



# PARKLANDS BULLETIN

## 11 Oct - 15 Oct 2021 : Week 1



### Year 7 Messages

Nasal Flu Vaccine. Last week you received a link via Edulink to give your consent/non-consent for the nasal flu vaccine that will take place on Monday 29th November when the Immunisation team will be in school. Please complete this form at your earliest. If you have any questions please refer to the information sheet or ring the Immunisation team on 03333 583397. Many thanks, Mrs Dewhurst. Click [here](#) for further information.

Year 7 school photograph deadline for returns and monies is Thursday 14th October. Please return to school. Thanks Mrs Haslam

Please speak with your child about today's Super Learning Day!

### Year 8 Messages

None this week

### Year 9 Messages

None this week

### Year 10 Messages

None this week

### Year 11 Messages

Please ensure you check out the weekly Careers News - see the final page of this bulletin. It always contains extremely useful information for Year 11s; apprenticeships, jobs, college information - all vitally important.

Year 11 photograph deadline for returns and monies is Thursday 14th October. Please return to school. Thanks Mrs Haslam

## Head Students Page

Happy Friday everyone! We hope you've all had a good week and that you enjoy a relaxing weekend; only one more week until half term! As some of you may already be aware, it is World Mental Health day today. Luckily, our school has a great mental health support system for those who need help and need someone to talk to. Everyone has struggles in their lives but we have to recognise that some days will be good and some days won't be the best. Our secret to you is to be kind to yourself, no matter what has happened - we are all muddling through life the best we can. Due to it being the beginning of October, we thought we would share some self care tips for each day this month. We would consider doing these because the benefits will be clear and it will help you relax on what seems like the most chaotic days.

1. Change your bedsheets
2. Curl up with a book
3. Write a letter
4. Declutter your closet (perhaps donate what you don't want)
5. Watch a comfort film
6. Treat yourself to a pair of warm socks
7. Bake an apple pie or pumpkin bread
8. Unplug from social media
9. Make an autumn playlist
10. Call someone you love
11. Make time for yourself
12. Go on a walk or hike
13. Give someone a big hug
14. Play games with family or friends
15. Write a bucket list
16. Drink enough water
17. Feel your feelings
18. DIY your Halloween costume
19. Volunteer, donate or raise awareness for a good cause
20. Say something nice to yourself
21. Take some time to breathe
22. Find a new skill to practise
23. Pick a bad habit you want to change
24. Stargaze
25. Try a new hobby
26. Make a warm soup for dinner
27. Try a new café
28. Start a new Halloween tradition
29. Make hot chocolate with lots of toppings
30. Have a mental health day
31. Eat all of your Halloween sweets!!

If you are struggling with your mental health, or are worried about something, it's always important to talk to someone. You can chat to a trusted member of staff, your HAL, Mr Pilling (the school counsellor), or even one of the head students, Becca, Jack Eadie or me. We have an email address which is [headstudents@parklandsacademy.co.uk](mailto:headstudents@parklandsacademy.co.uk), so you can email us or chat to us directly. We are always happy to help!

Millie Scott

## Whole School Messages

Half-term holiday: school closes on Friday, 15th October at 3pm and reopens on Monday, 1st November.

Weekly Learning Support Board, please click [here](#)

### Perfect 3s

Excellent Behaviour for Learning goes hand in hand with achievement. It is an excellent indicator of how your child is performing in lessons. Who's had the Perfect 3 since we've been back?

Year 7: 112 pupils  
Year 8: 51 pupils  
Year 9: 87 pupils  
Year 10: 76 students  
Year 11: 85 students

#### How had the Perfect 3 last week?

Years 7: 152 pupils  
Year 8: 117 pupils  
Year 9: 131 pupils  
Year 10: 152 students  
Year 11: 135 students

**Please congratulate your child if they have the Perfect 3. All BfL scores can be seen in the Edulink app.**

### Chorley and South Ribble Community News

Click [here](#) for their latest bulletin.

BUS STRIKES - 14th, 15th, 22nd October

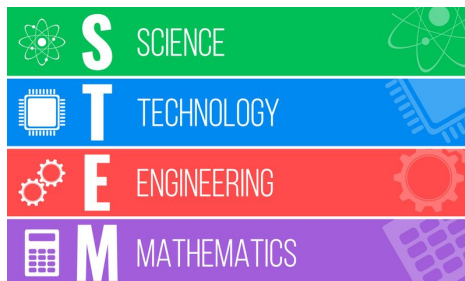
Please be aware that proposed strike action by Stagecoach bus drivers will affect services in South Lancashire, for more information about the specific services affected please visit the website below. Students will be expected to attend school as normal so you may have to make alternative arrangements.

<https://www.stagecoachbus.com/promos-and-offers/merseyside-and-south-lancashire/potential-strike-action>

October 31st is the deadline for all secondary school applications. Please apply via the Lancashire County Council website. If you have any questions, please contact Mrs Haslam.

**STEM Introduction evening** - For pupils who are particularly interested in the STEM subjects, including Science, Technology, Engineering and Mathematics, Mr McAvoy is hosting a STEM introduction presentation at 5pm on Thursday 14th October. The aim of the presentation is to explain how STEM education is supported in school and how STEM can be supported by parents from home. As part of the presentation there will also be a guest speaker. If you wish to attend, please complete the short survey below so we can ensure all visitors can be socially distanced.

<https://forms.gle/CeppnRm22eqenjN87>



## Whole School Messages

It is World Mental Health Day on 10th October so we are celebrating and educating our pupils in how to support themselves, friends and family in their mental health and well-being. We all have mental health and sometimes it can be good, OK, poor, or make some of us ill, so it is very important that we look after it. Our day to day well-being is how we feel on a day-to-day basis and it is how we function so we will look at doing some tasks, exercises and activities that will support our everyday wellbeing next week. 5 ways to improve our well-being are being able to CONNECT, BE ACTIVE, TAKE NOTICE, KEEP LEARNING and to GIVE.

Information & Support can be found from the following:-

Young Minds [www.youngminds.org.uk](http://www.youngminds.org.uk)

Text YM to 85258

AnxietyUK [www.anxietyuk.org.uk](http://www.anxietyuk.org.uk)

Telephone 03444 775 774

MIND [www.mind.org.uk](http://www.mind.org.uk)

Telephone 0300 123 3393

NO PANIC [www.nopanic.org.uk](http://www.nopanic.org.uk)

Telephone 0300 772 9844

THE MIX [www.themix.org.uk](http://www.themix.org.uk)

TEXT THEMIX to 85258

CHILDLINE [www.childline.org.uk](http://www.childline.org.uk)

Telephone 0800 11 11

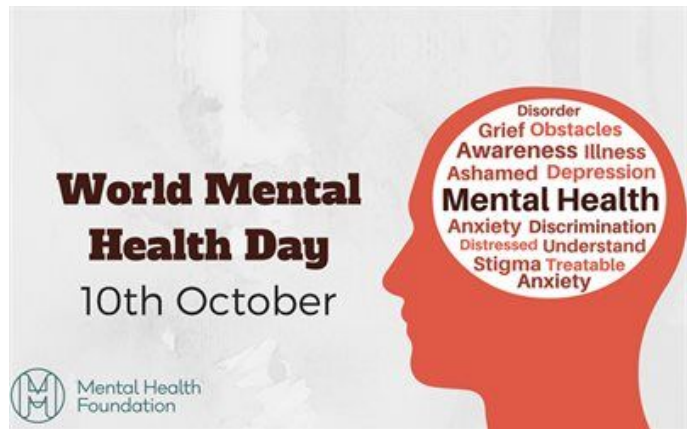
Anna Freud [www.annafreud.org/onmymind](http://www.annafreud.org/onmymind)

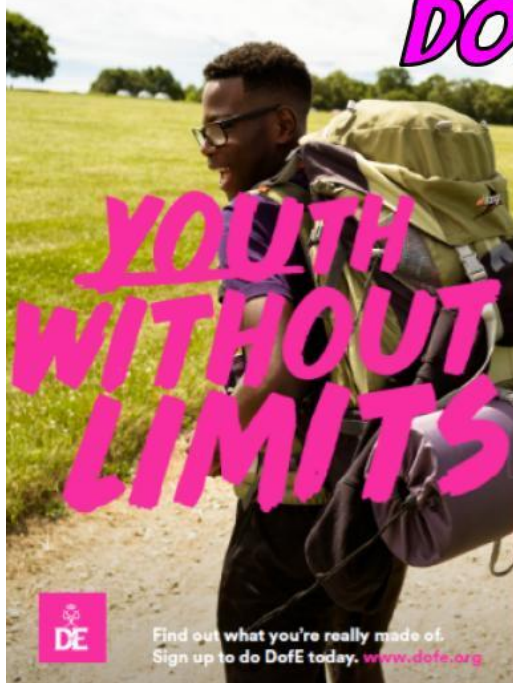
Healthy Young Minds [www.healthyyoungmindsisc.co.uk](http://www.healthyyoungmindsisc.co.uk)

Remember : Be kind to yourself and to others. There are lots of staff, prefects and your friends to talk to as well as your own family. It is good to talk and it is good to share how we are feeling.

Mrs Fairhurst

Designated Safeguarding Lead





# DOFE SILVER



Year 10/11 who completed Bronze

There are now limited spaces available to complete your DofE Silver Award.

It is more challenging! You will camp for 2 nights and walk for three days! All while being self sufficient.

You also have to complete the 3 sections, Physical, Skill and Volunteering!

Fancy the challenge?

See Miss Greaves for a letter today!



**YOUTH  
WITHOUT  
LIMITS**



Because there's no better way to... try new things, meet new people, discover new talents, learn new skills, see what you're made of, give to your community, feel more confident, make a difference, recognise your potential, boost your wellbeing – and know that whatever life throws at you, you're ready.



So what are you waiting for?  
Join DofE at [www.dofe.org](http://www.dofe.org)

# DOFE BRONZE



Year 9

Complete your bronze by signing up for the expedition!

You will walk for 2 days and camp for 1 night.

Fancy the challenge?

You parents/carers have been sent a letter today!





## Whole School Messages

<https://www.yourschoollottery.co.uk/lottery/school/parklands-high-school>

We have signed up to 'Your School Lottery' as a way of raising money for school.

Your School Lottery is an exciting weekly lottery that raises money for schools in the UK. All schools supported by the lottery will benefit the UK and its residents.

Play the lottery, support your school - it's that simple!

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!

Each ticket will consist of 6 numbers and each number will be between 0 and 9. There will be a draw every Saturday night when a 6 digit winning combination will be picked. Match all 6 and you win the JACKPOT!

There is also a guaranteed winner for each school every Saturday which is drawn on a raffle basis, so there are two chances to win a prize.

Sign up and buy your tickets!

The first draw is in 31 days Once you reach 50 tickets, we will have created a campaign that will be raising over £1,000 per year for Parklands High School - imagine what we could raise over the year if every parent purchased 1 ticket. A lot of money going back to our pupils to offer even more opportunities.

Thank you

Miss Greaves



**JOIN OUR LOTTERY**



**BOOST SCHOOL FUNDS**



**WIN CASH PRIZES**



**It's As Easy As**



- Tickets cost just £1 a week
- The easy way to help us raise funds
- Local cash prizes every week
- Chance to win the £25k jackpot



Click on the picture.



# Whole School Messages

## PE fixtures next week!

### Monday 11th

- Year 7 football matches x 2 at home - vs Southlands MG JC
- Year 9 @ home to Unity - RS
- Year 11 girls football Lancs Cup away game - NG

### Tuesday 12th

- Year 8 Boys B team football @ Southlands RS
- Year 9 girls football @ southlands Lancs Cup NG
- Year 10 boys football at St Mics Cup Semi final MG

### Wednesday 13th

- Year 11 netball Tournament @ St Mics - CS
- Year 9 boys Football @ Southlands - RS

### Thursday 14th

- Year 11 football @ Southlands sem final - MG
- Year 10 netball tournament @ St Mics - NG
- Year 8 rugby district comp - IP/RS



## Whole School Messages

### Eco Update

Our Eco club (Thursdays, W01, 1.30pm, all welcome) is going from strength to strength. We are planning an Eco assembly along with other projects. Parklands students along with other Chorley schools have been invited by the Mayor to Chorley Town Hall on the 12th November to debate and discuss their concerns regarding the Climate Emergency. This event will tie in with the COP 26 event in Glasgow. As a school we have already been discussing the important issues affecting our future during form time. We will be collating our responses and demands to send to the Government and decision makers.



We have also started a Litter Picking club on a Wednesday, 3-4pm after school where we have been out in Astley Park and the local area keeping our environment clean and tidy. We have some very enthusiastic Litter Champions who are giving up their own time to help our environment and therefore our planet. Here are a few pictures of the last couple of weeks.





## CAREER NEWS

### OPEN EVENING

11 OCTOBER  
FROM 4.30PM

Learn more about:  
A Levels  
Vocational &  
Technical subjects  
including T Levels  
Apprenticeships

Wigan & Leigh College

Wigan & Leigh College Open Event, Monday 11th October, 4.30pm-7.30pm - WIGAN CENTRES

### CAREER News

Your weekly guide to careers information, advice and news from Parklands High School

Well, it's the end of another busy week at Parklands. Lots of useful items and articles in this issue of Career News, including work experience opportunities, open event dates for local colleges, news of some great apprenticeship schemes with top companies, the return of the careers drop in service and of course, career of the week (which this week talks about setting up your own business: don't just take a job, make a job!)

However, the big news this week is the exciting collaboration between Create Education, BAE Systems and Parklands. BAE have funded a series of initiatives across the region - £300,000 of funding in total! - to ensure that Lancashire students benefit from programmes designed to boost their digital skills and future employability. See the whole story inside - and look out for future updates on this partnership.

We are so excited to announce our new partnership with BAE Systems Air, The Lancashire Skills and Employment Hub and InnovateHer.

Thanks to this partnership over the coming 12 months CREATE Education will be placing 50 3D printers, into 50 schools in Lancashire. Providing 100 teachers with CPD training and reaching over 3000 students to inspire them and develop their digital skills ready for future job roles!

Paul Croft, Founder and Director at CREATE Education, said:

"We are incredibly excited to be a part of this innovative programme, working in partnership to put young people at the forefront and training them need to help provide schools with the resources and training they need to help inspire and motivate the next generation. Our mission is to share innovation through 3D printing with everyone and this programme will bring new technologies, open-source thinking and collaboration to the young people across Lancashire and help promote positive exit routes and careers within the industry."

Yesterday we hosted the launch event at our office in Chorley where we gave the first 3D printer to Patricia Berry, Careers Leader at Parklands High School."

11 October - 15 October 2021

### Could a Jaguar Land Rover retailer apprenticeship be the start of an amazing career?

A Jaguar Land Rover retailer apprenticeship is a perfect opportunity to work for a highly prestigious car brand whilst gaining valuable skills, knowledge and experience in the automotive industry.

The Jaguar Land Rover retailer apprenticeship programme are currently looking for apprentices all across the UK to become part of the team.

All apprentices will be employed full time in a local retailer. Apprentices will also receive a combination of on the job help and support with work completed in the retailer. In some of off the job training, apprentices will have both face to face classroom-based training in one of our state-of-the-art training academies and online training through virtual classrooms.

The Jaguar Land Rover retailer apprenticeship programme offers both technical and commercial roles:

**Service Technician apprentice** - 3 year technical programme - [see more](#)

**Business Development apprentice** - 3 year commercial programme - [see more](#)

### AM IBM

At IBM, work is more than a job - it's a calling. To build. To design. To code. To consult. To think along with things you've never thought possible. To invest. To collaborate. Not just to do something better, but to attempt things problems.

Why work at IBM?

If you are exploring your options post-education, our IBM School Leave Scheme will enable you to gain the experience, skills and contacts you need to start building a bright future. The choice of scheme is yours. You'll work on real projects, with real clients and real bottom-line deliverables. Our opportunities will give you everything you need to build a successful career.

Explore our different programmes below:

**Futures 12 Month Placement Scheme**

You might be uncertain about whether to start work, complete an apprenticeship or go to university. If that's you and you are unsure about what to do next, then IBM's Futures Scheme is for you.

The Futures Placement scheme offers you an invaluable opportunity to work with a world-leading company for 12 months, broadening your horizons and giving you a head start in your career. IBM offer Business, Technical and Design Placements.

**Apply now:**

- [Business Futures Internships](#)
- [Technical Futures Internships](#)
- [Design Futures Internships](#)

**Advanced Higher Apprenticeships and Degree Apprenticeships**

Apprenticeships at IBM are all about picking up skills for the workplace and embarking on a long and successful career. We have your professional development in mind from the day you join us as a permanent employee. Our apprenticeships range from Level 3 to Degree level. Each pathway gives you everything you need to start your career in the industry. We have a whole range of advice available from Junior Management Consultancy to Software Development and everything in between!

[Please follow the link for this week's Career News.](#)

Lots of useful information inside, including news of apprenticeship schemes with the likes of Jaguar and Volkswagen, internships with IBM, open event dates, virtual work experience opportunities, the return of the Friday careers drop ins and of course, Career of the Week! The big news however is the partnership between Create Education, InnovateHer and BAE Systems, which has resulted in Parklands being gifted a 3D printer to enhance digital skills and boost future employability. As always, if anyone would like their business or industry to be featured in Career News, please get in touch ([pberry@parklandsacademy.co.uk](mailto:pberry@parklandsacademy.co.uk))