

Park Community Academy

Successful Learners, Resilient Individuals, Responsible Citizens



x: @PCABlackpool @PCAPrimary @PCASecundary @PCAOracle
Facebook: Park Community Academy
Website: www.park.blackpool.sch.uk



Newsletter 23rd May 2025

Congratulations
to classes 2G and 3J
for 100% attendance this
week.

Whole school
attendance is 91.58%

Congratulations

to Isabella in 3B and Robbie
in 2R who won a £25 gift
voucher each for having
100% attendance this half-
term

12th-13th June - KS2 Tower
Wood Residential

17th-18th June - 6th Form DofE
Silver

26th June - Y11 Prom

27th June Y11 Leavers Assembly

2nd July - Parents Evening

10th July - Summer Show

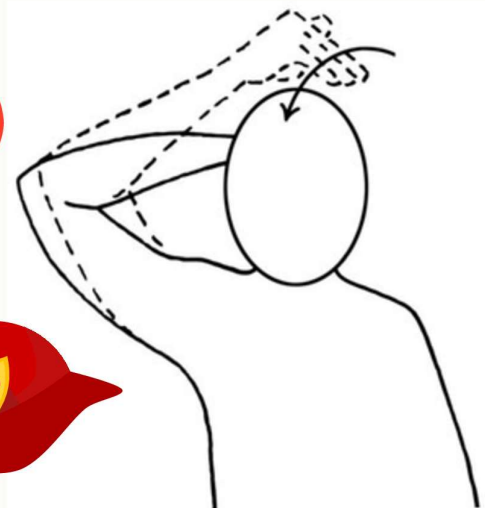
18th July 2pm School closes for
Summer

Please be reminded that
School closes on Friday 23rd
May 2025 and will re-open
on Monday 2nd June 2025

TIME FOR A
BREAK

Sign of the week

This week's sign is 'fire fighter'.
KS2 loved meeting the fire
fighters and learning all about
the fire engine. Thank you for
keeping us all safe!



Star of the week

1C - Maya for making great eye contact with items in 'The Very Hungry Caterpillar' sensory story and reaching for the items.

1P - All of 1P for having a fantastic half term.

1B - Dominic for super engagement in group activities, especially reading and phonics time.

1A - Jack for making excellent progress with his number skills including counting using 1:1 correspondence and identifying numbers in their written form.

Well done Jack.

1H - Cain for making a fabulous Superworm in English!

2E - Jake for an all round great week!!

2C - Corey for showing brilliant focus when learning how to tell the time

2M - Khang for showing great enthusiasm in lessons and starting to work more independently.

2R - Shaniya for joining in with the Fire Brigade visit and going on the Pirate Ship. What an achievement!

2W - Lily for being an enthusiastic learner and following instructions.

2G - Scarlett for amazing independent instruction writing using imperative verbs and adjectives.

2A - Darius for coping well with change this week & settling in to life in 2G.

Achiever of the week

**3J - Izzy for showing great PE skills
this week.**

**3H - Jensen for working hard in
phonics and showing lots of progress!**

**3L - Logan for excellent subject
knowledge about wildlife**

3C - Jake for helping others

**3R - Jamie and Leo for successfully
completing their travel training this week.**

**3S - Leo for completing for his travel
training this week.**

3T - Laiba for excellent communication.

**3B - Riley for excellent questioning during
our history topic.**

4M - Louie for his hard work and positive attitude in all subjects.

4W - Farrah for taking responsibility for her actions and showing maturity

4B - Aistis for communicating well in class

4H - Stuart for showing maturity and taking responsibility for his own actions.

4J - Imogen for her persistence to be leader of the Sumdog app

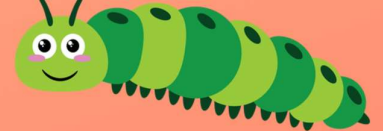
5J - Jason for cooking and tasting freshly cooked fish.

5TG - Angel for being so enthusiastic during lessons.

5I - Adrian for his hard work at Myerscough College.

**5M - Kyle for enjoying his social time with friends and making good
choices.**

KS1



This week, KS1 have been reading 'The Very Hungry Caterpillar'. They have been exploring the different foods the caterpillar eats through touch, smell and taste! All children got stuck in and engaged brilliantly.



KS2



This week 2W were visited by a fire engine. We were lucky enough to try on a helmet and coat, spray the hoses, sit in the fire engine and we held some of the cutting equipment too! We also discussed how fire fighters help people in the community. We had the best time!



KS3



3L completed their fabulous nature-inspired artwork in today's lesson. Developing collage, composition and watercolour painting skills, pupils also explored a technique called frottage, and used this to add leaf patterns to the background. Well done everyone!



KS4



4H have had a visit from Claire and Laura from Job Center Plus who are advisers for schools. Today they have been looking at CVs, skills and qualities needed in a job and how to build skills, such as teamwork, leadership, communication, creativeness and organisational skills.



KS5

Students have been taking part in candle making as part of their enterprise sessions. We have looked at marketing and made some samples to advertise.



WHITEHOLME YOUTH CENTRE & PATHWAY



WHAT'S ON AT THE BHYY?

Timetable Running From: **MONDAY 28th APRIL to FRIDAY 23rd MAY**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPEN ACCESS Seniors & Senior Plus MONTGOMERY YP 3:00 – 4:30pm		OPEN ACCESS Seniors & Senior Plus MONTGOMERY YP 3:00 – 4:30pm	WHITEHOLME CLOSED	WHITEHOLME CLOSED
PW: UNIVERSAL Infants AGE 4 – YR 2 5:00 – 6:30pm	PW: UNIVERSAL Juniors YR 3 & YR 4 5:00 – 6:30pm	PW: UNIVERSAL Junior Plus YR 5 & YR 6 5:00 – 6:30pm		
PW: UNIVERSAL Seniors YR 7, YR 8 & YR 9 7:00 – 9:00pm	PW: UNIVERSAL Seniors Plus YR 10 & YR 11 7:00 – 9:00pm			

OPEN ACCESS – MULTI-ACTIVITY SESSIONS

PATHWAY UNIVERSAL SESSIONS IN LINE WITH THE NATIONAL YOUTH AGENCY CURRICULUM



TBC



pathway@thebhy.co.uk



www.thebhy.co.uk



All Saints Road, Bispaham, FY5 5AL



Supporting our front-line partners
with emergency food

APRIL 2025



THE SALVATION ARMY BRIDGE PROJECT <i>FOR 26 years & over</i> 9am to 11:00 - Homeless Hub Breakfast/hot shower 12:00 to 2pm - hot meal	Monday Tuesday Thursday Friday	Salvation Army, Raikes Parade, FY1 4EL
STREET LIFE <i>FOR 16 to 25 YEARS</i> FREE lunch— food and toiletries available	Monday to Friday 12:30 - 3:30	The Base, 48 Buchanan St, FY1 3LQ
BLACKPOOL STREET ANGELS Free — hot meal & takeaway food.	Monday 19:00 - 20:00 Tuesday	Bank Street Car Park, FY1 2DT
COMFORT C.A.F.E. Free — hot meal & takeaway food	11:00 - 12:30 Tuesday	St Thomas' Church, 135 Counce St, FY1 3NJ
ST PETER'S CHURCH Hot meal, fruit, cakes and hot drink Free, and for people of any age.	Tuesday 6pm	St Peter's Church 190 Lytham Road FY1 6DJ
CLAREMONT FIRST STEPS Free take away food for anyone in need.	Thursday 11:00 - 12:00	Methodist Church Building Dickson Rd, FY1 2AP
HELPING HEARTS Free—Hot meal and take away food. Baby, clothing and pet food bank.	Thursday 6:30pm	Kingston House, 57 Boothley Road, FY1 3RR.
SACRED HEART CHURCH Free — emergency food	Thursday 9:30 - 11:00	<i>Green doors at church house</i> 17 Talbot Road, FY1 1LB
HOLY CROSS CHURCH Free—Hot meal and take away food	Saturday 4:30 - 6pm	Central Drive Blackpool, FY1 6LA



MyTime to Thrive

Overview

The service covers all areas within Lancashire and South Cumbria, offering therapeutic interventions for children and young people with mild to moderate mental health and emotional wellbeing needs as part of the Getting Advice and Getting Help quadrants of the THRIVE model.

1:1 interventions are delivered face to face, in schools, community venues or online.

Group work is delivered using evidence-based programmes such as Decider Life Skills.



Referrals

Referrals can be made on a standard CAMHS referral form or through the electronic referral form on the Barnardo's website - [Referral Form \(mayden.co.uk\)](https://www.mayden.co.uk/referral-form)

The Navigation Team provide a Single Point of Access for all referrals coming into service.

All children and young people will be contacted, and their needs will be assessed.

A wellbeing plan will be devised for each child or young person who is referred to the service.

Interventions

Families may be signposted to another more suitable service – Barnardo's will offer a follow up call.

The child or young person may be referred to Barnardo's respective locality team for 1:1 therapy or for group work. The referral may be escalated to specialist services such as CAMHS for further assessment.

The Navigation Team will complete a follow up call with the child or young person on discharge to evaluate experience of the service and ensure that needs have been met.

Outcomes

Outcome measures are used at every intervention for guidance.

When the interventions are complete, a self-management plan is agreed and shared with the young person.

Further signposting and social activities are agreed with the young person.

Peer Support

Overview

Spring North provides targeted peer support to children and young people in various protected groups, who can have a higher prevalence of mental health needs, and who are less likely to access support or engage with intervention offers within the community, at place, from the provider.

This programme aims to enhance the mental health and wellbeing of young people aged 10 to 19 (up to 25 with SEND) across Lancashire and South Cumbria.



Referrals

For children and young people aged between 10 and 19, and up to 25 with SEND, who reside in, or are registered to a GP within Lancashire and South Cumbria.

To make referral email in BwD, Central, West & North Lancs, Fylde Coast, and Pennine, contact sharonsutcliffe@lancashiremind.org.uk

To make a referral in South Cumbria, contact finance@safa-selfharm.com

Support Routes

Social prescribing can be used to signpost the young person into existing services.

Attendance at, or creation of a specifically targeted peer support group, which could include LGBTQIA+, looked after children, radicalised communities and young carers.

Wellbeing coaches offer support to those not ready to attend a group setting, involving a 6 week, 1-1 coaching intervention.

Support coordinators may refer the young person into other specialist support services, such as ADHD support, addiction support, debt management etc.

Key Points

Training will be delivered to young people to become community peer mentors.

The project takes a person-centered approach.

Each route is designed to cater to different needs and readiness levels.

Community involvement and peer mentor training are crucial components.



Overview

Kooth offers a safe and welcoming online space for young people to explore their mental health needs. It provides a range of clinically proven, research evidenced therapies for dealing with stress, anxiety, depression, or anything else a young person may be going through.

It is a confidential platform to share experiences and gain support from the engaged community and qualified professionals.



Features

Mini activities to boost wellbeing such as making your own coping box, good mood playlist and mindfulness.

The chat and messenger function allows young people to chat to the online team about anything that's been bothering them and seek advice.

Discussion boards allow people to start and join conversations with peers across the whole of the platform.

The goals and journalling sections allow the young person to set smart, personal goals and track their progress to achieving these, as well as a personal diary to track how their mood changes throughout the week.

Privacy and safety

Kooth have a Duty of Care to safeguard the wellbeing of its users. The team will discuss with the young person if they feel there is a need to for someone outside the team to know what is happening to the young person, which includes risk to life and risk to/from someone else. Kooth practitioners will ask permission to share details but if consent is not given and the practitioners feel it is a safeguarding issue, they may share the details they have.

Signing up

Kooth is free to sign up and is available across the whole of Lancashire and South Cumbria. Visit their website or click the link.

[Kooth is available in many areas across the UK - Kooth](#)



ADHD North West

Supporting Families

CIO Number - 1186394

Overview

Provide a free, unique support service, that empowers and improves the mental health and wellbeing of individuals and their families affected by ADHD, covering all areas within Lancashire and South Cumbria.

ADHD North West actively promote their service across dedicated social media pages, their website and other online resources which help to raise awareness of the support they provide and of ADHD.



Referrals

For a referral to be accepted, the child or young person must be under 18 and reside in or are registered with a GP within Lancashire and South Cumbria. They must also be in assessment, have been referred for assessment or have a diagnosis of ADHD.

Referrals can be self-referred by a parent or carer, or by a professional with consent.

Referral forms are on the ADHD NW website under the 'contact us' tab www.adhdnorthwest.org.uk

Interventions

Offer support to families, peer support groups, online groups, telephone support, signposting and surgeries and drop-in sessions, and attend multi-agency meetings and liaise with professionals and education settings.

Provide training through ADHD focused parenting workshops and professional workshops and training. Information packs will also be provided which includes self help materials and how to contact relevant support.

Outcomes

It is expected that the interventions will have a positive impact on the following areas:

Child's behaviour and happiness, knowledge of ADHD and parenting styles, parent confidence, parent/child relationship and overall family life.