



# PARKLANDS BULLETIN

## 4th - 8th March 2024

### Week 2



#### Principal's Message

Dear parents and carers,

This week everyone has been really busy as our annual dance show has been taking place. This is one of the highlights of our school calendar and this year has been no exception. There are hundreds of students taking part this year, including some Year 7 students appearing in their first Parklands show, and year 11s appearing in their last show. There have also been several students helping out behind the scenes in the tech team, and lots of staff helping out in a range of roles. This is the 12th show, and is also the 12th year that our staff dance has made an appearance; they have assured me that this year is the best ever! The team has performed on Wednesday and Thursday nights, and today we have the matinee for our Primary schools and then the final performance this evening. Everyone will need a rest this weekend!

Today we have also hosted a careers fair for Years 9-11. It was a great opportunity for our students to talk to employers, colleges, training providers, and universities. They were able to ask about courses, apprenticeships, work experience placements, and just for general advice about possible career paths. This is always a really valuable experience for our older students, and can help them to make important decisions about their futures. Next week Year 9 also have their Specialisms Respect Day, which will help them to make decisions about their choices for GCSE subjects.

It is also our regular Parent Forum at 6pm on Tuesday, where parents and carers can give us their valuable feedback about life at Parklands. Please email [shaslam@parklandsacademy.co.uk](mailto:shaslam@parklandsacademy.co.uk) if you would like to attend.

Regards,

Mrs. Batson  
Principal

## Whole School Messages

**Year 7 Review Day** - We were delighted to celebrate the progress of our Year 7 pupils on Thursday. They had their Review Day and received their first ever Parklands Progress Report. At the Review Day every Year 7 pupil met individually with their HAL and reviewed their report. We hope you spent some time at home looking at the report with your child and discussing the progress made over their first term and a half at high school. We sent a letter via email on Thursday to all parents and carers, explaining the report in more detail. Click [here](#) to read a copy.

**Year 9 Respect day on Thursday** - This is about choosing their specialisms for KS4. They will have sessions about how to decide what is best for them, how to work the software where they will register their choices and, if they have chosen to, taster sessions in subjects they have not studied at KS3. No decisions will be made on Thursday as pupils should still discuss this important stage with parents/carers. This day is intended to support pupils in the process of deciding and all information used on the day will be available to view on the Secure Google Classroom at the end of the day.

**Year 11- Easter School.** We are pleased to inform you that it will be taking place this year, during the Easter break. This is for year 11s only, to help prepare for their imminent GCSE and BTEC exams. Subjects on offer this year will be: Art, Business Studies, Computer Science, DT, Dance, Food & Nutrition, Further Maths, Health & Social Care, Languages, Maths, Media, Photography, RS and Science. Details with a full timetable and prices will be shared next week.

# Whole School Messages

**(Year 7) Weekly discussion questions from the RS Department.**

**Current Unit - Introduction to Judaism**

**Enquiry Question - What does it mean to be a Jew in the 21st century?**



1. What is a Bar Mitzvah? When does this take place?
2. What is a Bat Mitzvah? When does this take place?
3. How do Jewish children prepare for their ceremony?
4. What special clothing might a Jewish boy wear during their ceremony?

**(Year 8) Weekly discussion questions from the RS Department.**

**Current Unit - The History of Christianity**

**Enquiry Question - Who was the real Jesus?**



1. How is Jesus seen as a political revolutionary?
2. How is Jesus seen as a God-man?
3. How is Jesus seen as a social revolutionary?
4. How is Jesus seen as human?

**(Year 9) Weekly discussion questions from the RS Department.**

**Current Unit - An Introduction to Islam**

**Enquiry Question - Is it possible to be a 'good' Muslim living in Great Britain?**



1. Give three examples of prophets in Islam
2. What was life like in Arabia before Islam existed?
3. Why is the Quran important to Muslims?
4. Who gave the Quran to Prophet Muhammad?

## Attendance matters!

Overall school attendance since September 93.5%

Overall school attendance for the week 94.7%

National Average since September - as at 5/2/24 - 90%

### Attendance by House since September:

Australasia 94.1%

**Asia 94.6%**

Europe 94.1%

South America 94.2%

Africa 93.6%

### Attendance by House since last week:

Australasia 94.5%

**Asia 95.3%**

Europe 94.5%

South America 94.5%

Africa 93.1%

### Highest form attendance per House for the week:

Australasia - Australia 96.7%

**Asia - Tibet 98.3%**

**Europe - Switzerland 98.3%**

South America - Colombia 96.8%

Africa - Madagascar 97.5%



# Whole School Messages

## Common childhood illness information and school attendance

Please see the NHS advice regarding common childhood illness and school attendance.

### **Head lice and nits - <https://www.nhs.uk/conditions/head-lice-and-nits/>**

Very common in children - There's nothing you can do to prevent head lice.  
You can help stop them spreading by wet or dry combing regularly to catch them early.  
Do not use medicated lotions and sprays to prevent head lice. They can irritate the scalp.

**There's no need for children to stay off school** or to wash laundry on a hot wash.

### **Scabies - <https://www.nhs.uk/conditions/scabies/>**

Scabies is an itchy rash caused by mites. It's spread through close skin contact, and anyone can get it. It should be treated quickly to stop it spreading.  
Scabies is very infectious, but it can take up to 8 weeks for the rash to appear.  
Everyone in your home needs to be treated at the same time, even if they do not have symptoms. But do not use pharmacy treatments on children under 2 years old, they will need to see a GP.

**You or your child can go back to work or school 24 hours after the first treatment.**

### **Impetigo- <https://www.nhs.uk/conditions/impetigo/>**

Impetigo is a skin infection that's very contagious but not usually serious. It often gets better in 7 to 10 days if you get treatment. Anyone can get it, but it's very common in young children.  
It stops being contagious:

- 48 hours after you start using hydrogen peroxide cream or antibiotics prescribed by your GP
- when the patches dry out and crust over (if you do not get treatment)

**You or your child can go back to work or school 48 hours after the first treatment. Or when the patches dry over**

### **Threadworms - <https://www.nhs.uk/conditions/threadworms/>**

Threadworms (pinworms) are tiny worms in your poo. They're common in children and spread easily.  
You can treat them without seeing a GP.

**If you or your child has threadworms there's no need to stay off nursery, school or work.**

# Whole School Messages

## Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 58 pupils to date  
Year 8: 50 pupils to date  
Year 9: 41 pupils to date  
Year 10: 31 students to date  
Year 11: 60 students to date  
All: 240 students

### How many had the perfect 3 in the previous week?

Year 7: 162 pupils  
Year 8: 124 pupils  
Year 9: 140 pupils  
Year 10: 116 students  
Year 11: 142 students  
All: 684 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

### How many pupils have a BfL score of 2.99 - 3?

Year 7: 157 pupils  
Year 8: 102 pupils  
Year 9: 106 pupils  
Year 10: 95 students  
Year 11: 121 students  
All: 581 students

**Students**, please click the link to see what clubs, trips and activities are happening in school [Parklands Bulletin](#)

**Weekly Learning Support Board** - please click [here](#)



**Learning Support Board**  
Week Commencing  
**26th February 2024**

"Have a heart that never hardens, and a temper that never tires and a touch that never hurts."  
**CHARLES DICKENS**



**LANCASHIRE LOCAL OFFER**  
Special Educational Needs and Disabilities Local Offer in Lancashire

**HAVE YOU HEARD THE NEWS?**  
The school dance show starts this week on Wednesday evening. On Friday our years 9-10 will visit the school careers fair. Remember that DICKENS is no longer available at breaks and lunchtime. Pupils should come to NI7 when you need to see a member of staff.  
[Learningsupport@parklandsacademy.co.uk](mailto:Learningsupport@parklandsacademy.co.uk)



**What kind of crocodilian is this?**



**Joke of the Week**



Why do tigers have stripes?  
So they won't be SPOTTED!

**IF YOU HAVE AN ARGUMENT**

**Don't**

- Name call
- Storm out
- Raise your voice
- Insist on being right
- Tell them to "calm down"
- Leave things unresolved



**Follow us on Instagram:**  
**[p\\_h\\_s\\_learningssupport](#)**

**Useful Links**

- ADDitude Magazine
- Autism Eye
- Autism Parenting Magazine
- British Dyslexia Association
- The Communication Trust
- FIND Newsletter
- GOV.UK Covid-19 Information
- Headspace (Meditation & Sleep)
- KOOTH Mental Health Support
- Local Offer
- NHS Urgent Mental Health Helpline
- Witherslack Group

## Head Students' Page

Hello everyone,

I hope you've all had a good week! It's been busy with everything that we've had going on. It was year 7 review day and I saw lots of purple and green trackers. Hopefully our youngest year will see this as motivation to do even better than they already are.

We also have had the highlight of the school year which was the annual dance show. Huge congratulations to everyone involved as it was as always excellent!

We also had our careers fair where KS4 had the chance to talk to many different companies and colleges in order to make connections and see what they are hoping to do for their future!

Have a good weekend!

Amna

# Whole School Messages

## Flamenco music and dance trip

Y9 and Y11 students visited Liverpool last weekend to watch an incredible Flamenco music and dance performance. We all had a fabulous time and learnt so much about the history, geography and culture of the Andalucía region of Spain. ¡Olé!

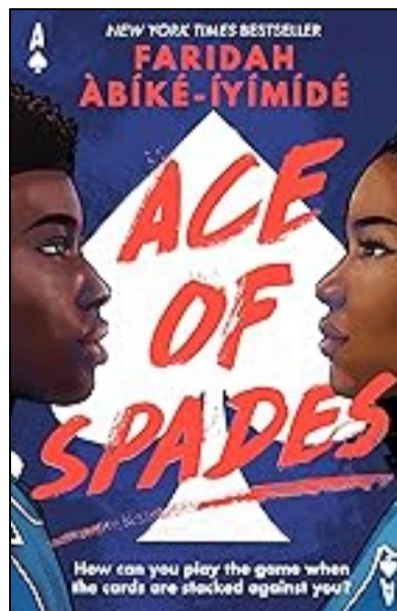


## World Book Day

In advance of World Book Day and to celebrate our mission to become a School of Sanctuary, we have prepared a selection of fiction and non-fiction books to read that promote diversity.

### [Diversity Reading List](#)

If you read one, Mrs Donohue would love you to write a short review to let us know what you think. Please email to [jdonohue@parklandsacademy.co.uk](mailto:jdonohue@parklandsacademy.co.uk)





# Whole School Messages

## PE Update week beginning 26th February 2024

Another busy week in the PE/Dance department as show week commenced! Preparations for the GCSE practical exams are still going strong too!

**Year 7 Football vs Applewood School @ Parklands.** What a game! The atmosphere was electric when these two teams came head to head. Both teams played fantastic football and showed great teamwork. The teams represented their schools proudly well done!

**Songs from the Screen Dance Show -** What a week!

The week started with two full dress and tech rehearsals on Monday and Tuesday ensuring all routines ran smoothly.

Wednesday was opening night and what a night it was followed by an even better night on Thursday! We still have the afternoon matinee and Friday evening performance to go and I'm sure they will be even better!

The cast have been truly fantastic this year with so much talent on display on stage but also they have been a true credit to the school and their parents as their behaviour backstage has been exemplary! The atmosphere has been truly magic and we hope pupils will remember this in years to come.

A massive thanks to the music department, especially Mr Penketh and all of the tech crew who made sure all of the mics were on, lights were shining and the song list was played (in the right order!) The prefects who volunteered to help with refreshments and more! . We couldn't have done it without all of the help of staff and pupils who give up their own time to help create dances, sew costumes, run rehearsals, sell tickets, help with refreshments etc. so THANK YOU!





A banner for House Football Competitions. It features a background image of a football pitch with a stadium in the background. Two golden trophies are positioned at the top corners. The title 'HOUSE FOOTBALL COMPETITIONS' is written in large, blue, stylized letters across the top. Below the title, there is a table with three columns containing event details.

Friday 8th March 2024 3-4pm	Year 7-9 Girls - 7 a-side Football Competition	Grass Pitches  Boots are required!
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Like sport and PE but looking for a club to join? Click [Here](#)





### PROM - Incentive (half termly)

- BfL average 2.94 and over - 1 point
- Attendance 93% and over - 1 point
- No social strikes - 1 point
- No lates - 1 point
- A suspension will clear all points for the half term.

4th December until exams finish!

You will need **12 points** to be eligible for prom.

There will be opportunities for you to 'buy' extra points by attending revision sessions and using Class Chart points.

Extra points available for 100% attendance and perfect '3' BfL.

### PROM - Incentive (this term)



- **2 extra prom** points available for attending a minimum of 12 revision sessions
- **1 extra point** if you attend between 6 and 11
- This is in addition to the 4 you can gain for this half term

At the moment there are;

- 73 pupils with 8 points
- 64 with 7 points
- 38 with 6 points
- 20 with 5 points
- 8 with 4 points
- 9 with 3 points
- 3 with 2 points

After School Revision Programme 2024

Week 1	Subject	Week 2	Subject
Monday	Science	Monday	Religious Studies
Tuesday	Option A	Tuesday	Option B
Wednesday	Maths	Wednesday	English
Thursday	Option C	Thursday	
Friday		Friday	

Easter School 2024

Takes place during the Easter break.

Attendance is not compulsory.

Sessions:  
9.00am-12.00 noon  
12.30pm-3.30pm

Timetable to follow.

Subjects on offer.

Dance

H&SC

RS

D&T

Maths

Further maths

Business

Science

Computer science

Art

Food & Nutrition

Media

Languages

Not English, Drama, Geography, PE, History or Music



# Parklands Projects

## Canopy

Our long awaited Canopy is finally underway.

The foundations have been dug and the first pour of concrete has been made ready for the black steel frame to be erected. To compliment, the canopy will have mint coloured polycarbonate roof panels along with glazed sides which will have the school logo on each panel. It will have four entry and exit points, each with cobalt blue vinyl panels to the side etched with Parklands High School.



This covered area will have an array of uses from shelter in inclement weather to outdoor classes and activities. I'm sure you'll agree this area will benefit our pupils school days immensely.

To keep everyone updated, we will post the stages of build each week until completion.

## 3G Pitch

Work commenced on the 12th February with the removal of the existing synthetic pitch. Hunts Contractors have today taken delivery of the carpet which will be laid over the next two weeks with a view to the pitch being available to the school in April. The photograph shows the completed shock pad layer.





### CURRENT YEAR 11

We need your photos from your time at Parklands.  
This could be trips such as Ski, PGL's, Watersports, DofE.

We want photos from the COVID period in school, sports, cheer, dance shows, young love,

**MUST** be a JPEG image and of a good quality, no screenshots or blurry images.



[yearbook@parklandsacademy.co.uk](mailto:yearbook@parklandsacademy.co.uk)



Parents and carers

Please send your

- A 'baby' photo
- 1st day of year 7 photo
- photos to the email address below!

*Please ensure that we can tell it is your child so no newborn photos please.*



29th March 2024



[yearbook@parklandsacademy.co.uk](mailto:yearbook@parklandsacademy.co.uk)



## Whole School Messages

Seb Hobert, Mrs Sullivan-Brown & Mrs Holbert are all performing in the smash hit musical Priscilla Queen of the Desert during the Easter holidays. It is the heartwarming, uplifting adventure of three friends who hop aboard a battered old bus searching for love and friendship and end up finding more than they had ever dreamed of. With a dazzling array of outrageous costumes and a hit parade of dance floor favourites including "It's Raining Men," "I Will Survive," "Hot Stuff," "Boogie Wonderland," "Go West," "Girls Just Wanna Have Fun," and "I Love The Nightlife," this wildly fresh and funny musical is a journey to the heart of FABULOUS! Choreographed by Miss Marr and Mrs Sullivan-Brown. Tickets are available from @h-a-t-s.net

"PRISCILLA QUEEN OF THE DESERT" is presented through special arrangement with and authorised performance materials are supplied by Theatrical Rights Worldwide (TRW). [www.theatricalrights.co.uk](http://www.theatricalrights.co.uk)

**HATS**

**Celebrating their 70<sup>th</sup> Anniversary**  
**HORWICH AMATEUR THEATRE SOCIETY**  
**Present...**

# PRISCILLA

— QUEEN OF THE DESERT —

*The Musical*

## WED 3<sup>RD</sup> - SAT 6<sup>TH</sup> APRIL 2024

Peace Community Theatre, Rishton Lane, Bolton, BL3 2BN

**TIME: 7:30PM TICKETS: [h-a-t-s.net](http://h-a-t-s.net)**

Developed for the Stage & Originally Directed by Simon Phillips  
Book by Stephan Elliot & Allan Scott  
Musical Arrangements & Orchestrations by Stephen 'Spud' Murphy

**WARNING:**  
*This production contains strong themes and language (which may be unsuitable for children)*

Based on the Latent Image / Specific Films Motion Picture Distributed by Metro Goldwyn-Mayor Inc.  
Produced by NULLARBOR PRODUCTIONS. In association with MGM ON STAGE

The original motion picture was written and directed by Stephan Elliot, produced by Al Clark and Michael Hamlyn, Executive producer Rebel Penfold-Russell and was financed with the assistance of the Films Finance Corporation Australia Limited and the New South Wales Film and Television Office

**bats**  
Bolton Amateur Theatre Societies

**Fieldings Porter**  
Solicitors since 1871

**noda**  
Be inspired by amateur theatre

# Whole School Messages

Please click [here](#) for the weekly menu and additional information.



## Choose your favorite dish







Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Meal</b> Chicken fajita pasta bake £1.90  <b>Vegetarian option</b> Veggie fajita pasta bake £1.90  <b>Jacket Potatoes</b> with various fillings  <b>Grab &amp; Go</b> Sausage roll £1.15 Chicken wrap £1.90 Pizza twist £1.90	<b>Main Meal</b> Chicken biryani £1.90  <b>Vegetarian option</b> veggie biryani £1.90  <b>Jacket Potatoes</b> with various fillings  <b>Grab &amp; Go</b> Pizza £1.20 Chicken wrap £1.90 Herby Potato Cubes £1.20	<b>Main Meal</b> Spaghetti and meatballs £1.90  <b>Vegetarian option</b> Mac & cheese £1.90  <b>Jacket Potatoes</b> with various fillings  <b>Grab &amp; Go</b> Sausage roll £1.15 Chicken wrap £1.90 Pizzini £1.90	<b>Main Meal</b> Toad in the hole £1.90  <b>Vegetarian option</b> Veggie toad in the hole £1.90  <b>Jacket Potatoes</b> with various fillings  <b>Grab &amp; Go</b> Cheese pastry £1.15 Panini £1.90 Meat and potato pie £1.15	<b>Main Meal</b> Peri peri chicken on ciabatta £1.90  <b>Vegetarian option</b> Cheese & broccoli bake £1.90  <b>Jacket Potatoes</b> with various fillings  <b>Grab &amp; Go</b> Sausage rolls £1.15 Chicken wrap £1.90 Pizza twist £1.90



**SVP Chorley Buddies**  
*We're Helping*

**01257 542 367**



**St Vincent  
de Paul Society**  
England and Wales  
Turning Concern into Action

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Seated Yoga</b> Adlington Library 9:30-10:30am. <b>FREE to all.</b>	<b>Seated Yoga</b> Adlington Library 11am-12pm. <b>FREE to all.</b>	<b>Good Food Club #2</b> St John the Divine Parish Hall, Coppull 10:30-11:15am, followed by refreshments. <b>£5 to shop and donations for refreshments.</b>	<b>Good Food Club #1</b> Buttermere Community Centre, Chorley 10:30-11:15am, followed by refreshments. <b>£5 to shop and donations for refreshments.</b>	<b>Good Food Club #5</b> Clayton Brook Village Hall, Clayton-le-Woods 10:30-11:15am. <b>£5 to shop and refreshments available in the Café.</b>
<b>Digital Support</b> Primrose Gardens, Chorley 9:30am-12:30pm. <b>FREE to all.</b>	<b>Digital Support</b> Primrose Gardens, Chorley 2-4pm. <b>FREE to all.</b>	<b>Lunch Social</b> 2nd Wednesday of the month St Chad's Parish Centre, Town Lane, Wheelton PR6 8AJ from 12-2pm. <b>BOOKING ESSENTIAL</b> <b>Donations welcome.</b>	<b>Seated Exercise</b> Ravensthorpe Sheltered Housing, Astley Village 11am-12pm. <b>£3 suggested donation.</b>	<b>Aquarobics</b> All Seasons Leisure Centre, Chorley 3-4pm. <b>£3 suggested donation.</b>
<b>Good Food Club #4</b> St Paul's Church, Adlington 10:30-11:15am, followed by refreshments. <b>£5 to shop and donations for refreshments.</b>	<b>Good Food Club #3</b> St Josephs Parish Centre, Harpers Lane, Chorley 10:30-11:15am, followed by refreshments. <b>£5 to shop and donations for refreshments.</b>	<b>Lunch Social</b> 4th Wednesday of the month St Mary's Parish Centre, 105 Devonshire Road, Chorley PR7 2BY from 12-2pm. <b>BOOKING ESSENTIAL</b> <b>Donations welcome.</b>	<b>Seated Yoga</b> St John the Divine Church Hall, Coppull 11:15am-12:15pm. <b>£3 suggested donation.</b>	
<b>Seated Yoga</b> St Agnes Church Hall, Eccleston 11:15am-12:15pm. <b>£3 suggested donation.</b>	<b>Seated Exercise</b> All Seasons Leisure Centre, Chorley 3-4pm. <b>£3 suggested donation.</b>	<b>Chair Fit</b> Croston Old School, Church Street, Croston 1:30-2:30pm. <b>£3 suggested donation.</b>	<b>Seated Pilates</b> All Seasons Leisure Centre, Chorley 2-3pm. <b>£3 suggested donation</b>	<b>SCAN TO DONATE</b>





## Do you know how to report content?

If you see something that's not following Instagram's Community Guidelines (e.g. nudity or self-harm), you can report it from within the app or on [instagram.com](https://www.instagram.com).

- Tap ... (iOS) or ⋮ (Android) above the post
- Tap **Report**
- Follow the on-screen instructions



If you want to report someone that is impersonating you or someone you know, you can do that from within the Instagram app or on [instagram.com](https://www.instagram.com).

- Tap ... (iOS) or ⋮ (Android) in the top right of the profile
- Tap **Report**
- Follow the on-screen instructions

## Do you know who your followers are?

If you have a public account, anyone can follow you and see your posts. If you have a private account, you have to approve every request to follow you and people will only be able to see your photos or videos if you approve them as a follower.

If your account is set to private, you can remove people from your followers list:

- Go to your profile
- Tap **Followers** at the top of the screen
- Tap ... (iPhone) or ⋮ (Android) to the right of the follower you'd like to remove, then select **Remove**

You can also block someone to stop them following you. (See: Do you know how to block someone?)

Instagram has a simple privacy setting: you either share your posts with anyone (a public account) or only share with people whom you have approved to follow you (a private account).

To set your account to private:

- Go to your profile, then tap ≡
- Tap **Settings**
- Tap **Privacy > Account Privacy**
- Tap next to **Private Account** to make your account private



## Do you know about Instagram's anti-bullying features?

### Restrict

Sometimes blocking or reporting someone doesn't feel right. Restrict empowers you to quietly protect your account from unwanted interactions.

You can Restrict by:

- Swiping left on a comment
- Using the **Privacy** tab in **Settings**
- Selecting the three dots on the user's profile



Once you have Restricted a user, their comments on your posts will only be visible to them. You can view their comments by tapping "See Comment", then approving, deleting, or ignoring them.

You will not receive their notifications and direct messages will go to Message Requests. If you read their messages, the Restricted user will not be able to see your online status or read receipts.

### Encouraging Positive Interactions

This feature notifies you if you've written a comment that may be considered offensive. It gives you the chance to reflect and remove the comment before the recipient sees it.

## Other safety features

Instagram's Community Hub is a central point of brilliant advice, guides for parents and young people, as well as privacy checks.  
<https://about.instagram.com/community>  
<https://about.instagram.com/safety>  
[https://help.instagram.com/299484113584685?ref=ig\\_about](https://help.instagram.com/299484113584685?ref=ig_about)  
<https://about.instagram.com/community/anti-bullying>

### Useful resources

**Instagram Help Center:**  
[help.instagram.com](https://help.instagram.com)

**Meta Safety Center:**  
[about.meta.com/safety](https://about.meta.com/safety)

**UK Safer Internet Centre:**  
[saferinternet.org.uk](https://saferinternet.org.uk)

**Report Harmful Content:**  
[reportharmfulcontent.com](https://reportharmfulcontent.com)

**SWGfL:**  
[swgfl.org.uk](https://swgfl.org.uk)

This leaflet was created by SWGfL as part of the UK Safer Internet Centre in collaboration with Instagram. Pick up a copy of this checklist along with other online safety materials on the SWGfL Store: [swgflstore.com](https://swgflstore.com)



## Do you know how to share with a direct group of your followers?

With Instagram Direct, you can send messages, photos and videos to a select group of people. Messages won't appear in Feed, Search or your profile. Posts sent through Instagram Direct can't be shared through Instagram to other sites (like Facebook or Twitter) and won't appear on hashtag or location pages.

To send a message using Instagram Direct:

- Tap ✉ in the top right or swipe left from anywhere in **Feed**
- Tap the button located in the top right of the screen
- Select people you'd like to send a message to, then tap **create chat**
- Type a message. You can also tap to take and send a disappearing photo or video, or to select a photo or video from your library
- Tap **Send**



To message someone you follow, you can also go to their profile and tap **Message**.

Alternatively you can also share a post or story with a selected close friends list.

- To share a story with close friends, create the story and then click **Close Friends** at the bottom
- To share a post with Close Friends, create your post and then select - **Audience - Close Friends**
- To choose or edit your close friends list go to **Settings and Privacy**, located at the top Right of your profile, scroll down to **Close Friends** and then select/deselect

## Do you know how to block someone?

When you block someone, they can't see your profile or posts.

To block or unblock someone:

- Go to their profile by finding them in your followers list or by searching for their name or username
  - Tap their username to open their profile and then Tap ... (iOS) or ⋮ (Android) in the top right hand corner
  - Tap **Block User**
- To unblock someone, follow the steps above and then tap **Unblock User**.



## Do you know how to delete or report comments?

You can delete comments you've made, including photo or video captions, and comments that other people have left on your posts. You can also report comments you see on any post as being abusive or spam/scam.

- Tap Q below the post or tap any comment.
- Swipe left over the comment (iPhone) or tap and hold the comment (Android) you'd like to delete.
- Choose if you want to **Delete Comment (bin)** or **Delete Comment and Report Abuse (!)**.



Click [here](#) for full details.

## Whole School Messages

Please get back involved. We have had lots of ticket sale disappear and we need to get them back up to 250 tickets

£1 a week, the weekly prize fund is currently at around £70 a week! There is a draw every week for Parklands and you are also entered in all of the bigger prizes.

# Enter our **Super Draw** **Nintendo Switch Bundle** **OR £1,000 CASH PRIZE**



- Tickets cost just £1 a week
- Chance to win up to £25,000
- Play weekly, or just play the Super Draw!
- Win an amazing gaming bundle!



**YOUR  
SCHOOL  
LOTTERY**

**PLAY NOW:**

Go to

[www.yourschoollottery.co.uk](http://www.yourschoollottery.co.uk)

Search for: **Parklands**




GambleAware

See website for Terms & conditions. Enter by 24/02/24



Click [here](#) for this week's news.

# Career News



**Insight to Business & Economics Division**

**Tuesday 5th March 2024,  
from 5pm - 6pm! Sign up now!**

**Calling all Business & Economics Students**

Are you looking to enter the world of business & economics after you leave school? Perhaps you are looking for some business & economics work experience that would set you above the rest when it comes to applying for university or apprenticeships?

Well look no further, we have got an unmissable opportunity for you to hear from one of the world's biggest ever companies in Amazon, who will be hosting their Virtual Insight to the world's biggest ever companies for Business & Economics leads to the event! So remember the date, Amazon Event with a Business & Economics twist, from 5pm - 6pm...

Tuesday 5th March 2024, from 5pm - 6pm...

So what will this event consist of? This virtual event is an incredible opportunity to widen your knowledge on key business topics such as buying and merchandising, how to set correct price points for certain products, analysing what sells well and what doesn't, all of which are specialised by Amazon.

This virtual event will be delivered by key business leaders at Amazon as well as potential future employers, who will also share their secret tips and tricks on how to secure a business role at Amazon. So, with the opportunity to widen your knowledge, expand your network, and gain invaluable tips on how to secure yourself a future role, what is there to lose?

If you are serious about entering the world of business & economics then make sure to sign up today through the application link below.

**Application Link:**

<https://www.surveymonkey.com/r/TJCL7BX>

**EDU** **Industrial Cadets**

# INSIGHT INTO UNIVERSITY

**HELP STUDENTS DECIDE WHETHER UNIVERSITY IS THE ROUTE**

Insight into University is a comprehensive virtual experience allowing students to explore university and the career opportunities that these studies lead to. It provides access to student life, STEM projects and activities set by leading UK universities and global STEM undergraduate lectures, live interactive sessions with academics, admissions tutors and students.

Whether young people are interested in life sciences, chemistry, biomedical, forensic science, electronics, engineering, physics, computer science, sustainability, materials or even tech or maths, we have something for them. With specially developed modules from universities including University of Cambridge, Kingston, Nottingham, Strathclyde, Plymouth, Edinburgh, Birmingham, Warwick, Sheffield, Lancaster, Aberystwyth, some fantastic workshops and careers guidance from organisations such as Innovate UK, Partnership, Rolls Royce and more.

The unique feature of this course is that students are able to access content from subjects and will be able to tailor a course that suits their interest.

On successful completion of the course, which involves 30 hrs of study, students will receive an Industrial Cadets award and be in a position to make a more informed decision for their future.

DENTIST MENTOR  
MAKE A DIFFERENCE

Scan to register!

FREE

Inspire D

CONFERENCE

Meet our extraordinary guest speakers,  
on March, 6 - 8pm, as they offer a peak into their  
more invaluable insights into the field of dentistry:

Aid Dentistry  
Elizabeth  
community  
Lucy  
Dr James  
Burroughs and  
Lucy

Dr Stevie Pottos:  
Holistic Medicine & Building a  
Portfolio Career

Scientist Debbage:  
How Dental Mentor Shaped Her  
Application Journey for Dental  
School

We diverse careers of dentists, inspiring change  
Explore the key to success as a future dentist,  
in personal interests to complement your  
with fellow dentists and gain valuable advice on  
the path to becoming a future dentist.

# CAREER News

BOB4

**Your weekly guide to careers information, advice and news from Parklands High School**

Next week is National Careers Week - and we are starting early with our Careers Fair. Lots of pictures and updates in next week's edition, but as this goes to press, the event will still be to full brag!

- Lots of useful content in this issue: conferences, work experience, webinars, advice, information, competitions and more.
- We have recently partnered with Outright, giving students access to some great opportunities and exclusive discounts on their amazing programmes. Don't forget that we are partnered with InvestIt! who also offer discounted rates and bursaries to Parklands students. They have some great career experiences on offer for students aged 12-18.
- There are a few open events still on offer - a couple Highlighting STEM and T Levels. If this is something you are considering, why not book a place at either Blackburn or Rumburgh College to find out more? Plus all have events in the next few weeks.
- EDT are offering a virtual 'Insight into University' course that runs over the summer holidays (the Year 11 last few college open evenings are rapidly approaching; Wigan & Leigh, Preston, Rumburgh and Blackburn places are available if cost is a barrier).
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- Lots of information about apprenticeships this week, following National Apprenticeship Week (last month). Including details of the new teaching degree apprenticeship that will be launched in Autumn 2025. See below for more details.
- Work Experience - booklets are available from the Top Office. Please collect one and ask the employer to complete it. The sooner it is returned, the sooner we can confirm your work experience placement!

*Have a great weekend*

4th - 6th March 2024

Here's my advice to young women thinking of joining up: **grab every opportunity by the horns** and do it. There were things I didn't think I could achieve, but they've turned out to be my biggest triumphs. I didn't think I was smart enough or good enough – but I was, and I am."

**MEET NATASHA DAY, MBE**

*Royal Army Medical Corps*

Growing up, Corporal Natasha Day was a young carer for her grandad. When he passed away, she wasn't sure what to do next – she wanted to care for people, make a difference, and make her grandad proud. One day she walked past an Army Careers Centre, dropped in to say hi, and her whole life changed.

CAN THE QR CODE TO DISCOVER OUR OPPORTUNITIES AND LEARN ABOUT LIFE IN THE ARMY



Lots of great opportunities in this week's edition of Career News: conferences, competitions, work experience, webinars, open events and much more!

Year 10 will visit two colleges for sampling in July: Runshaw and Wigan & Leigh. The first pre-sampling assembly is coming up in the next few weeks - pupils will be asked to choose the subjects they fancy trying out. It is important that they choose the subjects they are really interested in, not the ones their friends are choosing, as everyone gets an individual timetable, so even pupils with identical subjects may be sampling these at different times of the day. I will share a list of subjects on offer next week.

## Careers

Work Experience: please ensure booklets are returned promptly, once the employer has agreed the placement, otherwise that placement could be taken by someone else if I haven't confirmed it. There are still some consent forms to be returned - please get these back as soon as possible.

I now have the application forms for the NHS 'School to Work' work experience programme. If you are interested in working in the NHS in any sort of role, this is the WEX programme for you. During the week, you will meet lots of different professionals (last year we had dentists, eye specialists, radiographers, pharmacists, HCAs and more), tour the hospital (Chorley), take part in activities on the wards at the LIFE Centre and find out much more about careers in healthcare. At the end of the course, you will receive a certificate of completion from the NHS Trust - something to mention on your CV and at future interviews.

If you are interested, please collect an application form now - places will fill up fast!