARCHERY
- AXE THROWING
- ADVENTURE WALKING
- ORIENTEERING
- RUNNING
- MOUNTAIN BIKING
- CLIMBING
- DEFENCE CLASSES



KNOWLEDGE COLLEGE

- POSITIVE MINDSET COACHING
- IMPOSTER SYNDROME
- SELF CONFIDENCE
- SELF LOVE
- MOTIVATION
- NEURO DIVERSITY



MINDFUL ZONE

- BREATHWORK
- YOGA
- TAI CHI
- SOUND BATHS
- EFT
- DANCE THERAPY
- DRUM GROUP
- MEDITATION



GIVERS GAIN ZONE

- SHOWCASING LOCAL CHARITIES
- COMMUNITY PROJECTS
- SOCIAL ENTERPRISES
- BENEFITS OF VOLUNTEERING



CREATIVE ZONE

- ART THERAPY
- CRAFTS
- MESSY PLAY
- MUSIC AND MOVEMENT



NUTRITION ZONE

- TALKS ON NUTRITION
- GUIDED FORAGING WALKS
- OUTSIDE COOKING DEMONSTRATIONS
- HEALTH FOOD DEMONSTRATIONS



IN PARTNERSHIP WITH



Let's Keep Bolton Moving >>>

ACTIVITY | HEALTH | WELLBEING

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Whatever you're feeling
this summer...

**GO
SOMEWHERE
GOOD**



Get inspired with simple ideas for good stuff to do
this summer. Vote for the chance to win prizes!



And if you need a safe space to get support for your
well-being, [kooth.com](https://www.kooth.com) is here everyday.

Visit: [kooth.com/GoSomewhereGood](https://www.kooth.com/GoSomewhereGood)
#GoSomewhereGood

Do you know
about...



Free
school meals

?

If your child qualifies for free school meals,
they will have a free meal every school day

It's easy to find out if you qualify –

Lancashire

Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Pupil
Premium

Is **additional funding** for our school to
ensure we can support pupils
to **achieve their full potential**

Whole School Messages

Please get back involved. We have had lots of ticket sale disappear and we need to get them back up to 250 tickets

£1 a week, the weekly prize fund is currently at around £70 a week! There is a draw every week for Parklands and you are also entered in all of the bigger prizes.

Enter our **Super Draw** **Nintendo Switch Bundle**

OR £1,000 CASH PRIZE



- Tickets cost just £1 a week
- Chance to win up to £25,000
- Play weekly, or just play the Super Draw!
- Win an amazing gaming bundle!



PLAY NOW:

Go to

www.yourschoollottery.co.uk

Search for: **Parklands**



GambleAware



See website for Terms & conditions. Enter by 24/02/24