



# PARKLANDS BULLETIN

## 14 Mar - 18 Mar 2022 : Week 2



### Year 7 Messages

Y7 Parent survey. Please click [here](#) to give us your feedback which will help us improve our school.

### Year 8 Messages

Y8 Parent survey. Please click [here](#) to give us your feedback which will help us improve our school.

### Year 9 Messages

Y9 Parent survey. Please click [here](#) to give us your feedback which will help us improve our school.

Year 9 will be having a Respect day about Substance Abuse on Thursday, 16th March. They will take part in sessions about the law and drugs, the effects of drugs and smoking and vaping. We will also be having an outside visitor from the Amy Winehouse foundation who will speak to pupils about the effect drug taking can have on lives. If you want to know more about this organisation, please use this [link](#).

### Subject Specialism options

The deadline for Y9 choosing the subjects they will specialise in next year is Monday 14th March. Students can make their selections via the [sims-options.co.uk](https://www.parklandsacademy.co.uk/students/options) website, for which they were emailed an activation link or via the Google Form shared by Mrs H Miller.

All the information they require in order to make informed decisions is in the students section of the school website. Link is here:

<https://www.parklandsacademy.co.uk/students/options>

### Year 10 Messages

Y10 Parent survey. Please click [here](#) to give us your feedback which will help us improve our school.

## Year 11 Messages

Y11 Parent survey. Please click [here](#) to give us your feedback which will help us improve our school.

Well done to Year 11 for making such a positive impression during their careers interviews this week. Below is some feedback we have received:

“They were a credit not only to themselves but to the school as well. Without fail every single one I interviewed was not only polite and well mannered but they were all enthusiastic, keen to learn and make a good impression. It is these skills which employers value the most and which will set them apart from others and enable them to succeed at whatever they choose to do. I was genuinely impressed, they should all be really proud of themselves and I would encourage them all to aim high, the only limitations in life are the ones you put on yourself.”

“We really enjoyed it, there were some great conversations and (as always) Parklands students gave an excellent account of themselves and represented the school brilliantly!”

We had the third week of our after school programme last week. We are sorry to report that the number of students attending has been disappointing. When we asked students for their views earlier in the year they requested more after school sessions and said how helpful they had found them. Attendance is not compulsory but we would advise that our students take advantage of this opportunity, that they said they wanted, in order to prepare for their final exams in the summer. The programme continues next week. Option A (French, Triple Science, Geography and Music) on Tuesday and Maths on Wednesday. Most sessions run from 4-6pm- if they differ from this, 4-5pm for example, students will be notified. The time between school closing at 3pm and the sessions starting can be used to enjoy extra-curricular activities, complete homework or enjoy a break. Refreshments will be provided. Please click on the link [here](#) for the full programme for the half-term.

Year 11 GCSE Drama performance examination takes place on Monday 14th March. It is essential that all pupils are in school on time and in their correct kit.

# Whole School Messages

Weekly Learning Support Board - click [here](#)

## Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 36 pupils since September  
Year 8: 27 pupils since September  
Year 9: 48 pupils since September  
Year 10: 30 students since September  
Year 11: 23 students since September

### How many had the Perfect 3 in the previous week?

**Years 7: 138 pupils**  
**Year 8: 99 pupils**  
**Year 9: 130 pupils**  
**Year 10: 124 students**  
**Year 11: 141 students**

**Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.**

## Information for parents and carers on COVID-19 vaccination for at risk 5 to 11 year olds.

Children aged 5 to 11 years who are in a clinical risk group or who live with someone who is immunosuppressed can get the COVID-19 vaccine, in line with advice set out by the [Joint Committee on Vaccination and Immunisation \(JCVI\)](#). Eligible children include those with diabetes, immunosuppression, learning disabilities, and other conditions as outlined by the [UK Health Security Agency \(UKHSA\) in the Green Book](#).

Vaccinations help to increase protection against COVID-19, which is particularly important for those with underlying health conditions.

Further information is available in the [guide for parents of children aged 5 to 11 years](#) published by UKHSA. We have published some [frequently asked questions](#) on the vaccination programme including information on eligibility, accessibility and advice for parents of children at high risk from COVID-19. Following [advice](#) from the JCVI, healthy 5 to 11 year old children will also be offered two 10 microgram doses of the COVID-19 vaccine. The NHS will prepare to extend this non-urgent offer to all children during April.

Pi day is coming on the Monday 14th of March to celebrate the famous mathematical number! There will be 2 competitions taking place that students can prepare for. The first is a memorisation competition, with the winner being whoever can remember Pi to the most digits. The second will be a Pi pie making contest, where students make a pie, decorated with the mathematical symbol and digits of Pi. Prizes will be awarded for each of the winners.

### Attendance matters!

Overall school attendance since September 91.5%

Overall school attendance for the week 91.6%

Attendance by House since September:

Asia 91.2%

Australasia 92%

Africa 91%

Europe 91.5%

South America 92.7%

Attendance by House for the week:

Asia 91.1%

Australasia 92.8%

Africa 90.6%

Europe 90.4%

South America 93.1%

Highest form attendance per House for the week:

Asia - South Korea 94.1%

Australasia - Australia 98.4%

Africa - Ivory Coast 95%

Europe - Sweden 95.7%

South America - Uruguay 96.3%

March 11th-20th is **British Science Week**! At school this coming week we will have form competitions for Science week, a special year 7&8 science club on Thursday and a chance for everyone at home to get involved with Science week! We invite students and their families to get involved with some simple home science experiments. Attached [here](#) are a number of experiments you can do with everyday household objects for ALL ages. If you successfully complete any of the experiments and know how they work you can email pictures, videos and explanations to [rbrooks@parklandsacademy.co.uk](mailto:rbrooks@parklandsacademy.co.uk) - there may well be some prizes for those who can show off their experiments!

Friday 18th March is a non school uniform day for **Comic Relief**. If your child wishes to take part the suggested donation is £1, which should be given to your child's Form Tutor before Friday. The standards remain the same and we expect pupils to be correctly equipped for school. Any pupil who is inappropriately dressed will complete their work in isolation.



# Year 7 PGL Trip

Welcome to Parklands



To help ease the transition to high school, we want to offer a PGL trip focused on encouraging pupils to meet new pupils in their forms and their houses and staff.

Pupils will spend the weekend completing PGL activities and enjoying evening entertainment that will focus on team building as well as having some free time to socialise with their new classmates. In addition to this they will also have the opportunity to earn house points for their house!



This trip has taken place before with great success and we are really pleased to be able to offer it again.

All food and travel is included in the price and pupils will be accompanied by their House Leaders and members of the Parklands staff.

This is a fantastic opportunity for pupils to interact following their first week at Parklands. The trip will take place between Friday 16th September & Sunday 18th September 2022. The weekend is at a reduced cost of £150.



If you are interested, please complete the google form [here](#) and return the slip overleaf with a deposit of £50.

Please note there is no obligation for your child to attend, it is an optional trip.

If we fail to reach sufficient numbers the trip will not go ahead and refunds will be issued.

If you have any questions regarding the trip please contact Miss Greaves directly

[nareaves@parklandsacademy.co.uk](mailto:nareaves@parklandsacademy.co.uk)



This will take you to the Google Form

Link to PDF for our NEW YEAR 7s in September 2022 [here](#)



## FITNESS SUITE

Following a successful trial.

We are keeping MON-WEDS the same and have extended Thursday - Friday to years 9-11



MON	TUES	WEDS	THURS	FRI
GIRLS ONLY 9-11	BOYS ONLY 9-11	Year 9 ONLY	Year 9/10/11 ONLY	YEAR 9/10/11

## Head Students' Page

This week on Tuesday 8th March it was International Women's Day! During our SECURE lesson, we researched and learned about the inspirational women who were born in each country of our forms and their incredible lives.

We wanted to show our gratitude towards some of our inspirational female teachers we have at Parklands!

A female teacher who inspires me is Miss Brooks, who teaches me Chemistry. She encourages me each lesson to strive to do my best and has helped me progress, not only in learning, but in confidence too. I would like to say thank you for continuing to support us all, even throughout the lockdown periods!

- Alex

A female teacher that inspires me is Miss Law, whom I have had as a form tutor for 4 years. She is compassionate, shows lots of empathy and has helped me learn many skills needed for later in life. She has helped me gain confidence and knowledge, not just academically, despite our time off due to covid. Without her I doubt that I would have got the role of Student Student, so I would like to say a massive thank you to Miss Law and the rest of the wonderful female teaching staff here at Parklands for the support you give to everyone on a daily basis.

- Evie

Evie R





# PARKLANDS QUIZ NIGHT

Parents, carers and friends of Parklands High School come and  
 Take part in the COMIC RELIEF  
 Friday 25th March 6-9.15pm

It is £5 a person with a cash prize for the winning team and who will win overall on the night Parklands staff or friends of Parklands

Get a team of no more than 6 together and send in your reply slip.  
 It is a bring your own drink and food event.  
 Please contact [ngreaves@parklandsacademy.co.uk](mailto:ngreaves@parklandsacademy.co.uk)

## HOUSE COMPETITION 21/22

Year 7 Bench ball	ANZ	6	AFR	5	EUR	5	SAM	4	ASA	3
Sports Hall athletics	ASA	6	AFR	5	EUR	5	SAM	5	ANZ	5
Nature Photo Comp	ASA	6	EUR	5	ANZ	4	AFR	3	SAM	2
Year 8 Bench ball	SAM	6	AFR	5	ANZ	4	ASA	4	EUR	3



AFRICA	109
EUROPE	104
AUSTRALASIA	100
ASIA	98
SOUTH AMERICA	97



Africa extend their lead to 5 points clear of Europe

## Whole School Messages

Support for Ukraine - click [here](#) for the YouTube video.



As a Local Historian and having voluntarily worked for years on community projects, I have been utilising my contacts and network across Chorley & District to co-ordinate efforts in collecting and sorting donations in response to the crisis unfolding in Ukraine.

I established the group "Chorley & District Support for Ukraine" and work closely with the Polish community, St. Laurence's Church in Chorley and Also Chorley Council. Having been able to acquire an empty unit in Chorley town centre, volunteers to the group have been mobilised to sort through all the donations from collection points that had been set up across our community. Donations are now being collected, processed and palletised ready for being sent out where they are needed most.

The issue we now face is that the transport system is choked by taking donations that aren't actually required, ie. clothing. As a result, its been vital to try and ensure that all communications on social media, etc are from a single source so that information can be kept accurate and up to date. Such information includes: items required, how to volunteer, drop off points, unit opening times and so on.

So far we have received donations from all across the Borough and also Bolton, South Ribble Schools, Preston, Blackburn and other areas.

Our volunteers are coming from all across Chorley, Leyland, Bolton, Southport and includes British nationals, Polish, Romanian, and Ukrainian.

If our page could be shared with parents it would be really helpful to keep everyone connected and informed: Chorley & District Support for Ukraine

[\(14\) Chorley & District Support for Ukraine | Facebook](#)

Kind regards,

Stuart A. Clewlow, FRHistS

Local Historian, Chorley & District Councillor, Adlington Town Council



# PGL WATERSPORTS 2023



FOR MORE FOOTAGE  
CHECK OUT  
@PEPARKLANDS

# PGL WATERSPORTS 2023



£ 725

TWO CENTRE ADVENTURE  
3 DAYS BEACH WATERSPORTS @ BEACH  
2 DAYS DESCENT DOWN THE ARDECHE  
1 DAY AT AQUALAND

31st July - 7th August 2023

ALL FOOD, TRANSPORT, EVENING ENTERTAINMENTS, AND  
WATERPARK INCLUDED.

Letters have been emailed from Miss Greaves to parents  
via edulink app.

Email [ngreaves@parklandsacademy.co.uk](mailto:ngreaves@parklandsacademy.co.uk)

Letter [here](#)



*Performed on*

**WEDNESDAY 27<sup>th</sup> APRIL**

and

**THURSDAY 28<sup>th</sup> APRIL**

at 7.00pm

**Tickets £5 adults, £3 concessions**

**Available from the Pavilion office  
at lunchtimes only**

**ON SALE: 7<sup>th</sup> MARCH**





YOUR  
SCHOOL  
LOTTERY



**WIN**  
**A WHEELIE AWESOME PRIZE!**



**WIN A**  
**£500**  
**BIKE**  
**VOUCHER**

- Help give our fundraising a much needed boost
- Tickets cost £1 each
- Cash prize every week
- Win up to £25,000

To support your school, go to:  
**[YourSchoolLottery.co.uk/play](https://YourSchoolLottery.co.uk/play)**  
and search for: Parklands



Proud to be part of



# COVID-19 Vaccine at home service

**Those who need it can now get a COVID-19 vaccine from the comfort of their own home.**

The NHS in your area has launched a new initiative allowing anyone who cannot attend a vaccine clinic can get their vaccine at home. This service is for anyone aged 12 and over and providers all doses of the vaccine.

The initiative adds to the wide-range of options available with the aim of offering a COVID-19 vaccine to as many people as possible.

On completion of a quick questionnaire or by calling 0300 790 6856 (between 10 am to 8 pm daily), someone from the vaccine programme outreach team will be in touch to arrange a convenient time to visit and administer the jab.

**visit [healthierlsc.co.uk/VacAtHome](https://healthierlsc.co.uk/VacAtHome)**



# Whole School Messages

## Household Support Fund

The government have made some short-term funding available to Councils in England to support those who are struggling to afford food, cover basic heating costs and access other essential items.

Local authorities have been asked to set up processes to distribute this funding by working collectively and with other community organisations. The funding is not directly linked to any other benefit or circumstance but is aimed at supporting those who are most in need.

In Chorley we have developed our approach based on the recently tested method of working with partner organisations, including many voluntary organisations, to provide this financial support whilst also linking residents with wider support.

The following type of requests will not be covered by this fund:

- Any requests for items that are not essential
- Applications from those with sufficient income or savings
- Requests for support where this is the responsibility of the landlord

If you need help and want to discuss this fund with our delivery partners, please select the appropriate contact below based on your circumstances:

### Fuel Poverty

Citizens Advice For help with fuel costs the best place to start is with your provider. If you have done this and still need further help, please contact:

Chorley Citizens Advice by completing their [General Enquiry Form](#). Reference "Housing support Fund"

### Food and Essentials

Homestart

Please contact Homestart for support with food and essentials for families.

Email: [admin@homestartcentrallancs.org.uk](mailto:admin@homestartcentrallancs.org.uk)

Telephone: 01257 241636

### Chorley Gateway Help the Homeless

Please contact Help the Homeless for support with food and essentials for individuals and couples.

Email: [reception@chth.org.uk](mailto:reception@chth.org.uk)

Telephone: 01257 220077

Kind Regards

Kieran Turner

Community Engagement Officer



# Barcelona Football Tour



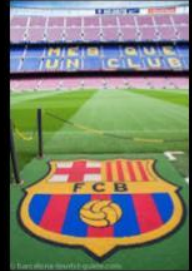
We would like to get ALL pupils on the trip a training top and quarter zip that will have the embroidered badge and name/number on back instead of hoodies this year.

These can be used for matches and training while abroad as well as the quarter zip being used for PE lessons upon our return as it will have the school badge on.

We have subsidised the cost and just require a £30 contribution to cover the remaining costs. I am sure you will agree pupils will look brilliant in all matching kit.

You need to pay via SCOPAY and complete order form below

Google form to order [here](#) sizes are on the Google form. Please check carefully.



Pupils attending the Barcelona Football Tour - deadline 1st April for orders. Follow the link [here](#)

### STEM ambassador visit - Careers in the Climate Emergency

There is another STEM ambassador visit scheduled for Tuesday 22nd March 3-4pm. As with previous events, please email [mmcavoy@parklandsacademy.co.uk](mailto:mmcavoy@parklandsacademy.co.uk) to reserve a place for your child. Due to the climate crisis and the need to protect our planet, careers around the theme of sustainability are on the increase. Often in education we are preparing pupils for jobs which don't exist yet. This is because certain jobs evolve as we change socially, politically and environmentally.

We have a STEM ambassador delivering a presentation on their role in improving the sustainability of Greater Manchester fire service. This role is not something you would normally associate with fire and rescue, yet it is an essential part of the service if we are to try and become greener as a population.



## Whole School Messages - SAFEGUARDING & INTERVENTION

Please see a support service through the use of an app to help provide guidance and support for young people who are struggling with anxiety.

### **About Clear Fear**

The fear of threat, or anxiety, is like a strong gust of wind. It drags you in and makes you want to fight it or run away.

Instead, face your fear with the free Clear Fear app and learn to reduce the physical responses to threat as well as changing thoughts and behaviours and releasing emotions.

Anxiety is a natural response to fear, threat and apprehension. However, when anxiety is extreme or goes on for a long time, or the response to a threat is disproportionately large and affects a person negatively, it may become an anxiety disorder.

Anxiety disorders are the most common form of emotional disorder and respond very well to a form of treatment called Cognitive Behavioural Therapy or CBT.

When you face your fear, you will reduce the threat and glide.

Clear Fear is an app developed for teenage mental health charity stem4 by Dr Nihara Krause, Consultant Clinical Psychologist, and uses the evidence-based treatment CBT to focus on learning to reduce the physical responses to threat by learning to breathe, relax and be mindful as well as changing thoughts and behaviours and releasing emotions.





# stem4's mental health apps



A free app to help teenagers resist or manage the urge to self-harm  
[www.calmharm.co.uk](http://www.calmharm.co.uk) • @calmharmapp



A free app to help children and young people manage the symptoms of anxiety  
[www.clearfear.co.uk](http://www.clearfear.co.uk) • @clearfearapp



A free app to help teenagers manage low mood and depression  
[www.movemood.co.uk](http://www.movemood.co.uk) • @appmovemood



A free app to help families and friends provide mental health support  
[www.combinedminds.co.uk](http://www.combinedminds.co.uk) • @combmindsapp



# Career News



### Virtual Professional Panel Events this March

We are pleased to let you know that our Explore Careers Series will be returning at the end of the month and will once again give students the opportunity to hear about the many career options available to them. This year we will be hosting a panel of experts from a range of fields to talk through their experiences but most importantly, answer student questions.

#### Explore Law: 23rd March 17.00 - 18.30

A great opportunity for students to hear from legal professionals (Solicitors, Paralegals & Barristers) from a range of backgrounds who are all at different stages in their respective careers. We are delighted to be welcoming speakers: Alice & Cheryl, Nis & Chambers, Shoosmiths and Squire Patton Boggs. Alice & Cheryl also have the opportunity to speak to current LLaw students about their experiences studying Law.

#### Explore Criminology & Policing: 22nd March 17.00 - 18.30

For students considering joining the Police or those that want to study our panel of experts will be able to guide them through the career options and qualifications they will need whilst also sharing their experience of their respective fields.

#### Explore Business: 22nd March 17.00 - 18.30

Our business panel makes this event ideal for students considering Business at University but anyone of the paths available after grade 11. Professionals on the panel will be able to share their experiences of their own business, training to be a Chartered Accountant and develop careers to management levels.



### INVESTIN

Student Competition: My Career, My Vision  
Design your dream career and raise money for UNICEF



"If you can dream it, you can do it" (Walt Disney)  
In honour of National Careers Week, InvestIN asks students to think creatively about their futures.



### Out More On Bitesize Careers

Looking for something subject-specific, head to our [Where could your favourite subject take you?](#) collection to hear from young people using the subjects that you study at school in the real world.

### Visit Bitesize Careers for advice and guidance

Visit our newly updated [jobs sector collection](#) which features hundreds of job profiles where you can see what it's like to do a job in a broad range of areas such as finance, retail, engineering and law (and so much more). We also have a useful film for each sector breaking down Labour Market Information (LMI) into easy to understand chunks to give you clear facts and figures about the job market.

Bitesize is taking part in [National Careers Week](#) and [Virtual Careers](#).



### Inside this week's Career News ...

- Recent and upcoming events at Parklands - including interviews and assemblies
- National Careers Week is celebrated by BBC Bitesize - check out the great resources
- Escape Studios have their first open day of the year - if you are interested in a creative career in film or gaming, it might be worth a visit
- Young Professionals are offering the chance to find out what it's like to study engineering at university with NAMTE
- Perhaps an equine-related career is more your thing? If so, have a look at the careers in horseracing
- UK University & Apprenticeship Search virtual fairs are back for 2022 - plus a 'Meet the Russell Group', ideal for anyone aiming for a Russell Group university place
- InvestIN are holding a competition for students to submit an image depicting their dream career, plus don't miss the Summer Careers Experiences
- DHLL have a wide range of apprenticeship opportunities on offer
- Medic Mentor and Allied Healthcare Mentor work experience packages
- Parent/carer event with Pathway for aspiring engineers - or perhaps work experience with BDO during the summer holidays
- University of Law are offering a series of professional panel webinars and Q&A sessions
- Plus of course, all the local apprenticeship vacancies and Career of the Week!

14th March - 16th March 2022

### 'My Career, My Vision' Competition

An image depicting their dream career, a photograph, drawing, graphic design or clearly depicts the career of their choice. It's free to enter and students can enter the competition. In addition, we shall make a donation to UNICEF for every entry. Students will be invited to a live online CV-writing workshop for every student who enters. We'll make a donation to UNICEF for each entry.

### Career Opportunities

Engaging summer experiences for engineering students. Shadowing activities under the guidance of Shadow doctors in a London hospital and much much more.



Are you interested in a career in engineering? Would you like to hear more about what it's like studying engineering at university?

On Wednesday 16th March from 5:00pm - 6:00pm we have a Careers in Engineering event with specialist engineering university NATE and FTSE 250 engineering company Spectris for what's set to be an immersive and insightful talk on the various routes into a career in the industry. NATE are a newly developed specialist engineering university with ties to some of the world's leading engineering companies.

Headquartered in Egham, Surrey, employing approximately 9,000 people located in more than 30 world class, healthier and more productive. They provide global customers with specialist insight through their high-tech instruments and test equipment, augmented by the power of software. Throughout the course of the evening we will be discussing the various routes of engineering as well as the different pathways into the industry comparing the more traditional university routes with the modern degree apprenticeship opportunities.

If you're interested in hearing more from some of the UK's top engineering academics and working professionals this event is for you.

To register yourself for this free online event click the following link: <https://www.surreymoney.co.uk/EngineeringEvent>

Another busy week in careers at Parklands. Year 11 Mock Interviews on Tuesday and Year 9, 10 and 11 Careers Fair on Friday - both very successful events. Thank you to everyone who was involved in any way - including the pupils who were a credit to the school on both occasions. Lots to get involved with in this issue - from apprenticeships to work experience, so don't miss out!

National Careers Week.

Students: click [here](#) to read the letter from The Rt Hon Michelle Donelan MP Minister of State for Higher and Further Education.

Parents/carers: [click](#) here read your letter.