

Year 6 Summer Booklet

Hello Year Six!

This is a booklet made by four of our dedicated Pupils (who are currently Year Sevens) who would like to welcome you to our Parklands community!

This booklet contains tips and tricks, do's and don'ts from these Year Sevens which should help you out when you begin in September.

Also included are ideas of Projects you could undertake over the Summer to develop your cultural capital and enhance your knowledge! This will give you a head start to our Cultural Capital schemes at Parklands and will give you lots to talk about when you arrive!

Finally, we have also included some of our favourite TV programmes, films and books to keep you going over the holidays! Enjoy!

Stay safe, keep busy and we can't wait to see you in September!

Hello everyone,

I would like to give you a very warm welcome to our Parklands community, and let you know just how delighted we are that you will be joining us in September!

You will have plenty of opportunities here at Parklands which cover a wide range of interests, and we're hoping that by undertaking some of these Projects, you will get a taster of what we are really about!

We have worked very hard on putting this Booklet together so I really hope you enjoy reading it!

Take care of yourselves, keep smiling, and have fun! See you all soon!

Malaika Malik

(Head Pupil)

Malaika Malik (Year 10, Head Pupil)

Hi everyone,

My name is Malaika Malik. I am one of your Head Pupils here at Parklands! Head Pupil may sound like a daunting role, but actually, I'm not that different from all of you! When I arrived at Parklands, none of my friends came with me. I was also an extremely shy person, so the idea of making new friends and putting myself out there did not seem like a simple task to me. However, I was encouraged by my Parents, my Teachers and my older peers to get involved with as much as possible. This helped me to not only develop a wide circle of friends, but by taking up more leadership roles, I was also able to work on my confidence, leading me to the role of Head Pupil. Being involved in Parklands life has really allowed me to discover my own talents and really shine. I urge you to get involved with as much as you can; whether you love to sing, read, write or play music, I guarantee that Parklands is the place for you where you will thrive, and there will be an unlimited number of people to help you do so! Please also keep in mind that people like myself, Student Leaders, are all here to help you (that is our job!) so please take advantage of us by asking us for help whenever you need it!

I look forward to meeting you all - take care and have a great Summer!

Grace Scott (Year 7)

Hi, my name is Grace Scott.

I've really enjoyed my time at Parklands so far, and I'm so excited for my future here and I know Parklands has so much to offer! I really enjoy performing arts such as: singing, dancing and acting. Parklands has helped me with all off these because I got into the elite dance team which will look good on my applications as I get older and I'm beginning to love drama. I do enjoy many things Parklands has to offer, because it's full of opportunities and great learning experiences which will help with my future beyond Parklands and it will help me expand my horizons! Please follow your passions when you start in September - we would love to hear about your hobbies and experiences as you carry on.



Lily-Mae Horner (Year 7)

Hello, my name is Lily-Mae Horner.

I have had a wonderful experience as a year 7, meeting new people joining new clubs and really being engrossed into the Parklands community. Since joining parklands I have been confident to speak to other years and my own and discuss ideas with others. As well as being more confident when communicating with others, I have been confident joining clubs and it was good because I have experienced wonderful opportunities given to me by the school.



Emily Fraser (Year 7)

Hi year six (soon to be year 7's!),

I'm Emily Fraser. I love it here at Parklands! Since I joined I have taken part in many things such as, summer school, a PGL trip (a fantastic, fun weekend doing amazing activities including: canoeing, abseiling and a huge game of manhunt), Blackpool pleasure beach and much more.

Some of my favourite things I did after school were dance and netball. If you do dance after school that means you're automatically in the dance show! I was in the dance show this year and I loved it. You should try it too if we manage to uphold it this year as it is an amazing experience and so much fun! If you're a part of an after school sports team, this will mean you get to go to competitions and give yourself more opportunities! Get involved in as much as possible, you will not regret it!



Zeyan Malik (Year 7)

Hello, my name is Zeyan Malik.

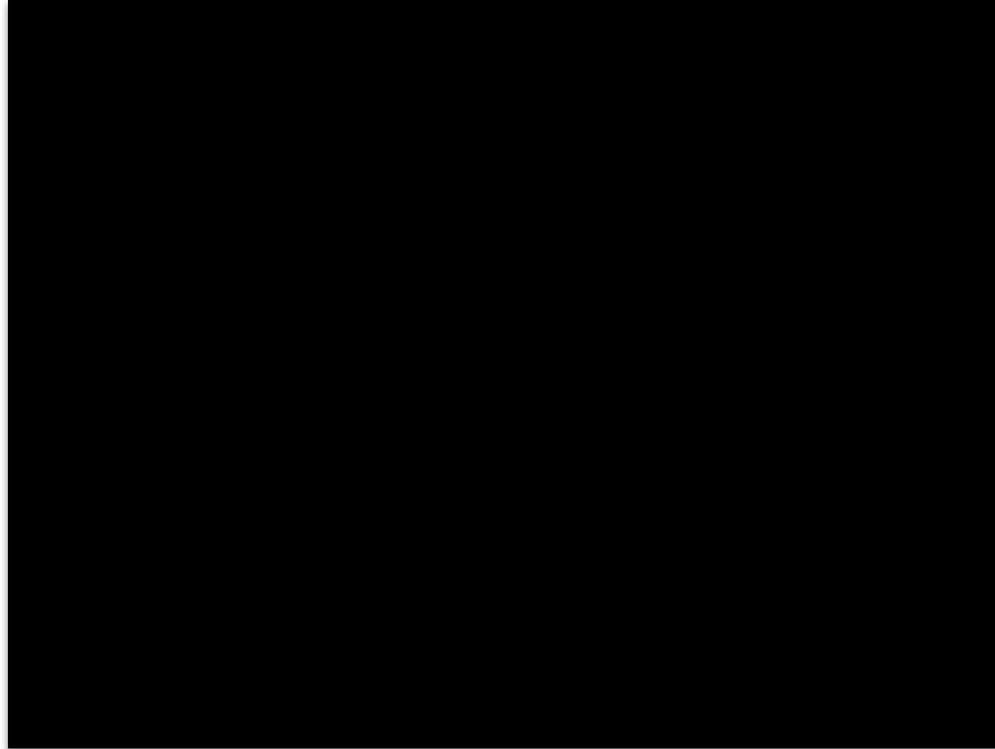
Parklands High School is a great School and you will learn many things here! I have had a wonderful experience so far, and can't wait for next year. When I started, I came with only 2-3 friends from my Primary School. I was nervous at first, but I branched out. and now I have many more friends. I participate in two clubs after school and they are rugby and cricket. Parklands has helped me start learning two foreign languages, partake in new subjects, and has given me the opportunity to do after school clubs. This school has give me a lot of confidence, and I am so proud to be a part of the community. I know that you will love being here just as much as I do!



What to do at Parklands!



What not to do at Parklands!



Watch this video
from MFL
Teacher and
Cultural Capital
Leader Mrs
Donohue for
more information
on Cultural
Capital at
Parklands!



Hi, my name is Hollyanne and I am the Equality and Diversity leader at Parklands! My job is to ensure that students feel respected and valued and that they have an equal voice, regardless of their sexuality, gender, race, religious beliefs etc. Below are some ideas for activities you can do over summer to expand your knowledge and Cultural Capital!

- Pride month may have passed but there is no reason we still can't celebrate! Try baking a cake using the colours of the pride flag! You could research other lgbt flags to expand your knowledge of the community too and what better way to show your pride than with a colourful cake?
- The people's history museum in Manchester isn't open until September but is worth having a look at the website to see what is on offer!
- Make a top 10 list of books or films that highlight the importance of diversity! Give reasons why you chose them and don't be afraid to get creative!

To develop your Cultural Capital over the Summer, you could....

Learn to knit!

Make a powerpoint explaining the differences from the past to present. Then you can produce the amazing work to family members and show them how different life was back then! This will help with your confidence.

Read books from different genres!

Start doing meditation. This will help you relax and develop a positive mindset.

Ask relatives about how they had no devices and what they did for enjoyment!

Learn how to cook a traditional dish from a foreign Country!

Speak to your older relatives to learn more about how their childhood was different from yours!

Visit the woods and make a den using only sticks and some ropes!

Sing a song to show people

Make a podcast! You can make it about world wide pandemics and issues or maybe even about your summer holiday. Alongside you can also listen to podcasts or some documentaries. This will keep you entertained and you can learn a lot!

Make a story and read it in front of family and friends.

Make model volcanoes and erupt them....

Make a dance up with friends or family (be sure to stay 1m apart though!)

Recipe Suggestions



This Rainbow cake is full of colour and will only take 1 hour and 30 minutes to make!



Crispy sesame chicken with a finishing touch of 2 different kinds of rice - From China



This dish is a traditional German dish called CurryWurst. It's very delicious and easy to make!



Spaghetti Bolognese is a delicious dish full of different flavours. Many different vegetables along side to stay healthy.

Recipes for the meals:

Rainbow Cake: <https://www.bbcgoodfood.com/recipes/rainbow-cake>

Crispy Sesame Chicken:

<https://www.kitchensanctuary.com/crispy-sesame-chicken-sticky-asian-sauce/>

Currywurst:

<https://www.daringgourmet.com/best-german-curry-ketchup-for-currywurst/>

Spaghetti Bolognese: <https://www.goodtoknow.co.uk/recipes/spaghetti-bolognese-1>

By trying out new foods, you get to explore many different cultures! Try out a few traditional dishes, and decide which one you like the best!

Something else you could do over Summer...

Something else you can do is charity work!

Whether you are volunteering, donating, raising awareness or even just educating yourself, you are helping to make a well needed difference!

Research different Charities - find out what they do, who they help and why they do it! This will help you to develop empathy and a greater understanding of others!

Make sure you share your findings with friends and family - spread the knowledge to bring about more love!

Your first House Competition!

Are you ready for your first ever House Comp?

Remember, by participating in House Comps, you can earn points which will help your House to win the House Cup, and to be the champions at the end of the School year!

So, your task is to complete this [sheet](#). You can make a copy and complete it online, or you could print it off and complete it by hand.

Complete both tasks, and submit to your HAL by the 10th of September!

(You will be told how to submit your answers when you arrive at Parklands.)

Good luck, and may the best House win!

Film Recommendations

A film I would recommend would be black beauty it is a very mature film and a lovely film to show the bond of animals and humans

- From Lily-Mae

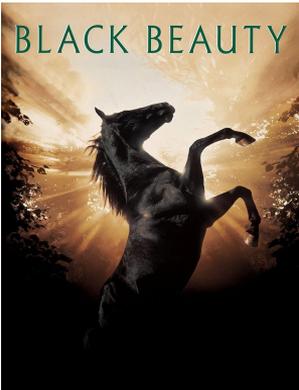


One of my favourite films is Mrs Doubtfire! This funny, heartwarming film will no doubt make you smile - a must watch with all the family!

- From Malaika

One of the many films I have liked watching was Tall Girl. It has a very positive meaning behind it and shows how inspirational people can be no matter what you look or sound like.

- From Emily



TV Series Recommendations

The Next Step is a fun TV series to watch with the whole family, and is a personal favourite of mine as I am a dancer!



- Lily-Mae

The Spiderwick Chronicles is a very good film because there is a lot drama. However, there is a bit of violence. Definitely watch it - there is also a book series you should read!

- From Zeyan



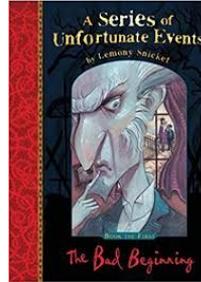
Horrible Histories is a fantastic TV show because it's a great way to have fun and feel entertained and to learn about the exciting events from the past at the same time!

- Emily



Book Recommendations

A book that I recommend is the series of unfortunate events book series because it's full of mystery and has lots of suspense included in the book!



- From Grace



I know most of you will love the Harry Potter series! Even though most of you have seen the films, the books are completely different and are full of astonishing words that alongside will help with your english writing!

- From Emily

A book I would definitely recommend to you would be Wonder. This a heartwarming book about the resilience of a young boy who never gives up, and learns to be proud of who he is. Definitely give it a read (and watch the film too)!

- From Malaika

