



Blackpool Catering Services

LUNCH TIME MENU

WEEK 1

01/11, 22/11
13/12, 10/01
31/01, 28/02
21/03, 11/04



MONDAY

Pasta Bake
or
Italian Style Quorn Fillet topped with
Pizza Sauce, Cheese & Herbs &
served with Pasta

~
Fresh Broccoli, Garden Peas

~
Chocolate & Mandarin Mousse

TUESDAY

Roast Pork with Sage & Onion
Stuffing and Gravy
or
Pasta Bake

~
Sliced Cabbage, Mashed Potato
and Fresh Carrots

~
Cook's - Fruit Crumble and Custard

WEDNESDAY

Brunch for Lunch
Sausage, Hash Brown, Omelette,
RS Baked Beans with Brown
Bread and Butter

or
Jacket Potato with Cheddar Cheese
and/or RS Baked Beans

~
Frozen Raspberry Ripple Mousse

THURSDAY

Chicken Fillet with BBQ Sauce, Ham
and Melted Cheese with Pasta
or
Pasta Bake

~
Green Beans & Fresh Diced Carrots

~
Chocolate and Vanilla Sponge
with Custard

FRIDAY

Seaside Salmon in a Crispy Batter
With RS Baked Beans & Chips
or
Jacket Potato with RS Baked Beans,
Cheddar Cheese or Tuna

~
Mini Doughnuts with Fruit Sauce

WEEK 2

08/11, 29/11
20/12, 17/01
07/02, 07/03
28/03



MONDAY

Pasta Bake
or
Baked Meatballs in Tomato Sauce
topped with Cheese

or
Broccoli & Cauliflower Florets
Savoury Vegetable Rice

~
Strawberry Mousse

TUESDAY

Roast Beef with Yorkshire Pudding
and Gravy
or
Pasta Bake

~
Mashed Potato
Diced Carrot, Swede & Green Beans

~
Chocolate Sponge & Custard

WEDNESDAY

Golden Chicken Fillet Burger in a
Bun with Mayo and Lettuce
or
Jacket Potato with RS Baked Beans
and/or Cheddar Cheese

~
Fries & RS Baked Beans

~
Raspberry Bun

THURSDAY

Cook's Shepherd's Pie
or
Pasta Bake

~
Sweetcorn & Fresh Broccoli

~
Ice Cream

FRIDAY

Young's Crispy Battered Fillet of
Fish with Chunky Chips
or
Jacket Potato with RS Baked Beans,
Cheddar Cheese or Tuna

~
Garden Peas & Sweetcorn

~
Fruit Jelly

WEEK 3

15/11, 06/12
03/01, 24/01
21/02, 14/03
04/04



MONDAY

Pasta Bolognese with
Crusty Baked Bread and Butter
or
Pasta Bake

~
Fresh Broccoli & Sweetcorn

~
Arctic Roll with Fruit Sauce

TUESDAY

Roast Chicken Fillet with Sage &
Onion Stuffing & Chicken Gravy
or
Pasta Bake

~
Mashed Potato, Broccoli &
Cauliflower Florets, Carrot & Swede

~
Cook's Choice Sponge with Custard

WEDNESDAY

Meat & Potato Pie with Gravy
or
Jacket Potato with RS Baked Beans
and/or Cheddar Cheese

~
Spiced Potato Wedges
& Mixed Vegetables

~
Frosted Shortbread Biscuit

THURSDAY

Cook's Lasagne with Crusty Bread
or
Pasta Bake

~
Fresh Broccoli & Garden Peas

~
Blueberry Muffin

FRIDAY

Fish Finger Barmcake with Chips
or
Jacket Potato with RS Baked Beans,
Cheddar Cheese or Tuna

~
Baked Beans & Sweetcorn

~
Ice Cream Pot

AVAILABLE DAILY: wholegrain bread basket, yoghurts, a freshly prepared selection of fruit and fresh water - All our menus are compliant with the School Food Standards—we source as much of our produce locally and where possible we source farm assured meats, MSC fish and free range eggs. Lo-Salt is always used as well as low fat milk and yoghurts —we have reduced sugar by 10% in all our recipes. If you require advice regarding allergens, please contact the Unit Catering Manager