



Newsletter

26th September 2025

Successful Learners, Resilient Individuals, Responsible Citizens

X: @PCABlackpool @PCAPrimary @PCASecundary @PCAOracle,

Website: www.park.blackpool.sch.uk



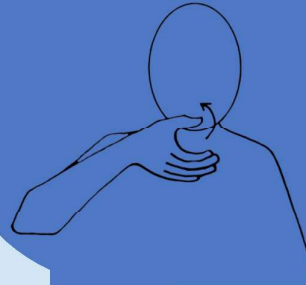
Upcoming dates

**1st – 3rd October – Year 9
Residential**

**3rd October – Family drop in
session**

**23rd October – 3rd November –
School closes for half term**

Sign and Symbol of the week



drink



**Family Drop in session
3rd October 2025
Everyone is welcome!**



Attendance Congratulations

to classes 1M, 1N and 2B
for 100% attendance this
week.

Whole school
attendance is 94.2%.

The annual Harvest Festival is nearing and once again we are offering donations to a local charity. This year we have chosen The Big Food Project. They are a food bank who support charities, schools and organisations to reach those who need food support most and for those in crisis or an emergency situation.

**We would like to invite you to
bring in the following donations of
non-perishable food over the
week (no glass jars please)**

**Monday 29th September – Instant noodles or Pasta
packets**

Tuesday 30th September – Pasta and Rice

**Wednesday 1st October – Tins of Beans, Spaghetti
or Soup**

**Thursday 2nd October – Tinned fish or Tinned
Vegetables**

**Friday 3rd October – Rice pudding, Custard, tinned
fruit and toiletries**



A big thankyou to
our whole School
Community for
supporting our
'Green + Jeans' day
to raise money for
Mcmillan. We have
raised

£378.10

STAR OF THE WEEK

KS1

1B - Matilda for choosing her photograph and joining in signing during our Morning Hello routine.

1M - Oliver for his super independent mark-making!

1W - Evie for making incredible progress with transitions at the end of the day. Well done!

1N - Kieha-Lilly for fantastic tidying up especially at the end of lunch time. Well done!

KS2

2E - Ethan for his beautiful manners, all week.

2M - Sapphire for her engagement, smile and turn taking in our bucket lessons!

2W - Cain as he has been working really hard on sitting and joining in during circle times! Well done Cain!

2P - Leo for his enthusiasm and engagement during PE.

2R - Oliver for showing his mature side.

2G - Joshua for working so hard in every lesson.

2B - Chenar for his excellent Maths work.

Achiever of the week

KS3

3H - River for her consistent positive attitude and behaviour.

3B - Byron for his positive attitude towards starting his travel training.

3T - Redowan for tolerating his hearing aids all week.

3R - Dastan for dealing with conflict in a mature manner and representing PCA with the band.

3P - Lucas for being persistent with practicing his letters and numbers.

3W - Lacey for giving 100% during her lessons and having a wonderful start to the school year.

3J - May for trying her best to achieve her target and for being a great friend to others.

3L - Sienna for looking out for others in class and setting a good example.

3C - Caitlin for her improvements in phonics and always working her hardest.

KS4

4M - Aiden for his fantastic participation during the workshop at the Old Electric.

4S - Madison for demonstrating great resilience during maths.

4T - Ellis for demonstrating resilience when faced with challenges

4H - Will for his persistence and hard work in his English Entry Level.

4W - Tegan for pushing herself to try new things.

KS5

5I - Jasmine for always being kind and a good friend.

5J - Emire for creating a beautiful flower arrangement at college and taking flowers home to make one for her Mum.

5B - Louis for trying lots of different new foods.

5M - Aaron for his mature attitude when working as a team.

Beef Kebabs

'Fakeaway' night, Sorted!

This week we made a delicious beef kebab, I highly recommend this recipe it was "AMAZING and sooooo Tasty and delicious".

It was easy to do and much healthier than a takeaway. I liked the extra garlic dip and drizzled extra garlic butter over the top!

It's definitely a recipe I will make at home.



Ingredients Serves 4-6

- 1 kg (2 lb 3 oz) minced (ground) beef or lamb (15-20% fat for best flavour and juiciness, see note 1 re chicken)
- 1 small brown onion, grated using a box grater
- 1 tbsp freshly minced garlic
- 1 tbsp ground cumin
- 1 tbsp ground coriander
- 1 tbsp sweet paprika
- 2 tsp sea salt flakes
- ¼ tsp cracked black pepper
- 3 tbsp finely chopped flat-leaf parsley (can be substituted with coriander/cilantro)
- ½ tsp bicarbonate of soda (baking soda)
- 2 tbsp olive oil, for brushing



Method

- Preheat oven to 240'
- In a large bowl combine the beef mince, grated onion, garlic, cumin, ground coriander, paprika, chilli flakes, salt, pepper, parsley and bicarbonate of soda. Use your hands to mix until it is sticky.
- Line a baking tray with baking paper. Press the mixture on the tray into a large rectangle about 1cm thick. Keep the edges relatively tidy.
- Use a metal spatula or fork to slice the mixture vertically into long strips about 2-3 cm wide, cutting all the way through to the paper. Then press shallow horizontal slits across each strip - not too deep to give that traditional kebab look and help with even browning.
- Warm the flat breads, heat them in a dry frying pan 20 - 30 seconds per side.
- Assemble and serve - Press the warm flatbreads onto the cooked meat to soak up some of the cooking juices. Separate the kebab strips along the cut lines. Serve inside or on top of the warm flatbreads with generous spoonful's of garlic yogurt, onions and sliced tomato's.

KS1

In 1W this week, they have been enjoying a range of activities and circle times based on 5 currant buns. They made playdough currant buns, and then had the opportunity to taste some real ones, which they found delicious. Their favourite activity was splatting currant buns; the cream went everywhere when we splatted it, which made it more exciting!



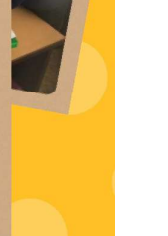
KS2

2M have been learning all about familiar stories in English and have been reading "We're going on a bear hunt". They have enjoyed listening/signing to the story, engaging with sensory elements, retelling through the tuff tray and naming the characters with colourful semantics. 2M have been fantastic and someone even described the bear as a monstrosity!



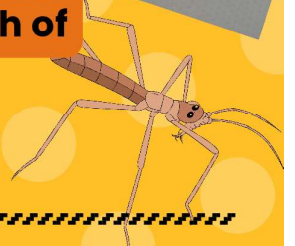
KS3

As part of our Art topic KS3 have been focusing on shells. They have been experimenting with different textures, shading, mark making and colour blending. This week they enjoyed a multi-sensory Art lesson in which we used sand to create textures around and on their shells. Pupils enjoyed feeling the sand and seeing the 3D effect it made!



KS4

This week, at Myerscough College, pupils held a corn snake named Alec and learnt facts about where he would live in his natural habitat and his needs. They also had the opportunity to handle a hissing cockroach and several stick-insects, including a baby one. Pupils then cleaned each of the animals' tanks and learnt about what food each of them needs.



KS5

This week all students at The Oracle have joined the local Library service. Here is Liam enjoying a book he has renewed.



Important Reminder: Medication & Allergy Safety in School

A polite reminder of the following important safety procedures:



Medication in School

No medication should be sent into school in water bottles or any other containers accessible to children. This poses a serious safety risk to other pupils.

If your child requires medication during the school day, it must be: **Handed directly from adult to adult (parent/carer/passenger assistant to a member of school staff)**. Please do not put it in children's school bags as these may be accessible by other children.

A medication agreement form must be completed for any child taking medication at school. This outlines administration details, consent to administer and possible side effects.



Nut-Free School Policy

Please remember that we are a nut-free school due to severe allergies among both pupils and staff.

No nuts or nut-containing products including peanut butter/ nut chocolate bars should be sent into school or eaten on the school site.

Your cooperation helps us maintain a safe and healthy environment for all children and staff.

Phone apps



Uhmele

A free web based platform where you can meet new friends.

This is based on the original Omegle which was closed down in 2023 due to the high safeguarding risk for children and young people.

You are paired with strangers and there are very limited controls or reporting features.

We would recommend checking what your child is accessing to ensure they are safe!





Diwali

FREE
EVENT

Diwali Lights Switch On

FRIDAY 17TH OCTOBER 2025

FROM 5PM | COMEDY CARPET | BLACKPOOL PROMENADE

Bollywood Style Party

SATURDAY 18TH OCTOBER 2025

FROM 6.30PM | THE BLACKPOOL TOWER

ELECTRIFYING LIVE DJ | MESMERISING ENTERTAINMENT | EXQUISITE INDIAN CUISINE
A NIGHT OF UNFORGETTABLE CELEBRATIONS & SURPRISES!

TICKETS

NON-MEMBERS
£45.00

AGED 5-12
£25.00

UNDER 5
FREE

**BOOK
NOW**



IN PARTNERSHIP WITH



LIGHTPOOL
FESTIVAL

The CASHER Team is becoming the RAIS Team

RESPONSE AND INTENSIVE SUPPORT

From 1st October 2025, the CASHER team will be Blackpool RAIS.
Operating hours
weekdays; 9am till 10pm
weekend: 10am till 10pm

This is to bring the service in line with the thrive model and pathway and to align with national models for RAIS

Contact the RAIS team

0800 121 7762: option 2

Bfwh.rais.team@nhs.net



Who are the RAIS Team what support do we offer

Hrs 9.00am - 5.00pm

Out of Hours

Between the hours of 9-5 we see young people under the RAIS service. These YP's will be presenting with high risk and/or deterioration in their mental health. Our referrals come from CAMHS Care co-ordinators who are struggling to manage the risk of the YP in the community. Once a referral has been accepted we will work alongside the care team to stabilise risk. We can see YP's as often as daily but are a short term service and will generally work with YP's for up to 2 weeks

Out of hours (5pm-10pm weekdays and 10am-10pm weekends) we will offer support to YP's who present at A+E with mental health issues. The Blackpool RAIS Team supports YP's who have a Blackpool GP only. Between the hours of 9-5 this role will fall to CAMHS Duty and anyone needing to speak to someone within these hours is to contact CAMHS Duty. For YP's under a F+W GP options for support for them are over the page. Fylde and Wyre CAMHS can be contacted or IRS

Here are Helplines, text and web-based support if someone is finding it hard to cope. You can get 24 hr advice to support you, your parent/ carer or someone you care for. More details below.

shout
85258

Shout is a free, confidential and 24/7 text messaging service for anyone in the UK who needs support. Text 'SHOUT' to 85258 here for you 24/7

Mental Health Crisis Line
0800 953 0110
24 hours a day
7 days a week

Lancashire Mental Health Crisis Line is available 24 hours a day. It is staffed by trained mental health professionals. Call 0800 953 0110

kooth

Kooth is a free, anonymous online chat and emotional wellbeing service for young people aged 11 to 25 www.kooth.com

Calm Harm

Calm Harm is a totally free app that helps you 'ride the wave' of the urge to hurt yourself. This urge feels most powerful when you start wanting to self-harm.

PAPYRUS

HOPELINE UK is a confidential advice service for young people under the age of 35 who are experiencing thoughts of suicide. Call: 0800 068 4141 Text: 07860 039 967

ChildLine
0800 1111

Childline is a free, private and confidential service where you can talk about anything. For you online, on the phone, anytime. Ring: 0800 111 Visit: www.childline.org.uk