

## Scheme of work for PSHE/SRE KS3 Year 9

	Lessons 1	Lessons 2	Lessons 3	Lessons 4	Lessons 5	Lessons 6
Focus	Puberty and changes	Physical relationships.	What is pornography? What do we know about it?		STD's	Re cap of unit and chance to ask anything.
Intro /starter	Ground rules. What is your body getting ready to do?	What are the aspects of positive relationships?	Mobile device guidance. Sending pics, the dangers of online activity.		What are STD's	Ask it basket. An anonymous basket of questions that the class can go through.
Main body	Changes in boys and girls. Physical and emotional.	What is sex? What is it for?	The legal implications of sex and online pornography. What is grooming? Internet safety.	Information and advice on STD's (images if appropriate for the class.)		
		What happens?		Including signposting to health professionals.		
Plenary	Changes in the way we treat each other as we are getting older. Respecting others bodies.	Are there any negatives of sex? Is it risky? This will lead into next lesson.	Review of safety online and what to do if you think you are at risk.		Safe sex and contraception.	