



PARKLANDS BULLETIN

12 Dec - 16 Dec 2022: Week 1



Headteacher's Message

Dear parents, carers and students,

Despite the cold weather and windows being open, our classrooms are still very warm indeed. Therefore, normal uniform rules apply from Monday.

We will continue to monitor the situation in the local area regarding Strep A and update everyone if the Public Health team's advice changes. The Department for Education has reiterated the importance of attendance in school - please see details below which I received this week.

Scarlet Fever and Group Strep A Infections

The Secretary of State for Education, Gillian Keegan, is closely monitoring the increased cases of Group A streptococcus (Strep A) and scarlet fever. As a Department, we are working closely with the UK Health Security Agency (UKHSA), who are leading on the response.

UKHSA is reporting an increased number of cases of Group A streptococcus (Strep A) compared to normal at this time of year. There is no evidence that a new strain is circulating and the increase is most likely related to high amounts of circulating bacteria and social mixing.

What are the symptoms of Strep A/scarlet fever?

Strep A infections can cause a range of symptoms that parents should be aware of, including:

- Sore throat
- Headache
- Fever
- A fine, pinkish or red body rash with a sandpapery feel
- On darker skin the rash can be more difficult to detect visually but will have a sandpapery feel

If a child becomes unwell with these symptoms, please advise parents to contact their GP practice or contact NHS 111 (which operates a 24/7 service) to seek advice.

If a child has scarlet fever, advise they stay at home until at least 24 hours after the start of antibiotic treatment to avoid spreading the infection to others.

Encourage parents to trust their own judgement and if their child seems seriously unwell call 999 or go to A&E if:

- a child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when a child breathes
- a child's [skin, tongue or lips are blue](#)
- a child is floppy and will not wake up or stay awake.

If there are confirmed or suspected cases in an education or childcare setting, **there is no reason for children to be kept at home if they are well.**

Reminder: school closes at 1pm on Friday and reopens on Wednesday, 4th January 2023.

Wishing you all the best,

Mr Mitchell

Headteacher



PARKLANDS BULLETIN

12 Dec - 16 Dec 2022: Week 2



Year 7 Messages

(Year 7) Santa Sleepover - as this event has now been cancelled you should have all received an Edulink message explaining to contact the accounts team (accounts@parklandsacademy.co.uk) advising whether you are happy for the refund to be placed onto your child's dinner money account or if you would prefer a BACS payment. If you would prefer a BACS refund please provide the following details :-
Name of child, name of the bank, name on the bank account, account number and sort code.

(Year 7) From the RS Department:

We recently conducted a short survey to gather parent and carer feedback on RS at Parklands. Many parents commented that they would like more insight into the issues discussed within the classroom, so that they can continue these discussions at home with their children. We have therefore committed to providing a small selection of questions each week, to enable these discussions to occur.

Please note: this is not homework for students, and nor do we expect these discussions to take place.

Current Unit - Ultimate Questions:

- What have been the biggest influences on your 'worldview'?
- What do you know about the Aboriginal people of Australia?
- What do Aboriginal Australians believe about the creation of the world?

Year 8 Messages

(Year 8) From the RS Department:

We recently conducted a short survey (with Year 7 parents/carers) to gather parent and carer feedback on RS at Parklands. Many parents commented that they would like more insight into the issues discussed within the classroom, so that they can continue these discussions at home with their children. We have therefore committed to providing a small selection of questions each week, to enable these discussions to occur.

Please note: this is not homework for students, and nor do we expect these discussions to take place.

Current Unit - Prejudice and Discrimination:

- What have been the biggest contributing factors to gender equality in Britain? (e.g. Sex Discrimination Act 1975, Equal Pay Act 1970, the contributions made by women during WW2, women leaders in recent years etc.)
- What is sexism? Can you give an example?
- What role might the media (e.g. TV adverts) play in reinforcing gender stereotypes?



PARKLANDS BULLETIN

12 Dec - 16 Dec 2022: Week 2



Year 9 Messages

(Year 9) From the RS Department:

We recently conducted a short survey (with Year 7 parents/carers) to gather parent and carer feedback on RS at Parklands. Many parents commented that they would like more insight into the issues discussed within the classroom, so that they can continue these discussions at home with their children. We have therefore committed to providing a small selection of questions each week, to enable these discussions to occur.

Please note: this is not homework for students, and nor do we expect these discussions to take place.

Current Unit - An Introduction to Islam:

- What are key Muslim beliefs about God?
- What is monotheism?
- What do you know about prayer for Muslims?

Year 10 Messages

No messages this week.

Year 11 Messages

GCSE exams summer 2023: click [here](#) to read a letter from Ofqual regarding support for year 11 students. The following information is taken from the letter:

“Ofqual has provided guidance for teachers so that they can save evidence of student performance. This evidence would only be used to determine Teacher Assessed Grades in the very unlikely event that exams could not go ahead.

Schools and colleges have been told that evidence should come from the mock exams that students normally take. Teachers should let students know when they are taking assessments that could be used, but students should just approach them as they normally would.”

Year 11 Respect day - Thursday 15th December. The theme of the day is healthy relationships and will include sessions about consent, online harm, positive body image and good relationships.

Hello everyone! I hope you have all had an amazing week!

This week has been filled to the brim with many exciting opportunities that we are so grateful to have here at Parklands. There has been a badminton competition almost everyday this week for each year group, in which we have placed very highly - and we are so proud of everyone that took part.

Yesterday was Christmas Jumper Day to raise money for Save the Children, alongside the Christmas markets and stalls, which were both very successful. Each contribution adds up to so much, so thank you! It definitely felt a lot more festive today!

I would like to remind everyone if they haven't already, to bring some spare food for the Christmas Hamper donations that will be going out next week. We are asking for non-perishable items like cans and pasta! Especially during Christmas, it is important that we give all we can to our community.

I hope you have a lovely, restful weekend - remember, only one more week left until we break up!

Alex

Whole School Messages

Weekly Learning Support Board - click [here](#)

Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 49 pupils since September
Year 8: 44 pupils since September
Year 9: 26 pupils since September
Year 10: 65 students since September
Year 11: 42 students since September

How many had the perfect 3 in the previous week?

Year 7: 159 pupils
Year 8: 118 pupils
Year 9: 109 pupils
Year 10: 165 students
Year 11: 129 students

Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.

Please note that we are having a huge drive on punctuality to lessons at the moment, which ties in with the new guidelines issued by the Department for Education regarding attendance. The figures below show the number of pupils who have received very few 2s since September.

How many pupils have a BfL score of 2.99 - 3?

Year 7: 137 pupils
Year 8: 90 pupils
Year 9: 60 pupils
Year 10: 115 students
Year 11: 90 students

Students, please click the link to see what clubs, trips and activities are happening in school
[Parklands Bulletin](#)

Secure VT session - On Monday, in Secure, we will be continuing our work on equalities and looking at how to understand, appreciate and support people with disabilities within our school community. Our assembly will also link to this theme.

Yesterday we raised a fantastic £231.07 for Save the Children in the annual Christmas jumper day. Well done to all involved!

Attendance matters!

Overall school attendance since September 92.3%

Overall school attendance for the week 82.1%

National Average as at 2nd December 88.7%

Attendance by House since September:

Europe 85.3%

Africa 82%

South America 81.7%

Asia 81.7%

Australasia 80.2%

Attendance by House since last week:

Europe 93.3%

Africa 92.5%

Australasia 92.2%

South America 92.2%

Asia 92.1%

Highest form attendance per House for the week:

South America -Argentina 91.2%

Australasia - Papa New Guinea 90%

Europe - Sweden 90%

Asia - Thailand 88.8%

Africa - South Africa 85.6%



JOIN OUR PARKLANDS HIGH SCHOOL ALUMNI

ALL WE NEED FROM YOU:

Email phsalumni@parklandsacademy.co.uk

- WHAT YEAR YOU ATTENDED PARKLANDS
- WHAT HAVE YOU BEEN UP TO?
- WHAT ARE YOU DOING NOW?
- A PHOTO FROM YOUR DAYS AT PARKLANDS OR A PHOTO OF YOU NOW

You will then join our list of Alumni pupils. We will share your stories with current pupils and offer you opportunities to engage with our school community.

We look forward to hearing from you!

Miss N. Greaves

Past pupil 2000-2005 - current PE Teacher

The Big Parklands Paper: Issue 6 out now!
To read the latest newspaper, produced entirely
by pupils, please click on this link:

<https://www.parklandsacademy.co.uk/students/parklands-newspaper>

The Big Parklands Paper

Issue 6 December 2022

GCSEs and Stress
Page 2

Cup heartbreak
Page 3

Anti-bullying
Page 4



'Tis the Season of Giving

Evie Graham and Georgia Finan

Here at parklands there are a number of charities that you can support. For example; the poppies that go around our forms each morning or every other morning. There are house charities that you can vote for on google forms that are the options for the overall house charity.

We are vivid and continual supporters of Sally Cornes charity, where we raise money for children who are going through what Sally did. There are more charities that we can raise money for such as, the Macmillan coffee morning that we did on the 30th of September, where other people made cakes and we did an auction for them. There were also cakes to buy in the refectory. Recently we were given the opportunity to donate old coats, in good condition to wrap up Lancashire. At Christmas time, Charity Prefects come around and sell mini foys like reindeer or gingerbread but there are a few more as well. Sometimes we do bingo for charities to have some fun and to raise money for viable charities in desperate need of our help. One thing that is quite popular is non-uniform days, the only thing is, we have to bring in a pound because it's for charity. However, due to it's worthy cause, you could bring in more. Both of us raised money to give to the International Aid to help Ukraine. We sold little blue and yellow ribbons that you might still see people wearing in school on their blazers. There's a non-Uniform day

where we have to bring in a pound to support Pudsey, which I'm sure everyone will be familiar with.

There are many charities that you can always support in school all the time. It is always great to see something new that we can help support. With the help of everyone around school we could raise money for people in need. Our school should and continue to be charitable, empathetic and eager to help anyone who suffers and allows us to help.

Form Hamper Appeal 2022

Many people struggle at Christmas and often can't afford to heat their homes and eat well. Some people spend Christmas all alone. Imagine if these were your loved ones. You can make a real difference and help give someone else an amazing Christmas!

Bring in items for your form hampers. Suggested items include:

- ★ Tins of fruit, veg or meat
- ★ Tinned desserts like rice pudding
- ★ Tea, coffee, sugar & hot chocolate
- ★ Pickles & crackers
- ★ Cakes or biscuits
- ★ Toilettries like soap, bubble bath & toothpaste
- ★ Crisps, snacks and sweets
- ★ Cordial
- ★ Jars of honey, marmalade or salad cream

Whole School Messages

Whilst you are thinking of purchasing those Christmas presents or looking to book next year's holiday, why not support Parklands High School by collecting free donations every time you buy anything online with the UK's leading online fundraising service, easyfundraising. With over 3,200 shops and sites on board including Amazon, eBay, John Lewis, Sainsbury's, Virgin Trains and Aviva, you can get donations on everything from your weekly shop to your annual holiday and it doesn't cost a penny extra!

It's really simple, all you have to do is:

1. Go to <https://www.easyfundraising.org.uk/causes/parklands-high-school/?searchSessionId=27849264-39af-4d78-a898-4fce29584e55> and join for free
2. Every time you want to shop go to easyfundraising, find the site you want and start shopping
3. When you check out Parklands High School gets a donation for no extra cost whatsoever!

The shops and sites give easyfundraising a percentage of what you spend and they turn that into a donation, it's that easy. There's no catch or hidden charges and Parklands High School will be really grateful for your donations.

Thank you for your support.



**Support us through
easyfundraising**

Whole School Messages

Yesterday we had a very festive time at our Christmas market, raising money for Parklands Fusion Cheer Team & Derian House Children's Hospice in memory of Sally Cornes. We still have some stock left over so we will be selling this at lunchtime on Friday 16th December in the pavilion. Thank you to the cheerleaders and charity prefects for helping out. Final figure raised will be announced next Friday.....
Mrs Sullivan Brown & Miss Marr





PGL Football @ Boreatton Park
Open to girls and boys in years 7-9.



Departing 5th May returning on Sunday 7th May

Pupils will take part in training sessions over the weekend and mini matches as well PGL activities.



Price: £150 Deposit £50 on SCOPAY -
Deadline: Friday 25th November 22

Letters are [here](#) (please note it is the 2nd letter -
2 trip runs at the same time Netball and Football)



PP discount available.

Require further information [email ngreaves@parklandsacademy.co.uk](mailto:ngreaves@parklandsacademy.co.uk)

It is better to have 2 or 3 smaller ones than one big one.

Christmas Hamper Appeal.



Many people struggle at Christmas and often can't afford to heat their homes and eat well.

Some people spend Christmas all alone.

Imagine if these were your loved ones.

You can make a real difference and help give somebody else an amazing Christmas!

Here are a few ideas for your hampers?

- ★ Tins of fruit, veg or meat
- ★ Tinned desserts like rice pudding
- ★ Tea, coffee, sugar, hot chocolate
 - ★ Pickles & crackers
 - ★ Cakes or biscuits
- ★ Toiletries like soap, bubble bath, toothpaste
 - ★ Crisps, snacks or Sweets
 - ★ Cordial
- ★ Jars of honey, marmalade or salad cream





Christmas Lunch

Roast Turkey
with all the trimmings
£1.90

Nut Roast
with all the trimmings
£1.90

Christmas Pudding
with Custard
80p

Mince Pies
50p

Pupils:
14th December



If anyone is interested in auditioning a song or dance for this year's dance show, sign up sheets are now in the pavilion. It must be from a musical stage show and no more than two minutes long. You can work individually or with a group of friends on your piece. Please check your song with Miss Marr or Mrs Sullivan-Brown first to ensure that it is not already being used.

Preston North End Community and Education Trust and Preston North End FC are working in partnership with Rock FM Mission Christmas to launch a toy appeal to support some of the most vulnerable families in Preston this Christmas. The cost of living crisis will unfortunately result in many families choosing between eating or heating their homes resulting in their children not experiencing the Christmas many of us are used to. From today until Saturday 17th December, the community offices at Deepdale will become a drop off point where staff and members of the community are able to drop present(s) off that they wish to donate to the appeal. **Please note all toys must be un-used, unwrapped and in their original packaging.*

In addition, we have also launched our Whites Christmas Toy Appeal online donations page <https://donate.supportedgiving.com/preston-north-end-toy-appeal> where anyone can make cash donations. The money raised through donations will then be spent on gifts to donate to the Whites Christmas toy appeal.

The campaign will conclude on Saturday 17th December when we host QPR at Deepdale, where fans will be encouraged to donate any last minute gifts or donations.



SSLT Announcement



TUESDAY 13TH DECEMBER. REGISTRATION VIA GOOGLE MEET.



PREFECT GROUPS 22/23



Congratulations to the brand new Prefects.

Prefect group choices are still being confirmed.
Ties will be available after Christmas!

Your lead member of staff will let you know your
duty day/meeting day.

If your child was unsuccessful, there will be future
opportunities to apply.



SSLT applicants
will find out the
results on
Tuesday during a
form Google
Meet.

Good luck to
everyone!

derian house

children's hospice



From the 1st December the charity prefects will be visiting forms selling the Derian House Christmas Furry Friends, festive cuddle cups with keyrings. They are £4 each. All proceeds go to Derian House Children's Hospice to help them continue the incredible work they do helping children and young people, whose lives are too short, to make happy memories in an environment of fun, respect and above all, outstanding care.

The care they provide is free for families, but services cost **£5.7 million** to run every year with only **17%** of funding they need coming from the government.

Please find a link to our local clubs and teams [here](#).





HOUSE COMPETITION 22/23



w/c 07/11/22	5 a-side football 7 boys	ASA	6	SAM	5	AFR	4	ANZ	3	EUR	2
w/c 14/11/21	National Poetry Day Competition	ASA	6	AFR	5	ANZ	4	SAM	4	EUR	3
w/c 14/11/22	8/9 5 aside football Girls	ASA	6	ANZ	5	SAM	4	EUR	3	AFR	3
21/11/22	Pumpkin Carving Comp	ANZ	6	SAM	5	EUR	4	ASA	3	AFR	2
28/11/21	5 aside 8 boys football	ASA	6	AFR	5	ANZ	4	EUR	3	SAM	2

SOUTH AMERICA	57
ASIA	54
AUSTRALASIA	51
AFRICA	50
EUROPE	38



SUPPORT OUR LOTTERY

**It's A
WIN-WIN
Situation!**

★ **BOOST School Funds**
★ **WIN up to £25,000**

**TICKETS
£1 EACH**



To start supporting, visit:
YourSchoolLottery.co.uk/play
and search for: Parklands

Supporters must be 16 years of age or older.



WIN A PS5 BUNDLE



- Cash prize every week
- Tickets cost just £1 a week
- Win up to £25,000!

PLAY NOW:

Scan the QR code or visit:

www.yourschoollottery.co.uk

and search for: Parklands



Supporters must be 16 years of age or older. See website for Terms & conditions. Enter by 10th Dec 2022.



Barcelona Football Tour



Saturday 27th (Sunday 28th) May - (Thursday 1st June) Friday 2nd June 2023

Pupils in years 7-9 who play and attend school football club are welcome to attend!

- 2 professional coaching sessions
- Festival Matches against other schools
- Nou Camp stadium tour and museum/shop visit.
 - Visit to Las Ramblas
 - Visits to the Lloret De Mar Beach
- Bowling on one of the evenings included in price
 - Sightseeing in Barcelona
- All meals during the trip are included in the price. Breakfast and Tea and a packed lunch for days when out of resort
 - Waterpark Excursion on the final day.
- 2 x Tour tops including 1 x football top for matches.

Total Cost estimate £725.

Deposit of £100 required ASAP

NOW TAKING DEPOSITS VIA SCOPAY



© barcelona-tourist-guide.com

absolute
travel & tours

Barcelona Dance Trip



Saturday 27th May - Friday 2nd June 2023

Pupils in years 7-10 who dance inside and outside of school are welcome to attend!

- 4 professional coaching sessions
 - Visit to Las Ramblas
- Visits to the Lloret De Mar Beach
- Bowling on one of the evenings
 - Sightseeing in Barcelona
- All meals during the trip are included in the price. Breakfast, packed lunch and Tea.
 - Waterpark Excursion on the final day.
 - 2 x Tour tops.

Total Cost estimate £725.

Deposit of £100 required by 1st JULY 2022

NOW TAKING DEPOSITS VIA SCOPAY UNDER BARCELONA DANCE TRIP



Mental Health & Wellbeing

Dear Parents and Carers

I hope you're doing well and are feeling ready for the winter break.

The festive season is often associated with feelings of excitement and happiness, but for some it may not always be a positive time. The shorter days, colder temperatures and the pressures associated with this time of year can impact many people, adults and children alike.

In this toolkit,(seasonal selfcare support poster) I have shared a resource to help boost winter wellbeing – self-care activities for your son or daughter and tools to help them manage their emotions. Alternatively KOOOTH is a good resource for young people to access to get good advice and support.

kooth.com

kooth

For ages: **10-16**

Kooth is an **online mental wellbeing** community for young people

Here are some of the features you can access on Kooth:



Magazine | The Kooth magazine shares personal experiences and tips from young people and our Kooth team



Discussion Boards | Start or join a conversation with our friendly Kooth community, with lots of topics to choose from



Chat | Chat with our helpful team about anything that's on your mind



Daily Journal | Use your daily journal to track feelings or emotions and reflect on how you're doing



Wellbeing Activities | Find activities that support your wellbeing and help to build valuable life skills



Visit kooth.com to learn more



Anna Freud
National Centre for
Children and Families



SEASONAL Self-care SURVIVAL KIT

1 Spending time alone:

Sometimes it can feel like there is a lot of pressure during the holidays to entertain your loved ones and participate in games and discussions. Don't forget that it is always okay to take some time, relax, and do something just for you.



2 Spending time with supportive people:

Whether it's a loved one or a volunteer, we all need someone to support us when we are low. Follow your instincts; if you can relax and be yourself with them, chances are they are supportive.



3 Sleep:

Sleep is often one of the first things to slip when we are busy, stressed or anxious. If you can, think of the holidays as a chance to recharge your batteries and get your energy back up for the new year. You deserve a lie-in!



4 Sharing your feelings

We understand that, for lots and lots of people, the holidays are a really difficult time. The 'merry' Christmas we all wish for each other isn't always a reality, so, if you feel like crying, that is totally fine. Sometimes this feels much better than hiding how you really feel.



5 Self-talk:

Positive self-talk can help us feel more confident and challenge the negative thoughts that harm us. For example, if you feel self-critical, think about how you would reassure a friend in a similar situation, then apply that to yourself.



6 Seeking help:

Our urgent help page has information on who you can call over the holidays. Remember, if you need help then you deserve to get it. Asking for help when you need it is a really brave step and an important part of self-care. You can find all our mental health resources at onmymind.info.





VOLUNTEER MENTOR (Education and Employability)



Location: Inspire Youth Zone

Suggested Time Commitment: 1 hour per week for approximately 6-12 months
(although there is flexibility in this)

ABOUT THE ROLE

Our Volunteer Mentors meet with the same young person each week, building a relationship with them based on trust. Meeting with them once a week for an hour at a time, they listen to them without judging, help them to achieve their goals and support them to realise their potential. For this mentoring role, we're specifically looking for people who are keen to work with young people who need some direction when it comes to education and/or employability.

WHAT CAN YOU EXPECT TO BE DOING?

- Actively engaging with and spending time with a young person
- Acting as a positive role model for your mentee
- Offering them guidance and support when navigating the world of education and employability
- Undertaking activities with the young person in the youth zone
- Promoting an inclusive culture where young people are listened to, valued, and cared for
- Creating a safe space for young people and working to safeguard them

WHAT ARE THE BENEFITS TO YOU AND OUR YOUNG PEOPLE?

You will gain new skills and develop existing ones whilst making a significant contribution to the lives of the young people. You will enhance your CV whilst also being there as a positive role model.

Having an independent adult to talk to is invaluable for young people - it becomes a safe space for them to explore who they are and be their best self.

Be the person you wish you had when you were growing up!

WE'RE LOOKING FOR SOMEONE WHO:

- Is a good listener and communicator
- Has skills and knowledge in any of the following areas would be beneficial:
 - Education
 - Employability
 - Training
 - Apprenticeships
 - Coaching
- Is committed to making a positive impact on the lives of young people
- Shares the values of Inspire Youth Zone

Please note that for this role you need to be at least 21 years of age and be prepared to undergo an enhanced DBS check.

Telephone: 01257 228888

Registered Charity Number: 1167039

Address: Chapel Street Chorley PR7 1BS

WARM WELCOME SPACE

Children and Family
Wellbeing
Service

**Duke Street Neighbourhood Centre
Thursday 29th December**

**Highfield Neighbourhood Centre
Friday 30th December**

**Join us for light refreshments and a warm welcome.
Arts & Crafts available**

10am - 3pm

**No need to book.
Just turn up**

Open to families

 01257 516466 / 516316



ChorleyFamilyZone

Lancashire

County
Council



Dear Parents & Guardians,

Christmas HAF is here! As your child/children are aged **12 – 16 years old** and eligible for **FREE SCHOOL MEALS**, we would like to invite them to our Christmas Holiday Events & Activities. This will include;

Inspire Youth Zone, Chapel Street, Chorley, PR71BS

Dates	Times
Monday 19 th December	5pm - 9pm
Wednesday 21 st December	5pm - 9pm
Friday 23 rd December	5pm - 9pm
Wednesday 28 th December	5pm - 9pm
Friday 30 th December	5pm - 9pm

If your child is not yet a member of Inspire and would like to claim their **FREE** membership you will need to call at our centre. You can do this **Monday – Friday 10am – 3pm** on 01257 228888. Alternatively talk to one of our detached team members of staff who can assist you.

Trips

20th December 2022 – 10am – 3pm – Area 51 Laser Tag

A coach will be going from Inspire Youth Zone to Area 51 Laser Tag for a tournament style competition. 2 Laser tag games plus food and drink.

Escape Entertainment Venue, Unit 7, Market Walk, Union Street, Chorley, PR7 1FD

Vouchers at the Escape venue in Chorley for free mini golf, bowling, and food. Contact your school on how to claim your voucher!

All Season Leisure Centre, Water St, Chorley PR7 1EX

Vouchers for a **FREE** swim at the All-Seasons Leisure Centre, Chorley. Contact Inspire on how to claim your voucher!

Detached (Various Locations)

These sessions are drop-in sessions where young people can just turn up. Each young person is entitled to attend any of the dates as required. These sessions are **FREE** of charge and will include a Hot meal which consists of main, snack, drink & fruit.

Spaces are available for young people on free school meals that are **8-16 years old**.

Dates	Location	Time
Wednesday 21 st December	Clayton Brook (Community Centre)	5:30pm
	Buttermere (community Centre)	6:30pm
	Harpers Lane (The Rec)	7:30pm
Friday 23 rd December	Coppull (Community Centre)	5:30pm
	Adlington (Lower Rec)	6:30pm



	Devonshire Rec	7:30pm
Wednesday 28 th December	Clayton Brook (Community Centre)	5:30pm
	Buttermere (community Centre)	6:30pm
	Harpers Lane (The Rec)	7:30pm
Friday 30 th December	Coppull (Community Centre)	5:30pm
	Adlington (Lower Rec)	6:30pm
	Devonshire Rec	7:30pm

Membership

If your child is not yet a member of Inspire and would like to claim their FREE membership you will need to call at our centre. You can do this **Monday – Friday 10am – 3pm** on 01257 228888. Alternatively talk to one of our detached team members of staff who can assist you.

Ryan Powell
Inspire Youth Zone
01257228888

Loads of great opportunities in this week's Career News - including a fiendish puzzle from the spy people at GCHQ. See if you can solve it - if you can, you might be the type of person they are looking for!

GCHQ has released a special puzzle to mark the publication of its new children's book *Puzzles for Spies*, packed with challenges to inspire codebreakers, engineers, mathematicians and linguists of the future.

The intelligence officer and security agency's latest puzzle book published by Puttin, and its first for children, focuses on languages, engineering, codebreaking, analysis, maths, coding and other security-related skills needed at GCHQ.

The special puzzle illustrates the four-colour theorem, a theory from 1852 that suggests that no more than four colours are required to colour a picture so that no touching shapes have the same colour. This four-colour theorem is one of the most famous unsolved problems in mathematics.

Designed to be a fun and fun challenge for young puzzlers, the puzzle is an example of the lateral thinking, ingenuity and perseverance needed for those working at GCHQ across its missions: to keep the country safe. The book has many more puzzles like this too, some even harder, to test your brain skills.

To complete the puzzle you need to colour the fruit bowl using only four colours, so that the pair's green, the orange is orange, the apple is red, the banana is yellow and no two touching shapes have the same colour.

Colours which are not used in the puzzle are:

- to work at GCHQ. You just need to have an interest in figuring things out and an infectious curiosity. This is why so many of us are so fond of puzzles.
- you don't spend all of your time putting together jigsaws and fitting out crosswords - but creating and solving puzzles in our spare time requires the same skills which our teams use when tackling new problems in different and inventive ways to help keep the nation safe. It's also really fun!
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For over 100 years, GCHQ has worked, in secret, to gather information and solve the toughest of problems to help keep the people of the UK safe. The book shares personal stories from real members of staff about their journey to working for GCHQ so you can imagine into the secretive work you do, in addition to stories about the agency's year time history and beginnings.

Puzzles for Spies introduces readers to many aspects of GCHQ's work and the chapters are packed with interesting facts and stories about the agency's history and the work it does today. With personal accounts

Most Popular Experiences

- Shadow doctors in hospital
- Meet real patients
- Learn to make blood
- View X-rays

MEDICINE

- Argue a human rights case in the Supreme Court
- Write both opposition and support in a City of Vancouver
- Experience every stage of a murder trial

LAW

- Explore a floating jet alongside aerobically challenged
- Discover supervisors who 3D engineer
- Design an aircraft and test it in a wind tunnel

ENGINEERING

- Trade the London stock market
- Experience every stage of an trial
- Networking with on the line lawyer

INVESTMENT BANKING


- Attend patient consultations
- Work with a team to develop financial results
- Discover career psychology in digital world

New Pearson "power skills"



Career News

Paper 10: English



CAREER News

2022

Your weekly guide to careers information, advice and news from Parklands High School

What's happening this week . . .

We are edging ever closer to the Christmas holidays, but there are still many great opportunities on offer for students this week:


- Find out more about the roles available at IBM
- Discover how you can refine your degree through the Army
- Hear about future apprenticeships at Asatrust, one of the UK's leading law firms
- Or perhaps an apprenticeship in construction is more suited to you - check out the National Construction college apprenticeships on 'Tales from'
- Register for the information about the cities changing careers in the NHS
- Have a go at the puzzle from the sky team at GCHQ - let us know if you can complete it

If you are interested in Business Management, Accounting or Technology, there's a great online event for you with Partic, one of the biggest firms in the world.

Meanwhile we are offering some fantastic summer career experiences in Medicine, Law, Engineering, Investment Banking and Psychology - watch the video to find out this week.

Lots of great features on the Local Live and JobLive channels coming up this week.

A reminder to get college applications in as soon as possible - Interviews start in January. There are still more open events after Christmas though. For an earlier careers interview, please email: career@parklandsacademy.co.uk



2022


We held our Mock Interviews event for Year 11s this week, a very busy but productive morning. Thanks to all our employees and college partners for supporting us with this. Next event in the Christmas Fair for Years 8, 10 and 11 on Friday 10th March 2022 - put the date in your diaries!

12pm - 1.00pm December 2022

Paper 10: English

ARMY
BE THE BEST

ABE
ADVANCED
BIRMINGHAM
ECONOMIC
EDUCATION



Could your students fund their university degree through the Army?


With **Army Bursaries** your students have the opportunity to fund their university undergraduate degree with a bursar that makes a difference. The cost of university can be prohibitive, but the Army has various ways to help your students fund their education.

See how much you could get whilst studying:

- **Undergraduate bursary - Standard:** £6,000 throughout their course
- **Defence STEM Undergraduate Scholarship (DSUS) Scheme:** Worth £42,750
- **Undergraduate bursary - Enhanced (AUBE):** Up to £26,000
- **Medical bursaries - Medical, Veterinary, Dental, Nursing students and Soldier student nurses:** Up to £75,000 for studying and training
- **Music bursaries:** Up to £2,000 sponsorship
- **Officer fully funded degree:** A fully funded BSc in Leadership and Strategic Studies with the Army

• **Internships:** Develop leadership skills with the Army. This can be for students looking to take a gap year before university (paid £18,000 plus expenses)

Why not find out more here?

[illegible]

Last chance to take part in the Medic Mentor and Allied Health Mentor conferences this weekend - don't miss out if you are an aspiring health professional.

Thank you to everyone who took part in our Mock Interview Day, including the Year 11s who had their first experience of a real interview - and smashed it!