

# PARKLANDS BULLETIN 4th - 8th November 2024 Week 2



### Headteacher's Message

Dear parents and carers,

It has been lovely to welcome all of our pupils back after half term. We hope that everyone has had a good rest and has returned to school ready for another busy half term. It will be particularly important for Year 11, with their mocks less than 4 weeks away. Mock exams are a valuable experience for the pupils, and a vital indication of strengths at this point, as well as areas that need more attention. Last night, we held our first Family Revision session in preparation for the mocks, which was a real success. It was brilliant to see so many families there with their Year 11 children. We will be holding a further revision event nearer to the exams, and also one for Year 10 before their mock exams.

This week we have held standards reminders House Assemblies, and these will continue into next week. We have reminded pupils about expectations regarding uniform, appearance, conduct, and attendance. Current attendance data can be found in this bulletin, and you will receive an update shortly on our approach to attendance in light of the new Government focus. A key focus of the assembly was also on mobile phones and our policy. Whilst we have been pleased with the way that most pupils have responded to our adapted policy, it is evident that pupils do not switch their phones off during the day. The research and evidence that we presented in the launch event highlighted that we are distracted by our phones when they remain switched on and near to us. In order to ensure that phones are not impacting on learning and wellbeing, we have told pupils that phones must be off and in bags or lockers. Phones should not be in blazer or trouser pockets. If your child does not have a locker, please contact your child's form tutor or HAL.

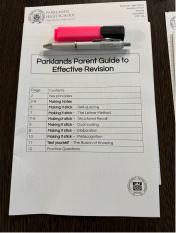
Next Friday is Children In Need and so will be a non-uniform day. Pupils will be able to wear their own clothes for a donation of £1. As usual, all clothes should be appropriate for school and all the usual equipment will be needed.

Regards,

Mrs. Batson

Headteacher





**Secure next week** - All pupils will take part in an assembly and a vertical tutor session about Remembrance on Monday. We will be exploring alumni of the school who have been in the services and the sacrifices many people make in wartime.

**Year 7** - The first Behaviour for Learning (BfL) reports were issued on Thursday 8th November. You can also find the reports in the Documents section of Edulink.

At Parklands, Behaviour for Learning (BfL) means much more than behaviour within the classroom; it encompasses all aspects of attitudes and approaches to learning including attendance, punctuality, being fully equipped, engaging and actively participating in the learning, behaving well, allowing others to learn and completing home study.

This system enables us to grade every child's BfL for **every** lesson in **every** subject **every** day so that you are able to receive a true and comprehensive picture. We hope that you will find this detailed information helpful in seeing how your child is approaching their learning in every subject area (separate subject BfL grades) and on the whole ( overall BfL grade).

We are delighted at the excellent start Year 7 have made, with almost all pupils having an excellent BfL in their first half-term. We look forward to this continuing. Well done Year 7!

**Year 9** - BfL reports were issued on Thursday 8th November. You will find the reports in the Documents section of Edulink.

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**Year 10** - BfL reports were issued on Thursday 8th November. You will find the reports in the Documents section of Edulink.

### Smokefree Lancashire Team -

Dear parents/carers/students,

On **MONDAY 11th November** we have the SPOC Smokefree Lancashire Team coming into school to speak with students who wish for advice and support to quit smoking/vaping. This will be held in the Conference Room over lunchtime 1.30 - 2.00 pm. Useful information and guidance will be provided and if appointments need to be made for further support, this will be made via Mrs Fairhurst or the Houseleaders to arrange individual appointments.

Natalie Fairhurst Assistant Principal Designated Safeguarding Lead

### Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 110 pupils to date Year 8: 88 pupils to date Year 9: 72 pupils to date Year 10: 100 students to date Year 11: 90 students to date All: 460 students How many had the perfect 3 in the previous week? Year 7: 170 pupils Year 8: 153 pupils Year 9: 140 pupils Year 10: 156 students Year 11: 138 students All: 757 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

How many pupils have a BfL score of 2.99 - 3? Year 7: 173 pupils Year 8: 138 pupils Year 9: 116 pupils Year 10: 141 students Year 11: 119 students All: 687 students

**Students**, please click the link to see what clubs, trips and activities are happening in school <u>Parklands Bulletin</u>

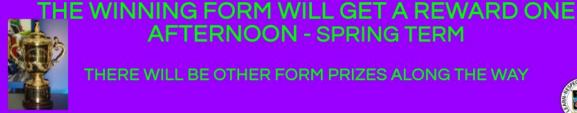
### Weekly Learning Support Board - please click here



# INTER FORM ATTENDANCE WORLD CUP

# STARTING WEEK BEGINNING NOVEMBER 11th

Each form will be drawn out and entered into a group You will 'play' against a different form in your group each week The winners of each group plus the best 3 runners up will play against each other culminating in a final which will run over two weeks



AFTERNOON - SPRING TERM THERE WILL BE OTHER FORM PRIZES ALONG THE WAY

# **INTER FORM ATTENDANCE WORLD CUP**

YOU WILL SCORE POINTS AS FOLLOWS:

WIN = 3Pts

DRAW = 1Pt (to 1 decimal place)

Lose = 0 Pts

**Bonus points** 

100% attendance for week = 5 Pts

> 99% attendance for week = 3 Pts

> 97% attendance for week = 1 Pt

The lowest 2 attendees each week will be taken out of the calculations



The draw took place today, the groups are below.

The 'fixtures' listed below are who you are competing against each week e.g. 1 v 2; 3 v 4 etc.

The points in place already are for the 'ball decoration', the best ones voted for by the office staff and some docked points for no ball!

	INTER FORM ATTENDANCE WORLD CUP													
GROUP 1		Points	GROUP 2		Points	GROUP 3		Points	GROUP 4		Points	GROUP 5		Points
1	вот	1	1	POR	0	1	NEP	0	1	ECU	0	1	NCL	1
2	РНІ	0	2	PAR	0	2	MAR	0	2	MAG	0	2	swz	0
3	AUS	0	3	CIV	1	3	NOR	0	3	MNG	2	3	СНІ	0
4	BEL	0	4	SKO	0	4	URU	0	4	PNG	0	4	EGY	0
5	BRA	0	5	FIJ	0	5	RSA	0	5	DEN	0	5	тів	0
6	САВ	0	6	GER	0	6	HKG	0	6	ARG	0	6	GUA	0
7	THA	0	7	COL	0	7	WAF	0	7	MOZ	-1	7	SWE	1
8	NZL	0	8	MRI	0	8	ITA	1	8	JPN	0	8	PER	-1

# Attendance by House and Year group

House	Attendance
ASA	95.7
SAM	95.7
EUR	95.6
AFR	95.1
ANZ	94.1

Year	Attendance
7	97.1
8	95.2
9	95.2
10	93.8
11	92.2

Whole school - 94.7% since SEPT - we need to be BETTER!

### Y8 'What on Earth' Quiz

On Wednesday a group of four Y8's, Destiny, James, Róisín and Niamh took part in a national quiz. It was several rounds of quick fire questions against the clock against teams from all around the country. It was one of several heats and they will find out the results on Monday. They all performed extremely well and worked so hard together as a team. They also spent half term revising for the competition which was based on general knowledge and facts from the 'What on Earth' magazine series. Well done all of you, whatever the results may be, you handled the pressure like professionals. Mrs Dewhurst and Mrs Walling



### Territory of the week





Capital - Macau Population - 721,073 Main religion - Buddhism Leader - Ho Lat Seng Official language - Mandarin Chinese Land mass - 33.3km<sup>2</sup> Currency - Macanese pataca

Macau, a Special Administrative Region of China, is known for its rich blend of Portuguese and Chinese cultures, which is reflected in its architecture. cuisine, and traditions. It was a Portuguese colony until 1999, and today, it's famous for its vibrant gambling industry and tourism. The city boasts a **UNESCO World Heritage** Site, featuring historic buildings like the Ruins of St. Paul's and Senado Square. Additionally, Macau is renowned for its culinary scene, offering a mix of traditional Macanese dishes that highlight the fusion of flavors from both cultures.

### PE Update week beginning 4th November 2024

A great week to start the new week of term. Another busy week with netball and football and glow in the dark dodgeball fixtures! The colder weather is starting to creep in so remember warm PE kit. Remember, there is no need to sign up just look at the extra curricular timetable, choose an activity, bring a kit and attend!



Year 8 Football Lancashire Cup at home. The team fought hard but unfortunately lost. On to the next game!

**Year 7 Football** Lancashire Cup (round robin) at home. Great set of games for our new year 7's! Great skill and teamwork on display well done!





Year 10/11 Girls Football Chorley Finals at home against St. Michael's. A great game Parklands dominated but unfortunately two kick goals from St. Michael's the game ended with a loss. Well played.

Year 11 Football against St Michael's Lancashire Cup/Chorley District (double header)the team unfortunately lost the Lancashire cup but they will meet again for the Chorley district Cup for a chance of redemption!



### PE Update week beginning 4th November 2024



**Year 9 Netball** Friendlies at Holy Cross. First games of the season for our Year 9 girls and what a start! Great teamwork on display, they didn't concede a game! We need to tighten up a few skills to make sure we are even stronger. Well done!

**Year 7 Boys & Girls Glow Dodgeball.** A group of year 7 students were selected to attend a glow in the dark dodgeball event held at Holycross and Albany. What a night! Facepaint, music and LOTS of fun! The pupils had a great time ducking, diving and dodging!



We're so proud of the level of commitments shown by all of our pupils, well done!

### Y7 Christmas Disco

Tickets are available on SCOPAY. This year the disco is in aid of Parklands' Peru Crew. So, put on your dancing shoes and your party clothes and join us for a fabulous festive evening of fantastic fun



Tuck shop, Music, dancing & games A fun night guaranteed.



### **Derian House Sponsored Walk**

On Saturday a group of staff and pupils along with 1500 others will be taking part in a 15 mile sponsored walk from Chorley to the the top of Rivington Pike and back in aid of Derian House Children's Hospice. If you'd like to support, any donations would be much appreciated. https://www.justgiving.com/page/jingleallthewayviiiderianhouse #proudtobeparklands







# KS3 Science Club





Science club will take place on Tuesday lunch times at 1.35pm Students from years 7, 8 and 9 are welcome, please sign up at the main prep-room by Monday if you would like to take part. Science club will take place in N22



Lunch passes can be collected on Monday and handed in at the club.



Click here to view



Main Meal Chill con came served with boiled rice £1.90

Vegetarian option Aixed bean chilli con carne served with boiled rice £1.90

> **Jacket Potatoes** with various fillings

Grab & Go Pizza twist E1.90 Chicken wrap £1.90 Meat & potato pie £1.15 Main Meal

Sausage and mash served with veg and gravy £1.90

Vegetarian option Quorn sausage and mash served with veg and gravy £1.90

**Jacket Potatoes** with various fillings (GF)

> Grab & Go Sausage roll £1.15 Cheese pasty £1.15 Pizza twist E1.90

Main Meal Beef hotpot served with veg £1.90

> Vegetarian option Veggie potato bake £1.90

**Jacket Potatoes** with various fillings

Grab & Go Pizza £1.20 Chicken wrap £1.90 bes £1.50

Main Meal Chicken carbaborane £1.90

> Vegetarian option Mac & cheese £1.90

**Jacket Potatoes** with various fillings

Grab & Go Panini £1.90 Pizza twist £1.90 Chicken wrap £1.90

Main Meal Meatballs and spaghetti served with garlic bread £1.90

> Vegetarian option Veggie pasta £1.90

**Jacket Potatoes** with various fillings (GF)

Grab & Go Panini £1.90 Chicken wrap £1.90 Steak pie £1.15

# Multi-Sports Club for Young People with a Disability

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LOTS OF FUN SPORTS AND ACTIVITIES FOR YOUNG PEOPLE AGED 8 - 16 YEARS ON OFFER INCLUDING:

- ATHLETICS
- FOOTBALL
- CRICKET
- BOCCIA

FULLY QUALIFIED COACHES

@ All Seasons Leisure Centre



9:15 am - 11:00 am







For more information please contact Mike Mason, Club Co-ordinator, on 01257 267748

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropri conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and them For further guides, hints and tips, please visit nationalcollego.com.

# **10 Top Tips for Parents and Educators ENCOURAGING CHILDREN** TO CHOOSE RESP

Sometimes, differences between children can escalate into bullying, potentially impacting their mental health in a way that can persist into adulthood. While it's natural to disagree sometimes, teaching children the importance of respect is essential – especially in difficult situations. This guide provides strategies for encouraging considerate behaviour, even during a dispute, to foster a kinder, more inclusive environment for everyone.

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### LEAD BY EXAMPLE

S As adults, we play a crucial role in modelling respectful behaviour for children: they observe and learn from our actions every day. Be mindful of the way you interact with others in front of children. Keep in mind that you should always approach others with an attitude of mutual respect, even if you disagree with them. Demonstrating this behaviour can influence young people and help them to handle their own conflicts in a healthy way.

#### AGREE TO DISAGREE 2

Make sure children know that it's fine to have differing opinions – and that disagreeing with someone doesn't meen you can't get along or respect each other's point of view. Help them understand that sometimes we can 'agree to disagree'. Using active listening skills when doing this can also help to build empathy and understanding of others.

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#### **PROMOTE ACTIVE** 3 LISTENING

Teach children about the importance of active listening: that is, making a genuine effort to listen to the other person's perspective without interrupting, before responding in a way that shows you understand their viewpoint, even (or perhaps especially) if you disagree with it. This makes people feel respected and allows for a better comprehension of their point of view, which in turn can make it easier for you to communicate your own opinions to them.

ENCOURAGE THE USE 4 **OF "I" STATEMENTS** 

If a child finds themselves in a disagreement with someone, it can be useful to encourage them to use "I" statements during the discussion. Framing their thoughts and feelings using statements like "I feel..." or "I think ..." can help them avoid an accusatory tone and encourages them to take responsibility for their own emotions.

#### FOCUS ON BEHAVIOUR. 5 NOT CHARACTER

When disagreements happen, encourage children to focus on critiquing and addressing the specific actions or behaviours that caused this upset, rather than attacking the person's character. For example, "I didn't like how you interrupted me" is better than "You're so rude'. This can help children avoid hurting someone's feelings, which is likely to inflame the

### **Meet Our Expert**

The Anti-Bullying Alliance (ABA) co-ordinate Anti-Bullying Week each year. ABA is a unique coalition of organisations and individuals, working together to achieve their vision to stop bullying and create safer environments in which children and young people can live, grow, play and learn. They welcome membership from any organisation or individual live, grow, play and learn. They welcome membership from any organisation or individu that supports this vision and support a free network of thousands of schools and colleg.

Source: See full reference list on guide page at: https://nationalcollege.com/guides/choose-respect

@wake\_up\_weds

STAY CALM AND 6 TAKE BREAKS

It's perfectly normal to feel upset during a disagreement – especially if it's getting heated. Remind children that if they feel overwhelmed, they should try to take deep breaths or even go for a short break to help them stay composed. If a conversation becomes too intense, remind them it's OK to suggest continuing it later or in a different setting. This can prevent things getting out of hand, allowing cooler heads to prevail.

#### START CONVERSATIONS 7 ABOUT RESPECT

Taik openly to children about what respect means – to you and to them. Discuse how they might show respect to each other, to friends, to strangers and even to people we might disagree with. You could use examples of considerate or inconsiderate behaviour in books, films or TV to open discussions about the importance of giving others due regard.

# SEEK COMMON GROUND 8



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When a disagreement has occurred between children, they may find it hard to move past it. You can support them in finding a more positive way forward by heiping identify areas of agreement or common ground with the other party. This can help to build bridges between differing opinions and foster a more cooperative atmosphere, as well as preventing those involved from demonising each another.

AVOID MAKING 9 THINGS PERSONAL

It's important that we make it clear to children they It's important that we make it clear to children they must avoid name-calling, swearing or derogatory remarks in a disagreement with others. Respectful language sets a positive tone and helps keep the conversation productive. Reminding children to stay calm and take breaks – as mentioned previously – can help them avoid getting too emotional and saying or doing something hurtful.

### 10 REFLECT AND LEARN

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After a child has had a disagreement, encourage them to reflect on the experience and think about what they can learn from IK. What did they handle well? How might they improve their communication skills to handle conflicts more effectively in the future? You could use role play, writing and drawing pictures, or hypothetical examples to further develop their skills in showing respect during a disagreement

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### Online Mental Health and Wellbeing Support for young people

Dear Parents and Carers,

Over the coming weeks your child may mention they have been made aware of a service called Kooth. It provides early intervention mental health support to children and young people. Kooth works with schools and professionals across over 90% of the UK.

Kooth is **free** to access via any internet-connected tablet, computer or smartphone. There are no waiting lists or thresholds to meet and a referral from a medical professional is not needed. Your child can join Kooth anonymously simply by visiting <u>www.kooth.com</u>.

Kooth offers young people a range and choice of support options under one digital roof. It has services that are accessible 7 days a week, 365 days a year. This includes one to one text based sessions with experienced counsellors and wellbeing practitioners run from midday to 10pm on weekdays, and from 6 -10pm at the weekend. Appointments can be booked in advance or accessed via a drop-in text-based chat. Kooth also provides a fully safeguarded and pre-moderated community with a library of peer and professional created articles. And there are discussion forums too. All content is pre-moderated and age appropriate.

Kooth covers many topics on the website including relationships, LGBTQIIA+, exam stress, anxiety, eating difficulties, self harm, suicidal thoughts, body image, social media, bullying and family worries. All of these subjects affecting young peoples' mental health are presenting issues that Kooth and other mental health providers see from all age groups. Kooth is commissioned by the NHS and clinically approved for children from the age of 10, and is the only digital mental health provider to hold a BACP (British Association for Counselling and Psychotherapy) accreditation across the Country.

If you have any questions please let us know. If you would prefer to contact Kooth directly, please email parents@kooth.com. Kind Regards



Click <u>here</u> to view.

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# FAQ guide to Kooth for parents and carers

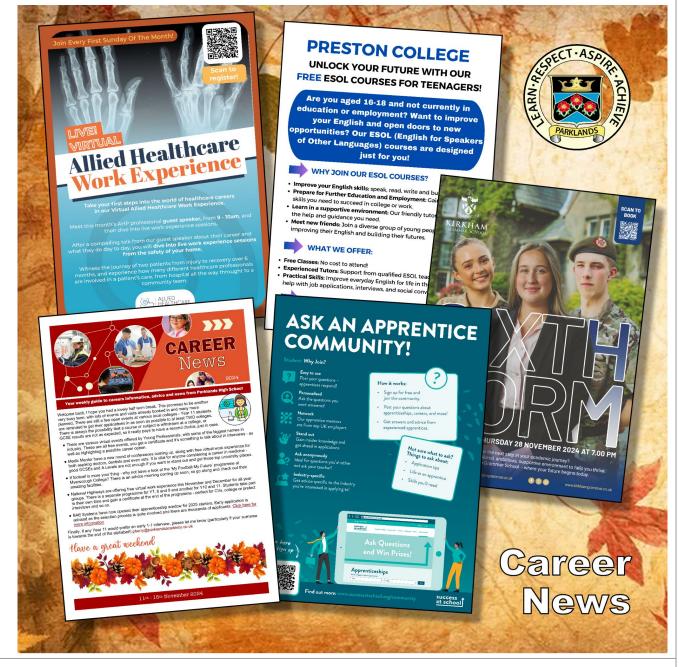








Click here for this week's career news.



Another packed edition of Career News this week, with lots of great opportunities for students of all ages: conferences, competitions, open events, virtual work experience, webinars, advice, challenges and so much more.

BAE Systems have opened the apprenticeship application window: <u>https://www.baesystems.com/en/careers/careers-in-the-uk/apprenticeships</u> Early application is advised - see MIss Berry (top office) for more details or support with applications.

### Careers

Final call for the Year 8 EDT Bronze Industrial Cadet Challenge. We now have our industry mentors and there are new challenges this year which will appeal to anyone creative, as well as those keen on STEM subjects. See Miss Berry or Mr McAvoy for more details.

Last few college open events for 2024 coming up in the next couple of weeks. Year 11s need to apply to at least TWO colleges, even if they intend to join the uniformed services or take up an apprenticeship. There are various talks going on in government right now about certain BTEC subjects, which may or may not be defunded - so it is vital that students choose a second option, just in case we end up with reduced subject choices. If anyone needs support with applications, please let me know: <u>pberry@parklandsacademy.co.uk</u>

For anyone considering an apprenticeship, there will be an assembly after Christmas explaining all about the process of applying, registering on the national apprenticeship website and so on. Don't forget that you can start an apprenticeship at any age (after 16) and continue from Level 2 (GCSE) to Level 7 (Masters).

Aspiring medics, dentists and vets really need to check out the FREE virtual work experience programmes at Medic Mentor. These are absolutely vital for anyone considering a career in medicine, whether human or animal - good GCSE and A Level results are not enough when applying to the top universities. You need evidence of work experience, whether in person or virtual, in order to make your application stand out. Contact Miss Berry for more details.