



PARKLANDS BULLETIN

25th - 29th November 2024

Week 1



Headteacher's Message

Dear parents and carers,

Last night I had the pleasure of watching our annual drama production. This year, the show is 'Jason and the Argonauts' and it was a fabulous evening. Our pupils are the performers, stage hands, and sound technicians, and they were even staffing the snacks stall to raise money for the Peru expedition.

Next week Year 11 mock exams begin, with the first exam taking place on Wednesday. These exams will run through until the 17th December and will give our Year 11s a real experience of what the summer exams will feel like. They also give our teachers a good sense of how the pupils are doing in their exam preparation.

Next week is the Year 7 Christmas Party, which takes place from 6-8pm. This is the start of our Christmas Festivities, and our Year 7s are getting very excited now. Reward trips take place closer to Christmas; you will have received a reminder form Mrs Haslam containing information about attendance and the minimum attendance required to qualify for a place on the trips.

Look out for details later in the bulletin about our 'We Are With You' information evening focussing on THC vaping and the growing concerns nationally for young people's risk taking behaviour surrounding this.

Mrs. Batson

Headteacher

Whole School Messages

Dear Parents and carers,

As part of our Respect and SECURE programme, we have asked **We are With You** (A provider who support young people who are experiencing problems with drugs and alcohol) to hold an information evening on THC (Cannabis) vapes/vaping for parents and carers on Thursday 12th DEC 6 - 8 pm in school.

We have strong links with our local community police and Inspire Youth Zone and both have relayed information that it is becoming a significant issue for our children. THC is a class B drug and if found on a pupil at school will lead to a permanent exclusion.

We believe even if your child/children aren't a risk at the moment the session will be a worthwhile use of your time.

If you wish to attend please email admin@parklandsacademy.co.uk to reserve your places.

Kind regards,

Sara Haslam

Assistant Headteacher

Reminders - Standards and Uniform

All pupils must wear the correct uniform to school. This includes a blazer, kilt or PHS trousers, a blue shirt, the correct coloured tie for their year group and black shoes and socks (not sport socks), not trainers.

Blazers must be worn at all times, regardless of a navy blue jumper.

Piercings are not allowed and pupils who are found with them will be asked to remove them.

Ties are available from school and can be paid for on SCOPAY. All other items of uniform are available from Nu Uniform or Jada.

We thank you for your support in helping us to uphold our high standards.

Year 11 - Secure

This week Year 11 will have a respect day about Mature relationships. They will be taking part in sessions about body image, relationships, consent and online activity. As always, all the sessions, along with details of where to find support if it is needed, will be on your child's Secure Google Classroom at the end of the day.

Attendance

Dear parents and carers,

Please see below the information regarding attendance at Parklands High School.

Celebrating Good Attendance

- **Recognition for High Attendance:** Over **340 pupils** have achieved 100% attendance since the start of the academic year, with over half the school maintaining attendance above 95%. This is a great achievement, and the school acknowledges the important role parents play in supporting this success.
- **Incentives:**
 - Weekly draws for students with 100% attendance, with winners receiving prizes.
 - Half-termly themed hampers and any pupil who has had a 100% attendance in a week will be entered.
 - An end-of-year raffle for a high-value prize, such as an iPad, for students with 100% attendance throughout the year.

Attendance Monitoring

- **Communication Based on Attendance Levels:**
 - **100% Attendance:** Parents will receive praise via email or postcards, and students are entered into the attendance reward draws.
 - **97-99% Attendance:** Similar recognition via email or postcards.
 - **90-97% Attendance:** Parents receive an email to keep them informed.
 - **80-89% Attendance:** This triggers a concern letter and an offer of school-based support, as students fall into the "persistently absent" category.
 - **50-79% Attendance:** Serious concerns are raised through a letter, with offers of both school and external support for the family.
 - **Below 49% Attendance:** Significant concerns are flagged, with offers of intensive support and guidance regarding next steps.

Punctuality Expectations

- **Arrival Times:**
 - Students must arrive by **8:30 am** and be in their form rooms by **8:35 am**.
 - Late arrivals can result in a same-day break detention, with repeated lateness possibly leading to an hour-long SLT detention on Fridays.

Emphasis on Partnership

- **Open Communication:** The school encourages parents to share any challenges or concerns that might affect attendance. Working together with parents and students is seen as key to overcoming barriers. We welcome open and honest communication with our parents and families.

Attendance

Rationale

- **The Importance of Attendance:** The school underscores the **strong correlation between attendance and success**, committing to prioritising attendance while offering necessary flexibility for individual circumstances.

Should your child be absent from school, we would prefer a message via the EDULINK app before 8.30 am; this enables us to ensure that the registers are accurate from the commencement of the school day.

We believe this comprehensive approach highlights both the recognition for good attendance and the robust measures to address attendance challenges, emphasising the importance of a collaborative effort between families and the school.

Should you have any questions or feedback, please do not hesitate to contact me.

Kind regards,

Sara Haslam

Assistant Headteacher

Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 85 pupils to date

Year 8: 80 pupils to date

Year 9: 58 pupils to date

Year 10: 91 students to date

Year 11: 71 students to date

All: 385 students

How many had the perfect 3 in the previous week?

Year 7: 165 pupils

Year 8: 147 pupils

Year 9: 133 pupils

Year 10: 155 students

Year 11: 123 students

All: 723 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of 2.99 - 3?

Year 7: 161 pupils

Year 8: 131 pupils

Year 9: 102 pupils

Year 10: 134 students

Year 11: 110 students

All: 638 students

Students, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

Weekly Learning Support Board - please click [here](#)

Learning Support Board
Week Commencing
2nd December 2024

HAVE YOU HEARD THE NEWS?
It's now December and this week sees the first Christmas event in school which is the year 7 party on Thursday. Two other important events this week are the year 11 "Mature Relationships" Respect Day on Tuesday, and the Ski Trip parents' evening after-school on Wednesday. Meanwhile, there have been some changes to Learning Support social time arrangements but MY remains open for Learning Support enquiries.
Learningsupport@parklandsacademy.co.uk

INSPIRE CLUB
To the people of the Arctic, this is an Oomingmak. What is its more common name?
Lord Tim's answer: Scottish Murre

You cannot do kindness too soon, for you never know how soon it will be too late.
RALPH WALDO EMERSON

LANCASHIRE LOCAL OFFER
Special Educational Needs and Disabilities Local Offer in Lancashire

Job of the Week
How do angels light a candle? WITH A MATCH MADE IN HEAVEN

Be kind, for everyone you meet is fighting a battle

Useful Links

- ADDitude website
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- Lancashire SEND Partnership
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

Follow us on Instagram:
[p_h_s_learningsupport](#)

Whole School Messages

Languagenut Leaderboards

Top Ten Pupils in the school

lion20126	188800	RWI - 10BRW Spanish
rainbow12213	136000	RWI - 10BRW Spanish
pony12679	132800	JDO - 10AJD - Spanish
raven12752	127000	JDO - 10AJD - Spanish
autumn12506	124800	RWI - 10BRW Spanish
summer12561	122600	JDO - 10AJD - Spanish
raven12750	121400	RWI - 10BRW Spanish
owl11278	116800	BC - 10CBC - Spanish
sky12531	116400	RWI - 10BRW Spanish
frog23351	112600	AST - 8YK - Spanish



Top 5 Pupils in Year 8

frog23351	112600	AST - 8YK - Spanish
planet23422	69800	AST - 8XN - Spanish
newt23490	68200	AST - 8XO - Spanish
pony23414	67200	AST - 8YK - Spanish
autumn23172	66400	JDO - 8XB - Spanish

Top 5 Pupils in Year 7

pike36597	92100	RWI - 7YW - French
parrot36924	80200	AST - 7YK - French
otter36774	72000	RWI - 7YW - French
bee36710	70600	AST - 7YK - French
snow36705	70600	RWI - 7YW - French

Top 5 Pupils in Year 9

star12804	67800	BC - 9XO - French
carp13276	61600	RWI - 9XB - French
moon13070	59800	BC - 9YK - French
space12682	59700	JDO - 9YY - French
bear13015	59600	BC - 9YK - French

Top 5 Classes in the school

RWI - 10BRW Spanish	Spanish	R Wilkinson	2045900
BC - 9YK - French	French	B Cosgrove	1244700
RWI - 7XB - French	French	R Wilkinson	1184000
JDO - 10AJD - Spanish	Spanish	J Donohue	1160100
AST - 8YK - Spanish	Spanish	A Stalker	1159800

Whole School Messages

ClassCharts



School totals per Year Group

Year 7	13728
Year 8	10784
Year 9	9696
Year 10	7913
Year 11	7729

**Fantastic, Year 7.
Keep up the good
work!**

Top 5 Tutor Groups

MNG	1888
JPN	1545
EGY	1545
RSA	1529
NOR	1519

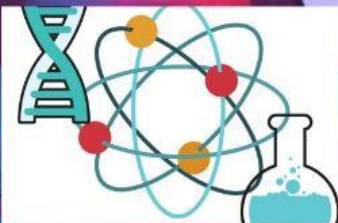
**Well done to
Mongolia, the
form with the
highest points in
the school!**

KS3 Science Club N22



Science club will take place on **Tuesday lunch times at 1.35pm**
Students from years 7, 8 and 9 are welcome, please sign up at
the main prep-room by Monday if you would like to take part.

Science club will take place in N22



Lunch passes can be
collected on Monday and
handed in at the club.

Whole School Messages

PE Update week beginning 25th November 2024

A busy week for netball and football fixtures. The weather is cold so if pupils wish to wear base layers UNDER their PE kit is absolutely fine. Lessons outside will still continue unless it is unsafe to do so. Remember, there is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!

Year 8 Girls Football Lancashire cup at home against St Bede's Ormskirk. It wasn't meant to be for our year 8 team this week, they got knocked out of the Lancashire cup. They should be very proud of their performance. Well done.



Year 10 Girls Football 7 a-side Lancashire Cup at home against St Christopher's. A hard fought game that unfortunately ended in a 2-1 defeat. Well done to all that played.

Year 11 Boys Football District Cup Final against St Michael's at Westway. The final match representing Parklands for our year 11 boys, the redemption game. What a way to finish! A nail biting match which ended in penalties... They are district champions!! A huge congratulations and what a tremendous way to end your school football career at Parklands! We are so very proud of you all!



Whole School Messages



Year 7 Netball friendly fixtures. Two teams were selected to play their first fixtures representing Parklands. They all played very well and have lots to work on in training. Well done!

Year 8 Netball friendly fixtures. The team's first official games of the season. Lots of improvements made from year 7 and lots to work on before the tournament after Christmas. Well played you all have lovely sportsmanship which is great to see!



We're so proud of the level of commitments shown by all of our pupils, well done!



PE Reminders



A reminder for all of the systems in place in PE:

Pupils should arrive at PE and change into the PE kit in the changing rooms.

If your child has forgotten any kit, they will hand over their tie (we advise you label them). They will then receive a 'missing kit' mark and you will be notified on ClassCharts.

2 marks = break detention, 3 marks = after school.

Pupils who are excused from PE, must have brought a note or a parental email to pe@parklandsacademy.co.uk

Pupils excused MUST still bring their kit.

The PE staff will decide if they need to get changed or not. E.g. if the pupil has a difficult plaster cast that makes it difficult for the pupil to change.

Pupils who do not engage with the lesson/refuse, or who's BfL is not acceptable will receive sanctions.



PE Reminders/Cold Weather



The weather has changed significantly and pupils do still have lessons outside. Please ensure your child is dressed appropriately for PE. As they will still do the lesson outside unless it is deemed unfit by myself.

We have spare hoodies available if your child does not own one. I am happy to trade a hoodie permanently for a small donation.

We encourage the purchase of the leggings or pants from our suppliers

You can also wear your own base layers, white, black or blue. Underneath their PE t shirts.

Pupils should arrive at PE and change into the PE kit in the changing rooms.

Pupils who are excused from PE, must have brought a note or a parental email to pe@parklandsacademy.co.uk
Pupils excused MUST still bring their kit.

Our uniform can be purchased from both below.

<https://jadauniforms.co.uk/product-category/phs-parklands/>
<https://www.nuuniforms.com/index.php?route=product/category&path=60>

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Whole School Messages

SHINE FOR SALLY 4



We had lots of Parklands dancers and singers, past and present, performing for the annual Shine for Sally show last weekend. All the money raised goes to Derian House Children's Hospice and Milly's Smiles, in memory of Sally Cornes. Well done to our wonderful dancers! #proudtobeparklands 💜

WICKED NEWS!

Congratulations to Parklands alumni student Aaliyah Baker on her casting in the Wicked movie. Aaliyah appears as a dancer in the box office smash hit film and says it was an incredible experience. Aaliyah studied BTEC dance whilst at Parklands and has since gone on to perform all over the world on cruise ships and as a dancer at Glastonbury for headliner Kendrick Lamar. We are so proud of Aaliyah, it's great to see proof of where dance can take you! #proudtobeparklands



Whole School Messages

Christmas Hampers

It's that time of the year that we are again asking for donations towards our Christmas hampers. This year we will be supporting our older members of the community and also some of our neediest families. We ask for all donations to be in school by Friday 15th December.

CHRISTMAS HAMPERS

This Christmas many local families will struggle .

Let's work together to put a smile on their face by donating items towards your forms Christmas hampers.

List of suggested items:

- * Tea
- * Coffee
- * Biscuits
- * Chocolate treats
- * Jam jars
- * Soups
- * Mince Pies
- * Christmas Pudding
- * Stationery
- * Reading Books
- * Word searches
- * Miniature spirit bottles
- * Crisps, snacks, nuts



WEDS, THURS, FRI -
LAST WEEK OF TERM



Christmas Karaoke



Join your staff and fellow pupils in spreading some Christmas Cheer with some Festive Just Dance and Christmas Sing-alongs.



FRIDAY 13TH DECEMBER 2024



Christmas Jumper Day

**BRING A DONATION OF £1 AND WEAR
A CHRISTMAS JUMPER WITH YOUR
UNIFORM**

**ALL MONEY RAISED GOES TO DERIAN
HOUSE WHO WILL ALSO BE JOINING
US FOR PART OF THE DAY WITH THEIR
MASCOT**

BINGO ENTRY FOR ALL PUPILS WHO DONATE!



Whole School Messages

Y7 Christmas Disco

Tickets are available on SCOPAY. This year the disco is in aid of Parklands' Peru Crew. So, put on your dancing shoes and your party clothes and join us for a fabulous festive evening of fantastic fun

Year 7 Christmas Disco

Thursday 5th December

£1.00 entry fee
6pm-8pm
Tuck shop,
Music, dancing & games
A fun night guaranteed.



Year 7 Christmas Trip



Year 7 Christmas Trip
Thursday 12th December
Leaving school at 2:00
Movie ends at 5:00
£7.00

Peru Crew Raffle

Win this Deadpool Mask

- The Mask is not a toy and would normally be sold for £150.
-
- Tickets £1 each from Mr Johnston or pay on scopay. Buy as many as you want.
- The draw will be made at break on Dec 20th



The English Department will be doing a sponsored 10K walk around Rivington Pike to raise money which will go towards a painted mural on the walls of the English block stairwell.

We will meet at Parklands at 10am on Saturday 11th January 2025. More details about the route to follow.

If you would like to join us (staff and pupils welcome) and help raise sponsorship money, please see Mrs Holly in WLD. You will need to raise a minimum of £5 sponsorship via the page below to join us.

Our sponsorship page is here:

<https://gofund.me/7d94a587>

Our sponsorship page is here:

<https://gofund.me/7d94a587>

Dancing THROUGH Life Auditions

Friday 6th December
3PM Onwards - Pavilion



You must sign up on the audition sheets
Shows are 26th, 27th & 28th February 2025

You can sing or dance (max 2 mins in length), solo or in groups to a piece of music of your choice, but you need to check with Miss Marr or Mrs Sullivan-Brown first just in case it has already been chosen by someone else

Click [here](#) to view



OUR MENU WEEK 2

Choose your favorite dish

 <p>Monday</p> <p>Main Meal Sausage & mash £1.90 Vegetarian option Veggie sausage & mash £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Pizza £1.20 Curly fries £1.50 Chicken wrap £1.90 Sausage roll £1.50 Chicken wings £1.50</p>	 <p>Tuesday</p> <p>Main Meal Meat and potato pie served with veg £1.90</p> <p>Vegetarian option Cheese pie served with veg £1.90</p> <p>Jacket Potatoes with various fillings (GF)</p> <p>Grab & Go Chicken wrap £1.90 Pomme bites £1.50 Pizza twists £1.90 Chicken wings £1.50</p>	 <p>Wednesday</p> <p>Main Meal Beef tacos served with salad and sauce £1.90</p> <p>Vegetarian option Mixed bean tacos served with salad and sauce £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Panini £1.90 Calzone £1.50 Pomme bites £1.50</p>	 <p>Thursday</p> <p>Main Meal Peri chicken pasta bake £1.90</p> <p>Vegetarian option Mac & cheese £1.90</p> <p>Jacket Potatoes with various fillings</p> <p>Grab & Go Pizza £1.20 Cheese pasty £1.50 Chicken wings £1.50 Chicken wraps £1.90</p>	 <p>Friday</p> <p>Main Meal Beef enchiladas £1.90 Vegetarian option Veggie fajitas £1.90 Jacket Potatoes with various fillings (GF)</p> <p>Grab & Go Pizza twists £1.90 Curly fries £1.50 Sausage roll £1.50 Chicken wrap £1.90</p>
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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

SNAP STREAK

97

DAYS

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

WHAT ARE THE RISKS?

ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 65% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

Advice for Parents & Educators

UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account, their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide Live Location', and ensure they know not to share their location with anyone.

BLOCK AND REPORT

If a stranger does connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.11.2024

Whole School Messages

SAFEGUARDING

Introducing SafeCall, a national, free, and confidential service funded by the Home Office. SafeCall supports young people and families, affected by County Lines and other forms of child criminal exploitation (CCE). The aim is to provide specialist help, reduce risks, and empower those impacted to navigate the challenges of exploitation.

What SafeCall Offers – All Free of Charge

They provide **completely free support** in key areas:

1. **For children and young people**
 - One-to-one, confidential sessions led by the young person's needs.
 - Advocacy and practical support, available for young people up to age 24.
2. **For families, parents, and carers**
 - Guidance, emotional support, and advice tailored to help them understand and respond to the challenges of CCE. Bespoke counselling, and advocacy.
 - Access to **free parent skills webinars** that explain the signs of County Lines and exploitation, offering practical tools to keep children safe

It's really hard when you think your child isn't safe. We are here to listen and help.



My daughter isn't safe, she is having to do things which could get her into trouble with the police.

I feel isolated and nobody is telling me what is going on.

SAFECALL
It's your call.

Call or text 116 000, 7 days a week, 9am-11pm for free, confidential support



Safecall is a county lines exploitation support service operated by the charity Missing People. Registered charity in England and Wales (1020419) and in Scotland (SC047419)

SAFECALL
116 000

I'm scared and I don't know who to talk to

It sounds like things are hard right now, you can talk to us about what's going on

I don't want to get into trouble

We are here to listen, we won't tell anybody what you say. Are you safe?

No, I'm not at home. I've been asked to carry

Okay, do you want to tell us more?

SAFECALL
It's your call.

Worried and not sure who to talk to? Chat to us free and anonymously here:

Call or text 116 000 9am-11pm, 7 days



Safecall is a county lines exploitation support service operated by the charity Missing People. Registered charity in England and Wales (1020419) and in Scotland (SC047419)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators EDUCATING CHILDREN ON SPENDING AND SAVING

Evidence shows that children's spending habits begin to form as early as seven years old. With primary schools in England not required to teach financial literacy, many young people are reaching adulthood without knowing the basics of budgeting. This guide explains how to teach young people about money in a practical way, giving them the understanding to become savvy spenders and savers.

1 PROVIDE POCKET MONEY

Giving children money – even a small amount – can help them learn to make their own budgeting decisions about how to spend or save it. Research shows that youngsters who receive pocket money are more likely to become adults with strong financial skills and significantly less debt.

2 USE A PREPAID CARD

Being able to pay by card is essential these days, with some retailers not accepting cash since the pandemic. Prepaid debit cards are available for children from the age of six, allowing them to get used to spending like they will as adults with no risk of dipping into an overdraft. Learning about money is like learning to swim – you need to get in the pool and have a go!

3 PRACTISE BORROWING

Although official borrowing is only available to over 18s, kids need to understand how debt and interest works before they become adults and are exposed to credit cards or 'buy now, pay later' schemes. For a safe means of teaching them about this, parents could offer them extra pocket money but explain that it needs to be paid back by a certain date, plus an extra couple of pounds as interest.

4 ENCOURAGE OPEN CONVERSATION

Chatting about money and how much things cost will teach children that finance is a part of everyday life and not some "scary adult thing". Parents can involve them in budgeting for the weekly shop, for example, working together to get everything on the list while keeping the total below a certain number. Letting young ones make spending decisions in a safe space can build up their confidence regarding money.

5 DISCUSS THE PRESSURE TO SPEND

Whether it's YouTube ads or a hint of envy at a friend's recent purchase, spending triggers are everywhere. Encourage children to notice how clever shop design (like placing sweets at the checkout) and offers such as '2 for 1' deals entice us to spend more. Challenge them to resist impulse buys by getting them to sleep on it before deciding to spend.

6 TELLING 'NEED' FROM 'WANT'

Learning how to prioritise spending is an important life skill: the difference between life's essentials and "nice to have". It's key to budgeting. If children pester you for treats while shopping, it's the perfect time to say "That's a want. We're getting our needs first." You could show how you budget for food, electricity and so on before buying fun things.

7 ENCOURAGE SAVING

Getting children saving early can set them up with a useful habit for their adult life. Suggest that they set something aside every time they receive money and help them set a target for how much to put away, so they feel motivated to continue. For example, encouraging them to save for a friend's birthday gift can get children much more invested in what they buy.

8 SPARK INTEREST IN INTEREST

Motivate children by telling them about interest; you can describe it as a reward for saving money. Explain how everything they put away will grow over time. As an exciting example, explain that if it doubled every day for a month would amount to approximately £10 million. Some prepaid cards for young people also offer interest; parents and carers could also add a little to supplement what their child saves and show how it works.

9 PAYING FOR CHORES

This is a complex debate with no right or wrong answer; it depends on what works for each individual family. However, it can be one of the best ways to teach children that money needs to be earned and helps to create more mindful spenders. If parents aren't keen on paying for everyday chores, they could ask the children to suggest their own ideas for earning a little extra.

10 PROTECT CHILDREN FROM SCAMS

Scams are a terrifyingly easy way to lose money, and children are generally more likely to be taken in due to a lack of experience with these financial criminals. As a minimum, make sure they're aware of the most common scams they could be exposed to – by text, email and phone, for instance. Young people should tell a trusted adult about any unexpected message or call and never give out their personal information.

Meet Our Expert

GoHenry is a prepaid debit card and financial education app with a mission to make every young person smart with money. Co-founder and CEO Louise Hill is a passionate campaigner for better financial literacy among school children and strongly believes that money management is a crucial life skill.

goHenry

#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/spending-and-saving>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

@wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 20.11.2024

Do you know
about...



Free
school meals

?

If your child qualifies for free school meals,
they will have a free meal every school day

It's easy to find out if you qualify –

Lancashire

Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Pupil
Premium

Is **additional funding** for our school to
ensure we can support pupils
to **achieve their full potential**

Whole School Messages

[Things to Do in Lancashire](#)

[Break Time short break activities](#)



If you're a **Break Time member**, you can now get a free **Max Card**, giving you reduced or free entry to many UK attractions.

The **Max Card** is a discount card for families of children with additional needs. Families can save money on great days out at castles, zoos, bowling alleys, trampoline parks and many more.

Visit www.mymaxcard.co.uk to find out where you can use the **Max Card**.

Request a card at www.lancashire.gov.uk/children-education-families/special-educational-needs-and-disabilities/things-to-do

You will need your child's **Break Time membership number** to request a **Max Card**.



Whole School Messages

Please join 'Your School Lottery'

It is as little as £1 a week and they can win at the moment just short of £70 as well as access to the larger prizes.

Raises money towards lots of our school activities, DofE, Wellbeing club, Construction Club, Gaming club as well as buying our prizes for termly bingo and donating to causes like the English Mural.
www.yourschoollottery.co.uk Search for Parklands High School.

SUPPORT OUR LOTTERY TODAY

- £1 per week
- Weekly cash prizes
- £25,000 jackpot

YOUR SCHOOL LOTTERY

£1 TICKET 841201

Splitting the £1.00

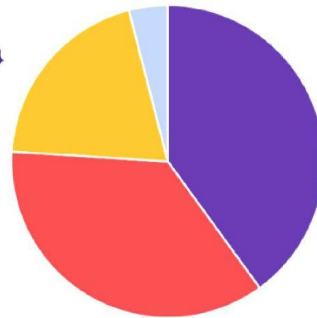
How it works...

It's simple—choose 6 numbers between 0-9 and if they match the weekly lottery draw, you win great prizes. One of our players will win a cash prize every week, maybe even the £25k jackpot! Tickets cost just £1 per week and the proceeds are donated to Parklands High School

Every Saturday at 8pm the numbers are drawn and posted online. Winners are notified by email and winnings paid into the account of your choice.

The easiest way to join our lottery is online at YourSchoolLottery.co.uk by direct debit or debit card.

It's so easy to join and will make a real difference to Parklands High School



- 40p goes to our school
- 36p goes to cash prizes
- 20p goes to admin costs
- 4p goes to VAT

The Maths... 100 tickets sold a week means
= £30 weekly cash prize
= £2,080 a year for our school



To start supporting, visit:
yourschoollottery.co.uk
and search for: **Parklands**

Click [here](#) for this week's career news.

Apprenticeship open evenings

University of Central Lancashire
Training 2000

Join us at our state-of-the-art training centre in Blackburn and speak to our team about all your options once you finish school or college. We'll have our specialist tutors on hand to answer any questions you have and help you take control of your future. Plus, as we are part of the University of Central Lancashire, our apprentices will have progression routes to Degree Level Apprenticeships.

Wednesday 29th & Thursday 30th January 2025
between 4.30 - 7.30pm

Where? Fethergate Business Park, Harwood Street, Blackburn, BB1 3BD

Let us know you are coming:
www.training2000.co.uk/events

Part of the University of Central Lancashire | Traineeships | Apprenticeships

INVESTIN

Summer Work Experience Programmes

Information and Q&A Webinar

Summer Work Experience Programmes Information and Q&A Webinar

We're excited to share our upcoming webinar, where our expert delivery team will guide students and parents through everything to know about our 2025 work experience programmes - including Level 3 Award in Work Experience, which equates to UCAS points.

If you know any students who would benefit from our programme, please share this opportunity with them. Of course, we're welcome to join too! It's a great way to see how InvestIN supports students in reaching their goals.

DECEMBER 10th - 7-8PM (UK TIME)
Summer Experience Webinar

If you are unable to attend live, you can still register to receive our webinar recordings and follow up resources and event recording.

REGISTER NOW

LIVE WEBINAR
3rd December 2024
4PM - 5PM

Dunelm

Our next week to hear from the Early Careers team at Dunelm! Remaining apprenticeship opportunities and the exciting range of roles across the business, from Retail, Supply Chain & Logistics, HR & Analytics and more. Dunelm is inviting students, teachers and parents and anyone else interested in an apprenticeship. See next week on 3rd December at 4pm!

BOOK YOUR PLACE!

Amazing Apprenticeships

CAREER News

2024

Your weekly guide to careers information, advice and news from Parklands High School

Here we are at the end of another cold but busy week at Parklands. A small group of Year 10 visited Runshaw College this week for a 'Startups Science' masterclass - with another group visiting next week for a 'Business Ethics' event. A large number of students are performing in 'Argonauts' on Thursday and Friday - perhaps some performers of the future amongst them!

Lots of great events, advice and information in this week's Career News from apprenticeship vacancies to webinars and virtual work experience opportunities. Year 11s need to be submitting their college applications as soon as possible so that interview schedules can be drawn up. Don't forget that you can change anything on the application form - all interviews, on-site student days or all placement, so don't panic if you change your mind about what to apply, or if your GCSE grades aren't what you need, email openapplications@parklandsacademy.co.uk to make an appointment or to ask a question. Berry (top office) or email openapplications@parklandsacademy.co.uk

We will shortly be launching the Work Experience programme for Year 10. Every Year 10 student will go out on a one week work placement in July 2025 - students will find their own placements, although we can support with placements if necessary. Much more information to follow once students have had the assembly!

Have a great weekend
2nd - 9th December 2024

LUSoM Early Application Deadline

Monday 13th January 2025

LANCASTER UNIVERSITY SCHOOL OF MATHEMATICS

We would like to inform you of our early application deadline for high-attaining mathematics students. Our early application deadline is 09:00 am on Monday 13th January. Students must apply by this date to be invited to attend our aptitude test on Saturday 18th January. Our application form can be found on our website, or through the following link: <https://bit.ly/46rWPH0>

LUSoM Application Process

Aptitude Test → Selection Interview → LUSoM Applicant Day

Please note, students are still welcome to apply after this point but will need to liaise with the admissions team to organise sitting our aptitude test.

If you have any queries, please email admissions@lusoam.ac.uk

LANCASTER UNIVERSITY SCHOOL OF MATHEMATICS
Lancaster University School of Mathematics, 67 - 69 London Road, Preston PR1 4BA
Tel: 01772 287481 Email: admissions@lusoam.ac.uk

Career News

Lots of great information in this week's Career News.