



# PARKLANDS BULLETIN

## WEEK 1

### 29th September - 3rd October 2025



#### Headteacher's Message

Dear parents and carers,

Last night we held our annual Open Evening and it was lovely to see so many families with their Year 6s enjoying their visit to school. We were really proud of our student helpers, both those in departments and those acting as tour guides, and they were a credit to all. We received lots of lovely feedback from visitors, including ex-pupils who are now looking to send their own children to Parklands. Here are a few of the comments made by visitors on our feedback cards, to give you a flavour of the evening.

"Our guide was a superb ambassador for your school. He took a lot of time and care to answer all our questions and he should be very proud of himself."

"Our guide was an absolute delight. She was very knowledgeable and polite. She is a true credit to the school!"

"Our guide was helpful, knowledgeable, and friendly and really put my son at ease. I can't speak highly enough of her. Your school looks like a fabulous place to learn."

"Our guide was incredibly kind to our son. Nothing was too much trouble. The staff that we met were all welcoming, helpful, and knowledgeable. Thank you."

"It was an impressive tour. I was struck by how polite and informative all of the students were. Our guide was really enthusiastic and engaging throughout."

"This young man is an absolute credit to this wonderful high school. Everybody seemed to know [our guide] and spoke as highly of him as we have. Never change!"

"Amazing guide - confident, mature, and patient. An absolute credit to the school."

"Our guide showed us around the school and she spoke with so much pride and love for her school. She is a lovely, well mannered young lady."

We look forward to welcoming some of our visitors as new Year 7s in September next year.

Mrs. Batson  
Headteacher

# Whole School Messages

## Key Dates - October and November 2025

- Thursday 16th October – Legally Blonde Drama Show, 7:00pm
- Friday 17th October – Legally Blonde Drama Show, 7:00pm
- Tuesday 21st October – Year 11 Family Revision Evening (more information to follow)
- Thursday 23rd October – Year 7 Transition Evening, 3:15–5:30pm (more information to follow)
- Friday 24th October – School closes at 3:00pm for half term
- Monday 10th November – School reopens

## Y9, Y10 and Y11 same day detentions

Please be aware that if your child should receive a **BfL 1 or 0** they will be required to serve a same day detention after school from 3pm until 3.30pm. We hope this sanction may lead to an improved focus and better behaviour in lessons. We will endeavour to notify you by text message should your child need to attend the detention, however please be aware this may not always be possible depending on the time of day. For example, if your child receives a 1 or 0 during their P5 lesson we may not be able to notify you ahead of picking your child up at the end of the day. You can also monitor your child's BFL on the EduLink app under the 'Attendance' section.

Thank you for your ongoing support.

## Polite reminder - Dropping items off at reception

Parents and carers are welcome to drop off forgotten items at reception, however please note that we are not able to notify pupils to let them know an item has arrived. Due to the high volume of PE kits and equipment we receive throughout the school day this is not possible. However, pupils are regularly informed and reminded that if they realise they have forgotten something they are able to check at the office to see if an item has been dropped off, even if a parent/carers hasn't been able to notify them prior. Pupils can continue to check throughout the day.

Please speak with your child to let them know that this is the protocol and therefore should they forget anything, they will know where to look.

## Cashless systems - SCOPAY

To ensure smooth transactions that can be tracked and recorded for trips, food payments, uniform and more, we ask that payments are made online on SCOPAY wherever possible. We aim to reduce the amount of cash that is handled in school to improve efficiency and security. If you do not have a SCOPAY account, please email [admin@parklandsacademy.co.uk](mailto:admin@parklandsacademy.co.uk) stating your child's full name, form group and year group and a SCOPAY link will be sent to you. If this link does not arrive in your inbox please check your junk box.

# Whole School Messages

## Y7 Respect Day

Year 7 will be experiencing their very first Respect day next Tuesday. We call this day Superlearning day as it is run by our student learning ambassadors who create a series of sessions for Year 7 to help them become the best learners they can be. Instead of having their usual lessons, pupils will take part in a series of workshops about topics such as friendships, staying safe and the best way to be a learner. We will also host a visit from Lancashire road safety who will do a performance for the pupils about staying safe travelling to and from school, especially as the nights draw in. Pupils can find out more information by joining the Google Classroom for Secure using the code **dtm2c4or**. Joining this Google classroom will also enable parents to see materials from all Respect days and Secure sessions afterwards and it is a great way to start conversations with your children about a variety of topics. There will also be further help and information on this Google Classroom so please encourage your child to join.

## Week commencing – Monday 13<sup>th</sup> October 2025 in House groups.

Year 9 Electronic School Health Needs Assessment (Y9 EHNA)

Parental consent is not required for EHNA. Any concerns raised from the questionnaire will be followed up by the school nurse in her weekly drop-ins.

Mrs Fairhurst DSL

## Flu Immunisation - All years

Please see the information below for the Flu immunisation this winter. Please follow the link to complete the consent/no consent form. Any queries, please contact the number below. This information has also been sent to you via Edulink.

Many thanks.

**Dear Parent/Carer,**

***If you would like your child to receive the flu vaccine in school this year, please follow this link to complete an online consent form. If you would like to decline, please complete a no consent form on the attached link.***

**<https://nhsimms.azurewebsites.net/session/34c84245>**

***The vaccinations will take place at your child's school on 03/12/25. The link will close on the 02/11/25. If your child has already had the Flu vaccine elsewhere since Sept 2025, please complete a 'No' to consent form. If you have any problems accessing the link, please telephone 0333 3583 397 option 2 option 1.***

## Whole School Messages

### Is Your Child a Young Carer?

If you think your child may have young carer responsibilities, or if you'd like to make us aware, please get in touch.

Please email Miss Rhodes (Assistant Head) [srhodes@parklandsacademy.co.uk](mailto:srhodes@parklandsacademy.co.uk) with the following information:

- Child's name
- Year group
- Who they care for
- How frequently they provide care
- Anything else you would like us to know

While young carer status does not come with additional funding, it does ensure your child is recognised and supported in school.

### Could Your Child be Eligible for Free School Meals?

Check **eligibility and apply** via Lancashire County Council:

[Free School Meals - Lancashire County Council Lancashire.gov.uk](https://www.lancashire.gov.uk/free-school-meals/)

If you do apply, please also email Miss Rhodes (Assistant Head) [srhodes@parklandsacademy.co.uk](mailto:srhodes@parklandsacademy.co.uk)

### School Menus

To see our school menus, please click [here](#).

# Attendance

## Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have 615 students who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	This week %	This year %
ANZ	93.4%	95.4%
ASA	92.5%	95.1%
EUR	93.4%	95.6%
SAM	93.9%	95.1%
AFR	94%	95.4%
<b>Totals %</b>	93.5%	95.2%

Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the Top Office.

# Whole School Messages

## Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 155 pupils to date

Year 8: 119 pupils to date

Year 9: 129 pupils to date

Year 10: 115 students to date

Year 11: 112 students to date

All: 630 students

**How many had the perfect 3 in the previous week?**

Year 7: 179

Year 8: 158

Year 9: 165

Year 10: 168

Year 11: 149

All: 819

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

**How many pupils have a BfL score of 2.99 - 3?**

Year 7: TBC

Year 8: TBC

Year 9: TBC

Year 10: TBC

Year 11: TBC

All: TBC

**Students**, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

**Weekly Learning Support Board** - please click [here](#)



**Learning Support Board**  
Week Commencing  
**6th October 2025**

"Eighty percent of success is showing up."  
**WOODY ALLEN**

**LANCASHIRE LOCAL OFFER**

Special Educational Needs and Disabilities Local Offer in Lancashire

**Have You Heard the News?**

We have reached October. Of course, October gets its name from being the eighth month in ancient Rome until January and February were added in 713 BC. Over 2,700 years later, on Tuesday, the Year Sevens will have their first Super Learning Day. This year group will be off normal timetable to focus on a particular PSHE topic. Meanwhile, we'll be in N17 to answer any Learning Support queries.

[Learningsupport@parklandsacademy.co.uk](mailto:Learningsupport@parklandsacademy.co.uk)

**Joke of the Week**

How funny was the snake?  
HISSESSS -terical!

**ATTEND today**

**ACHIEVE tomorrow**

General Certificate of Secondary Education

**Inspire Quiz**

What is the name of this famous German cake?

Lost Time's answer: Sebastian Cole

**Follow us on Instagram:**  
**[p\\_h\\_s\\_learningssupport](#)**

**Useful Links**

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

# Whole School Messages

## This Week in KS3 Religious Studies

We are now in Week 5 of the term, and our KS3 students are continuing to explore some interesting topics in their RS lessons. **Current Units and Inquiry Questions:**

- **Year 7:** Ultimate Questions – Is it possible to find answers to ultimate questions?
- **Year 8:** Prejudice and Discrimination – Why do people discriminate?
- **Year 9:** Human Rights and Social Justice – Do we still need human rights today?

Here are a few questions you can ask your child to see what they have been learning this week:

### Year 7 (Ultimate Questions)

- Why do some people choose to have a faith?
- How might having faith change the way someone lives?
- What do you think is meant by an ultimate question?



### Year 8 (Prejudice and Discrimination)

Most Year 8 classes have been preparing for, or completing, their first assessment of the year - a piece of extended writing about the history of racism in Britain, the experiences of the Black community, and whether racism is still an issue today. As part of this, students have responded to the following questions:

- What do you know about the treatment of Black people in Britain?
- How did this make Black people feel at the time and how do they feel today?
- What can be done today to stop racism - by you? By school? By the government?

### Year 9 (Human Rights and Social Justice)

- What is social justice, and why does it matter?
- Who are some famous people who have worked for social justice?
- How can young people today fight for social justice?

## ☀️ Join Us in Supporting YoungMinds! ☀️

Our Wellbeing Team are taking on a challenge for a great cause! Every lunchtime, we'll be hitting the multi-gym and clocking up the miles with the goal of reaching **50 miles** together. 💪✨

All funds raised will go directly to **YoungMinds**, the UK's leading charity fighting for children and young people's mental health.

Cheer us on, get involved, and help us make every mile matter! All donations welcome in cash or via Scopay 🏃

# Whole School Messages

## PE Update week beginning 29th September 2025

Another busy week in the PE department! Remember everyone is welcome to come and try clubs we offer. We have something on almost every night after school. There is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!

**Y7 Intra School Football Tournament** Well done to our year 7 footballers on their first intra school football event. They all played very well and are really looking forward to their first official game for Parklands which is coming very soon!



**Y10 & 11 Netball** Both teams played some friendly games at Holy Cross against all schools in the district. Lots of skills and strategies to work on leading to the upcoming tournament. Well done.



**Y9 Boys Football Lancashire Cup** away at Shuttleworth College. One of the best matches the team have ever played representing Parklands. A very high level of opposition with lots of goals scored from both sides. Unfortunately a last minute goal from the other side resulted in a loss. Well played.

**Y7 PGL Weekend** What a weekend! The pupils had all of the fun with silent discos, giant swings, manhunt and more! Thanks to all the staff who gave up their weekend to help we couldn't do these things without you!



## Whole School Messages

### Macmillan Coffee Morning



### A Huge Thank You!

I just want to extend a massive thank you to everyone who helped make last Friday's event our most successful yet! Together, we raised an incredible **£2,965**, which will soon be on its way to **Macmillan** to support the amazing work they do.

This was a true team effort – from our enthusiastic new Year 7 students right through the year groups, to the parents, grandparents, carers, and all the wonderful staff here at **Parklands** who come together year after year to support this fantastic cause. Your generosity and community spirit never fail to impress.

A special congratulations to our **three Star Bakers**:

- 🏆 1st Place: **Leo (Y7)**
- 🥈 2nd Place: **Chloe (Y8)**
- 🥉 3rd Place: **Layla (Y7)**

# Whole School Messages

## Macmillan Coffee Morning



And for the first time, **all the raffle prizes were won by students** – a lovely surprise to cap off a brilliant day!

Thank you once again – we couldn't have done it without you.

## Whole School Messages

### Tour De 4

Jenny raised £1000 after taking part in the Tour De 4 40 mile bike ride in September. Following Sir Chris Hoy's diagnosis, Tour De 4 is a brand new fundraising charity bike ride that aims to shine a spotlight on what a Stage 4 cancer diagnosis can look like and demonstrate that it is possible to live well and lead a happy life alongside this devastating diagnosis. Riding for Prostate Cancer UK challenging perceptions, raising vital awareness and funds, and inspiring hope for everyone affected by cancer. Well done Jenny, we are very proud of you #teamparklands

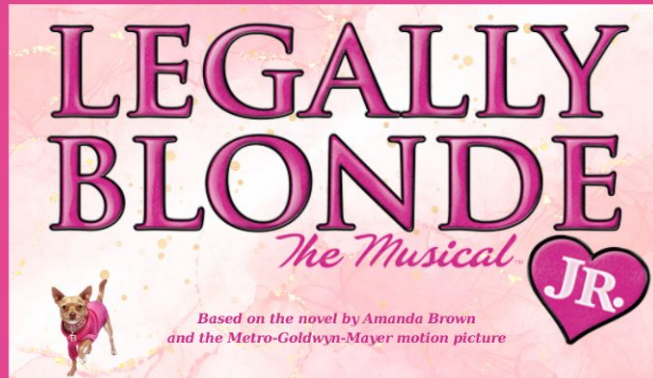


## Whole School Messages

### Legally Blonde Jr

#### Parklands High School production of

Music and Lyrics by  
Laurence O'Keefe  
and  
Nell Benjamin



Book by  
Heather Hach

This amateur production is presented by arrangement with Music Theatre International.  
All authorised performance materials are also supplied by MTI ([www.mtishows.co.uk](http://www.mtishows.co.uk))

**Thursday 16<sup>th</sup> and Friday 17<sup>th</sup> October, 7pm start**

**Tickets: £3 Concessions, £5 Adult, £10 Family (up to four people)**  
**Available on Ticket Source: [www.ticketsource.co.uk/parklands-high-school](http://www.ticketsource.co.uk/parklands-high-school)**

Tickets are now on sale for our musical 'Legally Blonde Jr'. Please visit [Ticketsource](http://Ticketsource) to purchase.

## ADHD AWARENESS EVENING

**26TH NOVEMBER AT 6:00PM - 8:00PM**

### **PARKLANDS HIGH SCHOOL INVITES YOU TO ATTEND AN EVENING OF INFORMATION ALL ABOUT ADHD AND ADOLESCENCE**

- The ADHD parent workshop will be a **practical** and engaging session that aims to provide parents with a **clear understanding** of what ADHD really is, separating facts from common **misconceptions**, and show **how ADHD affects children at school and home**.
- Parents will gain **clear, research-based insights** and **easy to use strategies** to support their child's learning and wellbeing.
- The workshop will be delivered by **Lydia Brooks**, an Assistant Educational Psychologist who currently works for **ed-Psychology Solutions**, an educational psychology service that helps identify and meet the individual and complex needs of young people across Lancashire.
- Lydia has a Masters in **Developmental Disorders** and has supported children with a wide range of special educational needs in nursery and school settings.

All parents welcome!

Please contact Lisa Williams SENCo if you would like to attend.

Email: [lwilliams@parklandsacademy.co.uk](mailto:lwilliams@parklandsacademy.co.uk)



# WRAP UP LANCASHIRE



As a school we are getting behind local initiatives and charities.

If you have any unwanted WARM COATS AND JACKETS at home please bring them in and dump them in the designated bin in the FITNESS SUITE PE office.

We will take any unwanted coats and give them to charities that support the homeless, refugees, children living in poverty and people fleeing domestic violence

\*Coats must have working zips and be in good condition/clean.

## PE HOODIES AVAILABLE



We have a large amount of PE hoodies available in school in a range of sizes for **free**.

These can be worn during PE lessons.

Please encourage your child to come and collect one from the PE office.

We have many without initials but when these run out we can offer pre-loved hoodies that do have initials on.

First come first served.

CHECK OUT OUR  
RESOURCE HUB:



Compass Bloom are the Mental Health Support Team in your school.  
We provide free support for mild/moderate mental health concerns:



MILD TO  
MODERATE  
ANXIETY



LOW MOOD:  
SADNESS, LOW  
MOTIVATION



DIFFICULTY  
MANAGING  
EMOTIONS



DIFFICULTY ADJUSTING  
TO CHANGE AND  
TRANSITION

**SPEAK TO YOUR SCHOOL ABOUT SUPPORT FROM COMPASS BLOOM  
OR GET IN TOUCH:**



COMPASSBLOOM@COMPASS-UK.ORG



01772 280123

TAKE A LOOK AT  
OUR WEBSITE:



# Peru Crew Recipe Book

## We want your recipes!

We're looking for your favourite recipes to feature in our upcoming Recipe Book.  
It can be savoury, sweet or even a drink, mocktails only please. Vegetarian  
and Vegan recipes are welcome too.

Please send the recipe along with a photograph of the dish to  
[ajohnston@parklandsacademy.co.uk](mailto:ajohnston@parklandsacademy.co.uk)



Click [here](#) for career news.



As always, lots of useful information in this week's Career News. There are open events, webinars, virtual work experience opportunities, conferences, videos, podcasts, blogs and so much more. Ignore the party politics, put the kettle on and settle down for a read!

There will be a lunchtime drop-in session with Preston College next Wednesday. This is an ideal opportunity for Year 11s to ask staff about courses, applications, transport and entry requirements. Don't forget, pupils have to apply to at least TWO colleges by Christmas, as interviews start in January. Most local colleges are oversubscribed so don't leave it too late to apply. You can change your mind about the course or subject at any time, you are only reserving a place at college for now.

### College open events coming up:

- **Wigan & Leigh College** - Monday 6th October, 4.30pm - 7pm
- **Bolton Sixth Form** - Wednesday 8th October, 5pm - 8pm
- **LUSoM** - Saturday 11th October, 10am - 12.30pm

Year 11 pupils should make an effort to visit as many as possible in order to make a fully informed choice. Each college or sixth form will offer different subjects, qualifications and combinations and have different entry requirements, so it's important to make sure you will be able to do the course you want to do at the college you prefer.



## CALLING ALL PARENTS & CARERS!



**Is your young person feeling more worried than usual?**

Are those worries starting to get in the way of everyday life?

We're here to help.

We're running online worry management courses (PODS) for secondary school aged young people across Central & West Lancashire.

- 6-week course
- Delivered on MS Teams
- Join alongside other young people who feel the same

**What we'll cover (one topic each week):**

**Session 1** - Understanding anxiety – fight, flight, freeze + intro to CBT

**Session 2** - Spotting & managing physical symptoms

**Session 3** - Challenging negative thoughts – fact or opinion?

**Session 4** - Worry tools – the worry tree, letting go & problem solving

**Session 5** - Behaviours – safety, exposure & building confidence

**Session 6** - Emotions – self-soothing, safe spaces & moving forward

**A safe space to learn, share and discover new ways to manage worries.**

**Want to know more?**

Scan the QR code or follow the MS link below to fill in a quick form.

<https://forms.cloud.microsoft/e/x1asaVTeTL>

We'll then give you a call for a friendly chat about the Worry Management Course and answer any questions you might have.

SCAN ME!



COMPASSBLOOM@COMPASS-UK.ORG



01772 280123



@COMPASSBLOOM



@COMPASSBLOOM\_

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE, PR25 2TF

# Whole School Messages

The One Stop Shop is a drop in where families can access support from different services under one roof.



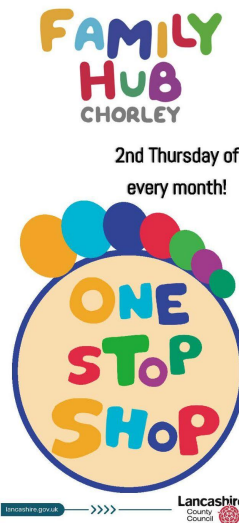
We offer a warm welcome, refreshments, and an opportunity to get help with:

- Housing
- Finance
- Accessing food banks
- Mental health support
- Emotional Health and Wellbeing
- Relationship's
- Targeted Youth Support
- Sexual Health
- Substance / alcohol
- ... & more



Drop-in  
2nd Thursday of every month  
9am till 12noon  
@  
**Inspire Youth Zone**  
**Chapel St**  
**Chorley**  
**PR7 1BS**

Children and Family Wellbeing Service  
Tel: 01257 516 316  
Email:  
Chorleyfamilyhub@lancashire.gov.uk

## SERVICES HERE TO HELP

2nd Thursday, Monthly

Get help with referrals for further support, and access to a range of community agencies, as well as information on lots of free groups (including parenting, domestic abuse, relationship communication, speech & language, and pre-school play sessions).



Inspire Youth Zone



Unify Credit Union



Chorley Buddies



Places For People



Social Prescribing



citizens advice



Home-Start Central Lancashire



Lancashire Talking Therapies



Jigsaw Homes



Christians Against Poverty



NEST Lancashire



Children & Family Wellbeing Service



... & more!

The One Stop Shop was relaunched on the 11<sup>th</sup> September, with numerous parents attending to access support for a range of support or advice needs, in one location..

Some of the feedback comments included;

*"Very helpful, all under one roof"*

*"Face to face better"*

*"Easier to speak to housing directly"*

*"All agencies were very welcoming"*

*"Face to face is better than automated machines"*

*"I've actually sat down with someone who helped me. Made my day and made me happy."*

This is running on the 2<sup>nd</sup> Thursday of every month (9<sup>th</sup> Oct, 13<sup>th</sup> Nov, 11<sup>th</sup> Dec), 9am till 12 noon, at Inspire Youth Zone Chorley.

# School Nurse Drop-In Clinic

The School Nurse service runs a weekly drop in at your school, where you can attend, to access confidential health advice.

**(no appointment needed- just turn up)**

**Emotional Health - Stress - Worries- Relationships-Healthy lifestyles**  
**Healthy eating – Sleep and so much more**

**Your school Nurse is - Kate McGee**

**Will be in school on-**

**Mondays**

Time: **Lunchtime**

Place: **MAT Room 2**



Scan this QR code to access  
our website:

Lancashire Healthy young People & Families Service (LHYPFS)



Scan this QR code to send a  
message to our confidential  
messaging service,  
ChatHealth



Commit to Quit



## ONLINE SUPPORT - VAPING & SMOKING FOR YOUNG PEOPLE

Book an individual 20 minute session with one of our advisors on Monday, Tuesday, Thursday or Friday between 3.30pm to 5pm - offering tips & advice on how to stop smoking or vaping.

Book your slot via:  
<https://calendar.app.google/a5B8yFpZ2f737PJa9>  
Or use the QR code



[www.smokefreelancashire.org.uk](http://www.smokefreelancashire.org.uk)

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about EA SPORTS FC 26

**AGE RESTRICTION**  
**PEGI 3**

### WHAT ARE THE RISKS?

#### AN ANNUAL RELEASE SCHEDULE

As was the case with the last two EA Sports FC games and the FIFA series before it, the franchise rolls out once a year with updated squads and new features. This can make it expensive to keep up with, particularly when so many dedicated players are keen to get their hands on the latest edition.

#### VOICE CHAT

Voice chat can be enabled across all platforms, meaning young people can speak to anyone they play with or against. While it can be switched off, some children will no doubt want to speak to their friends while they play. This also means they may encounter strangers much older than them, which can expose them to inappropriate language or behaviours.

#### IN-GAME PURCHASES THROUGH ULTIMATE TEAM

Ultimate Team is the big draw for EA Sports FC, letting players spend real money on packs that they can open to build a squad of the world's best players. They're not always easy to obtain, and new, improved versions of players will be regularly added as limited-time offerings. Young people could feel pressured into spending money and experience fear of missing out.

#### SCAMMERS IN ULTIMATE TEAM

Ultimate Team is managed by EA itself, but that hasn't stopped scammers from looking to dupe players out of money and in-game coins. Some scammers sell their accounts, which is a violation of EA's terms of service, while others will 'sell' coins – something the developer is still working to crack down on. Some try to gain access to others' accounts, potentially giving them access to payment information.

#### POTENTIAL FOR ADDICTION

While EA Sports FC is potentially addictive, thanks to its fast-paced gameplay and mirroring of the real-world skill and glamour of football, Ultimate Team's focus on limited-time rewards and the lottery of winning packs can make it feel closer to gambling than gaming, which may lead to addiction and impulsive spending of money.

### Advice for Parents & Educators

#### PREPARE FOR ANOTHER GAME IN A YEAR

The annual-release cadence aligns with the return of the school year, and can be a great way to incentivise good behaviour at the start of term, if children are applying themselves and preparing for a new year of school, or were particularly well behaved in the summer, EA Sports FC 26 could make a great reward.

#### MONITOR VOICE CHAT

As in-game chat is open, be sure to adjust the settings in EA Sports FC 26 to lock it down. If children want to chat with their friends while they play, consider setting up a safe space for them to call, to allow them to play without fear of outsiders.

#### LIMIT SPENDING

If you're worried about children accidentally spending real money in Ultimate Team, whether in game or on the EA Sports FC companion app, don't link a payment card to their account. Reclaiming funds can be a mountain to climb, and the dopamine hit of opening flashy packs with slick animations means one purchase can lead to another very quickly. It's also worth adding a prepaid card if you'd prefer them to make their own choices with their budget.

#### BE VIGILANT

As with last year, there are ways to keep scammers at bay. Ensure passwords are locked down, and consider using a password manager application to keep them secure. EA will never contact players through the game itself, so be vigilant with incoming messages, and block and report suspected spam. EA will contact players by email if needed, but they will never ask for usernames or passwords. Players should also avoid buying in-game currency from unofficial websites – doing so can lead to accounts being banned and could cost players money in the process.

#### Meet Our Expert

Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/ea-sports-fc-26>

**#WakeUpWednesday**  
**The National College**

[X @wake\\_up\\_weds](https://www.wakeupweds.com) [f /www.thenationalcollege](https://www.thenationalcollege.com) [@wake.up.wednesday](https://www.wakeupweds.com) [@wakeup.weds](https://www.wakeupweds.com)

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With new kits, updated squads and refined gameplay, EA FC 26 brings the thrill of top-tier football to living rooms once again. While it continues to offer family-friendly fun in modes like Kick-Off and Career, the ongoing popularity of Ultimate Team – where players spend money to build fantasy squads – brings a mix of excitement and risks.

Children can encounter issues such as gambling-like mechanics, voice chat with strangers, and potential exposure to scams. This guide breaks down the game's most important features, highlights the key risks to be aware of, and shares practical advice for helping young players stay safe while gaming and interacting online.

# Fireworks, The Law and You



**Fireworks can only be purchased from registered sellers for private use between:**

**15th October – 10th November  
26th December – 31st December  
3 days before Diwali or Chinese New Year**

**It is illegal to sell fireworks or sparklers to anyone under 18**

**It is illegal for anyone under 18 to possess fireworks in public**

**If you are caught with fireworks in public you could be given an on the spot fine of £80**

**It is an offence to set off fireworks between 11pm and 7am**

**It is also an offence to obstruct emergency workers**

**If you are caught committing any of these offences you could be given an on the spot fine or be taken to court where you can be given a heavier fine or prison sentence.**



**THINK ABOUT IT.**

# Firework Code



Lancashire Fire  
and Rescue Service

**Always supervise young children**

**Light sparklers one at a time**

**Keep pets indoors**

**Keep them in a closed box**

**Follow all instructions carefully**

**Stand well back**

**DO's**

**&**

**Don'ts**

**Never return to a lit firework**

**Don't give sparklers to under 5's**

**Don't set fireworks off after 11pm**

**Never put them in your pocket**

**Never throw them**



**For more information visit:**

[www.lancsfireandrescue.org.uk/bonfires-and-fireworks.aspx](http://www.lancsfireandrescue.org.uk/bonfires-and-fireworks.aspx)



Polo shirt from girlfriend £60  
Sweatband, model's own £10  
Headphones from Mum & Dad £90  
Life-long scars from messing around with Roman Candle £7.99

**FIREWORKS  
BE SAFE  
NOT SORRY**  
ALWAYS FOLLOW THE CODE

**18+** IT'S AGAINST THE LAW TO  
POSSESS FIREWORKS IN  
PUBLIC IF YOU'RE UNDER 18  
Find out more at [www.direct.gov.uk/fireworks](http://www.direct.gov.uk/fireworks)

**BIS** | Department for Business  
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**I THOUGHT  
IT WOULD BE FUNNY  
TO THROW  
FIREWORKS**



Lancashire Fire  
and Rescue Service



Lancashire Fire and  
Rescue Service



@LancashireFRS

[www.lancsfirerescue.org.uk](http://www.lancsfirerescue.org.uk)

making Lancashire safer



## BRAND NEW DODGEBALL CLUB

Get Ready to Dodge, Duck, Dive - Where the Fun Thrives .

Looking for a sport that's fast, exciting, and packed with laughs? ⚡ Come and play Dodgeball - the ultimate game of teamwork, speed, and skill! ⚡

If your child is aged between 8-12, then this session is perfect for them.

Why Dodgeball?

- ✓ Make new friends
- ✓ Stay active and healthy
- ✓ Build confidence and teamwork
- ✓ Most importantly... have loads of fun!

Booking 

**EVERY WEDNESDAY**  
**6PM - 7PM**

St George's Church Hall  
Halliwell St Chorley  
PR7 2AL  
(Next to St George's Church)

£4 each per session

**JOIN NOW** ☎ 07716324974

✉ [TheSittingDuckDodgeball@outlook.com](mailto:TheSittingDuckDodgeball@outlook.com)

**DON'T BE A SITTING DUCK!**





## **Parklands Preloved uniform**

Pass it on, don't throw away,  
A uniform's here to save the day!  
Keep it going, let it flow,  
Helping pupils as they grow.

Please send any preloved uniform into school  
to Mrs.K O'Reilly.

Thank you.

Do you know  
about...



# Free school meals



If your child qualifies for free school meals,  
they will have a **free meal** every school day

It's easy to find out if you qualify –

### Lancashire

Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

### Pupil Premium

Is **additional funding** for our school to  
ensure we can support pupils  
to **achieve their full potential**