

Subject	SECURE - SUBSTANCE ABUSE	Year Group	KS3 & KS4			
	ALL	Y8	Y9	Y10	Y11	ALL
Scheme title	Secure VT session: Energy drinks & caffeine	Aspire project: Substance abuse	Respect day: Understanding the law	Respect day: Staying safe		
Purpose of scheme	To educate pupils about the risks of these drinks so they understand why they are not allowed in school	See Aspire overview	To introduce pupils to the law surrounding drugs and alcohol	To allow pupils to rehearse responses to potential risk taking behaviours they may be faced with		
Knowledge in sequence	Building on healthy lifestyle sessions		Building on work in Science about the effects on your body, we look at the societal implications of substance abuse	Building on their knowledge of laws, can they make the right decision when faced with a choice?		
Skills	Empathy, self-discipline, honesty		Empathy, self-discipline, honesty	Empathy, self-discipline, honesty		
Key words	Respect		Respect	Respect		
End point	To make informed choices		To make informed choices	To make informed choices		
Assessment Methods	Self-reflection		Self-reflection	Self-reflection		