

Subject	SECURE - WELLBEING	Year Group	KS3 & KS4		
	Y7	Y7	ALL	ALL	ALL
Scheme title	Secure superlearning day	Respect day: First aid, including mental first aid	Secure session: Mental health awareness week	Assembly Secure session: Wellbeing	Assembly & Secure VT: Grief and remembrance
Purpose of scheme	To ensure pupils understand that caring for yourself and others is important at Parklands	To give pupils basic skills to be able to take care of themselves and those around them	To enable pupils to understand and appreciate the range of activities taking place during this week	FocusTBC	To give pupils an opportunity to talk about how to deal with grief and it's impact on individuals
Knowledge in sequence	This is a baseline start to ensure all pupils start their journey well.	The start of their journey	Another reminder that as situations change, our mental health changes and needs regular check ins		An addition to the mental wellbeing toolkit they have started to build
Skills	Empathy, kindness, respect	Empathy, kindness, respect	Empathy, kindness, respect		Empathy, kindness, respect
Key words	Equality, empathy, kindness, respect	Equality, empathy, kindness, respect	Equality, empathy, kindness, respect		Equality, empathy, kindness, respect
End point	Understanding school expectations about equality	Understanding how to take care of themselves	Understanding how to take care of themselves		Understanding how to take care of themselves
Assessment Methods	Self-reflection	Self-reflection	Self-reflection		Self-reflection