



PARKLANDS BULLETIN

Week 2

31st March - 4th April 2025



Headteacher's Message

Dear parents and carers,

We have reached the end of another very busy half term at Parklands. Year 11 are now very much on the final countdown before their exams. Next week is our annual Easter School, where the children can get some final revision tips before the start of the exams. Hopefully all of our Year 11s will use the Easter Break to make sure they are ready and prepared for the start of the exam season next half term.

School reopens for the Summer term on Tuesday 22nd April for all pupils. The French Speaking Exams take place on Wednesday 23rd, and this is the first of the exam sessions. There is also a Parents and Carers Evening on Wednesday for those going on the Barcelona Trip next year. On Thursday 24th April we will be holding our final Progress Evening for Year 11; this will be online and appointments will be available to book the week before on School Cloud as usual.

In the second week back, the main GCSE exam season begins, with Art and Photography both taking place this week. There are further exams the following week, with the first whole cohort exam being English Literature Paper 1 on Monday 12th May. Year 11 pupils all have their exam timetables and these are also available on Edulink.

From May 1st, the food prices in the canteen will be increasing. We appreciate that this is not great news, but I'm sure that you recognise that costs are increasing across the country of all items, including energy, ingredients, and staff. Currently, our prices are below those in other schools in the local area, and have not increased for a number of years. We will keep the increase minimal, and we are intending to raise prices incrementally across the Summer term to try to reduce the impact on family budgets. The school canteen is run on a not for profit basis, and this increase is purely to cover our increasing costs whilst maintaining the quality and range of our provision. If you feel that you may be entitled to, but are not in receipt of, free school meals, please click on this [link](#) to check if you may be eligible to claim. If you find you are eligible for free school meals, please let school know once this has been confirmed.

Finally, I'd like to wish you all a fabulous break. We look forward to seeing everyone back on Tuesday 22nd.

Mrs. Batson
Headteacher



Whole School Messages

Key Dates - April

- **Tuesday 22nd April:** First day back of Summer Term
- **Tuesday 22nd April:** Final Year 11 Tracker reports and reviews
- **Wednesday 23rd April:** Barcelona Trip Parents Evening 5-6pm
- **Thursday 24th April:** Year 11 Progress Evening Online
- **Tuesday 29th April:** Year 10 Tracker reports and reviews

Key Dates - May

- **Tuesday 1st May:** Year 9 Tracker reports and reviews/ Year 7 & 8 BfL reports home
- **Friday 2nd May:** Duke of Edinburgh practice weekend
- **Monday 5th May:** Bank Holiday
- **Thursday 15th May:** Year 7 Progress Evening in school
- **Friday 23rd May:** Last day of term

Key Dates - June

- **Monday 2nd June:** School reopens

Y9 and Y11 same day detentions

Please be aware that if your child should receive a **BfL 1 or 0** they will be required to serve a same day detention after school from 3pm until 3.30pm. We hope this sanction may lead to an improved focus and better behaviour in lessons.

We will endeavour to notify you by text message should your child need to attend the detention however please be aware this may not always be possible depending on the time of day. For example, if your child receives a 1 or 0 during their P5 lesson we may not be able to notify you ahead of picking your child up at the end of the day.

You can also monitor your child's BFL on the EduLink app under the 'Attendance' section.

Thank you for your ongoing support.

Bike Safety

Unfortunately we have had a number of complaints from members of the public about Parklands pupils riding their bikes to school inappropriately.

This includes weaving in and out of the cars on Southport Road, riding on the pavement and riding in front of passing cars, causing drivers to slam on.

Please can we ask that you have a conversation with your child if they use a bike either socially or as a mode of transport to and from school.

Thank you.
Mrs Haslam

Whole School Messages

Year 11 Easter School

Details have been sent to all students, parents and carers via email. We hope this will help provide additional support in preparation for the summer exams. It is now too late to make new bookings or alterations. Please note the school switchboard will be closed during the Easter break.

Year 8 Immunisations

Please be advised that the Immunisation team will be in school on Monday 28th April for the Y8 HPV immunisations.

Please make sure your child has had breakfast and wears a short sleeved shirt where possible.

If you have any questions regarding this day, please contact Intrahealth on tel: [03333 583397 option 2](tel:03333583397) or email team.lancashire@intrahealth.co.uk

Happy Easter to our wonderful pupils and parents!

As we break up for the Easter holidays, I want to take a moment to wish you all a joyful and restful break.

To my pupils, especially year 11 - enjoy your well-deserved rest, but don't forget to keep the spirit of learning alive!

To my parents - thank you for your continued support.

Wishing you all a blessed and Happy Easter!

Gail Fox

Europe House

Polite reminder - Uniform and Standards

A big thank you to those pupils and parents who are supporting us to uphold our uniform standards. However, we still have a minority of our pupils who are still not getting it right. Please see below some of the areas which are causing us the most issues;

Pupils' hair colour should be of a natural colour - blue and pink are not natural!

Socks should be black or navy and should not be sports socks.

False nails/nail varnish of any description are not permitted.

Makeup is not allowed nor are false eyelashes. Year 11s may wear discreet makeup.

The only jewellery that is permitted is a watch. All other jewellery will be confiscated until the end of the week.

School will be the final arbiter with regards to uniform and standards. Should any pupil continue to disregard our school policy then further sanctions will be applied.

Thank you.

Attendance

Weekly Attendance Update

As part of our ongoing commitment to fostering a positive and successful learning environment at Parklands, we would like to provide you with an update on the overall attendance across the school. Regular attendance is essential for student success, and we want to share important information regarding current trends, key attendance goals and ways we can work together to support all of our students.

We currently have 97 students who have 100% attendance so far this year. If your child is one of these students please congratulate them and continue to encourage their attendance, it is a great achievement.

House	Attendance % last week	Attendance % this year so far
Australasia	90%	92.5%
Asia	94.3%	94.2%
Europe	90%	94.4%
South America	92.8%	94%
Africa	91%	93.4%
Whole School	91.6%	93.7%

Students are expected to be in the school building at 8:25am, heading to form at 8:30am and be in form by 8:35am. If they are arriving between 8:35am and 9:15am for any reason they need to enter through the pupil entrance and be signed in at the Top Office.

Whole School Messages

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 54 pupils to date

Year 8: 53 pupils to date

Year 9: 43 pupils to date

Year 10: 48 students to date

Year 11: 40 students to date

All: 238 students

How many had the perfect 3 in the previous week?

Year 7: 160 pupils

Year 8: 141 pupils

Year 9: 157 pupils

Year 10: 156 students

Year 11: 132 students

All: 746 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of 2.99 - 3?

Year 7: 147 pupils

Year 8: 119 pupils

Year 9: 95 pupils

Year 10: 124 students

Year 11: 97 students

All: 582 students

Students, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

Weekly Learning Support Board - please click [here](#)



Learning Support Board
Week Commencing
7th April 2025

Have You Heard the News?

As we reach the end of the Spring term, we are minded of the importance of next term to those pupils nearing the end of their time at Parklands. In the first 2 weeks back there are French Speaking, Photography and Art exams. The Learning Support department will return on Tuesday 22nd April. You can find us in N19 and online.
Learningsupport@parklandsacademy.co.uk



Inspire Club



In 2011, the world's largest chocolate Easter egg was made. How many tons did it weigh?

Last time's answer: 1400lbs

"A true friend thinks you're a good egg even if you're slightly cracked."

Bernard Meltzer



Joke of the Week

What happened to the naughty Easter bunny?

It was egg-spelled from school.



LANCASHIRE LOCAL OFFER

Special Educational Needs and Disabilities Local Offer in Lancashire

EASTER

A time of

HOPE, RENEWAL & NEW BEGINNINGS



Follow us on Instagram:
[p_h_s_learningsupport](#)

Useful Links

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- Kooth Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

Whole School Messages

National Reading Champions Quiz



On Tuesday, Miss Malone and Mr Johnston took two teams of Y8 students to participate in the National Reading Champions Quiz and, out of 19 teams, they achieved joint third place. We are very proud of them for representing Parklands so well!

Easter Raffle

Easter Raffle Winners



Won by Brooke, Y7



Won by Leighton, Y7



Won by Alfie, Y9

**Thanks to everyone who bought a ticket,
you helped raise over £300 for The Peru Trip**

Whole School Messages

World Down Syndrome Day

Thank you everyone who supported World Down Syndrome Day. Donations are still being made and we look forward to sharing the total soon. There are still many unclaimed raffle prizes to be collected. Do you have the winning number? Please check below.

World Down Syndrome Day

WINNER - Sweet jar
WINNING NUMBERS - Raffle

606	639	672
607	643	683
632	653	694
637	657	710

CLAIM PRIZES FROM N17

751 sweets

Thank-you to everyone who helped in any way

OVER £300 RAISED!

When babies are created, they receive 23 chromosomes from their mum and 23 chromosomes from their dad. For most of us, that's a total of 46 chromosomes.

Chromosomes carry the genetic information for all of our characteristics in a molecule called DNA.

About 1 in 1,000 babies are born with Down Syndrome. This is caused when the body's cells produce an extra copy of chromosome number 21 to give a total of 47 chromosomes.

Well done to Hunter for winning the sweet jar!

KS3 Religious Studies: Discussion Questions

This term, KS3 students have been exploring the beliefs and practices of the Abrahamic religions. Here are some questions to discuss with your child/children this week:

Year 7: Judaism

- What is anti-Semitism, and is it still a problem in modern-day Britain?
- What is Zionism, and why is it important to some Jews?



Year 8: The History of Christianity

- What knowledge have we gained from this unit?
- How has learning about Christianity helped us understand history and different beliefs?



Year 9: An Introduction to Islam

- What is Halal? What is Haram?
- Why do some religions have food laws?
- How do food laws affect a Muslim's lifestyle and choices?



Extra Challenge: students in Years 8 and 9 are encouraged to test their knowledge by answering questions from the earlier year groups!

Whole School Messages

Chorley Tennis Club



CHORLEY TENNIS CLUB

TENNIS OPEN DAY

SATURDAY 12TH APRIL 2025 | 10AM - 4PM

At the OPEN DAY Register for these FREE offers!

- FREE "121 TENNIS TASTER SESSION"
- FREE "PRIZE DRAW ENTRY" FOR A CHANCE TO WIN 1 OF THESE AMAZING PRIZES:
 - A FREE "JUNIOR MEMBERSHIP" OR A FREE "PRIMARY SCHOOL JUNIOR MEMBERSHIP" FOR THE 2025/2026 SEASON (OR £30.00 OFF ANY OTHER MEMBERSHIP)
 - A FREE "BLOCK OF COACHING" FOR 6 WEEKS
 - A FREE "121 LESSON" WITH AN LTA COACH

NO NEED TO BOOK JUST TURN UP!

EVERYONE IS WELCOME!

ALL AGES! ALL ABILITIES!

Ask about our:

2025 COACHING PROGRAMMES

Book Online Today: clubspark.lta.org.uk/ChorleyTennisClub/Coaching/

We are an LTA Registered venue. Our Tennis Coaches are LTA Qualified, LTA Accredited & DBS checked. Our Assistants & Volunteers work according to LTA Deployment guidelines.

Chorley Tennis Club
"TENNIS FOR EVERYONE..."

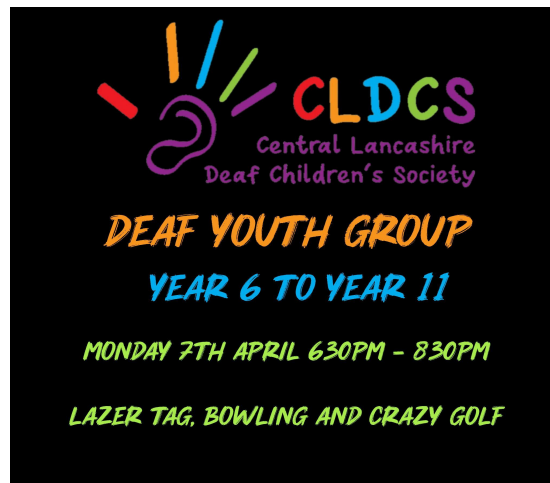
Windsor Park | Walgarth Drive | Chorley | Lancashire | PR7 2QW
Club/Memberships/Press & Media/LTA: seccdc@gmail.com
Coaching: chatterley3@bt.com

Memberships
Social Tennis
Team Tennis
Tournaments
Group Coaching
1:1 Coaching
School Coaching
Holiday Camps
Events

Chorley Tennis Club is holding a free Open Day on Saturday 12th April between 10am - 4pm. Parklands pupils are invited to attend. No prior tennis experience or equipment is needed. The day is an excellent opportunity for pupils to try out tennis for the first time.

Chorley Tennis Club is the town's only not for profit tennis club and are located next to Chorley Cricket Club, just off Southport Road.

Central Lancashire Deaf Children's Society



CLDCS
Central Lancashire
Deaf Children's Society

DEAF YOUTH GROUP

YEAR 6 TO YEAR 11

MONDAY 7TH APRIL 630PM - 830PM

LAZER TAG, BOWLING AND CRAZY GOLF

Central Lancashire Deaf Children's Society would like to invite all Year 6 to Year 11 Deaf children in Lancashire to our FREE Deaf Youth night at Level in Preston on Monday 7th April 6.30 - 8.30pm. The children will take part in Bowling, Lazer Tag and Crazy Golf.

If your child would like to join us then please complete the CLDCS Deaf Youth Group registration form and use the link, both below, to select your free tickets for this event. Parents/Carers are welcome to stay or drop your child with our DBS checked volunteers.

For more information please feel free to email us at; central.lancs.dcs@outlook.com

[Registration Form:](#) [Free event tickets:](#)

Whole School Messages

PE Update week beginning 31st March 2025

Another busy week in the PE department and the weather has started to warm up! Lessons outside will still continue unless it is unsafe to do so. Remember, there is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!

Year 7 Football at home. The team played against schools from Bishop Rawstorne, Holy Cross, Southlands and St Michaels. A valiant defensive effort but unfortunately the team just couldn't put the ball in the back of the net. Great effort by all. Well done.



Year 8 Basketball Tournament against Southlands, Holy Cross and St Bedes. The team showed great teamwork and skill securing 2 draws and a win on the day. Lots of skills to work on during practice. Well done!



Year 9 Football at home. The team played against schools from Bishop Rawstorne, Holy Cross and St Michaels. Fantastic defensive display, unlucky for team A who just missed out on the competition win. Well done to the second team for their valiant effort throughout.

Year 7 & 8 Girls and Boys Chorley District Table Tennis Tournament - A team 12 pupils were selected to represent Parklands in the annual tournament. What a night! The year The year 7 boys secured 3rd place, the year 8 girls secured 2nd place and the year 8 boys placed first! Well done to everyone involved you were a credit to the school.



We are very proud of all of our pupils and the continued commitment they show. Well done!



Revise with



What?

A **website and app** you can use to revise for assessments and the GCSE exams!

- Over 6000 videos available for most GCSE subjects
- Content is specific to the exam boards we use at Parklands for each subject

Why?

Regular users of GCSEPod achieve on average **1 grade higher per subject** than non-users.

- Study using the videos, make notes and test yourself on the 'check and challenge' questions.

How?

Use your **Parklands account** to



- Please see **Mr Stalker** in E23 if you have any questions
astalker@parklandsacademy.co.uk

PROM - Incentive (half termly)

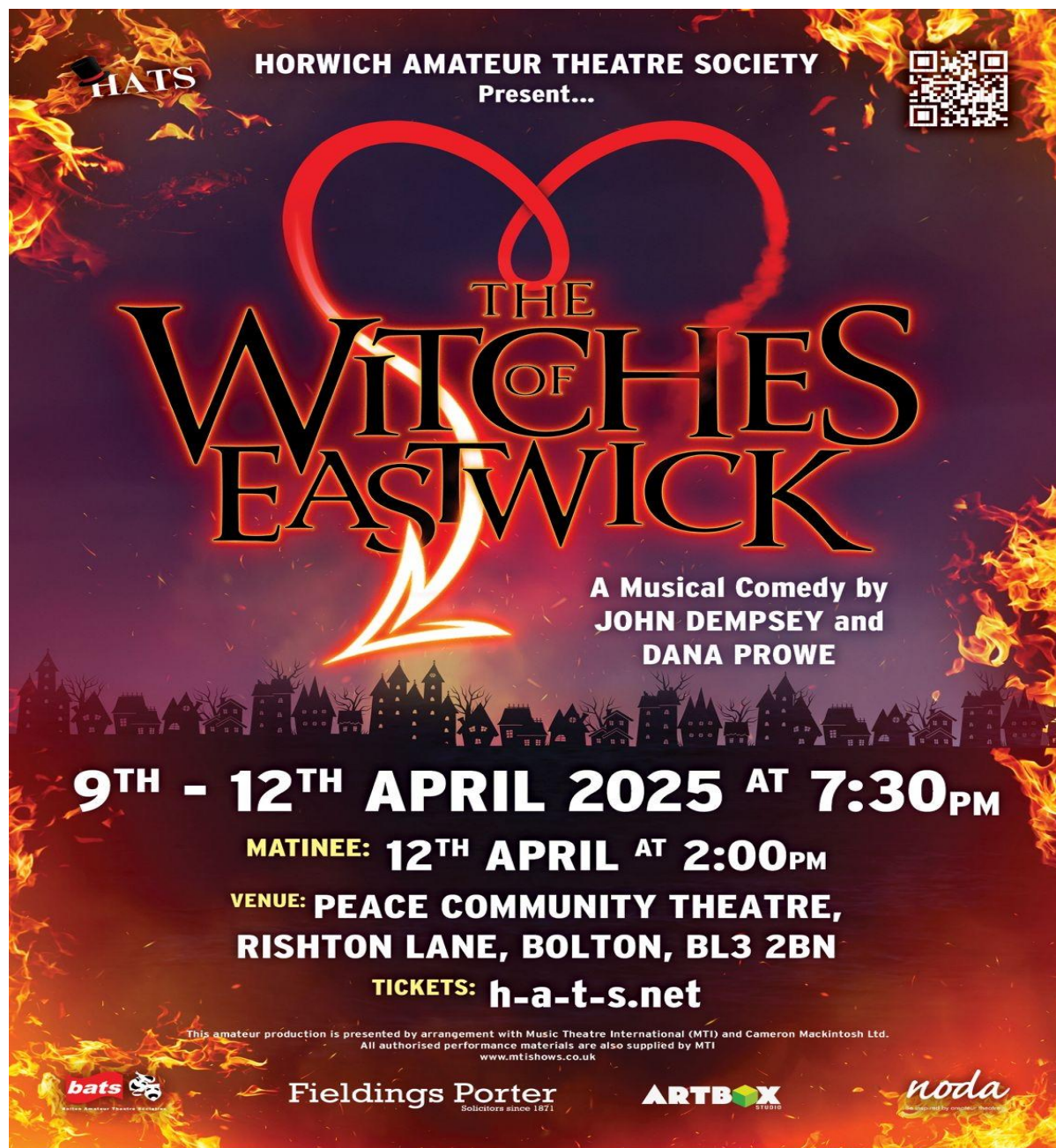


- BfL average 2.95 and over - 1 point
- Attendance 94% and over - 1 point
- No social strikes - 1 point
- No lates - 1 point
- A suspension will clear all points for the half term.

From today until exams finish.

You will need **18 points** to be eligible for prom.

There will be opportunities for you to gain extra points by attending revision sessions, Easter School and using Class Chart points.
Extra points available for 100% attendance and perfect '3' BfL.



HATS **HORWICH AMATEUR THEATRE SOCIETY**
Present...

THE WITCHES OF EASTWICK

A Musical Comedy by
JOHN DEMPSEY and DANA PROWE

9TH - 12TH APRIL 2025 AT 7:30PM
MATINEE: 12TH APRIL AT 2:00PM
**VENUE: PEACE COMMUNITY THEATRE,
RISHTON LANE, BOLTON, BL3 2BN**
TICKETS: h-a-t-s.net

This amateur production is presented by arrangement with Music Theatre International (MTI) and Cameron Mackintosh Ltd.
All authorised performance materials are also supplied by MTI
www.mtishows.co.uk

bats **Fieldings Porter** **ARTBOX** **noda**
Solicitors since 1871

The Witches of Eastwick featuring staff, current pupils and ex pupils. Based on the iconic film. Three bored New England housewives, Alexandra, Jane, and Sukie conjure a charismatic stranger, Darryl Van Horne, after wishing for the "man of their dreams," leading to a comedic exploration of their newfound powers and a clash with the devilish Darryl. Book your tickets now @h-a-t-s.net - age recommendation 12 plus.

SPECIAL OFFER

Use code WITCHES2025 to get £12.50 tickets for Wednesday and Thursday performances.

Click [here](#) for career news.

Army Basic Training & Job Role Information Day
 Saturday 10th May 2025, Reserve Centre, Kimberley Barracks, PR1 6PR.
 Arrive between 1000 and 1200 (at a time that suits you best) bring family.
 Parking will be at the entrance or inside the centre (pull up at the gates).
 A great opportunity to see, handle and get information about the kit and equipment you will be using during basic training. Also speak to Armoured, Artillery and Logistics soldiers about their job roles. Also Army staff about the subjects you will be taught.
 Additionally speak face to face with a recruiter and receive a full application update.

NIS integrated engineering
 Established in 1983, we have a long and proud track record of delivering high quality, often bespoke, products and services across a broad range of markets.
Civil Nuclear
 From new build and operations to waste treatment and decommissioning, we offer practical solutions for the most complex of nuclear challenges.
Defence nuclear
 With security-accustomed processes, people and facilities, we provide production capability to a number of sites around the UK.
Science & technology
 We have a long and proud history of providing robotics, automation and mechanical handling equipment to a variety of technology sectors.
Our capability
 We provide bespoke design and manufacture of plant and equipment by the turn of a wide range of markets.
Careers
 As a rapidly growing business with a diverse and interesting order book, we have many career opportunities. If you believe you display behaviours that align with our core values and inspire, we would love to hear from you.
 As a people focused organisation, we have a range of benefits, policies and initiatives we believe these are the driving factors in enabling our employees to deliver to the best of their ability.

TESCO Stronger Starts
Retail Apprenticeship
 Where could it take you?
STRONGER STARTS RETAIL APPRENTICESHIP
SHIFT LEADER
STORE MANAGER
CENTRE MANAGER
YOUR FUTURE
www.amazingapprenticeships.com/tesco

CAREER News
 2025
 Your weekly guide to careers information, advice and news from Parklands High School.
 It's the Easter holidays already - how quickly the last half term has gone by! There have been lots of events taking place both in and out of school: assemblies, college interviews, business sessions and much more. Parklands pupils represented the school brilliantly in various competitions and received positive feedback from all the colleges and employers involved. There are some more big events coming up in the next half term, including a Year 7 and 8 STEM Roadshow with BAE Systems and the RAF, a dedicated STEM Day for Year 10, more assemblies, two college sampling visits for Year 10 and finally, Work Experience week for Year 10.
 In the meantime though, have a look at all the useful information inside this packed edition of Career News!
 • Visual work experience with Media, Dental and Allied Health Mentor - absolutely vital for anyone aspiring to work in any aspect of healthcare.
 • Quite a spotlight on apprenticeships this week with opportunities at Tesco being highlighted with their Stronger Starts programme. We have also had news of three Level 3 vacancies at NIS Ltd: Fabricator/Welder, Project Build Fitter and Project Build Fitter. There are great opportunities for Year 11s to apply for a well respected electrical and project build fitter. See details for more details or contact: iberry@parklandssecondary.co.uk for more information.
 • There are a number of virtual work experience opportunities over Easter with Young Professionals, alongside Loyalty Banking Group plus KPMG, BDO, Grant Thornton, SAM and CIMA, representing the Business and Finance sector. These are free sessions, where you will gain skills and experience, meet industry leaders and stand out from the crowd when you start to apply for jobs in the future.
 • Burnshaw College are hosting an Apprenticeship, Employer and Adult Education Showcase on Wednesday 7th May, so if you are looking for an apprenticeship or interested in upskilling for future roles, register now!
 • There is one more college open event coming up in April: Wigton & Leigh College have their final event of the academic year on Monday 28th April, ideal for Year 11s to have another look around or for Year 10s to make an early start on choosing a college.
 Wishing you a wonderful Easter break
 Easter holiday edition

CHOICES
 The monthly parent & carer guide to apprenticeships and technical education.
TANMA SHARES HER TOP TIPS FOR ASPIRING APPRENTICES
 Amazing Apprenticeships

TES MAGAZINE - APRIL EDITION
 TES magazine is the ultimate parent and carer guide to apprenticeships and technical education!
 TES magazine is bound to get you and your young people inspired and of them holidays! In April's edition discover top tips for apprentices from a top apprentice, explore the process of Higher Technical Qualifications, learn about the of his own boss, get inspired by apprenticeships in the of, and much more!
 In this inspiring edition, please [click here](#).

Lots of useful information in this week's Easter edition of Career News - including virtual work experience opportunities, news of apprenticeships, open events, webinars, conferences and much more.

NIS Ltd have some fantastic apprenticeship opportunities - perfect for Year 11s who want to take the first step to a career in engineering at a well-respected local company. These are Level 3 (equivalent to A Level) apprenticeship positions, so will need decent grades in maths, science/DT and English. See Miss Berry (Top Office) for more details or go to: [NIS Ltd - Excellence in engineering and manufacturing – powered by pride](#)



OPEN EVENING

4.30PM - 7.00PM

**PARSONS WALK CAMPUS, WIGAN
MONDAY 28 APRIL 2025**



Last open event of this academic year at Wigan & Leigh College. This is a final chance for Year 11 students to explore their post-16 options and an ideal opportunity for Year 10 students to start considering their next steps.

Booking link: <https://www.wigan-leigh.ac.uk/event/open-evening-5/>

Year 10 will visit both Wigan & Leigh and Runshaw Colleges in the latter part of the summer term, just before Work Experience Week (14th - 18th July 2025).

There are various documents on the school website regarding work experience. Don't forget the deadline for returning completed booklets is 2nd June. A number of employers tell me they have filled out booklets, but these have not made it back to me in school yet. Please remind Year 10s to bring these in as soon as possible so that all details can be checked and approved.

<https://www.parklandsacademy.co.uk/parents/work-experience>



Parklands Preloved uniform

Pass it on, don't throw away,
A uniform's here to save the day!
Keep it going, let it flow,
Helping pupils as they grow.

Please send any preloved uniform into school
to Mrs.K O'Reilly.

Thank you.

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

INSTAGRAM

AGE RESTRICTION
13+

WHAT ARE THE RISKS?

EXCESSIVE SCREEN TIME

Instagram's design encourages prolonged use through endless scrolling of trending content and generating a fear of missing out (FOMO). Children can quickly lose track of time browsing posts from friends, influencers, and strangers, which may disrupt their day-to-day activities.

AI CHATBOT CONCERNS

Meta's AI, which is available on Instagram, allows users to chat with an in-app chatbot. While often helpful, it can blur boundaries for young users, who may ask for or read content that is inappropriate or see it as a real friend or confidant. Privacy issues also arise, as conversations may not be as secure or private as children assume.

RISKS OF GOING LIVE

The livestream feature allows real-time broadcasting to followers – or anyone, if the account is public. This increases the chance of unwanted contact from strangers and pressure to act in ways that gain attention, including engaging in inappropriate behaviour. Viewers may also post offensive or harmful comments during live sessions.

THREADS INTEGRATION

Threads is Instagram's sister app for public, text-based conversations. Posts from Threads appear in users' Instagram feeds and can lead children to view, share, and comment on public conversations with strangers. The content may not always be age-appropriate and can be misleading or false.

SCHEDULED MESSAGING

Instagram's newer ability to schedule direct messages means that children could receive messages late at night or early in the morning. This can disrupt their sleep or keep them preoccupied before the school day even begins.

EXCLUSION AND LOW SELF-WORTH

Feeling left out online can have a real emotional impact. Being left out of photos, receiving fewer likes, being unfollowed, or being ignored in chats and comments can leave children feeling excluded, which often hurts as much as in real life. There is a risk this can lead to reduced self-esteem and a sense of not belonging.

Advice for Parents & Educators

USE INSTAGRAM'S SUPERVISION TOOLS

Instagram's built-in Family Centre lets parents monitor how much time their child spends on the app. Specialised 'teen accounts' are private by default and offer controls on who can message them. Make sure that children use their real age when registering their account to ensure they have these protections.

OPEN UP THE CONVERSATION

Talk regularly to the children in your care about what they enjoy on Instagram – and what makes them uncomfortable. Encourage honest chats about filters, body image, and online approval. Reassure them that they don't need to edit their appearance or chase 'likes' to feel valued.

SET BOUNDARIES FOR THREADS AND AI

Parental controls on Instagram also apply to Threads. These allow parents to monitor time spent in the app, check follower lists and adjust exposure to sensitive content. Discuss AI features, too, therefore helping children understand that chatbots aren't real people and should be used with care.

BE MEDIA-SAVVY WITH INFLUENCERS

Parents should follow a few of the influencers their child watches, so they can better understand the content they're seeing. Use this as a springboard to talk about the difference between genuine recommendations and paid promotions – and how online personalities can shape opinions and behaviour.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



The National College



PARENT/CARER CONSULTATIONS

We offer a free and confidential service supporting children and young people, aged 5-18, with mild to moderate emotional health and wellbeing needs. We work with schools and colleges throughout Chorley, South Ribble, Preston and West Lancs.

Are you the parent/carer of a young person who is experiencing mild to moderate anxiety or low mood?

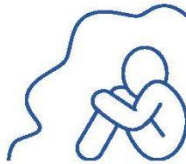
This could look like:



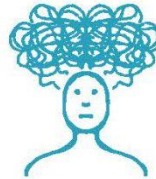
FEELING
WORRIED



STRUGGLING
TO
SLEEP



WITHDRAWAL
FROM FAMILY,
FRIENDS
AND/OR USUAL
ACTIVITIES



STRUGGLING TO
CONCENTRATE



TEARFUL

IF ANY OF THE ABOVE SOUNDS LIKE YOUR CHILD/YOUNG PERSON WE CAN HELP!

If your young person attends one of our allocated schools we can offer a consultation with one of our friendly practitioners.

They can offer you advice, guidance and signposting to support you to support your child/young person.

To complete our consultation form Scan our QR Code or type in the web address below into your web browser.

<https://forms.office.com/e/x1asaVTeTL>



COMPASSBLOOM@COMPASS-UK.ORG



@COMPASSBLOOM



01772 280123

UNIT 8 BALFOUR COURT, OFF HOUGH LANE, LEYLAND, LANCASHIRE. PR25 2TF



RESPECT | EMPOWERMENT | COLLABORATION

Aspirational Futures Multi Academy Trust
Chorley Business & Technology Centre |
Building N2 | Room 9 | Euxton Lane |
Chorley | PR7 6TE
Email: admin@aspirationalfutures.co.uk
www.aspirationalfutures.co.uk

Are you interested in a career working with children in a primary or high school?



Could you be our next

**TEACHING ASSISTANT /
LEARNING SUPPORT ASSISTANT?**



Qualifications

You may need basic literacy and numeracy skills (usually grade 4/C at GCSE) in English and maths as a minimum. We will provide you with ongoing training and development.

Working hours

Teaching Assistants work during the school day, usually from 8.30am to 3pm (this may vary by school).

Salary

Salaries are dependent on hours worked, experience and skills. For example, working 37 hours per week during term time you could earn at least £1,741 gross per month. Part-time hours may also be available.



Skills

Reading, writing and numeracy skills
A positive approach to working with children
Flexibility and adaptability
Patience and empathy
An understanding of a range of children's needs
Team working skills



Want to know more?

For more information about working with our children, please come along to our information event at **Parklands High School** on **Tuesday, 29th April at 10am.**



Do you know
about...



Free school meals



If your child qualifies for free school meals,
they will have a **free meal** every school day

It's easy to find out if you qualify –

Lancashire

Website: <https://lancashire.gov.uk/children-education-families/schools/free-school-meals/>

Pupil Premium

Is **additional funding** for our school to
ensure we can support pupils
to **achieve their full potential**