

Hello Year Sixes,

Welcome to our Parklands Community! We are so excited to have you join us!

Something that is really important to us as a school are the 'Character Virtues'. These are eight virtues our staff and student body have come up with, which we as a school promote and encourage each other to develop. You will have the chance to develop all of these virtues during both lesson time and extracurricular.

This booklet will just take you through the eight virtues, with examples of things you can be doing to develop them, and questions to allow you to reflect.

We hope you enjoy learning about each virtue! Stay safe, and see you in September!

From,

Malaika Malik (Head Pupil) & Mrs K Gray (Head of Drama)



Service is all about considering other people selflessly.



How can you help out your community through this difficult period of time?

Think about how you can repay the people who have supported you through hardship.





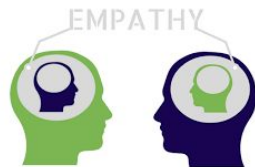
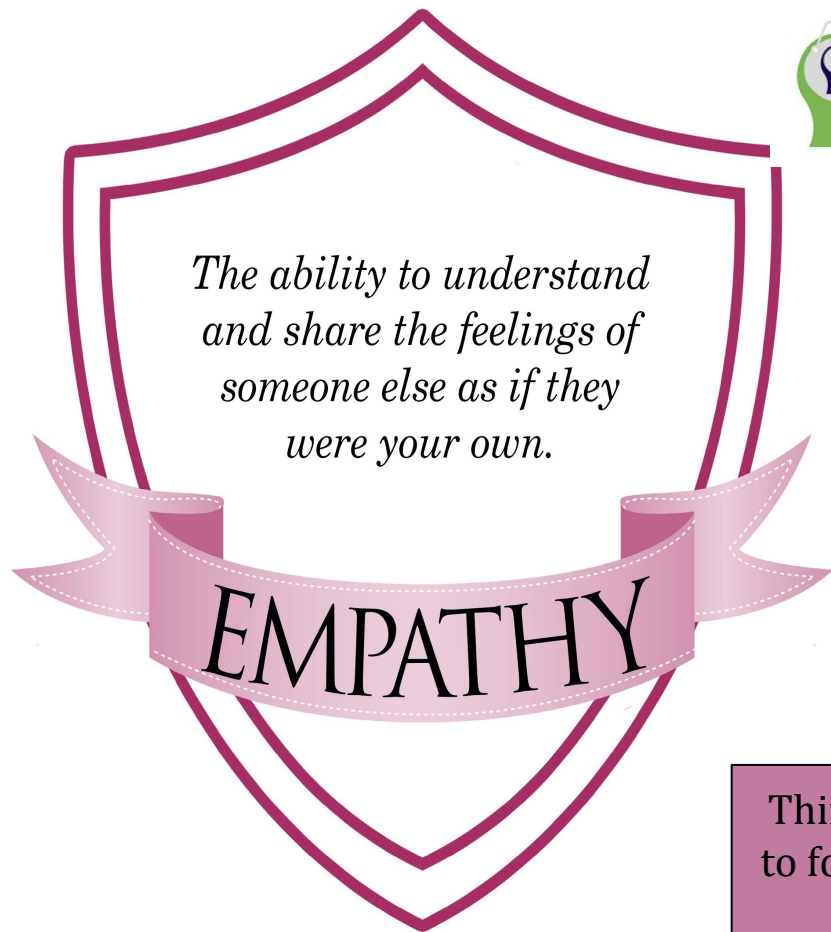
Confidence is about believing in yourself and believing in others.



Often, when we face challenges, we need to have the confidence to overcome them.

Think about the number of Challenges you have faced during Lockdown, whether that is regarding School, or family life. Be proud of yourself for having the confidence to face them!



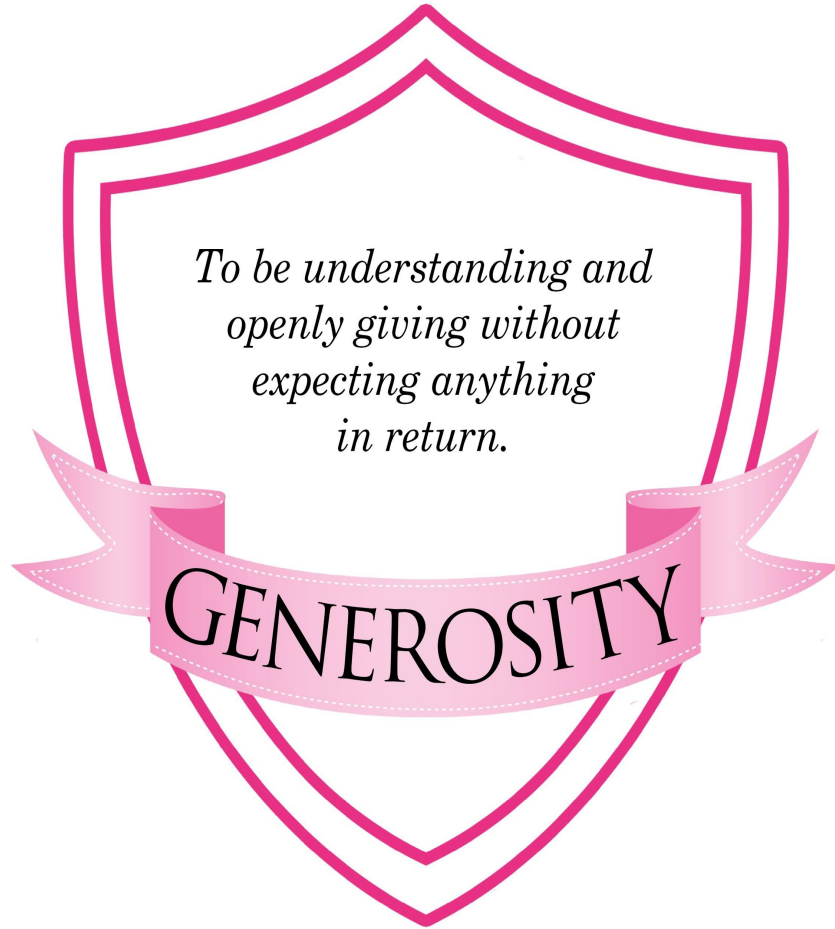


Empathy is putting yourself in someone else's shoes, and understanding how they feel.

Many people have faced difficulties during the pandemic. How can you help them?



Think about the what you can do to form a smile on someone else's face.



Being generous doesn't mean giving something physical to someone. It can simply mean smiling as you walk past someone, or giving someone the time of day that they need.






Be honest with yourself and
with other people.



This is a difficult time. Open up to
people, and listen when they open
up to you.

Always be honest.
Always be true to
yourself.





*The quality of being
friendly and considerate.
It can often be performed
as an act.*

KINDNESS

You can make someone's day
by a simple act of kindness.

Make a quick phone call to a
Grandparent you haven't seen in
Lockdown, or send a quick text
message to a friend you haven't
spoke to recently.

Be kind to people.

Kindness
is
Magic



This is possibly the most important character virtue through this difficult time. Every single person has developed it.



Everyone has faced difficult circumstances recently. However, the most important thing is how we got through it.

You are a stronger person as a result of your hardships. Take time to reflect on how you have changed.



During Lockdown, you have been independent. For most of the time, you have been in charge of yourself and how you conduct your life.

Some people may have taken this extremely well, and managed to balance out their free time and work time. However, others may not have.

Consider how you have spent your time - it's not too late to change.

MASTER YOUR MINDSET

