



8th

September
2023

Park Community Academy

Successful Learners, Resilient Individuals, Responsible Citizens

Twitter: @PCABlackpool @PCAPrimary @PCASecondary @PCAOracle,
@PCA_L_Mentors



Autumn
Newsletter 1

Website: www.park.blackpool.sch.uk

Welcome back!

It has been lovely to welcome all our pupils and staff back to school this week. Everybody has arrived at school with a big smile and looking extremely smart in their school uniforms. We especially want to welcome our new pupils and staff who have all settled into PCA life extremely well. Attendance this week has been excellent with 8 classes achieving 100% attendance. Let's all work hard to keep this up because

"Every day counts".

Mrs Hughes

Upcoming Events

- 19.09.2023 -
Flu Vaccinations
- 27.09.2023-29.09.2023
York Residential Yr 9
- 18.10.2023 -
Parents Evening
- 20.10.2023 -
School closes for half term
- 30.10.2023 -
School opens
- 21.12.23 -
School Closes for Christmas

Updating information

Please can you make sure you have logged on to Arbor and confirmed that all medical and personal information is correct. Consents also need to be checked and confirmed. If you need any help please contact the school office.

Reception Porch

Please can we ask that parents/carers don't wait in the reception porch at home time as this area becomes very busy when Key Stage 1 pupils leave school.

New Staff Members

WELCOME

to



Mrs Grout
Teacher



Miss Henry-Riding
Teacher



Miss Hanlon
Teacher



Miss Outen
Level 3 ANTA



Mrs Nowell
Level 1
ANTA



Mrs Heaney
Academic
Mentor



Mr Eaves
Level 3 ANTA



Mrs Frost
Level 2
ANTA



Mr Sharman
Apprentice TA

Use Of physical control

Staff at Park Community Academy have undertaken a nationally recognised training programme in the positive management of child aggression and disruption. This includes a variety of ways of calming down difficult situations. However when a child has lost self control, staff will manage the situation using safe physical control methods designed specially for children. Such control is carried out within a legal framework agreed with the Department for Education and the Local Education Authority

Free School Meals

Free School Meals Please make sure that if your child is going into Year 3 or starting our school, that you have applied for Free School meals if you are eligible. You can do this by visiting fsm@blackpool.gov.uk

Payments are to be made on Parent pay. If you need login details please contact the office and we will send them home with your child.



Congratulations!



Congratulations to Mrs Brown and her husband on the birth of their baby girl.



Congratulations to Mrs Whiteside and her husband who got married over the Summer holidays.

Sign of the week



This week's sign is 'welcome'. Welcome to everyone at PCA and we hope you had a lovely Summer.

Academy Uniform

Please remember all pupils need to be wearing the correct uniform and shoes for school.

Please remember to label all of your child's uniform with their name.

Family Hubs

Family Hubs are committed to providing families and children the best start in life. Whether you're a parent-to-be, new parent, grandparent or carer, you will be welcomed with a friendly face. They are a perfect place for your child to make friends and learn as they play. Parents can also get advice on health and family matters and learn about training and job opportunities.

For up-to-date information about groups, activities and events at the Blackpool Family Hubs please visit Facebook by searching 'Blackpool Family Hubs'

North Family Hub, 31 Dingle Ave, Grange Park, FY3 7NX T: 01253 476480

Central Family Hub, Gorton Street, FY1 3JW T: 01253 951190

South Family Hub, 207 St Anne's Road, FY4 2AP T: 01253 798016

Healthy Lunch Box Ideas

Cheesy coleslaw with wholemeal pitta recipe

Crunchy, cheesy coleslaw in a pitta makes a change from traditional sandwiches. Try serving with 5 cherry tomatoes.

Prep: 10 mins

Ingredients

- 1 teaspoon reduced-calorie mayonnaise
 - 1 tablespoon low-fat Greek style yoghurt
 - 1 thin slice of white cabbage, shredded (to give a handful)
 - 1 small carrot, grated
 - 2 spring onions or a slice of onion, chopped
 - 20g reduced-fat cheddar cheese, finely chopped or grated
 - Parsley, chopped (optional)
 - 1 large wholemeal pitta bread
- Complete your lunchbox with:
- 5 cherry tomatoes
 - 1 tablespoon low-fat Greek style yoghurt



Method

- In a bowl, mix the mayonnaise and yoghurt.
- Add the vegetables, cheese and parsley (if using). Mix well.
- The coleslaw keeps well in the fridge so make it the evening before to help with the morning rush!
- Carefully split open the pitta bread and fill with the coleslaw.
- Simply double the quantities if you have 2 lunchboxes to prepare.



BE Ready to support your Child through Transition

September is a month for young people, parents carers and teaching staff there is a noted process of 'Transition' - this means a process of change. This change may involve a change in classes, change in subjects, change of school or college .

This process of change, can be an exciting time, but it can, also, be an uncertain time.

We want you all to **BE** Ready to support your Child.

Be: Your child's role model and demonstrate calm behaviour - If you can try to be calm and reassuring, it is likely your child will mirror the behaviour.

Be: prepared Encourage them to be organised, and have their bag and uniform ready the night before.

Be: ready to remind your child of all the transitions/changes they have already managed throughout their life so far. Such as the change to online learning during lockdown or a house move.

Be Ready to Listen - to their worries, validate them and offer reassurance. .



For more information regarding transitioning to a new setting, scan the QR Code and download our Transition Booklet



Star of the Week

1C - All of 1C for a fantastic first week in reception. You have all enjoyed exploring your new environment and building relationships with your new teachers well done !!

1P - Everyone in 1P for having a fantastic first week back at school.

1S - Cain for settling into 1S.

1B - Jack for being independent and using the sign for toilet to communicate.

1H - Everyone in 1H for a great start to the new school year.

2H - Oliver for settling in at PCA so well!

2M - Leo for having a fantastic first week at PCA and settling into routines.

2B - Aliyah for coming into her new class with a really positive attitude.

2R - Redowan for having an amazing first week at PCA!

2G - Sophie for adjusting well to life in Year 5 in a new building with the school bell.

2W - Violet for settling well into 2W and life at PCA.

2A - Tyler For making good choices and a great start to 2A.

Achiever of the Week

3T - All of 3T for a an excellent start to the school year.

3J - Zachary for his excellent communication and being fabulous in Drama.

3K - All of 3K for a brilliant first week and showing resilience settling into secondary school.

3S -Jamie for his mature attitude to learning all week.

3H - Tyler for settling in so well and using fantastic social skills.

3R - Louie for setting a great example to his peers and working hard in all lessons.

3C - Robbie for a fantastic start to the year and remaining focused in all lessons.

3A - Aaron for having a mature start to the term.

4H - Everyone for a fantastic first week back, pupils have worked hard and followed the PCA way.

4W - Everyone for looking so smart in their uniforms and settling in well.

4S - Rio for joining in discussions and listening to instructions.

4M - Everyone for being outstanding during their first week in Year 11.

4J - Sophie for her smart uniform mature attitude.

5J - Everyone in 5J for a great start to the new academic year.

5M - All of 5M for a successful transition to the Oracle and being in a new class. They have shown maturity and resilience all week.

5B -All of 5B for a smooth transition from new and returning students all week. Keep going!

5I- Emma and Aaron for settling into their first ever week at The Oracle.

Classroom News

KS1



1C have had a great week in their new classroom. They have enjoyed accessing all of the resources in our different learning areas, both inside and outside the classroom. Children have enjoyed lots of activities, drawing outdoors using chalk, playing in our mud kitchen and pouring sand in and out of different sand toys. Keep up the great work 1C.

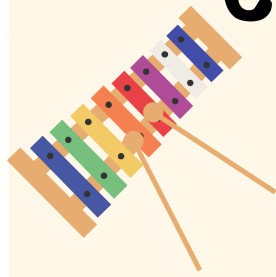


KS2



2A have made an excellent start to the new term and have settled back into routines, made new friends and learned new things. We have been learning to communicate and work as a team by plate spinning and challenging ourselves to try new things. We have learnt lots about our emotions. We have tried to identify how we are feeling and tried new ways to calm down if we are feeling agitated. We call it our zones of regulation.

Classroom News



KS3

We've had a fantastic first week back in KS3! 3A have been providing us with music from the glockenspiel, experimenting with different dynamics. Our new Year 7s have settled brilliantly and have enjoyed making the most of our outside space in the sunshine!



KS4



4J have had a great first week in Year 11. They have been building friendships with their classmates and have taken on the role and responsibilities of being in Year 11 with a mature attitude. They have already started working towards their history qualification and have been exploring images of a range of historical developments in Blackpool then decided on one for their topic of study.

KS5



What a great first week back at the Oracle. Our returning students were super excited to get stuck back in to their new curriculum and our new Year 12 students have made a fantastic start. Well done everyone.

